

The Osteopathic Physician

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The Osteopathic Physician

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Volume XXXVI

CHICAGO, JULY, 1919

Number 1

OSTEOPATHY'S EPIDEMIC RECORD

Influenza, 110,122 Cases: Deaths, 257: Ratio of Loss, 1/4 of 1 Per cent.

Pneumonia, 6,258 Cases: Deaths, 625; Ratio of Loss, 10 Per Cent.

Total Death Ratio from Both Diseases, Less Than 1 Per Cent.

(Complete as far as reported to June 26, 1919.)

Long Delayed Reformation of the AOA Now A Glad Reality

TWO features of outstanding importance marked the twenty-third annual meeting of the American Osteopathic Association held at Hotel Sherman, Chicago, June 30th to July 3d.

An entirely new form of government was adopted and put into immediate effect which revolutionizes and modernizes the work of the AOA.

Dr. Wm. Allen Gravett of Dayton, Ohio, was elected secretary of the AOA as successor to Dr. Harry L. Chiles, who has filled the office for so many years.

Another fact of prime importance was the election of Dr. Hugh W. Conklin of Battle Creek as president to succeed retiring President Fryette, thus guaranteeing a continuance of the progressive policies of the national organization in vogue at the present time.

An expected development of no less significance will be the selection of a new editor of the *AOA Journal* to succeed Dr. Chiles, a job which the trustees put over for several weeks until they can give the problem careful consideration.

Dr. Chiles, in conformity with his declarations of a year ago, notified the Association that he would not be a candidate to succeed himself either as secretary or editor. He had reached the point where he wished to retire from both responsibilities and he wished to lay down the burdens of both jobs at the same time. He was elected treasurer to succeed Dr. J. R. McDougall, of Chicago.

Thus there has been accomplished—all at one convention—the great impending reorganization and reform work of the profession which has had so many earnest champions for the past five years or more. Putting the AOA on a new basis of efficiency is undoubtedly the one most important step ever undertaken by the profession.

Retiring President Fryette sounded the keynote of this reform in his formal address when he said that the AOA was originally organized in the absence of strong state societies as its units, and that it continued to carry on the work of the profession for a long time in much the same attitude as if state societies did not now exist. This gave rise to a serious attitude of competition between our national and state organizations which, under the old plan of organization and under the old traditions, it seemed impossible wholly to rectify. Nothing but a radical reorganization of the plan of the organization and the creation of a wholly new constitution and set of by-laws which would build the AOA anew

out of the membership of state societies would work the needed reformation. Happily that was consummated in a way apparently satisfactory to all interests, thanks to the hard work and good judgment of Dr. Upton's committee on Constitutional revision which was appointed at the Boston Convention and has been giving its task deep study ever since.

Another innovation was the decision to hold next year's meeting in Chicago again. This was done to test out the advantage of having the same set of arrangement chairmen and committees make the plans two or more years in succession. It is believed—as no doubt is true—that after a committee of arrangements has gone through the task of entertaining one convention,



Dr. Hugh W. Conklin, Battle Creek, Mich., new president of the AOA.

it has just learned how to do the job properly, and if given the work a second year in succession, or for a term of years in succession, would no doubt make a much bigger success of the second and each succeeding effort. The Chicago profession spoke seriously of wishing the association to make the test of coming back to Chicago for a term of three to five years, looking forward possibly to establishing permanent headquarters here (as the A.M.A. has done), if the plan of holding successive conventions in the same city worked out as well as it is believed it will.

The main objection to such a plan would be the annual tax it would throw upon Chicago osteopaths for entertainment, the tax this year having been \$50 per person, but that could be easily obviated by some plan to finance the entertainment through the AOA itself, whose revenues are ample to meet all its just and legitimate expenses, and surely the work of holding its own conventions successfully and paying whatever it costs to do so is one of the first and most necessary expenses of the national organization.

AOA Officers

NEW officers elected by the AOA for the ensuing year—the last officers, it is expected, who will ever be elected by the general convention, owing to the creation of a new House of Delegates which will take over that function at the next meeting—were as follows:

President, Dr. Hugh W. Conklin, Battle Creek, Michigan; 1st vice-president, Dr. J. W. Elliott, Cordele, Georgia; 2nd vice-president, Dr. Janet M. Kerr, Toronto, Canada; secretary, Dr. W. M. Gravett, Dayton, Ohio; treasurer, Dr. Harry L. Chiles, Orange, New Jersey. Trustees: Dr. W. F. Link, Knoxville, Tennessee; Dr. Geo. W. Goode, Boston, Massachusetts; Dr. Jennie Alice Ryel, Hackensack, New Jersey; Dr. Frank Hunter Smith, Indianapolis, Indiana; Dr. Herbert F. Morse, Wenatchee, Wash.

A new editor for the *Journal of the Association* to succeed Dr. Chiles remains yet to be chosen.

Program Was Great

CHAIRMAN CONKLIN made a fine success of the program. It went off as scheduled with very few changes owing to absences. There were so many good features that we will not attempt to particularize. In the corridors, however, are heard special praise for Dr. James D. Edwards' "Diagnosis of the Submerged Subluxation by the Galvanometer," Dr. Joseph Swart's "Osteopathic Strap Technique," Dr. A. A. Gour and Dr. Evelyn R. Bush's "Corrective Gymnastic Exercises," Dr. H. V. Halladay's "Dissected Specimen of the Spine," which made it possible to show vertebral movement and intervertebral foramina changes under manipulative treatment; Mr. Patterson's talk on "How to Nationalize Osteopathy"; Dr. Atzen's definition of osteopathy; the exhibits, McMann's table and—oh, well, there were too many notable things even to mention. The only way to understand a convention treat such as this program was is to come to see and hear it, but of course the papers will be presented in the *Association Journal's* issues for the year ahead.

Our Flu-Pneumonia Symposium Is Entirely Omitted from This Number to Allow for Convention News. Send in your flu data for next issue.

How the Constitutional Convention Resulted in a New AOA Government

THE committee appointed at Boston presented a good practical constitution and by-laws to the Constitutional Convention called for Friday and Saturday before the AOA meeting. Dr. Charles A. Upton was chairman and the committee comprised the following: Drs. Ralph H. Williams, E. J. Elton, C. J. Gaddis and Mr. Perry S. Patterson, our national attorney.

Two days of earnest consideration and debate were given to the instrument. It was analyzed, paragraph by paragraph, by the convention made up of delegates appointed by each state. All other osteopaths in attendance through interest in the subject were given the right of discussion and vote. The document was amended here and there as need appeared and finally was adopted, fist by paragraphs and then unanimously as a whole. Much assistance was rendered in these deliberations by Attorney Patterson.

The general convention put a final amendment upon the document providing that any question of policy arising in the House of Delegates could, by a vote of twenty-five members, be referred to the general convention for settlement. As thus amended the new constitution and by-laws were passed unanimously.

In the Constitutional Convention a minority struggled for two days to secure some such amendment as that finally put on by the general convention. They were resisted at every point by the committee members who, after a whole year of serious study of this AOA government problem, had become convinced to a man that the only way to get a careful deliberative administration of association business was to take it wholly off the floor of the open convention and put it into the hands of a smaller delegated body whose members would have time to get informed and whose business it would be to be posted on all matters up for consideration.

It was well argued by the committee and the majority who supported them that it is impossible in a large general convention, with the press of time, ever to get any complex measure fairly before the meeting so that everybody understands it. A gifted speech or two on one side or the other will always sway the crowd. In the absence of more definite information or more cogent reasoning than are possessed and supplied by the orators, the majority will vote with the best speechmakers, regardless of the merits of the case and just because the real merits of the case cannot under the circumstances be at all well apprehended. This puts a premium on emotional oratory and elevates to a prominence and power not his real due the gifted haranguer who is too often moved by considerations of sentiments and tears and takes great joy in harrowing the convention with waves of hysteria. Once any serious professional problem—whether it be of science, or of economics, or of legislation, or of what-not—gets before a large convention, misinterpreted in terms of sentiment and beclouded with misinformation, misunderstanding, passion and prejudice, it is all off for any rational settlement of it for that occasion, and all our experienced leaders know it. They regard it as a sheer waste of time to attempt such things.

Hence the desire of the men who had studied this problem the deepest to centralize all business and elections into the hands of a business-management body without appeal back to the open convention. This was fought for vigorously with the frank declaration that the day had now come

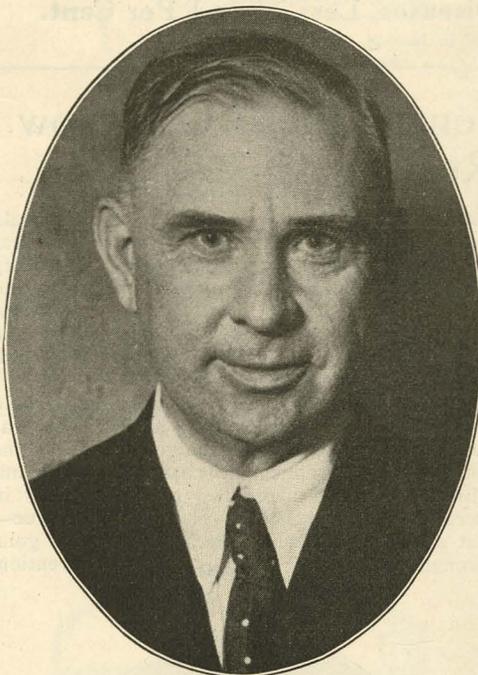
when it is necessary to curb the orators and vouchsafe of the rule by the cerebrum to our national society instead of continuing the rule of the solar-plexus—to clip the wings of the spellbinders in our deliberative sessions and exalt to greater importance the judgment of the more quiet but the more vigorous and deep analytical thinkers.

The effort to impose a referendum amendment on the new instrument and provide for an appeal from the House of Delegates to the open convention was championed particularly by Dr. Hildreth, Dr. Meacham and Dr. Murray Graves. These argued that it was a very dangerous thing to delegate the settlement of all the great questions of the profession to any one body of executives whose decisions would be final and binding upon the profession.

Chairman Upton's forces showed that it was not only was not dangerous, but that it was now necessary and offered the real cure for the



Dr. Charles P. Upton



Dr. William Allen Gravett, Dayton, Ohio, the new Secretary of the AOA.

present fatal disease of not being able to get business properly done by conventions of a thousand persons assembled. It was not dangerous because it is the universal practice in all modern government, in business and in all human activities. It has long been recognized that the way to get something difficult decided and arduous labors performed is to specialize somebody in the responsibility of doing work and let him get at it and finish it up. Everybody's business is nobody's business and is never properly done.

The plan proposed by the committee for AOA government is the plan followed by the governments of America, Great Britain, France and all democracies. The people elect their members of congress, senate, parliament and legislature, and these make the laws for us which we must obey, and impose the taxes which we must pay, and vote the wars which we must fight and finance to a finish. Instead of losing influence in national association policies the membership, under the new laws, would chose their representatives to the House of Delegates to mould and make decisions for them.

Dr. Hildreth argued that it would be equivalent to disfranchising the membership of the AOA not to let them at least elect their officers, as of yore, by direct ballot at the convention.

He was answered that he himself does not

now have any right to vote directly for the president of the United States, but only for electors who later select him. Yet nobody thinks he is disfranchised in this American commonwealth. Dr. Hildreth does not own stock or bonds in any corporation, he was told, in which all the stockholders attempt to run all the business. The Macon San is not run that way. Stockholders elect directors who act for them. Directors select an executive officer who makes decisions and runs the business. If this were not followed we would get nothing done. The great fault with the AOA up to this time, it was pointed out, was that everybody was consulted and asked to vote on everything, and the result was that nothing adequate was being accomplished. It never could be otherwise while the out-grown town-meeting form of government remained in vogue in our national councils. The American Medical Association was recently up against the same difficulty and settled the matter by creating such a House of Delegates.

A very heavy majority of the Constitutional Convention saw the logic of this situation and supported the program of the Revision Committee. Chairman Upton and Committeeman Ralph H. Williams pointed out that to tack such a referendum on the House of Delegates was to emasculate and render entirely impotent the new form of government which the committee had recommended. The convention was asked to accept the plan of government in sincerity as it was offered or vote it down entirely.

When the vote was finally taken on the constitution and by-laws as a whole they were adopted as they had been amended in the convention by unanimous sanction, the several advocates of the referendum being either absent or not voting.

These were still far from being convinced, however, and the issue of the referendum was raised all over again in open convention when the recommendation of the Constitutional Convention came before the general meeting. The way the issue got misinterpreted and promptly balled up by other speakers who had not been present in the Constitutional Convention, but who felt the strongest about it and debated it hardest and showed that they knew the very least about the merits of the whole proposition under consideration offered the best possible illustration of the faults of the old system and made the most



Retiring Secretary
H. L. Chiles.

clinging argument in favor of creating an untrammelled House of Delegates as the remedy for such time wasting. It showed clearly the impossibility of getting any serious complex proposition stated clearly and fairly to large general meetings before the rank and file make up their minds and go after the solution hammer and tongs, and unless miracles happen, get wrongly set in their attitudes and fail to get orientation completely.

Something like a miracle of good fellowship finally happened in this case, however, and after one session of impassioned uprising by the member "who didn't want to be disfranchised" the convention agreed at another session to adopt the constitution and by-laws recommended by the Constitutional Convention with the one amendment added providing for a referendum from the House of Delegates to the open convention on any question of policy on the expressed wish of twenty-five of the House of Delegates. It is not believed that this provision will be abused or work to the unsettlement of business by the House of Delegates. If any House of Delegates should ever be made up of such a rotten bunch of administrators that they would require to be reversed, then the way will now be clear to do it, providing one-fourth of them would vote to call in the open convention with its oratorical spell-

What A Year Has Done for Osteopathy

Address of Dr. H. H. Fryette, Retiring President, at the 23d Annual Meeting of the American Osteopathic Association, Chicago, June 30th-July 3d

THIS the twenty-third annual Convention of the American Osteopathic Association marks the beginning of a new era in Osteopathy. The year just closing has been not only the greatest in Osteopathic history, but probably the greatest in world history. The world as a whole is beginning a new era, and we are ready to start with it.

When we were holding our Convention in Boston last year, the Allies were staring defeat in the face. Germany was putting forth her last and almost superhuman efforts to crush them; but in the World War, as in every other great issue, right prevailed. From a professional standpoint we were facing a situation almost as grave, as far as our professional life was concerned, as the situation the Allies were facing was to their national life.

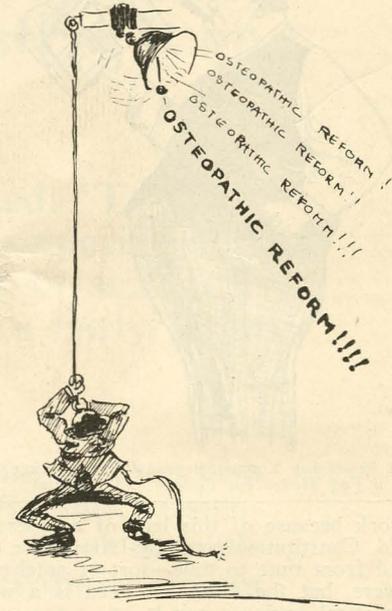
Our government had refused us the right to serve our country as physicians in the capacity for which we were best fitted, and were drafting our practitioners into regular private service. Our students were denied the right of furlough to finish their professional courses that had been granted the students of the "regular" medical colleges, and instead of students flocking to our colleges to avoid army service, as they did in the schools of regular medicine, our students were drafted for duty as privates and our colleges were on the way to bankruptcy. We were unable to pass our congressional bill granting us the right to take the same examination for army and navy service as the graduates of the "regular" school of medicine.

Fortunately the war is over, and our students are not only returning with a greater faith in Osteopathy and a greater desire to relieve human suffering through it, but our colleges are receiving the greatest number of inquiries from prospective students that they have ever had.

Epidemic Brought Its Opportunity

No review of the past year would be complete that did not cover what was perhaps the greatest epidemic curse that ever visited the earth. The disease which was popularly called the "flu" has, since the beginning of the war, destroyed more than three times the number of people that met their death as a direct result of the war. The medical profession the world over has been absolutely helpless in treating "flu" and flu pneumonia. I have yet to find two allopathic physi-

cians who treated it in the same way. Many so-called specific anti-toxins were devised and recommended by our health authorities, only to be classed as worthless later. This horrible epidemic gave Osteopathy its greatest opportunity. We did not know a specific anti-toxin that we could inject into the body to kill the infection, but we did know how to produce a physiological



Retiring President H. H. Fryette Rang the Bell Lustily for Governmental Reform

phagocytosis, and how to assist the organs of elimination. When we did that, more than 90% of the cases we treated recovered—a most remarkable record.

The Lesson of Service

Perhaps the greatest lesson the war has taught us is the value and privilege of service. We must apply this lesson to our professional life. If our science is to grow as it deserves to grow, its practitioners must co-operate in every way possible. "Cast your bread upon the waters and after many days it will return to you" is as true today as it was nineteen hundred years ago. I am a thorough believer in this saying, and I do believe that no osteopathic physician ever spent any time or money toward the upbuilding of his profession that sooner or later he or she was not abundantly rewarded both mentally and financially.



Our System of Fees All Wrong

FOR years I have felt that our custom of charging for our services at so much per treatment is fundamentally wrong. I am not entirely satisfied that this is the proper place to bring this up, but it is certainly a question that interests all of us, and therefore I believe it should be discussed here. The majority of our work is not similar to that of the general medical practitioner, but is more like the work of the surgeon. Some cases are very simple while others are very difficult; some patients are very poor and some very rich. For us to charge all classes of people the same for all classes of cases is as absurd as it is for a surgeon to charge a shop girl the same for opening a boil as a millionaire for the removal of the Gasserian ganglion. The most important feature of this matter is that our method of charging is undignified. It does not only belittle the practitioner, but it belittles our science. It allows the public to think that a treatment is a treatment for all cases, something that can be ground out in about so many minutes.

I am delighted that the time has come when we can adopt a new Constitution and By-Laws.

binders to settle up matters in the old-time mumble-jumble fashion.

The committee in charge of revision in the last moment advised against tacking on any such referendum. Chairman Upton said frankly that he had been wholly opposed at the outset of his study of this governmental problem to this proposal to take all decisions and elections out of the hands of the open convention and vest such responsibility in a delegate body, but that investigation of the subject and mature counsel had convinced him of the absolute necessity of it. So he had entirely changed his position in the matter between Boston and Chicago. He said



"You can't get 'em out,
"You can't get 'em out,
"You can't get 'em out
in the morning"

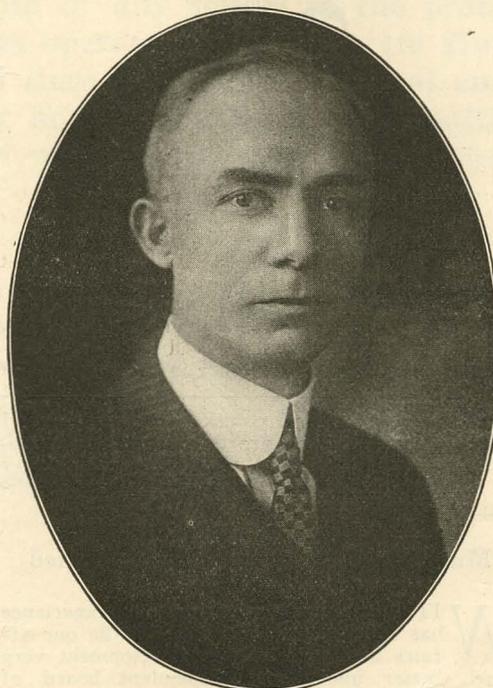
for 8 a. m. physical exercises or other hard labor. Oh, but we did! And this is how! Dr. Evelyn Bush of Louisville led the band and proved a good drawing card and drill mistress.

he was sure any other person giving the same thought to it would come to the same opinion. Retiring Secretary Chiles advised accepting the plan as proposed by the committee. He, too, had come to a change of view in the course of the year. Attorney Patterson advised that in his opinion there was no need for any referendum in an organization such as the AOA where all were on a basis of honorable equality and voluntary service and sacrifice, laboring mutually for the advancement of science, and he pointed out that the institution of referendum was devised to protect the public against despotism and graft by the gray wolves of politics, and that need of such protection could not arise in a purely scientific and fraternal organization.

We have taken this occasion to set down the features of this long drawn out discussion so that those of the profession not present in these deliberative sessions may know the facts and be able to appreciate the new form of government as it merits. We may all congratulate ourselves that our form of government has now been changed and that the reign of our old-time speechifying leadership has now happily been terminated.

Presented Dr. H. L. Chiles a Gold Watch

RETIRING Secretary Chiles was presented with a handsome gold watch and chain at the Chicago convention in appreciation of his long and tireless service of the AOA. The remembrance was provided by popular subscription. Dr. Halloway of Texas made the presentation speech. Dr. Chiles accepted the token of friendship from his co-workers with a fitting expression of emotion, thanking one and all for the co-operation he has received in his work.



Retiring President H. H. Fryette, Chicago, who steered the AOA wisely the past year.

When the American Osteopathic Association was first organized there were but few state and local organizations. Therefore the national association had to be organized as an independent association instead of an amalgamation of all the local and state societies. Hence it has been conducted independently of those societies, and sometimes I am afraid in competition with those societies in effect, although that was never the intention. All of our societies have been more or less hampered in



A Promising Young Surgeon Contemplating a Full House for College and Hospital

their work because of this lack of co-operation. Our old Constitution and By-Laws have been amended from time to time—sort of patched up, as it were, but the thing we need is a whole, new, practical business suit.

A Constitutional Convention was called and each state and provincial president was asked

to appoint two delegates from his society to represent that society at this convention. These representatives have worked long and hard in preparing the new Constitution and By-Laws. It is my hope that this new Constitution and By-Laws will increase efficiency and co-operation, and thereby stimulate the growth and development of our science.

Problem of Arrested Growth

WE have been facing a situation for several years that was simply made more acute by the war. Our practitioners have made good from the first. Osteopathy has been demonstrated to be a science, almost an exact science, but for several years we have not grown in numbers as we should have grown. What is the reason for this? It is the opinion of your humble servant that it is very largely due to two things: to the lengthening of the college course and to the inadequate legislation that governed the osteopathic graduate.

As osteopathy developed, it became apparent to nearly every one who did not look upon the proposition as a commercial proposition from the school standpoint, that it was necessary to raise our entrance requirements and increase the length of the course. There are some of our older practitioners who still think this should not have been done, but it is my opinion that they do not stop to consider how little they



Chairman Geo. W. Riley Adding Up the Total Salvage from Flu-Pneumonia

knew when they graduated and how much they have learned since. I am of opinion that those who hold to this belief unconsciously not only belittle our science, but our venerable founder, Dr. Still, as well. Dr. Still knew that there was more to osteopathy than was taught in those early days. He said: "Now, boys, I have the squirrel by the tail; it is left to you to pull him



Professor Gerdine Applying Psychanalysis to a Case of Hickorynutitis

out." As the squirrel comes out, as more and more osteopathic facts are discovered and correlated and applied, it must of necessity take longer to teach these facts, their correlation and application.

Must Make Stand for the Unlimited License

WITH but few exceptions our experience has taught us that we can handle our affairs and promote our development very much better under an independent board of osteopathic examiners than under a composite

Oh, Girl!

Why do you wait for miracles to happen for osteopathic advancement when they go on right along in the very air we breathe?

Mme. Galli-Curci used her divine art to laud osteopathy.

Will you let any home in your field go ignorant of this great tribute to the science you practice?

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board. We should emphasize this feature in prospective legislation as has been done, but I regret exceedingly that we have not laid more stress on procuring laws that give our practitioners the unlimited license.

