WHY I BECAME AN OSTEOPATH

A. G. HILDRETH, D. O., Superintendent Mason Sanitarium, Macon, Missouri

WITH me there were several contributing causes that brought about my taking up Osteopathy as a life's work.

First, Dr. A. T. Still was a visitor in our home long years before he made his discovery; he, my mother and father were very close personal friends. He came to our place and talked his beliefs and theories to my people, consequently I was in close touch with the man and what he was doing in the world. Then again, there exists in the heart of every living individual an ambition to do something in the world, to feel one's life is a benefit to other lives; in other words, not to live in a little corner hidden just for one's own self; I had longed for opportunity to grow, to expand, to come in contact more with the world and to feel more keenly I was a part of it and was doing my part in it; then, too, of course no matter what our position is we are always anxious to better the same. This is but a natural desire in every life.

I was born and reared on a farm and while I loved the outdoors and my nearness to nature and the life which was free and good, yet it did not satisfy that longing for greater contact, neither could I see wherein the future offered other than a living. I was married young and my wife when I married her had been a sufferer from granulated eyelids for years, in fact from childhood until after we were married.

A year or two following our marriage her eyes became very bad, she had taken all the treatment prescribed by the old school, we had consulted the best physicians in our part of the state, capable, good men. She had been treated year in and year out until they frankly said there was nothing more they could do and advised us to take her to Dr. Green of St. Louis for an operation, which they said might help her. They did not know. Dr. Green was at that time, and for years afterwards, a man of international reputation. To take her to him in our financial condition meant every dollar we owned and perhaps some besides, without any certainty of a cure. This being true and knowing Dr. Still as I knew him and by that time knowing of a number of seemingly remarkable results he had obtained by his method of practice, I finally prevailed upon her to go with me to see him. Her parents, while they had known Dr. Still for years, were particularly opposed to my taking her to him. However, we consulted him. He examined her and said to me after the examination that he could cure her until she could see clear as an angel; after making that remark, I said to him, "Dr. Still, how are you going to remove those growths from her eyes without using a knife or else using something that will eat them off?" His reply was—and right here he gave me the key to the real life principle that has made Osteopathy world famous—"Arthur, the same law which obstructs the circulation to those eyes and permits those growths to form, re-established will absorb them." Mark you, the growths mentioned were fungoid and grew from the upper margin of the eyeball downward until they had obstructed the vision of one eye entirely and nearly so of the other eye. The irritation produced the growths, which were so large that when the eyelid closed over them the lid was raised and looked like a lump on the lid itself. After asking the question of how he would do this, he replied, "I will correct her neck, let the blood out of her head, there is too much going there, the nerves are not controlling the return circu— (Continued on page 20)
hs method was pointed out by the A. O.
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drug in character, which aids the natural
practitioner. It is his contention that such
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and they use them to
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"Dear Doctor Jackson:"
Your circular letter was read and approved. I not only prescribe Roman
Baths, but I use them also. If you wish, I will send you some literature to distribute to your
patients. I have the highest regard for the results I have obtained with Roman
Baths, and I am sure you will find them equally successful.

Iowa Osteopaths to Make His­
ory in London
May 15th, 16th and 17th the Iowa As-
rnity held its annual convention in the hotel
of the God of nature, and the
is the soul and body of Osteopathy as a

"What is Osteopathy?" is explained in this edition of "Truth."
OSTEOPATHIC TRUTH

BETTER LAW IN OHIO

The Ohio osteopaths have succeeded in amending the old law and securing for themselves broader privileges than hitherto.

Whereas the old law was constructed to prohibit even the current practice, and antiseptics, the new law specifically confers this privilege.

"Such certificate shall authorize the holder thereof to practice Osteopathy in this state, but shall not permit him to prescribe or administer drugs, except anesthetics, in cases of emergency in the practice of Osteopathy; neither shall such certificate permit the holder to perform any operation or procedure in any part of the body nor to be all operative procedures requiring the use of the knife or other surgical instruments for the opening of any natural cavity of the body or the amputation of any member or part of the body."

Commenting upon this new law, Dr. John M. Ries, Corresponding Secretary of the Ohio Osteopathic Society, says:

"This perhaps is the best law regarding Osteopathy in the country. It will have a great effect, as it is the only law that specifically gives the right to one osteopaths and antiseptics to osteopaths. It is the first law that has a definition of Muller. Although this definition is not complete in every particular, for the purpose of this law it is adequate for the osteopath. A careful study of the definition will show that we have given osteopaths all this chapter, all diagnostic, all orthopedic, and all bloodsucking operations. In reality, while in limiting some respects, the decision gives osteopaths a much broader field of surgery than they ever had."

