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THE

BULLETIN

of the ATLAS CLUB

Established 1901 by The Axis Chapter



OCTOBER, 1921

VOLUME XXII

NUMBER 1

© Still National Osteopathic Museum, Kirksville, MO Harold J. magoum

The Still-Hildreth Osteopathic Sanitorium MACON, MISSOURI



The pioneer osteopathic institution for the treatment of the nervous and mentally sick. Recent additions give a capacity for 200 patients and provide for classification and segregation. A. G. Hildreth, D. O., Superintendent.

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GRAND OCCIPITAL

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GRADUATE BUSINESS MANAGER

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CHAPTERS

Axis

American School of Osteopathy, Kirksville, Missouri.

CRICOIL

College of Osteopathic Physicians and Surgeons, Los Angeles, California.

Chicago College of Osteopathy, Chicago, Illinois.

XIPHOID

Des Moines Still College of Osteopathy, Des Moines, Iowa.

CONTENTS

Reunion and Banquet 5
One More "Swat" for the "Germ-Swatters"
Good News from Mrs. M. A. Lane 8
Proof of the Historical Precedence of Osteopathy 9
Minutes of the Executive Council Meeting
Clippings
Editorials
Field Notes
Chapter Notes
Locations, Removals, Births, Deaths, etc,

Дэннинисэннинисэннинисэннинисэннинисэннинисэннинисэннинисэннинисэннинисэннинисэннинисэннинисэннинисэннинис



THE SKELETON IN AMOUR

THEBULLETIN

OF THE ATLAS CLUB

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RE-UNION AND BANQUET

To members of the Atlas Club, one of the most pleasant incidents of the A. O. A. conventions is the annual Atlas banquet. From the time of the first convention, almost, these gatherings have been a yearly treat to look forward to. No doubt they were not largely attended at first, but as the club expanded they gradually grew, until now, they are almost like a young convention in themselves.

This year's eunion was no exception. The arrangement committee, consisting of Drs. Kerr and Drinkall, put the matter over, which is equivalent to saying that there was nothing left to be desired. The Hermit Club, one of Cleveland's oldest and most exclusive organizations, was the scene of the festivities. As Dr. Kerr informed us, The Hermit Club's purpose is to cherish and foster the customs and teachings of the hermits of old. It was particularly fitting that the Atlas Club, the pioneer osteopathic fraternity, whose aim is to foster the teachings of the Old Doctor, should hold its reunion in that place.

First came the banquet. And man! What a banquet! Food just oozed and flowed around that table. Faster and faster it came until even the well known powers of the Atlas members to absorb nourishment in vast quantities were taxed to the limit. Yea, verily, that food was pounced upon even as the phagocyte hops upon the bacterium.

Between courses, Dr. Earl Drinkall, as toastmaster, called on Drs. Bunting and Kerr for short addresses, which were enjoyed to the utmost. Dr. Bunting, as the father of the Atlas Club, spoke of the early days, their hopes and purposes and the realization of these hopes in the broadening of the club and in the successful work its members were doing. Dr. Kerr proceeded to put more speed into an already peppy crowd by singing one or two songs until the whole gang got into it and then the welkin DID ring.

After everyone had been well-filled, cigars were produced and, amid clouds of smoke, an old-fashioned talk-fest was indulged in. During the remainder of the evening several of the older members grew reminiscent and marvelous were the tales that were told. We thought we had seen some good stunts pulled off in our time, but for originality and

THE ATLAS BULLETIN

efficiency we are left at the post. Among those who spoke were Drs. Teall, Gravett, Link, Bringham, Chiles, Willard, Vastine, McConnell, Gaddis and Hildreth.

But there is an end to all good times and the merry crowd finally departed, richer with the freshening of old memories, with another redletter day to be marked in the Atlas memory-books and with the promises of the days to come.

ONE MORE "SWAT" FOR THE GERM-SWATTERS"

This is said to be an age of revolt against authority. It is, and in some cases it deserves to be. The old "rule o' thumb" is out of date, and men demand something that appeals to their reason. If they fali to get it, they refuse to submit in silence any longer. This holds good particularly in medicine with its drug fetish. Its history is largely the history of discarded theories and reversed processes. Within my owe memory typhoid patients were refused all water in spite of nature's incessant demand for it.

The chief ingredient of the Hindu practitioner is cow dung; but it is no worse for the patient than some of the "remedies" in good and regular standing with modern American doctors. No wonder men revolt. Homeopathy was a revolt, and the allopaths failed to kill it. They tried hard enough. Osteopathy was a revolt—by one of the brainiest men America has produced. There have been many others, such as the grape cure, the milk cure, and the fasting cure.

The fasting cure is a bete noir to the "regular". He cannot comprehend it. And yet nature herself is its sponsor! No sick animal will eat except a horse dying with the colic, and he is like a boy who has eaten so much that his stomach cannot act. Extreme discomfort results and he mistakes it for hunger. Then he begs his mother for something to eat and cries if she refuses. A day or two without food would remove his craving, and it would be equally good for the animal, provided he has not already transgressed beyond nature's endurance.