The students in our Osteopathic Colleges do as many hours' work, over the same period of years, study the same subjects, with the exception of *Materia Medica*, for which Osteopathic Therapy is substituted, as the students in Rush Medical College, but in a very large majority of states these students are granted only a limited license to practice, which brands them as half-baked and uneducated.

The days when students flocked to our colleges with a religious fervor are passed, the novelty is gone, it is a cold business proposition now. The average young business man does not like the idea of spending the same time and money in our colleges as he would have to do in an M.D. college, and then being handed a limited license



Champion Walter V. Goodfellow of California Cleaning Up the Reception Committee Sharks With a 91.

to practice. The result has been that many young men have gone into regular medicine, or have been persuaded to take a short course in a fake school, who would have studied osteopathy if they could have obtained the license and been

Oh, Boy!

You may wait a long time for another such boost for Osteopathy as Mme. Galli-Curci gave in her record-breaking Benefit Concert. This is the attractive lead of the August issue

OSTEOPATHIC HEALTH

See it. Use it. Get the thrill of it and pass it along to your own community.

And a man said to me: "If Kirksville is such a factor in osteopathic affairs, why not bottle the very air and water of the place and serve it on tap elsewhere?"

But I came back at him like a flash and replied: "Twenty-five years of college service, with the teaching experience it brings and with the growth it makes possible in scientific work, mean as much, or more, to a school than a fairly large money endowment.

"There are things which enter into the make-up and conduct of a college that money cannot buy. Loyalty to ideals is an example. Osteopathic conviction and esprit du corps also are of this class. Such invisible things of the spirit are not measurable in dollars. Kirksville is rich in this kind of inheritance. The American School of Osteopathy is legatee to the personal life-work of our revered Founder, and as such is in position to excel in many respects because of the very vastness of its opportunity and privilege.

"Yet not only has it age, experience and prestige, which count so much in successful school life, but it possesses by far the greatest money investment in real estate and equipment and it spends each year very much the largest sum of any school in the profession for its teachers, laboratories and other operating expenses. Its available money income is equivalent to better than a million dollars of endowment money. The profession could not hope to set up a new institution and achieve for it an equal amount of advertising good-will by the expenditure of many millions of dollars."

Here, then, is a fortunate college having back of it age, experience, prestige, brains, money, principle and unchallenged loyalty to osteopathic therapy—all combined and applied in its make-up and operation. It is the school which should appeal to you for all these reasons when directing your prospective student friends this summer in the selection of a college to enter. Think it over.

THE TAYLOR CLINIC

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DR. F. J. TRENER, Y,
Superintendent and Roentgenologist

DR. DWIGHT D. CLARK,
Field Manager

DR. J. N. WAGGONER,
Eye, Ear, Nose and Throat

DR. LOLA D. TAYLOR,
Gynecology and Obstetrics

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accorded the standing they deserved when they graduated.

Without Colleges Our Science Cannot Live

IT is to be regretted that out of thirty-nine states that considered osteopathic legislation this year only three obtained laws granting the unlimited license. There is no doubt that our legislative work, as well as many of our other activities, was greatly interfered with by the fact that our profession was overworked with their acute practice and could not devote the time necessary even to such an important matter. It is my opinion that we should work incessantly from now on to obtain laws that contain the tenets clause—that is, that give us the right to practice everything taught in our

Osteopathy's Power Over Flu-Pneumonia

Quotations from Dr. Geo. W. Riley, New York, Before the 23d Convention of the American Osteopathic Association, Chicago, June 30th-July 3d

AS you know, a letter containing a blank questionnaire on Flu and Pneumonia to gather our statistics as to death rate was sent last November to all practicing Osteopaths in the United States and Canada. Strict and emphasized instructions were given to report only definite and well-developed cases, and to report all such, together with all fatalities. Several follow-ups went out after this first appeal.

All told, 2,445 Osteopathic Physicians have reported, every state and every province of Canada being represented.

These 2,445 Osteopathic Physicians, representing every section of the country, the small towns as well as the large cities, report having treated 110,122 cases of epidemic Flu with only 257 deaths, or a mortality of only one-fourth of 1 per cent.

These osteopaths also reported having cared for 6,258 cases of epidemic Pneumonia with only 625 deaths, or a Pneumonia mortality of only 10 per cent. Some fifty of these deaths occurred within twenty-four hours after the Osteopathic Physicians were called.

This comprises a sufficient number of cases to warrant intelligent and conservative conclusions and comparisons.

Taken by themselves, these figures show that in every 1,000 cases of Flu treated osteopathically, only 2½ died. This means that in every 1,000 cases of epidemic Pneumonia, only 100 died. In other words, if you were stricken with Flu, there were 400-chances-to-1 in favor of your recovery if you were treated osteopathically; but only 19-to-1 in favor of your recovery if you were to be treated medicinally; and if you lived here in Chicago and were under medicinal care, your chances of recovery would be only 6-to-1, while if you lived in New York City your chances would be only 9-to-1.

Now if you had epidemic Pneumonia and were being treated osteopathically you would, according to the above statistics, have 9-chances-to-1 in favor of your recovery, but if living here in Chicago and you were being treated medicinally, your chances would be only 3-to-1, while in New York City there would be only 2 chances in favor of your recovery against 3 for your death.

Representing the osteopathic profession, Mr. President, I make announcement of these figures with no boasting air, but with an humble and regretful spirit that we were unable to keep the mortality down to the more normal level of 3 per cent in Pneumonia.

Osteopaths Proved Injustice of Their Rejection for War Service

I DO feel, however, that we are justified in taking pardonable pride in what we have been able to do in this pandemic in comparison with what the M. D.'s of the country did, and especially so, in view of the bitter opposition waged by the American Medical Association against the passage

Osteopathic Colleges, and that is an unlimited license for us. Until the time comes when these matters are properly adjusted, every member of the profession should constitute himself or herself as a committee of one to recruit students for our colleges, also to raise endowments for our colleges, for without our colleges the science cannot live.

We are thankful to God and the Allied Armies that the war is over. We are thankful that we have been tried and not found wanting in the gravest epidemic that has ever visited the earth. We are thankful for the great future that lies before Osteopathy and a greater opportunity to serve suffering humanity, and I am thankful to every member of this Association for the cordial co-operation given your officers during the past year.

by Congress of the bill making licensed Osteopathic Physicians eligible to take regular examination for commissions in the Medical Department of the United States Army and Navy.

There were more than 500 licensed Osteopathic Physicians in the Army and Navy doing only the work of privates. When the epidemic was raging and the boys were dying by thousands, were these 500 licensed Osteopathic Physicians with their skilled professional training ordered to help care for the afflicted? They were not. Why not? Because their college medical degree was "D. O." instead of "M. D." That solely. When the boys out at Great Lakes Station and out at Camp Grant and Camp Benjamin Harrison and Camp Sherman and Camp Devens and Camp Upton and Camp Dix and Camp Meade, and all the other camps—when those boys were coming down by the thousands with Pneumonia and dying at the rate of 34 out of every 100, and the medical staffs at the various camps were being worked to death, and were wholly inadequate to handle the large number of Pneumonia cases, were not those licensed Osteopathic Physicians called to aid in saving those dying boys? THEY WERE NOT! Why? Because Surgeon-General Gorgas said that only physicians with the college degree of M. D. were eligible to enter his Medical Department in the U. S. Army. I, therefore, Mr. President, ask the citizens of your City of Chicago, and the citizens of the United States, this question?

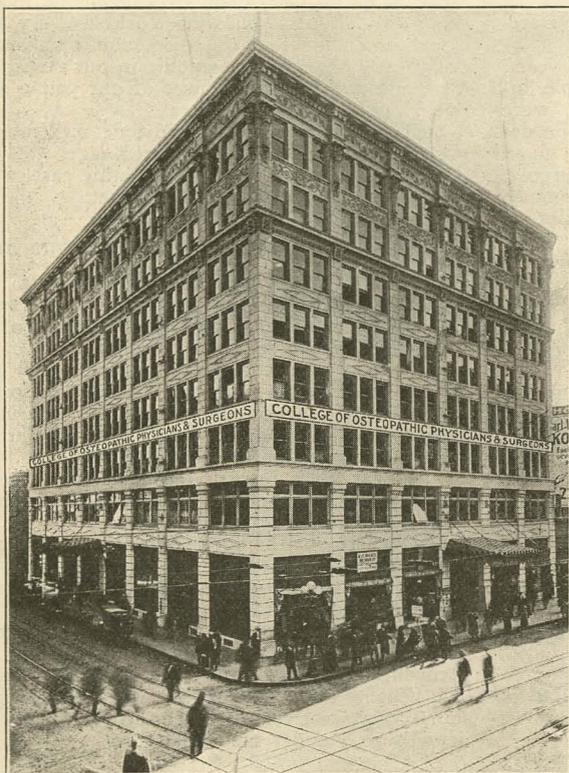
If 33 or 34 out of every 100 Pneumonia cases under medicinal care died, and only 10 out of every 100 cases under osteopathic care died, *who is responsible for those 24 deaths in every 100 cases, THE DIFFERENCE BETWEEN THE TWO RECORDS?*

A further and very interesting feature of these reports is the fact that so many of the osteopathic physicians reported that practically none of their patients contracted these diseases who, just preceding and at the time of the epidemic, had been having more or less regular osteopathic treatment. In their opinion, the resistance of such patients was brought up to such a level by osteopathic prophylaxis treatment that they were able to withstand the infection of the epidemic.

Late Pandemic More Destructive Than Battle

PICTURE, if you can, a world service flag of sufficient proportions to include an ordinary sized star for each soldier and sailor mobilized by the several belligerent nations in the great world war. Some 41,113,650 stars would be on that flag—7,582,300 would be gold stars, representing that many battle deaths. This slaughter covered a period of practically four and one-half years.

The Flu-Pneumonia Pandemic—including the recrudescence—covered a period of only about six or eight months, yet within that time there was hardly a family in the whole world in which some member, immediate or remote, was not stricken. Estimates have been made that 10,000-



To develop the best there is in a student
is the great, paramount duty of a teacher

The College of Osteopathic Physicians and Surgeons

[Controlled and Operated by the California Osteopathic Association]

has kept this important fact constantly in mind while forming its staff of educators. Step by step its faculty has been developed by intelligent selection until today it represents a teaching body of highest capacity in which every member is distinctively fitted for his work by temperament, knowledge, and experience. The native ability of the student is sympathetically considered and given every encouragement.

Faculty Members—Their Qualifications and Subjects:

(Continued from last issue)

EDYTHE F. ASHMORE, D.O., Dr. S. S. Still College of Osteopathy; Trustee A. O. A., 1902-1906; first vice-president A. O. A., 1906-1907 and 1911-1912; member Michigan State Board of Osteopathic Examiners, 1906-1911, and secretary of same, 1908-1909; post graduate Los Angeles College of Osteopathy, 1911; Author "Osteopathic Mechanics."

Teaches Osteopathic Technique.

ARVIN BENJAMIN SHAW, JR., B.Sc., University of California, 1910; J. D., University of California, 1913; Instructor in Laboratory Biology and Entomology in same, 1910-1911; Instructor in Economic Entomology, 1911-1912.

Teaches Medical Jurisprudence.

EDWARD STRONG MERRILL, D.O., Pacific College of Osteopathy, 1907; A.B., Beloit College, Beloit, Wisconsin, 1902; Post Graduate work in Bacteriology and Pathology, University Southern California, 1906; Post Graduate work Boston Psychiatry Hospital, 1914; Post Graduate work in Latin and Greek, Lawrence University, 1902-1903; Instructor in Latin, Occidental College, 1904; Instructor in Demonstrative Anatomy, Pacific College of Osteopathy, 1907.

Teaches Psychiatry.

ROYAL H. CHRIST, D.O., Pacific College of Osteopathy, 1910; A.B., University of Southern California, 1898; Professor of Pathology and Bacteriology, Southern California Post Graduate College of Medicine, 1911-1913.

Teaches Hygiene.

JOHN ADAMS COMSTOCK, D.O., College of Osteopathic Physicians and Surgeons, 1915; Registrar and Secretary of the Faculty, College of Osteopathic Physicians and Surgeons; Fellow of the (Royal) Entomological Society of London; Secretary Entomological Society, Chicago, 1898; Instructor, Nature Study Roycroft Summer School, 1904; Curator of Entomology, Southwest Museum, Los Angeles, Cal.

Teaches Laboratory Anatomy, Embryology, Hygiene.

THOMAS JOHAN OTTO VOLKMAN, D.O., Los Angeles College of Osteopathy, 1908; Treasurer of the Practical Research Society of New Zealand, 1898-1904.

Teaches Metabolic Diseases.

THOMAS CARLYLE YOUNG, D.O., Los Angeles College of Osteopathy, 1909; one year internship in same, 1910; M.D., California Eclectic College, 1914; Clinical Course, Los Angeles County Hospital; work in Murphy Clinic, Chicago, and Mayo Clinic, Rochester, 1913 and 1918; New York Post Graduate and Bellevue Hospital, 1918.

Teaches Surgery of Neck and Thorax.

LOUIS T. HULL, D.O., Los Angeles College of Osteopathy, 1914; Post Graduate College of Osteopathic Physicians and Surgeons, 1917.

Teaches Osteopathic Technique.

NORMAN G. STEWART, D.O., Pacific College of Osteopathy, 1910; Post Graduate Pacific College of Osteopathy, 1911; work in Mayo Clinic, Rochester, Murphy's and Ochsner's Clinics, Chicago, and in the Chicago Hospital for Crippled Children; Professor of Digestive Diseases, Pacific College of Osteopathy, 1912.

Teaches Alimentary Diseases.

ERNEST GEORGE BASHOR, D.O., College of Osteopathic Physicians and Surgeons, 1915; Interne, Los Angeles County Hospital, 1916-1918; Assistant Supervising Obstetrician, City of Los Angeles, 1918.

Teaches Infectious Diseases, Clinical Obstetrics.

FREDERICK A. GRIFFIN, D.O., College of Osteopathic Physicians and Surgeons, 1916; Post Graduate, same, 1917; Special Work in Bad Neuheim, Germany, under Schott and specialty work in G. U. under Guyon, Paris, 1907.

Teaches Associate Nervous Diseases.

EDWARD BRANT JONES, D.O., Los Angeles College of Osteopathy, 1910; Work in Chicago Post Graduate Clinics, Alexian Brothers, Cook County and Augustine Hospitals, and at Bellevue and Fordham Hospitals, New York.

Teaches Genito-Urinary, Rectal Diseases, Surgery, Dermatology and Syphilis.

JAMES M. WATSON, D.O., College of Osteopathic Physicians and Surgeons, 1915; Interne, Los Angeles County Hospital, 1916-1918.

Teaches Laboratory Pharmacology.

Members of the teaching staff in the professional departments of the College of Osteopathic Physicians and Surgeons conduct clinics in connection with their didactic work. These clinics are open several hours each day. The total number of hours of clinical work given by the college is, therefore, much greater than is indicated in the outlined course of study. In each practice subject a minimum number of hours of clinical work is required of each student. After the student has credit for this minimum he may attend further clinics in any department he elects. Clinics are conducted during the summer vacation period and students may attend these without additional fee.

DR. R. W. BOWLING, Dean

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Dr. C. C. Reid's Private Post Graduate Courses have been turned into **The Denver Polyclinic and Post Graduate College**, Course Number One, **The Denver Post Graduate Osteopathic Efficiency Course** and Course Number Two, **Technique, Physical Diagnosis and Applied Anatomy** all combined in one under one tuition, and will be given three or four times a year.

Next course begins **Monday, August eleventh, and lasts four weeks.** This is the first time the Efficiency Course has been given in the summer time. It will be a fine opportunity for those who have been desiring to get the course in the summer time.

All subjects covered in both courses will be taken in the one. Six to eight hours a day clinical and didactic work. A rapid review over the most vital subjects pertaining to practice. Efficiency will be running all through. Especial emphasis along the business side of practice will be applied, such as legitimate publicity, charges, collections, the psychology of meeting patients, office help, keeping records, planning, personal efficiency and so forth.

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Seattle, Washington, April 22, 1919.

For the past few months I have been applying the principles of Orifical Surgery in my practice and such splendid results have been derived from the work that I feel that it is the first thing to be considered in the treatment of all chronic diseases. It is such an easy direct aid to diagnosis and I have, by this method, found the first and fundamental cause of most of the suffering in a great many cases. Financially Orifical Surgery has been of more benefit to me than any other line of office practice and so far has returned to me many times the cost of tuition. The Correspondence Course is thorough and the methods taught are practical from the very first lesson. I can heartily recommend the Course to others who are letting their chronics get away from them.

Other letters and further information upon request. Next graduating clinic at Chicago in September.

School of Orifical Surgery, Inc.
Utica Building Des Moines, Iowa

000 deaths resulted from these two diseases within that short six or eight months.

Do you grasp the full meaning of that statement?

The world war lasted four and one-half years, during which time the majority of the people, including the greatest minds of the world, were devoting their whole time and efforts to the destruction of their fellow men. Billions upon billions of dollars were spent for that purpose. The result of that time, that energy, that money, was over 7,500,000 deaths from battle. But as great, as shocking, as horrifying as that is, it doesn't begin to compare with the destructiveness of those two diseases, Flu and Pneumonia, which in a few months, it appears, killed some 10,000,000 human beings, and no one can estimate the destruction and suffering that will follow from the insidious sequel.

Our National Government and the Insurance Companies have estimated that 500,000 of our own citizens lost their lives as a result of this epidemic. Our entire war casualty list, including not only every battle death, but every wound, every scratch that required a hospital dressing, did not reach 300,000. But these two diseases, in about one-third of the time covered by our casualty list, actually caused the death of 500,000 of our citizens—ten times our death list overseas, and almost twice our entire casualty list! Do you grasp the terribleness of this appalling fact?

Pandemic Fatalities Under Medical Treatment

WHAT lessons does this great scourge hold for us as physicians, and for the world, interested as it is in the comparative efficiency of the several methods of treatment in vogue? Let us turn for answer to the ratio of deaths for both epidemic diseases under treatment of the allopathic physicians.

It has been difficult indeed to get accurate and complete information upon which conclusions can be based. In the first place, there are so very many of the states in which Influenza and Pneumonia are not reportable diseases, and many in which even deaths are not compulsorily reportable, which precludes complete and accurate survey.

In the second place, it has been impossible to get replies from all of those from whom information was sought. Requests for information as to the number of cases of Flu, the number of cases of Pneumonia, and the number of deaths from each, were sent to every State Health Commissioner and every City Health Commissioner in cities of 50,000 population and over. One hundred forty-eight replies were received. Many did not reply. Many reports received were incomplete for the reason that Flu and Pneumonia are not reportable diseases in some states.

Sufficient data, however, including reports from 24 State Health Commissioners, have been received in the replies of those 148 Health Commissioners, together with the estimates of the National Census Bureau and the several Insurance Companies, to warrant the *ultra-conservative* estimate of 5 to 6 per cent of fatalities in Flu cases under allopathic care. In Boston the Flu fatalities amounted to 27 per cent, as reported by the Health Commissioner of that city.

These reports also show a conservative estimate of 33 per cent of fatalities in Pneumonia cases under medicinal care, and in some large centers it ran as high as 68 to 73 per cent! As officially compiled to date, the fatalities in epidemic Pneumonia in our Army camps amounts to 34½ per cent.

Chicago had 54,144 cases of Flu with 8,148 deaths, or a 14½ per cent Flu mortality. There were also 21,895 cases of epidemic Pneumonia, with 5,717 deaths, or a 26 per cent mortality.

In New York City there were 160,945 cases of Flu, with 15,863 deaths, or a 9 4/5 per cent Flu mortality, and 28,731 cases of epidemic Pneumonia with 18,383 deaths, or a 64 per cent Pneumonia mortality. These figures are exact, for in both cities these two diseases are reportable.

What do those figures mean? They mean that

in every 1,000 cases of Flu in Chicago, 145 cases died; in every 1,000 cases of Pneumonia in Chicago, 270 died; and in New York in every 1,000 cases of Pneumonia, 640 died, and that out of every 1,000 cases of Pneumonia in our Army, 345 died, and that the very flower of our young manhood.

Such experiences under old-time medical care may well make the whole world eager to know the results obtained under osteopathic care, which are statistically stated at the outset.

Osteopathy Could Save Millions in Insurance Losses

THIS data of osteopathic success in treating epidemic Influenza and Pneumonia is of extreme importance economically. One of the largest insurance companies—perhaps the largest measured by the number of policies in force—estimates that the amount paid out by the insurance companies in death claims due to Flu and Pneumonia amounts to over \$100,000,000.

The War Risk Bureau estimates that the epidemic will cost the United States Government \$150,000,000 in insurance money.

On the basis of the above mortality percentages, it is very easy to compute the saving that osteopathic care of these cases would have vouchsafed to the insurance companies and to the United States Government. The same principle applies to the Health Insurance Companies for, according to the above reports, the sum saved in sick benefits under osteopathic care, would figure down conservatively to one-third of the sum actually paid under medicinal care.

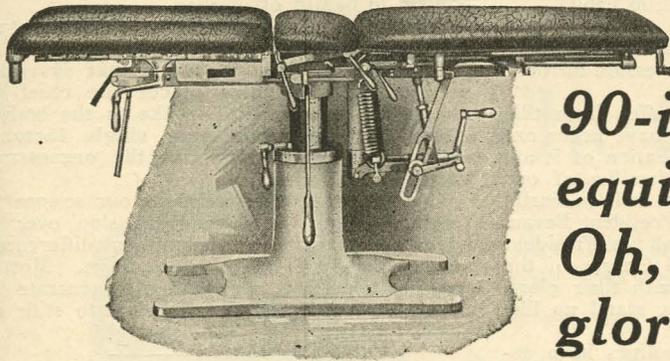
No Osteopath Makes Drug Addicts

THEN, my fellow physicians, I wish to call attention to another very important reason, among the many, for your having a keen sense of pride in the work that you accomplished throughout these terrible months of epidemic.

There is not an Osteopathic Physician in this audience and not one among all these 2,400 physicians reporting epidemic cases, who can not stand before his fellowmen, before all the world, with chest up, head erect, eyes beaming and a consciousness that not one in all that fortunate army of 110,000 patients treated osteopathically has become a drug addict through any professional act of his, while bringing such patient through those dreadful anxious hours of prostration with Flu or Pneumonia.

Is not such a consciousness as that a joy to you, Mr. President? Is it not a joy to you to preside in your home city, over an Association whose members assumed the grave responsibility when life was in the balance, and made good? And made good, mind you, without even subjecting a single one of those patients to the danger of becoming another of those drug addicts, those poor, pitiable unfortunates, whose moral backbone is gone entirely, who will lie and deceive every member of their families, kill even, to obtain one more grain of those damnable drugs that have been the curse of millions of our fellow citizens! Do I picture that too strongly, my friends? I believe not. Why, right here in the bosom of Chicago, in this year of our Lord 1918-19, when some 80,000 of your fellow citizens were sick unto death with Flu and Pneumonia, and some 14,000 of them died, what took place?

According to the report of a Committee of your City Health Department, which made an exhaustive study of the conditions surrounding Flu and Pneumonia, they found in the files in 946 of the 1,200 drug stores of the city, 441,641 prescriptions written by the physicians with the M. D. degree for those 80,000 neighbors of yours sick with Flu and Pneumonia; and of that number of prescriptions 104,101 contained narcotics, those very drugs that are producing all of the horrible, awful depravity among our neighbors, friends and relatives. Think of it, my friends, in this day when the United States Government and the State Governments are organizing to stamp out the drug evil, physicians with the M. D. degree include dope in one-fourth of their prescrip-



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tions, thus laying the foundation, especially among weak, nervous patients, for this drug habit!

