Work performed at the Center is directly relevant to clinical skills, since this work includes establishing methodologies investigating the performance of osteopathic palpatory procedures performed by osteopathic physicians or students on real patients.

By partnering with the Foundation, matching resources will increase the effectiveness of this Center by facilitating the achievement of the following long-term goals.

- Determine the validity of the osteopathic palpatory diagnostic process and determine if there are objective structural changes associated with a therapeutic benefit from osteopathic manipulative treatment.

- Disseminate outcomes and the objective testing methodologies developed at this Center to osteopathic neuromusculoskeletal medicine researchers through training programs and certification processes so that future osteopathic clinical research utilizes reliable and accurate palpatory skills.

- Improve the skills of current clinicians utilizing osteopathic neuromusculoskeletal medicine so that their input into national databases regarding the use, observations, and outcomes associated with osteopathic palpatory diagnosis and treatment will be meaningful.

- Through the activity at this Center, advance the palpatory skills of future osteopathic physicians by incorporating throughout the profession’s training programs instruments and protocols used to objectify palpation.

The establishment of the Center for Osteopathic Palpatory Diagnostic and Therapeutic Studies (C.O.D.E.S.) will provide the necessary resources to conduct sustained, productive osteopathic research.