Anatomical and Physiological Pictures of Diseases

TUMORS are not isolated phenomena. The natural laws of which they are an expression are the same natural laws which show themselves in physiology and pathology and in every phenomenon of life, and moreover, every phenomenon of life doubtless shows in tumors.

The study of this subject seems to divide itself into three lines. First the general tendency to continuous growth which is always present in living tissue. Second, a specific stimulus to growth which is found in practically every case of tumors. Third, the local irritation which is the local or incidental cause of the growth.

The first of these is the biological cause. Everything that is alive tends to fill the earth, sea and sky with more of its kind. This continuous growth is restrained in the body only by specialization of tissue. When tissue is specialized for one thing, it of course loses to that degree, or rather to that degree holds in suspense, all other qualities. Tissue in the body, which is to all intents and purposes perfectly specialized, has therefore perfectly suspended this tendency to unlimited growth. And here is a biological principle to which I wish to call your attention as being one of the chief factors in evolution, namely, that all things tend to complete their specialization before they tend to reproduction.

Next to the biological energy is the biochemical energy, which is the same biological energy transformed by its passing through some of the specialized organs of the body. Naturally most cases of unbalance take effect partly through the biochemical mechanism, which is the stronger of the two because tissue energy tends to specialization.

The third of these factors is local irritation. The local irritation has the same effect from one angle that the biological or biochemical stimulation has from the opposite angle. It lowers tissue resistance and tends to proliferation of cells.

Now I said that there were no isolated phenomena in nature nor, of course, in tumors which were natural products. We shall show a beautiful illustration of this here. We shall show that the first of these forces, the biological force, acts in tumors exactly as it does in the growing body. The second of these, the biochemical factors, acts in tumor growths exactly as it does in the infectious diseases. The third, the local irritant, behaves in tumors exactly like the whole process in a wound or the regeneration of tissue.

Let us take up the first of them and show this. Some time ago I presented a theory of tumors (Boston, Mass., January, 1911), based upon the biological law that all life is in quantity inexhaustible. The life energy which during childhood causes the growth of the body, which during mature life is used in reproduction, does not cease to accumulate during old age, even when the mechanism of the body has become so stiff that its elimination is impossible. At this time it becomes a danger, a two-fold danger. Its non-elimination leads to new growth and to autointoxication, at the same time that the tissue, stiffening, loses its perfect specialization. What happens then is very simply that this growth energy tends to cause further growth. It fastens itself upon the tissues in the body which are most rapidly growing. Accordingly we find in the first place that tumors seldom occur at all until after forty or forty-five years, and in the second place that they tend to occur in those tissues which normally proliferate most rapidly. Having begun to cause growth this, they actually specialize this tissue for the function of eliminating this growth energy, and become a safety valve to the body. The resemblance of this action to the normal function of growth lies in the tendency to form embryonic tissue, to endow it with the power of independent growth, and to develop the power of functional absorption.

This, however, brings up a physiological law which I think I am describing to you for the first time. If any one can show an appreciation of the principle elsewhere, where I can read it, I should be glad to have him do so. This principle might be called the principle of functional absorption. Every tissue tends to specialize for some function, and then to do all of that work—to absorb it away from the rest of the body. It is on the whole very simple. It is most clearly seen in the action of the nerves. The stimulus is applied to the skin, this stimulus passes up the spinal cord to the brain, and down again to about the same spot from which it came. Why did it travel this long route instead of traveling across the infinitely smaller distance from the skin directly to the muscle? Loeb has shown that in the absence of the nervous system, the stimulus will pass directly into the muscular tissue. What then does the nervous system do? It absorbs this stimulus. It is more sensitive than the cells of the skin, and robs them entirely of it, so that instead of the skin growing in proportion to the stimulus it received, the growth takes place in the nervous system or brain, and there the equilibrium between the external and internal conditions is brought about. Here are the two sets of processes terminating in the skin, in fact there are three, perhaps more. There are the sensory nerves, 

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O vehement and continuous has been the stream of requests to obtain our souvenir OSTEOPATH door-plate that we have been compelled to satisfy our friends by providing another supply of them.

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Do you?

Possibly you know from some friend in the profession who has one how very fine and handsome this osteopathic door-plate is. If not, we are glad to advise you that it is a solid brass plate, 3x15 inches, with embossed brass letters on a black-enameded dull-finish background. There are four small holes at the corners for screws. The plate is also adapted to suspend itself upon the window from the sash by a brass chain which is provided by us. So it is interchangeable as a door-plate or a window sign.

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You can be sure that no M. D. ever had a finer or more "classy" physician's sign for his office or residence. One seldom sees one as handsome as this. It will last a lifetime. This "souvenir" souvenir is one that should be in the compliments of "H. S. B.".

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If you want one of these hall-marks of a successful practitioner, write us today.
the motor nerves, and the vasomotor nerves. Of these three the sensory nerves are more sensitive, and they therefore absorb all the stimulus away from the other two, as well as from the other parts of the body. This is the determination of the centers. Where the end of each nerve is in contact with numerous other sets of nerves, motor nerves, vasomotor nerves, other sensory nerves. Why does it not come across to the motor nerves and cause much more directly the spasmodic action which removes the stimulus? It does the stimulus also go somewhere, where it is also absorbed by the higher sensory nerves, which are still more sensitive than the ones in contact with the skin, and absorb all the stimulus away from the other nerves, except perhaps just enough to keep the first nerve alive. And by successive actions of sensory nerves, each one more sensitive than the one below, each therefore absorbing it away from the one below, the stimulus is carried finally to the highest center, where it is adjusted to the equilibrium of the body as a whole; then by cumulative action it obtains enough strength to be reflected into the motor paths and produce action.

In the third section—we are not sure that the action is a true absorption, but it is just as though it were an absorption, and we will continue to use this word until the laboratories have supplied us with a proper equivalent.

Take another instance, that of the breath. There is no doubt that there is a stronger affinity for oxygen than for carbon, so the oxygen is absorbed in the blood of the lung. But at the other end of the blood tree, the lymph has a greater oxygen power than the blood and draws it out, returning carbon dioxide. Then the cytoplasma has a greater affinity for the oxygen than it has for the cytoplasm, so the oxygen goes from one to the other in proportion to this affinity, each drawing it from the other.

In pathology and in medicine we have many instances of an absorptive power, not only different in degree, but specific, which of course means different in degree for particular substances. We find, for instance, that sulphured hydrogen be absorbed from intestinal putrefaction by the stomach and small intestines, as well as by the spleen and pancreas, and to a certain extent by the liver. This is the reason that the liver is the deposit of poisons, for it is the organ that absorbs the great number of substances that are found in the blood, some of which are the result of the digestion of food and others, such as caffeine and alcohol, which are excited by the system and nowhere else in the body.

The science of medicine is replete with such instances, and in fact different drugs have specific effects, and as Loeb himself says, "Organs which are to some degree specific, as is shown by the specific nature in these tumor growths and of the specific stimulus that leads to them."

There is a great deal of evidence of the specific nature in these tumor growths and of the specific stimulus that leads to them. It is the business of these organs to do some thing, and as Loeb himself says, "Organs which are sensitized, as in some specific nature, may take on a growth of this kind from a simple injury or strain." This is further emphasized by the fact that the presence of substances which prepare tissue for growth on subsequent injury or stimulation is of great importance. Evidence of specific character is evident also in the metastases of tumors. Adami states that melanotic tumors are especially liable to form new growths specifically in the liver, tumors of the heart and lungs are particularly liable to form secondary growths in bone. Recklinghaus says prostatic, mammary and thyroid tumors metastasize in bone, Menasier and Handford noted the highest metastases in breast and lung, that new growths of the peritoneum will find their way into the intestine. Numerous other authors referred to specific tendencies of this kind. In the future Dr. Adkin will devote his time to surgery, general and orthopedic, gynecology and obstetrics. Dr. Mabel Akin will continue to specialize in diseases of women and children.

The Right Path.

By GUY OLIVER

Some path occult are treading,
Through darkness, through smoke,
Some, dulled blind, are heading
Down the path of medi­sin.

There's a straight path that's not narrow,
Where all may escape the wrath;
That is where I wheel my barring
Down the flow'line of osteo-pathy.

