Non-Suppurative Congestion
A Study Based on Experiment

By Dr. William D. McNary, Spinal Neurologist, Milwaukee, Wisconsin.

With any new method of treatment it takes years to determine its true place and value. Its advantages are apparent early, but only after the improved method has been utilized for some time can its limitations and contra-indications be understood. The pendulum swing of hearty approval is too often followed by an equally extreme opposite direction of disapproval, or even condemnation. Eventually, however, the true mean position in regard to any treatment is reached.

Osteopathy has been saved from swinging too suddenly into public approval by the opposition of the practitioners of medicine. Consequently the pendulum will not have to swing into the attendant condemnation. However, no therapeutic agent or method is wholly without any points of disapproval, and there was a time when we, as practitioners of osteopathy, had to assemble in conventions, re-hearing what could and what had been accomplished by manipulation, instead of whistling to keep up our courage. That time is past; the scientific principle being now permanently established, we convene rather to consider the weak points, and methods by which what was once poorly done can be better accomplished now, as well as how new fields may be explored. On this basis I have chosen the subject, "Non-Suppurative Congestion."

Weak in Diagnosis: Strong in Treatment.

From the standpoint of treatment there is no other field in which osteopathy is so strong: from the standpoint of diagnosis no field so weak or the source of greater mistakes. Personally, I was almost cheated out of my belief in the valuable truths of osteopathy by a mistake along this very line; an osteopathic physician had diagnosed an appendecial abscess of the hyalus of the kidney, instead of an "impingment of nerves or circulatory obstruction!" Treatment resulted in the rupture of the pus pocket, death resulting in less than seventy-two hours from septic peritonitis.

You say "that was nothing against the truths of osteopathy, but ignorance on the part of the operator." True, and I agree with you heartily. Therefore, let us strive to discover and rectify the errors which we are ignorant of, and liable to make such mistakes that bring the principle into disrepute as truly as though the basis were unjust.

No statement, in my belief, is more erroneous—yes, false, regarding osteopathy, than to say: "Well, if it does no good, it surely will do no harm." I have seen a fatal case of pyaemia produced by an over-stimulation of the renal plexus, together with other manipulative treatment, in an instance where the case was one of abscess of the hyalus of the kidney, instead of an "impingment of the renal nerves at the point of their spinal origin, with the supposed attendant congestion of the kidney"—a conclusion too often reached regarding the condition of an internal organ.

How I hate to see all organic disease classified under "impingment of nerves or circulatory obstruction!"

For instance, the kidney just referred to. Disease can gain access by infection through the urethra, bladder, and ureter, thus irritating the peripheral fibres of the renal plexus, where the lesion, whether bony, tendinous or muscular, the demonstrative center is a result, a symptom and not necessarily a cause at all.

Boundary Line of Suppuration.

This illustration suggests the question: Where does "non-suppurative congestion" end and "suppurative congestion" begin? Here is the borderland between osteopathy and surgery.

The practitioner of medicine reverses this and pays too much attention to the "subjective" at the expense of the "objective" symptoms.

Let me cite you an illustration of the value of each. A case, supposed to be pleurisy, associated with intercostal neuralgia, was not responding, and the physician in charge, fearing lest angina pectoris complicated conditions, advised a consultation. In talking with the physician I learned that his chief reason for the consultation was because the "objective" lesion did not correspond to the organs, or parts involved, being at the twelfth dorsal. By adding to the knowledge gained through the "objective" examination, that obtained through the "subjective," the discovery was made that the patient was suffering from a case of gonorrhoea! The thoracic pains that were a marked feature of the case, being pseudo-pleurisy ones, were due to an irritation of the middle branch of the twelfth intercostal nerve as it passes over the crest of the ilium, and along the inguinal lymphatics, which were inflammed from the disease.

A case illustrating the other phase of diagnosis, where the "objective" feature was neglected, was one of neuritis affecting the lower extremities, chiefly the left leg. The trouble was of two years' standing, and accompanied by some atrophy. The attending physician—who, by the way, was a professor in a medical college of good repute, and an author of standard medical works—had diagnosed the condition as rheumatism, sciatica, or lumbago. Yet even a cursory "objective" examination portrayed the real cause to be due to a subluxation of the sacro-iliac synchondrosis, or the hip.
DR. BYRON ROBINSON

Is an old friend and favorite author of the osteopathic profession. His books are the most widely read and quoted by osteopathic practitioners of any medical writer. He is a deep and practical student of the human machine and that is why he has become a sort of patron saint of the Osteopaths.

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When the external application was removed for
the ninth treatment, the patient had broken out in a greenish-gray blister from his hips clear up to his hair, and extending laterally from his thighs to his loins.

A Dilemma—But Great Betterment.

Here was a dilemma indeed! The only re-
deeding feature of which was the fact that the man was better beyond a doubt, as was proven by the fact that his temperature was 99°, pulse 85, respiration 45 to 47.

After consultation it was decided to treat the blisters surgically: incise the surface, and apply hot boracic acid dressings, covering this with gauze and oiled silk, changing to a dry dressing later. The only apparent discom-
fort the patient suffered was the necessity of remaining on his stomach, which was free from any external irritation.

Just a word of warning right here. I have de-
scribed a case where application of the principle of counter-irritation, enough to produce a myalgia, involved the muscles of the back. Don't, except in meningitis, apply this method nearer the spine than the outer border of the erectorspinae muscles. If you do you will produce a congestion of the cord, as can be figured out from the anatomy of the circulation of the part. The lateral spinal branches of the posterior spinal artery send a branch into the cord, then continue as the muscular artery to the adjacent muscles. Therefore, in congestion of these muscles, the blood backs up into the branch that runs to the cord and congests it. From this same an-
atomical knowledge, and the proper applica-
tion of it, the blood can be drawn away from the cord in meningitis.

But to return to the case in hand, I will say that it went on to an uninterrupted recov-
ery from the sequelae of pneumo-
nia, during the seven years that have elapsed. A peculiar coincident in the case was the fact that the contents of these blisters con-
tained Frankel's diplococcus of pneumonia. How it came there I am perfectly free to ad-
mit I do not know. Naturally, this experi-
cence has made me more cautious in these principles as applied to the other stages of the disease.

First Stage Aborted.

An opportunity shortly presented itself to treat, during the first stage, a case presenting the following symptoms: (1) Sudden onset, (2) chill, (3) pain, (4) fever, (5) cough, (6) rapid respiration, (7) rapid pulse, (8) coated tongue, (9) excess nervousness, and (10) no blisters. Surely a typical case. The same course was pursued as before described, except that treatments were given every four hours, instead of every four hours. That treatment was aborted before the development of the second stage. A slight "prune juice" ex-
pectoration being the only symptom that in-
dicated the second stage. The treatment of this stage is accompanied by a superficial erythema.