Along these lines a most interesting little book has recently appeared, describing its author's experience with fasting as a cure for disease. It also tabulates over fifty other cases with the results obtained. They certainly furnish food for thought. Incidentally, the vaccine fetish gets a deserved condemnation, and the "regular" doctors—what a fine thing it is to be "regular" with the implication that all others are irregular!—get theirs at the same time.

The author, Mr. R. B. Pearson, has evidently suffered many things

at the hands of the physicians, and, having been cured by fasting, as he tells in his book, "Fasting and Man's Correct diet." he consigns drugs and those who use them to their own place. Moreover, he does it artistically and convincingly.

He lays down his main theses at the start and maintains that the germ theory, as commonly taught, is sheer nonsense. No life can thrive without a suitable environment. Diseased tissue furnishes an ideal habitat for germs. They take advantage of it, and then men charge them with causing the disease! The bare fact that some men are immune while others take the disease is enough to refute the present theory. Killing the germs does not help matters, even if it does change the symptoms. Nature squares the account in some other way. Causes must be found and removed. Among them, overeating is one of the most conspicuous, and it may be the source of tumors and even cancer. Certain it is that fasting does wonders with a great variety of cases, as he well attests.

He quotes such men as Dr. Robert Bell, the cancer specialist of London, who became convinced that the increase in cancer was due to vaccination, Dr. W. B. Clarke, who did not find a single unvaccinated person in about two hundred cases, Dr. Charles Creighton, who investigated vaccination to silence the anti-vaccinationists and ended by becoming one himself, and many others eminent in the profession but undecidedly unorthodox from the standpoint of the American Medical Association, especially the authorities on fasting.

In spite of the fact that the book was prepared at odd moments—it shows indications of it in such little slips as a repeated "that"—and was written with some haste, it is intensely interesting and decidedly profitable reading. It should appeal to osteopaths, because adjustment is only half the battle. No matter how perfect a furnace may be it cannot produce the right results without proper fuel correctly handled. Too much coal, too much ashes in the pit, too much draft, too much cold air in the inlet, too much slate in the coal, and too much neglect all count in results, and the human furnace is no less complex.

For a dollar and thirty-five cents it is possible to learn much on the latter subject by simply purchasing (postpaid) Mr. Pearson's book, (19 S. LaSalle St. Chicago). He deals with principles and does not attempt to tell just how much or just what every man should eat. He recognizes the fact that an Eskimo could not thrive on the diet of a Hottentot, and he indicates the reason. He also shows that the accepted standard of calories required is not only arbitrary but wrong. Many a hard worker is a very small eater, and such people have a way of living to be old.

Judicious fasting and two meals a day have not done any serious harm in my own case, in spite of the earnest solicitude of anxious friends. Worshiping calories and fleeing germs is no way to be healthy. Keep the fires low, and you won't burn out your grate.

Perhaps it should be said that this review was written by a man who has read allopathy all his life and made it a fad. He laughed at osteopathy for years. Then osteopathy had a turn—and made him over. He has accordingly said a fond-not tearful-farewell to drugs and all their advocates, and if anything ails him, it is either See an osteopath, or else Quit eating for a brief spell and give nature a rest.

GOOD NEWS FROM MRS. M. A. LANE

All good Atlas men, and especially those who came under the influence of Dr. and Mrs. Lane, will be cheered by the fact that the latter has not only placed before the profession eight hitherto unpublished brochures by the late Dr. M. A. Lane, but also is about to publish her own course in dietetics which she has given so often to Atlas men in the rooms here in Kirksville. We hope to hear more of that later. For the present let us look into the brochures. Anyone who has read Dr. Lane's book on "A. T. Still, Founder of Osteopathy"—and by the way, if you have not, watch for quotations from time to time in the Bulletin and see what you have missed—anyone, who is fair-minded, will agree that his is the most convincing argument for the sound and scientific nature of osteopathy ever written. The brochures are in the same class, composed, it may be, with a bit more of an eye to educating the public, but all in the same clear "home run" style that paralyzes the doubters and scoffers.

You all know that Professor Lane refused to accept osteopathy until, by laboratory test, he had demonstrated its theory. Articles written some years ago, especially the book mentioned, have been among the most influential factors in favorably impressing the American public. This new series gives promise of even greater vintage with the years of added research and study behind them. He wrote with conviction and with the ideal of teaching people how to keep well. As he himself said: "They are the soundest kind of pure osteopathy—sound to the core. They attack nobody; they argue with nobody; they fully and fairly set forth the facts so that the public will be taught to look upon osteopathy as the best and surest general scientific therapy and preventative available today." Here is the list:

- "The Osteopath as a Modern Physician."
- "Scientific Foundations of Osteopathic Success."
- "How to Test the Claims of Osteopaths."
- "Results of Osteopathic Treatment in Diseases of Autointox ication."
- "Diphtheria—Scientific Reasons Why Osteopathic Treatment is the Surest Cure if Taken in Time."
- "Pneumonia and Influenza."
- "Acute and Chronic Diseases, and Why Osteopathic Treatment Stops Them."
- 8. "How to Keep your Health."