The Osteopathic Physician

Dr. Otis F. Akin Enthusiastic About European Experience

Dr. Otis F. Akin has resumed practice at Portland, Ore., after an absence of nearly a year. Most of this time was spent in European surgical clinics. Dr. Akin took the regular courses offered in the Vienna hospitals and is enthusiastic over the work in pathology and diagnosis. The abundance and variety of bone and joint work in general and clinic work, with its opportunities for personal diagnostic and operative training are invaluable to the bone surgeon. One sees here almost operative practice of the manipulative and osteoartistic art in the correction of flat and clubbed feet, bow-legs, knock knees, etc. Many congenital hips are reduced here but Dr. Adkin thinks the results not so good as those of Calot or Paci, who was probably the real originator of the so-called bloodless reposition of the hip.

Lorenz warmly champions ambulatory treatment in plaster for congenital hip, hip-joint disease, Pot's disease, and even fracture of the neck of the femur. In tuberculosis Loeb considers a firm ankylosis the ideal result, deformity to be later corrected by osteotomy or appropriate surgical procedure.

Calot is also an able exponent of manual adjustment of gross lesions and his reduction of congenital dislocation of the hips displays the due toduce, some thirty cases were reduced at one afternoon clinic, one girl being twelve years of age and another fourteen, both of these having had a month's preliminary treatment by heavy weight extension. Calot's claim of 100 per cent cures seems extravagant in view of the pathology. His plaster work is unexcelled.

Some time was spent by Dr. Adkin in the hospitals at Paris, London, and Liverpool. Robert Jones of Liverpool impressed him as the premier operating orthopedist, the technique of his tendon transplantations, operations on the knee and for spastic paraplegias entitled him to just fame. Fibrous adhesions following joint sprains and fractures are broken up by Jones without anæsthesia in the manner in vogue among the English "bone setters."
400 People Attend Open Meeting of Maryland Osteopaths at Baltimore

THE Maryland and Baltimore City Osteopathic Association held a convention in Baltimore on February 17th at the Emerson Hotel. The convention was opened at 10 o'clock by Dr. Alfred Leonard, president. Mayor James H. Preston delivered an address of welcome. Dr. Charles Hazzard of New York City spoke on auto-accident work. He was followed by Dr. O. J. Snyder of Philadelphia, whose subject was Visualized Osteopathic Mechanics. The meeting was opened to the public, its object being to enlighten the people of Baltimore and Maryland upon the subject of osteopathy. Fully 400 were present and the committee feel that the meeting served its purpose from an educational standpoint.

A banquet was held at the Emerson Hotel at 7:30. Dr. Harrison McMains was toastmaster. Several toasts were rendered by Mrs. Ethel Thompson and recitations were rendered by Miss Anne Rothwell Stewart. Those who spoke in response to toasts were: Hon. S. M. Beckler, Dr. W. E. Wandelstadt, and Dr. Bright.

The medical department of the Postal Life Insurance Company is sending out health bulletins to its policy holders, in which it includes the following foot-note printed in red ink:

"Write your Representative and Senator to vote for the Owen Bill for a consolidation of Federal health-activities. This Bill WILL NOT interfere with personal liberty, but simply bring about a more rapid dissemination of information regarding disease-prevention. Citizens are entitled to as much protection as cattle."

Commenting on this Dr. W. C. Armstrong, of Newark, Pa., says: "If all the insurance companies are doing this kind of work in support of the Owen bill it may have quite an influence on Congress and the scheme should be exposed at once. I sent a circular to the "League for Medical Freedom" and a letter to the Postal Life telling them what I thought of such action on their part, and that if they continued to send out such literature I should feel more like discontinuing my policy than trying to influence any one to take out insurance with

Unsatisfactory Experience with Missouri State Life.

Every little while we see the statement popping up in osteopathic publications that the Missouri State Life Insurance Company of St. Louis is friendly to Osteopathy. I was influenced by such a statement to decide to take our insurance with them. I sent a special request for examination by an osteopath, received the following: "We are very sorry to advise you that the by-laws of the company will not permit the appointment of an osteopathic physician, who might add here that the Improved Order of Heptasophia DO accept us as examiners." —Joseph Ferguson, D. O., Middletown, N. Y.

Ninth International Red Cross Conference

The American Red Cross desires again to invite attention to the exhibition in connection with the Ninth International Red Cross Congress, which will be held in Washington, D. C., from May 7th to May 17th.

The exhibition will be divided into two sections, which will be styled Marie Fedorovna and general. The former is a prize competition, with prizes aggregating 18,000 rubles, or approximately $89,000 divided into nine prizes, one of 6,000 rubles, approximately $3,000; two of 5,000 rubles each, and six of 1,000 rubles each.

The subjects of this competition are as follows:

1. A scheme for the removal of wounded from the battlefield with the minimum number of stretcher bearers.
2. Portable (surgeon's) washstands, for use in the field.
3. The best method of packing dressings for use at first aid and dressing stations.
4. Field elevators used with stretchers.
5. Transport of stretchers on mule back.
7. Transport of the wounded between warships and hospital ships.
8. The best method of heating railway cars by a system independent of steam from the locomotive.

The maximum prize will be awarded to the best exhibit, irrespective of the subject, and so on.

The general exhibit is again divided into two parts; the first will be an exhibition by the various Red Cross associations of the world. The second will be devoted to exhibits by individuals or business houses of any articles having to do with the amelioration of the sufferings of sick and wounded in war, which are not covered by the Marie Fedorovna prize competition for the year.

While the American Red Cross will be glad to have any articles pertaining to medical and surgical practice in the field, it is especially anxious to secure a full exhibit relating to preventive measures in campaign. Such articles will be classified as follows:

1. Apparatus for furnishing good water in the field.
2. Field apparatus for the disposal of wastes.
3. Shelter such as portable huts, tents and the like, for hospital purposes.
4. Transport apparatus (to prevent the
We are Both Working for the Same End

We are both working for the same end. As doctors, by your strict physical examinations must discover the appalling prevalence of spinal troubles and diseases. In your practice, adapted to giving efficient aid in all such cases, doubtless you have discovered the need of some practical appliance designed on scientific principles, as a substitute for the old, cumbersome and painful Plaster, Leather and Starch Jackets, as an adjunct to your treatment of spinal deformities. We have such an appliance. We ask you to carefully consider our claims of excellence and effectiveness for.

Our No. 1 Appliance

Light and comfortable to wear, easy of adjustment, bringing the desired pressure upon the parts, made only to individual measurements to meet the requirements of each case, from materials of lasting quality, OUR NO. 1 APPLIANCE is the adjunct you need.

"The Sheldon Method of Curing Spinal Curvature" contains a full description, fully illustrated from actual photographs, of Our No. 1 Appliance, in use. Let us send you a copy of this book and other literature bearing upon the subject of Diseases and Disorders of the spine, especially a generation of hunchbacks and cripples. Write to us.

PHILO BURT MFG. CO. 141 16th St., Jamestown, N. Y.

Few D. O.'s Get License in Washington State

By Roberta Winer Ford, D. O., Seattle, Wash.

The Composite Medical Board of Washing­ton was organized and did its first work July, 1909. It is composed of seven M. D.'s and two D. O.'s, all of whom are appointed directly by the Governor and they serve three years. The osteopaths of the state have had no voice concerning the appointments.

The following is a copy of the report of this board to date submitted by Dr. W. T. Thomas, member of the board: July, 1909, 333 applications by registration, 25 of this number M. D.'s, all refused. July, 1910, 377 applications; received certificates; 137 of all names refused, 59 of all others won out. July, 1911, 29 D. O.'s won out; 36 of all others won out; 64 who applied for registration lost out, either in 1909 on appeal.

January, 1911, examined 1 D. O., 1 passed; the one who failed July exam.; 74 M. D.'s, 50 passed. July, 1911, examined 5 D. O.'s, 1 passed; 80 M. D.'s, 52 passed. January, 1912, examined 2 D. O.'s, 1 passed; 47 M. D.'s, 14 passed.

Following licenses have been revoked.

Of the five osteopathic applicants before the Medical Board July, 1911, one was granted a license. Two of those not receiving licenses were dissatisfied and started an investigation. In Washington all medical examination papers are held as public records—open to inspection for twelve months. The two dissatisfied osteopaths were told each had failed in two subjects but the board refused until mandamused by the courts to regrade them or their attorneys to see these papers or procure copies of them.

Not until after the suit was filed in the Superior Court of Pierce County, Washington, did the board permit the applicants to see their papers or have them copied. These papers were submitted to twenty-two of the foremost practicing physicians of Seattle and Tacoma, who were not acquainted with the applicants, each without exception giving a passing grade ranging from 73 to 85 per cent.

The board also submitted the papers to a number of doctors and found two who graded one of the applicants a little below 60 (the passing grade) in one subject.