It was months before I had an opportunity to test the treatment during the second, or red hepatization, stage of the disease. Let me warn you here that you will lose faith in every kind of treatment while caring for a case during this stage—more especially if you attempt to abort it at this time. It is like trying to hasten the healing in any superficial abrasion by pulling off the scab every four to eight hours. Remember that the lining of the alve-
olar walls are "raw" and that one of the rea-
sons why the serum oozes into the air sac is to protect it—to act as a lubricant to prevent friction due to increased respiratory ac-
tivity from injuring the epithelium.

Good Advice in Treating.

Be patient and persistent in doing all that will aid in the elimination of the pyrogenous ferment, the absorption of which is so dan-
gerous in this stage. This is accomplished chiefly by stimulation of the kidneys through the renal center, thus preventing the conges-
tion of these organs, which so often proves a fatal complication. Also watch the heart for collapse. Don't be in too big a hurry for ap-
parent results. Be content to sustain the system, and prepare it for the strain of the third stage. You will be rewarded by finding the last stage will be of shorter duration, and resolution surprisingly rapid.

The treatment of this stage is accompanied by quite a rash over the part where the greatest degree of counter-irritation is ap-
plied. The only warning I feel should be given here is: Don't try to abort the second stage. The time between treatments will de-
depend upon the severity of the case, ranging from twice a day, to every four hours, night and day.

Our Field Practically Unlimited.

Some have told me that I limit the field of osteopathy by the position I take. It is laugh-
able for us to talk of limitations when the field of chronic work is practically the only one yet touched upon. The great field of acute diseases, like the one we are discussing, is still in the experimental stage, and the question of specializing, for instance, in ob-
stetrics, gynecology or spinal diseases, is still in its infancy.

The field is limitless. That I believe in this statement is proven by the fact that I have for four years limited my work to diagnosis and treatment of the "spine" alone.

Others object to the description of what we attempt to do as "too simple." The greater the
The Osteopathic Physician

Confessions of an Old Time Migratory D. O.

By Chas. E. Huelett, D. O., Topeka, Kans.

I saw in The O. P. where some one said that osteopathy was introduced into Wisconsin in 1875. A mistake has been made by somebody. Dr. Chas. E. Still must have had his first office in 1891, as early as 1893, and Dr. Chas. Hartuppoce about then, too. I went to Red Wing, Minn., in May, 1896, and took the place of the woman's office there for three days, so Dr. Chas. Hartuppoce could go to Des Moines, Iowa, to open the first regular osteopathic office in Iowa. I stayed in Des Moines until July, 1896, to perfect the knowledge we had gained then.

In a few words, let us sum up the practical deductions that may be a benefit to us in our every-day work. Be always on the alert lest a non-suppository conjugation develop into a suppressive one. In diagnosis, let us not overlook the value of "subjective" as well as "objective" symptoms. In treatment, let us first reason from an apparent principle, then apply that principle, and see if it is not apparent. When one's hand is benumbed from pressure on the brachial plexus, in hanging over the back of a chair, or from the pressure of clothes, there is no need of giving a drug. The pressure by change of position; then by counter-irritation we re-establish normal blood and nerve pressure. As a result, the symptoms soon disappear.

In treating the lungs, or any other organ, this same condition may be true. In fact, you usually find phenomena due to contractions somewhere along the nerve or blood supply to the affected organ; therefore the first thing to do is to discover if and where the pressure has been removed. If times an organ is--and even removed! --when the irritative pressure is somewhere along the trunk of the nerve, or at its spinal root, instead of working on the peripheral branches of the nery located in the organ itself--a procedure just as rational as it would be to cut off one of the fingers to cure the tinnitus in the case cited.

Pneumonia May Be Surely Diagnosed.

A scientific anatomical knowledge will enable us to locate the pressure on the nerves involved in pneumonia as surely as in the case of brachial pressure. When one's hand is benumbed from pressure on the plexus, there is no need of giving a drug. The pressure by change of position; then by counter-irritation we re-establish normal blood and nerve pressure. As a result, the symptoms soon disappear.

In the meantime, don't forget to relieve the engorgement by establishing a proportionate congestion in an adjacent non-vital region. This is another way of saying: Don't overlook the value of the old-fashioned idea of our grandparents in the judicial use of the principle of the mustard plaster, other than for the relief of the abdominal congestion known as "stomachache." Hold the ground gained by the treatment by keeping the surface warm, relaxed and moist with some dehydrating external application. Always, from the very first, keep all possible channels of elimination open.

Diagnosis and Treatment—Not Results.

I have not spoken of the results attained in all my cases. Just diagnosis—diagnosis—and diagnosis—treatment—treatment—treatment—treatment. This is the way Dr. Still and the others taught genuine osteopathy, as I have always tried to hold true to the teaching learned from Dr. A. Still and the others who taught genuine osteopathy in the early days.

I see few of the old pioneers in print. I thought I would say a word for Dr. Ammerman. He was a hummer. Also Dr. Gaylord whom I was with in Canton, Ill., in 1896.

I crossed the Mississippi river fifteen times in the years 1896 and 1897 changing locations. I was the first D. O. in several places in Iowa, Missouri, and Illinois, and yet I outgrew the migratory habit at length, for I have now stayed in one place over eight years at Topeka, Kansas. I hope this will interest some of the old boys.

We Osteopaths Should Be Proud of Our Dogma


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my experience the leaders of the profession give just as many drugs as anybody else and do just as much harm to the public. This habit is one of the great causes of the patent medicine evil. I have given placebos, gentle­men, and I am ashamed of it. Dr. Woods Hutchison said that when boys will cease to play with new knives, the medical profession will stop trying all the new things to find out which are good.

"The credulity of the medical profession," he said, "is something horrible. The United States Pharmacopeia is a relic of mediaeval barbarism, and is still crowded with things which belong with the stuffed alligator."

Not only is union is there strength, but in dogma there is there strength. Let us not be afraid of being called narrow by those who admire the broad liberality of the allopaths and prefer the title of empiric and the definitions that go with it. We are not afraid of dogma; we are proud of it. Here's to our dogma—"read­justment"—may her standard never be low­ered!

The Osteopathic Physician

Should the Osteopathic Year Book Be Continued

By A. L. Evans, Editor of the Association Journal.

I HAVE read with interest and a fair measure of approval your article in The O. P. for November on "Year Book Considerations Past, Present and Future." I believe your position is correct, that the work of issuing this publication should not be put on a competitive basis, and that no one should be asked or expected to do it at a loss. It is true, however, that up to this time the Association has merely accepted offers made, and that those who have undertaken the work have done so with their eyes open.

