Osteopathic Truth

February 1917

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The call for "broadness" in osteopathic teaching and practice would be at right if limited to proven scientific truths. To me, a scientific truth, regardless of where and how learned, is more to be sought than any other thing in existence. Scientific knowledge can harm no one, but first, let us know that it is scientific truth and capable of practical application.

Pharmacology, as taught in the University medical schools of the present day, is growing more scientific. Medical doctors who have been even a short time out of school, could unlearn much by taking such a course and osteopathic physicians would learn that there is little to be learned therapeutically, from the medical view point.

Most osteopathic physicians believe that osteopathic principles are proven, fundamental, scientific truths. Then why not teach what we believe, teach that thoroughly and let it be the first thing taught? Why not let our students have a chance to think scientifically and from an osteopathic view point? If this is not done they are being deprived of their osteopathic birthright.

There is so much to be learned as compared with the little that we now know about osteopathy that no one is safe in saying that it has limits.

Once I heard a doctor say to Dr. H. H. Fryette, that he knew that a certain disease could not be successfully treated by osteopathy because he had tried it and had failed. Dr. Fryette remarked that that was no evidence, because no one has a right to say what another's ability is. Once I saw two members of the A. S. O. faculty try to set a dislocated femur. It had been out a long time and many medical doctors had been working at it with failure. The two men of our faculty had failed and Dr. A. T. Still was called. He first pressed on the nerve supply to the joint and then easily and quickly reduced the dislocation without pain, thus demonstrating that in this case at least, the "limit" of osteopathy was only in our limited knowledge.

J. DEASON, M. S. D. O., Chicago, Ill.

The schools have to prepare their graduates for state board examinations, as well as to give them osteopathic knowledge. Let us therefore, look to the men higher up, the men who prepare the state board questions.

If these doctors would make their questions strictly osteopathic in every subject, if instead of expecting the applicant to write what Oster, Ballenger, French or McFarland says on a certain subject, they were asked to write what Still, McConnell, Burns or Clark said about that subject, there would be intensive osteopathic teaching. There would be a demand for osteopathic texts, there would be more and better osteopathic texts and students would be taught more Osteopathy. Such a plan would create a new struggle for existence among osteopathic teachers and the "demand for function" in the schools would be supplied by such men as Dr. Virgil Halladay of the A. S. O. faculty, who is actually teaching osteopathic anatomy, or Dr. F. M. Nicholson of the Chicago College faculty, who is teaching osteopathic pathology so intensively. I mention these two progressive young men because I happen to know of their work. There are probably others, and they ought all to be of this type.

Have you ever wondered why the "old timers" such as Drs. Hildreth, Meacham, McConnell, Pickler, Sullivan and others are so thoroughly osteopathic and so thoroughly free from "the dope dabbler's delusion?" I believe it is because when they left school they were so ignorant—ignorant of medical theory and filled with "Osteopathic Truth." They knew little of medical diagnosis and prognosis and because they didn't know that a certain disease could not be cured, they went right ahead and cured it.

Why can't we have more of such ignorance and more of this same kind of knowledge?

It has always seemed to me that the
first two years of the student's work are the most important, because it is then that the student begins to realize what is involved in thinking power. He is then learning principles and their application. I firmly believe that the professional student should know the fundamental subjects such as anatomy, physiology, pathology, chemistry of the body, bacteriology and hygiene. He must have an accurate, vivid, mental picture of the inner view, that is, if they were taught in the first two years, to think osseously, and to know that every new principle which is taught in a medical school and yet which is not really understood by the student. By this I do not mean that the last two years of school are all unimportant.

They certainly are important, and the emotional work should be taught by experienced and well-qualified students, but first, it is most important to teach the student to think osseously.

The limits of osteopathy as far as is known, are surely the limits of the doctor's understanding of osteopathic principles and his ability to apply what he knows.

CASE REPORT

L. J. Browne, El Paso, N. Y.

Upon request for a writing of my case to be reported in Osteopathic Truth, I very humbly offer the following.

After graduating from the American School of Osteopathy in June, 1910, I located at El Paso, N. Y., in September of the same year. I soon built up a good practice and was very successful in getting and retaining my patients. I was very efficient in my practice and I could have served my patients well. I found myself working beyond the limits of my capacity. I consequently discovered albumin in my urine. I started in to regulate my diet and get treatment for my case from other schools of osteopathy. I was running about half a gallon of urine and I knew that my daily intake was about a quarter of a gallon. I was a weak person and I felt that I did not have any energy left in me.