Three members of the board expressed the opinion that both appellants had passed in every subject and should be licensed. Several members of the board favored settling the matter and not permitting it to come to trial.

One applicant was licensed before it came to trial. Four others were among the most prominent M. D.'s of the state, two from Seattle and one from Tacoma, and without exception, every M. D. approached the board concerning it, declared the board's low markings an outrage.

The case in hand hinges upon the value of the paper in one subject which all of the twenty-two doctors graded above 75 per cent and the board member who had this subject regraded, giving a passing grade, but on the witness stand regraded and assigned 45 per cent, while the other members graded it 35 and 45 per cent respectively.

The trial varied from being interesting and exciting to proxy at times, was technical and long drawn out.

The board confessed they had not had the aptitude to examine numbers ruled as, the law demands and as they had always done previously, that they had interjected a number of things into the examination that the law did not require that they had arbitrarily decided the general average must be 75 per cent, the law requiring 60 in each subject.

When all the evidence was submitted, the court held that in his opinion there should be no appeal from a state board's decision and that it was a poor law that permitted it. That he knew nothing of the subject and that it was impossible to pass upon the merits of papers written upon medical subjects. That any man or group of men or anything which they produce mistakes but he did not believe it was the court's duty to correct these mistakes, therefore he would sustain the board's decision.

The osteopathic attorney immediately appealed to the Supreme Court, but before the case was called the board gave the mid-winter examination at which 703 M. D.'s, 52 passed. January, 1912, examined 2 D. O.'s, 1 passed; 47 M. D.'s, 14 passed.

We are Both Working for the Same End

What We Don't Know About Vaccination.

1. Source of the disease—or its germ.
2. How it is produced.
3. How we can be safely vaccinated.
4. Who will die from it.
5. How often it should be done to protect.
6. What proportion of cases prove fatal.
7. How long it is effective.
8. How long it is safe.
9. Who is exposed to it.
10. How long after infection the vaccine has been vac­cinated—the facts are suppressed.
11. How far it would have done away with smallpox.
12. How often it should be done to protect.
13. Why law should coerce acceptance of a medical superfluous if not a religious dogma.—From Life, New York, March 7.
American National Assurance Company Secures $100,000 Support From Osteopaths. Many Well Known Practitioners Endorse The Enterprise.

It is now fully assured that the osteopathic profession is going to have one insurance company in the field. The organization of this company is being conducted, which will give preference to osteopathic examiners in preference to medical examiners and which will become known in the insurance world as the Osteopathic Insurance Company.

Events have progressed so far in the organization of this company that it is now fully assured that the National American Assurance Company will be duly organized in the course of three months. It will in all likelihood be a fully equipped institution at the time of the Detroit meeting of the A. O. A. Temporary offices are at 809 Merchants La-dede building, St. Louis.

Osteopaths to the number of more than a hundred have subscribed to the stock of this organization embracing a lot of our most prominent practitioners and educators from coast to coast.

The American National Assurance Company has been organized by Mr. William Parsons who has in the past ninety days travelled from the Atlantic to the Pacific visiting all the prominent practitioners in the cities covered. He has already secured more than $100,000 of osteopathic money for the enterprise which is paid in in the form of cash or notes. The company is to be organized, we understand, for $250,000 paid in capital and $500,000 of surplus. Dr. Charles E. Still, of Kirksville, who is secre-tary of the organization committee, very early became interested in the enterprise, endorsed it as the thing the profession had long waited for and is now very active in getting the men and the other promoters and officers of the company to crystallize the movement into a full fledged going life insurance company. Dr. Harry M. Still has acted as temporary recipient of funds. The old doctor, too, is much in-interested and wants to see the Osteopathic Life Insurance Company a success.

Under the terms of organization the money paid in is not to be turned over to the company until the full amount required is subscribed and forward same to Mrs. Smith after publishing them in THE OSTEOPATHIC PHYSICIAN.

The leading feature in the June issue of the Fra will be an article by Elbert Hubbard on "The Success of Osteopathy." This article is written in Hubbard's own style and will make a most excellent piece of campaign literature. It is a much better ar-ticle than his "Little Journey to Kirksville," which appeared some time ago.

Mr. Hubbard is thoroughly conversant with osteopathic philosophy and no well-known writer is better qualified than he to produce a readable and true exposition of the science.

It is hoped that a great number of this issue will be mailed out at this price if a mailing list is provided. It is requested that all orders be sent to Dr. Percy H. Woodall, Chairman Bureau of Publicity, First National Bank Bldg., Birmingham, Ala.

Elbert Hubbard on Osteopathy

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Dr. Perkins Thinks Massachusetts Has Best Law

HAVING read the article on legislative affairs in Massachusetts, which appeared in THE OSTEOPATHIC PHYSICIAN, and given a careful study of that article, it is the opinion of the writer that it is no more than right that the profession throughout the country should be further enlightened as to the exact legislative situation in Massachusetts and given a few facts pertaining to the bill mentioned in that article.

This article is practically a reprint of the last letter sent out by the chairman of the legis-lative committee of the Massachusetts Osteo-pathic Society. As a letter, it sounds good, but to those who are intimate with the legislative procedure in Massachusetts, it means nothing. The bill is supposed to be (and the statement is made in this article) without any reference to a special class of physicians, and to bear therefore the stamp of fairness. However, as a matter of fact, being introduced by the Massachusetts Osteopathic Society stamps it as class legislation, and the chairman admitted, before the legislative committee at the State House, Boston, that it would specially benefit the osteopaths.

This bill was supported unanimously by the members of the Massachusetts Osteopathic Society; in fact, a majority of those present at the meeting voted against placing this bill before the Insurance Company. The votes went through the mail and were in favor of it were by those who knew only one side of the question. This piece of legislation is, at the present time, unnecessary.

We have, as registered physicians, in this state, the privilege of visiting any of the clinics at the large hospitals. Harvard Medical School gives special classes on all where the work on those subjects may be taken up by the osteopath who is a registered physician as well as by the M. D. who is a registered physician.

The state of Massachusetts has taken the lead in the practice of medicine that exists in the United States and with one slight change in the law I feel that it would be the law for all states who have a law to work for. The osteopaths of Massachusetts who are regist-tered under out law have the same privileges as the M. D.'s, and when I say the same privi-leges, I mean in every respect. He is, however, held by the law as to his proficiency in the use of these different therapeutic measures as regards malpractice.

It seems to me, therefore, rather the wrong method to take to gain admission to the hospitals here by placing a bill before the legislature which would tend to force the hospitals to take all osteopaths when there was really no department under the head of osteopath. In regard to in-sane hospitals and institutions outside of the city of Boston, will that the parents or relatives of the person who is confined in the institution may apply to the authorities of that institution for the privilege of having that patient treated by an osteopath and that privilege will be granted. The majority of the hospitals in the small cities and towns allow the osteopaths the same privi-leges as the M. D.'s. I feel that this may pos-sibly better explain the true legislative condition which exists in Massachusetts.—George E. Per-kins, D. O.
The Dawn of the Health Age—By Benjamin Moore, M. C., D. Sc., M. R. C. S., L. R. C. P.

Then is it easy for the doctor to pronounce a death sentence? Why is the doctor looked upon as a person only to be called in to pronounce a death sentence? Would it not be a change if we could get to look upon him as the minister of health rather than of disease, and evolve a corresponding system?

The way the doctor intends to accomplish this, is by a public health service "worthy of the same to embrace all the medical practitioners in the country with the government pay."

This means, of course, all of the physicians in Germany, and we see a similar ambition on the part of our brothers of the medical profession in our own country. "Until we have our properly organized national medical service, this hideous sacrifice of at least 90,000 children every year is going on, and is bound to continue. When we get our service it can be stopped."

The children and the ones who cease to die when Dr. Moore's health service is an accomplished fact. No more deaths from tuberculosis, no more deaths from scarlet fever, or meningitis, or diseases that would be the only thing in those days that would ravage our population and decimate our numbers.

The question is, whether in those days there will be any more deaths from such a system, nine-tenths of the diseases, and almost an equal proportion of the destitution will be found no longer, because it will be felt from palace to hovel if, indeed, the hovel still exists.

Nor is this the least of the benefits that the doctor would have the health service. He is firmly of the opinion that one-half of the present birth rate will be quite sufficient.

To accomplish all this, we must form our highly organized and equipped army of health, and must give them plenary powers by legislation. Instead of waiting for the disease to come to the doctor, the doctor is to go and ferret out the disease, examine all persons, big and little—will possess plenary powers.

