Osteopathic Truth

August 1917

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Osteopathic Truth

A MONTHLY MAGAZINE FOR THE OSTEOPATHIC PROFESSION

Pledged to the *truth* which Father Andrew saw, No favor sways us, and no fear shall awe.

Volume II

AUGUST, 1917

Number 1

A LEADER WHO LEADS

PRESIDENT MEACHAM WILL MAKE A GENEROUS SACRIFICE FOR BETTER OSTEOPATHIC INSTRUCTION.
OTHER VOLUNTEERS NEEDED

Editor "Truth":

The challenger of Dr. Burnham and Dr. McCole in your April-May issue is direct and to the point. Three times in the past ten years I have been offered a position to teach in an Osteopathic College—at a salary of about one-third of what I was earning in private practice. I felt that I could not afford the sacrifice involved. Our schools have had to teach with what men they could get for the salary they could afford to pay.

The answer is that along osteopathic lines at least they have not had the best. At any rate, the student has come in contact with the inexperienced, theoretical man who had not the conviction and the personality to put across the real punch of the osteopathic idea.

I still cannot afford to make the sacrifice involved in leaving my private affairs. But I can afford to give one month out of twelve to teaching. Therefore, I make this offer to the Department of Education of the American Osteopathic Association. I will pay my own expenses and go teach one month of four weeks in any recognized College of Osteopathy East of the Rocky Mountains.

I make this offer with only two conditions attached: first, that my time be required between October 15, and

December 20; second, that seven other men of at least ten years in actual practice and who do not use drugs for therapeutic purposes be assigned for one month to this same College to teach subjects involving Osteopathic diagnosis and treatment.

Not as a condition but as a suggestion I would ask this work be arranged by the College and by the Chairman of the Department of Education jointly so that the Junior and Senior classes may get at least part of their osteopathic training under men with not less than ten years of successful field experience.

In order that the College accepting this offer of volunteer teachers through the Department of Education may not have to fear that the arrangement may be only temporary, I pledge myself to do this work for five consecutive years, or, in case of failure on my part for any reason save that of ill-health, I pledge myself to pay to such College accepting my services the sum of five hundred dollars in cash with which such College must employ a man capable of doing my appointed duties.

W. BANKS MEACHAM, D. O. President A. O. A.,
Asheville, N. C.

FIRMLY ESTABLISHING OSTEOPATHY

HARRY M. VASTINE, D. O., Harrisburg, Pa.

From time immemorial it has been the common lot of men to disagree as to policies of pursuing the supposedly same object toward its ultimate end, for the reason that each one moves from a differing angle, hence the goal and its achievement look to him as possible of attainment only in his own particular way. The selfishly controlled being, however, cannot understand the one who is inspired to labor for the triumph of principle, simply because he is not actucated by any other than selfish motives, caring only to feed on the fruits of a principle, and not a whit for the principle itself. The former are healthful exponents for they stimulate discussion of that subject and thus develop all phases of it to its ultimate good, so long as they leave its principle intact and

fully operative. The latter, of whom we hope we have but a small number, are parasitic and a dangerous element to the life of any great truth. They suck its life blood, and give nothing back for its sustenance.

These two classes were clearly typified in the early history of our country by the Patriots and the Tories. The Patriots had sharp differences among themselves but they pushed their project of Independence to a successful conclusion under masterful leadership. The builders of this nation were real leaders and forged the great documents and principles upon which this government rests with an idea of permanency and fidelity to its principles. Their differences of opinions melted away in their affirmation to that instrument of Government. In fact it was imperatively necessary for them to stand hard together for they were in peril and needed close co-operation for the great common

cause. But the Tories enjoyed all the benefits, yet were untrue to the principles for which the Patriots stood.

Just so it is with our profession. We are in grave peril from without, and increasing all the while. Because this was foreseen this paper has been founded to preach first the housecleaning from within, and then preparedness full and complete for the danger that exists without. The former is absolutely essential to the possible success of the latter.

It is with pleasure that we believe we are able to say that part of the profession is awakening to see the peril that lies about. It is with regret however,, that a few of our good men have looked upon this movement to bring about this awakening from the wrong angle, but we believe they too will come to see it in the true light. We will trust to their further enlightenment as the peril becomes greater. We are not facing an ordinary problem of evolution to

be cured by sending a few more students to the colleges. That will have about as much effect on it as to try to dam Niagara with a tooth pick. There must be a reconsecration to straight Osteopathy. thorough reorganization, and a systematic plan of development laid down.

We meet annually and dilate upon "the adjustment of the organism to its environment" overlooking the adjustment of the parts of that organism to a harmonious relationship with each other, when in ninety-five out of every hundred cases the environment can go hang if the masterful principles of Osteopathy are applied. We fiddle away our time on a lot of high sounding phrases but this, like the philosopher and the Boatman, does not stop the sinking of the osteopathic boat.

The facts are we don't grow, and cannot help but retrograde when some of our official heads say they don't believe in Osteopathy as a great complete law. Now then if this is the condition from within and the Great Father of our science is so troubled in soul over it sufficiently to issue a "Call to the Colors," if the A. M. A. is by a process of detrition encouraging and fostering tares in the Osteopathic Wheatfield—for it is a fact that they are aiding and abetting the Chiros and other imitators in an attempt to partially counterfeit Osteopathy, surely we need an awakening.

In Pennsylvania the Medical Board regulates the Choir and all other mechanical systems but ours. And if it (the A. M. A.) is attempting to befog public ooinion by nurturing a supposed system or systems which are seeking to create the impression that they are later and more important methods then Osteopathy, then what is our clear duty in the premises?

Surely we can't sit still and remain an inert isolated non-participating system. No, we must step to the forefront under masterful leadership and take our place in affairs which we have notably failed to do. We must stop the leak in the Osteopathic Boat, and then navigate it. If we fail to do this, the policy of our enemies will soon have us securely hemmed into an unretreatable position which to my mind consittutes a crisis and not an evolutionary problem at all. The facts are we have had little evolution, but pleanty of involution. Then is it not imperative that we quit dodging issues and get down to a constructive workable plan.

It can easily be seen that Osteopathy as an organization, if it continues to pursue its middle-of-the-road policy, one of colorless conservatism that amounts to inaction or reaction, cannot long survive. It is on the defensive, a known position of weakness. It has been authoritatively stated at a recent New York meeting that since the passing of the New York law the profession in that state has been reduced

25%. At the same rate how long will it take to obliterate Osteopathy? Our people are afraid to do this and afraid to do that, with the result that we have long since passed the stage of standing still. We are retrograding.

In a statement of conditions about a year ago in Osteopathic Truth we laid down what we believed to be the cause or causes of our troubles. Faculty, colleges and a loose National Association. Since that time there has been a noticeable change in one of the chief causes—The Colleges. We believe some of them at least have seen the light and have moved toward improving conditions. One of those representing the Colleges, who was particularly strong in his objection to our diagnosis, has just contributed an article to the O. P. which reads nearly enough like this statement of conditions to be a reprint of it. He now admits that our charges were constructive and just the thing to wake us from our lethargy.