It is fair to suppose that this picture of the practice in your city is a conservative estimate of what is being done by the profession all over the country.

Do any of your loved ones suffer from this drug affliction? If not, and you have never experienced the suffering and humiliation of it all, then hundreds of thousands of families of our great country will tell you it is hell on earth. And who is to blame? Let ex-President Bevan, and ex-President Vaughn, and ex-President Welsh, and ex-President General Gorgas of the American Medical Association, with their glorified and hallowed M. D. degrees, stand up like men and answer.

Medical bigotry and medical politics have denied us so far the opportunity of doing in the Army "the part for which we are best fitted," as expressed in the words of President Wilson. Everywhere and on every occasion, the "regulars" tried to cast doubt upon our ability to do the work. But in this dreadful epidemic that has just passed you have shown that you are fitted, and are prepared, to cope with one of the most virulent and deadly of all diseases, and do it immeasurably better and more successfully than the "regular."

I want to say that never has my faith in the efficacy of Osteopathy been so great as it is today. If we as a profession had never accomplished anything else than what we did in this epidemic, that alone would be sufficient to make the name of Dr. A. T. Still immortal.

AOA Past Presidents Organize

PAST presidents of the AOA in attendance at the Chicago meeting met at informal dinner and perfected a permanent organization. Dr. Booth, who served in 1901-2, was elected president, and Dr. Teall, who succeeded him in 1902-3, was made secretary. Others present in order of their service were Drs. Hazzard, Evans, Ray, Hildreth, Holloway, Atzen, Meahcam, Riley and Fryette. Dr. Chiles was present on invitation and on resolution he and Dr. Irene Harwood Ellis, the first secretary, were made perpetual guests of honor of the association. After a good feed with much fun and skylarking by those elderly and dignified solons, they adjourned to meet in 1920.

This is a good idea, as it assures the AOA of the organized wisdom of these men, gained by experience. This partly disposes of the query "What shall we do with our ex-presidents?" Organize them, to be sure, but the question still hangs over us, "What shall we set them doing then for the general good of the cause?"

New Chicago College and Hospital Bred Enthusiasm

THE new Chicago Osteopathic College and Hospital attracted many to 5200 Ellis avenue. Every visitor at once recognized the vast possibilities for the institution and predicted for it a great future. They had only to see this beautiful property to make them proud of their profession and to realize that it is the establishing of such institutions as this that must guarantee the future of our profession. If osteopathy lives it is up to the doctors in the field to support all our colleges by sending them students, and all our hospitals by sending them operative cases and hospital patients.

Definition of Osteopathy Which Was Adopted by the AOA Convention

A DEFINITION of osteopathy was adopted by the 23rd annual convention of the AOA as follows:

Osteopathy is the name of that system of the healing art which places the chief emphasis on the structural integrity of the body mechanism, as being the most important single

factor to maintain the well-being of the organism in health or disease.

The author, Dr. C. B. Atzen, has also stated the drug healing art in these words:

The drug schools comprise that system of the healing art which places the chief emphasis on the chemical intake to the body as being the most important single factor to maintain the well being of the organism in health or disease.

This is the first definition of our science that we have seen which does not slop over and which really points out the integral difference of our healing art from its predecessors. Most attempts at writing a definition degenerate into dogma and some of them attempt to stifle academic freedom.

Make Up of the New House of Delegates

ACCORDING to figures based on the 1917-1918 AOA directory, a basis of representation in a house of delegates which apportion members, as follows:

	Membership	Delegate and 1 additional for each 100 or fraction of 75%.		Membership	Delegate and 1 additional for each 100 or fraction of 75%.
Ala.	9	1	N. J.	117	2
Ariz.	10	1	N. M.	9	1
Ark.	18	1	N. Y.	230	3
Cal.	241	3	No. Car.	34	1
Colo.	65	1	No. Dak.	8	1
Conn.	35	1	Ohio	158	2
Del.	29	1	Okla.	45	1
Fla.	34	1	Ore.	52	1
Ga.	23	1	Penn.	239	3
Idaho	23	1	R. I.	20	1
Ill.	269	3	So. Car.	16	1
Ind.	60	1	So. Dak.	31	1
Ia.	137	2	Tenn.	39	1
Kans.	99	2	Tex.	77	2
Ky.	32	1	Utah	9	1
La.	10	1	Vt.	17	1
Me.	42	1	Va.	24	1
Md.	13	1	Wash.	56	1
Mass.	167	2	W. Va.	18	1
Mich.	111	2	Wis.	53	1
Minn.	80	2	Wyo.	4	1
Miss.	7	1	Canada	91	6
Mo.	325	4	Officers and Trustees .	18	18
Mont.	41	1			
Neb.	72	1			
N. H.	16	1			
				3285	90

This body will run all the business of the AOA, formulate all policies and elect the trustees and officers of the national association.

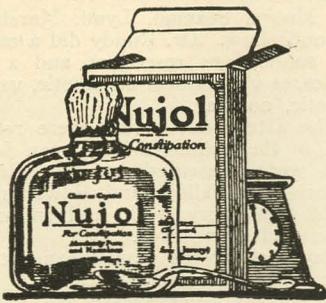
Chicago College Gives Its Best Post-Graduate Course

By LeRoy Coombs

THE second post-graduate course at the Chicago College of Osteopathy was even better than the one given there in February, notwithstanding the excellent reports of the latter. All the post-graduate students are greatly enthused over it and many declare they are coming to the next one given if their practice will permit. There were 69 members enrolled as against 43 in February. These were from every corner of the United States, from Florida to California. A large number say it was the finest thing they have ever experienced since their graduation days.

Every lecture given seemed to draw the full quota of students. Those which possibly enthused the post-graduates mostly, however, included the ones given by Drs. McConnell, Fryette, Gour, Deason, J. B. Littlejohn, Blake-man, Blanche Elfrink, and Nicholson. The work comprised every branch of the profession that was of any appreciable interest to those present.

Besides the regular daily schedule, special lectures were given in the evenings by such well known personages as Dr. Bivin on psychiatry, and Dr. Lowenthal on nervous and mental diseases.



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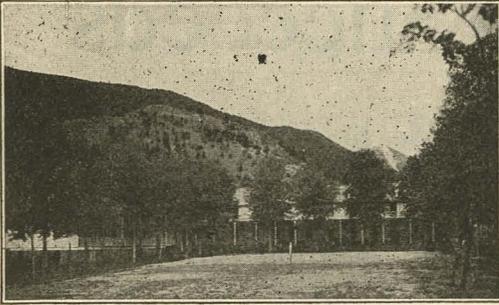
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Special attention to surgical cases.

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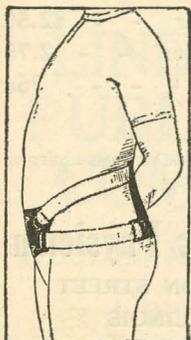
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SIDE VIEW

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Eye-Ear-Nose-Throat Convention

By LeRoy Coombs

NINETEEN NINETEEN Eye, Ear, Nose and Throat Convention, held at Chicago College of Osteopathy, from June 23 to 27, inclusive. There were 250 members present.

This Eye, Ear, Nose and Throat Convention accomplished what almost no convention of like character has ever accomplished in the history of the world. The only purpose of the convention was to find the truth. They had their entire energies concentrated on the idea of finding what was best to do to cure and relieve the sufferings of humanity. Prejudice, pet theories, regard for the other fellow's feelings had no power or influence. If a man knew something worth while to say he was listened to and commended, but if another thought him wrong he criticised and tried to show the mistake.

The programme was divided into morning and afternoon sessions. Those in the morning included examinations of a large number of clinic cases and their treatments. It also encompassed a great many surgical operations. Among those who demonstrated were Doctors Ruddy, Larimore, Moore, Seaman, Lynd, Marshall, Deason and Goodfellow. Dr. Ruddy did a cataract operation, sub-mucous resections and a number of tonsil cases under local anesthetic, using his own anesthetic, nodolar.

In the afternoons papers were read and discussed in the manner of an open forum. The papers were presented by Drs. Ruddy, Read, Larimore, Goodfellow and Edwards. They all brought forth very lively and enthusiastic contentions and discussions.

Friday evening the annual banquet took place at the Chicago Beach Hotel. It was a rip-roaring success. There were 200 of the members present. A very humorous clairvoyant stunt by Drs. Deason and Ruddy, and a number of toasts by other prominent physicians brought forth a lively and interesting time. Dr. Deason was the toastmaster.

Dancing followed the splendid dinner, with music by the best orchestra available.

Dr. Larimore was elected president for the coming year, filling the place of Dr. Deason, the retiring president.

New Constitution and By-Laws of the AOA

The New Matter Is Set in Black Face Type

CONSTITUTION

ARTICLE I.—NAME

THE name of the association shall be The American Osteopathic Association.

ARTICLE II.—OBJECTS

Section 1. The objects of the Association shall be to seek to promote the interests and influence of the science of Osteopathy, and of the osteopathic profession, by all means that will conduce to their development and establishment, that the perfecting of the science of osteopathy shall be a monument to the memory of its founder, Dr. Andrew Taylor Still, whose original researches have made osteopathy as a science possible.

The stimulating and encouraging of original research and investigation, and the collecting and publishing of the results of such work for the benefits of the profession:

The elevating of the standard of osteopathic education and the cultivating and advancing of osteopathic knowledge:

The fostering and directing of a correct public opinion as to the relations of the osteopathic profession to society and to the State, and the providing for the united expression, frequently and clearly, of the views of the profession thereon:

The promotion of friendly emulation and social intercourse among the members of the profession, and of prompt and intelligent concert of action by them in all matters of common interest.

ARTICLE III.—MEMBERS

The membership shall consist of the present members, members of the Division Societies, and such others as shall be elected in accordance with the by-laws.

ARTICLE IV.—DIVISION SOCIETIES, AUXILIARIES AND BRANCHES

State or Territorial osteopathic societies, and societies of foreign countries and their provinces may become Division Societies; and the student bodies of recognized colleges may become Auxiliaries, of this Association in accordance with the by-laws. The House may create such Branch Societies essential to the advancement of the profession.

ARTICLE V.—ANNUAL SESSIONS

The annual sessions shall be held at such

time and place as may be determined by the House, but such time and place may be changed by the Trustees should necessity warrant.

ARTICLE VI.—HOUSE OF DELEGATES

The House shall be the business body of the Association, and shall consist of Delegates elected by the Divisions, and such other members as may be provided for by the by-laws. It shall represent the delegated powers of the members, and be the representative of the Divisions in national affairs. It shall elect the officers and Trustees, excepting the Secretary, and transact all business not otherwise provided for. The officers and Trustees shall be members of the House, but without vote. Each Division shall be entitled to one Delegate to the House, and one additional Delegate to each one hundred of its members or fraction of three-fourths thereof who are in good standing in this Association.

ARTICLE VII.—OFFICERS

The officers shall be a President, First Vice-President, Second Vice-President and Treasurer, elected annually by the House to serve for one year or until their successors are elected and installed; and a Secretary elected by the Trustees.

ARTICLE VIII.—TRUSTEES

The Board of Trustees shall consist of the President and Secretary, ex-officio, the immediate ex-President and fifteen other members, five of whom shall be elected annually by the House to serve for three years. The Board shall transact the business of the Association between sessions, and be subject to the House.

ARTICLE IX.—SECTIONS

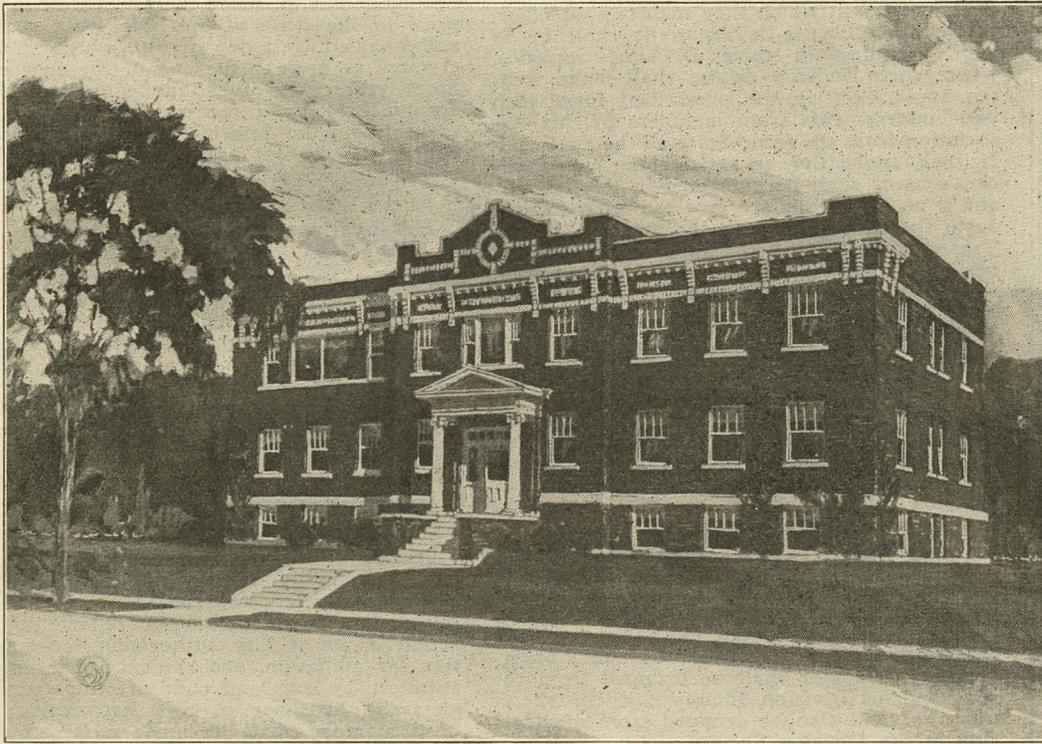
For the more systematic prosecution of the objects of the Association, Sections may be authorized from time to time by the Board of Trustees, on general divisions of the science of osteopathy. Sections may be dissolved by the Board for cause.

ARTICLE X.—AMENDMENTS

This Constitution may be amended by the House at any annual session, by a three-fourths vote of the members present. Provided, that such amendments shall have been presented to the House and filed with the Secretary at a previous annual session, and that the Secretary shall have it printed in the Journal not less than two months nor more than four months previous to the session at which it is to be acted upon.

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Dedicated to Andrew Taylor Still.



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1. Osteopathic. 2. Orthopedic. 3. General Surgical. 4. Obstetrics. 5. Gynecology. 6. Nose and Throat. 7. Proctology and Urology. 8. X-Ray and Laboratory Diagnosis.

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It gives minute instruction for relieving Pain by Nerve Pressure.

Headache, Toothache, Earache, Neuralgia, Neuritis and numerous other affections relieved in a few minutes.

Deafness of years often benefited immediately by pressure on appropriate nerves.

The Book comprises Nineteen Chapters of Two Hundred Twenty-seven Pages, is profusely illustrated and describes the methods employed by Dr. FitzGerald and others in effecting the Marvelous Cures which have made Zone Therapy known throughout the Medical World.

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Hartford, Conn., Dept. A.

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Lyons, Kansas, May 5.

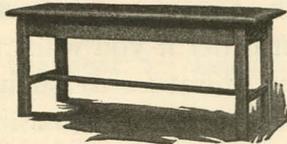
Dr. T. C. Lucas:

Please send one bottle of Naevola, for which a check for \$5 is enclosed. I saw it used at Denver while attending Dr. Reid's Efficiency Course in February. It worked well in the hands of Dr. H. Fenner. He removed 54 warts from one side of the face of a man who could no longer be shaved, or shave himself. It was quite wonderful to see how completely they were removed. The man was very happy.

Dr. M. Quisenbery,
Lyons, Kansas.

Don't wait another minute, doctor. Write to DR. T. C. LUCAS, 1130 Lady Street, Columbia, S. C., for complete information about NAEVOLA.

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WHEN typewriting communications or news matter for "The Osteopathic Physician" please double space it to make possible editorial revision between lines without recopying.—Editor.

BY-LAWS

PART 1

MEMBERSHIP—FEES AND DUES

Membership

Section 1. Applicants for membership shall be graduates of those colleges recognized by this Association, must be licensed to practice in the States in which they maintain an office, where such license is required; shall be in good standing in their Division Societies, where such Division exists; shall make written application on the prescribed form with two endorsements from members of this Association from the same State as the applicant. If such application is satisfactory the applicant's name shall be published in the Journal, and if no objections are received within thirty days, the Secretary, with the approval of the Trustees, shall enroll the applicant as a member and notify the Division Society of such action. If objection is made, the application shall be held, and the Membership Department shall make full investigation and report to the Board of Trustees for action.

New Graduates

Sec. 2. New graduates may be admitted to membership at the time of graduation, and may hold membership for one year before being required to become a member of their Division Societies or to become licensed in the State in which they locate.

Delinquencies and Reinstatements

Sec. 3. A member whose dues remain unpaid for two months shall become suspended and forfeit all membership privileges, but may be reinstated before the expiration of four months by payment of current dues; otherwise said member shall be dropped from the rolls and his Division Society notified, whereupon he shall also be dropped from membership in the Division Society.

Members must retain their membership in their Division Societies, and failing to do so shall be dropped from the rolls with due notice of such action. Such members may be reinstated on evidence of having been placed in good standing in the Division Society. A member moving to another State must become a member of the Division Society of that State. Provided, that the double membership rule shall not be enforced as to single memberships dating prior to July 1st, 1919, but shall be enforced as to delinquents applying for reinstatement whose names have been duly dropped from the rolls.

Discipline

Sec. 4. Members shall retain the rights and privileges pertaining to membership in the Association so long as they comply with the rules and regulations. Any member charged with the violation of the constitution, by-laws, rules and regulations, or the code of ethics, or of grossly unprofessional conduct, may, upon investigation by the Trustees be suspended; and, further, may be cited to appear before the Board of Trustees to answer to such charges. If the charges are sustained he may be reprimanded, further suspended or expelled, as the Board may determine. A member who has been suspended or expelled on giving evidence satisfactory to the Board or purpose to comply with the rules of membership in the Association may be reinstated by a three-fourths vote of the Board of Trustees.

Life Memberships

Sec. 5. After three years membership, on payment of \$150, a member shall be entitled to a life membership; said sum to be invested as a permanent fund, and the accrued interest applied equally to the membership fund and Department of Public Affairs.

[Note—It is suggested that life members be compelled to retain their membership in the Division Society and be subject to discipline, the same as other members.]

Fees and Dues

Sec. 6. The annual dues of members shall be \$10, one-half of which shall be set aside for the exclusive use of the department of public affairs, and provided that the trustees may, in their discretion, reduce the amount of the first year's dues to members joining at the time of graduation. Each application for membership made within three months prior to the close of the fiscal year shall be accompanied by a fee of \$10, which shall be credited as dues to the end of the succeeding fiscal year. All other applications shall be accompanied by a fee equal to \$1 for each month from the date of the application to the end of the current fiscal year, which shall be credited as dues for that year; provided, that in no case shall such fee exceed ten dollars.

The fiscal year shall begin on June 1st.

Assessments

Sec. 7. To meet an emergency the Board of Trustees is empowered to levy an assessment on each member not to exceed the amount of dues for one year, the same to be collectable in the same manner as the dues; the failure to pay assessment shall affect the membership of member failing to pay in the same manner as failure to pay annual dues as herein below provided.

PART 2

DIVISION SOCIETIES AND AUXILIARIES

Section 1. Any State, Territorial or Foreign osteopathic Society wishing to become a Division Society and constituent part of this Association shall submit a report of such action of its society authorizing the application for affiliation, and evidence that its constitution, by-laws and code of ethics conform generally to those of this Association; and if satisfactory shall be made a Division Society. Provided, that this section shall not become effective until adopted by two-thirds of the State Societies.

Sec. 2. The officers of such Division Society shall be the local officers of this Association in their district, and shall be obligated to the maintenance of departments in their Division conforming generally to this Association, and prepared to co-operate with such departments in all matters pertaining to their district; and to be responsible for the collection of dues of both societies, and for the building up and maintenance of the membership.

Districts

Sec. 3. Division Societies may be authorized to organize District Societies as constituent parts of the Division Societies, whose relations to the Divisions shall in all respects conform to the relationship existing between the Division and this Association.

Auxiliaries

Sec. 4. The student body of a recognized college may organize as an Auxiliary Society and make application for affiliation as such; and if accepted its members may participate in the workings of the Association, and be entitled to a delegate to the House without vote. The amount of its per capita dues to this Association shall be fixed by the House.

Part 3

DELEGATES

Section 1. Each Division Society, at a regularly called meeting, shall elect or appoint, in a manner satisfactory to this Association, the number of delegates and alternates to the House to which it is entitled according to the statement of their members in good standing not less than sixty days previous to the annual session, issued by the Secretary of this Association. Such Delegates and Alternates must be in good standing in this Association, and must be furnished with proper credentials on a prescribed form provided by this Association.

(Continued on page 18)

Summertime Emergencies

VACATION time is always attended by a host of accidents and injuries, the wounds of which in most cases become serious in proportion only to their neglect.

The automobile trip, or outing in the cool, refreshing woods; the visit to some favorite trout brook, or climb up some charming mountain trail, rarely ever fails to bring its quota of abrasions, cuts and surface wounds. Trivial or serious, neglect is the chief source of danger. Prompt and thorough antiseptic treatment is urgently necessary to avoid infection and its consequences.

For this purpose there is no antiseptic so serviceable and efficient in every respect as

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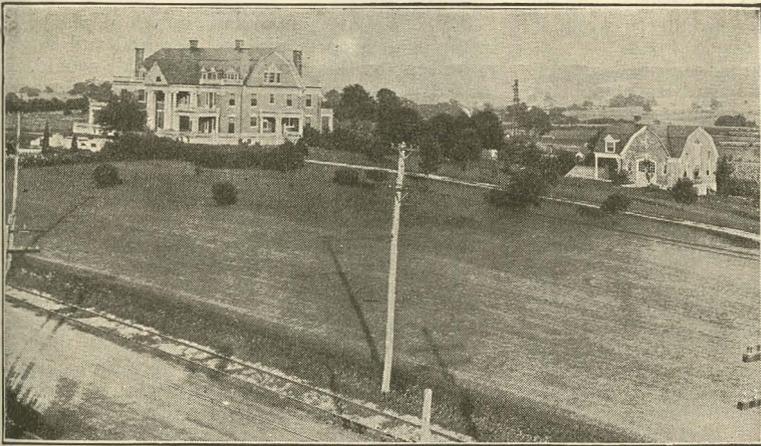
The confidence of medical men in Dioxogen for all hygienic, prophylactic and first aid uses is well reflected by the care so many physicians take to have a supply with them on every journey—and to recommend their patients to do likewise.

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The Osteopathic Physician

The Organ of News and Opinion for the Profession

Published on the 15th of Every Month By THE BUNTING PUBLICATIONS, 9. S. Clinton St., Chicago, Illinois. Henry Stanhope Bunting, A. B., M. D., D. O., Editor and Manager; Ralph Arnold, Business Manager. Subscription price: \$2.00 per annum. Advertising Rates on Application. Copyright, 1917, by The Bunting Publications.

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EDITORIAL

Fairness, Freedom, Fearlessness

"Hew to the line, let chips fall where they will"

Vol. XXXVI JULY, 1919

No. 1

THE GOLDEN AGE OF OSTEOPATHY IS HERE

For a decade or more The *OP* has been a consistent adviser of change in the mechanism and reform in the policies of the AOA. At times we have laid ourselves open to the criticism of preaching reform not wisely but too well. The accepted and popular way of working reform is to institute a gradual, slow, insidious, pleasant propaganda and say only a little at a time—as much as folk can accept without being made to feel uncomfortable. The reformers who work that way have the merit of not getting disliked. They have the good fortune to offend nobody. But it is apt to be a slow process. It takes time and patience plus—but, we now have come to believe it probably is worth all it costs.