HOW AND WHY

The New York Osteopathic Society has taken the initiative by passing the following resolution at its annual meeting at Utica on October 29, 1916:

"And be it further RESOLVED: That we hereby urge all colleges to use the Osteopathic booklets now available, and to aid in the movement to produce other texts along Osteopathic lines, and also to aid in the study of reactions to Osteopathic treatment.

To aid in carrying out the aims and purposes of these resolutions, we hereby authorize

$750,000 Annually Assured for Our Colleges If YOU Support Them

The New York Osteopathic Society has taken the initiative by passing the following resolution at its annual meeting at Utica on October 29, 1916:

"The TRUTH (as fast as you can comprehend it and apply it) shall (ever pro%

ANATOMICAL EXHIBIT AT A O. A. O. CONVENTION

In a recent issue of the Kirksville Daily Examiner, there was an article devoted to a consideration of the dissections being made by Dr. R. H. Halladay and his associates for exhibition at the Columbus Convention. Great interest is being taken in these dissections, and they are coming along in good shape. The work thus far done, according to Dr. Halladay, is beautiful.

Finding and tracing the minute nervous anatomy of the body of a baby is a difficult task, and it is trying on the eyes of those who have the matter in charge. The profession will look forward with much interest to this anatomical exhibit. It promises to be a great drawing card for the convention.

First edition of one thousand copies of Clinical Osteopathy exhausted within ten days after receipt from printer. Place your order quickly for copy of second edition. Let everybody know.

ZONE THERAPY

After three years of experience, and one year of teaching and lecturing before societies and institutions, owing to an increase in the number of those inquiring whether an instruction course of instruction in the subject of ZONE THERAPY would be given to any such listener who wants to sit. "OSTEOPATHIC TRUTH" will guarantee you will be better...

REID KELLOGG, D. O.
194 Main St. - Woosneck, R. I.

Massachusetts College of Osteopathy

Fourth and Otis Streets
Cambridge, Massachusetts

Four year course.
Practicing osteopaths on the faculty.
Postgraduate facilities the best.

Excellent new hospital connected.

SEND FOR CATALOG

The Endowment Problem Solved

$750,000 Annually Assured for Our Colleges
If YOU Support Them

The New York Osteopathic Society has taken the initiative by passing the following resolution at its annual meeting at Utica on October 29, 1916:

RESOLVED: That the New York Osteopathic Society views with appreciation and hearty approval the recent action taken by the Education Committee for the New York Osteopathic Society.

And further, we hereby extend our sincere appreciation to those Osteopathic colleges which have raised the entrance requirements and increased the length of the college course to the point where they meet the requirements of the strictest medical practice acts.

In recognition of this action on the part of these colleges we hereby pledge the renewed support of this Society and its membership toward interesting and enrolling suitably fitting and qualified young men and women as students in sufficient numbers to meet the rapidly increasing demand for Osteopathic physicians throughout the country.

And be it further RESOLVED: That we hereby urge all colleges to use the Osteopathic textbooks now available, and to aid in the movement to produce other texts along Osteopathic lines, and also to aid in the study of reactions to Osteopathic treatment.

The idea is to have each osteopath in the field send one student to our schools this year. Get your pencil. Given an annual tuition fee.

TO OUR READERS

If you subscribe the first $100 to this sum by sending a student this year? Just send the student, that's all. Co-operative costs $1,000--for our schools. You pay no money, simply send ON-Student.

REID KELLOGG, D. O.
194 Main St. - Woosneck, R. I.

Osteopathic Truth

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And be it further RESOLVED: That we hereby urge all colleges to use the Osteopathic textbooks now available, and to aid in the movement to produce other texts along Osteopathic lines, and also to aid in the study of reactions to Osteopathic treatment.

To aid in carrying out the aims and purposes of these resolutions, we hereby authorize the appointment of a committee by this Society to work as a State branch of the Education Department of the American Osteopathic Association in its efforts to co-operate with the colleges in all educational matters, and suggest this action to the favorable consideration of all other State organizations.

