### The Osteopathic Physician

### September 1904

Vol. 6, No. 4

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Volume 6.

CHICAGO, SEPTEMBER, 1904.

Number 4.

### WATSON MURDER TRIAL WILL BE SENSATIONAL.

Dr. Watson Has Now Been in Jail One Month.

REVIEW OF DAMAGING EVIDENCE.

Heavy Accident Insurance, Obscure Course of Death, Husband's Strange Conduct and Another Woman in the Case Are the Facts to Be Used by the Prosecution.

Dr. T. Jones Watson, the Denver Osteopath and A. O. A. member, accused of wife murder, has now been confined one month in the jail at New Lisbon, Mo., where he awaits trial. His cell overlooks the scenes where the prisoner spent his boyhood and the cemetery where his wife is buried. His relatives are well-to-do and influential and are busy in his defense; while several equally prominent families related to the late Mrs. Watson are busy and determined to prove that murder was done if they can.

St. Louis and Chicago Sunday papers have devoted entire front pages to superficial reviews of the evidence in this case which now promises to become celebrated in the annals of Missouri's murder trials. These papers, as is usually the case, have already all but proven Dr. Watson guilty, besides condemning and executing him Newspaper convictions as we all ing him. Newspaper convictions, as we all know—like the impassioned eloquence of a prosecuting attorney—are not to be relied upon in matters of life and death, so Osteopaths should be slow in accepting prejudice against the accused man.

Yet there are some very damaging circumstances in the case. Still Dr. Watson may be entirely innocent—and we must presume him so until convicted.

Some of the damaging facts so far brought out are (1) Dr. Watson had put \$30,000 in accident and life insurance upon his wife's life a short time before; (2) the body, although found in the water at the edge of the river, exhibited no water in the lungs, so death could not have occurred from drowning; and while lying under the bridge, it would not very likely have occurred from a fall that distance, for the body was not bruised and the clothing was not torn; (3) poison was found in the stomach at the autopsy, although not until the ptomaines of disintegration could have formed, so that this probably indicates nothing; (4) there were tracks a half mile beyond the bridge in a secluded wood where the doctor and his wife had driven, dismounted and walked about for a considerable lapse of time before the accident, as is shown by the pawing of the horse and the shoe print (this lends a great air of mystery); (5) the wife's relatives have concluded that Dr. Jones was not hurt worth speaking of and they profess now to believe that his unconsciousness was all shamming-yet physicians at the time pronounced him unconscious and will now scarcely go back on their own diagnosis, even should they come to doubt it; (6) Dr. Jones did not care to look upon his wife's face before burial and did not attend the funeral; (7) he did not go to her parent's home after the accident, or give them any account of how the tragedy had happened, or stay around a day or two even, as most people would do, but he quietly departed

#### From Ireland to the Hawaiian Islands

No. 7 Shaftsbury Square, Belfast, Ireland, Aug. 4, 1904.—The Osteopathic Pub. Co., Chicago, Ill. 4, 1904.—The Osteopathic Fub. Co., Chicago, In.—Dear Doctors: You will please find inclosed a contract for 100 copies of "Osteopathic Health" monthly on the yearly contract plan. We wish to begin with the July number. Send July and August both at the same time to us here by express, as we do not wish to make up a mailing list at this time. We are very anxious to get "O. H." for we shall not, of course, do any advertising in the newspapers. We are also inclosing copy for our professional card, and wish the list of diseases printed at the bottom of the same page, according to your usual style.

Also please find inclosed our subscription to "The O. P." We could not think of getting along without it now that seas divide us from our beloved profession. No, we really could not get along without our little family newspaper, with its news and cheer every month.

You will find a draft inclosed on the Provincial Bank of Ireland, Limited, for two pounds, three shillings and four pence, sterling (\$10.60),



Dr. Francis W. Hannah, M. S. D., D. O., M. D., of Indianapolis, Indiana.

and if there is any balance in our favor credit to our account.

Everything is looking bright for us here and we anticipate splendid success in introducing Osteopathy in the Emerald Isle. Please hasten "Osteopathic Health" to us, as our friends are eagerly awaiting it. Fraternally yours,

My Dear Dr. Bunting: Thanks for "Osteopathic Health" and "The O. P." each month, and they are none the worse for wear or age after crossing the seas to get to us. "O. H." is just the thing to post the public about our practice. The profession is fortunate to have such a magazine. I wish I could come to the St. Louis meeting. All success and happiness to the profession in the States.

Fraternally, CARRIE GILMAN, D. O.

### A. S. O. POST GRADUATE SCHOOL WON PRAISES.

Why the A. S. O. Stock Is Being Sold.

VISIT TO A. T. STILL INFIRMARY.

The Editor Reports a Pleasant Visit to St. Louis While the Summer School Was in Session-Prominent Osteopaths Were in Attendance

Just before the closing of the summer postgraduate school of the American School of Osteopathy being conducted at St. Louis, the editor had the pleasure of visiting the institution and of seeing the work in progress. It was a gratifying sight to see the mills grinding as they were and to realize that already so much is being accomplished by way of increasing the facilities for advanced Osteopathic education.

The Homeopathic College building was just about the right size for the class assembled, which number about 75, all told, and being built as a medical college it had all of the appurtenances which are convenient, such as lecture and dissection rooms.

Dean Laughlin was in the administration department with his business-like air, and as full up as ever with good hard sense and liberal views about Osteopathy. Drs. Young, Hoffmann, Clark and others were just winding up six weeks of hard work and were evidently much satisfied with the second term of this summer instruc-tion. Drs. Hamilton and "Charley" Still were due at the building to sign the diplomas the day I left.

I talked with a number of those who enrolled as students-old, seasoned practitioners like Dr. John T. Bass, of Denver-and received from one and all the same verdict, that the post-graduate course had been eminently successful and would prove very helpful to all who shared it. scope of the work was broad, and its treatment applicable to the needs of practitioners, said those interviewed.

"I could offer but one criticism," said Dr. "and I understand that was unavoidable under the circumstances, and that was the case of obstetrical cases. The plans to secure a lot of this work fell through, and that after the school had detailed one man weeks ahead to work up an abundance of these cases. But, having learned by experience how really difficult it is to control these cases, Dr. Laughlin says that next year he will be able to supply this defi-

There were a number of wheel horses enrolled, among them Dr. Dain L. Tasher, of California; Dr. C. W. Young, of Minnesota; Dr. H. M. Vastrue, of Pennsylvania, and others as well known.

The commencement exercises promised to be interesting, but I was unable to stay for them. A handsome post-graduate diploma was conferred, which any practitioner would be proud to hang in his office, Dr. Laughlin presented "The O. P." with a picture of the school, which we reproduce in this issue for the benefit of our readers. He also agreed to send the list of names of those in the group, row by row and from left to right, so we would know who everyone in the group is, but he failed to do so, and if we had known that we wouldn't have had the half-tone made; but George is an awful busy man, as we have always said, and with a vacation school on

his hands this year in addition to routine work we find abundant ground to pardon the over-

While so much talk is heard and misgivings are felt regarding the future of advanced education, to sum it up in a sentence, as I saw it at St. Louis, I was gratified to find the old A. S. O. really putting the machinery of advanced work in operation and, despite the statements of the "Old Doctor" and Dr. Charley Still recently printed, it looked as if the parent school does not mean to be lagging in extending the course. I had several very interesting talks on the threeyear proposition before leaving the city, with Dr. Young, Dr. Hamilton, Dr. Laughlin and some of the practitioners who were taking the coursebut that is another story for another issue, when we will have more room to discuss it.

It was my pleasure to call for the first time

A VERY POPULAR ISSUE

"O. H."-OCTOBER-"O. H."

- "WHAT IS OSTEOPATHY?"
  DR. 0. C. MUESCHLER. "SLEEP" DR. H. S. BUNTING.
- "JUST SICK" DR. H. F. GOETZ
- "WHAT STATE GOVERNORS SAY ABOUT OSTE-OPATHY" —A Symposium.
- "NATURE CAN HANDLE THE GERMS", DR. C. C. TEALL

Several pages of Short Editorials on Various Diseases, Accredited Osteopaths, Osteopathy vs. Massage, Treatment After Surgical Operations, Women's Ills, Etc., Etc., round out the number.

#### A TIMELY NUMBER

Will do good in your field. What will your order be?

upon the A. T. Still Infirmary of Osteopathy at 803 North Garrison avenue. I had heard very complimentary things about the commodiousness and imposing beauty of this institution, but frankly was not prepared to find such a delightful place as it is. Look at it in the picture there. Isn't it a beautiful place, truly? It is a handsome old home, with a delightful sweep of yard, and enough shade to make it restful in summer. I saw a red motor car at the curb as I approached that made it look business-like.

Within, the sanitarium is as handsome as the exterior would promise. The house has unusual depth, and with a broad hallway stretching throught from front to rear, with large man-sion-like rooms on both sides, it is as perfect an old-time mansion as can be found in one of America's older cities. The woodwork is mahogany, massive and hand-carved, and the furnishings are in keeping.

