RVU/Still OPTI ONMM3 Residency Salary and Benefits Overview 2025-2026

Our Osteopathic Neuromusculoskeletal Medicine (ONMM3) residency program was established to develop highly trained physicians who can act as both clinicians and academicians in ONMM. Residents will develop their clinical skills through inpatient care at Sky Ridge Medical Center and outpatient care at the Rocky Vista Health Center and other associated outpatient clinics. Academic development will occur at the Rocky Vista University College of Osteopathic Medicine. Sky Ridge Medical Center is a full service, 284 bed facility located in Lone Tree, Colorado. The Rocky Vista Health Center is located in Parker, Colorado and offers a wide range of services including primary care medicine, sports medicine and osteopathic manipulative medicine. The Rocky Vista University College of Osteopathic Medicine is located in Parker, Colorado and was established in 2006.

The ONMM3 program provides extensive training in Osteopathic Neuromusculoskeletal Medicine for physicians who have already completed a residency in an approved specialty. The ONMM3 program meets AOA requirements for NMM/OMM certification. It has received initial ACGME accreditation. Successful completion will allow the individual to apply for the Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine certification examination and possibly be eligible to serve as a Program Director of an ONMM program. We want those who complete our program to become lifelong learners, practitioners and teachers of ONMM, and be of service to our profession in a variety of capacities. Many of the OPP faculty at the various Colleges of Osteopathic Medicine are certified in NMM/OMM.

The Osteopathic Neuromusculoskeletal Medicine residency is one of the most important phases of your professional career. This document will summarize much of the information you will need regarding the salary and benefits of our training program. This information applies to all ONMM3 residents training through Rocky Vista University and is used in conjunction with the Osteopathic Graduate Medical Education Employee Handbook.

- Salary The annual ONMM3 resident salary for 2025-2026 is \$70,522
- Funds to cover CO medical license and white coats
- CME funds in the amount of \$1500 per resident
- Funds to cover resident participation in AAO Conference and Inservice Exam
- Funds to cover 40hr cranial course and Musculoskeletal Ultrasound Course (if not taken prior to the start of the program)
- 401(k) Retirement Plan
- Insurance Coverage
- Health Insurance
- Health Spending Accounts
- Group Life and Accidental Death and Dismemberment Insurance
- Disability Insurance
- Professional Insurance
- Workers' Compensation
- Paid Holidays
- Vacation (10 days per academic year)
- Sick time off (10 days per academic year)
- ACGME Paid Leave