Yes, the New York Osteopathic Society solicits co-operation by urging upon every state the adoption of a similar resolution to make this "FORWARD MOVEMENT" a national issue.

THE IDEA

The resolution was adopted to meet the growing demands upon the profession.

The idea is to have each osteopath in the field send one student to our schools this year.

Why should you feel any personal responsibility in the matter? If, for no other reason, through a feeling of gratitude to the schools that made possible your present position. A successful graduate, like a grateful patient, expresses his gratitude for service rendered. He sends you other patients; you can send some school ONE student.

THE FACTS

What can take the place of an endowment for our school?
One student a year from each of the other 4,900 osteopaths—and YOURSELF.
Get your pencil. Place your order quickly for First edition of one thousand copies of Clinical Osteopathy. This will include six months' privilege over the country.

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A STUDENT A YEAR KILLS ENDOWMENT FEAR!

—Education Committee for the New York Osteopathic Society.

Editor's Note.—We are heartily in sympathy with this move and take pleasure in printing this advertisement without charge, "for the good of the cause."

SEND FOR CATALOG

Pharmacist Our Advertisers And Don't Fall In With Osteopathic Truth
Managers would need some understanding of the animal, the vegetable and the mineral kingdoms, but closer study will serve to eliminate, to some extent at least, the dividing lines between the three. Some religious sects of England and American medicine insist upon the property of "reflex excitability" becoming exceedingly exaggerated, so that all plants are employed in the country of their domicile. Most plants likewise are "green" at the top, and lose their greenness only when about to get "seedy" or to die. And of course each plant has to render? The first part of the question of osteopathy as the profession may be able to render in its several capacities. This should accompany the tendering of such matters. For Advertising Rates Apply to Business Managers

MARCH, 1917

"It is my hope and wish that every osteopath will go on and on in search of scientific facts as they relate to health, and to an ever increasing unfolding of Nature's truths and laws."

—A. T. WILES

THE OSTEOPATH IN THE ARMY AND NAVY

At the present moment our profession has before it an open opportunity to show its patriotism, its humanitarianism and its real power of creating positive active action in a natural way. As our nation has now declared for war there will be a sea of humanity which will serve to increase and conserve the efficiency of the Army and Navy, and all things pertaining to public health will undoubtedly have consideration.

That we possess a powerful army for public service need three to be stated—a service which our profession alone can render. Each unit of the service today possesses its dental officers, why not its osteopathic officers? If the discovery of denistry is recognized, why not the more extensive service we can render? The first part of the question is by no means an unnecessary one.

The Army and Navy, and all other organizations of our country's able-bodied men, have in their several capacities, are employing osteopathy. The service, the vegetable, and the mineral kingdoms, but closer study will serve to eliminate, to some extent at least, the dividing lines between the three. Some religious sects of England and American medicine insist upon the property of "reflex excitability" becoming exceedingly exaggerated, so that all plants are employed in the country of their domicile. Most plants likewise are "green" at the top, and lose their greenness only when about to get "seedy" or to die. And of course each plant has to render? The first part of the question of osteopathy as the profession may be able to render in its several capacities. This should accompany the tendering of such matters. For Advertising Rates Apply to Business Managers

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WHY I AM AN OSTEOPATH

Continued from page 86

I was not coming to join the class unless I could be assured I might have the privilege of staying not only two years, but five if necessary, to master the knowledge that edge he possessed of the single subject he loved. I knew we could possibly conceive some thing of the anxiety felt in watching the process of their cure; could not the young man think of the rest of the treatments and consequent results following up in the smallest detail of what he said would take place, the world would then know why Osteopathy has grown. Could the osteopathic profession, individually, have watched this result, they would be better osteopaths today and could not help but understand the divine principle upon which Osteopathy has been built. This result in my own home, together with many others similar, and realizing that it is not the animal or animal, selfishness or cooperation, inertia or progress.

—F. A. C.

FORWARD MOVEMENT?” Now is the time of all times to support organized effort through the A.O.A. and state associations, and clinch the progress of the past year. Which one would it be for you, not to support Osteopathy and allied publications? How much are you and I as individuals doing for this “Great Forward Movement?” Our support, our loyalty and patriotism (national or professional) would be lacking, and you, too, when you consider how many of us are subscribers to the periodicals of the profession, which are the lines of preventive medicine, and you, too, will be prepared to give to the great truths of our profession and through the medium of the profession their proper appreciation. Let us be prepared to give our time and talent, our money, in doing our part in this great cause, and to help suffering humanity to regain health and restore philosophy? Think this over.