It was a bright, sunshiny, yet cool morning when I called, and I could but feel that the institution was about the most homelike and attractive of any that I had ever seen beckoning the sick. There was notably a home air about it and an entire absence of anything suggesting hospitals and operations.

"You will notice, I trust," said Dr. Hildreth, "that there is no glint of surgeons' weapons from behind glass doors, no bales of absorbent cotton on our mantels, and no smell of antiseptics in the air. We try to make our patients forget that they are in a sanitarium and, as far as possible, to forget that they are sick. We want them to feel, instead, that they are at home, and it is our belief, judging by the way our service is received by the public, that they appreciate it and find this institution different from any other place they have ever visited.

"I am pleased to say," Dr. Hildreth continued, "that we have no vacant rooms and have had to turn patients away all summer. Our practice is as large as we can attend to. That is evidence that our system is well liked by the public."

I wished that every Osteopath in the land might visit this institution and see how creditably Osteopathy is represented at the A. T. Still Infirmary. May we have many others like it in the years to come.

Dr. Warren Hamilton and myself went down on the Pike the evening I left the city to study into anthropology. I think we found the most interesting specimens at the base of the Tyrolean Alps.

"Tell me," I said, after coffee, while the band discoursed a Bohemian rhapsody, "what about this preferred stock issue. What's it for? How's it going?"

I had curiosity to know just what the significance of the step was.

Just the ills that you find people talking about are discussed in "O. H."

- "On Taking Patients Into Confidence"
- Dr. H. S. Bunting "The Quick Cure is Not Typical"
- "Constipation Conquered" Idem
- "Dyspepsia" Idem
- "Blood Purifying" Dr. A. W. Rhoades
- "Baldness—Dandruff—What Osteopathy Can Do For the Scalp" Dr. A. J. Olmsted
- "Sick Headache" Dr. Roy W. Marsh
- "Rheumatic Wisdom" Dr. Gene G. Banker
- "Making the Lame to Walk" Dr. Guy C. Lowden

A judicious blending of acute and chronic cases that will stimulate Summer praetice. See fuller data on page 19, this issue. How many, doctor?

### The Osteopathic Publishing Co.

171 Washington Street



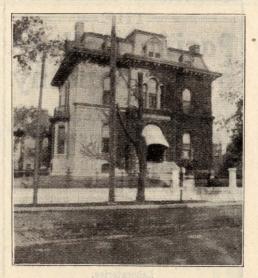
The A. S. O. Post Graduate School Held This Summer at St. Louis

"It has no significance," said Dr. Hamilton, "beyond the facts that we need the money to carry out our present plans and conduct our present work, and we are taking a business step to raise it. Buying the Des Moines school, starting a post-graduate course in this city in dead earnest and planning a handsome and wellequipped infirmary at Kirksville, to be built soon, require money. Our security is of the best and so we issued preferred stock."

"How is the profession investing-is much interest shown in it?"

"I have not talked with Hermann & Schatzman, our fiscal agents, since they began to offer this security to the profession," said Dr. Hamilton. "But the truth is, the entire issue is already sold to banks, and it is not of any consequence to us, so far as getting money is concerned, whether the profession buys this stock or not. But we would rather have Osteopaths own our stock than outsiders, if they care to purchase it, so when we disposed of the issue we did so with the agreement that the buyers would give them a certain time in which to acquire as much as they wanted to—if any—and then the buyers will keep the balance."

learned from Hermann & Schatzman, in the Carleton building, that they are offering this security to the profession alphabetically, and



The A. T. Still Santarium at St. Louis

much interest is manifested, apparently, as far as the work has progressed.

## The President's Message

PPARENTLY there are practitioners of Osteopathy who are not conversant with the object of the American Osteopathic Association. Even some criticism has been made, individually, that nothing specifically is known of the association, and that there seemed to be no easy way of finding out about it. all such this message is especially directed, telling something of the organization, its objects and expectations.

No sane person discounts the worth and ne

cessity of organization. In fact, in all professions and walks of life, organization is a potent factor of success and progress. There are so many things to be developed, rearranged and adjusted in the Osteopathic school concerning us, individually and collectively, that one is forced to the conclusion that many of our physicians cannot be familiar in the least with the A. O. A. work, or else not for a single moment would they hold aloof from it. Several hundred remain without who are wanted as workers inside.

The Objects of the A. O. A. We will quote in full from the constitution the objects of the A. O. A .:

"The objects of the association shall be to seek to promote the interests and influence of the science of Osteopathy and of the Osteopathic profession, by all means that will conduce to their development and establishment,

"The stimulating and encouraging of original research and investigation and the collecting and publishing of the results of such work for the benefit of the whole profession.

"The elevation of the standard of Osteopathic education and the cultivating and advancing of Osteopathic knowledge.

"The fostering and directing of a correct public opinion, as to the relations of practitioners of Osteopathy to society and to the state, and providing for the united expression, frequently and clearly, of the views of the profession thereon.

"The promoting of friendly emulation and social intercourse among the members of the profession, and of prompt and intelligent concert of action by them in all matters of common interest.

This states clearly the objects of the organization and should appeal strongly to the desires and wishes of each and every practitioner. All have felt, undoubtedly, the absolute need of concerted action in educational and legislative work, of frequent discussion and the interchange of ideas from the practical and scientific side, of friendly intercourse, et cetera. These needs are imperative.

Graduates of those schools that are recognized by the association, and no others, shall be eligible to membership in the association." assures a high standard of membership, recognizing only those of ability and integrity.

What Has Been Accomplished
Our organization now includes 1,000 active workers in every locality throughout the states. This fact alone—that there is banded 1,000 earn-

workers in every locality throughout the states. No sune person discounts the worth and no bidd aloof from it. Several bundred remain without who are wanted as workers inside.

Before hearing of your antiseptic treatment I had several cases of Erysipelas and was quite successful with them. Since my first order—about two years are—I have used it in case after case and find that it requires from four to six days to effect a cure. This is a much shorter time than when I gave the Osteopathic treatment only. My method is to saturate a cloth with the antiseptic and lay it over the affected part—in a few minutes the cloth becomes greatly discolored, seeming that the poison is drawn to the surface. When the cloth requires changing a new one should be used, the old one being unfit for service until after it has been cleansed in boiling water. I am perfectly satisfied with your antiseptic as the best one ever made.

Respectfully,

DR. W. H. VINCENT,

Red Oak, Iowa.

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Osteopaths wishing to try my antiseptic treatment can do so in any case that they feel requires an antiseptic. One month's treatment is sent for \$5.00 and if at the end of the month there is no improvement, I had tried several other antiseptics without the suits neach case of any charge. My only stipulation being that application for refund must be made not sooner than 30 days from date of order and not later than 35 days.

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est, progressive men and women for a common cause—is significant. Then note the utmost harmony and good will pervading this united band of workers. One cannot but conclude (quite a self-evident fact) that our future is without question just what we shall make it.

The association is thoroughly organized, and has been now, for several years. Progress, especially for the past four or five years, has been actually important enough to become historymaking. Educational development and legislative enactments have been particularly noteworthy.

Our annual meetings are of great mutual penefit. The discussions of practical and scientific papers are invaluable. In fact, all matters pertaining to the welfare of the profession are investigated, discussed and acted upon. In a word, the A. O. A. is the official organization of the American Osteopathists, and it is recognized as such by all legitimate schools of Osteopathy and by the Association of Osteopathic Colleges.

Necessarily, much time has been required in developing the organization, as the scope of work covers much ground; it is exceedingly comprehensive, although the practical and scientific part is not slighted, which is of great value to the private practitioner. Full reports of the annual meeting, including all papers read and discussed (with much other valuable material), will be found in the well-edited monthly "Journal of the American Osteopathic Association.

This journal alone, being so well conducted, is worth many times the dues required for membership to every practitioner. Nine out of ten or more of the Osteopathists are private practitioners, so that The Journal, as well as all proceedings, at these meetings, are adapted primarily and particularly to the wants of the practicing Osteopathist. His success and welfare are paramount. Indeed, the organization is for this same individual and is governed according to his requirements. The schools are not running the association, as a few may think.

A Code of Ethics was adopted at the last convention. All have felt undoubtedly the need of this. This feature alone will be received with much satisfaction.

How many of the Osteopaths are familiar with the case reports already published? The ability shown by Dr. Ashmore and her collaborators in this department is especially to be commended. The result of this work is invaluable.

All in all, the association has done much toward furthering Osteopathic development in every line. Every member can feel that he has an organization whereby all that pertains to the success of our beloved science will be acted upon promptly by a united fraternity. Each one's suggestions are always acceptable, and the officers realize and appreciate they are representatives of the whole Osteopathic school, and will be pleased to execute according to the desires of the members.

### Our Future Work

The future work of the A. O. A. will be the work demanded for a successful issue of Osteopathic progress. Whatever will be necessary to do in order that Osteopathy may have better scientific, popular and legislative recognition is our work for the present and future. Everyone who cares one whit for Osteopathic science knows what this means. He or she knows that concerted action is necessary and good hard labor will be required in every state, not only to maintain what we now have, but to obtain greater recognition; and, we may safely add, our very existence (as a distinct school) depends upon this concerted action. Never was there a time in Osteopathic history more threatening to our work than the present moment. Of course, much has been accomplished; but we should be alive to the aggressive attitude of the other schools. Their position so far has been largely defensive, but, mark you, hereafter it will be more than ever offensive.