Many parts of this book consists of a most rhapsodical denunciation of the medical profession in general and health boards, and other such organizations in particular. "It is developed on wrong and inadequate lines of thinking the individual for fees. The present system," he says, "is turning doctor's practices into fraudulently conducted business concerns." And yet it is this system and this group of men that Dr. Moore would have organized into a nation of the public health service. "We require a cosmos evolved out of the chaos and driven by one motive power of their ambition. A spectacle of what has been done by the trusts in other lines is too much for even scientific minds. Even the doctor must live.

This volume, this epic of ambition, would be the joke of the century, if it were not perhaps serious. The question is, is it not really serious? Did this gentleman not really think such a measure as they proposed would be feasible? We have had evidence in this country already that the germ has taken firm root, and that medical brethren, and is being pushed by them for all it is worth. Doubtless the doctors think that those who have been "swallowing the miracles of all ages" are after the dozens of other hollow-witted. So, will it be prevented above to swallow them?

Those whom the gods would destroy, they first make mad.


Thousands of copies of these three books should be sold to members of the osteopathic profession. It is seldom that we can review books so well written. The right combination of frankness and delicacy, truth of nature, and lack of sentiment, is to be found in these three books of Dr. Lowry's.


Every parent should take the burden of this labor of love on himself or herself, but should not do it alone, but as part of the best methods to be found, and in time to hand to the young generations. Physicians, who meet these problems more frequently than any other persons, will have "special cause to be grateful to Dr. Lowry for his beautiful volume."

Anatomical and Physiological Pictures of Diseases

(Continued from page 2)

Anatomical and Physiological Pictures of Diseases

treated with the germs of erysipelas and bacillus prodigious which produced a temporary and in some cases a permanent disappearance. Although some of the organisms in Boston who have been somewhat closely associated with this work, have learned to be very suspicious of the best methods of the solution of which is a certain amount of scientific evidence of value in the facts as reported.

The importance of internal secretions is still further attested by instances referred to by Loeb, in which certain amido derivatives of the aromatic group are able to call forth infiltrative growths. So also the dietary errors and inanition so prevalent among osteopaths may be mentioned. Dr. H. T. Crawford of Boston, and A. P. Firth of Newark, whose cases of osteopathy, that cause to be grateful to Dr. Lowry for his beautiful volume.

Diet is known to have a strong influence on these organs.

Now when the tumor has once started, it becomes pathological; and there is the most aggravating feature of the disease. It is held, and I believe by the best thinkers now, that there is no such thing as an essentially pathogenic germ, but that any germ may become pathogenic. Let us picture how an epidemic originates. Some individual has, for some reason, become suddenly weakened in his body, and this week or the organ begins to multiply. They may do no more than this in the first individual. From him they are transmitted to their other influence, a slight increase in their strength. Thus they go on from one to another until they become strong enough to attack even those who are normal, as in an epidemic of smallpox or measles; or in those who are nearly normal, as in the case of the other infections. This war is constantly going on.

The same thing exactly is true in our bodies. All cells still retain a latent form the capacity to multiply without limit. Tiny transient tumors are continually forming and disappearing. If one breaks away from nature's restraint, it can form a tumor. So also from a tumor are continuously being cast off free cells; these are dovored by the tissue where they lodge, just as germs are, unless that tissue be specifically weak, when they may grow. Adami describes the vigor of growth increases with each successive metastasis. So we see where a certain disease of different stages are shown to be present in the same body. (Principles of Pathology, Vol. I, Page 677.) He further describes the behavior of these secondary infections as being like the secondary infections from some local abscess in that the secondary growth will occur, but they cause the diseases described. He also calls attention to the experiments of Sir Almroth Wright, in which it is shown that the resistance to cancer cells grows, and the resistance to germs. That is to say there is an opsonic index for cancer. He further shows that the resistance to infection strengthens, and this might be stated that just as we are constantly at war with germs, so are we constantly at war with tendency to overgrowth of tissue.

Our cue here then is to study the internal secretions since they are undoubtedly the organs concerned in infection and immunity. The mediastinum, or the heart, which in the normal should render innocuous the biological excretion. The osteopathic lesion is undeniably a factor. At Worcester after an address on this subject by a prominent physician made by osteopaths, of tumors that have been apparently cured by osteopathic means.

The osteopathic physician with his superior methods of examining the body can detect evidence of strain to different organs which are invisible to those not so trained. If in all cases of tumors, observations were correctly made to find out, if possible, just where the source of the chemical unbalance was to be found, as for instance, the genital organs or the organs of internal secretion, or the digestive organs, and if those observations were collected, it is not improbable that a single simple fact might be present, most hopeless problem before the world.

The third factor in the growth of tumors I should like to call attention. I have asserted that all actual changes in the tissue were parts of this tissue repair process. That, although there were some other symptoms, these symptoms were due to the local exaggeration of this process in different organs, or to the effects of these changes upon the other organs. Nor have I ever discovered any processes in the body which could not be included under one of these heads. The formation of tumors of the body is the mere exaggeration of the proliferative stage. (This is not to claim that the explanation is proven the true one; but it is certainly a possible and a logical case.)

This tissue repair process is briefly as fol-
Every disease passes through these stages and in this order; there is first a sensory disturbance, then there is a motor disturbance and coming on with this is a catarrhal condition, with oedema. From this point the process goes on to the formation of fibrin appearing first as phlegm, and later as membrane. During this period the fibrin is liable to be delayed. The process may even go further, and result in death, from shock of the local tissues.

As the disease subsides, it again passes in reverse order, through these same changes. When the irritation is not removed, and the disease subsides through compensation, all the subjective features are apt to disappear, and to drive the process back as far as the failure of function, or even the stage below it, which is slight congestion with the rapid proliferation of the local tissue cells. If it is held at this point, it is apt to fluctuate between a functional stimulus marked by spasm, and a congestive stimulus. That is, we have the ideal condition for tumor formation; strong functional stimulation, which would tend to slow growth, but bordering on the functional; means that the fibrin, the fibrinoid tissue, granulation or embryonic in character, as in the process of repair.

Now this I believe to be the true etiology of all tumors, as well as the proliferative enzyme. In the first place the majority of them grow from an irritant or along the edges of traumatized tissue. In the second, they have a catarhal basis. In the third place they correspond with the tissue repair process, in that this feature is exaggerated in all these organs in which rapid proliferation normally occurs. This is what I mean by a proliferative enzyme. That is, organs that normally grow rapidly are more likely to exaggerate this feature and to form tumors. In the fourth place, in examining the pathology and etiology of these tumors, we find there decided evidence that they are a repair process; that the conditions correspond with the formation of the growth or regeneration in that kind of tissue normal Nature has not made a new process. And finally, almost every tumor is mixed with fibrous tissue, which is characteristic of a process of repair. That is, there are a good many other items bearing out this opinion. I regard the matter as important for the simple reason that if it can be demonstrated that this brings the etiology of a large number of available methods of treatment, osteopathic and otherwise. It increases our hope of being able to master them. We must remember that it is but little enlargement that is needed to break down easily. We have merely to check its further formation, and its tendency to disappear of its own accord will be worth a great deal.

Osteopathic stimulation may be specific or it is wasted. To perfect this technique requires experience with many cases of tumors and other tumors. To learn where constant lesions are to be found if there are such, to learn if possible what particular organs of the body are secreting and controlling these various classes of tumors, and to learn what abuses of functions of these organs or of the local tissue are most constantly at fault, must be the object of our search.

The science of Therapeutics begins with osteopathy. The prognosis must always be based upon what the patient is suffering from, whether experimentally, or where the diseased organs are removed. Osteopathy must inherit the world. And it should endeavor to stamp its whole future with the true scientific method of accumulating statistics.

Such marvelous results have been accomplished in the past by its very simple means, that it is likely to command solutions for the greatest of problems.
When there is editorial work to do the editor does not rise as usual with the sun as it bursts out of the glorious lake, in order to hasten to his work, "in the terrible town," but instead, close the window shutters, turn on the terrene and live in the bosom of nature, with her songs, her sounds and her sights. She makes you look out on one or another subject and holds an "editorial clinic" with his subscribers, friends, advisers, and his stenometric—yes, and his stenometric critics—yes, and his stenometric critics. You must remember problems of professional life and duty are thrashed over and worked out to conclusions amid an environment that will make a poet out of a wooden man, even!

Into this conference and clinic which consumes one or two undivided days each week, I invite you, Doctor.

Will you come?