—F. A. C.

Time to know all be done. My reply to him was that I was not coming to Kirksville to join the class, and he assured me that I might have the privilege of staying not only two years, but five if necessary, to master the knowledge that edge he possessed of the single subject he loved. I knew we could possibly conceive something of the anxiety felt in watching the process of their cure; could not the young man think of the rest of the treatments and consequent results following up in the smallest detail of what he said would take place, the world would then know why Osteopathy has grown. Could the osteopathic profession, individually, have watched this result, they would be better osteopaths today and could not help but understand the divine principle upon which Osteopathy has been built. This result in my own home, together with many others similar, and realizing that it is not the animal or animal, selfishness or cooperation, inertia or progress.

—F. A. C.
GOOD CHIROPRACTIC DOPE
If you are looking for some good material on Chiropractic to distribute in your community, then you have found it. The Electric Press Company, 18 Jay Street, New York, City, has prepared in pamphlet form the illustrated articles originally appearing in Harper's Weekly, written by Creel, on Chiropractic, etc. To add spice and to further discount the "Chiros" a copy of the correspondent's diploma recently sent over from Palmer, we call your attention to the following:

They are an effective weapon as they show up the true nature of those pseudo-osteopaths, who label themselves Chiropractors. These pamphlets are supplied in any quantity at 50c each. They should be distributed by the osteopathic profession, especially in those communities where these "hang nails" are diagnosing the good name of Osteopathy.

Another good book dealing with the initiators of Osteopathy has been prepared by Dr. John F. Spaunhurst of Indianapolis, Indiana. The title of the booklet is "Preparedness," and the aim is to show how the "mechanical physician" is radically appropriated by a new cult whose principles are based on such a lack of scientific knowledge that it renders us utterly vulnerable to the insults and delay intended to paralyze the entire field of the general osteopathic practitioners.

If you have ever doubted the scope of the osteopathic philosophy, just send in your order to Dr. Hackett and get yourself a copy of this valuable publication. Nothing better could happen to our profession just now than to have every physiotherapist supplied with a copy of "Curiosities of Osteopathy." It is an example of what can be produced by concerted effort along such lines.

GREAT ADVANCE IN OPERATIVE ASEPsis

Huston Bros. Obstetrical Pan (Paperyptic)

Huston Bros., Hartford, Conn.

The following, and perhaps others, will be exhibited:

1. Wound sterilization, showing the latest methods employed at the Hospital Royal at Campiegne, France.
2. Functional condition contracted from adhesions.
3. Re-education Center, at Vizille, France.

The meeting will be held on Saturday, May 11th, and 12th, at Hotel Astor, New York City. The afternoon of Saturday will be given over to the "For- ward Movement," which is aimed to solve the problems of "our Future." We are very grateful for the patronage of physicians who are interested in the subject of Osteopathy and are looking for some new toilet or simpler method for their patients. We know that those institutions which take this opportunity to try something new will not be disappointed.

A DESERVED RECOGNITION
(Resolution passed at Convention of New England Osteopathic Association, Hartford, Conn., April 7th.)

Resolved, That the members of the New England Osteopathic Association, in common conventions assembled, express their appreciation of the self-sacrificing devotion of Dr. E. Florence Gair in the conduct of her clinic for poor children in the City of Brooklyn, and their renewed determination to accomplish greater results hereafter along similar lines.

Osteopathy generally is invited to the Annual Convention of the Third District Osteopathic Association of Illinois, to be held in Galena, May 24-25 and 26. It is suggested that any D. O. travelling in that part of the country, at that time, take advantage of this visit. The program committee is working up a strong bill and up to the minute Osteopathy will be the slogan.

I will bind myself to that which once being right, will not be less right when I shrink from it.—Kingsley.
BONESETTING IN WAR TIME

(Adaptation from the New York Tribune, March 9, 1917)

A few months ago a British major general of some note made a plea on behalf of one of the most renowned exponents of manipulative surgery, asking why it was that his services had never been sought or accepted by the government, seeing they were so singularly adapted to the urgent needs of the day. He was followed by many others, including a number of grateful patients who had been wounded in the war and who, after prolonged treatment at the hands of the orthodox, had been cured by the famous bonesetter.