Knowing Dr. Lane's ability, we feel sure that all Atlas men will want these final fruits of his intellect. The Atlas Club and the profession owe him a debt that can never be paid. A card to the Bulletin will bring full information concerning these.

PROOF OF THE HISTORICAL PRECEDENCE OF OSTEOPATHY

The simple presentation of osteopathy contained in "The Osteopathic Catechism" (which has been reissued as the October number of "Osteopathic Health") was one of the earliest popular statements of such length put out by the osteopathic profession to educate the public. It received the unqualified endorsement of Dr. Andrew Taylor Still, founder of osteopathy, who said it gave a very fair idea of osteopathic fundamentals to the lay reader. It was written in 1900 and was copyrighted and first published for the profession by this publishing house in 1901.

Its clear exposition of the origin of disease through occurrence of the tissuelesion and of the curing of disease by making adjustments within the body possesses historical value today as proving that osteopathy was the original pioneer system of adjustive therapy. Various counterfeit systems have since sprung up which imitate osteopathy's principles and practices, yet without having made any observable modifications of "Dr. Still's backbone lesion osteopathy" as here so clearly outlined twenty years ago—long before such imitators had gotten started! Yet Doctor Still had been practicing, developing and proclaiming his revolutionary system of manipulative therapy for twenty-seven years when this article made its appearance in 1901.

A companion article, entitled "Most Diseases Are of Spinal Origin," which was also copyrighted and printed the same year under the same auspices, affords, in conjunction with this "Catechism," the most absolute historic proof of osteopathy's precedence as the pioneer science and art of adjustive healing, because both articles tell exactly what osteopathy is and is not, as was taught by its founder from the beginning. Both were written purely for public instruction, received the endorsement of the founder of osteopathy, and bear the U. S. copyright date of 1901.

This ''Osteopathic Catechism'' has run through eight subsequent editions and nearly three-quarters of a million copies have been distributed.

All interested persons in the United States and Canada ought to have a chance to read this historic document and be set right as to osteopathic priority. Tell the public about it through your local newspapers. Send a copy of the "Catechism" to every patient you ever treated. Why not lay down the trump cards when you hold them all in your own hand. How many "Catechisms" will you use?

THE BUNTING PUBLICATION SERVICE

FOR

OSTEOPATHS

WAUKEGAN

ILLINOIS

(Note: Both articles above referred to were written by Brother Henry Stanhope Bunting, the founder of the Atlas Club, and First Noble Skull, the fall after he graduated. They are the only articles written in that pioneer day which still do service for osteopathic propaganda—which is proof of the high standards of all the Bunting osteopathic publicity.—Editor.)

MINUTES OF EXECUTIVE COUNCIL MEETING JULY 26-27, 1921

The first session of the Executive Council meeting was held in the banquet room of the Hermit Club, Tuesday evening, July 26. Officers appointed by Acting Grand Noble Skull Drinkall were as follows:

Grand Noble Skull E. J. Drinkall H. W. Shain Grand Occipital H. W. Shain Grand Receptaculum W. F. Tieman Grand Stylus J. E. Bolmer Grand Sacrum S. L. Grossman Grand Radius D. J. Clark Grand R. Clavicle J. J. Coan Grand L. Clavicle C. E. Kalb

Opening Ceremonies.

Reports of officers: Reports of the various officers were read and approved.

Unfinished Business: None.

New Business: Petition of Dr. C. A. Williams, of Coldwater, Michigan, for initiation was approved and the candidate duly initiated as a full-fledged member of the Club.

Motion by Dr. Harry Vastine to create a general fund to take care of the expenses of the Council carried unanimously. Contributions from members present totalled \$68.00

Motion to discontinue Bulletin was defeated.

Good of the Club:

At this point the meeting became strictly a social one, report of which will be found under the Reunion.

Adjournment was taken at a late hour, the Council to continue its business on the following morning.

The second session of the Executive Council was held in Room 1004 of the Hotel Statler on July 27, 1921. Meeting was called to order at 9:30 A. M. Motion to dispense with ritual carried.

New Business: J. J. Coan and J. E. Bolmer were appointed to audit the books of the Grand Receptaculum. Their report showed the books to be in excellent condition and the report was accepted.

Bulletin: Motion to continue in its present form carried.

Motion to issue nine numbers of the Bulletin in its present form carried.

Motion to increase subscription price of Bulletin to \$1.00 per year to all chapter members and graduates during the first year following graduation and to \$2.00 per year to all other field members, carried.

Pledge Pin: Motion the Executive Council notify all chapters that a small pin with a red and a white stripe be the official pledge pin of the Club, carried.

Motion that the Grand Noble Skull ask each chapter to set aside a fund to help defray expenses of the delegates to Executive Council meetings, carried.