It is high time that the profession awakens to its duty and sees to it that live, virile, dyed-in-the-wool osteopaths, capable of pushing to success this great science, represent them. This will never obtain until those who represent us forget themselves in their devotion to Osteopathy. We are glad to note that this condition has begun to obtain.

When anyone balks the progress of Osteopathy, or any other cause by considering self ahead of the cause, they become an issue and should be treated as such, and when we say this it is without any personal animus or unkindness toward anybody, but because of the killing blight that these things represent to the development of Osteopathy. The profession has a right to know why it has such a hard time to live and to know why it does not progress A frank statement of these things is necessary. It is because we "pussy foot" that we are the non-progressive system we are.

First of all we should write a straightforward, he-who-runs-may-read, definition of Osteopathy. It must not be done in a globe-girdling, ambiguous way either: but a real definition of real Osteopathy. Until we do this we can neither have public or legal status. We have a thousand interpretations of it. Can it be wondered at, that the public has even more?

If we as a whole profession had but an ounce of the mighty courage of the great giver of this science to the world, Dr. Still, we would have moved the world more mightily ere this. If we would wake up to the great treasure we possess and apply it on the comprehensive scale by which it could be applied, gradually there would arise such an army of crusaders for this great truth that those who represent the more artificial methods for combating disease would soon behold the wonders we

were working, and would be gradually won over to swell the ranks of the grand army of osteopaths who are going about the earth doing good. A little legitimate surgery and we are complete: that is our natural, and rightful heritage, and we are well under way to have it.

The reason why we are no nearer to this, our most natural goal is because of the poor conception of Osteopathy which is abroad in the profession, which is the logical outcome of its unsystematic development. We have suggested a cure. Let those who feel that there are other methods for the . eradication of this osteopathic astigmatism offer something that will produce the results desired, by finding and removing the cause and they will be rendering a profound and lasting service.

One thing, we must raise our vavluation of Osteopathy and it must be defined and standardized. Whatever hinders our progress must be removed. Had this been recognized and we had gone about its proper development, we would long ere this have placed it upon a point of such superior vantage that imitators and ene mies would little trouble us. If we set our own house in order we will automatically kill the Chiro's progress and any others that attempt to imitate or destroy.

To my mind one of the main methods of cure is to be superior in this great Art of ours, be loyal to, and develop it scientifically and politically, create cohesive, National, State, and Local Societies that will be the bulwark of the profession, and with the colleges teaching pure Osteopathy we will leave all counterfeits and competitors leagues behind. We have been quibbling and haggling over adjuncts and a dozen what-nots instead of studying and practicing Osteopathy as the Great Founder taught, until along comes the counterfeit, who, as limited as he is to breast the field of disease, is none the less loval to his limited armamentarium and probably does less sniffing about for the time-worn cast-off trash of the M. D.

How long can such a state of choas go on without disintegration? We must stop this retrograde movement, and go forward. Let's begin at Columbus, make this meeting and all our future meetings ring with pure osteopathic principles, teach and preach the pilosophy to the students, profession and laity with renewed enthusiasm. Yes, with enthusiasm for it has well be said that enthusiasm is the God within you,"—the kind that actuates the great peoples of the world as is exemplified in the spirit of the following clipped from the March, 1917, issue of the "Silent Partner"

'Enthusiam is the biggest word in business today. It is business itch. Enthusiasm is the salesman's silent partner. Cash can buy, but it takes enthusiasm to sell. THE LEGAL DEFENSE AND LEGIS-"Enthusiasm is the emblem of energy-LATION DEPARTMENT OF THE

not an epitaph of ended effort. It tells whether you are in a class or outclassed. It predicts your position tomorrow.

"The man who lacks enthusiasm has paralysis of the think-tank, has mud in his mental make-up. His place is in history. Enthusiasm in any language is the outside evidence of inside belief. It is the full interpretation of individual effort on fire. It proves that the backbone of the individual is right where it ought to be—in business.

"The man with enthusiasm has a heart, a mind, a soul and a body all working overtime.

"Enthusiasm is the polar star that attracts ambition in any country or in any clime. Enthusiasm is the one thing that can never exhaust itself, because it constantly generates new power.

"Enthusiasm is the maximum of manhood. It is absolute fidelity to little things and a firm grip on the cross of some high ideal.

"Salaries bribe men to do. Enthusiasm is the witchery of really wanting to do. It is eagerness to be up front. The despondent dub, the hopeless human, the forlorn fellow is sometimes tolerated on the pay roll, out of sympathy for those who are dependent upon him; but it would be eminently cheaper, decidedly better, to pension this pessimistic parasite.

"Every big battle is first lost, then won by an enthusiast."

Thus actuated we believe the profession will arise, take on a "new birth of freedom" and the Osteopathic Age will make its advent. Looking toward this a considerable period of Convention week should be given over for thoro discussions of, and the laying down of a big working blue print for the guidance of our profession as it begins anew its process of development. No one person can offer all the remedies and they should not if they could. We are a representative body and it will require all the brains, foresight, genius, and loyalty to lay out such a plan; but it can be done if we set out to do it and stick to our text, GENUINE OSTEOPATHY.

tion, whatever failures, as malignant and animosities exist, must be forgotten in the great get together, forward movement. We should with open minds in a great ways and means conference at Columbus and labor with an eye single to the unfolding and promulgation of pure osteopathic philosophy—that it may be thoroly inculcated in the minds and hearts of those from within, and be made secure from its despoilers from without. Let's look things squarely in the face, and do the big constructive thing of firmly establishing Osteopathy.

A. O. A. CANADA WENDELL, D. O., Peoria, Ill.

Awake! awake! be up and doing, throw off that sleepy and drowsy feeling, get to work!

That means you and you, in fact every osteopath in the United States.

We are at the critical time of our existence. The very life and existence of our beloved science depends upon your actions, practically within the next two years. Too many osteopaths are too self-complacent and are taking things too easily. They say every thing is moving along very well; why should I exert myself; let John and Mary do the work and put up the cash.

Most of you today would be earning from sixty to one hundred dollars per month, if it was not for what Osteopathy has done for you. Now let us take a trial balance and see what you owe to Osteopathy. You owe the difference between what you would be earning now if you were not practicing Osteopathy and what you are earning in your practice, which runs into the hundreds of dollars monthly. And how much of that are you giving for the advancement of Osteonathy?

Now, if each osteopath in the United States would give 2% of that difference or even one per cent for the advancement of Osteopathy, what could the State and National associations accomplish? We could carry everything by storm and get all of our rights in less than two years.

