## 4 Week Orthopedic Internship Progression

### Week 1
- 30 minutes set aside for tour & review of expectations
- First week observe CI perform evaluations & treatment
- Perform modality set-up/take down after demonstrate appropriately to CI
- Possibly perform subjective portion evaluation toward end of week if observed CI perform
- Review/Demonstrate all extremity mobilizations w/CI (UE one day/LE another day)
- Once reviewed mobilizations - perform on patients under supervision of CI

### Week 2
- Perform modality set-up/take down
- Perform subjective portion of extremity evaluations with 50-75% guidance - simple cases
- Perform some objective portion or all objective portion with 75% guidance of CI
- Start to discuss setting up POC
- Collaborative initial interventions after extremity evaluations
- Continue to assist with interventions with decreasing assistance from CI

### Week 3
- Perform all subjective portions of extremity evaluations with 50% assistance
- Perform all objective portions extremity evaluations with 50% guidance
- Develop all POC for simple extremity evaluations with 50% guidance
- Perform all new extremity evaluations initial interventions with 50% guidance

### Week 4
- Perform all subjective portions of extremity evaluations with 25% assistance - simple cases
- Perform all objective portions of extremity evaluations with 25% assistance - simple cases
- Develop all POC for simple extremity evaluations with 25% guidance
- Perform interventions on 50% patients with 0-25% guidance for simple patients