One of your statements contains an error of fact, and the possibility of an inference, neither of which I am aware, was intended by you. The editor of The Journal of the A. O. A. does not get a "net salary" of $1,200 a year. Out of the $1,200 received he has to pay for his clerical help. I am sure that one of your experiences in editorial work would not consider, as others might, that $1,200 a year is an excessive salary, even though it were "net," and part of the matter for publication is furnished.

The editor of The Journal is not merely an editor, he is business manager, editor, proof­reader, book-keeper, mailing clerk, and fills every other place pertaining to a publication office. He has to prepare the manuscript for the printer, read the proofs, oversee making up forms, see that the mailing list is kept accurate and that the wrappers for the 1,200 copies mailed monthly are properly addressed for each of the 12 issues, and the edition mailed. In addition to this he has a directory, with one-third of the names which appear in the year book, to keep up and revise quarterly.

You will understand that no man could do all this work and conduct an osteopathic practice, and he must conduct a practice as he could not live on the salary. If he hires help he has to pay for it. This is not written to create sympathy for the editor—he is not obliged to do the work unless he wants to—but in order that the truth may be known.

Now in regard to the Year Book. It is be­coming a question whether any part of the money of the 1,200 osteopaths, who by mem­bership in the A. O. A. give evidence of an active interest in the advancement of osteopathy and its welfare as a science, should be appropriated for the purpose of listing and advertising those who do not thus show the interest which the editor believes he needs and should.

It would seem that the time is near when we should seriously consider whether it is quite fair for the A. O. A. to use its means and machinery to keep track of those, quite a number of whom, it is said, will not even reply to the requests for information in regard to their locations. I believe that in the past the Year Books have helped the A. O. A., but might it not be well for the future to consider getting out but one directory, and that of its own membership? Every reputable osteopath has the opportunity to have his name appear in this list: a list that is revised not once, but four times a year.

Chattanooga, Tenn., Dec. 15, 1906.

Improbable Relations.

If Mr. Tendo-Achilles went forth for a ride, could he perchance unite with Miss Patella as bride?

Would his friends, Gastrocnemius, Soleus and Plantaris his choice lament.

Leave him, and each take a Cuneiform sister, with like intent?

And then, when all were thus united for life, would the neighbors about them be aroused unto strife?

Would fat Miss Aastriugus (a close friend to all concerned) quickly call Mr. Tibialis Anticus that "such doings" were a shame?

Would old Mr. Pollicis, an Abductor, well known Talk of the occurrence, should he call at Miss M. Digitis' home?

Then, dear friends, with such an inharmonious relation could you wonder at the degree of the neighbor perturbation?

—P. W. Treshman, D. O.

Another Good Pneumonia Article.

The excellent article by Dr. McNary in this issue will be followed by another about the results secured in pneumonia. We expect to receive it in time for our next issue. It will suffice in advance to say there was not one fatality in the whole 80 or so cases treated, many of which were bad cases of pneumonia.

This article will encourage many D. O.'s, no doubt, who have had but limited experience with pneumonia and non-supportive con­gestions of the lungs, to seek the care of such cases more eagerly.

In our January issue of Osteopathic Health—already in circulation for ten days—we give a very sprightly yet strong article on pneumonia, which it would profit every D. O. in practice to give wide circulation. It is entitled "An Insurance Policy Against Pneumonia." It is written in the personal and newsy style that will first of all secure a reading wherever the article travels and which will next make a convert to osteopathy every time it is read. Think of the potency of such an article for good in your locality! You ought to use one or two hundred of this number by all means. See page 16—Editor.
Man's "Nerve" Skeleton.

Through the courtesy of the Philo Burt Manufacturing Company, one of our advertisers, we are able to present the accompanying drawing of the human "Nerve Skeleton," showing just how man would look if all his tissues were "removed" but his nerves. As helping to indicate the seat of the vital dynamo, this illustration will be productive of much study. The osteopath will be quick to observe that the sympathetic system is not shown to any extent. The great abdominal brain seems wanting; indeed it would take a separate and larger drawing to show the infinitely complex sympathetic system. Invert this picture and how like the structure of plant life this nerve skeleton appears with its root, trunk and branches! This picture is not a fanciful drawing. Various anatomists have separated the nerves of some portion of the body but it remained for Dr. Rufus B. Weaver, of Philadelphia, to prepare a complete "nerve skeleton," using as the material actual nerves.

McCONNELL & TEALL
Announce the publication of the third edition of
McCONNELL'S
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Completely rewritten and revised, containing much new and original matter from authentic sources never before published.

There is an important illustrated chapter on
DISEASES OF THE HIP JOINT,
BY
DR. GEORGE M. LAUGHLIN.

The book covers nearly all conditions met in general practice of osteopathy in America and, with few exceptions, the result of actual osteopathic experience is given. This includes etiology, pathology and treatment from as strictly an osteopathic view point as is now possible to record. One volume of about 800 pages.

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G. E. THOMPSON, A. M., D. O.
President.

WILLIAM E. D. RUMMELL, A. M., LL. B.,
Sec'y and Gen. Manager.

Knicker—Did they probe for the bullet?
Bocker—No; the victim was a financier who said he was sick of investigation.
AMONG THE STATES

Mrs. Evans Had Typhoid.

Mrs. A. L. Evans of Chattanooga, Tenn., is just recovering from a spell of typhoid fever. Dr. Evans took her to Florida this week to recuperate.

The Next Step.


Dr. Gravett Changes Location.

Dr. Wm. A. Gravett who has been practicing a number of years in Troy, Ohio, has moved to Dayton, Ohio, where he has opened new and elegant offices at 1003-4 Conover building.

Division of Profits.

Automobilist (recovering from injury)—"Isn't that a pretty stiff bill, doctor?"

Surgeon—"You don't suppose I'm going to let the repair men do all the getting rich out of this business, do you?"

His Professional Manner.

"Dr. Jones always seemed to be very earnest, at any rate." "Oh, very! Why, he can say 'How are you?' and give you the impression that he really wants to know."—American Jour. Surg. and Gym.

Dr. Jorris Got His Deer.

I note Dr. Fisk's little item in the last issue of The O. P. While deer hunting I only secured one deer. This was probably due to the fact that Dr. Fisk was not with me to assist me in my quest.—Dr. A. U. Jorris, La Crosse, Wis.

Texans to Keep Up the Fight.

Texas osteopaths are to renew their fight for a law at the next legislature. The new committee on legislation selected at a called meeting last month at Ft. Worth comprises Drs. J. F. Bailey of Waco, T. L. Ray and M. B. Harris of Ft. Worth.