Now, think this matter over and act, ACT! Make a covenant with your self that hereafter you will agree with yourself that you will do your part in time and money and not wait until you receive a half dozen letters before you ever begin to think "well, maybe, I will help out," and then throw an epileptic fit when you part yourself from a few dollars. You should give money cheerfully for the advancement of Osteopathy.

Suppose we should be swallowed up by the medics (and that is no dream either), what would you do? You would have to If Osteopathy is to live as an Institu- go back to the place you were before you studied Osteopathy. THINK THE MATTER killing as they have been, and whatever over. We need this Defense Department and we need it badly. It will do more for the advancement of Osteopathy than anything we can do. We have tried it out in Illinois for the last two years and it produces results. It will work equally as well nationally.

The cost would be small if every osteopath in the United States would come in. less than one half day's work osteopathically. If you can't contribute that much for the good of Osteopathy, God pity the future of Osteopathy. Under this Department we would have to secure National Attorneys. Good ones will cost real money. Poor ones are high at any price and never produce results. Let's get down to a business basis and do things as any well regulated business would do. Make promises and keep them. Do your share of the work and pay your share of the expenses. Don't be a slacker. We must prepare, don't wait until too late or we will be where Belgium is today.

I am not a pessimist but a constructive optimist. I am looking to the future of Osteopathy and I want you to see your duty and do it. I want each and every one of you to go to Columbus and vote for this amendment and I want you to attend your State and National meetings hereafter. Suppose you do lose a few dollars just for the present, later on you will make it back double fold. Some idea you will get that will probably help you cure that case you had fallen down on, besides you will get some new enthusiasm. Meet the old classmates and friends and make new friends. I want to see the osteopaths of the United States thoroughly organized and doing big things that must be done. This amendment will start the ball rolling. Will you do your bit? Don't think what you can do won't amount to anything. It will all help. We all have friends, please speak or write to them concerning this amendment.

PROPOSED AMENDMENT TO CON-STITUTION AND BY-LAWS OF THE AMERICAN OSTEO-PATHIC ASSOCIATION

Add the following sections to Part III. Article I.

Section 5. The Department of Legal Defense and Legislation. There is hereby created a Department of this Association to be known as The Legal Defense and Legislative Department of the American Osteopathic Association.

Section 6. The objects and purposes of this Department shall be to protect and promote generally. Osteopathy in all its legal and legislative aspects in conjunction with similar departments of State Associations: to attend to legislative matters in Congress which affect the standing or recognition of Osteopathy; to promote the recognition of Osteopathy by Congress and in the Army and Navy and to attend to those legal and legislative matters generally, which are of national and universal interest to the profession.

Section 7. This Department shall retain Attorneys whose counsel shall at all times be available to the Officers and the Executive Board of this Department, to the officers and Board of Trustees of the American Osteopathic Association, and through them to the State Organizations which become members of this Department as hereinafter provided.

Section 8. State Organizations which

have Defense Departments and which have contributed their proportion as hereinprovided, shall be eligible to the benefits of this Department.

Section 9. Application for the benefits of this Department must be made in writing to the Secretary of this Department from the Secretary of the State organization and shall be accompanied by a first payment of \$2.00 for each member of the State Defense Department. Each State Department shall further pay to the National Department the sum of \$2.00 per annum per capita for the support of the National Department. In times of unusual stress, persecution or national litigation or national legislation, the Executive Board may levy assessments in the sum of \$1.00 per month per capita upon the supporting State organizations.

Section 10. No State organization shall be entitled to the benefits of this department until it has paid the sums provided in section 9 of this Article. Any State organization which shall fail to pay the amount of dues at the date provided in its admission, shall after thirty days notice, be declared delinquent and shall thereafter be denied the benefits of this department until such delinquency be removed by payment of the amount due.

Section 11. The affairs of this Department shall be administered by an Executive Board which shall consist of five members, all of whom shall be elected at the annual Convention of the American Osteopathic Association by such delegates as shall be appointed or elected by the State Departments. The members of the Executive Board shall be elected one for one year, two for two years and two for three years. Therefore, those elected to fill vacancies shall serve for a term of three years each. The members of the Executive Board shall elect one of their number to act as Chairman. The funds of the Department shall be in charge of the Treasurer of the American Osteopathic Association and the Secretary of the American Osteopathic Association shall be a member of the Executive Board ex-officio and he shall keep a record of the transactions and of the receipts and disbursements of the Department as a separate fund, but in the same manner as of the other funds of the Association.

Section 12. The funds of this Department shall not be used for any purpose except as provided in the By-Laws.

Section 13. The Secretary of the American Osteopathic Association shall be paid the sum of 25 cents per capita for each member of the State organizations which becomes beneficiaries of this Department, which, together, with all necessary incidental expenses, shall be paid from the funds of this Department upon vote of the Executive Board.

Section 14. Changes in the By-Laws of this Department shall be voted upon by the American Osteopathic Association only upon recommendation of a majority vote of the States contributing to its funds.

Section 15. Each State which becomes a fieneficiary of this Department shall elect annually, a delegate to represent it and vote at the annual meeting, such delegates shall be authorized to cast one vote for each member of the Department which they represent, thus giving each State representation in proportion to the number contributing.

Section 16. The conduct of this Department in all matters not provided in these By-Laws shall be governed by the Constitution and by-laws of the American Osteopathic Association.

SOCIAL MEDICINE, MEDICAL EC-ONOMICS AND MISCELLANY Confessions of a Chiropractor

(Journal A. M. A. March 3, 1917)

An article—actually as an advertisement—in the Ogden (Utah) Examiner, Oct. 1, 1916, evidently intended as an argument in favor of chiropractic, contains statements which show how little use "healers" of that branch have for education. Preliminary education is foolish, nay burdensome. Note the following:

Education which has no relation to the theme or subject under consideration becomes burdensome and therefore detrimental.

Greek and Latin, for example, are Both dead tongues and, outside of those engaged in translating manuscripts, are used only to display pedantry; they are of no value to chiroprac-

This is especially worth nothing:

They would compel us to study bacteriology. This is of no value to the chiropractor. It is not worth while to spend time, energy and money to microscopically examine infinitesimal mites or to group and classify them.

Of course, there is no such thing as blood poisoning, or infections; diphtheria and its cure with antitoxin are fabrications from some overworked anemic intellect, and even if there are contagious diseases, smallpox, spinal meningitis, infantile paralysis or others, all, forsooth, may be cured by the magic touch of the chiropractor applied to the patient's spine. Why bother one's head regarding microbes? As to materia medica, oh, horrors!

We would also be required to learn "materia medica." What on earth would we do with that ponderous knowledge, we who abhor the very name of drugs and repudiate their use?

There is also chemistry, which has nothing in common with chiropractic and cannot be made an a diunct to it.

Evidently education generally has "nothing in common with chiropractic" or is it that chiropractic has nothing in common with education?