The *OP* in its early and artless way put considerations of personal interest aside and went direct to the heart of the matter and laid the subject bare. It preached reform with a meat-cleaver. It cut clear through the tissues of the national organization and without regard to offense pointed out whatever it thought was wrong and could be improved upon. It did this with its eyes open, knowing that it would sacrifice some friends and good will which inwardly it grieved to suffer. It may have been a mistake. As dollars-and-cents business policy to our publication it of course was a serious handicap. We are not claiming it was wise in any sense at this late day, and we do not expect to repeat that sort of technique in any future reformation that we may champion. There is some ground for argument that such a straight-from-the-shoulder fighting policy may even alienate supporters and delay the very consummation it seeks to realize.

But, be that all as it may, the reforms we have urged so patiently were gloriously ushered in at the Chicago meeting. The new constitution and by-laws, as presented by Chairman Upton's committee and adopted but slightly modified, seem to us to give a good working basis for the proper conduct of the AOA business.

A clean sweep of executive management was made. With it, naturally, we are justified in expecting that a complete change of policy in many respects will follow. The things that are good and worth while will be pushed harder than ever, and the things that represent piffle and putter will be eliminated. New brooms do wonders at cleaning out the cob-webs and rubbish heaps. The profession has every confidence that Secretary Gravett will be as little hampered by the tradition and red tape of his office as a reformer and efficiency engineer must be when he is set at the task of modernizing a business. We believe the new constitution and by-laws will facilitate his work greatly and, if found inadequate in spots, these instruments can be made right

gradually as we go along and discover their faults.

We have every confidence that President Conklin will run true to form in his year of official responsibility, and we are sure that he will continue the same safe, sane, progressive and vigorous policies that have marked the administration of ex-President Fryette.

We likewise have faith that the trustees will elect an able, deep-thinking, progressive osteopathic leader as editor of the *Journal of the Association*. He should be a man who has already proven his command of the tools of journalism. It is not a berth for an amateur, either in the councils of the profession or in editorial technique. It calls for one blessed with vision of leadership. In some ways this berth is more important to fill right than the job of secretary. A live man in the editorial chair can be of inestimable aid and comfort to a live secretary. We trust that the Trustees will give Secretary Gravett's own wishes careful consideration as to the selection of his running mate. Team work is needed. These two officers, editor and secretary, must work as yoke-mates who are in absolute sympathy and understanding as to their joint program.

The foregoing achievements by the AOA fill our hearts with joy and courage for the future of our noble profession. Just as at times in the past we have frankly bellyached and admitted unutterable discouragement at the slowness of osteopathic progress and the littleness of osteopathic vision, so now by contrary signs we rejoice to herald the great work done and we do not hesitate to proclaim the arrival and presence of the Osteopathic Renaissance. It is here! The Golden Age of Osteopathy has dawned. We feel the inspiration and joy of it and are sure that the net achievements of our Association, profession and schools in the year ahead will be ample endorsement of the wisdom of the new policies entered upon and full justification for our optimistic enthusiasm over developments.

For the first time in ten years at least The *OP* is now wholly satisfied with the official line-up and is sure that we will give a wonderful account of ourselves in the work ahead.

Let us congratulate each other and in the midst of our jubilation pledge our very best support to the new officers in discharge of their great work.

MAKE THE NEW HOUSE OF DELEGATES STAND FOR PROVEN LEADERSHIP

The newly created House of Delegates becomes the business transacting body of the American Osteopathic Association, elects its officers and formulates the profession's policy generally: so it is a very important piece of our governmental machinery. It is, of course, superior to the trustees, whom it will select hereafter, and when in session annually will constitute the ultimate governing body of the profession, such as congress, made up of elected representatives of the people, as the formulator of laws and policies, is the ultimate governing body of the United States.

Naturally enough the best wisdom, experience and capacity of the profession must be sent to this body and must be kept there. We want our best brains and truest hearts as the make-up of this council of administrators. Primarily it should be composed of tried, true, willing and successful workers in the organizations of the home states. Election to the House of Delegates should come as the reward of *distinguished service already rendered* the home state. When a man or woman has served his state association for years successfully and has proven that he has the vision of leadership and is able to help his home organization solve its problems and win success, he is then fit material to send up higher into the council of our national leadership.

None who are untried or who have been found wanting are fit to sit in this governing body. It must not be possible for the osteopath who has given his local, state, district and city societies the cold shoulder for years to achieve such distinction by political activity.

One of the weaknesses of the old plan of government of the AOA was that persons who had not attended more than one or two home state meetings in ten years and who were regarded therefore as negligible factors in their own states could come to our annual conventions and get elected to serve on the board of trustees. It was even possible for men to achieve the national presidency whose own states had never been organized for osteopathy and did not support any sort of a state association.

All that, in our belief, will be changed under our new form of government. The national society will be built out of successful state units. No longer will it be possible for national society statesmen to fire the convention imagination and enthusiasm and sweep into high office on waves of oratory. The House of Delegates plan of government has been adopted in part to prevent just that sort of business. The osteopath without credit at home will cut mighty small figure in our future AOA councils. Thus the AOA will use its influence to build up the local state societies.

Naturally this honor will appeal to all who have political aspirations, so there will be a tendency for the politician to seek the office. We trust that every state association will formulate the policy promptly that "office must seek the man" in the case of election to the House of Delegates. The only successful way for an ambitious candidate to seek this honor should be to address himself to hard work in his home society until his talent and merit are discovered. That is legitimate and honorable and we hope to see hundreds of such worthy aspirants.

Put none but loyal, seasoned, hard-working and progressive osteopaths on guard in our new House of Delegates! Try and omit as far as possible the emotional orators and spellbinders in favor of the calm, deliberative type of thinkers and the doers with punch who have real achievement in them.

If we really wish the House of Delegates to be a wise governing body let us fill it with wise representatives.

We believe every man and woman of real power in the profession would feel honored and be glad to be sent to this working body. We would. By making election a real honor and reward of distinguished service and a work of *present ability to serve* we will not be disappointed in what we expect this new board of law-givers and business managers to accomplish for the profession.

THE TRUE FUNCTION OF OSTEOPATHIC PUBLICITY

Conversation with several prominent members of the profession at the AOA convention reveals the fact that a good many osteopaths hold to the belief that as soon as intelligent educational campaigning increases practice to the point where a fellow can't take care of it that he ought to stop his propaganda activities.

Just the reverse of truth!

He ought possibly to raise his rates and put a reasonable limit on the number of cases he attempts to handle, making a more critical selection of his cases and all that—all of which makes for the increase of reputation and reward due the doctor himself without increasing his physical burdens.

But osteopathy cannot get enough educational publicity until it is recognized by everybody for its full worth and dignity as the capstone of the healing art. Just because an osteopath has all the practice he can look after he can well afford to make a good substantial monthly outlay for osteopathic propaganda. He will not then feel the investment, as some other osteopath may, who really needs more practice in order to be able to pay expenses. Such a prosperous busy osteopath, *just because he already is drawing big dividends on osteopathy*, owes it to osteopathy to make a really valiant return of capital to educational publicity for the general good of the cause. He should really put out a ten times bigger campaign than the poorer doctor who

doesn't know how he is going to meet his month's expenses.

If our prosperous, well-established practitioners will really do something generous in this direction there will soon be fewer members of the profession who don't know how to meet their monthly expenses.

We all owe a good deal to the general cause and should not measure our obligations to it solely by the test of whether we need personally to use literature for extending our own practice. That is only one and not even the greatest use for educative-literature. Its greatest function is "to put osteopathy right with the people." Osteopathy needs this to be done in order to get proper state laws, adequate hospital and school endowments and research funds; a bigger army of students and the proper acceptance of osteopathic practitioners in every community at their full value as full-fledged physicians. *Propaganda alone holds the keys to this opportunity.*

Now, Prosperous, Busy Osteopaths, please ask yourselves, is it true that osteopathy already has all of these assets and blessings that it needs? Are you as well satisfied with what the science and art of osteopathy are getting as their share from the world as you are with your share—as you are with the dimensions, character and rewards of your own practice?

If not, then you really are not doing what you ought to to help the cause forward. You should be spending several hundred dollars per annum—not to increase your practice, if you are already very busy, but to increase the public's understanding of and good will for osteopathy as a reform therapeutic movement. Think it over.

Now, that the officers, leaders and rank and file of the profession have been in session in Chicago laying plans to find solutions for our problems, this is a fitting time for the busy, prosperous osteopath to resolve to put forth his full share of propaganda for the year ahead.

IT HELPS

The Resolutions Committee handed a word of appreciation to the editor of *Osteopathic Health* and *The Osteopathic Physician* for good work done in the past year in handling the subject of the flu-pneumonia epidemic for the advancement of the profession.

We assure you this acknowledgment is very greatly valued by the recipient. In fact, the whole staff down to the office boy was cheered by it. It will help us do better things in the year ahead.

NEED OF IMPROVING OUR CONVENTION CLINICS

We rise to propose that our convention clinics be rescued from the rank of secondary interest to which they have been consigned from the beginning of our professional history, and that they be exalted to a first-rate importance in the activities of our great national society. An institution that has a \$40,000 income is well able to pay whatever reasonable sum is necessary to organize its clinics and bring cases of sufficient interest to the city, if that be necessary, in order to get the right variety and types of diseases.

A fair share of the money now realized from convention exhibits might reasonably be applied to paying the expenses of the convention and making our meetings the greatest success possible. In fact, our annual meetings probably never will take on the aspect of being assured *business* and *professional* successes, with every feature and arrangement standardized and guaranteed to be as good as it ought to be, until a permanent meeting place is adopted, until arrangements are no longer left to inexperienced and volunteer effort, and until real money is spent to provide certain necessary program features.

Consider clinic material alone. This feature, we must admit, was a comparative failure at this last Chicago meeting. In some departments at least, there were no clinic patients to speak of. Yet the committee of arrangements had talked a lot about *getting* patients to come to the meetings and had put forth considerable effort to

achieve that end. Only they didn't produce them by the plans tried and with the means at hand. We have learned by one failure, then, that some more efficient plan of organizing, advertising, transporting, and perhaps rewarding clinic cases is necessary in order to get the number and variety of cases wanted.

Now, it is timely to ask, what is of any greater importance to the AOA than to be able to guarantee that the clinic material is abundant and satisfactory at these conventions? Isn't that a part of the natural and necessary function of the association? Why, assuredly. Having the finest assortments of clinic cases possible to *select* and *bring* to the convention is one of the prime duties and opportunities of the national society.

It is a much more important piece of work, for instance, than to make a success of our exhibits, as important and necessary as exhibits are. Indeed, the success of the exhibits is important mainly because it furnishes revenue with which to make a grand success of the rest of the convention. The association does not exist to be in business or to make money. Such money as it legitimately can earn from exhibits and *Journal* advertising space should be spent to improve the service rendered to its membership. The exhibit function of the AOA, then, is subordinate to the clinic function. As much experience, judgment, brain-power, work and money may well be expended upon making the clinics a success as we have found it necessary to give to make exhibits successful.

Too long have we exalted the merely revenue-producing functions of our national organization to first consideration, as if they were really ends in themselves, whereas their real purpose is secondary—important as revenue-producing is, yet secondary to carrying on the proper scientific study of osteopathic diagnosis and technique. Clinic work, second to fellowship only, is the great consideration of our membership and constitutes one of two main reasons why our folks cross the continent to come to meetings. Perhaps it is the very first reason in the minds of a good many. To be sure our people come to see the exhibits, too, but however complete and educative the exhibits, osteopaths would not be willing to accept these as substitutes for good clinics. They want both and are entitled to have them.

It seems clear then that the way to improve our clinics at conventions is, first, to regard it as a real man's work, and next, spend as much money as is found in judgment and discretion to be necessary to accomplish a fine job of it. Don't expect good clinics to grow out of amateur enthusiasm, and such money as the local osteopaths contribute for convention entertainment. Remember that the convention is a part of the legitimate necessary business of the AOA and as such its entertainment and local arrangements expense ought to fall upon the society treasury. If there is not enough money in hand from dues, advertising and exhibits, after defraying all other legitimate expenses, then a small registration fee from the delegates and visitors would put the convention preparation on a proper business basis. A convention so financed could be held in one city permanently, if it were so desired, without becoming a burden to the local osteopaths. They could then be drafted legitimately for a larger measure of service in the way of building up clinics, etc., if they had less labor to do in the way of soliciting and collecting convention entertainment and arrangement money.

Let's talk it over. See if we can't make our clinics at Chicago in 1920 a wonderful achievement which, we must all admit, they never have been yet.

Who knows the best way to bring out desirable clinical patients at our national meetings and the best way to insure they will show up, as advertised, when the time comes? Who has had the experience at previous conventions or at state conventions in arranging successful clinics? All speak up who know. The *OP* will be glad to print as many good plans, suggestions and ideas for making successful clinics as come in to us.

Lieut. Frank C. Farmer, U. S. M. C., Recovering from Pneumonia in an Army Hospital

LEUTENANT FRANK C. FARMER, U. S. Medical Corps, was stricken with pneumonia in New York City while on a furlough just before the opening of the AOA meeting. His furlough expired in the early stage of the infection and in accordance with the rules of military discipline a medical ambulance backed up to the door the day his furlough was up and took the sick man to an Army hospital for the usual medical treatment. Frank's intimate friends in the profession grieved for a week that it was not possible to give him the advantage of osteopathic care, as they realized so well it would increase his chances for recovery very much, but war is war and the army medical department, of course, knows no relapse of military discipline which proceeds under our "state medicine" along strictly allopathic lines. Solicitude for Lieut. Farmer was increased by the news that his kidneys were not in good condition. Just about the time the Chicago convention adjourned, however, a wire came that Lieut. Farmer had passed the crisis and was recovering. Fellow osteopaths, it is a severe strain on one's equanimity to have a dear friend or relative going thru the fight with pneumonia and be unable to render the aid and comfort of osteopathic ministrations.

Dr. Geo. A. Still Will Rush to Emergency Operations by Airplane

DR. GEO. A. STILL will shortly ride in an aeroplane to emergency operations, also catch the train at La Plata and also speed to state association meetings where he is on the program. George also proposes to give new students free transportation to Kirksville whenever he has a vacant seat on his return hop. George also says in confidence that "guys we don't like we can take up about 2,000 feet and then drop them out."

The Kirksville Aeroplane Company is being incorporated to buy a \$3,200 machine and each stockholder will hold a \$100 share of stock. The officers elected are:

President, Dr. George A. Still; vice-president, J. G. V. Redmon; secretary, Charles Rorabaugh; treasurer, Ethel Conner. The board of directors is composed of Dr. George A. Still, Attorney J. G. V. Redmon, Charles Rorabaugh, F. W. Warren, W. B. Huston, Attorney C. E. Murrell, and D. I. Stephenson.

Opportunity

THEY do me wrong who say I come no more
When once I knock and fail to find you in;
For, every day I stand outside your door
And bid you wake, and rise to fight and win.

Wail not for precious chances passed away,
Weep not for golden ages on the wane.
Each night I burn the records of the day;
At sunrise every soul is born again.

Laugh like a boy at splendors that have sped,
To vanished joys be blind and deaf and dumb;
My judgments seal the dead past with its dead,
But never bind a moment yet to come.

Though deep in mire, wring not your hands and weep;
I lend my arm to all who say, "I can."
No shamefaced outcast ever sank so deep
But yet might rise again and be a man.

Dost thou behold thy lost youth all aghast?
Dost reel from righteous retribution's blow?
Then turn from blotted archives of the past
And find the future's pages white as snow.

Art thou a mourner? Rouse thee from thy spell;
Art thou a sinner? Sins may be forgiven;
Each morning gives thee wings to flee from hell;
Each night a star to guide thy feet to Heaven.
—Walter Malone.

New Constitution and By-Laws of the A O A

(Continued from page 14)

tion, to be approved by the Credentials Committee at the annual session before being admitted to their seats in the House.

Sec. 2. A Delegate having been given his seat shall remain the accredited delegate throughout the session, unless he finds it impossible to continue in service, in which case the Alternate shall be entitled to his seat for the balance of the session. In the event that the Delegate fails to qualify within a prescribed period, the Alternate shall be given his seat and shall serve as the regular delegate throughout the session.

Sec. 3. In case any State does not become a Division Society, the members of this Association in that State, at a regularly called meeting, or other manner satisfactory to the Association, may elect or appoint one delegate as their representative in the House.

Sec. 4. The Division Societies shall, not less than thirty days before the annual session, furnish to the Secretary of this Association, a list of their Delegates and Alternates for the use of the Credentials Committee. The Secretary shall furnish to the Credentials Committee a list showing the number of Delegates to which each Division is entitled. In case any Division has elected more than their allowed representation, the Secretary shall drop the surplus names from the list beginning at the bottom, and shall notify said Division.

Part 4 MEETINGS Meetings

Sec. 1. There shall be a general meeting on the first day of the annual session, devoted to the delivery of the President's address, whose recommendations shall go to the House; and other addresses, reports and announcements that may be provided. Other general meetings may be held during the session on call of the President. On adjournment of the opening General Meeting, the Scientific body shall take up the program provided and the Delegates their duties in the House.

House Meetings

Sec. 2. The House shall meet coincident with the annual session, but may convene earlier on call of the President. Special meetings may be called by the President providing the Delegates are given at least two weeks notice, stating the objects of such meeting, at which no other business shall be transacted.

Scientific-Body Meetings

Sec. 3. The Scientific Body, composed of all the Association members attending the session, shall meet daily during the annual session for the consideration of scientific papers, and discussion of other subjects provided by the Program Committee.

Conference Meetings

Sec. 4. The Educational Conference and the Legislative Conference shall meet coincident with the annual session, and prior to the presentation of their reports to the Board of Trustees.

Part 5 RULES

Sec. 1. The meetings of the House and all other bodies shall be governed by Roberts Rules of Order except when otherwise provided in the Constitution, By-Laws, or special rules of order. The order of business and any special rules of the session shall be adopted in the beginning of the session, and shall govern the procedure unless unanimously suspended.

QUORUM

Sec. 2. One-third of the members of the House shall constitute a quorum, and a quorum having been declared present at the first meeting of the session shall be presumed to be present at all regular meetings during the session.

New Business

Sec. 3. No new business shall be introduced on the last day of the session unless by unanimous consent, and such new business shall require a unanimous vote to become effective.

Committees of the House

Sec. 4. To expedite the business of the House, the President, early in the session, shall appoint various committees to whom shall be referred the business coming before the meeting. Such business to be read and referred without further form unless objection is made. The committees must take immediate action on all business so referred, and must in all instances report it back to the House with its recommendation. A majority vote may recall any business previously referred to Committee. The following committees are required to be appointed in addition to the reference committees: Committee on Credentials, which shall receive and validate the credentials of the Delegates to the House and Conferences; and which shall report to the House at its opening meeting, the names of all Delegates entitled to be seated. It shall report its findings in all matters to the House. Committee on Rules, to which may be referred all questions of rules, or order of business or procedure. Committee on Reports and Auditing, to which may be referred the reports of officers or departments not otherwise provided for; and which shall see that the accounts of the Secretary and Treasurer have been duly audited. Committee on Constitution and By-Laws, to which shall be referred proposals and notices of amendments. In addition, the various Departments and Bureaus shall serve as Committees to the House while in session.

Part 6 Officers

Section 1. The President shall preside at all meetings of this Association, Board of Trustees and Executive Committee, and perform the duties usually pertaining to his office, and at the expiration of his term shall become a member and Vice-Chairman of the Board of Trustees and Executive Committee for one year, and preside over that body in the absence of the President.

Sec. 2. The Vice-Presidents, in their order and in absence, resignation, death, or disability or at the request of the President, shall perform the duties of his office.

Sec. 3. The Secretary shall keep a record of the transactions of all meetings of the Association; give due notice of the time and place of all of the meetings; conduct the correspondence of the Association, and collect all membership dues and other funds due the Association and turn the same over to the records and papers of the Association and perform such other duties as the Association may require.

Sec. 4. The Treasurer shall have charge of the funds of the Association, and shall disburse them only on the order of the Board of Trustees, attested by the President and Secretary. He shall make report annually, and at such other times as may be required of him, to the Board of Trustees, of the affairs of his office, and at the expiration of his term of office he shall deliver to his successor all moneys, books, papers, and other property of the Association in his possession. The Treasurer, at his entrance upon the duties of his office, shall execute a bond for the faithful performance of his duties. This bond shall be given by a surety company, and shall be subject to approval by the Board of Trustees.

Sec. 5. The Board of Trustees shall have the management of the finances, and shall conduct the business affairs between the annual sessions. It shall meet co-incidental with the annual sessions and at other times on call of the President. It shall make all the arrangements for the annual sessions; select the Editor of the Journal; appoint the Secretary, the Executive Committee, and the standing and special committees not otherwise provided

for; and receive the reports of such committees unless otherwise provided.

The Board shall pass upon the qualifications of applicants for membership in the Association; shall provide for the preparing and disseminating information concerning the principles and practices of osteopathy and the work of the association and its members as may from time to time seem wise and necessary, may assist in maintaining the rights and privileges of members when expedient and when such action may be likely to rebound to the general good of osteopathy.

The Board shall authorize and supervise all expenditures of the funds of the Association; shall take cognizance of and decide all questions of an ethical or judicial character and shall investigate charges either of violation of the Constitution, or of unprofessional conduct on the part of any member; and may exercise discipline in such case as, in its judgment, may require it, by censure, suspension, or expulsion. All complaints or protests, and all questions on credentials shall be referred to the Board of Trustees without discussion.

The Board shall audit the accounts of the treasurer and shall present at the annual session of the House a report of the affairs of the Association for one year and of its actual condition at the time of such report.

A minority of one-third or more of the members of the Board present at the meeting may appeal to the House from the decision of the majority on any question at the current session.

Any vacancy that may occur in the Board of Trustees or in any office not herein provided for may be filled temporarily by the Board until time of the next annual session of the Association. The Board shall take cognizance of the work of The A. T. Still Research Institute and support and advance the interests of the institution as much as is in its power to do. It shall nominate ten persons each year from which the Board of Trustees of the Institute is to elect five trustees of the Institute.

Part 7 SCIENTIFIC WORK The Program Committee

Section 1. The Program Committee for the annual meeting shall be appointed by the Board of Trustees. This committee shall prepare the programs for the general meetings at the annual session of the Association; shall arrange time and place of meetings of the sections; shall co-operate with the chairman of the several sections in order to co-ordinate the work of the sections; shall have general supervision over the meetings of the annual session on all matters relating to the program. This committee shall pass upon applications for new sections, and submit its recommendations thereon to the Board of Trustees, and shall have the power to revise the program proposed by any section, both as to subjects presented and participants.

Absence

Sec. 2. It shall be considered a marked discourtesy, in view of the high honor implied in being placed on the program, for any member having an assignment to absent himself without due notice to the Committee on Programs.

Disposition of Paper

Sec. 3. All papers and clinical discussions presented at the annual sessions of the Association, either in the general meetings or in the sections, shall be regarded as belonging to the Association; and that it is discourteous for any person having accepted a place on the program, to give out any paper or discussion for publication, wholly or in part, in advance of its publication by the Association, except on permission of the Committee on Publication. All papers shall be approved by the Committee on Publication before being published in the transaction of the Association.