A few days before I took the New York Osteopathic Board examination in June, 1910, I contracted a slight attack of tonsillitis. I kept up my studies and went through the examination, but failed in both. I recovered quickly, however, and was able to attend the classes during the eighteen months that followed.

Coming back to my arrival in Chicago Dr. Farmer put me through a complete examination. Analysis of stomach content showed hyperemia. Fever, soreness of the mouth, red tongue, dryness, vivid crimson, dark, red urine, albumin, beta method, or blood, no albumin, scurvy, and various other complaints appeared. Blood pressure ranged from 105 diastolic to 112. Hemoglobin 74% measured by color index. The X-ray and fluoroscopic examinations showed an enlarged stomach, drawn over to the right and held there, the lower pole was extended toward the region of the gall apparatus. The colon showed some inflammation, pericolic phlegmon and intussusception of the pelvic on right side. There was no evidence of dropsy. Albumin was found in the region of the gall apparatus. The colon seemed to have no condition except the intussusception. This was adherent and the obstructed was cleaned up.

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ter's work in 1913, I began to go to pieces and I was continually constipated and the albumin was on the increase slightly.

I went to Chicago, April 1st, 1913, and put myself in the hands of Dr. Frank W. Farmer. I stayed there fourteen months. Dr. C. P. McConnell treated me for six weeks but I was not much better. Dr. Farmer was away on his vacation.

At this point in the history of the case, because of what followed, I would say that prior to my first discovery of albumin, I had never heard of the presence of albumin aside from the usual diseases of childhood. I had never known any­
thing but hard work. I had whooping cough one summer vacation during my high school days while working on my father's farm. I remember this as a bad summer. I worked hard, coughed a great deal and suffered from indigestion and constipation. After this experience, I was troubled with indigestion and constipation during later student days. I worked hard, coughed a great deal and suffered from indigestion and constipation in the summer time. I had both types of albumin while in college and later, but without complications. I played football during my freshman, sophomore and junior college days. I sustained several serious injuries in this game and I always carry on with my albumin and my constipation. I have been whooping cough for seven months and carried on my prac­
tice at the same time. We lost our boy.

The albumin persisted in spite of every 'thing I could do, but my general health improved because of what follows. I will go back to the beginning and tell you that I was troubled with indigestion and constipation during several years of my childhood. I had never known any­
thing about indigestion and constipation until I was seven years old. I contracted a slight attack of tonsillitis.

Dr. Farmer put me through a complete examination and the diagnosis was tuberculosis. I was observed to ascend about three inches during later observation was made and an X-ray picture of the picture.

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NEW WAYS IN MEDICINE

Armstrong to Vivian

The Herald of the Star in a recent edition contains a summary of a speech by Mrs. H. N. Armstrong on the subject, delivered at the headquarters of the American Osteopathic Association in London. It is interesting because of the reference it contains in regard to Osteopathy. It is stated that "the greatest medical benefactor of humanity is the body of the water, though few in numbers, are having a fashionable influence in that taking off. Here are the paragraphs dealing with the subject:

"Another method of diagnosis byxronot of the orthodoxy, but which, we imagine, be cultivated in an Ant VE A

Avery Vivian Research Laboratory is Osteopathy. To Osteothapy it shall return and win only point out now that it is not enough for the existence and maintenance of good health that the blood stream should be unimpeded and in a perfect state of fluidity. It is also essential that the courses and channels along which the blood has to pass in order to carry nourishment and do its other beneficent work, should be unobstructed. Bodily structure out of place, particularly connected with the spinal column, tends to produce obstruction by causing pressure, and morbid conditions may be set up by this pressure at a spot relatively distant from the point of action and actually occurs. The osteo-
spathic diagnosis detects this pressure, and draws the appropriate conclusions from the fact of it. This is the procedure which is generally followed in Osteopathy in Great Britain—it is probably a fake institution. We need to get back to the real thing. I myself, perhaps, made an error. Please mention OSTEOPATHIC TRUTH when writing to advertisers.

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Dear DOCTOR JACOBSON:

Your circular letter was read and approved. I do not prescribe ROMAN MEAL but eat it myself and find it very well and this is the reason I think you have the ideal health food.