Greek, Latin, bacteriology, chemistry and materia medica would be of no more use (to chiro-

practors?) than a whipsocket would be in an automobile or a smoke stack to an aeroplane.

What on earth is the use of spending four years in high school, two years in college, four years in a medical school and a year or more as an interne in a hospital and getting all that "burdensome and detrimental" knowledge, when you can become a full-fledged chiropractor, and after three months or possibly less of correspondence study have the right to treat the sick!

All of this reminds one of the old adage that "A wise man knows a fool because he has once been foolish, but a fool cannot know a wise man because he has never been wise."

THE SCOFFER

(EDGAR A. GUEST, in Detroit Free Press.)

If I had lived in Franklin's time I'm most afraid that I,

Beholding him out in the rain, a kite about to fly,

And noticing upon its tail the barn door,s rusty key

Would, with the scoffers on the street have chortled in my glee

And with a sneer upon my lips I would have said of Ben, "His belfry must be full of bats. He's

raving, boys, again."

I'm glad I didn't live on earth when Fulton

had his dream

And told his neighbors marvelous tales of

what he'd do with steam,
For I'm not sure I'd not have been a

member of the throng
That couldn't see how paddle wheels

could shove a boat along.
At Fulton's Folly, I'd have sneered as

thousands did back then
And called the Clermont's architect the

Yet Franklin gave us wonders great and
Fulton did the same

And many "boobs" have left behind an everlasting fame.

And dead are all their scoffers now and all their sneers forgot

And scarce a nickel's worth of good was brought here by the lot,

I shudder when I stop to think, had I been living then,
I might have been a scoffer, too, and

jeered at Bob and Ben.
I am afraid today to sneer at any fellow's

dream,
Time was I thought men couldn't fly or
sail beneath the stream.

I never call a man a boob who toils
throughout the night

On visions that I cannot see, because he may be right.

I always think of Franklin's trick, which brought the jeers of men

And to myself I say: "Who knows, but here's another Ben?"

MONTANA D. O.'S HAVE CORNER-ED HANG NAILS

The Montana D. O.'s have cornered the chiros. Herafter practitioners of this cult will have to qualify for registration before the Osteopathic Board. Dr. Asa Willard, that indefatigable giant of Missoula, deserves the lion's share of the credit for bringing this about. He was expert witness at the prosecution of two cases recently which brought forth two Supreme Court decisions, one of which is far reaching in its significance. It upholds the constitutionality of the Osteopathic Independent Board Law and declares chiropractic to be the practice of Osteopathy. In addition a number of minor contentions of the chiros are overthrown also.

This means that the regulation of chiropractic in Montana now lies with the Osteopathic Board. Dr. Willard is of the
opinion that those who practice Osteopathy
under another name can be more successfully prosecuted under a proper Independent Board Law than they can in general
under any other law. "But no law," he
wisely asserts, "will enforce itself and if
our people are interested in seeing all who
practice Osteopathy measure up to standards, they will have to interest themselves
in the law's enforcement."

Heartiest contrztulations!

SUMMARY OF MONTANA SUPREME COURT DECISION

STATE VS W. R. HOPKINS, Defendant, a "chiropractor," was convicted in the District Court of Lewis and Clark county, of practicing without having first obtained a license, and appealed from the judgment and an order denying him a new trial. Affirmed in an opinion by the Chief Justice.

Held, that the attack on the constitutionality of the original and amendatory acts relating to the practice of Osteopathy, on the ground that their titles were insufficient to cover the practice of "chiropractic" is groundless.

That the regulations applicable to the practice of Osteopathy apply as well to such branch of the healing art by the use of the hands, by whatever name it may be called, the definition of Osteopathy comprehending chiropractic.

That the proviso in the osteopathic practice act which disclaims any intention to interfere with regularly licensed physicians and surgeons in their practice, does not mean that such physicians and surgeons can practice Osteopathy without procuring a license, and that therefore the contention that the act denies the equal protection of the laws is without merit.

That by the act the osteopathic school of healing is not given a monopoly of healing by drugless treatment.

That since Osteopathy and chiropractic are substantially the same thing, the requirement that the chiropractor must undergo the examination prescribed for the osteopath is not so unreasonable as to constitute it an abuse of the state's police power.

That the evidence was sufficient to show that the defendant had not been awarded a temporary certificate—a thing the secretzry of the osteopathic examining board may do when the board is not in session. (July 2, 1917.)

ALL APPLICANTS RECEIVE LICENSES

The North Carolina Board of Osteopathic Examination and Registration held their annual meeting in Raleigh, N. C., June 28-29, at which time eleven applicants were licensed to practice.

This was the best class to come before the N. C. Board and the fact that all applicants made a passing grade is very gratifying and shows the good work the various colleges are doing. In this connection I might add that there is plenty of room for all applicants of this class in North Carolina. If you desire a good location in a state where the osteopaths are congenial and will give you a warm welcome; where Osteopathy is well established and where the people are anxious for good osteopaths then make your application to come to the North State. We want you and the people need you. I will be delighted to be of service to any one interested.

The names of our new osteopaths are as follows: F. C. Sharp, F. L. Miller, T. T. Spence, M. E. Corbin, Clarence Lawrance, G. H. Ripley, H. G. Sandersford, G. W. Reade, J. H. Fitzgerald, E. H. Webster, A. R. Bell.

The following are the new officers and members of the Board of Examiners.

W. E. Crutchfield, Greensboro, Pres.
M. J. Carson, Wilmington, Sec.-Treas.
E. J. Carson, Favetteville.

A. H. Zealy, Goldsboro. W. B. Meacham, Asheville.

ing this fall.

Beginning with July 1st, North Carolina requires four years but those graduating previous to that time are eligible. It is necessary to have a temporary permit to practice in the state; this permit will entitle you to practice until the next meeting of the Board and if we have enough applicants to justify it we will call a meet-

M. J. Carson, Sec. N. C. B. O. E. and R.

All aborad for Columbus. This promises to be the greatest Osteopathic Convention history has ever recorded.



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This is a belly band with a corset top that keeps it in place.

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Cure Them!

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"The Tonsil and Its Uses," \$1.00.

By RICHARD B. FAULKNER, M. D. (Columbia University)

Everybody should read these books. Written from the physician's standpoint in preference to that of the surgeon.

THE BLANCHARD COMPANY, Lock Box 445R, Pittsburgh, Pa.