Scientific Sections

Sec. 4. On petition of not less than twenty members of the Association, and after approval by the Committee on Programs, the Board

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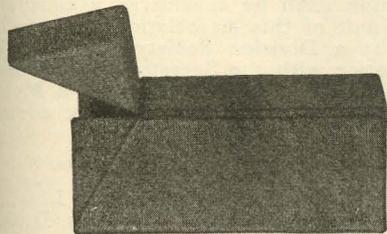
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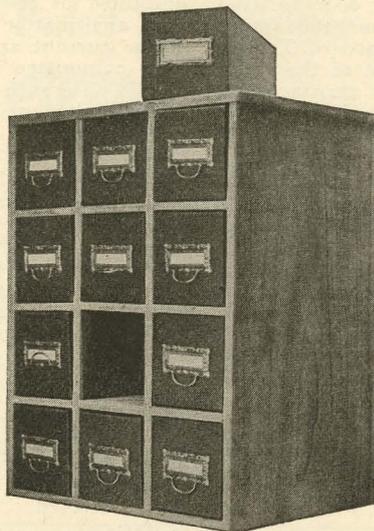
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Size of cabinet is 21 in. high, 19 in. wide and 13½ in. deep. Will hold 12 Kimono boxes. M. C. Cabinets are carried in stock only in Golden Oak finish. Price on other finishes can be had on request.

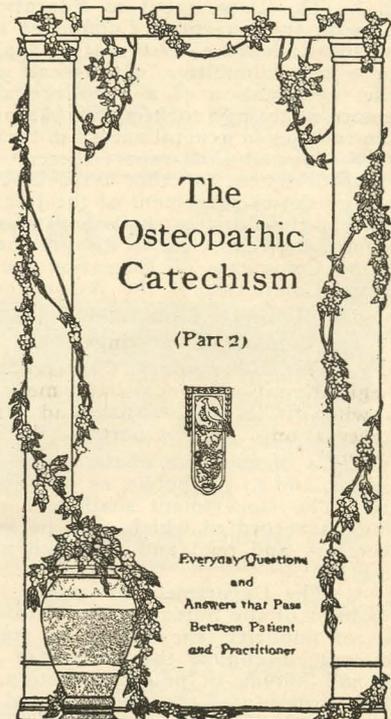
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Cabinet and 1 dozen boxes, complete, \$16.00
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No. 23



The
Osteopathic
Catechism

(Part 2)



Everyday Questions
and
Answers that Pass
Between Patient
and Practitioner

Part II.

of Trustees may authorize a section on any subject relating to the science or art of osteopathy. The persons whose names appear on this petition, with those who may register with the Secretary at the beginning of the annual session, shall constitute the members of the section. Those who have registered for any section at any annual session shall constitute the membership of that section for the ensuing year. No member shall register for more than two sections.

The first chairman of a section shall be appointed by the Board of Trustees. Thereafter at each annual session each section shall elect a chairman, who, in addition to his usual duties, shall prepare the program for his section, and submit it to the Committee on Programs at least three months before the date of the next annual session of the Association.

Each section shall meet at the time of the annual sessions of the Association, and shall hold not more than two meetings for formal program, but may hold a third meeting for business or informal conference.

Part 8 DEPARTMENTS Appointments

Section 1. The Board of Trustees at each annual meeting shall appoint members of this Association to constitute a department of publication, a department of education, a department of finance and development, and a department of public affairs.

Department of Publication ..

Sec. 2. The Department of Publication shall collect statistics and other information relating to osteopathy, and provide for its publication together with all papers and other transactions of the Association; employ editors and compilers as may be needed to carry out its work. It shall have full discretionary power as to what shall or what shall not be included in the published transactions of the Association, unless otherwise instructed by the Board of Trustees. The Department shall hold regular meetings, a record of which shall be kept by its Secretary and read and approved at each meeting.

Department of Education

Sec. 3. The Department of Education, together with the Executive Committee of The Associated Colleges of Osteopathy, shall constitute a joint committee, which shall provide for the investigation of any college as may be deemed necessary to keep this Association and the colleges in general accord in their aims and methods; and shall report thereon to the Board of Trustees of this Association. If this report shows agreement of the joint committee, then the Trustees shall confirm such report; but if the report shows disagreement between the Committee on Education and the Executive Committee of the Associated Colleges, the Trustees shall pass upon the matter as presented in this report, and its decision shall be final.

The Department shall take cognizance of all osteopathic publications, both professional and general, with particular reference to their ethical character; shall investigate and define the relations of members of the profession to each other, and to the public, as occasion may require. The Department shall hold regular meetings, a record of which shall be kept by its Secretary and read and approved at each meeting.

Sec. 4. The Department of public affairs shall consist of the bureau of legislation, the bureau of publicity, the bureau of statistics, the bureau of clinics, the bureau of public health and bureau of public education. The board shall designate the chairman and secretary, and each member of each of the said bureaus, and shall determine from time to time the number of members which shall constitute each of the said bureaus, and shall determine the duties and functions of these said bureaus.

Sec. 5. The Department of finance shall outline and report to the Board of Trustees at each annual session a budget of expense, with estimate of income as a guide for the budget to be adopted by the board. It shall have supervision of the finances of the Association, its collections and expenditures, and under the direction of the board, shall have charge of the membership work of the Association, and the enlargement and the development of the activities of the Association.

The Executive Committee

Sec. 6. The Board of Trustees shall appoint a member of the Board to preside over each of the Departments as Chairman; and the four Chairmen together with the President, immediate ex-President and Secretary shall constitute the Executive Committee of the Board, and shall transact the business of the Board between its sessions.

Part 9 Conferences

Educational Conference

Section 1. The Educational Conference shall consist of the Committee on Education and one delegate from each of the recognized colleges, and from each State Board of Examination and Registration. The chairman of the committee shall be the chairman of the Conference. This Conference shall meet prior to the presentation of the report of the committee to the Board of Trustees, and shall consider in an advisory way all matters referred to it or approved by the committee. The committee shall not be bound by any action of the Conference in making its report to the Board of Trustees, but a minority of one-third or more of the Conference may appeal any matter to the Board of Trustees at the current annual session of the Board. The committee shall submit the transactions of the Conference to the Board of Trustees as a supplement to its report.

Legislative Conference

Sec. 2. The Legislative Conference shall consist of the Committee on Legislation and one delegate from each Division society.

The chairman of the committee shall be the chairman of the Conference. This Conference shall meet prior to the presentation of the annual report of the Committee on Legislation to the Board of Trustees, and shall consider in an advisory way all matters referred to it or approved by the committee, having reference to the securing of legislation, or to the administration of existing laws. The committee shall not be bound by any action of the Conference in making its report to the Board of Trustees, but a minority of one-third or more of the Conference may appeal any matter to the Board of Trustees at the current annual session of the Board. The committee shall submit transactions of the Conference to the Board of Trustees as a supplement to its report.

Part 10 Elections

Section 1. Election of officers shall be the order of business of the House on the third day of the annual session. All nominations shall be made from the floor. Nominating speeches shall not exceed two minutes; and there shall be no seconding speeches.

Method of Conducting Elections

Sec. 2. All elections shall be by ballot, and a majority of all votes cast shall be necessary to election. In case of no election on the first ballot, the name having the smallest number of votes shall be dropped before taking the next ballot. This operation shall be repeated until a majority of votes is cast for one nominee, when he shall be declared elected.

Installation

Sec. 3. All business of the annual session shall be completed by the officers who have served through that session, so far as is practicable. The officers-elect shall be installed at

the last meeting of the annual session at which they are elected.

Part 11 Amendments

Section 1. These By-laws may be amended at any annual session of the House, by a majority vote of those present, provided a copy of said proposed amendment be deposited with the Secretary at least two months before the regular annual session at which the said amendment is to be voted upon. Upon receiving a copy of said amendment, it shall be the duty of the Secretary to have the same printed in the Journal of the Association at least one month before the annual session. At this session, the Board of Trustees may revise the proposed amendment, if necessary to secure conformity to this Constitution and By-Laws, and shall then refer it to the House for final action, not later than the last day but one of the session.

Two changes are offered to these rules by different members of the Committee, as follows:

Part 3, Section 2. Relating to Delegates. Add to this Section the following: "Each Component Society (or Division Society) shall be entitled to one vote in the House for each twenty members thereof who are in good standing in the A. O. A. The Component Society shall apportion such votes among its Delegates at the time of their selection, and notification of such apportionment shall be sent to the Secretary of the A. O. A. not less than thirty days prior to the meeting for which they are appointed. In the absence of such notification on the part of the Component Society their representation shall be confined to one vote for each Delegate to which it is entitled. In the absence of any Delegate or his Alternate the votes allotted to such absent Delegate may be voted by the senior Delegate from the same Component Society."

Part 2, Section 1. Relating to Division Societies. Change it to read as follows: "Each regularly organized State and Territorial Association shall be considered a constituent part or unit of this Association; and shall be known as a Division Society unless it shall file a notice with the Secretary of this Association of its desire to withdraw as a Division Society, within two years from the adoption of these by-laws."

C. A. Upton, D. O.
E. J. Elton, D. O.
P. S. Patterson, B. L.
Ralph H. Williams, D. O.
C. J. Gaddis, D. O.

Committee

Referendum . Amendment Which Was Added by the Convention

Provided, that a minority of not less than 25 of its members present and voting at any session, may appeal to the general meeting on any question of policy or election.

Convention Banquet a Star Success

WELL, we had the banquet menu as advertised, all the way from Cantaloup Suzette to Perry S. Patterson, Esq., toastmaster, and it was a notable occasion in every way. A delightful change in speakers was to have real war veterans tell us how we licked the Huns. Retiring President Fryette and President-elect Conklin were introduced for brief talks and in turn introduced their ladies, who received fine ovations.

Mr. Floyd Gibbons, Chicago Tribune war correspondent, who was on the torpedoed Laconia and lost an eye by machine gun fire at the front and was decorated by France and the United States, was the piece de resistance of entertainment. He told graphically of the last great push in which the United States troops "won the war" for the sixth and last time, the time that counted,

the finish, and his speech was very greatly appreciated.

Colonel Abel Davis, D. S. C., commanding officer of the 132d Infantry, 33d Division, made another fine talk on how our boys were trained for action and went through it becoming, for courage, independence and resourcefulness the best soldiers on earth.

Hon. Orrin N. Carter, chief justice of the Supreme Court of Illinois, made another very fine address. He told the osteopaths that legal privilege awaited them just as fast as they were ready for it, deserved it and made a stand for it, and he exhorted them, when they had emerged on top, not to become bigots and persecutors of new ideas in their turn as the old school so long as been.

Mr. Patterson proved a very versatile and witty hostmaster and left no room for ennui at the least.

Osteopathic Crew Sail For Baffin's Bay on Vacation

SKIPPER CHARLES H. WHITCOMB of the good ship Ponto of the home port Brooklyn will call to Mate Carl P. McConnell, Bos'n "Rafe" Williams, Chaplain C. M. Bancroft and other new members of the crew to weigh anchor and push off at dawn of August 2, 1919, for the damndest cruise that anybody ever took since the original cruise of the same good skiff in 1914. It is just a way certain osteopathic loafers who are neglecting practice for ten days have of getting together and undertaking to see who can have more fun than anybody else ever had since Tom Sawyer grew to manhood and forgot how to play. Of the original 1914 cruise of these idle-born Dr. Charles Green, Dr. Charles Hazzard, Dr. Dick Wanless and Major Henderson of Mataban, N. J., will again ship this cruise. Drs. Cecil Rogers and Fletcher are doubtful about making it. Other new tars this trip are Drs. Charley Mandel, Dr. T. D. Lockwood and Mr. Frank H. Nathan of Boston. The OP man got a bid but his babies have whooping cough and there is no treche in the fo'cas'le so he couldn't leave home. The fortunate tars of the great adventure for 1919 are in receipt of the following advance log: The crew of the Ponto has changed its former plans from a cruise to the Thousand Islands to a cruise thru Lake Champlain, the Richelieu River, down the St. Lawrence River to Quebec, on further to the Saguenay River, up the Saguenay to Chicoutimi, back over parts of this route to Murray Bay, St. Anne de Beaupre and to Montreal, back again to Sorel and then again thru the Richelieu River, Chambly Canal to Lake Champlain, with any further plans up to the crew.

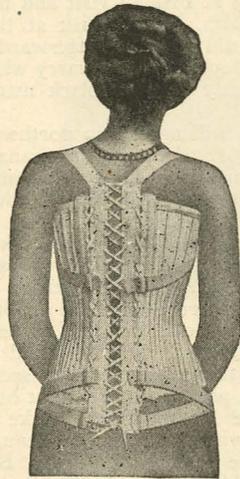
The above cruise is figured to cover about eight days.

In changing to include the Saguenay trip, said by many to be the most wonderful boat trip in the country, the crew thought that it would be very much more interesting and that we would thus have in store the most delightful outing possible.

The Ponto will leave her home port (Grand Isle, Vt.), early on Friday, August 1st, for Montcalm landing (old Ticonderoga Steamboat Landing), Lake Champlain to anchor over night so as to be ready for the arrival of the crew on the New York sleeper at about 3:40 a. m. Saturday, August 2nd. The station is right at the dock.

The Ponto will leave Montcalm Landing on its cruise northward at about 4:15 a. m. Saturday, August 2nd, and, with a favorable sea, should arrive at the Island Villa, Grande Isle, Vt. (after passing thru the wonderfully beautiful parts of the lake for ninety miles) at 9 o'clock for breakfast, a visit with Dr. Nellie and a "once over" of the home port and winter home of the Ponto. After a couple of hours here, the Ponto plans

Many Osteopathic Physicians Find It a Great Help



YOU doctors of Osteopathy have the faculty of finding the cause of ailments in your patients. You are not given to treating symptoms. You seek out the source of trouble. And very often you find the source of trouble in the spine—a deflected vertebra, a slight or perhaps well-defined curvature, or tender spots at various points. Now, in cases of that sort, in addition to the regular osteopathic treatment many of your brother practitioners have found a most efficient aid in the

Philo Burt Spinal Appliance

The Philo Burt Appliance serves to give your patients the utmost good from your scientific treatments. It supplements your work by helping retain the results as you achieve them step by step. A great many osteopathic practitioners of highest repute use the Philo Burt Spinal Appliance in all their cases of spinal trouble with distinguished success.

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We will make to order a Philo Burt Appliance for any case you are treating, allow its use on a 30-day guaranteed trial and refund the price if, at the expiration of the trial period, the appliance is not satisfactory in your judgment.

On request we will send detail and illustrated description of the Appliance, and letters from osteopathic physicians in evidence of its corrective efficiency. Write today. Special discount to physicians.

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THAT SEVENTH BABY

the one who loses out in the first year's fight for life—is, in one case out of four, a victim of food troubles.

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plays its beneficent part. Milk modified with Dennos may be made almost identical in composition with mother's milk. Heating automatically safeguards it against bacterial taint. Recommend Dennos. Give the bottle fed baby the maximum opportunity during the hot season.

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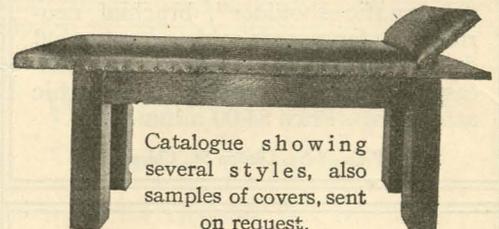
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Dr. Geo. Hayman

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Doylestown - - - - Pa.

"How Mrs. J. Investigated Twentieth Century Medical Advancement and Found Out What Every Woman Should Know About Osteopathy", is the title of our new special brochure on osteopathy for women. It is the October issue of Osteopathic Health. Order 100 copies today.—The O.P., Chicago.

It Will Pay You

I suppose you're getting the *Journal of Osteopathy* and reading it regularly.

But if not, it will pay you to get on the list.

It will keep you posted on the best methods and the latest discoveries.

It will tell you what others are doing, and the results.

It will report our progress toward the chance we should have in the army and navy.

It is all that you could expect to get for twice the price, and it is only

\$2.00 a year in U. S., \$2.15 in Canada and \$2.25 foreign.

Journal of Osteopathy
KIRKSVILLE, MISSOURI

How "Bad" Mechanism in Our "Joints" Makes Sickness

A well illustrated number showing how osteopathy adjusts the human machine at its joints especially. A simple but careful explanation of the relations of the bones, muscles, tendons, ligaments and cartilages to the nutrition of the entire body. The *big* argument for osteopathy. Price \$4.00 a hundred.

OP Co., 9 So. Clinton St., Chicago

WEAK FOOT, FLAT FOOT, BURSITIS, NEURITIS, HAY FEVER

A brochure dealing with such ills as weak foot, flat foot, broken arches, bursitis of the shoulder, "glass arm", "rheumatic shoulder", brachial neuritis, hay fever, rose cold and catarrhal deafness. All these maladies are successfully handled under osteopathic attention. Price \$4.00 a hundred.

OP Co., 9 So. Clinton St., Chicago

What Osteopathy Does for the Welfare of Women

How Mrs. J. Investigated Twentieth Century Medical Advancement and Found Out What Every Woman Should Know About Osteopathy. The Joy of Having Osteopathy During Pregnancy. This is a wonderful woman's number. Price, \$4.00 a hundred.

OP Co., 9 So. Clinton St., Chicago

to cruise further northward among the beautiful islands in the Great Back Bay (the home of the Black Bass) almost into Canada, then turning southward thru the Narrows between No. Hero Island and Alburgh Tongue (Vt. mainland) out into the open lake again and then northward to Isle La Motte, stopping at Fisk to visit and have lunch with Gov. and Mrs. N. W. Fisk at their beautiful home (Nell's old home). Afterwards a short inspection of the famous Fisk Quarry where is found the finest quality of pure black marble in the world.

From here the Ponto will again run northward to Rouses Point, the port of entry into Canada, for our papers and thence thru twenty-five miles of the Richelieu River to St. Johns, P. Q., where we start descending thru the twelve miles of the Chambly Canal to Chambly, P. Q., again taking to the Richelieu River for a run of forty miles to Sorel, P. Q., for the night. Here we enter the St. Lawrence River. The crew will start on Sunday morning on its cruise down the St. Lawrence River 130 miles to Quebec, which should be reached in the early afternoon, and after seeing many points of interest, will spend the night here.

Monday morning the Ponto should make an early start in order to visit St. Anne de Beaupre and possibly spend the night at Murray Bay. Tuesday the Ponto could easily make the Saguenay River and the beautiful trip up the Saguenay to Chicoutimi for the night. Wednesday, by making an early start, we could cruise down the Saguenay to the St. Lawrence and then retrace our steps in the St. Lawrence at least to Quebec, or such other place nearby as the crew prefers. Thursday we would have about a 200-mile run to Montreal for a "once over" and a night's rest.

Friday we would start back towards Sorel, along the Richelieu River and Chambly Canal and just about reach Lake Champlain. We still have Saturday to use if we have decided to take more time for any of the above mentioned parts of the cruise. But if we are able to make the time above schedules, we still have wonderful things to see in Lake Champlain.

If the crew wishes to prolong the trip anywhere, it is merely up to the crew. The Ponto is at the crew's disposal, and the whole idea of this cruise is to give the greatest possible pleasure, a genuine relaxation, and a rest to a bunch of good fellows—the crew of the Ponto.

Cordially yours,

CHARLES H. WHITCOMB, Skipper.

If anybody knows a better way to spend a vacation let him come forth and tell about it.

The Fryettes Dwell in the "Twilight of the Gods"

DR. AND MRS. FRYETTE, Chicago, are the guests for their vacation month of Mme. Galli-Curci at her wonderful home at High Mount, New York. This estate which was the former home of Miss Julia Marlowe comprises 70 acres of walled in privacy, on the summit of a beautiful mountain which is accessible only through one locked gate, the key of which the diva wears by a golden chain suspended from her waist. It is undoubtedly the real Mount Olympus, famous as the abode of gods and goddesses of other days. How would you like to loaf around a month while the immortal diva was tuning up? Oh happy Hal!

West Coast Osteopaths Form a Big Sectional Association

[From the Los Angeles Times, June 15.]

THE eighteenth annual convention of the California Osteopathic Association held a week's very successful session at the Gamut Club, Los Angeles, June 7 to 14. More than 400 delegates came from all parts of the United States to attend the convention. It is said to have been the most successful in the history of the association. Next year's convention will be held at San Francisco.

Outstanding in the day's business was the organization of the Western Osteopathic Association, to include all State and county associations in the western State and to convene annually.

Dr. George F. Whitehouse organized the new association. The delegates who assisted are: Drs. W. W. Howard, Medford, Or.; Mary M. Marshall of Portland, Or.; Mary E. Giles of Portland, Ore.; O. R. Meridith of Nampa, Idaho; Pearl Udall of Salt Lake City; Alice E. Houghton of Salt Lake City; Grace Stratton Airey, of Salt Lake City; Maud E. Callison of Safford, Ariz.; Royal H. Christ of Los Angeles;

C. J. Gaddis of Oakland; Elsworth Fleming of Long Beach; D. H. Clouse of Lodi; H. L. Biggam of Orange; H. J. Sanford, of San Diego; R. E. Lee of San Bernardino; F. O. Edwards of San Jose; Leona Taylor of Fresno; E. E. Donnelly of Pasadena; Roland F. Noble of Oakland.

Dr. Arthur T. Seymour of Stockton, chairman of the professional education committee, read his report. He suggested that at monthly meetings all local societies should have question boxes containing questions beneficial to all practitioners.

Dr. C. J. Gaddis of Oakland was elected secretary-treasurer of the association and editor of the official organ of the west coast, "The Western Osteopath."

Of great interest to the visiting delegates was the Lorenze operation performed yesterday afternoon by Harry W. Forbes, president of the College of Osteopathic Physicians and Surgeons. This is an operation of bloodless surgery to correct congenital dislocation of the hip.

California Osteopaths Win Two Bills As Law But Lose One

By Dr. C. B. Rowlinson, Los Angeles, California

GOVERNOR STEPHENS signed bills Nos. 844 and 402, but the medics were successful in their efforts to prevent him from signing 933. No. 932 "died" in committee.

I am enclosing one of the broadsides which the C. O. A. got out in the campaign to get the governor to sign 933. This was sent to the California osteopaths for display in their offices, and it also appeared as a full page advertisement in

newspapers in San Diego, Santa Barbara, San Luis Obispo, and other cities.

The following was the data printed in the display poster:

THE LIE

This folder was mailed to physicians of Los Angeles just prior to the public hearing before the Governor.

VITALLY IMPORTANT

READ THIS ONCE!

California Assembly Bill 933 (Merriam) was passed by both Assembly and Senate. It is now before the Governor for signature. This bill would make a physician and surgeon of every osteopath in California who pays \$25. No examination as to fitness at all—(just \$25)—that's all! Such a bill would license men who are inadequately trained. Inadequately trained men would be a menace to the lives of the people of California. This is a deplorable condition of affairs. But it is not too late to act (if you will do so once).

WHAT YOU CAN DO

1. You yourself must telegraph (day wire or night letter) to Governor William D. Stephens, the Capitol, Sacramento, California, today (Wednesday, April 30th), urging him not to sign Bill 933. It does not properly protect the lives of the people of the state.
 2. Induce at least one of your lay clients or friends to do likewise.
- There is an important hearing on the question before the Governor Thursday, May 1st, at 2 p.m. Do not delay. The low standard advocates have scored, but they can still be counted out, if we present the truth in a right manner and with force and unanimity. The County Society will give you further information if desired.