I would be pleased to have some samples of your wholesome food and if you will send them, I will gladly cooperate with you in the matter of distributing this food and I am sure that you will find a vast market for it.

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R. H. KENNEDY, D. O.

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The Journal of the American Medical Association published an article by Dr. Jacobson on the subject of Roman Meal, and the results have been very encouraging.

ROMAN MEAL COMPANY, Portland, Oregon.
Osteopathic Truth
Osteopathic Progress

February, 1917

Osteopathic Vision

Vision always precedes accomplishment, just as desire precedes fulfillment. The more clearly defined the vision, the easier and more efficient will be the accomplishment or realization. Our success as individuals, as well as a profession, depends upon the character of the vision we entertain. If our vision is clear cut and true to principle, our success will be great and abundant.

The individual who is without vision will never amount to anything worth while and the profession without a worthy vision likewise will fail to realize the possibilities before it. There are practically no limits, on the other hand, to the possibilities of the man with a vision. When Napoleon was told that the Alps lay in the way of his progress he replied, "There shall be no Alps." "Impossible," he said, "is a word only to be found in the dictionary of the unimaginative.

Conceivable, of late, has been said about the limits of Osteopathy, obviously it is impossible to place any accurate limitations upon a principle that has not been subjected to a more thorough and comprehensive test than has been given to Osteopathy. We are all prone to place limitations upon ourselves as individuals, and the same applies to us as a profession. Too frequently we limit ourselves by the very narrowness of the vision we entertain, and we likewise limit Osteopathy because of our inaccuracy and imperfect concept of its wonderful possibilities.

As osteopathic physicians, and as a profession, we should be imbued with the osteopathic vision. We should put forth every effort to thoroughly familiarize ourselves with osteopathic philosophy. Instead of looking for and admitting limitations, we should challenge what seems to us to be limitations.

This means constant research, investigation and determination on our part. We must understand the understandable things about the human body and the basic laws of health, realizing that the clearer our osteopathic vision along these lines, the more efficient we will be as Osteopathic physicians.

It is quite probable that a more careful and conscientious reading of our own literature would help in the solution of some of the problems confronting us at the present time. It is possible now to accumulate an osteopathic library of several volumes, and by making use of the osteopathic publications now available, encourage the publication of more and better works.

There is one other method for improving our osteopathic vision, we desire to discuss, and this may be designated "personal touch," but there is so much to be said along this line that we will leave it for a more thorough discussion in the next edition of TRUTH. In the meantime, let us be ever watchful and meditate upon the words of Solomon, "Where there is no vision the people perish." Let us consider this text as it relates to us singly as individuals, and collectively as a profession.

"He who cherishes a beautiful vision, a lofty ideal in his heart, will one day realize it. Cherish your visions; cherish your ideals; cherish the music that stirs in your heart, the beauty that forms in your mind, the loveliness that drowses your purest thought.

"Dream lofty dreams, and of these, if you but remain true to them, your world as yet be built. And as you dream, you shall be built, for dreams are the seedings of reality."

-James Allen, The Asr at the Bridge of Life.
THE "OLD DOCTOR'S" COLUMN

SOME OF HIS PITHY SAYINGS.
READ AND MEDITATE

The rule of the art is supreme—Look wise, talk wise, theorize—mod.

All Medical writings hit effects, not causes.

Osteopathy is the essence of the mechanistical world.

Cut off the sphincter and you will see all the tumours below.

Whenever finance is your object, you are a thief and a liar.

Mass is a machine, built by a machinist who makes no mistakes.

The medical world disguises its inability to cure by talk, talk, talk.

Forty years I have been trying to find God in a world of hypocrisy.

Although the architect of the universe, God has been ignorant in sickness.

If there ever was perfection shown in architecture it is shown in the human body.

Sluggish blood in the head gets rotten, due to blocked drainage in the cervical region.

The medical man's opinion about Osteopathy is like his opinion about Chinese grammar.

VISION


Told Sir that Will Herdman, "poor pocket, made for himself a telescope—Newtonian, five feet four inches—where with which he scanned and surveyed the heavens. Soon he became familiar with each separate star, he knew them by name, such as possessed names—and knew the course of each as it circled the infinite.