A Great Privilege.

A most estimable lady of foreign extraction remarked, apropos of the visit to Denver, of the representative of an English college of heraldry: "Isn't it nice that you can have some one look up your gynecological tree for you and tell you about what you come from?"—The Colorado Medical Journal.

Discusses Illinois Bill.

The Chicago Osteopathic Society held a good meeting at room 505 Trude building, December 20, when Dr. Hamlin made a talk on post mortems and chemical research. There was had a free discussion of the proposed osteopathic bill that will be presented in the Illinois legislature this coming session.

Osteopaths Save Their Own Backs.

H. T. Root, of Kirksville, reports steady sales for his excellent treating table which is becoming famous for making the lumbar "break up" so easy. D. O.'s are finding that it is no longer necessary to break their own backs, as in the good old days, lifting 200-pound patients off the table in order to get pressure at the right spot, and surely Mr.
Dr. Clark’s Applied Anatomy

Is the only book of the sort published. It gives anatomy from the osteopathic standpoint and is equally valuable to practitioner and student. Every lesson is discussed and an anatomical explanation given why the lesion produces the effect. 687 pages, 175 illustrated, many half plates and colored plates. Price, muslin, $6.25; half morocco, $6.75, prepaid.

Dr. Clark’s Osteopathic Gynecology

Is replete with the best wisdom and experience of the founder of Osteopathy and his immediate associates in infirmary and clinical practice and college work. Handsomely illustrated. Price, muslin, $5.00, prepaid.

Order direct.

M. E. CLARK, D. O.
KIRKSVILLE, MO

The Osteopathic Physician

Root’s table is one of the best of the devices for saving the osteopath himself.

Who Are This Bunch, Pray?

The National College of Osteopathic Physicians and Surgeons has been organized and papers for its incorporation were filed yesterday in the office of the register of deeds. The five directors are W. E. McCormick, David E. Anthony, Harry G. Palmer, R. S. Knapp, and S. L. Rockwell. — The Washington (D. C.) Star, Nov. 31st.

Osteo Dissect a Camel’s Hump.

The recent death of a camel in the local zoo at Los Angeles has furnished some valuable dissecting material which is being worked up in the Pacific College to the best advantage. Dr. Wilding is doing some work on a portion of the nervous system and Dr. F. C. Clarke is preparing the cervical vertebrae for the Museum of Comparative Anatomy.

Dr. Addie Fish Married.

Frank Price and Dr. Addie Fish, both of Moscow, Idaho, were married at 4 o’clock October 18, at the residence of Rev. Charles E. Gibson. Mr. Price is a prominent merchant of Moscow, and his bride is a successful osteopathic physician and formerly resided in this city. Mr. and Mrs. Price will visit a few days in this city before returning to Moscow, where they will reside. — Spokane Intelligencer.

Dr. Bartholomew Lectures.

Dr. E. J. Bartholomew gave his excellent stereopticon lecture on anatomy and the cause and cure of disease at the Maywood Presbyterian church last week, which, despite bad weather, was well attended and well received. The doctor puts up a strong plea for osteopathy through his popular and interesting talks about the nervous system. He will delight any audience, popular or scientific, who have the chance to hear him.

Chiro’s First Court Victory.

Chiropractics has scored its first victory in the courts. At Aberdeen, S. D., December 13, Dr. A. H. Brunning, a chiro, was acquitted in the Circuit court of wrong in using the term “Dr.” and practicing in the state without a certificate from the state board of medical examiners. Judge J. H. McCoy presided and instructed the jury he would set their verdict aside if they did not bring in a verdict of acquittal. The issue was whether chiro was the practice of medicine.

Boston Women’s Osteopathic Club.

The Women’s Osteopathic Club of Boston, has issued a neat and attractive program of its monthly meetings for the season 1906-7. The club is to be congratulated on the fine program arranged. The topic for December 22 was “Amenorrhoea,” with the paper by Dr. Clarke and the demonstration by Drs. Ada A. Achorn and Sheehan. The club is having very interesting and enthusiastic meetings.

Dr. Edith F. Child is president, Dr. B. Rees Conant, vice president, and Dr. Ellen Bird Nott, secretary-treasurer.

Mr. M. E. Clark to Enter Practice.

Dr. Marion E. Clark, the well-known osteopathic gynecologist and obstetrician, announces that he has presented his resignation as a member of the A. S. O. faculty to take effect February 1st, and will locate immediately for the practice of his specialty at Indianapolis, Indiana. Scarcely a man in the profession is wider or more favorably known than Dr. Clark. He has visited half of the states in the union to address association meetings. It is a foregone conclusion that he

(Continued on next page.)
THE OSTEOPATHIC PHYSICIAN
The Organ of News and Opinion for the Profession.
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EDITORIAL
"How to the line, let chips fall where they will.
California Law Unconstitutional.
Just as we go to press we receive this telegram from Dr. Harry W. Forbes of Los Angeles: Sweeping law declared unconstitutional. Osteopathic law declared unconstitutional. Decision and letter follow.—December 29th.

Thanksgiving.
The O. P. opens the New Year—the sixth in its career—with thanksgiving for the blessings which have come to osteopathy during the year just closed and with a prayer that the profession will not witness another family fight in the twelve months about to ensue.

Greeting.
With the mailing of this issue the world is folding the covers upon Volume 1906 of the Book of Time. It is a time of general rejoicing, happiness, good will and new resolutions. We join in this spirit of the hour and send our greeting to every D. O. in Christendom, wishing each and every one the compliments of the season and a bright, prosperous, useful and happy New Year!

Prosperity.
The country has just passed thru one of the most prosperous years of its history. We may all hope that the year ahead will be another as good one. If the individual is not breaking even and getting ahead a little he ought to stop and study his system. There is probably something wrong with it. Business seems to be unusually good for most everybody and all who work hard have a right to share in the general prosperity.

Peace.
Say, fellows, let's all try and be good during 1907 and see if we can't live thru the year without anybody jumping on anybody. The O. P. is willing and anxious to dwell in peace and exchange good will with everybody who is honest and sound, whether we accept our blessing without fighting back. We will also be glad to receive anybody's blessing who feels as if he would rather bless than curse, and by us having this high thought for amity and concord during the year ahead may be we can get along without recording something new or an outbreak of hostilities among the children of Father Andrew.
For our part we shall carry no chip on our shoulder and we will try to turn a blind eye to the fellow who does; we'll pass him if we can without a scrap, even if we have to walk around him. This does not mean any sac-suicide of the high principles for which we have fought from our foundation, nor any winking at the practices that we have so insistently condemned; we shall never quit our trenches for the reforms we stand pledged to secure; but we want peace mightily in our own province. It is to our interest to stack arms with the next fellow who will sign an armistice for 1907, Volunteers for the Army of Peace, speak up!