Fraternally yours,

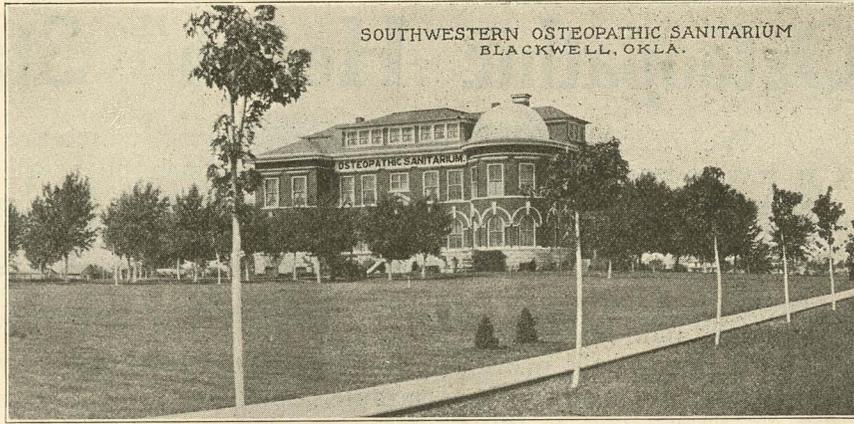
THE COMMITTEE ON PUBLIC HEALTH,

By Geo. H. Kress, Chairman.

More than 1,750 medical doctors took no examination as to fitness. (If you wish to know their names refer to the 1918 State Directory.)

THE TRUTH

(In answer to each of the above statements.)
 "California Assembly Bill 933 (Merriam) was passed by both Assembly and Senate."
 Because it was fair and just.
 "It is now before the Governor for signature."
 And he will unquestionably sign it when he learns the whole truth.
 "This bill would make a physician and surgeon of every osteopath in California who pays \$25."
 This bill cannot make a physician and surgeon of any osteopath. That was done during their training in an osteopathic college.
 "No examination as to fitness at all—(Just \$25)—That's all!"
 Prior to 1901 no physician of any school was required to take an examination as to fitness, licenses being granted on credentials. According to the 1918 State Directory LESS than 250 osteopaths and MORE than 1,750 medical doctors are still practicing who received their licenses without examination.
 For the past twelve years osteopathic physicians have passed the examination required for a physician and surgeon's license, but for the first eight years of this period failed to receive it. This was the same examination that was taken by the graduates of the allopathic, homeopathic and other medical colleges, who did receive it.
 Bill No. 933 which passed both branches of the legislature corrects this injustice.
 "Such a bill would license men who are inadequately trained."
 Osteopathic physicians are adequately trained. The osteopathic colleges of this state have always taught the equal of the subjects and hours required for a physician and surgeon's license. Besides being adequately trained, their records in the "flu" epidemic proved their competence in practice.
 "Inadequately trained men would be a menace to the lives of the people of California."
 The protection of the public has always been the "siren wail" of the medical autocrats, but the osteopathic physicians have never proven a menace. Not only during the "flu" epidemic, but for a quarter of a century, they have cured tens of



SOUTHWESTERN OSTEOPATHIC SANITARIUM
BLACKWELL, OKLA.

The only institution in the world that we know where all surgical cases get post operative Osteopathic treatment by graduate osteopathic physicians.

SOUTHWESTERN OSTEOPATHIC SANITARIUM
BLACKWELL, OKLA.

Dr. Geo. J. Conley, Chief Surgeon; Dr. L. S. Larimore, Eye, Ear, Nose and Throat and X-Radiance; Dr. H. C. Wallace, Surgery, Orthopedics and Diagnosis; Dr. C. D. Ball, Obstetrician; Dr. S. T. Anderson, Staff Physician; Dr. W. W. Palmer, Staff Physician; Dr. M. M. Eastlack, Staff Physician; Miss Nannie Williams, R. N. Superintendent.
 Training School for Nurses. Pupils Wanted.

THE DEASON-MOORE CLINIC

Hay fever clinic
August and September
Chicago Osteopathic Hospital

RESULTS:

420 Cases	
Permanent cures	70%
Complete season relief	88%
Asthma	80%

Bring your cases and learn the methods of treatment. Write for details, address

Dr. Glenn S. Moore
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For the most modern styles and lowest priced Osteopathic Tables and Stools; also Books, etc. and assured satisfaction, address only where you get the benefit of 22 years' experience.

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J. F. JANISCH SUPPLY HOUSE
KIRKSVILLE, MO.

THE embarrassment of having to apologize for not being able to render a patient's account to him on application, will not occur if you use

The Simplex Day-Book-Ledger

Time-saving, Simple, Accurate, Single-entry, and a complete record of your business at all times.

Designed by a busy Osteopath for the use, especially, of those busy Osteopaths who don't have office help.

Sample sheets and price on application.

L. C. Marshall, D. O., Page, Neb.

The
Western Osteopath

PROGRESSIVELY OSTEOPATHIC

Some day you will want to live in the great West. Get acquainted thru this journal.

Contributors in last journal were:
 DRS. ATZEN, VAN BRACKLE, BRIGHAM, ASHMORE, BOWLING, FARNHAM, ALLISON, RULE, WHITE, REID, ROBINSON, SPENCER, PENGRA.

Contributors for next issue:
 RILEY, FORBES, TASKER, RUDDY, BURNS, SPRAGUE, EMERY, and others.

Brief, pointed and practical—a journal for the busy D. O.
 Published by the California State Association. Big value for small outlay.

Subscription Price \$1.00

C. J. Gaddis, D. O., Editor
 First Nat'l Bank Bldg., Oakland, Cal.

"Osteopathic Health" Standard Literature

We offer the following brochures, all of which are standard numbers. It is a good plan to have a varied assortment of literature on hand at all times. One can never tell when a prospective patient will make inquiry regarding some particular ailment. Be prepared for such an inquiry.

The supply of many of the issues is limited and it is doubtful if they will be published again for many years. There is no time like the present to lay in a good supply of assorted standard field literature.

If you would prefer to look the issues over before you buy, send us 25 cents and we will send you a complete set of sample copies.

Please Order by Number

- No. 2** **A. T. Still, Scientist and Reformer:** The first of the now famous brochures by Professor M. A. Lane, of Kirksville. Supply very limited.
- No. 3** **Bursitis; Glass Arm; Brachial Neuritis; Flat Foot and "Broken Arches"; Hay Fever Cured by Osteopathy.** This brochure tells how "foot troubles" are associated with spinal and pelvic lesions. Also how baseball pitchers are cured of "Glass Arm." A fine story about osteopathy and Hay Fever, telling importance of early diagnosis and prompt treatment.
- No. 6** **Osteopathy in the Infectious Diseases:** A brochure by Professor Lane. A popularized, scientific exposition showing why osteopathy is the most efficient and effective system for combating the infectious diseases.
- No. 8** **Osteopathy in the Inflammatory Diseases:** The fifth of the documents by Professor Lane and deals with boils, chronic dysentery, tonsillitis, etc.
- No. 11** **A Chronic Dyspeptic Greatly Surprised—Strains and Sprains of the Back and Limbs—Osteopathy for Men—A Fall From a Chair Gave Baby Constipation—"Neglecting a Fine Machine."** A very useful brochure for getting people interested in osteopathy who are afraid to tackle any reading matter which seems to be "heavy."
- No. 12** **How "Bad" Mechanism in Our "Joints" Makes Sickness:** A splendid illustrated brochure dealing in detail with lesions. Shows how sub-luxations may cause pressure on nerves and how the free circulation of blood supply and nerve force is interfered with. One of Dr. Bunting's most valuable brochures which has been through several editions.
- No. 13** **What Osteopathy Does for the Welfare of Women:** A special edition dealing with the peculiar troubles of women. General in statement. The leading article is: "How Mrs. J. Investigated Twentieth Century Medical Advancement and Found Out What Every Woman Should Know About Osteopathy."
- No. 16** **Osteopathy Potent Where Serums and Vaccines Fail:** Shows how little can be expected of the various serums and vaccines in view of scientific knowledge of today and why osteopathy has a particular potency in most of the diseases for which these serums and vaccines have been experimentally applied.
- No. 17** **The Osteopathic Catechism;** everyday questions and answers that pass between patients and practitioner: Part I of a new edition of this famous brochure which was written by Dr. Bunting seventeen years ago. It has been revised to date and is printed in large type. It covers the main questions likely to be asked by a person interested in osteopathy and considering the wisdom of taking osteopathic treatment.
- No. 18** **A. T. Still as a Medical Thinker:** Professor Lane's great tribute to the "Old Doctor" and a most lucid and comprehensive estimate of osteopathy. Tells briefly of the great reforms in medicine and shows that Dr. Still was the first to give the world a really scientific therapy. Shows also that the evidence of all modern scientific research supports the therapy of Dr. Still.
- No. 19** **Children's Ills Stopped in Their Beginnings:** This brochure contains an excellent article on children's ills. In addition, it explains the value of osteopathic treatment after confinement; shows how osteopathy can help liver and stomach troubles; and also explains the benefit of osteopathy in the treatment of the various forms of pneumonia.
- No. 20** **Nervous Prostration or Neurasthenia (illustrated):** This brochure is a frank and careful statement of the marked difference in diagnosis and treatment between osteopathic and medical practice in this illness. Just how sore spots in the spine become significant in nervous prostration is made especially evident.
- No. 21** **Osteopathy Synonym Surgery:** The point of departure of this article from all others explaining osteopathy for lay understanding is that instead of the ordinary negative statements telling that osteopathy is *not* drug practice, *not* massage and *not* other things, it swings directly into *positive* description and tells that osteopathy is surgical work minus instrumentation.
- No. 22** **Facts and Fallacies Regarding Osteopathy:** This brochure voices just the facts you have so often presented to your patients to set them right on things osteopathic. It proves the untruth of the statements that osteopathy is rough, painful and severe; that patients are treated nude; that osteopathy is "scientific massage"; and gives other important information.
- No. 23** **The Osteopathic Catechism (part 2):** Sets forth the facts which establish the educational status of our profession, as well as a lot of plain, understandable talk about the osteopathic diagnosis and treatment of disease.

"Osteopathic Health"

Published by
The Bunting Publications, Inc.

9 So. Clinton Street, Chicago

thousands of patients given up by the medical profession.

"This is a deplorable condition of affairs." The verdict of those cared for by osteopathic physicians, being still here to testify, would emphatically contradict this assertion.

"The low standard advocates have scored." Osteopathy does not stand for low standards of education and it is a deliberate misrepresentation when the opposition states that it does. Three bills were passed by the Legislature this year to prevent the Board of Medical Examiners from discriminating against osteopathic physicians. Not a single one of these bills changes the present high standards in any particular. The following table shows that the osteopathic college requires more hours of education than any other medical college in this state.

Educational requirements of medical and osteopathic schools of California (shown in hours), compiled from catalogues of 1917-1918:

Fundamental Subjects	College of Osteopathic Physicians and Surgeons	Medical Dept. of Leeland Stanford Jr. University	Medical Dept. of University of California	College of Physicians and Surgeons, Los Angeles	College of Medical Evangelists, Loma Linda
Histology	198	198	192	804	564
Anatomy	756	561	640	612	540
Physiology	324	297	336	306	300
Embryology	90	99	...	108	72
Chemistry	306	187	272	396	324
Pathology	398	297	432	318	288
Bacteriology	180	176	170	180	144
Diagnosis	162	44	128	162	108
Hygiene	150	33	150	90	108
Gynecology	210	100	100	112	204
Genito-Urinary	45	54	16	60	48
Surgery	624	539	512	495	540
Obstetrics	160	165	160	300	192
Jurisprudence	32	22	32	36	36
Eye and Ear	120	131	128	141	156
Pediatrics	144	143	150	144	144
Dermatology	45	55	48	48	48
Orthopedics	54	33	48	96	48
Psychiatry	234	116	112	180	120
Symptomatology	234	588	432	804	564
	4,457	3,838	4,070	4,950	3,996
Therapeutic Subjects					
Pharmacology	126	77	96	135	90
Materna Medica	90	77	48	135	90
Therapeutics	410	55	64	108	732
Thesis Tech.	270	132 Elec.	592
	5,353	4,179	4,870	5,328	4,908

What You Can Do, Mr. Public Citizen:

Get every voting member of your family, relatives, friends and acquaintances who are lovers of liberty and justice to write to Governor Wm. D. Stephens, Capitol Bldg., Sacramento, Calif., and request him to kindly approve the Osteopathic Bill No. 933, which eliminates the present discrimination against osteopathic physicians.

This letter should be written today, for the time for the signing of the bill expires on Thursday. Your letter is important—vitaly important. Three cents postage and three minutes of time is all that is required, and the kind of physicians future generations may employ is dependent on your action now.

We are confident that a majority of the citizens of California will aid us in stamping our medical autocracy in this state, just as surely as they aided in eliminating military autocracy in Europe.

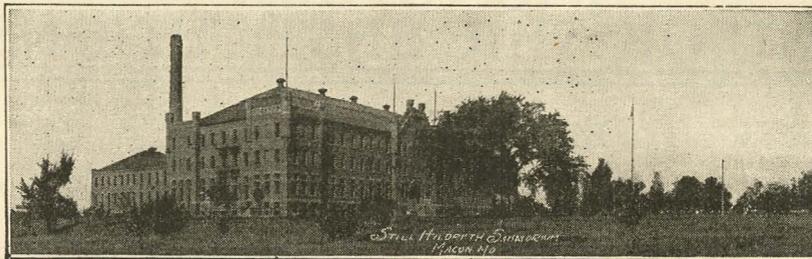
Yours for democracy at home as well as abroad.

California Osteopathic Association

The State Association Bulletin sent out June 5th contained this significant comment:

If we look back but a few short months we will all realize that our legislative battle has been a splendid victory. At first it seemed to many an impossible task to secure the passage of even Assembly Bill 844. Later when 402 failed in the Assembly a good many expressed themselves as feeling that we could be well satisfied if we passed 844, but later upon reconsideration 402 passed and became law. In the midst of the

(Continued to page 29)



**STILL-HILDRETH OSTEOPATHIC SANATORIUM
MACON, MISSOURI**

A. G. Hildreth, D.O., Supt.

The pioneer Osteopathic Institution of its kind on earth created for the sole purpose of treating mental and nervous diseases, an institution that has already proven the value of osteopathic treatment for insanity.

Write for Information

**Final Wind-Up Sale
of Millard Charts**

We have made arrangements with Dr. Millard whereby we can sell the few remaining charts of the first edition at the extremely low price of \$1.50 each.

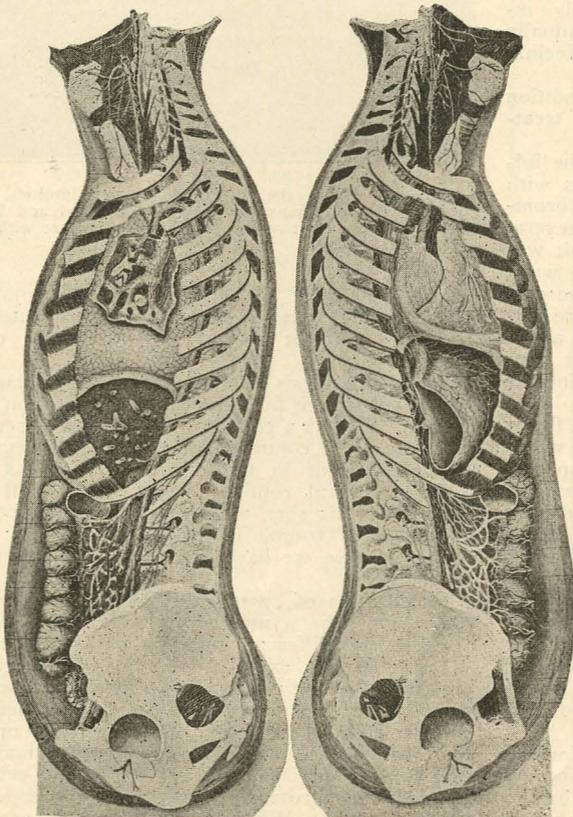
When these few charts are gone, it is doubtful how soon you will ever be able to buy another. No date has been set for the publishing of any future edition.

The Millard chart is a 3-color duo-anatomical chart showing spinal and sympathetic nerves. The size is 22 inches by 27 inches. There

are fifty-seven references with indication lines leading to and clearing showing the part named.

Many osteopathic physicians have testified to the merits of the Millard chart. Among those who have spoken highly of it are: Dr. George Laughlin, of Kirksville; Dr. C. J. Muttart, of Philadelphia, and Dr. C. B. Atzen, of Omaha.

A word to the wise is sufficient. Send us your check for \$1.50 today and we will send you one of these beautiful 3-color Millard charts.



THE OP
9 So. Clinton Street
CHICAGO, ILL.

AMONG OUR OSTEOPATHIC INSTITUTIONS

Diagnosis vs. Error

THE Osteopathic profession, as well as the Medical profession generally, has been struggling for a long period to successfully cope with those conditions which we call "anterior lumbar displacements."

The patients suffer an indefinite symptomatology, such as pains in the lower part of the back, hips and back of the legs. The suffering might more correctly be described as an ache, increased markedly upon standing or stooping. Rest in bed often times improves the patient temporarily. Sometimes after the onset of the condition the patient's back and limbs become tender to touch. Unless these cases are closely observed, the physician in charge may tell the patient he is suffering from "lumbago, rheumatism, piles, prostatic trouble," or, if the patient be a woman, the physician may ascribe her pains to "kidney or ovarian trouble."

The Taylor Clinic in making a special study of these cases, and in this paper we shall show our methods of diagnosis and give our treatment.

CASE No. 1

Mrs. M., age 40, housewife. Family history negative.

Personal history: The patient gives a history of pain developing in the back, across the hips and down the back of the legs. The pain was exaggerated after doing her family washing. This grew worse from week to week until she had to give up her household duties.

The physician in charge pronounced her trouble rheumatism, and after about six months of ineffective treatment, put the patient to bed for absolute rest. She improved while in bed but when she got up she became worse than ever, and this same physician injected the sciatic nerve to give relief. The injection completely incapacitated her for some time; but she gradually improved until she could walk about feeling fairly well one day, but worse the next.

Such as described above was her condition when she came to the Taylor Clinic for treatment.

This case, upon examination, presented the following points of interest: lumbar lordosis with a deep groove extending above a very prominent sacrum and a short waist with several folds of the skin on each side. The trunk was carried well forward on the pelvis at the waist line, leaving a shelf-like depression upon the posterior superior aspect of the sacrum. There was no pain elicited upon pressure anywhere above the fourth lumbar vertebra; but below it over the hips and down the legs, the pain was intense upon pressure, or upon twisting the trunk.

There is a condition which occurs in fleshy people who have pendulous abdomens which simulates spondylolesthesis in general appearance; but which does not have all the symptoms or the deformity. This is simply a marked lumbar lordosis with a compensated posterior upper dorsal. These patients have pain down the back of the legs and across the hips, but they also have a marked amount of pain along the lumbar spine, and very seldom do they have any numbness in the legs and feet. On inspection you will not notice the prominent sacrum or the deep groove extending above. The waistline becomes somewhat shortened; but not to the extent of that found in spondylolesthesis.

With regard to fifth lumbar subluxations, I have in mind a case in which the radiogram shows a marked tilting of the fifth lumbar to the left side so that the left transverse process comes in contact with the inner side of the crest

of the ilium opposite the vertebra. This patient complains of a burning pain at that point and radiating over the crest of the ilium and down the back of the left leg. This pain is manifest only when the patient stands or sits, equally dividing the weight of the body on both limbs or hips. To be free from the pain while standing or sitting, the patient must favor the left hip by bearing most of his weight on the right leg, and in sitting, on the right hip. See Fig. 981.

In treating the average case of an anterior subluxation of the fifth lumbar (not a displace-

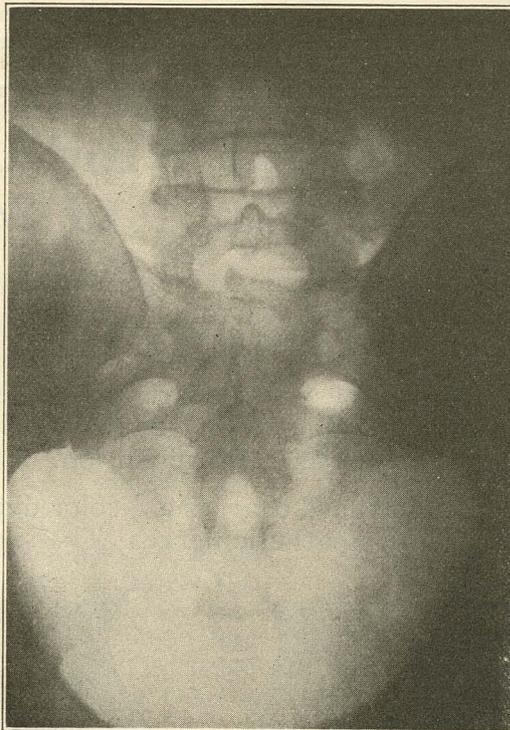


Fig. 981—Notice the tilting of the 5th lumbar, thus bringing the left transverse process downward and backward below the crest of the left ilium. Compare with the right side.

ment), determine the direction of the rotation and correct it; then if there remains an anterior condition, further correction will be an easy matter.

Spondylolesthesis is a downward and forward movement of the fifth lumbar vertebra upon the sacrum. This is a condition which is now recognized as quite common. There are all degrees of displacement in these cases and unless we make a careful routine examination in all instances of this sort, we are apt to experience a great deal of trouble in giving relief to our patients, because we have not recognized the true pathology.

In all cases of spondylolesthesis, or suspected cases, we make a number of radiograms taken from several different angles, to obtain as nearly as possible the exact amount of displacement present. We very often have, in these cases, a complication in the form of an innominate lesion. In practically all the cases which have come under our observation, with the innominate complication, the lesion is a twist of the whole pelvis; one side being rotated forward and the opposite side backward. When this condition is present our difficulties are increased. A cast should not

be applied until the innominate lesions are corrected.

CASE No. 2.

Personal history: Mrs. I. R., age 40, laundress. Family history, negative.

For the last five years she has complained of spells of pain across the hips and down the back of the legs. Until one and a half years ago she could do her work in spite of the pain. This case complained also of more or less numbness in the feet and legs at times.

Since July, 1918, she has been unable to keep up her work, and there have been periods of several weeks at a time when she was confined to her bed. Within the six weeks of the writing of this article she has given up all effort to do work of any kind.

On March 17, 1919, she came to the Taylor Clinic for treatment. The following points were observed in the physical examination: Height, five feet; weight, 215 pounds; large pendulous abdomen; marked shortening of the waist line with a deep fold on either side; the trunk was carried well forward on the hips; prominent sacrum with characteristic groove extending above; marked tenderness over the sacro-iliac joints and top of sacrum. There was also much pain down the back of the legs, the right being more severe. The shelf-like depression over the top of the sacrum made our diagnosis quite clear. The spinus process of the fifth lumbar is generally felt tightly impacted beneath the fourth, or



Fig. 980—This shows the marked lordosis caused by dislocations of this kind. The fifth lumbar projects about one-third the diameter of its body forward over the anterior edge of the sacrum.

to one side of it, leaving an increase in the distance between it and the sacrum.

The accompanying radiograms illustrate the degree of dislocation present in the average case, showing a typical spondylolesthesis.

CASE No. 3

Family history, negative.

Personal history: Mrs. M., age 32, housewife.

Fifteen years ago fell from a horse, striking on her back. She was unconscious for several minutes. When she regained consciousness and tried to walk she noticed a marked weakness and sensation of numbness in her limbs. This numbness continued for about six weeks, being more marked at intervals. For twelve years she suffered very little with the exception of occasional spells of lumbago accompanied by slight numbness in the feet.

Three years ago the patient went to bed one evening feeling quite tired. The next morning

Special Information for Osteopaths

Under the laws of some States osteopaths are prohibited from using anything of a drug nature.