Write me one of your best ideas. Tell me how you think we can improve our literature so as to make it appeal better, and still better, to the uninformed and disinterested millions. Even if your suggestion does not seem to me possible, I will put it on his files on one or another subject and hold an "editorial clinic" with his subscribers, friends, advisers, and his stenometric—yes, and his stenometric critics. You must remember problems of professional life and duty are thrashed over and worked out to conclusions amid an environment that will make a poet out of a wooden man, even!

Of course, with a multitude of views and suggestions it is not possible to act upon all of them, one or all of them; and sometimes the editor cannot agree with a proposal outlined; but in the aggregate they all help and are appreciated, I assure you.

I am talking to those friends who regularly or spasmodically send me their experiences, clippings, tips of helpful things they have read, news, quotations, suggestions, etc., relating either to the field of O. H. or The O. P. Please keep it up.

The purpose of this editorial is to assure such friends as may feel that their effort is not appreciated that their help is very much appreciated, and that not a suggestion is ever lost which comes to the osteopathic editorial sanctum—the lyric in the woods on the bluffs of old Lake Michigan.

"In Hog Signo Vinces"? Says the Medical Apologist

SOME of the proponents of a national board of "health" state the case thus: "A farmer has a sick hog. He sends to the Department of Agriculture, and the government at once sends him an expert—a hog doctor—to attend to the hog. "A poor woman has a sick child. She appeals to the government, but the government has no department which will, or can, do anything for her suffering baby. "Neither. We need a department of medicine (or call it 'health') to protect our babies as we protect our hogs."

Now this is a winning argument. I admit its foundation is sound, and I should dearly love to believe in it, for the protection of childhood is a tender point in all rightly constituted minds, and if the government can do such a thing as is expected of them by the public, it will get another vote. Or, better still, if there were national departmental authority, there might be something in the argument.

But, as a matter of fact, a government is not a God, beneficent and omniscient, as some people seem to think. It is man-administered and is no better than you and I and make it, by consent of affectionate people. When I cross my children and your hogs with each other, and I cross them so as to get better children—or better hogs—than have been produced thus far. Perhaps your children are white and your hogs are black and his hogs are Chester Whites. Perhaps your children are black and his hogs are Chester Whites. Perhaps one of you is a recent immigrant and advises you that you cannot escape seeing its absurdity.

Then when your little hogs—I beg pardon, I mean your children—become older, you may have expert advice from the government as to how to breed them, how to marry them, how to cross them so as to get better children—or hogs—than have been produced thus far. Perhaps your children are white and your hogs are black, and his and your hogs are Chester Whites. Perhaps one of you is a recent immigrant and advises you that you cannot escape seeing its absurdity.

Heaven forbid that I should resurrect the race question in this controversy, or add one finger-weight to race prejudice. But, while I utter abhor miscegenation, I am not prepared to say, "away with race!"—that is, for a proposed mixture of race bloods might not produce a physically superior, a better disease-resistant race. At least, it is easily conceivable that some girls may be expected to work upon some such theory in his laboratory, and if children are to be considered as hogs, he would be thoroughly justified in improving the breed by crossing them with departamental authority as he would possess.

The answer to the hog argument is obvious. It consists of four words: "Children are not hogs."—Edmund Vance Cooke, in Medical Freedom

"When in doubt remove the appendix."—A Chicago physician.

Or you when need money.—Chicago Tribune.
THE BUSINESS SIDE OF PRACTICE.

The purely business side of practice is too often almost entirely neglected and seldom gets the attention it deserves. The average doctor becomes so engrossed in the study of his science and its practical application that he overlooks many details that would tend to better success, financially, and greater enjoyment in his work. In this page we want to discuss such things as the keeping of case records and accounts; office equipments and furnishings; arrangements of offices and treating rooms; conveniences for callers and patients, etc. We shall welcome suggestions from doctors as to the methods they have found satisfactory, and also information from manufacturers of physicians' furniture and equipment. Anything that will make an office more attractive in appearance, or more convenient; or any system or method by which business efficiency may be increased will be germane and acceptable.

New Office of Drs. F. E. and H. C. P. Moore, at Portland Oregon

Very Conveniently Arranged and Most Attractive and Artistic in Appearance and Decoration

I am pleased to respond to your request for a description and pictures of our new office. We have received letters asking for a drawing of the office and in order that readers may have an intelligent idea of the arrangement I submit herewith the floor plan. We do not claim any marked originality, but we have endeavored to co-ordinate ideas regarding ideal offices which we have gathered in our travels and in studying over the matter. While Mrs. Moore's individuality is apparent in many of the details, we have merely carried out our purpose to have an office complete and attractive in every way, which would be a credit to osteopathy, a satisfaction to ourselves, and a comfort to our patients. Having unlimited confidence in the future of osteopathy, we did not hesitate to lease sufficient space to meet our requirements in the years to come. We have about 1100 square feet, which was originally divided into three two-room suites 13x27½ feet. The rooms were rearranged so that we have seven rooms and a private hall, and were planned with a view to securing the maximum of convenience. The building is a Class A twelve-story structure, which was built one year ago. All floors are concrete, and the woodwork is mahogany, while the walls are ivory tinted. The floor is painted an excellent dust color, and all floor coverings are Oriental rugs which harmonize in color plan with the different rooms. Meier & Frank Company's interior decorator assisted in our selection of draperies and a number of the rugs.

All furniture is solid mahogany except in the operating room and laboratory, which are furnished in white enamel. The desks, bookcases, wardrobes, etc., are all on sanitary bases, which adds to the cleanliness of...
Dr. J. O. Hunt.

As time was pressing, and more about it. State

M. Irishman. patient.

Wright, Charles City. J. San-

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Directory of Officers of City and District Associations

Baltimore City Osteopathic Society: President, Dr. H. Alfred Leonard; vice-president, Dr. Wil-

liam F. Hock; secretary, Dr. Howard M. Houck; treasurer, Dr. Aloha Kirkpatrick.

Bexar County, Texas, Osteopathic Association: President, Dr. A. G. Cook; secretary-treasurer, F.

Pary E. Peck; secretary-treasurer, Dr. J. R. Cunnin-

gham, of San Antonio.

Canada, London Osteopathic Association: President, Dr. E. J. Gray, St. Thomas; vice-president,

Dr. H. Harker, London; secretary and treasurer, Dr. E. S. Dettmer, London.

Canada, Toronto Osteopathic Association: President, Dr. A. T. F. Kipgott; secretary and treasurer, Dr. Frederick Schilling.

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mento; vice-president, Dr. E. B. Palmer, Sacramento; secretary, Dr. C. E. Turner, Sacramento; treasurer, Dr. C. I. Carriage, Sacramento.

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ham, Irvine.

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bury.

Illinois, Fifth District Osteopathic Association: President, Dr. C. M. O'Neil, Pekin; vice-presi-

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Iowa Second District Osteopathic Association: President, Dr. E. B. DeGroot, Keokuk; vice-president, Dr. Grace Urban, Montezuma; secretary, Dr. Margaret Hawk, Davenport; treasurer, Dr. C. C. Hitchcock, Vinton.

Iowa, Third District Osteopathic Association: President, Dr. J. S. Baughman, Burlington; vice-

president, Dr. E. E. Westfall, M. Pleasant; secre-

tary and treasurer, Dr. F. C. Card, Mt. Pleasant.

Iowa Fifth District Association.—President, Dr. M. A. Hoard, Cherokee; secretary-treasurer, Dr. A. A. Leard, Spencer; secretary-treasurer, Dr. A. E. Field, Mason City.

Iowa Sixth District Osteopathic Association: President, Dr. C. E. Clark, of Onawa; secretary,

Dr. W. A. Bluff; treasurer, Dr. M. R. Bluff, Bluffton.

Iowa, Seventh District Osteopathic Association: President, Dr. D. W. Roberts, Des Moines; secre-

tary, Dr. C. A. Haggard, Fort Dodge; treasurer, Dr. G. A. Ames.

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Iowa Seventh District Osteopathic Association: President, Dr. E. S. Still, Des Moines; vice-presi-

dent, Dr. F. B. Bass, Des Moines; secretary, Dr. Don Emery, Des Moines.

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Los Angeles County Osteopathic Society: President, Dr. T. L. Huml, Haight; vice-president,

Dr. O. T. Seabrook; secretary, Dr. C. H. Phillips; treasurer, Dr. J. O. Hunt.

Louisville Osteopathic Association: President, Dr. C. J. Johnson, vice-president, Dr. H. H. Car-

ter; secretary and treasurer, Dr. Evelyn R. Bush; all of Louisville.

