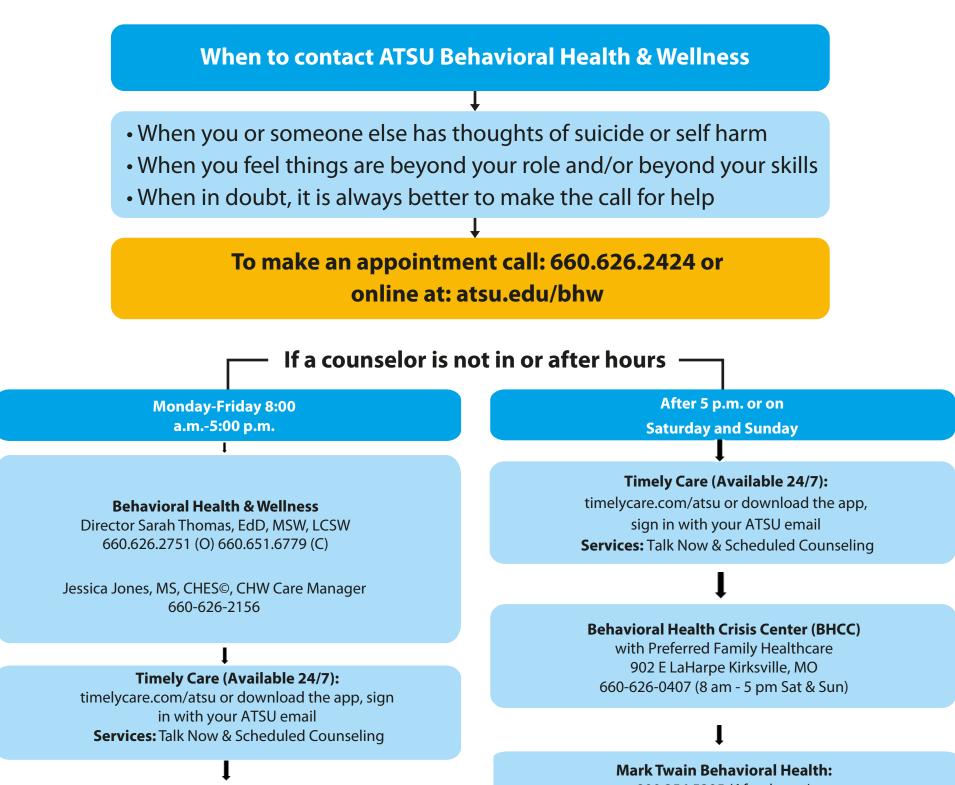
## Mental Health RESOURCES

If you believe this to be a crisis **Call 988** 

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Make a temporary plan to be safe until help arrives. If this involves another person, be sure they verbalize that they will not harm themselves. If possible, see if they have a friend or family member to be with in the mean-time. Stay on the line or call the person back and continue talking until help arrives.



Behavioral Health Crisis Center (BHCC) with Preferred Family Healthcare 902 E LaHarpe Kirksville, MO 660-626-0407 (8 am to 10 pm M-F)

## Mark Twain Behavioral Health: 660.665.4612

(Business hours)

**Contact Lori Haxton, VP Student Affairs:** ( work) 660.626.2236 (cell) 660.349.9492

**Other helpful numbers:** Northeast Regional Emergency Room: 660.785.1300 Emergency: 911 800.356.5395 (After hours)

National Suicide and Crisis Lifeline: Call or text: 988

AT. Still University