Dionol and Emulsified Dionol have no drug contents whatever and hence do not come under these restrictions. Their action is in strict consonance with osteopathic principles, being entirely mechanical, hence no drug re-actions are possible.

Osteopaths, throughout America, are using large quantities of these preparations, and there has never been a legal exception taken to their use, excepting in one case, and when the authorities learned the above facts the case went by default and they never even appeared against the doctor in question.

Dionol treatment is the only remedial agent that we are aware of that acts strictly in a mechanical sense and without drug reaction and which may be safely employed, internally or externally by drugless physicians generally.—The Dionol Co., Detroit, Mich.

more improvement. The lines of the waist, the contour of the back and the pain was much improved; but there was a laxness to the lumbar muscles which prevented any further correction. The distress which the patient now experienced consisted of just a very tired feeling after she had been on her feet for several hours. In March we applied a cast extending from the axillae downward, covering and holding well the sacro-iliac joints and the crests of the pelvis.

Since the cast was applied the patient has been greatly relieved. She is doing her work and walking about with considerable ease. At the end of five weeks the cast was cut down and equipped with laces so that it can be removed at night and worn during the day.

The tendency of all these cases is to get worse, unless properly treated, so the improvement in this case is very gratifying. The sooner we can get these cases, the more permanent will be the results obtained. The cast was applied with the patient suspended by the head, supporting about two-thirds of her weight. This allowed the weight of the patient's hips and limbs to pull the spine into a straight line. This cannot be done without thorough Osteopathic treatment before hand to relax the strained and sore muscles and ligaments. This also reduces the pain caused by a cast for the first few days after it is applied. Exercises for this condition are not of much value. The support which the cast gives is most valuable, after the articulation has been made more flexible by removing the soreness from the lumbar muscles.—*Dr. Dwight D. Clark, Osteopathic Therapeutics, The Taylor Clinic, corner East Twelfth and Des Moines streets, Des Moines, Iowa.*

Prices on McManis Tables Must Be Advanced

By Henry Stanhope Bunting.

THE prices on McManis treatment tables, we learn, are likely to be advanced soon, so if you are thinking of buying one and wish to save some money, get your order booked promptly. A recent letter to Dr. McManis from the factory manager reviews the situation. He calls attention to the big advance in cost of labor and anticipates that further wage advances will be demanded; also, he points out that all the materials entering into the construction of the McManis table have advanced and are still increasing in cost. The best authorities in the manufacturing field are of opinion that these conditions will prevail for several years.

Not only has the McManis Company these severe conditions to meet, but it is faced with the fact that the tables have always been sold on a very close margin. The profession at large seems not to have realized this, possibly because there was no familiar basis for comparison. A reference to the cost of surgical tables will make the situation more clear. Two years ago the price on a modern surgical table was \$450 and the only discount for cash was 5 per cent. A surgical table is made to take care of one adjustment only, and it is not put to nearly such severe strain as is the McManis table, consequently it costs less to manufacture. A McManis table, it should be remembered, is much more complicated in its parts than a surgical table, and it must stand the strain of all sorts of movements, as well as lending itself to various adjustments.

To meet the requirements of the osteopathic field it has been necessary to bring the McManis table to such a state of mechanical perfection and material strength that an operator can, as it were, "loop the loop" with it, and all without noise or friction. Of course, the cost of the McManis table is not really the thing of supreme importance. What the operator gets out of it; what it makes possible for him to do; and the saving of strength and health are the things that really count. However, it is an interesting fact and a credit to the McManis Table Company

(Continued to page 29)

she was unable to leave her bed on account of great pain in the back of her legs and numbness in her feet. The numbness was more severe than when she fell twelve years before. She remained in bed for six or seven weeks, hardly being able to move herself. All this time she had been under medical care which consisted of cathartics and plasters. At the end of this period she was able to get up and move about the house, but was unable to attend but very few of her household duties without a great deal of pain.

At the time she came to the Taylor Clinic for treatment she had just recently partially recovered from another spell which had only lasted about five weeks. Before we treated her we took several radiograms of the lumbar spine and lumbo-sacral articulations to confirm our diagnosis. The symptoms and general contour of the spine both pointed to spondylolesthesis.

The fifth lumbar, as you will notice in Fig. 979, is resting at an angle of 45 degrees over the anterior aspect of the sacrum.

Treatment: Osteopathic.

In our own work we use two different tables. In treating these cases we use the McManis table because it is quite adaptable.

The patient is placed on the table "face downward," with pillows beneath the abdomen. The

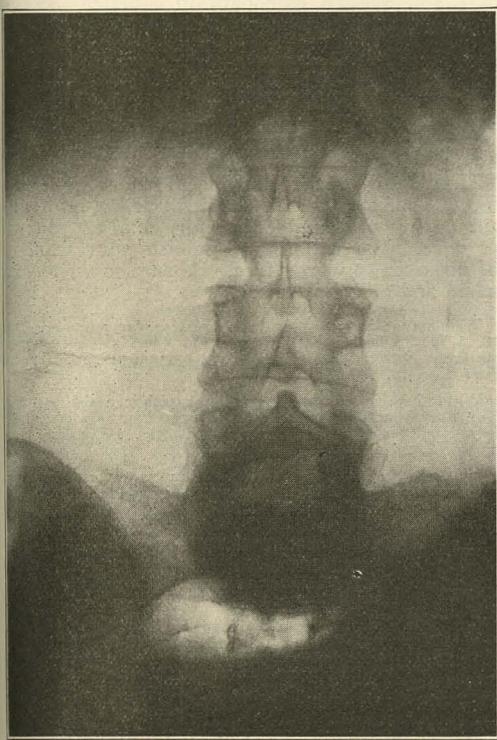


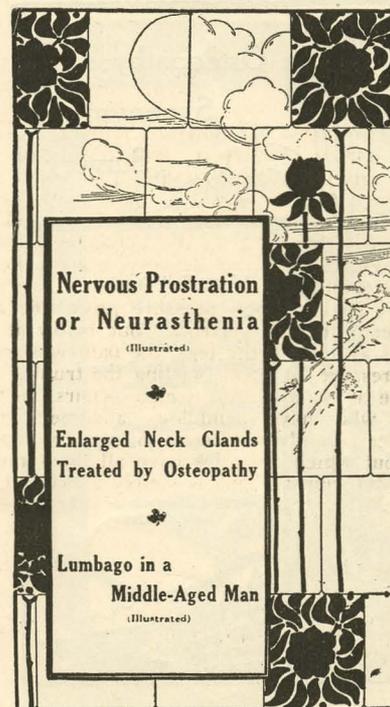
Fig. 979—Dorsal view showing rudimentary transverse processes of the 4th lumbar, the marked tilting of the fifth, with the spine process pointing upward and backward. The spinal foramina is clearly outlined beneath the arch.

feet are made fast at the foot and the patient's trunk is secured to the front end of the table. Then tension is applied to straighten the spine and also to stretch the ligaments about the lumbo-sacral joints, thus reversing the force which caused the condition. The leaf of the table is carried from side to side, gradually increasing the tension with the downward swing until a distinct separation, accompanied by a popping sound, is felt. The sound is not always noticed. The tension is then gradually released and the patient is allowed to rest a few moments.

After applying this method, each case shows upon examination a distinct improvement in the alignment of the lumbo-sacral joint, and the patient experiences much relief.

This treatment is repeated according to the severity of the case. In the first case mentioned the treatment was repeated every other day for six weeks. After the fifth week she made no

No. 20



ESPECIALLY RECOMMENDED for HIGH SCHOOL STUDENTS

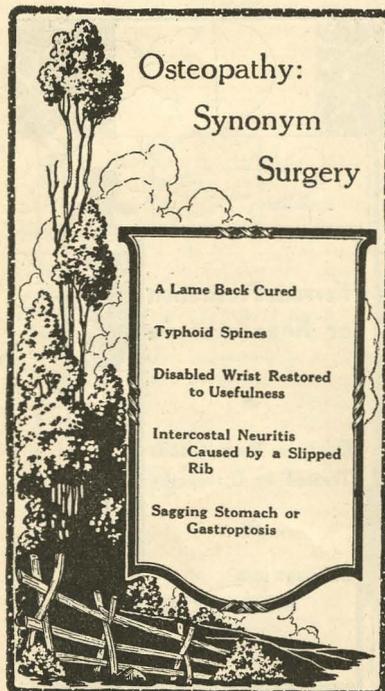
The June issue of *Osteopathic Health* is remarkably effective educational propaganda to put in the hands of high school students, or recent high-school graduates.

It will impress upon the mind of any young man or woman that if he wishes to make the *profession of healing* his life vocation, he should join forces with the new, progressive, efficient School of Osteopathic Practice and steer clear of the decadent system of *drug doping*.

Now is the time to get busy on this project. Lists of the recent graduates of high schools are available if you reach the proper parties in your community. Take quick action; send us the list; we will address envelopes and mail magazines promptly. Special price for high school work only, and in 1,000 lots only, \$35.00 per thousand, including postage and addressing.

**OH Service—The Bunting
Publications, Inc.**
9 So. Clinton St. CHICAGO

No. 21



Osteopathy:
Synonym
Surgery

A Lame Back Cured

Typhoid Spines

Disabled Wrist Restored
to Usefulness

Intercostal Neuritis
Caused by a Slipped
Rib

Sagging Stomach or
Gastroptosis

PUBLISHER'S DEPARTMENT

Mme. Galli-Curci's Wonderful Tribute Still Pulling for Osteopathy

By Henry Stanhope Bunting

YOU will like the August installment of *Osteopathic Health* because it puts osteopathy's best foot forward in such a complimentary manner. The leading feature comprises one of the greatest advertisements for osteopathy ever chronicled—the Benefit Concert of the world famous coloratura soprano, Mme. Galli-Curci, for the Chicago Osteopathic Hospital. This notable society event in Chicago's Auditorium was the great artist's tribute to the worth of osteopathy as she had found it as a patient. Her precious voice—the like of which there is not another on earth—chose this beautiful way to sing to all the world her appreciation of osteopathic therapy, her gratitude for what it has been to her in her artistic work. It was the first and only benefit the diva ever gave in her life. Her policy against benefit performances is well known. Therefore choosing this opportunity to break her rule and precedent was accepted in art circles and society as all the greater testimony to the school of healing of her adoption.

Would you not be proud to send this great operatic queen's testimony to the worth of our school of therapy to many people of your community who will be impressed with its significance?

We may wait for a long time for another such opportunity—and yet, by making the most of such occasions and giving them wide publicity, we may help to set up other such helpful currents which will work to bring osteopathy to its own.

Another thing: this Galli-Curci story circulating in the August magazine will serve to call more general attention to the fact that the osteopathic profession is founding and developing high grade hospitals and sanatoria all over the country. The people need to know this. It is our due. By circulating this news story of how the queen of singers discharged her personal debt to the science of osteopathy you will have them realizing unconsciously that osteopathy really has its own hospitals. The things that sink in on people indirectly are often the impressions of the greatest permanent value to them.

Do not let this chance go by without riding the tide of opportunity for its fullest educative achievement.

Use the Galli-Curci number of *Osteopathic Health* liberally. It will educate.

The rest of the magazine is full of human interest and shows clearly the advantages of the new osteopathic viewpoint in diagnoses and therapy as it applies to half a dozen diseases. These are:

- Gallstones.
- Passive Congestion of the Liver.
- Bed-wetting.
- A Dislocated Neck.
- Rheumatism.
- Melancholia.

There is a sensible statistical comparison between Aspirin and Osteopathy as rival methods of treating Influenza. It will help the reader make an easy choice between osteopathy and drugs in combatting the acute infections.

Yes, indeed, this August *OH* is a very fine production, and we feel sure you will put the seal of your approval on it and give it the usage it merits.

Do You Need an Assistant This Summer?

THE Osteopathic Physician has made arrangements with the various colleges whereby the students and recent graduates who desire to act as osteopathic assistants during the summer months may advertise their qualifications without cost to them. Several ads are listed below.

If you are an osteopath in practice, here is your opportunity to take a vacation or cut down your working hours during the warm weather. Also it is your duty to help the coming osteopathic physicians in their struggle to make a success. If you employ any of the students whose names are listed below please notify us so that the ad may be stopped.

If you are a student at one of the colleges or a recent graduate with a desire to act as an assistant during the summer months send in your ad at once. We will gladly publish your want ad of not over 30 words free. Be sure to write your name and address clearly.

Will act as assistant or take practice for summer. Age 28, 5 feet 8 inches tall, weight 145 pounds. Will graduate from Philadelphia College next spring.—*F. H. Burdett, Fort Lee, N. J.*

Wanted position by upper senior either assisting or to take over practice during summer months. Location preferred middle or western states.—*George A. Roulston, 1025 High St., Des Moines, Iowa.*

Wanted, for the summer, position as an assistant, in an office or sanitarium by a senior at Philadelphia College of Osteopathy.—*Address E. D. Bryant, 1321 Washburn St., Scranton, Pa.*

Position wanted for the summer by returned soldier. Graduate A. S. O. 1913. Have been in active practice five years. Best of references can be furnished if desired.—*J. Merlin Achor, 605 Cottage Ave., Anderson, Ind.*

Graduate Massachusetts College of Osteopathy, Boston, 1918, desires to assist or relieve practitioner during summer. At present completing Post Graduate and hospital course at Philadelphia and available July 20th, 1919.—*C. C. Ripley, D. O., Osteopathic Hospital of Philadelphia, 1725 Spring Garden St., Philadelphia, Pa.*

Wanted position as assistant or partner in business. Have Illinois and Ohio licenses. Possess good habits. Married. Will take any state board examination.—*H. M. Grise, D. O., 214½ Jefferson St., Wausau, Wisconsin.*

Wanted—Position as assistant or to take over practice during summer by 1913 graduate. Now doing post graduate work. Have Iowa and Sask. Licenses.—*Dr. J. G. Dickie, 1422 W. Locust St., Des Moines, Iowa.*

Position for summer wanted in physician's office as assistant. Am 23 years old, 6 feet tall, weigh 165 pounds. Will graduate next spring from Philadelphia College. Recommendations if desired.—*Charles M. Brown, 1800 Spring Garden St., Philadelphia, Pa. After July 1st, Milroy, Pa.*

Recently discharged soldier, 1917 graduate, desires assistantship, or will take complete charge of practice for summer months. Licensed in Ohio and Iowa.—*Address Dr. E. M. Davis, Box 13, Des Moines-Still College, Des Moines, Iowa.*

Wanted—Position as assistant to an osteopathic physician during the summer months. I have one semester before O. I graduate from D. M. S. C. O. State wages.—*Chas. O. Casey, 632 West Prairie Ave., Decatur, Ill.*

Would like to assist some osteopathic physician for several months during the summer. Preferably in Minnesota.—*Grace Kramer, R. 3, No. 69, Ackley, Iowa.*

Wanted—Position as assistant or to take over practice during summer vacation. Preferably in the Southeast. Am January 20th student. Age 26. Write to G. W. Suttensfield, Roanoke, Va.

Student in senior year would like a position as assistant for the summer. Was a trained nurse before taking up the work. Address James H. Carss, 849 14th St., Des Moines, Ia.

Doctors Agree to Germ Duel to Try Out Rival Theories

[From the St. Louis Globe-Democrat]

ST. PAUL, Minn., July 13.—A duel to the death with germs is the challenge Dr. H. A. Zettel, electropath of St. Paul, issued today to Dr. H. W. Hill, executive secretary of the Minnesota Public Health Association, and Dr. Hill has accepted. The challenge is the result of the acceptance of a similar challenge by Dr. J. B. Fraser of Toronto, published recently in *Physical Culture*, a health magazine. Dr. Zettel supports Dr. Fraser and says he will act in the duel in Dr. Fraser's place. He offers himself as a subject to exposure to any contagious disease, using sanitation as the only immunier.

The challenger so stipulates that Dr. Hill, properly protected by inoculation and vaccination, must also expose himself, to prove that his method is the correct one. And Dr. Hill says he will take him up. Together they will go through the contagious wards of any or all hospitals. They will come in contact with all contagious diseases.

The grim challenge sent by Dr. Zettel provides for almost every contingency. Part of the letter follows:

"I will further agree that the survivor shall be honorary pallbearer for the victim, and should we both be fortunate enough to survive we will hold a grand rally at the Auditorium and tell the people of our experiences. The intelligence would be almost of inestimable value to the public and settle the aggravating theories now preached by the germ theorists and contradicted by the unbelievers."

The entire affair arose out of an article by Dr. Frasier in the *Physical Culture Magazine*, "Do Germs Cause Disease?" in which he defied any board of health in the United States and Canada to accept his challenge.

Dr. Herman F. Goetz Comments

"Get your eagle eye on these fellows, H. S., I imagine that this will be a very interesting experiment, without proving anything one way or the other, as the experiment of swallowing a lot of malignant bacilli has already been tried without producing more than a passing nausea.

"What they will probably prove is what we already know, the germs are powerless in a healthy blood stream.

"Will it also be proved, some day soon, that the so-called pathogenic germs are a product of a specific inflammation and not the cause? Certain bacilli appear in certain inflammations, not primarily but secondarily. If this is ever shown it will almost mean the end of internal medication, although that time will never be in ours. Yours sincerely.—*Herman F. Goetz, St. Louis.*"

Please send me 100 copies of the July issue of *Osteopathic Health*. It is a very splendid number. If I do not watch out, I will become a regular subscriber to your fine publication.—*Mary Alice Crehore, D. O., St. Louis, Missouri, July 5th.*

The June issue of *Osteopathic Health*, entitled "Ninety-five Per Cent of All Diseases Beyond the Realm of Medical Victories," is a "dinger."—*Dr. J. W. Keckler, Cumberland, Maryland.*

Please send me 250 copies May issue of *Osteopathic Health*. It certainly is a very fine number, and I hope you will carry it continuously as a piece of standard osteopathic literature.—*Ernest M. Moore, D. O., Shelbina, Missouri.*

I am so greatly pleased with the issue of *Osteopathic Health* that I wish to change my order from 100 copies a month to 400 copies a month, beginning with the June issue and continuing for the rest of 1919. It is an excellent educational medium.—*Jennie Lucena Spalding, D. O., Asheville, North Carolina.*

There is a song entitled "Yield Not to Temptation." There are some temptations when yielded to prove to be of benefit and no sin committed but a blessing is sure to follow, so put me down for 150 copies of the June issue of *Osteopathic Health*, with my card on same.—*S. B. Grisso, D. O., Hannibal, Missouri.*

I am enclosing check for June issue of *Osteopathic Health*. I wonder how many surprises Dr. Bunting has up his sleeve left. I was beginning to think he must be about out of new material. This June issue certainly caps the climax. Send me 150 extra copies of it.—*A. M. McNicols, D. O., Dixon, Illinois.*

Prices on McManis Tables Must Be Advanced

(Continued from page 27)

that considering the problems involved the adaptability of its mechanism and its cost of manufacture, the McManis table is the cheapest mechanical table ever put on the market. The table is a great boon to the osteopathic profession and it has always been offered to the profession on a fair and square basis, so if you want the advantage of present prices buy quickly and if prices are advanced, do not complain but rather consider the real worth of this equipment as an aid in technic, a saver of energy and preserver of your health and strength. Why waste your vitality lifting the dead weight of your patients when you can make the McManis machine do the actual lifting for you? It saves your back. How much money is your back worth to you?

Nebraska.

Californians Win Two Bills; Lose One

(Continued from page 25)

legislative battle the Board of Examiners passed a ruling to give but one examination in therapeutics, which gave us all that was asked for in 932. Perhaps less than two osteopaths in this state expected 933 to pass. Not because it was not just in every way, but because they felt we lacked the organized strength to pass it. Only the deliberate refusal of the Governor to grant the wishes of the people as expressed by their representatives kept 933 from becoming a law.

This last act on the part of the Governor was all that prevented a 100 per cent victory for justice and fairness. What is the answer—organization. But what is organization? It is but a uniting of the efforts of the individuals who comprise it. Under the new plan the way is open for every osteopath to serve, to take part in deciding the future of osteopathy and to assume the responsibility of carrying out this decision.

The new plan of organization provides an opportunity for every osteopath to sacrifice that osteopathy may live, and nothing of real value has ever been gained by any individual or organization without sacrifice.

IN D. O. LAND

Overheard in the Lobby

Lady (upon seeing Convention Guest Badge): "Why are all these people wearing that red ribbon with a gold caterpillar on it? Are they from Los Angeles?"

Dr. Elliott's Diamond

Ask Colonel J. W. Elliott, D. O., of Cordele, Georgia, how it comes he wears diamonds and he will tell you. If you write him for the secret you should enclose a stamp for reply. He doesn't mind telling any osteopath who is interested. He told us and we believe him.

Delta Omega Meet

The Grand Chapter of Delta Omega Sorority held its business meeting July 1 at Delta headquarters, Suite 614, Sherman House.

Dr. Ella Still was unable to attend the convention on account of the illness of her mother. Her absence was greatly regretted.

Atlas Club Reunion

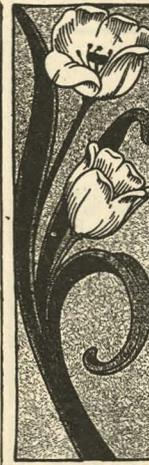
The Atlas Club held its biggest and best reunion dinner at the Italian Room, Sherman House, Wednesday of convention week. Dr. Drinkall presided. Dr. Hugh Russell, of Buffalo, Dr. Asa Willard, Dr. H. O. Bunting and others spoke. At the finish the new organization of AOA ex-presidents came over in a body by invitation and Dr. Fryette made a little speech for them.

Dr. Edgington Appointed Health Officer for Albany County, Wyoming

Dr. C. O. Edgington, of Laramie, Wyoming, has been appointed by the Wyoming State Board of Health as county health officer and registrar of vital statistics for Albany county, the appointment taking effect July 1 last. Dr. Edgington has also been appointed local examiner for the Western National Life Insurance Company of Cheyenne, Wyoming, one of the largest old line companies of the west.

No. 22

Facts and Fallacies Regarding Osteopathy



How People Get Ideas About Osteopathy

Some Insist It Is What It Is Not

Osteopathy Not Severe—Osteopathy Not Rough

Mistaken Fears Prevent Relief

Some Think Patients Are Treated Nude

How Patients Dress for Treatment

Many Believe Osteopathy "Good Only for One Thing"

What Osteopathy Can Do for Diabetes Mellitus

No. 17

The Osteopathic Catechism

Everyday Questions and Answers that Pass Between Patient and Practitioner



(PART I)

No. 29

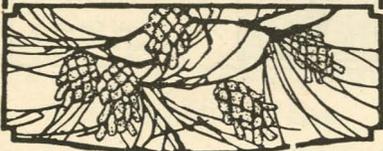


The Day of Therapeutic Reckoning

An Indictment Must Now be Drawn against "Regular" Medicine for Its Responsibility for an Increased Death Rate in the "Flu"-Pneumonia Pandemic

Osteopathy Reduces Allopathy's Influenza Mortality 99% and Its Pneumonia Mortality 66 2-3%!

This Allopathic "State Medicine" Has a Strangle-hold Alike on People and Government in the United States and Canada



No. 18

A. T. STILL AS A MEDICAL THINKER

By M. A. LANE
Professor of Pathology in the American School
of Osteopathy at Kirksville



Kansas Board Grants Certificates

The Kansas Board on June 20 granted certificates to thirteen graduates to practice in Kansas. There are a number of good locations in this state for live, wide-awake D. O. S. Those who are not mixers. Any information will be gladly furnished by the Secretary of the Board to any graduate of a reputable school of osteopathy. Kansas and Kansas people need all of the up-to-date practitioners we can locate in this state. Kansas has never been so prosperous in all her history.—E. Claude Smith, D. O., Secretary.