An associate came to him one day bringing a telescope of higher power. Sir Will looked the new instrument curiously on a region in the heavens where there were no stars, and in, and behold there where was "nothing" he found asteroids and myriads of stars and satellites. Distance after distance beckoned him on. He raised his arms to Heaven and fell in a swoon. So it is with Truth.

Dr. Andrew Taylor Still is the "associate." He turned the telescope of Osteopathy on the mechanistical "nothing" and saw the Truth. He is a seer. You will know and see.

CRITICISM AND COMMENT

The following towns in North Carolina have no osteopaths and each of them will support a great deal of advertising. They are favorably and known in North Carolina and I feel well assured that if they should make expenses from the first month or so. These towns have from four to ten persons in them and in addition to this list there are probably several other places about the state which would be a sort of forum or round table at which all our professional needs and aims may be discussed. The June examination will be the last three year examination held in the state as the fourth will be held at the beginning July.

M. Olly

Tutaro

Masten

Hartlet

Wedeman

Monros

Bradford

Conrad

These towns have shown considerable growth since the 1909 census report and all have good futures. The surrounding country is thickly settled and most of the places have good train en-

The editors take considerable interest in knowing the reports of our correspondents. We ask that they return them directly to our office, as the receipt by correspondence course of instruction in the medical colleges.

The doctor says: "The acute stage of this disease is of itself self-limited, but its limits often extend to the point of complete destruction of the nerve tracts between the motor arm of the brain and the paralyzed part." Surely the doctor does not mean this. Pathologist tells that the chief injury is to the trophic centers of the cord that nourish the muscles and the peripheral nerves. The disease is said to be caused in three ways: by inflammation; by vascular congestion resulting from the inflammation, which congestions, of course, cause pressure, and by the toxic action of the blood, especially of the venomous blood, which nature is unable to remove from the congested area.

In its general way it might be well to be guarded in one's prognosis of the cases that come after six months have elapsed from the time of the attack, but the doctor must admit that many cases have been greatly helped after a lapse of years. If one guarded prognosis would have the effect of discouraging such, it may with reason be asked if it would not be better to en-

Dr. Ray is right in saying we should be scientific; and I think that if one treats these cases suc-

The medical world disguises its inability to cure by talk, talk, talk.

Do you believe in the principles enunciated by Osteornurism? Then, send you $1.00 and help the good work along.

Dr. Charles E. Leoma of Columbus, Ga. says: "Make every student of every school a subscriber at one dollar, fifty cents, twenty-five cents; ten cents, five cents, one cent, or for gratis. My some writers! I have been practicing success-

The use of Osteopathic Truth is filling a gap between the motor arm of the brain and the paralyzed part.

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Osteopathic Truth

New England Convention

Arrangements are being made by the New England Osteopathic Association for its 13th Annual Convention to be held in the Alumni House, Hartford, Conn., Friday and Saturday, April 6 and 7.

Points of extreme importance to the committees are hard at work to make its 13th the biggest ever. They are not superstitious, but feel that this convention will be the best held this year in the East.

Dr. E. Thomas Garm of Brooklyn, N. Y., who has treated more than 300 cases of Infantile Paralysis in her own clinic, will give some of her own experiences in acute and chronic cases. Dr. George W. Reid, of Worcester, Mass., Editor of Osteopathic Truth will offer something new of "The Personal Equation in Osteopathic Practice," while Dr. H. B. Buss of Jersey City will demonstrate his work on Cataract. Dr. Alex J. Byrd of Hasbrouck Heights, N. J., will give a new talk on "Osteopathic Nerve." Dr. W. Arthur Smith of Boston will talk on "Comparative Medicine." Dr. Eugene C. Link of Stamford, Conn., will demonstrate Bedside Technique. Dr. H. E. Sinden of Hamilton, Ont., will show his method of Technique. Dr. Theodore T. Robson of Billings, Mont., will show how to treat "13th American William Scrape of Somerville, Mass., will tell what Osteopathy can do in Genito-urinary diseases. Police Leaks will be discussed by Dr. H. P. Frost of Worcestor, Mass. Dr. J. Moore Newman of New York, a deep student and thinker along osteopathic lines will talk on "Neglected" Diseases. Dr. H. P. Frost will be of interest to the practicing osteopath.

Other famous osteopaths will speak. All D. O.'s are invited to come and share in the great convention.