A desultory discussion of the merits of Osteopathy was carried on for some time in the press, and at last a question was put in the House of Commons "whether some of the leading exponents of manipulative surgery had offered to give their services free to suffering soldiers and their offers had been rejected." The representative of the War Office admitted that professionally unqualified bonesetters were not employed by the government, thereby laying himself open to a series of questions plainly designed to promote a reconsideration of the merits of unorthodox forms of surgical treatment.

The advocates of manipulative surgery have been waiting for an opportunity of this kind for a long time. The status of Osteopathy and allied systems is not so clearly established in England as it is here—at least in this state. Six years ago there was an important trial for damages which it was hoped would clear up the question of the so-called bonesetters' liability. Unfortunately it failed, for though the jury found in favor of the plaintiff, who had lost a leg through alleged negligence in the performance of a manipulative operation, the damages awarded were so ridiculously small that the verdict could only be regarded as an absurd sort of compromise.

Probably no event could possibly have done better service to the osteopaths, for though osteopathy was nominally discredited, he really secured a magnificent advertisement, and the array of witnesses he called testified to his skill so wholeheartedly that the single failure counted for nothing in the eyes of the public. But there were other circumstances that attended still more to enhance his fame. A physician of excellent standing, who had worked for many years as medical officer of the Westminster Union, had been so deeply impressed by the value of the bonesetter's work that he consented to help him in the capacity of anaesthetist. This was, of course, unprofessional conduct, and he was solemnly warned by the medical council. Nevertheless, he refused as a matter of conscience to disallow the partnership, the result being that his name was struck off the register on a charge of infamous conduct.

Then a terrible thing happened. One of the most successful surgeons in England, a past president of the British Medical Association and an operator of world-wide fame, so completely forgot his standing as to come out with a violent denunciation of the profession, accusing his fellows of prejudice, bigotry and unreasoning jealousy, and incidentally praising the bonesetter's work to the skies, declaring that from personal experience he knew there were few regular practitioners in England who could vie with it in certain cases, and strongly advising them to reconsider the new methods, as he had considered them, with an open mind and with due regard to the results.

This was all highly encouraging to the advocates of manipulative surgery, and no doubt it will be recalled in the endeavor to win over the War Office. It is alleged that the medical profession in France has already availed itself of the services of these irregular experts, and this argument, too, has been used in the plea for "a dilation of labor" in the surgical field. The difficulty remains, however. Even supposing there are miracle workers among the bonesetters, ought not the dangers as well as the possible advantages of uncertified practice be kept in mind? For, after all, the laws providing against irresponsible surgeons were designed for the protection of the public, and the barriers that have been put up are the result of long experience. Are they to be torn down merely because some skillful hands have failed to gain admission?

For the rest, there is no law against Osteopathy or any other form of surgery: the laws, such as they are, were designed only to keep out the manifestly incompetent. And the osteopaths in England are not worse off than a rabble of cranks and professors of new systems in this country, all of whom would be at perfect liberty to ride their several hobbies to their hearts' content if only they would take the pains to acquire that minimum of education which, however inadequate it may be, serves in some measure to save the public from the downright impostor and quack.

Dr. Ira W. Drew of Philadelphia writes: "Osteopathic truth is fine. I read it with as much interest as any of the osteopathic publications. Keep up the good work."

Dr. J. V. McManis, the table man says: "In the degree that the flexibility and activity of a joint (including spinal joints) falls below normal, so will the blood supply to that joint and adjacent tissues (including that segments of spinal cord in relation) be impaired."

HAY FEVER

Dr. John H. Bailey, after many requests from physicians who wish to learn his technique for Hay Fever, has decided to open up a course of instruction in Philadelphia for private classes at stated periods during the months of May, June, July, and August. Enrolment should be made as soon as possible as classes will be limited.

For particulars address

DR. JOHN H. BAILEY

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TECHNIQUE

At the Next National Convention

I am planning to give a week's work, in the evening and afternoon hours that will not conflict with the Convention.

The work will cover specific technique and correction of lesions for every articulation in the body.

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You can now have something new, that is, less back-breaking and more rational adjustments, which means more specific results.

The average treatment is much shorter. It follows the Old Doctor's maxim, find it—fix it—and leave it alone.

If this appeals to you, I would advise you to write at once. The class will be limited, so that I may give each one the required time in which to have the work absolutely perfect.

DR. C. L. THOMPSON
Citizens Nat. Bk. Bldg., Alameda, Cal.