PROGRESSIVE ENTHUSIASTIC OSTEOPATHIC

THAT IS THE

Kansas City College

Osteopathy and Surgery TROOST, AT 15TH Kansas City, Missouri

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AUGUST, 1917

The minute anything except Truth influences the mind, that minute you become intellectually dishonest. And there are hordes of peoples, intensely moral in other ways, who are frankly unethical in thought. They even boast of thinking and believing statements and of not undersanding them in the least.—Dr. Frank

MORE EMPHASIS ON FUNDA-**MENTALS**

"Lord, I believe; help Thou mine

If you will ask any student at our schools how it came about he was studying Osteopathy, in probably ninety per cent of the PLE FUNDAMENTALS of Osteopathy. cases, he will tell you it is because he has come into personal contact with someone who has been treated osteopathically, or because, he, himself, had been treated. Doctor's writings; probably nothing better His experience has been such as to stimu-could be given the student than these exlate a desire to emulate the operator he knew, and he entered one of our schools. But once in school, his faith is only too often shaken by an excess diet of instruc- alyze these writings have profited, and it tion in most nearly every subject of learn- remains for those who do understand to ing but the one for which he came. He is interpret them for the students. not encouraged to think osteopathically

ing the proper teaching, or, rather, the lack of the proper teaching of 'PRINCIPLES OF truth, so far ahead of the average practi-

ing for a less qualified and able body of osteopaths than the graduates of some years back. However, one might alalyze the situation more closely, and probably find the primary lesion to be the lack of teaching the 'Philosophy of Osteop- day we have those who choose to consider ATHY'; that the student is not fully imbued with the 'FAITH' or the 'ability to REASON osteopathically.' They are not properly advised as to what Osteopathy can do and has done; they are not educated regarding the history of Osteopathy and its development. It is the FAITH and FUNDAMENTALS that are essential to being a good osteopath, and unless one has them, he is lost. But if my reasons for ninety per cent of the students entering the schools are correct, then we must believe that at least that number have the faith; yes, but only too often is it applied with reference along this line is given.

We feel confident that the fundamentals of Osteopathy are not being properly taught in our schools. Perhaps too many of those in charge feel, as it is very authoritatively reported of one of our most prominent osteopaths, who when his school policy was criticised, remarked, "Why, the student gets his Osteopathy by 'Inference'."

Why isn't there in each of our schools, a course, based upon the Old Doctor's books? Why isn't it compulsory that the student have and read his "Philosophy and Principles" and "Research and Practice." Books on the 'Principles of Osteopathy' written by others are endorsed and recommended by our schoools, why not the books by the man who gave us our science? It has been said that 'his books are not used, because they are too simply put. That the student can not follow him.' It is the 'SIMPLE' things that count; Osteopathy is SIMPLE in principle, and it is because of the very complexity of the associated subjects forced upon the student that interferes with his securing the SIM-

Dr. Carl P. McConnell has written quite at length for the American Osteopathic Association Journal, explaining the Old planations. We appreciate that Daddy often spoke and wrote only in parables, and only those who chose to labor to an-

Dr. M. A. Lane in his recent talk before and to develop a faculty for such thinking the Illinois Osteopathic Association, com-There has been much discussion regard- mented that "Osteopathy didn't need broadening, that it was there in all its are glad to note this recognition of their

OSTEOPATHY' and 'OSTEOPATHIC TECH- cian, and it remained for the osteopath NIQUE,' and probably justly, too, as mak- to develop his understanding and appreciation of what Osteopathy stands for."

It is true, the Old Doctor fought from the very beginning of the American School of Osteopathy, the addition of subjects, that to him were not Osteopathy; but tothemselves greater osteopaths than the Grand Old Man who gave us birth, who are willing to argue anything that may strike their fancy, as being Osteopathy. Daddy could forseee that additions would crowd out Osteopathy, and he says so in his 'DECLARATION OF PRINCIPLES.'

'Osteopathy is an independent system, and can be applied to all conditions of disease, including purely surgical cases, and in these cases, surgery is only a branch of Osteopathy.'

'We believe that our therapeutic house is just large enough for Osteopathy, and to some individual cure or relief, and no that when other methods are brought in, opportunity for broadening his education JUST THAT MUCH OSTEOPATHY IS MOVED

> Let the schools get back to teaching fundamentals, the Philosophy, Principles and Practice, Osteopathic Technique, and to these let them add the 'History of Osteopathy, the trials and difficulties, and success of its Founder' and I am sure even though the student must absorb many additional 'ologies' for State Board purposes, he will become an osteopath of the type we may designate as 'desirable.' The State Boards have erred and have forced the schools to requirements that are not essential to the making of real osteopaths; let us pray the schools will use every effort to provide that which will make for the profession operators who are capable of replacing the men who have 'put Osteopathy on the map' when the time will have come that they have found it necessary to shift their burden upon younger and stronger shoulders.—O. C. F.

A BOUQUET FOR THE MONTANA SOCIETY

Dr. F. H. Zimmerman, of Colfax, Iowa, has been making a few observations of late throughout the western part of the country. Montana D. O.'s will be pleased to learn his opinion of their Society as given in a personal letter, as follows:-

"During the past year, I have been through the country from the middle west to the Coast. I therefore know that the Montana Osteopathic Axsociation stands head and shoulders above all other associations when it comes to Action.'

The Montana profession has displayed many evidences of the thoroughness and efficiency of their organization, and we efforts by Dr. Zimmerman.

THE CALIFORNIA SITUATION

NETTIE HAIGHT STINGLE, D. O. San Gabriel, Calid.

At the California State Osteopathic convention, July, 1915, the following advertisement was given a conspicuous place on the printed programs:

Comparative Courses of Study of the

College of Osteopathic Physicians and Surgeons (Los Angeles)

With the standard curriculum of the American Association of Medical Colleges

GROUP 1	A. A.	C.O.
	M.C.	P. & S
Anatomy	. 510	704
Embryology	. 75	80
Histology		160
GROUP 2	and the same of th	
Chemistry	. 359	400
Physiology	. 240	300
Biology		160
GROUP 3		
Bacteriology	. 135	160
Hygiene and Dietetics	. 45	80
Pathology	. 270	360
GROUP 4		
Materia Medica	. 80	80
Pharmacology	. 105	90
Therapeutics		80
Technique		160
GROUP 5		
General Medicine and Diag	-	
nosis	. 640	878
Dermatology any Syhpilis .		48
Genito-Urinary Diseases		48
Nervous and Mental Diseas		160
Pediatrics	. 150	128
GROUP 6		
Laryngology, Otology, Rhin	_ 11	
ology		64
Ophthalmology		64
Optometry		32
Surgery and Surgical Diag	-///	
nosis		500
Othopedic Surgery		48
Physical Therapy		54
GROUP 7		
Gynecology	. 105	160
Obstetrics		160
Miscellaneou		
Jurisprudence, Ethics, etc		30
Thesis		50
Total	.4000	5268

A resolution was introduced and passed at this convention endorsing the action of the college. A minority report on the vote of this resolution was submitted which follows: read as follows:

In behalf of the interest of half a hunddred osteopaths throughtout the State whose sentiments are expressed in the accompanying petition, we wish to submit so far as the resolution, just passed by a purity.