Do We Give Due Importance to Mind Cure?
The plea of Dr. Bartholomew in a recent issue of "The O. P.,” to give more attention to mental or "com­bustion," so to speak, as a potent and not usually absent cause of disease is a profitable lesson for many cases, and let it go as the "Vague symptom"—have we one of them?—the need of being precise, specific, statistical. But in how many cases? In probably what percentage?
Dr. Bartholomew will surprise many of us by believing and boldly asserting "a good majority." He thinks the mental lesion more common as a primary causal factor of disease than even purely mechanical ones, accepting both together as constituting practically the Alpha and Omega of disease as ordinarily met with.
What do the rank and file of our practitioners think about this? Dr. Bartholomew’s article was published by "The O. P.,” to focus attention upon a subject not given too much thought in our councils and to secure a free interchange of opinions. Its mission was not to place the mind cure above the mechanical lesion theory, but to place due emphasis upon disorders of thinking on the part of our patients, if, as Dr. Bartholomew believes, we have given this factor of illness too little attention.
The osteopathic practitioner is entitled to make full use of mind cure as a rightful treatment—although not exclusive—part of his system of practice. If he does not understand mind cure fully, then let him possibly study some of our best "Lesion" results are secured by mind cure when we apply them with knowledge, the knowledge of the mind cure before he ever heard the word osteopathy. He became interested in the study of our science through Mrs. Hildreth, a cousin of Dr. A. G. Hildreth, and during a trip he took to investigate visited several osteopaths and found that their anatomical knowledge especially was beyond reproach, and that their spinal neurology surpassed anything he knew of in old-line medicine and surgery. So he simply stopped and studied osteopathy and the work he had previously stopped his work and studied electrotherapy, because he needed it in his anticipated field of labor—THE SPINE.

An Enthusiastic Convert from Medicine
D. W. D. MCNARY, of Milwaukee, was born in Columbus, Ohio, 1871; he attended a grade school in Pittsburg and St. Louis, then preparatory education at Lake Forest Academy, graduating in 1889; took the B. A. degree at Lake Forest College, 1891; M. D. degree, Rush Medical College, Chicago, 1896; for four years was assistant surgeon of U. S. Steel Co., Milwaukee. He graduated in osteopathy at the Milwaukee College of Osteopathy in February, 1899, attending school while still at the U. S. Steel Co., and after graduation devoted all his time to physical diagnosis and treatment.
While at the steel company Dr. McNary had studied spinal neurology for eighteen months—intending to make a specialty of the spine—before he ever heard the word osteopathy. He became interested in the study of the spine and when there is ample data to support the mechanical lesion theory. Let us not become such strict and exclusive lesionists that we shall ever be "as harps with but one string" and find ourselves able to treat but one class of cases and according to but one principle.

Based upon the thoughts suggested by Dr. Bartholomew's article we give emphasis to the fact—that like a matter of congratulation for our profession and patients—that whether disease arises in the department of the physical or mental the practice of osteopathy is perfectly adapted to remove the lesion successfully—more so, I believe, than any other system of treatments. As our practitioners will but lay hold upon their rightful possession of the territory of mind. Why?
Because, first, osteopathy is a specific treat­ment to overcome physical lesions when they do exist and it has an empire of pathology and therapy all its own in that field in which none can rival or dispute its success; secondly, because in treating mental cases we have a better, easier and more practical way to cure than any other system of treatments, if our prac­titioners will but lay hold upon their rightful con­trol of the territory of mind. Why?
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**THE OSTEOPATHIC PHYSICIAN**

**Mr. M. E. Clark to Enter Practice.** (Continued.)

Mr. M. E. Clark will be successful in building up a very gratifying practice if experience and friends count for anything.

Dr. Bernard's New Offices.

Dr. Herbert Bernard has removed from 504 Ferguson building to suite 504-6 Fine Arts building. Dr. Bernard's commodious accommodations both in operating and resting rooms for his numerous patients.

Ohio Meeting Not Yet, But Soon.

True to its policy of being early with the news the *O. P.* outside itself last month in the case of reporting the Ohio state meeting and gave the program as history when it ought to have been only prophecy. Our Uncle Mac Hulett swears at us in this fashion: "What the —- is the matter with you? Is the lid off? Our state meeting didn't happen yet. It's to be on December 29. Go do. Back up and start to being a butterly with the news but 30 days is too much of a scoop for us Buckeye people. Give us another chance to convene and catch up with your last edition."

Wisconsin Osteopathic Association.

The ninth annual meeting of the Wisconsin State Osteopathic Association will be held at Beloit, February 20 to 22. The committees are putting forth every effort to make this a successful meeting and it is expected that every member of the association will be in attendance. President Elton is anxious that all osteopaths from neighboring states, attend. The watchword of the convention will be "Research." Dr. Carl P. McConnell, of Green Bay, will deliver an address, and Dr. R. F. Matson of Eau Claire will present a very interesting report from his committee on therapeutics. Other well known osteopaths will have part in the program.

D. O. Is Curing Smallpox.

We have a big smallpox scare on here and the board of health is trying to force me to be vaccinated. But I refuse. One of my cases was the first to have it and I have cured three up in fine shape. If you have any instructions please send it to one of me. There has been one case of scarlet fever and three of diphtheria from the effect of cold and yet the local health department has me to get out of town. I have a lawyer working on it for me and he told me to stay here. I was vaccinated years ago at the A. S. O. and fumigate thoroughly here. I don't see how they can force me to be vaccinated again.

*By the Oneida Humorist.*

I want to give you an interesting case report: I was having a great deal of trouble with his right arm, the shoulder finally becoming so lame and stiff that it was impossible to raise his hand to his head. After the third treatment he raised my rent $5 a month. I had another case probably as interesting as the foregoing one. This was a very bad case of insomnia. All attempts to secure relief had proven futile, and it had become almost impossible for him to get any sleep whatsoever. He finally placed himself under my care and after taking five treatments he slept with his family for osteopathy, pure and simple — the simpler the better.

—James T. Drake, D. O., Oneida, N. Y.

**Corrected List for Washington.**


Dr. Ella D. Still Visits Boston.