Election of Officers:

The following officers were elected to serve during the current year:
Grand Noble Skull
Grand Occipital
Grand Stylus
Grand Receptaculum
Grand Sacrum
Editor of Bulletin
Bus. Mgr. of Bulletin
There being no other business to come before the Council the most

There being no other business to come before the Council, the meeting was closed in the usual manner.

Acting Grand Stylus

CLIPPINGS

A. S. O. Graduate Makes Highest Grade

Quoting the Journal of the American Medical Association, August 7th, this year, page 726, F. E. Johnson, June '21, made the highest grade in the state board examinations held in Colorado April 5th. Dr. Johnson is a member of the Acacia Club.

The next two highest grades were also made by A. S. O. graduates, and further study of the records shows that there were twelve candidates for the exams, seven allopathic and five osteopathic. Of the seven allopaths, four failed, while of the five osteopaths, all passed.

Seventy-five per cent. was required to pass. The average mark of the allopaths was 70%, while the average of the osteopaths was 81.2%.

Also preliminary reports from the Colorado State July exams show four osteopaths taking the board, all passing.

It's pretty bad when the medics admit osteopathic superiority in their own official journal, isn't it?

Dr. Brady Admits Sacro-Iliac Lesion

We quote from an article by Dr. Wm. Brady, M. D., who syndicates medical advice for a string of newspapers:

"In the case of lumbago, investigation often shows that there is no muscular rheumatism or inflammation, but rather a distortion of one of the lateral joints of the spine due to some sudden movement when the joint is not prepared by preliminary fixation. In some cases the actual cause of the trouble in lumbago is a strain or relaxation of the Sacro-Iliac joint, (between the sacrum, or base of the spine, and the wing of the hip bone on either side). This joint is often strained when one lifts a weight while in stooping posture."

The Doctor will be admitting the value of osteopathy next.

"Osteo Path" is Name Selected for New Trail

"Osteo Path" was the name chosen for the east and west trail, from Quincy to Trenton, by the committee appointed to look over the 252 name suggestions which had been received from all over this section of the country.

The decision was reached after the committee had carefully scanned the suggestions for a name that would be distinctive and would sharply differentiate this trail from all others in the country and at the same time apply to something for which this section of the state is known.

The name "Osteo Path", the committee decided, is unlike any other trail name in the world, so far as is known here, and at the same time it will be a memorial to that pioneer osteopath, Dr. Andrew Taylor Still, who, as a resident of Kirksville and North Missouri, gave the world a science whose practitioners are now working all over the earth.

The committee also saw in the trail, with such a name, possibilities for extension east and west through the efforts of osteopaths over the country.—Kirksville Daily Express, Sept. 30, 1921.

SUCCESS

"He has achieved success who has lived well, laughed often, and loved much; who has gained the respect of intelligent men and the love of little children: who has filled his niche and accomplished his task, whether by an improved poppy, a perfect poem, or a rescued soul; who has never lacked appreciation of earth's beauty, or failed to express it; who has always looked for the best in others and given the best he had; whose life was an inspiration and whose memory a benediction."

THE BULLETIN

OF THE ATLAS CLUB

HAROLD I. MAGOUN, Editor

FLOYD A. FREEMAN, Bus. Mgr.

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Members should send the Editor prompt notice of address on making first location, and on making any change in mail address thereafter.

Copies lost through change of address without notification can generally be furnished by the Editor.

The Bulletin is issued on or before the fifteenth of the month. The forms close approximately one week before the date of issue. To insure incorporation in the current issue, material should be mailed by the first of the month.

KIRKSVILLE, MISSOURI, OCTOBER, 1921

EDITORIALS

Our purpose this year is to make the Bulletin bigger and better than ever. We have the material and now all we need is your help. It's up to you. We will, if you will. But don't wait for the other fellow to say "Yes" first. Be first yourself! Our idea is not The Bulletin to publish a strictly professional paper with nothing but scientific discussions in it, but one that will keep you in touch with past and present affairs of the Club. You often wonder what the fellows in school are doing now, or where your old "buddy" of school days is. Those are the things we want to tell you. Short papers on interesting subjects will be published monthly in addition to the other news. The fellows in school all want to know about the field members and vice versa. You'll meet each other in person some day. The Bulletin is where you meet on paper. Let's Go!

* * *

We wish to acknowledge publically, as we have hitherto done privately, our gratitude to those of the profession who have seen fit to send us books and other proofs of their good wishes, for containt You! sideration in the Bulletin. We propose to give all the earliest attention possible.