A plan is on foot, tentatively, to bring about a closer relationship between the state societies and the national organization. This would make a closer amalgamation between state and na-

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Chairman of the Faculty

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tional affairs; and particularly would the business sessions of our national meetings be expeditiously executed if our annual conventions were composed of a delegate body from the state societies. In reality, the work of every state is of national import, especially as all medical schools are trying to obtain state reciprocity in granting licenses. Then, all educational progress and scientific recognition is always of national importance. In fine, individual success is the success of all.

#### Join the A. O. A .- The Practitioner's Duty

Osteopathic progress means just as much to you as to anyone. It is as essential to your material welfare as to anyone else. The A. O. A. is not an association for "just a few;" it is for all legitimate workers. It represents each and every one impartially. Its work is your work, as well as mine. Are you going longer to sit idly by and let some one else do your share? True, in years gone by, a few ran the organization. But then there were only a few to run it, and we should thank them most sincerely for keeping together. Their actions were as unselfish as hu-man actions could be. The plan they outlined will be found to be so broad and liberal as to be inclusive of our labor for years to come. The least each one can do now is to put his or her "shoulder to the wheel" and help along this national work—a work that is synonymous with Osteopathic progresss.

It is both a privilege and an honor to aid in this magnificent pioneer labor. We represent a profession that means much to suffering hu-manity. It seems strange we should have battles to fight when our thoughts are for the betterment of humanity, universally. But such is the way of the world. We know we are right and would feel like cowards to stand aside.

Our labor at the bedside is only part of our duty. Of course, the relief of the suffering comes first. But there is even a greater work for us-the development of prophylactic medicine. This is for posterity, but nevertheless the greater. And the Osteopathic school holds the

Hence, not only for our present needs should we organize, but it is absolutely essential for the future. No one can gainsay this. Fellow Oste-opaths! it is your duty to help in this organizing force! We need you; you need us. It is just as much your duty as ours. Otherwise, would it not spell selfishness? All of us are part of the whole. Certainly the whole should act harmoniously. Vicarious activity is apt to mean ill-health. Most assuredly such cannot and will not be the case when each one realizes the situation—and his duty to humanity.

The fact that every legitimate Osteopathist is

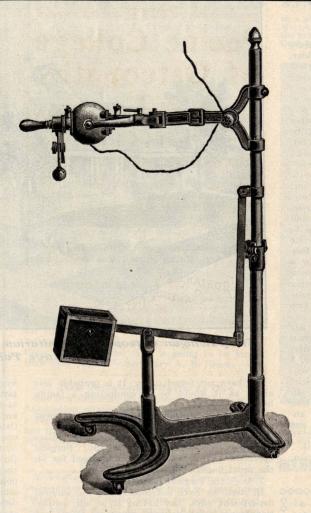
not in the A. O. A. is one of the most incredible conditions of the Osteopathic school. One cannot but think it is because the profession has not thoroughly understood the significance and magnificence of the association. Never before has there been a profession so united in purpose. Each one's battles have been every one's battles. Internal strife, or disagreement, or petty disturbance should be absolutely eliminated, and it can be.

Admiral Nelson said, before the battle of Trafalgar: "England expects that every man will do his duty." May the spirit of this thought pervade our ranks.

CARL P. M'CONNELL, M. D., D. O., President, A. O. A.

### To Sell or Not to Sell-?

The sale of the Colorado Osteopathic Sanitarium farm at Boulder hangs in the balance. The directors voted to sell for \$16,000, and have asked the stockholders to ratify the deal, although no stockhoider would get anything out of it, there being only enough to satisfy the first and part of a second mortgage. Certain resident stockholders have sent a letter opposing such ratification, saying the farm should bring more, and would if the company waited awhile. The meeting will be at Denver, September 20.



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### Do Osteopathic Sanitaria Pay?

Editor "The O. P .: "

Since the fiascos resulting from experiments at founding Osteopathic sanitaria at Boulder, Col., and Pasadena, Cal., have been reported, we have received letters almost daily from some quarters asking us if we are able to make a financial, as well as a professional, success of the sanitarium business. Members of the profession ask Dr. Jones for advice as to whether he thinks an Osteopathic sanitarium could be conducted successfully at one or another point, if due attention were paid to business methods, etc., while others ask regarding our methodswhether we are strict lesion Osteopaths; whether we practice surgery within the institution; if we board our patients in the house, etc., etc. To an of these inquirers Dr. Jones is glad to respond, as fully and promptly as he can find time, but as it is often burdensome to try to do so by personal correspondence with each one interested-so I have been asked by my husband to answer some of these inquiries in a communication to "The O. P.," and it may prove of interest to many others who are considering the feasibility of starting a sanitarium but now feel discouraged owing to recent failures in two quarters

It might seem quite enough to say merely that Dr. Jones has found an Osteopathic sanitarium a paving proposition and in most ways a gratifying, professionally; but, with that assurance, am sure a number of questions at once will come into the minds of those who are interested in this sort of enterprise which makes them ask all about details, and it is this information which I will try to give in the following answers to a number of questions often been put to us.

Respectfully yours,
(MRS.) WILLIAM H. JONES, D. O. Michigan Osteopathic Sanitarium, Adrian, Aug. 26.

### Everyday Queries Answered

Does the sanitarium business pay

Yes, when well conducted and sufficiently advertised, but for the amount of money invested it perhaps does not compare with an office practice. In addition to constant professional care, day and night, the management of a sanitarium requires as able and careful business management as a store or any other business. A sanitarium, therefore, will not pay unless careful business methods are in vogue.

2. What capital is required to establish and operate a sanitarium?

That, of course, depends upon the size, location, equipment, climate, method of operation, the class of patients appealed to, whether real estate is owned or rented and many other things. If the institution is conducted successfully much, if not all, of the investment can be made out of the business. Dr. Jones has now expended over \$15,000 in his institution. This he has made entirely from practice, and this proves for itself that such ventures can be made successful when conducted by good Osteopaths who are also careful business people.

3. Does your equipment include a surgical outfit, X-ray and hot air apparatus, electric light cabinets, baths and such things, in addition to the regular Osteopathic equipment, as the med-

ical sanitaria usually offer patients?

Yes, in the main. 4. Do you board your patients?

Dr. Jones prefers not to board patients-especially those who can conveniently go outside for meals. Most of the patients take their meals at a boarding house near by. Something like twenty-eight or thirty pat ents were boarding outside of the sanitarium at one time last summer. It simplifies routine responsibility not to have too large a family to provide meals for within the institution and enables those who do dwell within its walls to receive more careful attention. Yet our institution is prepared to accommodate all who are unable to board elsewhere.

5. Is the servant question harder to answer in a sanitarium than in a home?



The Michigan Osteopathic Sanitarium One of the Institutions That Have Paid.

We have not found it so. It is probably just about as it would be in conducting a family hotel

6. What are sanitarium prices for treatment and what is the plan of payments?

Dr. Jones' plan is the charge of two dollars each per treatment, payable weekly. Surgical operations are separate and are charged for on the usual basis.

7. Does the surgical business pay?
In itself we have not found that the surgical department pays, but having it in our institution brings many patients whom we would not attract without that feature. Again, it brings different physicians in touch with our institution and its facilities, which is to say Osteopathy, who would not otherwise become interested and these contribute patronage. So the surgical department has business advantages while offering just that additional aid to a certain class of our patrons. Operations are performed by local surgeons, occasionally there being as many as two or three in one day, although by no means having an operation every day, you understand, for they are the "dernier resort." Most all these receive Osteopathic treatment before and after the operation, so you can see the business advantage of a surgical department there again.

8. How long has the Michigan Osteopathic sanitarium been doing business:

Since the spring of 1900. Dr. Jones had been engaged in private practice nearly two years before embarking in the sanitarium enterprise. So the institution had many friends and a good patronage to start with. Perhaps that is a very important condition for the success of such an institution from the outset. If it did not have that asset it would require more money to carry it to the point of being self-sustaining and to paying.

9. Is your institution owned by a stock com-

No, Dr. Jones owns the place and business; but, at the outset, he organized a company and took out a state charter for a college and infirmary of Osteopathy under the Michigan statutes, but he now owns all the stock, so it can hardly be said that there is a corporation ownership.

10. Is there any reason why an Osteopathic sanitarium should not succeed as well as any other?

None that we know of. It is an ideal arrangement to have the patients of our practice in an ideal home atmosphere and under the perfect

hygienic environment of a well-ordered sanitarium. You can care for the body and mind at the same time and certainly the best results are then forthcoming. There are surely enough Osteopaths now in practice to maintain at least one flourishing sanitarium in nearly every state in the union if the private practitioners will throw their support to the local institution as they are able. Here is probably the hardest point-to the body of the profession to take real interest in the profession's sanitaria; to understand that sanitaria are a help to them, instead of a hindrance, because they can take care of certain classes of patients in no way desirable for the private practitioner and get better results in these cases than in office or visitation practice merely, thus making grateful friends for the doctor who otherwise might be chagrined by the care of such individuals.