Dr. Ella D. Still was the guest and speaker of the regular monthly meeting of the Boston Osteopathic Society on November 29, her subject being "Uterine Displacements." In order to make the most of Dr. Still's Eastern visit a class was organized for further study on Gynecological subjects and Dr. Still gave three additional lectures and demonstrations on the evenings of November 22 to 24. Besides having given much time and careful study to her special line of work, Dr. Still is a forceful and convincing speaker and a painstaking and instructive demonstrator. As would be expected of one of our pioneers in the field of actual practice, her treatment is practical and resourceful and one cannot hear her without being more firmly fixed in one's osteopathic belief.

*—Ada A. Achorn, Secretary.*

D. O.'s New Des Moines Hospital?

The osteopaths are soon to have a hospital of their own in Des Moines. The more the merrier. And a fair proportion of the population of this country is slowly but surely being educated by experience to recognize that after all it matters less whether one be treated by an osteopath or an allopath or a homoeopath, as that he get the right kind of nursing and care. Now, of late the osteopaths of Des Moines can do nothing else that will so advance their school of healing in the public estimation as the opening of a hospital that will be superior far to all others in the city and the state. Of course, that will be playing it on the dear public, who will believe that osteopathy is giving them all the relief, when it is the hospital. But if they only get relief it matters little about the deception. —*Burlington (Ia.) Hawkeye.*

**Union of the Oklahoma Societies.**

The annual meeting of the Oklahoma Osteopathic Association was held in the office of Dr. Clara Mahaffy at Oklahoma City, November 29. Members of the Indian Territory Association were present. Following the example set by congress in the union of the two territories into one state, the decision was reached to disband the two former organizations and to reorganize as one association. This was done, every one present, 24 in number, signing the constitution. The election of officers was by the choice of Dr. J. A. Price, Guthrie, as president; Dr. Edith Barber, Oklahoma City, vice president; Dr. Ella Ray, Tahlequah, Clara Mahaffy, Oklahoma City, treasurer. An excellent and instructive program was rendered, the best of good will prevailed and the outlook for osteopathy in Oklahoma is brighter in the new state. At the earnest solicitation of the mayor and the Commercial Club of Chickasha, the association voted to meet in this city on the third Wednesday in June, 1907. Dr. A. T. Still was elected an honorary member of the association.

**A New Michigan Association.**

On November 13, at the office of Drs. Geizen & Platt in Kalamazoo, Mich., "The Southwestern Michigan Osteopathic Association" was organized and the following officers were chosen for the coming year: Dr. R. A. Geizen, Kalamazoo, president; Dr. Betsey B. Hicks, Battle Creek, vice president; Dr. Frances Platt, Kalamazoo, secretary-treasurer. The object of the association is to promote the profession of osteopathy to bring about more fraternal feelings among the neighboring practitioners. The first regular meeting was held on December 1, and a forceful address of Dr. Beebe in Battle Creek. The next meeting will be held January 5, 1907, at the offices of Dr. Snow in Kalamazoo. We bespeak for the new association the hearty co-operation of all neighboring osteopaths and a most successful association. Michigan is surely working back into the old-time professional spirit.

**Honor Delayed by Gov. Bliss' Prejudice.**

Dr. Edythe F. Ashmore of Detroit, who has been appointed by Governor Warner as a member of the state osteopathic registration and examination board, which was created largely through her efforts, is given a deserved honor which was delayed by the prejudice of the late Governor Bliss against placing women on any state board. Her term of five years begins December 1. Dr. Ashmore resides at 83 Adams avenue east and her office is at 42 Valney building. She graduated from the S. S. Still Osteopathic college of Iowa in 1901, and has practiced in Detroit since. She is a native of this city. She is vice president of the American Osteopathic Association and has been such a prominent worker in the interests of osteopathy that inducements of her were sent Governor Warner from all the country. The vice presidency is the highest honor a woman can attain in the American Osteopathic Association. Other ladies have had this honor in ten years. Dr. Ashmore is also president of the Detroit Osteopathic Asso-
Atnerican Philadelphia. Pa. and with Hos­
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Post-Graduate Course at Chicago.
In response to the requests of many prac­tioners the American College of Osteopathic Medicine and Surgery, Chicago, has decided to offer a special post-graduate course be­ingning January 10th, 1907, for those desiring the three year diploma. This course will consist of all the usual branches taught and will be practical in its character and of such a scope as to make it specially valuable to those who have already had work in these branches. It will be so arranged as to cover, among other subjects work on the nose and ear, nose and throat, special and clinical path­ology, x-radiance, a broad and practical course in the theory and practice of oste­opathy, comparative therapeutics and hospital training. Facilities are offered for attendance at the Cook County hospital, the largest of its kind in the U. S. Here students have an ac­tual opportunity to see hundreds of bed-side cases of all kinds, examples of all cases of skin and venereal diseases—in fact, bring­ing one in close touch with everything pert­aining to disease and surgical work of all kinds—James B. Littlejohn, M. D., D. O., secretary and treasurer.

California's First Jubilee Since Fire.
The Alumni Association of the California College of Osteopathy entertained their friends in the college on the evening of De­cember 8. This is the first event of a strictly social nature that has been given since the great fire and consequently was hailed with a great deal of enthusiasm. The students had decorated the rooms with evergreens and our beautiful California holly berries, while the entrance and halls were lighted with Japanese lanterns. The cosy-corners were especially attractive to some of our young people—for even osteopaths have been known to grow sentimental under favorable conditions. Some very entertaining addresses were given by the following: Drs. Miller and York of San Francisco, Drs. Penland and Jewett of Berkeley, and Dr. Farnham of Oakland, while Dr. Hermann of Alameda, Miss Johnson of San Francisco and Miss Blasford of Berkeley rendered some excellent piano selections. Fol­lowing the program the company joined in games, dancing and singing—the rollicking choruses for which our gatherings have be­come noted. The committee on refreshments gave us a delightful surprise and we promptly
THE OSTEOPATHIC PHYSICIAN

Osteopaths feel considerable justifiable pride in the work which they are doing in the biological section. The officers of the section are both osteopathic physicians and some of the best scientific work done in the section is the work of osteopaths.

A. S. O.'s 7 Months' P. G. Course.

You will doubtless be interested in the announced plan of the A. S. O. that a P. G. Course will be organized Jan. 2, '07, for the study of our Seven Months' Post-Graduate Course. This is done for the purpose of graduating this summer, as well as other recognized osteopathic schools, and is designed to give these graduates an opportunity to add to their former twenty months, seven months more, thus making the post-graduate certificate equivalent to three years' course of nine months each. It is further designed to make this course specially practical and scientific that all may have not only an opportunity to review the subjects of their former course, but to gain a knowledge of advanced methods introduced in this school within the past few years.