We do NOT propose to run a professional journal. We no propose to edit a paper that will be of SOME interest to ALL Atlas men. We cannot do it alone. It is up to you to fall in line and help. We earnestly desire to unite the brothers as never before with a bond of common interest and en-OHE platform deavor. We make no apologies for this first issue, poor though it be. We have done our best. In spite of earnest soliciting since mid-summer, this first number is almost entirely the result of unaided efforts. Were it not for the generous support of the graduate editor, Dr. J. E. Bolmer, this first issue had gone forth with practically no contributions from the field whatsoever. We propose to continue the Bulletin as long as the Axis Chapter sees fit to keep us in office, dispensing our services as best we can. However, the Bulletin cannot be satisfactory on such a basis. It must be representative. You voted at Cleveland to continue the Bulletin as a national organ and we suppose you meant it. Therefore, we solicit anything in the line of achievements of Atlas men, be they big or small, from extraordinary office cases to a new baby in the family. Let us all hear about it. We solicit any clippings worth our consideration, with or without comment. We solicit any tough questions which you think will stump the combined faculties of all the schools in the country. We'll get some sort of an answer. We solicit advertisements for which we enclose our rates. We solicit an account of any mistake you have made whereby the rest of us may benefit, be it anonymous or otherwise. A man who does not make mistakes gets nowhere. Remember that! We solicit any information as to how you got your start, miraculous or otherwise. We solicit notices of locations, removals, births, deaths, and marriages. If the other fellow is bashful, speak up for him. We want the work on the directory automatically taken care of before Christmas! We solicit anything else under the sun that you can think of, that might be of interest to Tom, Dick, or Harry.

Finally, we propose to place a copy of the Bulletin in the hands of every Atlas man in the world, provided we have his address, ABSOLUTELY FREE OF CHARGE!

We realize that this is contrary to the vote taken at the Executive Council meeting at Cleveland; but we feel that ours is the better plan, especially since the Bulletin has notoriously failed, in recent years under the present system, to accomplish its aim of reaching all the brothers!

Here is a case where you get it whether you think you want it or not. You'll soon know that you do.

Now as to the financial end of it. Some of you are going to appre-

ciate our efforts enough to send us some advertisements. We ask for nothing local. You have the rates. (See page 26.) Others are going to give us a boost with a check, for an amount varying from the normal price of the Bulletin for one, to that for the half dozen who take no interest. A third group is going to swell the thin ranks of the contributors. The "real scouts" will do all three and more. Whatever the outcome, at least THE AXIS CHAPTER IS PLEDGED TO BACK THE BULLETIN FINANCIALLY, and every other way, to the limit!

—The Editor.

The Atlas Club is the oldest Osteopathic fraternity in existence. It is the pioneer organization of its kind and has the largest membership of any. It includes, among its members, the leaders of the profession.

Boost The Bulletin," a journal which did much to keep it alive during its early existence, and, in the years which followed, was instrumental in making the club an organization which was, and still is, second to none in the Osteopathic world. For the good "The Bulletin" has done in the past, in making our Club what it is, and that our fraternity may continue to be the leader of all Osteopathic fraternities, it is essential that our official organ should grow and become bigger and better with each succeeding issue. You, Brother, by your loyal support can help make "THE BULLETIN" all that and more. As an Atlas man, you are entitled to a copy of each issue—you are going to receive a copy, each and every month for the next eight months.

The Bulletin is published by Atlas men for Atlas men. We will not attempt to make money—the more money we receive the better The Bulletin will be. We have no subscription rates—we have neither the time nor the organization to receive subscriptions, send receipts for same and notify our subscribers when their subscriptions expire—your subscription never expires. As an Atlas man you receive The Bulletin whether or not you subscribe for it. All we ask is that you keep us informed as to your mailing address, respond to the appeals of our editor, and give us an ad when you have something that needs advertising, and, last, but not least, promptly send us a check for the amount of your donation to The Bulletin.

Let's Go, Atlas Men! Who will head the "Booster Page" next month with the first contribution? Let your pocketbook be your guide. This is your Bulletin—you can help make it a bigger and better one each month. Don't hesitate—write that check today, and help make "The

BULLETIN" all that it should be. Make checks payable to: The Bulletin, Atlas Club, and mail to Box 431, Kirksville, Mo.

-Business Manager.

* * *

Almost twenty-three years ago, (December 10, 1898) ten men started an organization, the first meeting of which was held in old Library Hall at the A. S. O. Their idea was, that, by combining forces, they would be better able to further their own individual plans and by so doing could more ably spread and practice present the teachings of the Old Doctor. The principal requipose and character. How well those men wrought may be ascertained by glancing at their work in and for our profession. We have often wondered if these men gave much thought as to what might be the result of their action. Bright though their visions may have been at that time, they certainly builded better than they knew.

At the Cleveland convention, out of something around seven hundred present, one hundred and twenty Atlas men had registered by Wednesday morning. Almost one-fifth of that assemblage were Atlas men! Approximately the same ratio holds good in the profession at large. True that might not mean so much if it were not for the fact that the spirit of these ten men has been carried down through the years. Now, as it was then, a man must show evidence of sincerity of purpose and stability of character in order to become eligible to our fraternity.

Basing our predictions on past results, if those two things are required of every member, how can we fail to produce a succession of good, honest osteopaths to carry on the work of the Old Guard? They started something they can't—and don't want to—stoop. Let us, by selecting men of the right caliber and by instilling our traditions in them, so keep on building that these ten men may point with pride to the results of their efforts twenty-three years ago.