It is worth realizing, too, that this sympathy and cooperation between the practitioners of a state and a local Osteopathic sanitarium is most essential, too, if the latter is to achieve all that is expected of it both by the profession and by the public. There is no practitioner of Osteopathy probably who could not, if he would, send patients to such a local institution some time during the year-and patients whose departure would not mean any sacrifice to that in-These observations will dividual physician. make it evident that the support of the profession for the scattered Osteopathic sanitaria here and there is primarily essential if they are to do what the public expects of them.

Why Dr. Dinsmore Don't Write for "O. H." My Dear Bunting:

If a "twist of the wrist"
Were the only thing in it, I would send it, my friend, In three-fourths of a minute.

But my wrist will not "twist" Without brain-cells behind it; And lacking such backing, Knows not where to find it.

Lack of calls, then, compels A deaf ear to your pleading; Though it may be, some day I can write worth the reading. Fraternally yours, SILAS DINSMOOR.

Louisville, Ky., Sept. 2.

### The American School

OF

## Osteopathy

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Course of study covers a period of two years, divided into four terms of five months each. Classes formed in September and February. Next term opens September 5, 1904.

Write for catalogue, "Journal of Osteopathy," or any information. Address

## American School of Osteopathy

KIRKSVILLE - MISSOURI

### **AMONG THE STATES**

District No. 2 Meeting Changed

Illinois District No. 2's meeting is changed from August 11 to October 6 at Dr. Brown's office, Dixon, Ill.

Osteopathy Vs. Massage

Dr. Elmer E. Schwartz had a good article in the Hillsdale (Mich.) Standard August 16 differentiating between Osteopathy and Massage. Such enterprise is always timely.

A Good Defense in Court

Take a set of Helmer & Merton's charts into court with you when you are arrested, fellow Osteopath, and point out to judge and jury just how you do it—and, ten to one, you'll be set free.

Missouri Osteopath Changes Hands

Dr. Anna I. Peters, of Kansas City, has purchased the "Missouri Osteopath" from Dr. Charles Boxx, of Plattsburg, Mo., the editor and founder, and will edit and issue it hereatter in Kansas City.

Looks Good at Des Moines

"I have already matriculated more students for the September class than I have ever done before and the daily mail is of excellent indications. I believe the class is going to be larger than ever before."—Secretary A. B. Shaw.

New Association Roster Is Out

The new directory of the American Osteopathic Association membership—1,000 strong—is out as a supplement of the journal of the association, and it makes a creditable looking list, assuredly. Why would any Osteopath wish to be outside?

Our Numerical Strength

Assistant Secretary Upton says there are 3,031 Osteopathic physicians in practice in the United States; 1,415 of these belong to the state societies and 876 to the American Osteopathic Association, according to a canvass which he has just completed.

A Fortnightly Clinic at St. Louis

We have thirty-five members in the St. Louis Osteopathic Association, writes Secretary H. F. Goetz, and are looking forward to a busy year in the way of successful love feasts every two weeks with clinics. This plan promises much good to our members.

California College Opens Its Library

A library and reading room has been established by the California College of Osteopathy for the use of students and San Francisco practitioners. It is to be well stocked, they say, with standard works on Osteopathy and pertinent medical branches and current publications.

Philadelphia College Will Not Enforce Rule

The Philadelphia College of Osteopathy has issued a statement saying that, owing to the year's delay of the A. O. A. in adopting the three-year requirement, the Philadelphia college will reverse its position for the present and accept students for another year on either the two or three year basis.

Seventh Annual of Massachusetts College

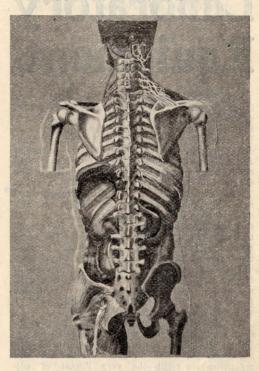
We acknowledge receipt of the Seventh Annual Announcement of the Massachusetts College of Osteopathy, Boston, which is attractively printed and makes a goood showing. One hundred and ten have been graduated and forty-four students were enrolled for the exclusive three-year course in 1903-1904.

Atlantic College Alumni Officers

These officers were elected at the annual meeting of the Atlantic College Alumni Asso-

### As Necessary as a Treatment Table

to a well appointed osteopathic office are Helmer & Merton's superb osteopathic charts. Are worth \$100 to the practitioner who is busy—or who would get busy. Cost but \$5 per set of three, each 25x35 inches, tinned



edges. An ornament to the treatment room. Full of persuasion for the patient. He sees it plainer than you can tell him. Saves wordy explanations.

### Send for Descriptive Circular HELMER & MERTON, 136 Madison Ave., New York

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constitute the best works of modern medical science. No physician's library is complete without them.
Osteopathic Physicians find special delight in Deaver's unique and graphic Anatomies in three volumes, Morris' Anatomy—the new standard text book which is rapidly superceding all others as a college text, Solis-Cohen's System of Physiologic Therapeutics and many others of equal interest and value. Doctor, let us send you a copy of The Medical Book News, our descriptive catalogues and price list. You will be sure to find some volumes described that you are in need of.

Deaver's Surgical Anatomy, in three royal octavo volumes of more than 600 pages each, containing 499 full-page plates, including 610 figures, nearly all from dissections made for the purpose, Three-volumes now ready. Full Sheep or Half Morocco (Green), Marbled Edges, \$24 net.

A System of Physiologic Therapeutics, edited by Solomon Solis-Cohen, A. M., M. D., being a practical exposition of the methods, other than drug giving, usefulin the treatment of the sick and in the prevention of disease. Eleven handsome octavo volumes, with colored plates, maps and other illustrations. All but Vol. VII, now ready. Price of set, cloth, \$27.50, half Morocco \$38.50 net.

Scores of other books of special interest to Osteopaths.

## **About Private** Laboratory Equipment

I wonder if any practicing Osteopath has failed to get my interesting batch of literature on therapeutic measures and appliances other than drug, every page of which will prove of interest to the Osteopathic profession? I won-der if my instructive and attractive price list and descriptive catalogue have failed as yet to reach every practitioner's office within the Osteopathic profession? If so, it is a pity. and These matters could not fail to interest help any practitioner of Osteopathy, or other system, who received it. this literature and my price current have gone to many, perhaps most, Osteopaths of the country since I began announcing them through the columns of "The Osteopathic Physician," but I want them to reach all the profession. If you have not gotten in communication with me earlier, Doctor, will you not now write me for this line of descriptive literature, which I will gladly send you for the asking?
You have doubtless learned from former an-

nouncements that my firm makes and sells everything Osteopaths use, from specula to X-Ray machines. Also that my goods are the best and my prices are right—the very lowest of any maker or dealer. I save you the profits of all middle men by selling direct from the factory. In proof of this, just consider what I offer you in X-Ray machines. How's this for \$190?



It's a beauty, surely, and just the same as others sell for \$400. No wonder, you will say, that Betz gets the business, and you are right—there IS no wonder about it. His goods and prices are his unrivaled, unchallenged advertisement.

When it comes down to laboratory outfits, such as the up-to-date Osteopath maintains in order to make scientific diagnoses in urine, blood, sputum, etc., etc., I can rig you up in a way to delight your love of research and increase your income wonderfully. Why not correspond with me and find out what I have to offer and on what terms? If there is anything you use and I don't make it, let me know and I'll put it in stock for your profession.

Frank S. Betz @ Co. 35-37 Randolph Street, CHICAGO. ciation: President, Dr. G. H. Heckman, Buffalo; vice president, Dr. Eleanor Banning, Buffalo; secretary and treasurer, Edgar D. Heist, Buffalo; executive committee, Dr. A. H. Davis, Niagara Falls, and Dr. A. C. Whittemore, Buf

Comes Down the Pike Like an Auto
The Elmira (N. Y.) Telegram of August 28 had a three-column defense of Osteopathy signed F. N. Sayre, a commercial drummer, by inference, which put hot shot into one "Dr. Doane" who had been attacking our system in print. Mr. Sayre said that coming down the pike while the M. D.'s, who rush out and shout: "Stop that thing!" are antediluvians.

Fun Out in Kansas

The Kansas Osteopathic Association met at Salina, September 9, and had a rousing time. This programme contained these papers: "Neu-This programme contained these papers: rasthenia," by Dr. Gladdis Armor, Emporia; "Adjuncts," by Dr. R. A. Bower; "Our Gynecology," by Dr. Adele Doane, Parsons; "In Eye Troubles," Dr. H. K. Benneson, Clay Center. The association has twenty members.

West Virginia Will Be Busy in January

The West Virginia Osteopaths, not discouraged by failure last year to get a good law, will make another effort to win in January when the new legislature convenes. The M. D. are opposing. Already the newspaper war has begun and Dr. I. H. Doneghy, in both the Wheeling News and the Wheeling Telegraph, has recently put the case strongly for our side.