Osteopathic Charts

We wish that publishers of osteopathic anatomical and physiological charts would send us a brief description, together with half tones or zines small enough for publication in THE OSTEOPATHIC PHYSICIAN. We want to make a list of towns that pre-

sent opportunities for good osteopathic practice.

The doctor was looking for a good place to get a start should inves-

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If you know of any town, or towns, in your state that needs an osteopath or that can sup-

port the practice of osteopathy, we should be around to learn more about the conditions briefly stated.

The key to the osteopathic practice is in the hands of the people.

Opportunity for Osteopathic

There is a great demand for a well-trained, well-qualified osteopath to get hold of a nice practice at Gouverneur, N. Y., for a very small consideration. Dr. N. C. Hawks, who has been practicing there for about ten years, has been considering making a change in location for some months past, and he has decided that he wants to get away by August 1st. Dr. Hawks is willing to take $800 for the practice, payable $100 down, and the balance on easy terms. He says that in buying his office a man will have all he needs and will not have to spend a penny for anything else. Some of our young graduates who are looking for a good place to get a start should investi-

Testing Him Thoroughly.

They tell that the fellow was a New York physi-

ian, now a leading member of his profession, who, as an internee in a Chicago hospital years ago, held his own with a crowd of rather gay

friends. One day, during the course of his studies, he heard a man calling to find that he had

sadly overslept. Half dazed, he put on his clothes and made his way to the hospital. The first patient was a

big Irishman.

"What seems to be the trouble?" asked the sleepy doctor. The Irishman looked at him and

saw the hand to examine his pulse.

"I've had a bad way. I can't get me breath at all."

"Then we'll see how it stands. Now examine the lungs and cough and lay his hands on the Irishman's chest.

"Here's the tell tale," he continued, closing his eyes and listening attentively for sounds of pulmonary congestion.

"Oh, say anything. Count one, two, three, and so on, that's it, slow down a bit.

"Wan, two, three, four, five, six," began the patient.

"Stop, stop," the doctor interrupted.
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BOVININE supplies all this as no Beef Extract can. It raises the Opsonic Index to normal standard and prevents chronic invalidism.

BOVININE is not only a perfect nutritious tonic in itself, but being rich in elementary iron and all essential elements necessary for complete cell reconstruction and nutrition, it re-establishes completely normal metabolism, thus assuring a quick recovery from all wasting diseases.

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THE BOVININE COMPANY
75 West Houston St., New York City

Wisconsin Association News Column

Address all communications to this column to Dr. E. J. Ellison, Secy., 806 Madison Bldg., Milwaukee.

T HE fourteenth annual meeting of the Wisconsin Association will be held at Green Bay Wednesday and Thursday, June 5 and 6, 1912.

The headquarters of the convention will be at the Beaumont Hotel, although the meetings will be held elsewhere. The hotel rates are $2.50 per day up, American plan. Engage your room in advance.

Let this informal announcement be an invitation to every osteopathic physician in the state to be present at and take part in the deliberations of the convention. Several new practitioners have located within our borders and we desire them to feel a cordial welcome to this meeting whether members of the association or not.

Last year we "pooled" car fares to the satisfaction of all, and it proved to be a fair way to expect physician wives of some of the Milwaukee doctors as far as attending the Green Bay convention. The Milwaukee society entertained to this meeting whether members of the association or not.

The complete program of the Green Bay meeting will be mailed about May 1, and we trust all will plan to be present. The month of June is an ideal time for a convention, and the local osteopaths of Green Bay are expecting to give the visiting doctors an unusually good time, with especial emphasis on the "second day."

Physicians Err in Sticking to Ventral Aspect Diagnosis

By Dr. Frank Payne Millard, Toronto, Canada.

T HE text book question is of prime importance to osteopathy. At the present, no medical book on diagnosis may be considered complete in any respect, from this fact that, however skillful the physician of the "regular" school, his examination is based on an examination of the ventral aspect of the human anatomy, almost totally disregarding dorsal and lateral aspects thereof. As the ventral system depends upon its stability through perfect integrity of the tissues in this dorsal region, and as all viscerosensory reflexes are referred to the spinal tract for connection, and as the various vasomotor centers eminate from, and are connected with, the spinal cord area, I say, hesitatingly, no diagnosis can be correct unless taken into consideration in every instance. Osteopathy will continue as a science as long as the basic principle of structural integrity is intact, and as long as osteopathic physicians as a body continue to be well posted men, and delve into research work, and become master mechanics of the human anatomy.

"Well," said Dr. Foll, rising from the bedside, "the old man will recover."

"His nephew is waiting outside," he said. "Will you break it to him as gently as possible, or shall I?"
The Osteopathic Physician

Green Gables Osteopathic Health Resort

The Country Club idea with all city conveniences—electric lights—steam heat—running spring water throughout the building. Located in the beautiful lake district of Wisconsin.

DOCTOR

You do not need to help you to treat your patients, but do you need Green Gables to help you hold until cured the three or four patients a year who drift away from osteopathy. Try it. No osteopath has sent one patient without sending more—seem satisfied, or you will abandon the plan. We have had some of the best practices in the country working with Green Gables Osteopathic Health Resorts. It is to be expected that you will find it to be a good advantage to have your patients well cared for by Green Gables Osteopathic Health Resorts.

Dr. G. A. Aupperle, President.
Dr. C. W. Mahafly, of Helena; secretary, Dr. Asa Willard, Missoula, of Montana State Board of Examiners. These appointments were made in accordance with the recommendations of the osteopathic State board. Dr. C. W. Mahafly did not desire reappointment. The board is now ready to set about the work assigned it by the constitution of 1898. The next annual meeting will be held at Birmingham, Alabama.

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A FEW COMMENTS

I have just received copy of Osteopathic Health for April, and I think it is in all respects the finest ever considered it the daintiest pamphlet I have ever seen gotten out for osteopathy. It's just the thing. Please send me extra copies.—Dr. L. B. Coppius, Hingham, Mo., March 29th.

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The April number of Osteopathic Health is the best woman’s number I have ever seen. Please send me 150 copies as soon as possible.—Dr. May Redfield, Rapid City, S. D., April 3d.

Make my order for April magazines 500 copies.—Dr. Matthew T. Mays, Springfield, Mass., March 30th.

It’s a good investment to have an extra hundred or so of a number of this kind.

Single order prices—$10.00; $50.00 $15.00

The Osteopathic Publishing Co.
215 South Market St.
CHICAGO

Iota Tau Sigma Reunion

A reunion of the Iota Tau Sigma fraternity will be held April 2nd during the "Convention Week." It is planned to make this the largest and most enjoyable gathering of Iota Tau Sigma for a long time. To use the words of the committee in charge, "It will be the old-fashioned reunion fraternity reunion—with a spendiferous banquet as a special feature." Plans for other features are in course of preparation and it is promised that there will be a real thrill for everyone present in the minds of every Iota Tau Sigma man attending.—Dr. Thomas H. Nicholl, D. O., Secretary, Iota Tau Sigma.

Montana State Board Appointments

On April 3rd Governor Edwin L. Norris, of Montana, appointed Dr. W. C. Dawes, Bozeman; Dr. L. K. Cramb, of Butte; and Dr. Asa Willard, of Missoula. The Board was composed of the six members of the Montana Board of Registration and Examiners. The names of the six members of the board are: Dr. C. W. Mahafly, Helena; secretary, Dr. Asa Willard, Missoula; treasurer, Dr. W. C. Dawes, Bozeman.

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Montana State Board Appointments

On April 3rd Governor Edwin L. Norris, of Montana, appointed Dr. W. C. Dawes, Bozeman; Dr. L. K. Cramb, of Butte; and Dr. Asa Willard, of Missoula. The Board was composed of the six members of the Montana Board of Registration and Examiners. The names of the six members of the board are: Dr. C. W. Mahafly, Helena; secretary, Dr. Asa Willard, Missoula; treasurer, Dr. W. C. Dawes, Bozeman.

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A FEW COMMENTS

I have just received copy of Osteopathic Health for April, and I think it is in all respects the finest ever considered it the daintiest pamphlet I have ever seen gotten out for osteopathy. It's just the thing. Please send me extra copies.—Dr. L. B. Coppius, Hingham, Mo., March 29th.

Osteopathic Health for April is an especially good number.—Dr. G. A. Aupperle, Sutherland, Iowa, April 4th.

The April number of Osteopathic Health is certainly a dandy magazine. Please send me extra copies.—Dr. Frederick A. Piper, San Antonio, Texas, March 29th.