FIELD NOTES

For the past two years the secretarial offices of A. O. A. have been presided over by one of the real "go-getters" of the osteopathic profession. A combination of aggressiveness, diplomacy and humor, Dr. W. A. Gravett, of Dayton, Ohio, is ideally fitted for this position. As proof of the esteem in which he is held by the profession at large, he is now serving his third year as Secretary of the A. O. A.

* * :

Another repeater is Dr. Asa Willard, who succeeds himself as Chairman of The Department of Public Affairs.

* * *

Ponce de Leon failed to locate the Fountain of Youth but Earl Drinkall has apparently found an inexhaustible supply of "pep." If you get sick, want to stage a banquet, want someone to meet a class or edit a magazine—call "Drink." In addition to his many other duties, he now heads the Bureau of Public Education of the A. O. A.

* * *

Dr. Max K. Sellers, '18, is taking special work in blood chemistry, immunology and pathology in the laboratories of the New York Hospital. On completion of this work he will become a member of the staff of the Delaware Spring, Sanitarium, Delaware, Ohio, specializing in immunology and pathology.

* * *

Dr. John P. Schwartz is now house physician for the Des Moines General Hospital and in addition will have charge of the department of urology and proctology. Dr. Schwartz is the first osteopathic surgeon to qualify under Iowa's new law.

"There are three companions with whom you should always keep on good terms:

First—Your wife.
Second—Your stomach.
Third—Your conscience."

-Selected

AXIS CHAPTER

205 N. Elson Street, Kirksville, Mo.

Practical work every Wednesday evening; business meetings and program nights alternate Saturday evenings.

OFFICERS

Noble Skull	A. S. Groenewoud, June, '22
Occipital	L. J. Green, June, '22
Sacrum	V. C. Johnson, June, '23
Stylus	
Pylorus	
Receptaculum	E. Scarlott, June, '24
Styloid	
Radius	
Right Clavicle	F. O. Beard, June, '24
Left Clavicle	A. W. Newland, June, '24
Bulletin Editor	H. I. Magoun, Jan., '24
	F. A. Freeman, June, '24
	Dr. H. V. Halladay, Jan., '16
Trustees	. F. F. Manchester, June, '23
	P. C. VanderVoort, Jan., '22

COMMITTEE CHAIRMEN

Criticism	A. W. King, Jan., '22
House and Purchasing	N. Willbanks, Jan., '22
Floor Work	. T. H. Tallman, June, '23
Library	. L. C. F. Miller, June, '22
Finance	J. D. Powrie, June, '23
Program	
Practical Work	. V. W. Newman, June, '23
Sick	
Auditing	G. Y. Warner, Jan., '22
Historical	N. L. Nelson, June, '24
Dance	. R. O. Blauveldt, June,'24

* * * Atlas Men You May Be Able to Boost

L. M. Gahan, June '24, is now running the A. S. O. Book Store on West Jefferson Street. The store was formerly managed by J. H. Popplewell, who graduated last June. Telephone, 724.

Who else?

One topic of absorbing interest this fall is the question of the Building Fund and a new Atlas Home here. We are too numerous to attempt a dormitory but we sorely need a club house with all its advantages. Agreed! The Bulletin proposes to root for a new club house—how, where, or when is somebody else's lookout. We're open for opinions, suggestions, criticisms, or active campaigning. Here's the first installment!

Dr. George: "Why haven't you come to me? I'll help."

The O. P.—"On October 28th, the Board of Trustees reported that they had to date received applications for 100 Life Members lips in the Chicago College of Osteopathy Corporation. These men and women are the ones who appreciate the need of a strong educational institution to uphold the standard of our science and are willing to contribute \$500.00 to the corporation in order to develop a college that will represent osteopathy as it should be represented." Get the hint?

Or how would this do?

\$25 Contributor \$50 Subscriber

\$ 75 Sustainer \$100 Participator

One hundred participators here would start us rolling in a hurry, but two thousand contributors would be a whole lot better from every angle!

And now for a more conservative way—Arthur M. Dye—"We all know that our present quarters are inadequate and homely. They might well be likened to the oysters that have turned out the pearls of the profession; but we must not think too much of the past and not enough of the future. Four times in five years, the pictures of all of our alumni, which could not be replaced if lost, have been threatened with destruction and blackened by smoke when fires have originated in the rooms of other tenants in the building. How much longer will this continue?

"There are those in the club who want a new clubhouse erected at once, so that they may enjoy it. They will possibly oppose any plan to erect the building in a few years, but they have not presented a way for an earlier start. What we want is a practical plan to raise sufficient money to buy a lot and erect a suitable club building at the earliest possible time; and we want every Atlas man to do his part with no great burden on any one. All of this is covered in the plan I submit herewith. It is not original. It comes from members of the June '21 class and they are ready to do their part in its working.

"THE BUILDING ASSOCIATION."