#### Attention, State Secretaries

All state associations are requested to send a complete roster of their officers to the assistant secretary of the American Osteopathic Association, Dr. C. A. Upton, New York Life building, St. Paul, Minn., who is compiling a complete roster of the officers of all state associations. Kindly notify him of the officers elected at the recent and after the coming elections.

Arkansas Elects Officers

These officers were elected at Hot Springs September 2 by the Arkansas Osteopathic As-sociation: Dr. Clifton E. Whitney, president, Little Rock; Dr. Hatter, vice president, Texarkana; Dr. Lillian Higginbotham, secretary, Pine Bluff; Dr. A. H. Tribble, treasurer, Hot Springs; trustees, Dr. Berrow, chairman, Hot Springs; Dr. Jessie Gildersleve, Texarkana; Dr. McAllister, Fayetteville.

Herbert Hoffman Not an Osteopath

"Dr." Herbert Hoffman, mentioned by a newspaper clipping from a Philadelphia newspaper in our columns last month as participating in the Pennsylvania Osteopathic discussion, had no right to do so, not being an Osteopath at all, whatever his pretensions. These nondescripts are ever anxious to break into print when there is a discussion—so we have to watch 'em. Thanks to several D. O.'s who gave us the tip.

Philadelphia College Prospectus Out

The Philadelphia College Autumn Prospectus for 1904 is at hand in the same cover with the Philadelphia Journal for August and the faculty roster and other announcements make a good showing. The names of Drs. Pressly and Snyder are missed from their old places at the head of the faculty, Charles W. McCurdy, A. M., Ph. D., D. O., heading the faculty as dean, seventeen other lecturers and assistants following. A twoyear course with third year optional is given.

Will Not Oppose Legislation in Mississippi

The medical men of all creeds, as a rule, are friendly to Osteopaths in Mississippi, and as the courts allow us to practice, there would be no use in other schools opposing our efforts to enact a good law excluding fakirs. Very little is being done toward securing a law now, but we will THE VIBRATOR THAT VIBRATES!

That is the Unanimous Verdict of the Physicians in Reference the to Tonjes

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get busy when the time comes. Our state association is still in embryo, if it has even gotten that far along, but I am writing the D. O.'s of the state and hope for cooperation.—Thomas S. McCoy, Meridan, Miss.

Good Joiners at Des Moines

The students of Still College must be pretty good "joiners." At least they are running extensively to Greek-letter fraternaties and sororities and other secret organizations. The young ladies of the school have formed the Kappi Psi Delta and the Alpha Zeta Omega societies, also the "Harry Forbes Society," while the boys have their Iota Tau Sigma fraternity, the Calumet Society, and it is rumored the Atlas Club is casting goat's eyes at the institution with a view to installing a chapter. The Chicago Sun view to installing a chapter. The Chicago Sunday Chronicle of July 10 had nearly a page of pictures of the members of these organizations in groups.

Vale, Profs. Pressly and Snyder!

It will cause regret among the profession that educators of the stalwart type, like Drs. Mason W. Pressly and O. J. Snyder, of the Philadelphia College of Osteopathy, have decided to retire permanently from school work. These gentlemen have rocked the cradle of this college since it was begotten in their brains out in Minneso. ta, and much of the virility and enthusiasm of both men have been reflected in their pet institution, for whose welfare both men have labored unceasingly. We trust that the authority and responsibility which Drs. Snyder and Pressly now lay down will pass to other competent hands, so that the Philadelphia college will continue its march to progress without any halt.

A True Note Well Sung

[From the Philadelphia Public Ledger.]

Mason W. Pressley, editor of the Philadelphia Journal of Osteopathy in the last issue of that journal makes a plea for banishing illegal practitioners from the ranks of reputable physicians. Incidentally he directs an attack against Dr. Beates, president of the state board of medical examiners of Pennsylvania, in answer to the latter's disparaging remarks concerning Osteopathy, which placed that practice beyond the sphere of medicine. The editorial reviews the low standard of the medical profession, and says that the Osteopaths are making every effort to elevate the profession. But in this work the editor observes that the Osteopaths will allow no dictation from the allopaths. In referring to the crusade started by the County Medical society, the article announces that the Osteopaths will join with any movement "that will eliminate

mongrel doctors from the ranks of reputable practitioners."

Failed to Convict Dr. Barber of Ethical Immorality

You will no doubt be surprised to hear from me; but I am writing to let you know that, at the instigation of Dr. McKenzie, of our city, I was ordered to Kirksville to stand trial before the board of Osteopathic examiners on a charge of ethical immorality. The boys all treated me very nicely, except McKenzie, and, of course, 1 was acquitted and my certificate issued. I have some very nice letters from Dr. Charley Still, Dr. Boxx, the new president, and Dr. Crenshaw, of St. Louis. As you are undoubtedly aware, we are, and have been for some time, entirely out of the school business. Our mail course in manual therapeutics, which seemed to be the chief source of aggravation, was discontinued a long time ago, unknown to Dr. McKenzie.—Dr. E. L. Barber, of Kansas City, Mo.

Dr. Helmer's Contest on Rheumatism

Dr. George J. Helmer, of New York, is so much pleased with the "O. H." annual prize essay contest that he has decided to offer an independent prize for another quick-action competition to invite a popular expression on the one subject of rheumatism. He has authorized us to offer a set of Helmer & Merton's superb Osteopathic-anatomical charts for the writer of the best short popular treatise on rheumatism which will be published along with the picture of the writer in the Christmas number of "The O. P." Afterwards this article will be published in Osteopathic Health. This contest is open till December 1. The ideal length of these competitive essays is from 500 to 800 words. Will you send in your best ideas and try for this Helmer prize?

As It Stands in Pennsylvania

At the last meeting of the Pennsylvania state association in June the determination was reached to plan for an active campaign next winter. A bill was to be introduced, one feature of which was the exclusion of all applicants for license to practice except those who have taken a three-year course, this to take effect in the near future, or immediately on passage of bill. For my part, I believe it would be very unwise to undertake any legislation in this state at the present time. Until the standard has been raised all around, and there is unanimous approval of the lengthened course, we would better not try for anything here. Dr. Henry Beates was only letting out a lot of hot air when he spoke of arresting Osteopaths, but the "medics" would kill any bill of ours introduced at this time as sure as you're a foot high.—Dr. E. M. Downing, York, Pa.

Atlantic School Speaks on Third Year

The Atlantic college has this to say on the proposed extension of the standard college course in the Atlantic Osteopath for July-August:

The question of a three-years' course of study for Osteopathic schools was the most fiercely The discussion revealed the fact that debated. the influential members of the profession were in favor of such a course, but a majority voted to defer the time for its inception for one year. This was done, not because a majority are opposed to three years, but because friendship for the wishes of the parent school, which might become financially involved by making this change now, caused many to favor the delay. There are some who prefer to keep the two-years course permanently, though their arguments seemed rather weak. The adoption of the three-years' course has only been deferred. All the schoools are equipping for it and it will probably not be postponed much longer.

Two Vermont Homes Happy

Two Vermont Osteopathic homes were made happy the same week by the advent of sons. These events transpired at the home of Drs. H. K. and Mary Burbank Sherburne, June 20th, and at the home of Dr. and Mrs. C. G. Wheeler, June 23d.

Let the good work go on.

These young men (babies) may well be called "born Osteopaths." Drs. Sherburne and Wheeler are members in good standing of both state and national Associations. Backed by a good Osteopathic pedigree like this, these youngsters certainly possess an advantage over their less fortunate brethren and sisters. We expect great things from them.

Moral: Osteopaths, connect yourselves with state and national Associations before becoming fathers and mothers of another generation.

LEWIS D. MARTIN, D. O.

Barre, Vermont, July 4.

Increased Attendance at Still College

[From the Des Moines Leader, Sept. 7.] Still College of Osteopathy opened yesterday with an outlook for a larger attendance than ever before. The registration in the beginning class by the middle of the afternoon had reached sixty, which Vice President Forbes says means at least 100 by the 1st of October, and will enable that number to go through with the class.

The old faculty is back with the exception of Mrs. Dr. Still and Dr. Bond. Dr. George Still takes the chair of surgery, formerly occupied by Dr. Bond. Mrs. Dr. Spencer, nee Dr. Jennie Begun, takes Mrs. Still's place in the department of obstetrics and diseases of women. Dr. of obstetrics and diseases of women. Dr. Charles Still, of the American School of Osteopathy at Kirksville, Mo., who is one of the new owners of the Des Moines school, will divide his time between Kirksville and Des Moines, occupying a lecture chair in both schools. Dr. Charles Still was in Des Moines yesterday for the opening of school.

The talk of a new Osteopathic institution for Des Moines seems to have subsided, at least for so long as conditions remain as they are. Although the management professed no fear of the outcome last spring, one member of the faculty said yesterday that it had indeed looked serious for a time, but that the students had gotten about what they had wanted and seemed

satisfied.

State Delegates Meeting at the St. Louis Convention

A meeting of the delegates from the various state Osteopathic associations was held at the Missouri state building, world's fair ground, St. Louis, July 15, 1904. Dr. C. A. Upton, of St. Paul, Minn., was elected chairman, and Dr. Harriet A. Whitehead, of Milwaukee, Wis., sec-

[Continued to Page 12.]