The April number of Osteopathic Health is an excellent edition. Please send me extra copies.—Dr. Mary H. Conner, Chicago, Ill., April 3d.

The April number of Osteopathic Health is fine. Kindly send us extra copies.—Dr. Albert J. and Cora Bolin Owsley, Hinsdale, Ill., April 30th.

The April number of Osteopathic Health is one of the best I have received in the past year.—Dr. B. B. Everard, Cleveland, Ohio, April 2d.

The April number of Osteopathic Health is the best woman’s number I have ever seen. Please send me 150 copies as soon as possible.—Dr. May Redfield, Rapid City, S. D., April 3d.

Make my order for April magazines 500 copies.—Dr. Matthew T. Mays, Springfield, Mass., March 30th.

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Iota Tau Sigma Reunion

A reunion of the Iota Tau Sigma fraternity will be held April 2nd during the "Convention Week." It is planned to make this the largest and most enjoyable gathering of Iota Tau Sigma for a long time. To use the words of the committee in charge, "It will be the old-fashioned reunion fraternity reunion—with a spendiferous banquet as a special feature." Plans for other features are in course of preparation and it is promised that there will be a real thrill for everyone present in the minds of every Iota Tau Sigma man attending.—Dr. Thomas H. Nicholl, D. O., Secretary, Iota Tau Sigma.
especially fortunate in securing Dr. C. W. Proctor of Buffalo, N. Y., who will discuss the Internal Secretions and their value as a new point in the treatment of acute diseases. Dr. Proctor is one of the best chemists and an excellent physician, and is well qualified to speak on this subject. The longer we are in practice, the more we come in contact with acute diseases, and it is well for us to know when certain elements can be found in the human body, at such times, in order that our work may be more intelligent and efficient.—W. C. Monteague, D. O., Secretary.

Northwest Missouri Meeting

The regular meeting of the Northwest Missouri Osteopathic Association was held at the Ridohous Hotel, St. Joseph, Missouri, on January 15th, in a spirited and hospitable manner, considering the extreme weather. An interesting programme was carried over into the afternoon, when several good papers and clinical demonstrations were given. At 6 P.M., the members and friends of the profession met in the dining room, with Mayor A. P. Clayton and Mrs. Clayton on the platform. It was announced by Dr. J. Deason, of the A. S. O., that the special supplies which will be shown in the Museum of Osteopathic Medicine, Kirksville, Mo., for the next meeting will be held in Kansas City, Kupper Hotel, and all members, as some new pointers. Dr. G. A. Still was with us, and the way he conducted the question was very satisfactory, and I am glad to say that the general association would accept a D. O.'s certificate. The man leaving, he would write to the head chair of the association to let me know how the meeting was carried out, and showed me a telegram in answer to his letter with the following in the history of the organization. Every detail will be carried out to the letter and it is hoped that a esprit de corps will be developed by the program especially for the next meeting. The faculty of the A. O. A. has shown the favorable consideration of such arrangements at once. Let us give Dr. Still an esprit de corps will be developed by the program especially for the next meeting. The faculty of the A. O. A. has shown the favorable consideration of such arrangements at once. Let us give Dr. Still an

Kansas Annual Meeting

TheSalvay annual meeting of the Kansas Osteopathic Association was held in the Commercial Club rooms at Topeka, April 6th and 7th, with the largest attendance in the history of the association. An interesting programme was carried over into the afternoon, with Dr. Clarke, of Kansas City, who gave us a good talk on Meningitis and Infantile Paralysis, which is said to be spread in Kansas City, and also if I would act as a medical examiner for the next meeting. I told him I was perfectly willing to do what I could to help them organize the association and let me know when the time was right. The general association would accept a D. O.'s certificate. The man leaving, he would write to the head chair of the association to let me know how the meeting was carried out, and showed me a telegram in answer to his letter with the one word “No” in it. The Masons, Odd Fellows, The Loyal Protective Insurance Company, who helps us to meet the insurance needs of the osteopathy association, and several others have accepted examining certificates for me many times. Wishing you all success in your work.

Illinois Osteopaths Plan Big Convention

The regular annual convention of the Illinois Osteopathic Association will be held at Peoria, June 15th. The papers are being made to have the A. O. A. furnish what assistance that is necessary. Officers elected were: President, Dr. G. B. Wolf, Ottawa; vice-president, Dr. J. J. Conner, of Kansas City, and several others have accepted examining certificates for me many times. Wishing you all success in your work.

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Health Record, London, Eng.: "The author deals with this large and important study in a manner both fascinating and practical, and in a style marked by originality and careful investigation. The author has embodied in this book the knowledge gained by long and earnest study."

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the first catalog-ette are a cleverly designed cabinet for holding ladies' kimonas, pillow cases, treating coats, etc., a new table, the bedroom stool, loose head band and breast pocket, naps, rubber goods, pillows, etc.

The new Illinois Hydraulic Two Table will also be shown in the new catalog-ette, as well as other new tables of various kinds.

Plans Made for Big Convention at Kirkville.

May 24th and 25th is the date selected for the joint meeting of the Missouri Osteopathic Association and the Mississippi Valley Osteopathic Association, which will be held on the campus of the University of the South, Tennessee, and the new Pall's Boys and girls! If not, get busy and make those arrangements. Just let me know where Dr. J. Deason, of the A. S. O., gave a very interesting and important talk on the "Study of Bony Lesions." The next meeting will be held in Kansas City, Kupper Hotel, and all members, as some new pointers. Dr. G. A. Still was with us, and the way he conducted the question was very satisfactory, and I am glad to say that the general association would accept a D. O.'s certificate. The man leaving, he would write to the head chair of the association to let me know how the meeting was carried out, and showed me a telegram in answer to his letter with the one word "No" in it. The Masons, Odd Fellows, The Loyal Protective Insurance Company, who helps us to meet the insurance needs of the osteopathy association, and several others have accepted examining certificates for me many times. Wishing you all success in your work.

For the New England Meeting.

Progress is being made in rounding up arrangements for our next annual convention, to be held at the Hotel Vandalia, St. Petersburg, and everything is in fine shape to a grand success. The co-operation of every member is only required for the success of the meetings and this is in the history of the organization. Every detail will be carried out to the letter and it is hoped that a esprit de corps will be developed by the program especially for the next meeting. The faculty of the A. O. A. has shown the favorable consideration of such arrangements at once. Let us give Dr. Still an esprit de corps will be developed by the program especially for the next meeting. The faculty of the A. O. A. has shown the favorable consideration of such arrangements at once. Let us give Dr. Still an

Iowa Seventh District Meeting.

The Seventh District Osteopathic Association of Iowa held its annual meeting on March 16th at Iowa City. Twenty-five members of the association and a number of students attended the afternoon and evening sessions. The after­

"Resolved, By the Seventh District Osteopathic Association, in regular session assembled, that we, the members of the said association, do hereby order the following resolutions:"

Table Company Changes Names.

Dr. Chester W. Albright, manager of Albright's Re­

Leaf Table Company, with offices in the New­

Heart building, Madison and Market streets, Chicago, wishes to announce that the name of the company is changed to Chester W. Albright Company and hereafter the company will be manufacturers, jobbers and importers of "everything of value."—Dr. Albright.

Dr. Albright for almost two years has been devoting his time and understanding to the needs of the osteopathic profession along these lines. Before May 1st the new company expects to publish an unique and original osteopathic catalog-ette of special supplies for osteopaths.

Among the special supplies which will be shown in

Museum of Osteopathic Medicine, Kirksville, MO
Washington State Convention.
The twelfth annual convention of the Washington State Osteopathic Association was held at Spokane, April 5th and 6th. Dr. Olin P. Akin, of Portland, Oregon, gave a demonstration on a new method of treating spinal curvature.
An interesting case was brought to the convention by Dr. Ina F. Rupert. The patient was a girl of thirteen who had been affected with infantile paralysis in June, 1910, and was completely paralyzed in July. Dr. Rupert took the case in August, and after twenty-four treatments the child was able to take some steps, and is now able to walk without cane or crutch.
Dr. Roberta Wimer Ford, of Seattle, gave a paper on osteopathic influences in dentistry. A banquet was served at which forty were present. Dr. T. C. Morris, of Spokane, acting as toastmaster. Officers elected were: President, Dr. J. P. Morse, Wenatchee; vice-president, Dr. Roberta Wimer Ford, Seattle; second vice-president, Dr. R. F. Toney, Davenport; treasurer, Dr. Frank Holmes, Spokane; secretary, W. T. Thomas, Tacoma.