"Create an Axis Chapter Building Association legally chartered with a Constitution and By-Laws. Amend the By-Laws of the Axis Chapter so that the new organization becomes a part of the Axis Chapter. The funds of the Building Association should be entirely separate from the general fund of the club. Membership in the Building Association should be made up of the Field Members of the Club and the Active Members of the Chapter. The present Field Members should be asked to join and urged to do so. New members of the Axis Chapter should also become members of the Building Association. Dues of the Building Association should be \$6.00 per year for all. The Field Members should pay this amount at a certain time in the year. The Active Members should pay the amount along with the regular club dues. This could be accomplished best by raising the dues and apportioning the correct part of it to the Building Association. The initiation fee of the club is now \$18.00. One third of this should be turned over to the Building Association. The funds of the Building Association should be cared for by a Board of Trustees. The Board should consist of an Active Member from the Chapter, a Field Member elected by the Field Men who are members of the Association, and a good business man in Kirksville who is chosen by a majority of the members of the Association. The duty of the Trustees should be to collect all dues and to immediately deposit it in a bank chosen by them, and then to invest it or deposit it where it would be perfectly safe and bring the best interest. Speculation, however, must be avoided. It should also be the duty of the Trustees to see that none of the money of the fund is spent for any other purpose than the purpose of the Association and that it should not be spent until a majority of the members of the Association have given their written approval. It should also be provided that in case it is not practical to erect a clubhouse in Kirksville when the fund is complete, the money should be returned to the members with interest or spent as the majority shall designate in writing.

"If the above plan had been started ten years ago, we should now be ready to build a clubhouse. Let's go!"

Another reasons this way: the sooner, the quicker! If this is to be erected as a memorial to Ben Baldwin, let's do it before the next war! Everyone hates the installment plan. Everyone is willing to pay a little more to realize his investment quickly. Let's go!!

Most of us say—I want to see an Atlas Club home in Kirksville! I care not how it is done, as long as the plan is a practical one! Let's go!!

How about you?

THE ATLAS BULLETIN

LOCAL ITEMS

During the summer there were the usual number of changes and "casualties" among the brothers. A remarkable number "lost" their pins and appealed for new ones at the first business meeting. A few of the fellows have gone elsewhere to finish up and we have others who have come here to try their fortunes. All of us are enjoying a brand new Victrola and a generous supply of new records.

* * *

When it comes to straight-from-the-shoulder, frank, heart-to-heart talks, we all take off our hats to Rev. Condit of the Christian Church. In speaking on Psycho-Sociology recently before the club, he attacked the morals of the average man or woman vigorously and fearlessly: "Our moral life lacks tonicity! That's it! Tonicity!" "Tell the women to take in their signs. If I see a sign saying 'Groceries' I know that that means groceries and nothing else. Men are men. I blame the mothers."

This fall the A. S. O. is conducting the biggest dissection class in the history of Osteopathy. Twenty five cadavers are on the tables and the laboratory has had to be enlarged to accommodate the students. "Spine Halladay" is in charge as usual. Who said prohibition would put dissection off the map?

AFTER DINNER MINTS
Axis Chapter, Senior Banquet, May 21, 1921

"Hours in diagnosis; minutes in treatments." Dr. Henry.

"Cooperate—don't fight!" Dr. Platt.

"It pays to advertise!" Dr. Halladay.

"Get back to the back bone!" Dr. Teall.

"Team work!" Dr. Leffler

"Ten-fingered osteopathy." Dr. Baker.

"Stick to your school!" Dr. Davis.

"Boost the club home." Dr. Jones.

"Life is not what we can gather unto ourselves but what we can do for others." Dr. Neumann.

"When the time comes for leaving for good you won't be so darned anxious to go!" Dr. Patterson.

"Don't go out with a chip on your shoulder, but, on the other hand don't dodge a block of wood!" Dr. George Still.

HYOID CHAPTER

5412 Ellis Avenue, Chicago, Illnois.

Meetings every Tuesday evening: business and practical work meetings alternate.

OFFICERS

Noble Skull	Albert W. Bailey, '23
Occipital	William T. Trimble, '22
Sacrum	Edward T. White, '23
Stylus	John H. Laird, '23
Pylorius	Paul K. Theobald, '24
Receptaculum	William B. Ensigner, '23
Styloid	Wilford C. Calkins, '23
Radius	
Right Clavicle	John P. Lycan, '23
Left Clavicle	
Assistant Editor. A	
Assistant Business Manager	
House Manager	Russel R. Peckham, '23
Steward	Albert W. Bailey, '23
Committee Chairs	men

House and Purchasing	23
Finance	24
Practical Work	
Program	24
Spiking	22
Historical	
Library	
Sick	
Auditing	
Criticism and Diplomacy John H. Laird,	
Floor Work Francis E. Warner,	
Music	'22

* * *

The past year has been the greatest in the annals of the Hyoid Chapter of the Atlas Club. It was particularly marked by valuable additions to our membership and the perfection of an organization which is productive of the best and such as the Chapter has never before experienced. The crowning event, however, was the purchasing of our new Chapter home at 5412 Ellis Avenue, which is admirably located in one of the

24

THE ATLAS BULLETIN

finest residential districts and is but one block from the College. No small amount of credit for this special mark in progress is due to the untiring efforts of our past Noble Skull. Dr. Floyd F. Peckham and the old House and Purchasing Committee. They were backed by the united support of the Chapter and our friends in the field. Immediately after the Chapter obtained possession of this beautiful home, thirty brothers took advantage of its excellent accommodations and it capacity of thirty-five will be taxed to the limit during the ensuing year.