### THE OSTEOPATHIC PHYSICIAN

The Organ of News and Opinion for the Profession.

Published on the 15th of every month by The OSTEOPATHIC PUBLISHING COMPANY, 705, No. 171 Washington Street, Chicago.

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VOL. VI. CHICAGO, SEPTEMBER, 1904. No. IV

Fairness! Freedom! Fearlessness!

### EDITORIAL.

"Hew to the line, let chips fall where they will."

Let us federate the state associations closer with the A. O. A. the year ahead.

After meeting at Denver in 1905 we will all welcome an eastern junket in 1906.

How nice an adjunct to an office equipment a set of Helmer & Merton's Osteopathic charts are. They make the lesion idea plain to a patient.

Everybody in the profession seems happy that peace has spread her wings over the faithful and that unity, harmony and progress are our watchwords.

There can be no doubt that our profession is rapidly relegating a lot of unworthy practices to the background. We are evolving into a dignified profession rapidly.

Dignity comes with age and experience. Our profession is constantly putting aside things that once were countenanced but now seem intolerable with our advancing standards.

Increase of practice will be proportional to the knowledge people have of Osteopathy. Therefore, it is the part of wisdom for our practitioners to educate the people. "Osteopathic Health" does it

#### Dr. Willard Was Misguoted

We misquoted Dr. Asa M. Willard in our last issue in commenting upon Osteopathic Health's prize essay contest in adding to his other modest words the statement that he "would be content with a set of Deevor's anatomies next year." This last phrase belonged to another fellow entirely and should not have been tacked on to Dr. Willard, who is a modest man, would shrink from even the semblance of boasting.

#### Are You Interested in Case Reports?

One lone woman is not equal to the task of supplying the profession with its archives of case reports if other men and women do not help her. There is Dr. Ashmore slaving away in Detroit to bring out Volume III of our Osteopathic Case Reports with only about twenty cases in hand of the hundred that are neces-Volumes I and II are so good as to give us full assurance what succeeding volumes will be if we but give our cooperation. Does any body think that Dr. Ashmore can treat enough cases in the year to furnish us Volume III out of her own experience? Why not set to work, doctor, and report just one thoughtful case to Dr. Ashmore? Her address is 42 Valpey building, Detroit.

### An Editorial That Will Not Be Printed

If any Osteopath practicing in Wyoming hears anything of an editorial blowing around the country entitled "Some of the Worries of the Osteopath," let him take heart and forget there are any such things in life. The editor wrote such an editorial straight from the shoulder in a Pullman, while crossing the lava beds of Wyoming. The day was hot and he sweat some in forging that hot ploughshare. Then he went to the dining car for a frugal noon repast. When he returned he found a baby, old enough to know better, in the next seat had been playing kite, dropping this excellent editorial out of the win dow, page after page. Several were still visible chasing the Overland limited down the track!

Being a predestinarian, the editor is content ed, and he accepts it as meant by Providence that the aforesaid editorial was never intended to reach print—unless some local newspaper man found it and runs short of "copy."

The lesson of this mishap is "cheer up, brethren and sisters, and let us forget our troubles. Incidentally—root for the A. O. A.

### A Thorn in the Flesh of Illinois Osteopaths

A bizarre individual of small stature and big assumptions and a name not altogether vorced from sensationalism—"Dr." L. C. H. Ziegler, of the McVicker theater building, Chicago-who has been masquerading for years as an Osteopath and who, it should be widely known, never qualified at any recognized Osteopathic college and, indeed, not even at a fake Osteopathic college, so far as the profession has been able to learn-is in trouble. After the sensational death and autopsy of aged Mrs. McVicker in California, whom he has devoted himself to for some years and the suspicion of relatives of foul play, there followed a trip home by "Dr." Ziegler in charge of the corpse, refusing to make himself scarce as a mourner at the funeral when relatives gnashed their teeth at him. Next he is questioned in court about a large sum of money belonging to the estate supposed to be missing and next he is quoted as making a contest to break the will and get a pot of money. This is the chap who has gotten the newspapers to talk about him in a variety of maudlin and asinine ways in the past, such as whether a band of highwaymen one night shot him through the hat or whether—as the police believe—he shot it himself to get in print, etc., etc. Every time he works up a new spasm of public ridicule, which he evidently takes for fame, he is heralded far and wide as an Osteopathic physician, much to the disgust of all regular graduates of Osteopathic medicine. It is such gentry as this who make it urgent for us to secure good laws in states like Illinois so that we will be able to restrain illegitimates from using the trade mark of our profession and prevent the public from being imposed upon.

### Getting Back to Business

Now that we have nearly all been to the big A. O. A. meeting and "done" the Pike, and probably most others who did not, have had such vacations elsewhere as they will be able to take, we begin to think of summer vacations as a thing of the past and fix our gaze upon the year of practice ahead. Fiscally speaking the Osteopath's year is measured from mid-July to mid-July. That is because most Osteopaths in

FRACTURES

of the hip, femur, leg, patella, ankle; cases non-union knee or hip-joint disease, are easily set and treated with the Ambulatory Pneumatic Splint Good bone union, without shortening or deformity. Comfort and perfect safety may be assured patients while in bed or walking about, as directed with this modern splint. Recommend it to your patients. Write to-day for rental terms to patients and for net prices to Osteopaths. AMBULATORY PNEUMATIC SPLINT MFG. CO., 160 Randolph Street, CHICAGO.

the world began practicing in July, as well as because all try to get to the big professional meeting each July, and as soon as they get home another year's business promptly concerns them.

What is ahead for all of us? Certainly practice, like business, is what we make it. It is what we make it by going after it, to get it, and taking good care of it when it has once come to us.

Taking care of practice signifies two things.

1. Keeping the patient in the right frame of mind and holding him, or her, until our efforts, in conjunction with Nature, have accomplished the right benefits. "Osteopathic Health" may be depended upon to do that. It is edited for that purpose. It rounds up patients, holds them in line, keeps them satisfied, buoyant and faithful.

2. Doing your end of it in the treatment room. You can do your end better if you don't have to spend your time, strength, voice and logic booming practice and giving private lectures every half hour on methods and how necessary it is for patients to be sensible and wait for results until Nature has had a chance to assert herself. Let "Osteopathic Health" do that end of it for you. It is trusty. It is words are plain. It is persuasive. It wins—and to-day 'O. H." constitutes the educational and campaign propaganda in more than 500 of the most progressive and successful Osteopathic offices to be found.

We should remember, too, that in practice, as in business, we reap as we sow. "Getting business going" properly is largely a question of intelligent promotion and to do promotion aright and enough of it is equivalent to insuring a doctor's professional success. This has been proven in hundreds of cases in our experience. Every month nearly a lot of Osteopaths are quoted in "The O. P." who have made the demonstration for themselves and are glad to testify. You can do it, too, if you will. Why not do so at once? Now is the time to begin to work for practice. Campaign now for the year ahead. September is the right month to start What will your order be?

### THE OPEN COURT.

#### Dr. Owens Withholds Answer

In the "Osteopathic Physician" for August, under the heading "A Trustee Makes a Correction," appears a statement with reference to an interview between the trustees of the A. O. A. and myself at St. Louis, the statement signed by Dr. A. S. Melvin, trustee. Owing to having received a letter from the chairman of this board notifying me that he expected to make a statement with reference to this matter, I prefer not to make any reply until this statement appears. I trust, however, when it does appear, that the writer will confine himself more nearly to the facts as they occurred than Dr. Melvin did in his statement. The whole matter seems to be one of misunderstanding, and a plain statement of the facts will, we have no doubt, set matters right before the profession.

CHARLES OWENS, D. O.

New York, Sept. 7.

### Says Vibrators Are Essentially Osteopathic

In Dr. Geo. J. Helmer's article on vibrators in the July "O. P." he says: "Who will say that the use of the vibrator is Osteopathic, provided he has attained the elementary Osteopathic principles?"

On the same page, Dr. S. B. Miller proclaims that it IS Osteopathic. He also says that experience has taught him its value; that it will relieve congestions and contractions; and that he has found it superior to the hand in acute pelvic congestions and throat troubles. I am acquainted with Dr. Miller, and know that he understands at least the elementary Osteopathic principles.

Vibration, whether by the hand or by any efficient instrument, is Osteopathic in case of

congestions and inflammations. I have had perfect success in relieving acute gastralgia by vbration. The effect of vibration in gastralgia, I believe, is to open up the circulation throughout the stomach, thus bringing to the nerves adequate food supply, which quiets the pain. My first impulse in gastralgia is to correct spinal lesions, but in some cases spinal manipulation does not reach the case readily enough to give the relief the patient earnestly desires. One of the first things to be done in many acute cases is to give relief and the Osteopathic physician who is afraid to use any efficient means of applying Osteopathic principles for relief or cure, lacks the confidence he ought to have in his

Dr. Maurice Pilgrim wrote an able paper which was published in the Medical News of January 24, 1903. He intimated that the regular physician might refuse to sanction vibratory treatment, because it pertained so strongly to spinal stimulation as to resemble Osteopathy. I thought his paper as strong an argument in favor of Osteopathic principles as I have ever read. Not one physiological or Osteopathic principle did he elucidate that I had not heard iterated in many of my Osteopathic courses of study. I wondered why M. D.'s hadn't thought of such things long before, when they they were studying physiology.