Dr. A. T. Still, the father of Osteopathy, celebrates his eighty-ninth birthday on August 6th. Let us try on this date to catch a new glimpse of the magnitude of the discoveries and achievements of this grand old man. Let us in grateful appreciation contemplate the importance of his work as it relates to us individually at the present time, and to mankind as a whole throughout the coming years.

vote of this convention, upholds and encourages the teaching of materia medica, pharmacology and prescription-writing in our colleges, or compromises in any degree the osteopathic system with that of the allopathic system, we are opposed to it and declare that: WE DEPLORE the growing tendency toward drug-giving by osteopaths and protest against the teaching of materia medica, pharmacology and prescription-writing in osteopathic colleges.

The petition referred to, signed by sixtytwo California osteopaths and addressed to the President of the A. O. A. (and delivered to him at the national convention in Portland two weeks later,) reads as

TO THE PRESIDENT OF THE AMERICAN OSTEOPATHIC ASSOCIATION:

Whereas: The best interests of humanity and of the profession we represent demands that the osteopathic philosophy a Minority Report to the effect that: In and system of healing be preserved in its

Whereas, our schools are the rightful guardians of our principles, therefore, be it resolved.

First—That we, the undersigned Doctors of Osteopathy deplore the gorwing tendency toward drug giving by osteo-

Second—That we protest against the teaching of Materia Medica and prescription writing in our colleges.

Third—That all osteopaths, in public utterances and in private practice, should seek to exalt the degree of D. O. to its fullest possible significance,—a distinguishing mark of the most efficient physicians and surgeons in history.

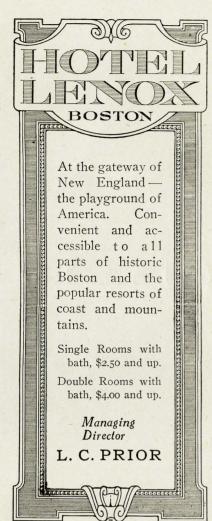
Fourth—That the time is not far distant, if we remain true to the teachings of the Founder, when osteopaths everywhere will be permitted to practice surgery with its attendant use of anasthetics and antiseptics.

Fifth—That any compromise with the drug stysem cannot but lead to a confusion of ideas in the mind of the public, to a weakening of faith in the individual practitioner and to a general lowering of the unsullied standards of our great science.

At the California State Convention above mentioned, every officer of the Association was chosen from the teaching staff of the college.

Immediately following this endorsement of drug teaching in osteopathic colleges, five osteopaths of Los Angeles called a meeting to devise ways and means whereby the cause of Osteopathy might be protected. There were present at this meeting seventeen representatives osteopaths. from five separate cities of California and a visiting doctor from Iowa. A committee on permanent organization was appointed, and on Monday, July 12th, 1915, the A. T. Still Osteopathic Welfare Association of California, came into being. Within four months 641 letters were sent to members of the profession everywhere, four State organizations passed resolutions similar to those signed by the original 62, and scores of letters were received from representative osteopaths in the United States and England showing conclusively that the profession everywhere was thoroughly alive to the fact that a crisis is approaching in the history of Osteopathy. In the early





part of December, Dr. Richard Wanless of New York City came out to Los Angeles to assist in effecting co-operation between the osteopaths of the East and the West. In January, Dr. Cave of Boston was sent out to assist in the amalgamation of forces into a national organization. After three days of strenuous effort, the A. T. Still Osteopathic Association became merged into the A. T. Still Osteopathic Legion of America, and five months later the official organ Osteopathic Truth was born.

The pledge of membership to the Legion is as follows:

"I hereby affirm my loyalty to the FUNDAMENTAL PRINCIPLES of Osteopathy as set forth by Dr. A. T. Still.

"I pledge my co-operation for the purpose of insisting that the A. O. A. adhere to those principles as its guiding policy, knowing that the basic cause of most of our ills is the incorrect teaching of Osteopathy in our colleges.

"Thus shall Osteopathy be known and accepted for what it is-a complete system of healing."

Immediately after the organization of the A. T. Still Osteopathic Welfare Asso-

ciation, a committee was appointed to investigate the matter of osteopathic legislation in California. On the 29th of July, 1915, a State Senator (now a United States Senator) was interviewed and stated to the committee that "the entire efforts of the osteopathic representatives before the legislature was directed toward getting a compromise law that would give to the Los Angeles school graduates the privilege of taking the medical examination." He presented the committee with a copy of the California Blue Book or State Roster in which one of the leading osteopaths of San Francisco is listed as an M. D.

On the same day, a member of the State Eclectic Medical Associaiton, being interviewed, gave the committee the following statement:

"The main work of the osteopaths was to get behind the compromise medical bill. They were willing to teach drugs and showed it. I told one of the osteopaths that he was 'carrying water on both shoulders,' that the impression given by the members of the Osteopathic Legislative Committee was that they had dropped every idea of a certificate to practice Osteopathy and were only interested in a compromise of some kind that would give the right to the Los Angeles graduates to prac-

ZONE THERAPY

After three years of experience, and one year of teaching and lecturing before societies and institutions,—owing to an increased demand, I offer a practical correspondence course of instruction in the methods of this new discovery.

This will include six months' privilege

of an information bureau.

A knowledge of Zone Therapy has proven to be of value to every osteopath. If interested, address

REID KELLOGG, D. O. 194 Main St. - Woonsocket, R. I.

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Four year course.

Practicing osteopaths on the faculty.

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SEND FOR CATALOG

tice medicine; that the general impression among the M. D.'s at the Legislature was to the effect that the D. O.'s were too weak-kneed to stand by their principles; that I never heard two men get a worse scoring than Dr. Ward, a homeopath, gave the osteopathic committee, saving that Osteopathy had gained in 15 years what it took homeopathy 60 years to gain, and yet the osteopaths were willing to throw away their birthright for a mess of medical pottage."

The committee then interviewed an M. D. member of the Examining Board Committee of the Los Angeles College of Physicians and Surgeons, appointed by the State Board of Medical Examiners He gave the committee the following state-

"The C. O. P. S. has until December 1st, 1915 in which to qualify as a Physicians and Surgeons College-not as an Osteopathic college. In order to qualify the college must

1st, Put in a course of Materia Medica, pharmacology and prescription writing. 2nd. It must put a Dispensary in the

school to educate the students in all kinds of drug preparations.

3rd. It must put in a standard medical library.

stalled; in short, every department must be brought up to the standards laid down by the A. M. A."

The committee asked this doctor if a graduate of the C. O. P. S. could join the County Medical Association and he replied: "No, not so long as he uses the word Osteopathy; but otherwise he is qualified." He also gave the committee a card of introduction to the Secretary of the State Medical Board from whom a copy of the official minutes were obtained corroborating in detail the statement he had made

A recent applicant to the State Board of Medical Examiners for a Certificate to practice Osteopathy in the State of California was informed that during the past four years "there has been no osteopathic license issued." One either takes the Physicians and Surgeons Examination or that of the Drugless Healers, the latter being so restricted and the requirements being so meager that even the Chiropractors are insulted by it. They are now trying to put through a separate bill in which a definition of Chiropractic is incorporated. This definition is an excellent definition of Osteopathy.

