

Date:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00							
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
9:00							
10:00							
11:00							
NOON							
1:00							
2:00							
3:00							
4:00							
5:00							
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							
9:30							
10:00							
10:30							
11:00							
11:30							
MIDNIGHT							
12:30							
1:00							
2:00							
3:00							
4:00							