Dr. Helmer's statement that the vibrator is good only for periplural nerve stimulation induces me to believe that he has not investigated the vibrator, and that he does not seem to know that it is used principally OVER THE SPINAL CENTERS, and not by any means altogether on

peripheral nerves

Now suppose the patient is very freshy and short in statue. It is sometimes difficult to stretch and manipulate the spinal column as we desire and occasionally it is painful to the patient. Then, frequently, a relaxation of the deeper tissues is all that is needed to correct a lesion and at times contractions are the only lesions found. The vibrator will correct these frequently in less time and generally with much less discomfort than can be done by hand.

I am sorry I think it necessary to call in question Dr. Helmer's statement that "New York Osteopaths do not believe in vibrators." When I joined the New York society I did not know that the society or its suppose older members or leaders manufactured opinions for the indior leaders manufactured opinions for the individuals composing it. When I am asked what Osteopaths believe, I think it wrong to put forth my own opinions when I know that other Osteopaths have brains of their own. The principles of Osteopathy, of course, all Osteopaths believe; but in the application of those principles I, for one, must ask to be left untrammeled. I shall use my own judgment unrestricted by the opinions of others.

The greatest harm that ever has or ever will be done to the cause of Osteopathy is done by its own advocates who are too narrow to understand the application of the broad and comprehensive principles of Osteopathy. Such Osteopaths limit Osteopathy and try to confine it to their own narrow comprehension of the sci-

As I am now in "Open Court," I am supposed "to be under oath and I am ready to testify to what I have heard Osteopaths say. The following are such statements as I have heard:

Osteopaths do not believe in the idea of dieting patients; if the Osteopath treats a patient, the patient can eat what he pleases.

"The Osteopath does not believe in disease germs being important in disease.

"Osteopaths do not beleive in vaccination." "Osteopaths do not believe in antitoxin in diphtheria.'

"New York Osteopaths do not believe in vibrators."

Now, I am an Osteopath, and I DO believe in dietary therapeutics; I do believe disease germs are an important factor in the cause of disease; I know of Osteopaths who are leaders in the profession who do believe in vaccination. (I'm prejudiced against it myself); I have known

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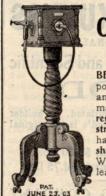
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diphtheretic membranes to peel off after use of antitoxine in such a manner as to convience me that it is sometimes an efficient remedy. ever, were I to have diphtheria, I would much prefer to trust myself in the hands of a broadminded Osteoopath than to risk the use of an-

The Doctor states also that when an Osteopath puts a vibrator into use he weakens and destrovs what little Osteopathic knowledge he has! I dislike to question the depth of the Doctor's wisdom in making this decision, but, being one or those unfortunates (?), I would really like to have an opportunity to challenge him to a competitive examination on the theory and practice of Osteopathy. Now, of course, I don't wish to intimate that I would come out ahead in the test, but, in my smallness, I almost think I would; and then, if the Doctor's decision is true universally, I certainly need the knowledge I could pernaps gain in the contest.

The Doctor then closes his argument with the following questions and his interpretation of them. The questions are: No. 1. Does the vibrator possess the sense of touch? No. 2. Can it distinguish normal from abnormal? No. 3. Can we by its use add to our knowledge? No. 4. Is it possible to develop along one line while that follows along another and a different line? He then adds: "If our answer is "yes," the vibrator will help us to perfect the application of Osteopathic principle. If "no," it will cost us more than we can well afford to pay."

I beg leave to think over each of these ques-

tions for myself.

Of course the vibrator does not possess the sense of touch. Neither does a specially constructed table or stool or an osteopathic swing. Neither does any instrument used in any profession or art-but that is no argument against their use. The Osteopath has the sense of touch and should decide when an instrument which he understands can be used to assist him in accomplishing any one thing he wishes to do. It is no argument against the use of any instru ment to say that the instrument does not possess the power of thinking or judging.

As to qestion No. 3, Can we by its use add to our own Osteopathic knowledge? I will say "Yes, to some extent." Anything that will help in the application of principles will help in understanding and developing those principles! The development of music would have been very meager indeed without musical instruments which extended men's vision and comprehension. The development of nearly every science and art has been limited by the absence of machanical devices and has developed in proportion as mechanical devices are employed to aid in the application of its principles. And in no instance does the use of any instrument in applying the principles of a science prevent the ser thinking in the line of that science. So the fourth question does not apply to the case in question at

We have a vibrator in our office, but we use it on about one patient out of ten, and it never constitutes an entire treatment. We are sure we use it on Osteopathic principles. I am acquainted with Osteopaths who were college graduates before studying Osteopathy. They spent two years faithfully studying in an Osteopathic college. In their practice in the field they have gained the confidence of their communities and built up in their own fields a good reputation for Osteopathy. I think they have acquired at least "the elementary Osteopathic principles," and they are willing to testify that a vibrator can be used on Osteopathic principles.

Moreover, the vibrator that Dr. Pilgrim used in his school and practice WAS THE INVENTION OF AN OSTEOPATH; and every appli cation he advocated and proved by anatomy and physiology was purely Ostseopathic; and I believe he obtained his ideas from Osteopathy, although he did not admit it in the paper I have referred to.

Fraternally WALTER GUTHRIDGE, D. O. Corning, N. Y., Aug. 6.

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Watson Murder Trial Sensational [Continued from Page 1.]

from the world's fair and mingled freely with his professional friends there; (8) there is said to be another woman in the case—a Denver milliner—whom Dr. Watson is said to have met at the Inside Inn and spent most of his time with just as soon as the tragedy nad been enacted and he could get over to St. Louis. This woman, it is said, his wife had been jealous of and had told her relatives about as soon as she reached home from the west, the week of her death.

These are about the facts that the prosecuting attorney will attempt to establish and to prove as important in establishing guilt. The insurance companies are pushing the prosecution.

Let justice be done, but we all sincerely hope our colleague is not guilty and will be able to prove it.

State Delegates Meet at St. Louis
[Continued from Page 9.]

retary. Much interest and enthusiasm was shown by the delegates, and an earnest, spirited discussion followed as to the best ways and means of securing Osteopathic legislation and of perfecting state associations, bringing them into closer touch with the A. O. A.

Delegates from states not having Osteopathic legislation were glad to receive information and suggestions from those who had waged successful legislative battles. The following motions were carried:

1. That each state association be requested to send to the A. O. A. one delegate and one alternate, looking toward more thorough organization in both state and national associations.

2. That all state associations be requested during the coming year to thoroughly organize their membership, looking to a closer relationship between state and national associations.

HARRIET A. WHITEHEAD, D. O., Secretary.

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A Pioneer with Original Ideas for Spreading the Light

Dr. Francis W. Hannah was born and reared at Kirksville, Mo., the home of Osteopathy, and naturally had an excellent opportunity to study the results of it long before he mastered its principles. After graduating from the State Normal school at Kirksville, he spent six years in the teaching profession, two of which were spent in his home town. He had long known Dr. A. T. Still as a resident physician of the place and as a man with a new idea of practice which he had not made public. It was in the early nineties when people, sick and disabled, began flocking to Kirksville. They seemed to be the sickest people on earth, and all told the some story of how everything else had failed; that they had come to see Dr. Still and try his new drugless method, and if it failed they could do nothing but go home and die. They would remain a while and, to the astonishment of all, some were entirely relieved, others helped a little, a few showed no improvement at all, yet none were injured. What he did to them was the query on every tongue. The results were proof incontrovertible that there was "something in it." Investigation showed that he had worked out a new system of treatment that was to meet a long felt want, and Dr. Hannah resolved to study it. He graduated from the American school in the June class of 1897 and at once entered practice.

Dr. Hannah immediately after graduation served a brief apprenticeshhip with Dr. Harry M. Still at the time that the latter was in practice at Chicago. He located at Detroit, Mich., soon after his graduation-in October, 1897-becoming the pioneer Osteopath in that city. Here he promptly built up a good practice and gave himself so unreservedly to it that he broke down under service, disposing of his practice to Dr. Herbert E. Bernard. This is said to have been the second Osteopathic office opened in the

state of Michigan.

In February, 1899, Dr. Hannah located in Indianapolis, Ind., where he has labored faithfully since, making a host of friends for his system of medicine and for himself. Coming to feel the need of more thorough grounding in all the branches of his medical education after an experience in the field, Dr. Hannah entered the Medical College of Indiana, taking the full course, from which he graduated in April, 1902. Hence Dr. Hannah has a double registration in Indiana-as a D. O. and as an M. D., but practicing Osteopathy exclusively. From this it will be seen that Dr. Hannah is an exponent of advanced standards in our college work.

For some time Dr. Hannah indulged the belief that he would like to make a specialty of the ear, nose and throat, and it was partly with that in view that he resumed his studies at school. By the time of completing his course, however, he had changed his mind, and he is devoting himself instead to chronic cases. He is making a good reputation in this line of work and draws patients from all over the state. He maintains a residence office at 333 North Alabama street. Dr. Ethel E. Brown is his assistant.