“What I Have Found Out”
Instead of paying twenty-five cents for a small tube of lubricant, I have, in collaboration with my druggist, devised the following formula, which produces a lubricating material superior to anything else that I have tried, and it costs me seventy-five cents.

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
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<tbody>
<tr>
<td>Irish moss</td>
<td>1 oz.</td>
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<tr>
<td>Glycerine</td>
<td>1 oz.</td>
</tr>
<tr>
<td>Boric acid</td>
<td>1 dr.</td>
</tr>
<tr>
<td>Water</td>
<td>1 qt.</td>
</tr>
<tr>
<td>Lilac oil (perfume)</td>
<td>10 gts.</td>
</tr>
</tbody>
</table>

Boil moss with water, strain, boracic acid and glycerine, and enough water through strainer to make one quart. When cold, add the perfume and stir in with glass rod. The consistency can be regulated by the amount of water used, but it should not be so thick that it will not pour.

This makes a nice, aseptic lubricant for instruments or fingers, which is not difficult to remove, as is oil or vaseline. To cleanse the hands after an examination, I use tincture green soap, which I purchase by the quart, and of which I keep a small supply in a sprinkle top bottle on my lavatory shelf.—Dr. F. I. Furry, Cheyenne, Wyo.

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- Surgery and Surgical clinics.
- Obstetrics and Obstetrical clinics.
- Gynecology and Gynecological clinics.
- Urinalysis, Microscopy and Dissection.

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**TREATING TABLES**

<table>
<thead>
<tr>
<th>Condition</th>
<th>Treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Typhoid Fever</td>
<td>Osteopathic treatment is safe and effective.</td>
</tr>
<tr>
<td>Pneumonia</td>
<td>Osteopathic treatment is safe and effective.</td>
</tr>
<tr>
<td>Sepsis</td>
<td>Osteopathic treatment is safe and effective.</td>
</tr>
<tr>
<td>Septicemia</td>
<td>Osteopathic treatment is safe and effective.</td>
</tr>
<tr>
<td>Meningitis</td>
<td>Osteopathic treatment is safe and effective.</td>
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**“The O. P.” Clock Give-Satisfaction.**

I received the pretty clock all O. K. Thank you! Would not take $2.00 for it—Dr. G. A. Auspitzer, Sullivan, Iowa, January 30th.

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**Personal**

Dr. C. G. Sieber, of Marinette, Wis., has sold his practice at that place and at Menominee, Mich., to Drs. W. H. White and H. B. Whipple, to prepare for a trip to Europe. He will visit London and Paris, and attend the Olympic games at Stockholm, Sweden, where he will also visit relatives. He will return to the U.S. at Waldemarsvik, Sweden. He expects to stay in Sweden at least a year, and may possibly settle down and practice there.

We are in receipt of a postal card from Dr. M. C. Hurst, from Duthiti, Mina, showing a picture of a very vigorous stock, and announcing the birth on March 4th, of John Joseph Hurd, a strong ten-pound osteopathic baby.

Dr. Alice Willard, of Norfolk, Va., has been spending a three weeks’ visit with her son, Dr. Earl S. Willard, of Philadelphia.

After a hard winter’s work which was partly induced by the regular use of Osteopathic Health, Drs. Daugherty & Muntel, of Bloomington, Ill, are taking a short vacation.

Dr. Claude M. Bancroft, of Penn Yan, N. Y., has purchased the practice of Dr. F. L. Labotry, South Haven, Michigan, February 16th.

**More Good Words About the Brass Door Plate**

The brass door plate came duly to hand. I consider it a dandy. Thank you.—Dr. Chas. C. Smith, King Hill, Mont., January 28th.

Many thanks for door plate and desk clock. They are fine.—Dr. F. C. Currie, Mont Vernon, Ill., January 25th.

I received the door plate sent by you at Christmas and sent by you Christmas and like it very much.—Dr. William L. Aupperle, St. Louis, Mo., January 30th.

Your door plate’ Christmas gift is certainly very nice. Thank you for having such a happy thought for your friends.—Dr. G. A. Lathrop, 605-606 U. S. National Bank building, Chicago.

The April issue of Osteopathic Health is a very fine edition indeed. Please send me 100 copies.—Dr. D. C. Hoffnung, Coebachton, Ohio, April 8th.

I certainly like the covers on Osteopathic Health, but not better than the contents.—Dr. Lester A. Mcmaster, Homer, Ill., March 29th.

Enclosed please find remittance to cover February and March issues of Osteopathic Health. The subscriptions have already brought enough business for our use, and also for the stamps for mailing them.—Dr. Bert R. White, Lawrence, Kan., March 30th.

**Mutual Understanding Has Been Increased.**

That a man was able to withstand well meant criticism and not let it sour him. I have always considered indicative of strength of character. After the full and free discussion in the last "O. P." I am sure we all understand one another better and that good will come of it.—Dr. H. W. White, 605-606 U. S. National Bank building, Chicago.

This was the occasion of the dedication of the new building of the same city, have consolidated their practice and formed a partnership under the new firm name of Drs. White & Walton. Their offices will be at rooms 605-606, Temple; Masonic Temple.

Dr. Joseph Henry Sullivan, of Chicago, while out walking with his dog, February 11th, had the misfortune to lose his balance on a slippery footing, and fell and injured his arm. He was unable to walk with his cane for about six days, but is now recovering. He expects to stay in Chicago, February 11th, but will return to St. Louis, Mo., February 30th.

Dr. G. H. Buffum, of Sheridan, Wyo., has removed from the old home to new office at Seventy-ninth street, practicing there on Tuesdays, Thursdays and Saturdays at the Marbridge building on Sundays, Wednesdays and Fridays.

Dr. Frederick W. Martin, of Flint, Mich., has removed from the Dryden to the Flint P. Smith building, where he has nicely arranged offices in rooms 605 and 606.

Dr. T. B. Willard, of Norfolk, Va., has purchased the practice of Dr. Whitehead, of that place.

Dr. Henry Plummer, of Munising, Mich., has been appointed by Governor Sanders as a member of the State Board of Osteopathic Examiners.

Dr. Alfred Vert, of 607 West Seventy-ninth street, New York City, has opened an office on the seventh floor of the same building, 47 West Thirty-fourth street. He continues his practice at West Seventy-ninth street, practicing there on Tuesdays, Thursdays and Saturdays, and at the Marbridge building on Mondays, Wednesdays and Fridays.

Dr. R. W. Walton, of Bryeman block, Salem, Ore., and Dr. J. H. Bodle, of 605-606 U. S. National Bank building of the same city, have consolidated their practice and formed a partnership under the firm name of Drs. White & Walton. Their offices will be at rooms 605-606, Temple; Masonic Temple.

Dr. J. O. Schwenger, of Albuquerque, N. M., who has been away on a three months’ vacation for the improvement of his health, has returned to practice, and reopened his office in the N. T. Armijo building.

Dr. Maggie S. Simmons, formerly of 259 Graham avenue, Paterson, N. J., will change her address May 1st to 647 E. 26th street.

Dr. Ella Edwards, formerly of Oberlin, Kan., has removed to Norton, Kan.

Dr. M. E. Corbin has sold his practice at Boise City, Idaho, to Dr. J. H. Bodle, and has located at Great Falls, Mont., where he opened January Ist.

Dr. G. G. Redfield, and Dr. D. May Redfield, of Rapid City, S. D., have moved into fine offices in the New Elks building. They report that they are highly satisfied with their new location, and that practice is very fine.

Dr. J. H. White, of 605-606 U. S. National Bank building, Chicago, while out walking with his dog, February 11th, had the misfortune to lose his balance on a slippery footing, and fell and injured his right shoulder. However, on recovery he proceeded to set it again like a good osteopathic physician, and he only lost two weeks of time and lost no pay, and collected $150.00 accident money for partial disability, as his arm is still somewhat stiff.

Dr. J. O. Schwenger, of Albuquerque, N. M., who has been away on a three months’ vacation for the improvement of his health, has returned to practice, and reopened his office in the N. T. Armijo building.

Dr. E. O. Millay, of 232 Woodward Avenue, Detroit, Mich.

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**Osteopathic Health, April 1916**

Museum of Osteopathic Medicine, Kirksville, MO
The Osteopathic Physician

Osteopathic Health
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The Myth that Osteopathy is a Quackery.

Mister Fears Prevent Relief.
Osteopathy is Not Rough.

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How Patients Dress for Treatment.
Folly of Setting Limitations.

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Thought it was a Substitute for Exercise."
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