A New Solution to the Fly Problem

According to a recent edition of "Our Doubt Animals," flies show a marked aversion to things that are blue. This fact was first discovered by a French farmer, who kept a number of cows distributed in several sheds. The interior of one of these sheds had, purely by accident, been colored blue. The other sheds were painted with white interiors. The farmer noticed that, while the cows in the sheds with white walls were driven to the point of frenzy by flies, the cattle housed in the shed with the blue interior were not bothered.

"Please find enclosed my check for $1.00, for which kindly enroll me for Osteopathic Truth for one year.

"To stand by the fundamental principles of osteopathy is to be true to humanity."—E. Mea Tuxon, D. O., Savannah, Ga.

LIFE is one of the liveliest and most fearless publications in the world today. The editors of this magazine absolutely refuse to bow down before Biald (A. M.). They are "fearless," and will never fall for medical preachments, they must first be "shown." For many years, less publications in the world today.

The doctor next criticises the following statement: "Here are a few quotations from Life; Life is one of the liveliest and most fearless publications in the world today. The editors of this magazine absolutely refuse to bow down before Biald (A. M.). They are "fearless," and will never fall for medical preachments, they must first be "shown." For many years, less publications in the world today."

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Male Impotence

We use very carefully for the management of complaints of neurosis who are using the Huston-Bros's Combined Preparation and reports from many past users, who have shown the Huston-Bros's Combined Preparation to be a valuable aid for the management of complaints of neurosis.

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Panama Expositions

Another Proof of Quality

WHY NOT PRESCRIBE "THE BEST"

Borden's Malted Milk

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WHY NOT PRESCRIBE "THE Best"
The Endowment Problem Solved
$750,000 Annually Assured for Our Colleges
If YOU Support Them

The New York Osteopathic Society has taken the initiative by passing the following resolution at its annual meeting at Utica on October 29, 1916:

RESOLVED: That the New York Osteopathic Society views with appreciation and hearty approval the recent action taken by the State Osteopathic Examining Boards to give applicants for license to practice Osteopathy a practical test as to their ability to recognize, diagnose, and adjust the Osteopathic lesion.

And further, we hereby extend our sincere appreciation to those Osteopathic colleges which have raised the entrance requirements and increased the length of the college course to the point where they meet the requirements of the strictest medical practice acts. And in recognition of this action on the part of these colleges we hereby pledge the renewed support of this Society and its membership toward interesting and enrolling suitably fitted and qualified young men and women as students in sufficient numbers to meet the rapidly increasing demand for Osteopathic physicians throughout the country.

And be it further RESOLVED: That we hereby urge all colleges to use the Osteopathic text-books now available, and to aid in the movement to produce other text-books along Osteopathic lines, and also to aid in the study of reactions to Osteopathic treatment.

To aid in carrying out the aims and purposes of these resolutions, we hereby authorize the appointment of a committee by this Society to work as a State branch of the Education Department of the American Osteopathic Association in its efforts to co-operate with the colleges in all educational matters, and suggest this action to the favorable consideration of all other State organizations.

Yes, the New York Osteopathic Society solicits co-operation by urging upon every state society the adoption of a similar resolution to make this "Forward Movement" a national issue.

THE IDEA

The resolution was adopted to meet the growing demands upon the profession.

The idea is to have each osteopath in the field send one student to our schools this year.

Why should you feel any personal responsibility in the matter? If, for no other reason, through a feeling of gratitude to the school that made possible your present position. A successful graduate, like a grateful patient, expresses his gratitude for service rendered. He sends you other patients; you can send some school one student.

A STUDENT A YEAR KILLS ENDOWMENT FEAR!

—Education Committee for the New York Osteopathic Society.

EDITOR'S NOTE.—We are heartily in sympathy with this move and take pleasure in printing this advertisement without charge, "for the good of the cause."

THE FACTS

What can take the place of an endowment for our schools?
One student a year from each of the other 4999 osteopaths—and YOURSELF.
Get your pencil. Given an annual tuition fee of $150, what will be the income from 5,000 students? Answer, $750,000.

What for a course of 4 years? Answer, four times $750,000, or $3,000,000. Right? Precisely! $3,000,000.

Will you subscribe the first $150 to this sum by sending a student this year? Just send the student, that's all. Co-operation means $3,000,000 for our schools. You pay no money, simply send one student.

Patronize our Advertisers and Don't Fail to Mention Osteopathic Truth