Fellow osteopaths, is it not time that with the good work, we need it."

4th, A surgical Department must be in- we "stop, look and listen?" Is it not time that we abolish our policy of NEGATION and adopt a positive national osteopathic platform, setting forth our Fundamentals and outlining a Working Hypothesis for the benefit of our science?

> For Inspiration, for uplift, for real profit, nothing can compare with a National Convention. The Columbus meeting is to be a record breaker. August 6-10.

> I am glad to support any movement which has for its object the further development of Osteopathy, and I believe that you will assist in that direction.—J. IVAN Dufur. Philadelphia, Pa.

> Dr. Rebecca B. Mayers of Detroit, Mich., writes: "I am more than pleased with your publication. It seems to me to be the most purely osteopathic of anything we have in the profession."

> Dr. Iva M. Caruthers of Chicago, Ill., says: "This little paper has given strong stimulation to my sympathetic system, and I know it will to others. Keep on



Osteopathic Hospital in New England

The Walsh Memorial Hospital

For Osteopathic, Surgical and Obstetrical Cases

Pleasantly and conveniently located at Watertown, Mass., with ample facilities for the accommodation of Private Room and Ward Patients.

Well equipped Operating and Sterilizing Rooms. Large, airy Private Rooms.

Graduate Nurses in charge.

Conducted under the Open Staff Method.

We solicit your patronage and will do all in our power to give those entrusted to us the most efficient and conscientious care.

For further particulars address

Telephone Newton North 345 MRS. MARION B. McCORMACK, 227 North Beacon Street, Watertown, Mass.

PATRONIZE OUR ADVERTIZERS AND DON'T FAIL TO MENTION OSTEOPATHIC TRUTH

BOSTON, THE GREAT CONVEN-TION CITY

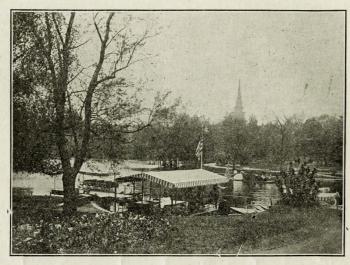
Boston, where over one hundred different organizations are holding conventions this susmmer, can be called a NATURAL convention city, and because so is a most popular one. It is, in fact, a "Mecca" of tourists which everyone had a desire to visit some time or other, while its historic, scenic and natural attractions make a distinct appeal and have a potent charm not equalled by any other city in America.

Nothing perhaps can testify to the superiority of Boston as a convention city more than the decision of the Grand Lodge of Elks of America and the Grand Army of the Republic to hold their conventions in Boston this summer. Each of these gatherings will unquestionably be among the greatest ever held in Boston or any other city.

Delegates will visit Boston Harbor and the attractive beach resorts in the vicinity; Concord, Lexington, Bunker Hill, the old North Church, the Fenway, and other places of historical interest; Harvard University and many of the other great educational centers in and about Boston; the mills and factories of Lowell, Lawrence and other cities nearby; as well as other points of general interest.

Late this summer Boston is to have the National Encampment of the Grand Army of the Republic, during the week of August 19th, an event which will be one of the greatest patriotic demonstrations to take place anywhere this year. The membership of this famous organization, now about 200,000, includes in its ranks the old soldiers from all the Armies of the Union, and sailors from all its Naval fleets.

Still other of the great conventions which have selected Boston for a meeting place this year are the American Foundry-



BOSTON PUBLIC GARDENS

joint convention in Boston during the week of September 24th. These organizations, representing the foundry interests of the country, are to meet in Boston for features are being arranged by members of local committees to make the Boston convention the most successful and memorable one, from a commercial standpoint, which the organization has ever held.

All of these conventions and scores of others which meet in Boston in 1917 have been attracted to it not merely by the charm of its surroundings, but quite as much because of the facilities that the city offers for such gatherings. Boston's hotels are numerous—there are over fifty of them—and in them may be found accommodations to meet the requirements of almost any taste and pocketbook. Sev-

men's Association and the American In- eral of the hotels offer exceptionally fine stitute of Metals, which will hold their meeting rooms and are especially adapted to take care of the needs of conventions along this line, as well as to handle banquets and similar affairs which are a part of such gatherings. In addition there the first time in fifteen years and elaborate are about the city excellent restaurants, many of them famous for certain characteristic delicacies, and comparing favorably with any in the land.

Boston's local transit system is one of the leading ones in the country today. Elevated and subway lines serve the business district extending into the suburbs in all directions. Beyond the subway and elevated systems, surface lines form convenient means of access to points further out. One of the subway and elevated lines runs north and south: one runs under the harbor to East Boston, one extends to Harvard Square, Cambridge; another reaches the Back Bay district; and still another, now under construction, will serve the district known as Dorchester and points beyond. This makes it possible for the visitor to get from one part of the city to another in a very few minutes' ride, comfortably and economically.

In the matter of convention halls suitable to any sort of a gathering, Boston is extremely well equipped. Mechanics' Building, the largest public hall in the city, has a seating capacity of about 7,500 people. The Boston Arena, where skating events are held in the Winter months, accommodates about 4,000. Tremont Temple, Symphony Hall, Horticultural Hall, Convention Hall and Faneuil Hall also offer ample facilities for meetings of convention bodies of varying sizes.

Boston is likewise fortunate in having a number of great retail stores—some of them leaders in their lines in this country. These stores have always given particular and painstaking service to those who are strangers in Boston and are always glad



FANEUIL HALL "THE CRADLE OF AMERICAN LIBERTY"

to extend courtesies and conveniences at their disposal to those who desire to make use of them. Such stores as Jordan Marsh Co., William Filene's Sons Co., R. H. White Co., C. F. Hovey Co., Shepard Norwell Co., Houghton & Dutton Co., and scores of others offers to prospective buyers a character of merchandise unexcelled in style and value.

Boston has the best summer climate of any city in the east, the heat being tempered almost daily by the refreshing "east wind" which brings comforting coolness and sometimes requires the use of extra clothing. An evening auto or trolley ride in Boston and its beautiful suburbs is an unmixed pleasure, the fresh cool air preparing the way for refreshing slumber.

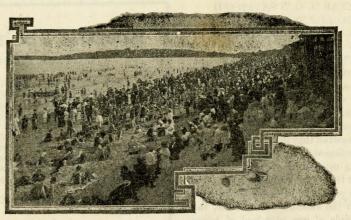
And those wonderful bathing beaches Revere Beach, Nantasket and others. To delegates coming from inland cities, Boston simply says "Don't forget your bathing suits—the beaches are waiting for you."

WRITE DR. CHILES TODAY FOR YOU WANT TO GO TO BOSTON IN 1918.