The course will consist of obstetrics, gynecology, differential diagnosis, clinical and osteopathic diagnosis, skin and venereal diseases, diseases of the eye, ear, nose and throat, physiology of the nervous system, operative surgery, dissection, pediatrics, forensic medicine, applied anatomy, pathology and bacteriology, with laboratory practice, X-ray diagnosis, phototherapy, etc.

This course will be made optional, so that the matriculant will have no trouble in getting just those subjects of special interest to him. You should give it exceptional consideration, as it is the course which is closest to the part of the profession and its societies.


Science on the Pacific Coast.

The December meeting of the biological section of the Southern California Academy of Sciences was held in the Histological laboratory of the Pacific College of Osteopathy on the evening of December tenth. The principal address of the evening was given by Dr. E. L. Leonard, the city bacteriologist of Los Angeles on "Immunity." He is considered one of the best as well as one of the most orthodox bacteriologists in the west. The chief interest in the lecture centered around the importance assigned to the power of resistance in the case of each individual. In previous lectures along similar lines, Dr. Leonard has either failed to recognize the importance of this independent power of resistance or has shown a tendency to minimize the importance of this power. As this matter has been discussed for several years in the bacteriological work of the Pacific College, Dr. Leonard's presentation was listened to with the closest attention. During the course of the evening the subject of Opiate Index was discussed and clearly explained.

A Manual of Osteopathic Gynecology

By PERCY H. WOODALL, M.D., D.O.

SECOND EDITION
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415 Kansas Avenue

TOPEKA, KANSAS

THE AMERICAN COLLEGE OF Osteopathic Medicine and Surgery

(Incorporated under the Laws of the State of Illinois)

Member Associated Colleges of Osteopathy.

This College is chartered to teach Scientific Osteopathy applied to the healing art in all its branches. Its charter requires it to preserve the OSTEOPATHIC THEORIES and to apply them in therapeutics, surgery and obstetrics as an INDEPENDENT PHYSIOLOGICAL SYSTEM.

Courses—General osteopathic; for physicians; post-graduate in very specialties and specialties.

Special Facilities—Each student must dissect, one cadaver, and receive free material. Clinical practice for all students at the Infirmary for three months, with special terms at Cook County Hospital for one term free to students.

Infirmary Treatment and Surgical Work a Specialty.

Free copy of the Catalogue and other Osteopathic literature free.

THE COLLEGE, 459-497 W. Monroe St., Chicago, Ill.

New Term Begins Sept. 1, 1904.
The Osteopathic Physician

A New Year’s Message to D. O.’s Who Want to Get Ahead.

It goes without saying that the only safe and sure way to build up a flourishing practice is through intelligent and conscientious work in the office room. If an osteopath cannot do his part to that extent, no outside aid will do him much good in bringing on an era of prosperity. To those who do not know how to treat cases and are slipshod and careless in their work, this message is not intended.

Why Good Osteopaths Don’t Succeed.

But there are a great many good osteopaths who are clever operators and careful practitioners who have not succeeded. The right way is not to proceed by the book, but by the book itself in new practice. The first month of a new practice is the most critical period of a professional career. There are not many who are able to advance their interests slip through your fingers. Why don’t you do something, Doctor, to compel the good fortune you yearn for to come your way? You can’t! Oh, yes, you can—if your practice is thru intelligent and conscientious work in the office room. But if you try to make a fortune by advertising, you are not getting ahead in life and who do not have anything like the practice they ought to. It is not the fault of their preparation and, so far as they know it is not the result of their own shortcomings.

Yet it is—absolutely!

These osteopaths are in the same position as the town merchant who sits with his hands folded and his legs crossed, waiting for trade to come to him. He shouldn’t do that. His Osteopathic Health is sent and thrown that contract blank into the waste-basket? Have you great sympathy for the drowning man who won’t grab the plank that is pushed toward him? Where’s the difference, anyhow?

Mr. Failure Says “Advertising Doesn’t Pay.”

“Educating the public about osteopathy doesn’t pay,” you, you say. Well, there’s just where you’re mistaken—absolutely misguided in your judgment. That’s what the merchant who is not succeeding in life says about advertising. He tried it, too—and quitted! He didn’t try it right. The right way is not to spend a dollar and then sit down and wait to see two dollars come back to you. Advertising doesn’t pay “quitters.” It never does.

The merchant across the street from the failure didn’t advertise that way; he kept on advertising, realizing that it is a business necessity, not a luxury; not a gamble but a sure investment if done intelligently, judiciously and persistently; but that to get his money back he had to keep on advertising every month in the year and every year that he stays in business. If his first effort didn’t pay he tried studying how to change the next one and he shifted around and tried plan after plan until he found a way that did pay him. He should try mailing out your field journals to first one class of people and then another and call attention to them in one new way after another until the investment of time and money is actually paying you in good money. That’s the science of advertising in a nutshell. It’s called the doctrine of “keeping everlastingly at it.”

Doctors Also Must Advance Themselves Somehow.

It’s with the Dr. as with the grocer. He must advertise somehow but the only way so-
The Osteopathic Physician

Do You Read "The O.P.?" Only Occasionally—Why?

There are several hundred D. O.'s reading The O. P., this month who have not done so for many months past. Are you one of them? If so, we want to have a brief word with you. Don't you read it every month?

You can't do so for $1.00 a year. There is no way to get it but to subscribe for it, and pay the price asked. We have no free list. If you didn't receive it, we wanted to send it to you for nothing. But we don't want to anyhow, for it's worth all we ask for it and much more.

You failed to get those good numbers in September, October and November and you don't realize what you missed. Read this number thru and stop and figure what it is worth to you. If it's not worth ten cents to you, you're surely a "dead one" and it's no reflection on the editor that those of that class don't belong to his readers.

If you're in hard luck financially and still want to become a subscriber to The O. P., just say so and we will take care of you.

Remember that we're going to print special articles on the results gotten in treating pneumonia and small pox on this issue.

Remember, also, you won't really be alert to what's going on inside the profession—your specialty—unless you read The O. P. monthly. It's a newspaper in every sense of the word. Why, last issue we printed the report of the Ohio State meeting one month before it happened! Got right, too. Beat that, if you can, for early service. The O. P. begins 1907 with good will to all men and women and without an enemy on earth, and will print a better newspaper this year than ever before.

Do you propose to do yourself this monthly refreshment and booster of good cheer simply because you can't get it for nothing? We think better of you. We know you won't treat yourself so penulously. Fact is, such parsimony would be downright puerility. You can't let yourself plead guilty to such a crime as that.

Send in your dollar, Doctor, and we'll be glad to give you a seat at The O. P.'s round table. It is the only place where these cheery and lighthearted monthly meetings all thru the New Year. You will miss these treats in January, February, March and April if you procrastinate just as you have done since August last. Subscribe today.