The first floor is composed of large spacious club rooms, a large dining room, a smaller accessory dining room, treatment room, kitchen, and servants' quarters. The club rooms have been very attractively furnished and are adequate for the ever expanding needs of the Chapter.

Soon after taking possession of our new residence, the program committee staged an opening reception for the active members, field members, and their relatives. It was a marked success.

Brothers Bailey, R. Chapin, and Threlkeld are now assisting in the Chicago Osteopathic Hospital. This makes a complete Atlas Staff!

Brother F. F. Peckham is associated with Drs. Drinkall & Page. of Chicago.

Brother Schwab, we are pleased to announce, is now Director of the Clinic. It has been completely reorganized and greatly enlarged and the Hyoid Chapter is very proud of the work that our brother is doing. During the war Brother Schwab was an instructor in Anatomy and Physiology in the Hospital Corps Training School at the Great Lakes Naval Training Station. In addition to being Director of the Clinic he is Instructor of Technique in the College and Instructor of Anatomy and Physiology in the Nurses Training School.

In closing, each and every one of the members of the Hyoid Chapter extends a hearty welcome to any brother who may be in this part of the country to visit us in our new home. Do not forget the number, 5412 Ellis Ave!

"What, let us ask, is a 'healthy' man? The answer is, a healthy man is an animal the cells of whose organs and tissues have the power of full and instantaneous response to the commands of the nervous system, when these demands are directed for the good and the comfort, not only of the brain and the nerves themselves, but for the ease and comfort of the other tissues also." -M. A. LANE

CRICOID CHAPTER

Los Angeles, California

OFFICERS

Noble Skull	
o inital	Edw. W. Davidson, 23
C	Kenneth E. Palmer, 24
Ote-lan	John C. Fainter, 24
Delorus	
Pulletin Editor	Raymond J. Hull, 24
Trustees	Dr. R. A. Hix
Trustees	Dr. James L. Goode

The school has recently opened and has twenty-six active, redblooded Atlas Men enrolled, who will carry on the work outlined for this semester. All are very much interested and we expect big things.

On Wednesday evening, September 14, a smoker was given to the men of the Freshman class. It was held in the suite of offices of Dr. T. J. Ruddy. Dr. Ruddy officiated as toastmaster and gave a very interesting and helpful talk in regard to selling our services. We made the acquaintance of some very fine men in the new class and soon expect to have them ossified into our Grand Skeleton.

A short time back we were surprised by an unexpected visit from

Brother Ray M. Russell, who had driven in from Utah and stopped for a few days. He is now with the Hyoid Chapter, in Chicago.

"The sense of somebody's need is, I believe, the most powerful motive in the world, one that appeals to the largest number of people of every age, race and kind. It wakes up the whole nature, the powers that learn as well as those that perform; it generates the vigor of interest that submerges selfishness and cowardice; it rouses the inventiveness. and ingenuity that slumber so soundly in students' classrooms. For many of us, for more every time the world takes a step in the right direction, work that is service taps a great reservoir of power, sets free some of our caged and leashed energy."

—Dr. R. C. Cabot

THE ATLAS BULLETIN

LOCATIONS AND REMOVALS

Barricklow, Jos	Daytona, Florida.
	2116 Main, Richmond, Ind.
	Piedmont Bldg., Charlotte, N. C.
	5457 Ellis Ave., Chicago.
	1410 W. Monroe St., Chicago
	Columbus Bldg., Detroit, Mich.
	210 N. Ingersoll St., Chicago.
	116 N. Delaware St., Indianapolis
	Pythian Bldg., Madison, Ind.
	. Chamb. Com. Bldg., Richmond, Va.
	33 W. 2nd St., Los Angeles, Cal.

MARRIAGES

Dr. Floyd F. Peckham united in marriage to Miss Hannah M. Bates of Watertown, New York.

Dr. Leonard W. Mills united in marriage to Miss Verna Pretz of Shreveport, La.

DEATHS

Dr. Effie L. Rogers, wife of Dr. Alfred W. Rogers, past Editor of the Atlas Bulletin, was called to her rest, after a prolonged illness, on the 29th of August, 1921. Both graduated from the A. S. O. in 1906. Dr. Effie was President of the Axis Club in her senior year here. To one who was privileged to know both and to observe the beautiful partnership in their life work, her loss seems irreparable, not only to the profession but also to the best in American home life. The Axis Chapter of the Atlas Club wishes to extend its deepest sympathy to the brother.

"It is a fair, even-handed, noble adjustment of things, that while there is infection in disease and sorrow, there is nothing in the world so irresistably contageous as laughter and good humor."—Dickens

Genius is one tenth inspiration and nine tenths perspiration."

—Edison

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