For further information regarding Boston as a Convention City, write to the BOSTON NATIONAL OSTEOPATHIC CON-VENTION ASSOCIATION,

> DR. FRANCIS A. CAVE, President, 30 Huntington Avenue, Boston.

Dr. Helen G. Sheehan, Secretary, 687 Boylston St., Boston, Mass.



REVERE BEACH

BOSTON'S MAYOR INVITES TO BOSTON

Under date of July 5th, Mayor James M. Curley of Boston invites the osteopathic profession to Boston in the following

The city of Boston, which today possesses more institutions devoted to medicine, surgery, and scientific research perhaps than any other city in America, is extremely desirous that the annual convention of the American Osteopathic Association be held here during 1918.

On behalf of the people of Boston, it is a very great pleasure to extend this invitation and to assure your organization that

"Hospitality" will be the watch-word during its stay with us.

Every facility for reaserch at our medical and surgical institutions will be afforded, and the Boston CITY HOSPITAL WILL HOLD A SPECIAL CLINIC FOR THE BENEFIT OF THE VISITING OSTEOPATHS.

Boston is at its best during the summer, and with a park system greater in extent and beauty than any in America, with health conditions superior to those of any other city in America, with seashore and beach resorts unrivalled in America, she bids your organization,—Come.

> Yours very truly, JAMES M. CURLEY, Mayor,



Visit Our Office

If you are near enough to call at our Chicago

Get Our Free Book

copy of our new "Manual of Physiologic Therapeutics." Valuable and interesting. Treats the subject of Light and Hot Air Therapy in a number of Applicators set aside for this purpose.

Get One On Ten Days' Free Trial

Here's a chance for you to test out one of the latest and greatest therapeutic developments—a device for the local application of light, hot air, and steam for the relief of pain, congestions, hypertensions, etc.—the Burdick "Radio-Vitant" Applicator.

Its range of usefulness makes it truly the Universal Method. Try it and you'll appreciate its real practical, therapeutic value.

Send No Money

We want you to test this Applicator yourself. to demonstrate not only this Applicator, but our famous Light-Bath Cabinets as well.

Just ask for one. Test it. Observe your results. Keep it ten days. Then if you don't think it worth the price-\$35.00-send it back. If you want to keep it, send only \$21.50. Just drop us a card and we'll mail you, free, a That's our special introductory price. It will So don't wait. Get yours now.

BURDICK CABINET CO. 1700 Madison Ave. MILTON - WIS. Relieving a Case of Neuritis



1991,133

TEXAS D. O.'S SATISFIED

Your Board of Trustees recommend the adoption of the following resolution:

Whereas, in a recent issue of the Osteopathic Physician a correspondent from Texas attacked the existing Medical Practice Act and declared that "The only osteopaths who had been benefited by the present law are the members of the Examining Board";

Be it resolved that the article is contrary to the sentiment of a large majority of the practicing osteopaths of Texas, who believe that the presnt law, after a test of ten years has proven to be one of the best and fairest on the statutes of any state, that the principle of one standard of educational requirements for all practitioners and granting equal privileges to all licentiates, thereby permitting untrammeled progress of a develoing science, is logical, fair and practical, and when administered according to letter and spirit, this law comprises the most desirable form of medical legislation yet enacted and,

Resolved that The Texas Osteopathic Association desires to go on record as recommending to other states legislation modeled after the Texas Law, and that we deprecate efforts of those who endeavor to scatter broad-cast sentiments contrary to the above.

Signed,

E. E. LARKINS,
W. E. DAVIS,
J. L. HENRY,
Committee from the Trustees.

The Big Deeds

By Edgar A. Guest

We are done with little thinking and we're done with little deeds,

We are done with petty conduct and we're done with narrow creeds;

We have grown to men and women and we've noble work to do,

And today we are a people with a larger point of view.

In a big way we must labor, if our Flag shall always fly;

In a big way we must suffer, in a big way some must die.

There must be no little dreaming in the visions that we see,

There must be no selfish planning in the joys that are to be;

We have set our faces eastward to the rising of the sun

That shall light a better nation, and there's big work to be done;

And the petty souls and narrow seeking only selfish gain

Shall be vanquished by the toilers big enough to suffer pain.

It's a big task we have taken, 'tis for others we must fight;

We must see our duty clearly in a white and shining light;

Specific Technique for Hay Fever

PRIVATE CLASSES BY DR. JOHN H. BAILEY

One week's P. G. work at Dr. Bailey's Hay Fever Clinic will help you to get remarkable results in Hay Fever, Rose Fever and allied conditions such as Catarrhal Deafness, Catarrhal affections of Nose and Throat, Tinnitus Aurium, Adenoids, Tonsillitis, Sinuitis, Naso-Motor Rhinitis, etc.

Those Hay Fever cases which defy medicine and are only partially re-

Those Hay Fever cases which defy medicine and are only partially relieved by external manipulation, yield quickly to specific treatment in the nose and throat. This specific technique will be thoroughly demonstrated and each physician given ample opportunity to practice it on patients in the Clinic. Enroll now for classes in June, July and August. Only ten physicians in each class. Write today for complete information.

DR. JOHN H. BAILEY, EMPIRE BUILDING, PHILADELPHIA, PA.

We must quit our little circles where we've moved in little ways,

And work as men and women for the bigger, better days;

We must quit our selfish thinking and our narrow views and creeds,

And as people big and splendid we must do the bigger deeds.

(Copyright, 1917, by Edgar A. Guest.)

Dr. W. B. Gray of Beaver, Pa., says: "I wish you success in your undertaking."

"I am glad to say that I am a subscriber to Osteopathic Truth."—NETTIE C. TUR-NER, Philadelphia, Pa.

Dr. Ethel L. Hearst of Salina, Kansas, says: "I enjoy every word of it."

Persistent Publicity

Doctor, there is no time of the year that you can afford to neglect Osteopathic Publicity.

Insistent, persistent and consistent publicity is what counts.

You must follow up month after month with the view of educating your patients and friends to think and reason osteo-pathically.

In time, if you follow this program, when illness arises, the first thought is Osteopathy and you as well as the patient profit.

Make missionaries out of your patients. Make them osteopathic boosters by always keeping on hand and using freely current issues of the Herald of Osteopathy.

Your patients, you will find, will be eager to co-operate with you in spreading the gospel of Osteopathy.

Here is an example of the missionary spirit you may develop among your patients:

"Will you send me a few copies of the Herald? Send the one about the child that was deaf and blind, also about stomach and nervous troubles. All I have to do here is talk Osteopathy. I think I will start a lecturing tour when I go back. I expect to have a few more patients for you soon."

This quotation is taken from a letter of a G. P. who is away on a vacation. It speaks volumes.

Send for sample copy and price list of the Herald of Osteopathy to

F. L. LINK, Business Manager, Kirksville, Missouri.