Begin the New Year right. Send us your contract for 100 copies of Osteopathic Health a month.

Our twelve numbers of "O. H." 1907 will constitute by 100 per cent the best campaign literature the profession has yet had supplied to it.

The Cure of Acute Bright's Disease

Is the feature of the December issue of Osteopathic Health.

It's a powerful message from Osteopaths to the people. It opens the eyes of many private and public affairs who fear kidney breakdown and are taking special and forceful measures to avoid it.

Other timely articles are:

Functional Heart Disease
Indigestion Has a Cause
That "Cold" in the Head
Sprains and Displacements
Prostatic Troubles, Impotency, Etc.

It's a standard number that you will need every month.

Now Selling at $2 per Hundred.
Lung Talk Is Winter's Best Slogan.

G

O after recruits to osteopathy now with pneumonia arguments—it's the season when men and women will listen and receive the truth. You have no stronger bulwark in the whole list of diseases—not even in constitution itself—from which to make a winning fight for your science. Pneumonia is especially vital to your strength—and January is the season of seasons when people are fearing this malady.

Our January issue of Osteopathic Health contains an excellent article on pneumonia that must be read to be appreciated. It's entitled "A Health Policy Against Pneumonia." You will get great benefit from putting this number into one or two hundred homes in your field.

Along with this talk is to be found another short seasonable article on "Getting Immunity from Winter's Iota." It surely makes a strong winter and spring campaign number. By request we reprint "What Osteopathy has done for the Afflicted" from an early number. It's convincing and lucid.

Treatment is necessary now. Indelicate tells its own story. You know how important it is to set the public right on these points. "A New Era: The Interpretation of Nerve Function" has a good instructive talk on the advantages of releasing nerves from pressure rather than deadening irritation by drugs.

"Lameness and Small Dislocation" tells its own story—a story of osteopathic success. Sick Headache, Rheumatism and Constipation each get a fair-sized treatment. "Osteopathic Health" is a weekly interest, a regular "must." Those who run out of this excellent brochure simply have to wait a whole year to get another.

One regular patient for one month, secured on the annual contract plan, for $3.00 per month, will make new patients, astounded, "Both to the sick who need Osteopathic Health, and one who is not even in constipation itself—from which they really got interested in your practice—but it was the good campaign work that osteopathy cures other things besides the particular ill they are under treatment of. All of which makes Osteopathic Health worth its weight in gold to the busy osteopath.

First Aid to the Injured.

If, on the other hand, the osteopath is not yet busy but sincerely wants to be, the best and most potent assistance he can get is the systematic use of field literature of just the right sort. This educates his community into an understanding and appreciation of osteopathic health for the public and brings in a larger number of patients which compels her to give up her practice for a while. She left for Kirksville December 31, 1906, to care for the sick at the Kansas University Medical College and return to her practice the 1st of April.

Dr. O. L. Leeper to Miss Carrie L. Garman of Guthrie, Okla., November 28, 1906. Dr. H. E. Worstell of Canton, Ohio, to Dr. Harriet Wilson of Aurora, Ill., December 19, 1906.

Dr. J. H. B. Scott from South Charleston, Ohio, to 64 North Monroe avenue, Columbus, Ohio.

Dr. Geo. A. Barrett from 129 West Twenty-sixth street to 2920 Nicollet avenue, Minneapolis.

Dr. W. N. & Carrie H. Stewart from Bay View, Milwaukee, to 421 Stevens building, Detroit, Mich.

Dr. H. J. Sanford from 528 Temple court to Empire building, Glenside and Sixteenth streets, Denver, Colo.

Dr. E. W. Christensen from 403 North Oregon street, El Paso, Texas, to 330 North Soto street, Las Vegas, N. M.

Dr. J. S. Huntington from New York Life building, Omaha, Neb., to Santa Barbara, Cal.

Dr. F. H. Edg. & Anna G. Reid from Marion, Ill., to 416 Commonwealth building, Denver, Colo.

Dr. D. J. Garfield from 1257 Ogden avenue, Denver, Colo., to 2d door south of Bannock Hotel, Pocatello, Idaho.

Dr. Tasker & Tasker announce the removal of their office from horseradish building, corner Fifth and Olive streets, where they have been in business for some time, and are now prepared to meet their friends after December 15, 1906.

Dissolution of Partnership.

Dr. Best & Gault from Los Angeles, Cal., the former having removed his offices from 503 Mason building to 621 Mason building.

Married.

Dr. B. S. Test to Dr. Alice A. Holland, December 14, at Shelbyville, Ind.

Dr. O. L. Leeper to Miss Carrie L. Garman of Quincy, Ill., December 19, 1906.

Dr. H. E. Worstell of Canton, Ohio, to Dr. Harriet Wilson of Aurora, Ill., December 19, 1906.

Dr. Edward C. Pictet to Miss Tina Bell, February, November 25, at What Cheer, Iowa.

Born.

To Dr. and Mrs. A. F. Whittemore of Buffalo, N. Y., September 11, a son.

To Dr. and Mrs. R. E. Gault of Los Angeles, Cal., the former having removed his offices from 503 Mason building to 621 Mason building.

The OSTEOPATHIC PHYSICIAN

The Cost to You of a Yearly Campaign.

ONE HUNDRED COPIES of Osteopathic Health, with your name and address from your own plate including envelopes, delivered to most points east of the Rocky Mountains, on the annual contract plan, for $3.00 PER MONTH. To points east of the Rocky Mountains, at the highest express rates, $4.00 with card and $3.00 without card.

In six months' contracts prices are 25 cents higher each month.

Thus annual contract orders have the advantage of economy of price, systematic campaigning and early deliveries.

We are always ready to fill orders for first copies up to ten days before the date of issue. Prompt service and accurate schedules are a lot in this promotion business.

It costs you $1.00 in the first place to set up and make up your 6-line professional card which we then imprint upon the outside 4th cover page of your magazines—the space preferred by all advertisers as the choice position in a magazine—which makes of this order a special edition for you.

If you want to learn with instructions about professional cards, or our Yellow Sheet with valuable information about how to make up a mailing list, write us for it.

Help! Help! Busy Osteopaths.

Good office literature helps to hold contently in line the patients one is already treating and it gives them courage to wait for Nature to accomplish results. It saves much time for the busy practitioner. It spares a lot of needless talking by answering the hundred and-onye questions that patients are always asking and it answers them better than most doctors are able to do off-hand. It also shows patients that osteopathy cures other things besides the particular ill it is under treatment of. All of which makes Osteopathic Health worth its weight in gold to the busy osteopath.

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