## Residency Coordinator Network Group Highlights June 7, 2022

## Welcome

- Those in attendance were Melissa Yowell, Lisa Tuggle, Dana Nelson, Samantha Space, Alyssa Tews, Pamela Korff, Catlin Wilkinson, Maureen Cameron, Charlie Dowell, and Chandra Pierson, Debbie Darr, Mary Ann Epley, Pat Landers, and Nadya Sharonova.
- The purpose of the Residency Coordinator Network Group is to:
  - build relationships, collaborate, and share best practices and resources.
     NCOPPE provides resources for your residency programs, including resources to promote osteopathic education.

## Announcements from NCOPPE Staff

- NCOPPE Reminders and Upcoming Events
  - NCOPPE Website login
    - Please send updates to faculty/resident lists as they occur
      throughout the year to <a href="mailto:terricross@atsu.edu">terricross@atsu.edu</a>. This will ensure that
      everyone has the opportunity to take advantage of the quality
      resources that NCOPPE provides to its members.
  - Osteopathic Approach to Constipation November 2, 2022
    - Everyone who attends the workshop needs to register. This will help ensure our data is correct and allow everyone to complete an evaluation form.
    - Terri will send out QR codes you can post for your residents and attendings to register for the workshops.
    - Evaluations
  - OMM Self-Directed Online Basic Course available at no cost to NCOPPE members.
  - o Introduction to OMM for MDs and DOs Workshop May 22-25, 2023
  - o Founder's Day October 13-15, 2022
    - Homecoming for KCOM alums and have a variety of events, including:
    - Osteopathic Manipulative Medicine Approaches to the Life Cycle
    - Hosted by the ATSU CE Department, and NCOPPE is a sponsor for the event
    - In-person or virtual
    - Can attend one day or all days
      - Thursday Newborn and Pediatrics; Friday Adult Care, Sports Injuries, and Hospitalized Patient Care; Saturday – Elderly Patient Care and End-of-Life Care

- NCOPPE will provide up to 10 Scholarships for Still OPTI/NCOPPE members. Scholarships will reimburse 100% of the registration fee for the days attended.
- Watch for an email with information regarding registration
- o Interdisciplinary Biomedical Research Symposium November 12, 2022
  - Email with information will be sent soon about submitting abstracts and poster presentations
  - Option to present in-person or virtual
  - Need volunteers to judge, so please let your faculty know
- Scholarly Activity Funding Reminder
  - Reimburse up to \$1250 for research presentations
  - Up to 11 scholarships available for local, regional, state, and national presentations at conferences
- NCOPPE Resident (Trainee) Survey
  - Will be emailed to residents around the end of September/beginning of October.
  - An email will be sent to all coordinators before the survey is sent to residents.
- OPP Committee
  - Meets every other month.
  - Discusses osteopathic education, training, workshops, resources, NCOPPE website, and assist programs with OR.
  - If you know any faculty or residents interested in being a part of this committee, please contact Dana at <u>dananelson@atsu.edu</u> with their name and email address.
  - We would like new, fresh ideas

## **Group Discussion**

- Well-being Best Practices
  - What is your program doing for resident and faculty well-being?
     Lisa shared the things that NRMC has done for their residents:
     Survey party with food, card-making, lawn games and snow cones, petting zoo, etc.

Alyssa shared that Peak Vista has a wellness committee that plans an event for every 5<sup>th</sup> Wednesday of the month. They have done happy hours, mini golf, celebrating holidays, etc. Alyssa talks with the wellness committee, and she checks in with the residents.

Service projects – NRMC has done a food/gift drive at Christmas, AED/CPR at Farmer's Market, and town clean-up before graduation. NRMC is doing a mentoring event that is similar to speed dating.

TWC has a full-time staff member who focuses on staff/resident wellness. CRMC has a budget of \$1,000 for the ten residents, and they plan their own "resident only" wellness activities.

Caitlin has a budget to use for wellness events and team-building events. They did a multi-cultural event where everyone brought food from their home country to share. Ax throwing,

- What are you doing for your well-being?
- Recruitment Best Practices

Everyone is doing virtual interviews this year.

• Opinion of NRMP's Consideration of a Two-Phase Main Residency Match

They are thinking about eliminating SOAP

Thoughts expressed:

- Have a cap on how many places an applicant applies to
- Cap for how many places to interview at.
- Early match in early October for strong applicants to rank their top 5 programs
- Would there be a stigma for those who don't match in the first match?
- Could put a strain on programs because it would lengthen the recruitment time
- El Rio has a regular town hall with residents and some staff to talk with the possible applicants to answer what you want to know about El Rio
- What happens if you don't match in the second round?
- Debbie shared that it might give a program more time to examine potential residents thoroughly.
- Caitlin says that their program interviews very heavily and then ranks more applicants than they need, so they have not had to SOAP during her time with the program.
- Future Topics

Can share ideas for topics at any time by contacting Dana Nelson

- Open Forum
  - Does anyone have any questions to ask the group?
     Maureen Cameron is leaving her position at SOMA and moving to
     Pennsylvania to work for The Wright Center. Her last day at SOMA is
     Friday, August 26, 2022. We wish her well in her new adventure!
- Next Meeting: October/November

NOTE: The meeting will be recorded for coordinators who cannot attend.