



## Introduction to OMM for MDs and DOs

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- NCOPPE & KCOM





ATSU

National Center for Osteopathic  
Principles and Practice Education

# Hands As Instruments

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Brian Degenhardt, DO, is a professor at A.T. Still University's Kirksville College of Osteopathic Medicine (ATSU-KCOM). Dr. Degenhardt is board-certified in Neuromusculoskeletal Medicine & Osteopathic Manipulative Medicine. He earned his Doctor of Osteopathic Medicine from Des Moines University College of Osteopathic Medicine and Surgery, and he completed his residency at Northeast Regional Medical Center. Dr. Degenhardt serves many roles at ATSU including Assistant VP for Osteopathic Research, Director of the Center for Research in OMM for the A.T. Still Research Institute, and the Osteopathic Heritage Fund Endowed Chair.

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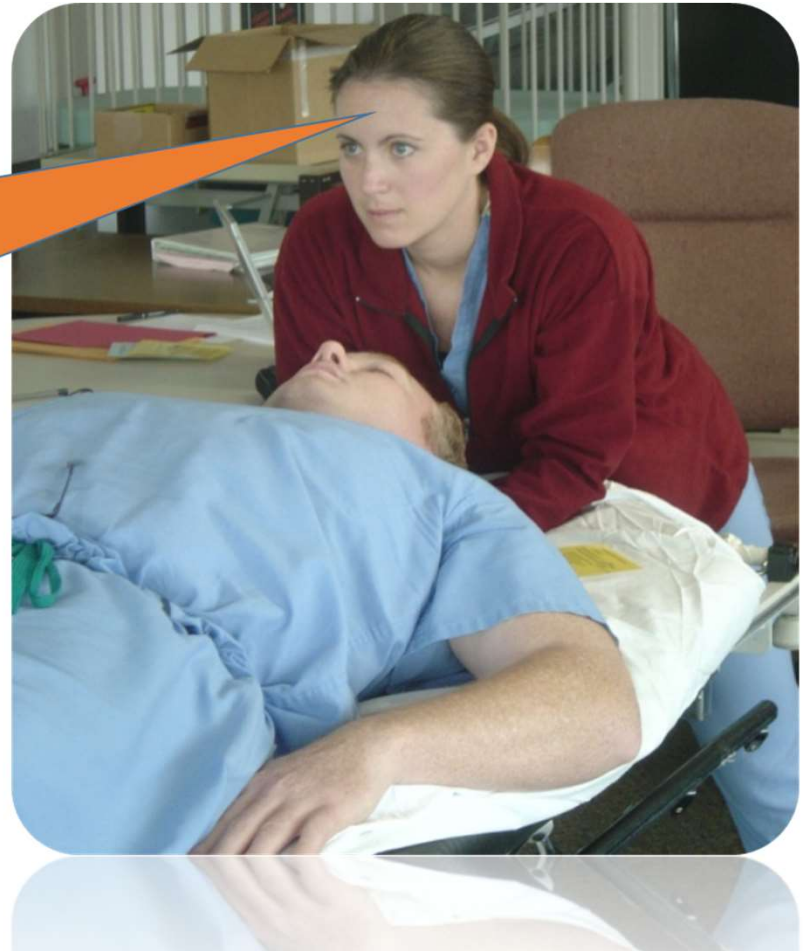
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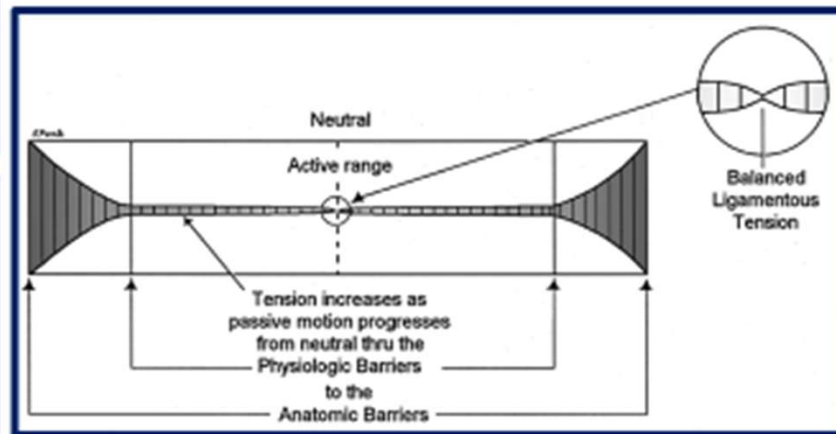
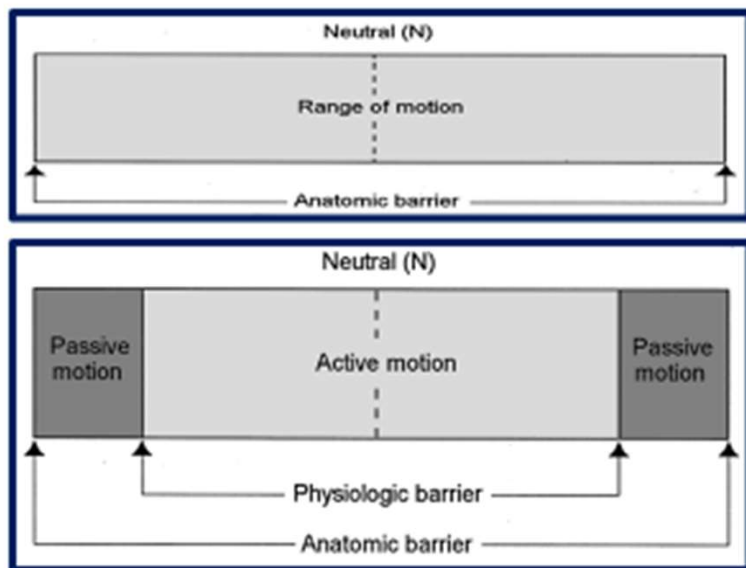




- What am I feeling?
- What does it mean?
- How do I communicate about what I feel?
- Consistency?
- Impact?



## Normal range of motion



## Motion Characteristics associated with Somatic Dysfunction