Noted ASO Athlete Seriously Scalded

William Bohm, noted ASO athlete, who broke the Western Conference discuss record at Ames, Iowa., and won the shot putt, then took second in Chicago in the discuss in the Big Ten Conference, was painfully and seriously injured the night after the Chicago meet when he slipped and fell under a scalding stream of water from a shower bath in the Chicago Y. M. C. A. His condition became so serious on Sunday that he hurriedly journeyed to the ASO Hospital, Monday, June 9, arriving there with a high fever. He was immediately put under treatment and is now doing much better.

California Association Meets

The California Osteopathic Association held its eighteenth annual convention recently. It is said that this convention was one of the best that was ever held. The following speakers were on the program: Dr. Dane Tasker, Dr. Gerding, Dr. Gaddis, Dr. Goodfellow, Dr. Spencer, Dr. Ruddy and Dr. Morgan. Some very interesting clinics were held, some of them starting as early as 7 o'clock in the morning. Another interesting feature of the convention was when the Western Osteopathic Association, comprising the states of California, Oregon, Washington and Idaho, was formed.

New Officers for West Virginia Osteopathic Association

The following officers were elected for the ensuing year, of the West Virginia Osteopathic Association, which was held on June 2 and 3: President, D. A. C. Tedford, Bluefield vice-president, Dr. John J. Henderson, Huntington secretary-treasurer, Dr. G. E. Morris, Clarksburg. Delegates to National Constitutional Convention, Dr. J. H. Robinett, Huntington Dr. G. E. Morris, Clarksburg. Delegate to National Convention, Dr. M. A. Boyes, Parkersburg. Place of meeting next year, Morgantown. Chairman Program Committee, Dr. J. D. Miller, Morgantown.

Dr. R. R. Keiningham, of Baltimore, M. D. Makes an Appeal

Dr. Robert R. Keiningham, of Baltimore, Maryland, recently filed in the Superior Court an appeal to the Court of Appeals from a recent decision of Judge Bond holding that, for the purpose of being enrolled by the health department as a medical practitioner duly authorized to certify births and deaths, an osteopath is not a "physician" within the meaning of the law relating to the registration of vital statistics. Judge Bond's decision was rendered in connection with mandamus proceedings instituted by Dr. Keiningham against Health Commissioner Blake, after the latter had refused to register him for the purpose mentioned.

Dr. L. W. Jensen Served Uncle Sam as Hydraulic Engineer

Figuring that poor Kaiser Bill was getting too cocky with Uncle Sam, Dr. L. W. Jensen, then located at Monroe, Utah, left his happy home last September and went to Explosive Plant "C," Nitro, West Virginia, and entered the service of Uncle Sam as hydraulic engineer for the duration of the war. He received his discharge from the Ordnance Department last March. He then went to Morrilton, Arkansas, where he is now located. The people there seem to like Dr. Jensen and to like osteopathy, and Dr. Jensen has established an excellent practice. Mrs. Jensen and the Jensen boys are visiting at the old home in Utah, but they expect to join Dr. Jensen in Arkansas in the near future, and if everything goes right Morrilton will be their permanent location.

Western Ontario Osteopathic Association Meets

The sixth annual session occurred at Kitchener, Ontario, on June 4, 1919. Election of officers resulted as follows: President, C. H. Sauder, Brantford; vice-president, R. Harkins, London; secretary, C. R. Merrill, Stratford; treasurer, L. M. Heist, Galt. Trustees, 1919-1921, J. H. Heileman, Goderich; C. Irwin, Brantford. Drs. E. D. and M. L. Heist entertained the association at luncheon and exhibited their spacious new offices just acquired. Program follows: "Spencer Technic in Shoulder Bursitis," C. R. Merrill; "Focal Infections," J. G. Heileman; "Nervous Insufficiency," C. Irwin; "Superior Costal Technique," E. D. Heist; "Adjuncts in Practice," Symposium. Captain J. N. MacRae, D. O., recently from France, gave a very interesting address, and he and Dr. J. R. Witham, also returned, were given a hearty welcome back.—C. R. Merrill, D. O., Secretary.

Maryland City Has Good Location for Osteopath

The following communication was just received in our office, which explains itself: Is there anywhere in the United States a young osteopath who would like a good location? He can be married and so much the better. We have a man located in the town now and he desires to leave and open up a sanatorium in the western part of the state. Here's what he says about the location: "I am sure it is a good location and anyone who cares to stay and work the thing up will have a mighty good thing of it. If you find a nice young osteopath looking for a location, this is the place. If he will go to church and get

into society he will go along some." Now, don't crowd, but remember our aim is the first come the first served at all times. Liberal reciprocity terms for licensure and a live crowd of osteopaths for you to work with. Write to Dr. Frank E. Jones, Easton, Maryland, for any information about the town and to Dr. R. R. Keiningham, 519 North Charles Street, Baltimore, for terms of licensure.

Pennsylvania Association Meets

The twentieth annual convention of the Pennsylvania Osteopathic Association was held at Lancaster, Pennsylvania, May 30 and 31. It was an exceptional meeting and a fine program had been arranged. The following speakers took part: Dr. C. C. Teall and Dr. George N. Laughlin, both of Kirksville, Missouri; Dr. D. S. B. Pennock, Dr. J. Ivan Dufur, Dr. Jane Scott, Dr. Ruth Deeter, all of Philadelphia; Dr. Francis A. Cave, of Boston; Dr. Stewart Moore, of London, president of the British Osteopathic Association, and also Tom Skeyhill, the Australian soldier, and Dr. Claude M. Bancroft, of Canandaigua, New York. The following officers were elected: President, Dr. Nettie C. Turner, Philadelphia; vice-president, Dr. H. H. Walpole, Lancaster; secretary, Dr. Ira W. Drew, Philadelphia; treasurer, Dr. L. Guy Baugher, Harrisburg; executive committee, Dr. E. Clair Jones, Lancaster; E. M. Downing, York; R. W. Sweet, Erie; members of board of osteopathic examiners, Dr. B. W. Sweet, Erie; Dr. Frank B. Kann, Harrisburg.

Pennsylvania Osteopathic Association Meeting Has Wonderful Publicity

The annual meeting of the Pennsylvania Osteopathic Association was held just recently at the New Brunswick Hotel, May 30 and 31, at Lancaster, Pennsylvania. Dr. E. Clair Jones, of that city, who was a member of the executive council and chairman of general arrangement committee, sent us a number of papers from Lancaster showing the effect of an active publicity campaign. The papers contained many remarkable stories of the convention and the various sections held. Along with the stories were thirty-nine photographs of speakers that attended the convention, also seven cartoons of the speakers. The publicity committee was also able to get two very good stories in about the St. Joseph, Missouri, hospital. Both stories contained photographs of the hospital and complete plans of the proposed addition. In checking up the various papers, there was a total of approximately twenty-three full columns printed on the convention news.

"The Brush-Up and Cool Off Meeting"

The Rocky Mountain Osteopathic Conference will be held at Boulder, Colorado, on August 4 to 8, inclusive. Every D. O. in the United States is invited to attend this meeting. The tremendous success of last year's Rocky Mountain Osteopathic Conference held at Colorado Springs has been a big incentive for the Colorado folks to make this year's meeting bigger and better than ever. A much larger crowd is being arranged for from the ten adjoining states that participate in the meeting, and in addition every osteopathic physician in the United States is invited to attend to get the new ideas that will be handed out by the high-brows, and to cool off in the Colorado mountains.

The program will be one of the best ever given outside of the national meeting. A considerable number of the leading D. O.'s from various parts of the country have been secured to give us the last word in osteopathy. The program will be extremely practical, although practically all of the latest things will receive due attention.

Boulder, Colorado, is the home of the largest Chautauqua in the west and is well known to tourists. The cool days and the cold nights, the delightful mountain air and the superb mountain scenery attract thousands every year to cool off during the heated season. The sessions are to occupy each afternoon, the forenoon is to be devoted to sight-seeing. The mountains around Boulder afford a different trip each day. Be with us, doctor, arrange your work to "cool off and brush up."—The Colorado Osteopathic Association, Martha A. Morrison, D. O., Secretary, Denver, Colorado.



Dr. Charles J. Muttart, of Philadelphia, divides his time equally between his large Philadelphia practice, teaching at the Philadelphia College of Osteopathy and picking pippins at his apple orchard up the Chester Valley.

Dr. Elizabeth Jackson Geyer was married, June 7, to Mr. Frank L. Kelsey, of Elkhart, Ind. They will reside in Goshen, Ind., where Dr. Geyer Kelsey will continue her practice.

Dr. I. I. Chamberlain is practicing at Oberlin, Ohio. He took the Ohio examination nearly a year ago and passed successfully and immediately located at Oberlin and now has a dandy practice.

Dr. C. Merwin Bueller, of Tucumcari, New Mexico, states that he is going out into the mountains for a vacation this year, where he can live wild and woolly and try to snare the timid trout.

Dr. Eugene F. Pellette, of Liberal, Kansas, is going to be away from his office during the months of August and September. He is planning on attending Dr. C. C. Reid's post-graduate efficiency course to be held at Denver.

Dr. Morris Lychenheim, who was acquainted with Walt Whitman, the poet, was the prime mover in the hundredth celebration of the poet's birth held at the Morrison Hotel.

May 31, 1919. Some of the most prominent literary people attended.

Miss Marion Lychenheim, daughter of Dr. Morris Lychenheim, received the gold medal for composition at the American Conservatory of Music of Chicago. She recently played some of her piano compositions at the Chicago Osteopathic Hospital at a gathering of physicians and friends.

Dr. Nettie C. Turner, of Philadelphia, was recently elected president of the Pennsylvania Osteopathic Association at the twentieth annual convention at Lancaster. Dr. Turner is the first woman chosen to head a state Osteopathic association. She has acted as secretary of the association for the past two years.

The degree of M. D. was conferred upon Dr. R. Kendrick Smith, of Boston, on June 30 at the fortieth annual commencement exercises of the College of Physicians and Surgeons in Boston. Dr. Smith has been appointed special lecturer upon orthopedic surgery at this institution.

Dr. F. M. Haines, of Hutchinson, Kansas, in a recent letter states that he and Mrs. Haines are going to take a vacation for a month in Colorado. They are going to rough it in the mountains the whole month except the time spent at the Colorado convention.

Lieutenant R. E. Curry, who was first lieutenant in the Twenty-fifth Infantry, is again associated with Dr. J. A. Nowlin, at Farmer City, Illinois. Lieutenant Curry was commissioned second lieutenant at the first officers training camp at Fort Sheridan, Illinois, and was later promoted to first lieutenant at Camp Perry, Ohio. After twenty-two months' army life he is glad to be in practice again.

Dr. M. D. Siler is now back in active practice at Big Rapids, Michigan. Dr. Siler entered the service in the Tank Corps, May, 1918, and went across to France last August. He was in the Argonne battle, September 29 to November 3. He left France March 1 and landed in New York City March 17, and he was mustered out April 8. He says that he is glad to be back on the job attending to his practice in Big Rapids and that things are going good.

Dr. Hugh Beaton, who was recently discharged from the Medical Department of the United States Army, has opened offices at 408 First National Bank Building, Danville, Illinois. Dr. Beaton had a very nice story in the Labor Leader of that city telling about his recent discharge from the army and also the fact that he was a graduate of the A. S. O. The story also gave a very clear idea of what osteopathy really is. The article occupied almost a full column, and we believe that Dr. Beaton got fine publicity out of it.

Dr. E. J. Carson, formerly of Fayetteville, North Carolina, has been honorably discharged from the service of Uncle Sam. He was one of the first who volunteered from North Carolina, and entered the service in the infantry as a First Lieutenant, and at the time of his discharge he held the rank of Captain. Dr. Carson was nearly two years overseas and was in the thick of the fighting, and went "over the top" many times. He received a citation for bravery in action. Dr. Carson has not definitely settled in his new location for practice of osteopathy, but expects to make a decision in the near future. He will pick out a location either in North Carolina or some other southern state.

LOCATIONS and REMOVALS

- Dr. Everett W. Wilson, from Red Wing, Minn., to St. Paul, Minn.
- Drs. Thompson & Cleary, from Post Office Building to over Wetzel Bros., Sycamore, Ill.
- Dr. A. D. Finch, from Sweet Springs, Mo., to Fayette, Mo.
- Dr. Harry C. Engeldrum, from 117 N. Wood St. to 3520 Broadway, Chicago, Ill.
- Dr. James H. Bell, from Newark, Ohio, to 209 Feick Building, Sandusky, Ohio.
- Dr. H. C. Oshorn, from Baltimore, Md., to R. F. D. No. 2, Berlin, Md.
- Dr. D. H. Downey, from Columbus, Ohio, to 760 Portage Ave., South Bend, Ind.

MARRIED

- Dr. Louis C. Hanavan and Miss Marguerite Elizabeth Miller, at Chicago, June 7.
- Dr. Elizabeth Jackson Geyer and Mr. Frank L. Kelsey, on June 7, at Elkhart, Ind.

BORN

- To Dr. and Mrs. H. M. Grise, of Wausau, Wis., on June 3, a boy, Charles Sherman.
- To Dr. and Mrs. C. E. Amsden, of Toronto, Canada, on June 12, a daughter, Mary Elinore, weight 8 pounds.
- To Dr. and Mrs. D. Edward Hannan, of Perry, Iowa, on May 31, an 11-pound boy, Daniel Edward, Jr.
- To Dr. and Mrs. G. G. Elliott, of West Toronto, Canada, on July 4, a son.

DIED

Dr. E. J. Bartholomew, of Maywood, Ill., May 26, after an illness of seven months.
Dr. Minnie Shaw at the home of her parents, Mr. and Mrs. C. L. Shaw, Enid, Okla., on March 22.

EXCHANGE and MARKET

Advertisements in this column 5c per word, address free. Terms strictly cash in advance.

Wanted—To buy a practice in or near St. Louis, Mo. Address No. 155, c/o OP, 9 S. Clinton St., Chicago, Ill.

For Sale—Two stationary osteopathic treating tables and one folding table. 1310 South 7th Ave., Maywood, Ill. Phone 1057W.

Wanted—A first-class Osteopathic Physician to join me, a dentist, in erecting a rest cure sanitarium in White County, Ga., near the Blue Ridge Mountains. E. F. Adair, Commerce, Ga.

Wanted—Opportunity to work as partner or assistant. Have practiced two years in Michigan. Just received honorable discharge from army. No. 169, c/o The OP, 9 S. Clinton St., Chicago, Ill.

For Sale—15 room house and \$9,000.00 practice for sale. Town 25,000. Twenty-four miles from New York City. Account ill health.—F. F. Wilcox, D. O., Crescent Ave., Plainfield, N. J.

Wanted—An Osteopath who has taken M. D. degree in recognized school. Must be especially interested in surgery, single and of good habits. References required. Good salary with room and board for assisting in surgery, etc. Dr. G. A. Townsend, Emigrant, Mont.

For Sale—Practice of over \$5,000 per year in one of the best cities in Tennessee for \$700 cash—price of office equipment. New McManis De Luxe table included. Will introduce. Practice established 20 years. Fine opening for man and wife. Address No. 167, The OP, 9 S. Clinton St., Chicago, Ill.

Practice for Sale—With or without equipment, in a live Missouri town of 6,000. Good prices and collections. 75 per cent cash. Here 12 years. Splendid location for man and wife, or singly. Price reasonable and everything as represented. Will introduce. Address No. 166, c/o The OP, 9 S. Clinton St., Chicago, Ill.

For Sale—Well established practice; office located on main street of Newark, New Jersey. Three-year lease, office furniture and partitions, but not including table and instruments. Will practically give away to good, reliable man, as I am most concerned about my patients and not the money end of it. Going south August 1. Address George Eilert, 124 West 112th St., New York City, N. Y.

Practice for Sale—In wealthiest, cleanest, best small town in Illinois; population 3,000; six banks, one a million dollar one. Only four M. D.'s, no other D. O.; all the acute practice you want. Loss in collections practically nothing. Patients have been educated to the fact osteopathy is a complete system, not simply back-punching. There is no location anywhere offering better opportunities for making and saving money. I have been here almost 14 years am quitting to rest and take specialty work. Nothing but \$400 cash, less than value of furniture, gets this opportunity. Possession given September 1. Thorough investigation solicited. Address No. 168, c/o The OP, 9 S. Clinton St., Chicago, Ill.

Partnership Wanted—Graduate of Des Moines Still College four-year course, assistant on faculty one year, licensed in five states, instructor in a post-graduate course this summer and an operator in the surgical clinics of the national convention this year, specialist in eye, ear, nose and throat, including refraction, experience in nose and throat section of army desires to form partnership with physician in state which permits surgical practice by osteopathic profession. Only correspondence with physician who has well established practice and who wants to enlarge scope of practice by including eye, ear, nose and throat work desired. Can furnish sufficient references to satisfy. Address No. 161, c/o The OP, 9 S. Clinton St., Chicago, Ill.

Quick Buyer Wanted—Make your own terms. Office furniture and equipment worth \$1,000 insurance examinations will amount to \$1,500 in next six months. Will sell all for \$1,000 and you make the terms, but act quick. I must have action, as I intend going to Philadelphia to specialize on rupture cure. As special inducement I will teach my successor this treatment medical examiner for seven insurance companies. The first good man who means business can have it all. You will be safe on taking train and coming. I will turn it over any day and will remain until thoroughly acquainted. Town 16,000, New Bern, North Carolina. Write direct or wire, or better take a train. Dr. Ernest W. Dunn, New Bern, North Carolina.

PROFESSIONAL CARDS

- Dr. Percy Evan Roscoe
Osteopathy and Minor Surgery
601 Guardian Bldg., Cleveland, Ohio
- Dr. W. Bruce Lynd
Osteopathic Specialist
Practice Limited to Eye, Ear, Nose and Throat
602 Ridge Bldg., Kansas City, Mo.
- Dr. J. Deason, Osteopathic Physician
Specializing in Ear, Nose and Throat
27 East Monroe St., Chicago
- Wm. Otis Galbreath, D. O.
Oculist,
Adenectomy, Tonsillectomy
Ear and Nasal Surgery
321 Land Title Bldg., Philadelphia
- James D. Edwards, D. O., M. D.
Originator of "Finger Surgery" in Catarrhal Deafness, Hay Fever, Eye, Ear, Nose and Throat Diseases
408-9-10 Chemical Bldg., St. Louis, Mo.
- Dr. C. E. Amsden
Diseases of the Alimentary Tract
2 Bloor St., East Toronto, Canada
- Hubert F. Leonard, D. O., M. D.
Consultation and Surgery
Eye, Ear, Nose and Throat Surgery a Specialty
703-706 Morgan Bldg., Portland, Oregon
- Riley D. Moore, LL.B., Oph. D., D. O.
Osteopathic Physician
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Careful attention to referred cases.
- Dr. T. J. Ruddy
Eye, Ear, Nose and Throat
Originator (Bowling) of "Finger Method" for Hay Fever and Catarrhal Deafness, etc. Chief of E., E., N. & T. Dept., C. O. P. & S. 302-9 Black Building Los Angeles, Calif.
- Dr. Frank J. Stewart
Diseases of the Skin and also Genito-urinary and Venereal Diseases
Room 1201, 7 W. Madison St., Chicago
- Dr. J. C. Howell,
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3 N. Orange Ave., Orlando, Florida.
- Dr. Preston R. Hubbell
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504 Fine Arts Bldg., Detroit, Mich.

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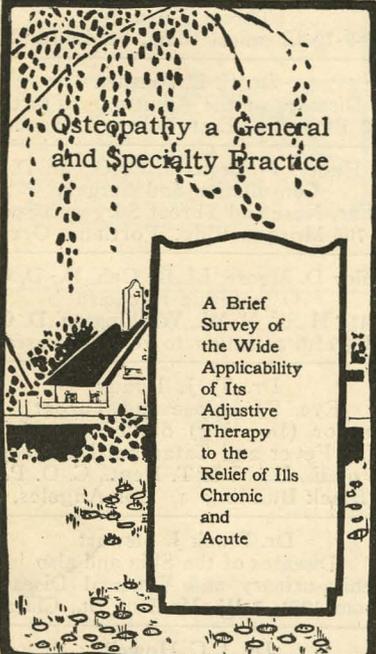
In this issue Professor Lane tells why inflammation causes pain. He explains how the blood works its cure. He shows the use of osteopathy in virulent tonsillitis and acute and chronic dysentery, etc. You should never be without this number. Price \$4.00 a hundred.

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makes the patient have
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No. 32

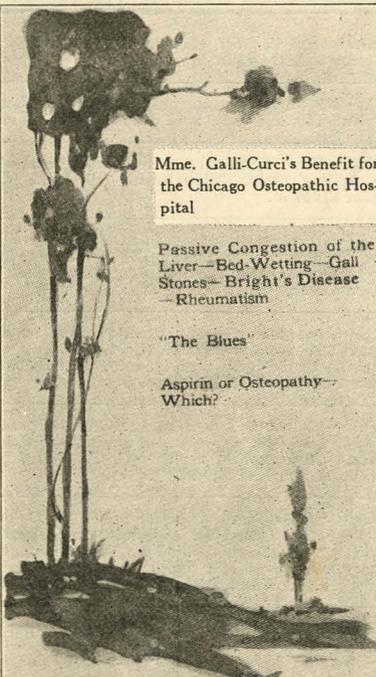
*Osteopathy a General
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A Brief
Survey of
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of Its
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saves your office time. In-
stead of explaining every
detail to the patient by
mouth, hand him a copy
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of the work for you.

Osteopathic Health
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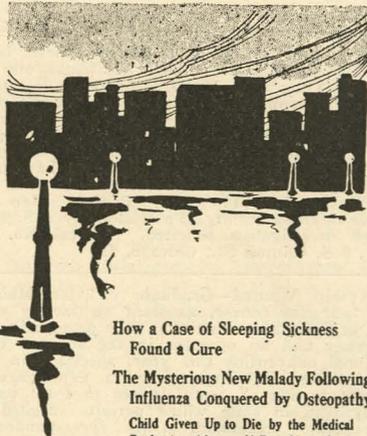
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Passive Congestion of the
Liver—Bed-Wetting—Gall
Stones—Bright's Disease
—Rheumatism

'The Blues'

Aspirin or Osteopathy—
Which?

No. 34



How a Case of Sleeping Sickness
Found a Cure

The Mysterious New Malady Following
Influenza Conquered by Osteopathy

Child Given Up to Die by the Medical
Profession After a 40-Day Sleep Com-
pletely Restored by Osteopathy

The Lesson of a Cured Lumbago

Ills that Lie Between Acute and Purely
Surgical Practice

A New and Rational Hope for Patients
Who Have Not Been Relieved

Osteopathic Health will
increase your practice. It
will keep your name and
profession fresh in the
mind of a cured patient or
prospective patient.

No. 33



**95 Per Cent of All Diseases Beyond
the Realm of "Medical Victories"**

**Why Osteopathy Cures Numberless
Ills Where Medicine and Surgery Fail**

Modern Medicine Has Scored Only Eleven Victories
Against a Thousand Failures

3,000 Drugs More Hurtful Than Healing

Drug Abuses Far Outrun Drug Uses

Heart Stimulants In the Infections Are Gross Malpractice

Osteopaths Willing to Concede Medics 5 Per Cent of the
Field of Disease and Can Prove Their Own
Superiority In the Remaining 95 Per Cent

The Osteopathic Dominion Includes All Curable Diseases



Osteopathic Health
makes satisfied patients. A
patient who knows why
osteopathy is successful is
a real booster for you. A
booster means new patients.