That Dr. Hannah has been successful in practice is attested by his office books, which show that he has received about \$40,000 for the eight years that he has been in practice. It is to be remembered, too, that part of this time he was carrying on his studies in a medical college in addition to practice.

The social instinct is well developed in Dr. Hannah, who enjoys club life to a limited degree, finding in that way that he comes in touch with many people whom it is an advantage for

physicians to known in a friendly way.

Through the resignation of Dr. A. G. Hildreth from the presidency of the American Osteopathic Association in 1900-in deference to the ruling that one who was an officer of a college could not become an officer of the association, a rule not now operative, I believe—Dr. Hannah, as

first vice president of the organization, became its president. That was in the days, however, when the fire of professional interest burned low in the socket and almost nothing was being accomplished for the organization except holding it together. The association did not have the benefit of such an organ of propaganda in that year as "The O. P.," which took the field a year later and began its vigorous campaign to recruit membership, so the officers are not to be blamed much for the general apathy that existed. The practitioners either would not join the association or neglected to pay dues if they were members. It was a struggle to keep the association even alive and on its feet. That is all changed now.

"I have never felt very proud of that year in our association life," says Dr. Hannah, "because we did not accomplish more; but under all the circumstances that existed, perhaps we deserve some credit for even holding the association together. "The O. P.' should have been founded a year earlier—that's all there is to it, and we then would have written history differently.

Dr. Hannah has ever been the earnest cham pion of the lecture method as one way of presenting Osteopathy to the people. In 1900, while he was identified with the A. O. A. work, this was the one burning problem before the practitioners-how to inform the people and get them in line. Two ways were offered. Dr. Hannah suggested a national lecture bureau, having an able Osteopath under the direction of the association go from place to place and give public and popular lectures. Another way was formulated by the editor, who founded the Osteopathic Publishing Company, under an Illinois charter, and gave to the profession "Osteopathic Health" as having the surpassing merit over oratory of being able to preach to as many audiences in the United States as the profession desired at one and the same moment, and of preaching continuously all month long instead of at one brief performance only. Still, the merit of Dr. Hannah's scheme was recognized, despite its severest handicaps, and especially for personal application in local fields. Acting upon this principle, once a month the parlors of Dr. Hannah's home are thrown open for an informal talk of about forty minutes on the science of Osteopathy, followed by illustrations of treatment upon different persons selected for that purpose. Dr. Hannah likes this plan very much. He is also a loyal believer in "Osteopathic Health," too, and uses it as well as his own personal efforts. Dr. Hannah emphasizes that while such means of promotion are good and, in his belief, even essential, yet an Osteopath must put forth his strongest endeavors in the operating room and at the bedside, as the tale of success or failure there is always the paramount issue.

In October Dr. Hannah will wed a cultured young woman of Indianapolis, and will make a wedding tour among the eastern cities, returning about November 15. Osteopaths are always welcome at 333 North Alabama street, Indianapolis. Dr. Hannah reports a good practice at this season, and everything looking auspicious

for Osteopathy in Indianapolis.

Massachusetts College Stands to Its Guns

The Massachusettts College of Osteopathy went on record with the following statement to the profession as an insert in the last issue of the "Massachusetts Osteopath:"

"On September 16, 1903, the Massachusetts College of Osteopathy, in compliance with a motion passed in the convention of the American Osteopathic Association held in Cleveland that summer, inaugurated a non-optional three-year course of nine months each, enrolling only one class during the year. This was done in good faith, relying on the mandate of the Cleveland convention that this move be made obligatory upon all the colleges, giving those which were not prepared until September, 1904, to make ready for the change.

"This summer, at the St. Louis convention, Dr. Charles E. Still asked, practically demanded, that the convention give the school at Kirksville one more year to make the change, although would not promise that such a change would be inaugurated even then. By a close vote of 129 to 111 this was allowed to be done, thus placing this school, with others, in the embarrassing position of having done its duty, and being discriminated against because of so doing. seems to the directors of this college that the issue is clearly defined. The Massachusettts College of Osteopathy does not claim that it is giving the very best or the only course in Osteopathy, but it does claim that it has tried to meet the demand for an advanced standard of Osteopathic education as formulated by the Cleveland convention, and that it can justly claim support from those practitioners who believe in a three-year course. A perusal of inclosed catalogue will show how the work is arranged during the 27 months. We do not give an M. D. degree. We do not give a (medical) course. We do give a systematized and wellgraded course calculated to graduate the student an Osteopathic physician. Please address all communications to the dean, Mr. F. M. Slagle, 588 Huntington avenue, corner Vancouver street, Boston, Mass.

Minnesota's Sixth Annual

The sixth annual meeting of the Minnesota State Osteopathic Association was held in St. Paul Friday morning, afternoon and evening, September 2, sixty-nine present. It was the most successful meeting in the history of the association. The programme arranged was carried out in full, excepting that Dr. Pickler, owing to the lateness of the hour, gave way to Dr. Still, and Dr. Pickler's paper was not read. Several amendments to the constitution were made. The admission fee was discontinued.

Programme: Nine o'clock-President's address, Dr. A. G. Willits; delegate's report, Dr. C. A. Upton; "The Theory of Lesions and Their Treatment," Dr. J. Martin Littlejohn; business Treatment, Dr. J. Martin Littlejonn; Dusiness routine and election of officers; "The Vaso-Motor System," Dr. J. B. Bemis; question box. Two o'clock—"Spinal Curvatures," Dr. H. W. Forbes; clinics; "Piles," Dr. E. C. Pickler; "Osteopathic Obstetrics," Dr. Ella Still; question box. 8:30 o'clock—Reception tendered to Drs. Ella Still, J. Martin Littlejohn and H. W. Forbes.

The meeting was held at Minnehaha hall, 160 West Ninth street, St. Paul, Minn.

The reception at night was brilliant, with orchestral and reading entertainment, etc.

Officers elected: President, Dr. H. H. Moellering, St. Paul; first vice, Dr. W. H. Eckley, St. Paul; second vice, Dr. J. T. Boylan, Minneapolis; third vice, Dr. W. O. Flory, Minneapolis; secretary, Dr. J. A. Herron, Minneapolis; treassecretary, Dr. J. A. Herron, Minneapons; treasurer, Dr. Miss A. M. Mahoney, Minneapolis; legal advisor, Dr. C. W. Young, St. Paul; librarian, Miss K. J. Manuel, Minneapolis; trustees, Drs. Georgie W. Borup, St. Paul; G. M. Stern, St. Paul; J. C. Bohen, St. Paul; Victoria Anderson, St. Paul, and L. S. Bottenfield, Minneapolis.

Thanks of the association was extended to Dr. Upton, the retiring secretary, for good work.

#### Doings in Gotham

The Greater New York Osteopathic Society, continues to do things. We are just in receipt of its pleasing announcement of its forthcoming meeting, September 16, at eight p. m., at the Fifth Avenue hotel, when this programme will be rendered:

8:15 p. m.—Call to order; secretary's report; 8:25, annual address, President Charles E. Bandel; 8:40, report of membership committee; 8:50, report of delegates to A. O. A. meeting at St. Louis, Clarke F. Fletcher, D. O., Charles H. Whitcomb, D. O.; 9:15, discussion on operative interference in haemorrhoids, led by Forrest P. Smith, D. O.; 9:35, discussion on abuses and benefits in curettement, led by Charles C. Teall, D. O. Adjurnment at ten o'clock.

14

THE OSTEOPATHIC PHYSICIAN

#### The object of this society is for instruction, the promotion of fraternal feeling and the interchange of ideas along strictly Osteopathic lines. Membership is of two classes, those who reside in Greater New York, and associate mem bers, who reside in territory adjoining. Applications for membership should be sent to the secretary, Dr. Evelyn K. Underwood, 24 West 59th street, New York. The annual meeting is held at the Waldorf-Astoria, October 28.

This directory of members, revised quarterly, has just been issued:

Manhattan Burnes, Guy Wendell, Astor Court building. DeSollar, Edith, 480 Park avenue. Fletcher, Clarke C., 143 W. 69th street. Hazzard, Charles, 17 E. 38th street. Helmer, George J., 136 Madison avenue. Helmer John, 34th street and Lexington ave-

Henry, Eugene, 480 Park avenue. Henry, Aurelia S., 480 Park avenue. Moore, Albert H., 584 West End avenue. Rogers, Cecil R., 275 Central Park West. Sands, Ord Ledyard, 24 W. 59th street. Still, Harry M., 17 E. 38th street. Underwood, Evelyn K., 24 W. 59th street. Underwood, Edward B., 156 5th avenue. Walker, Cornelia A, 56 W. 33d street. Warren, Frederick H. Webster, F. A., 245 W. 104th screet. Webster, Carrie C., 245 W. 104th street.
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Merkeley, E. H., 480 Clinton avenue.

Teall, Charles C., corner Bedford avenue and Pacific street.

Teall, Grace H., corner Bedford avenue and

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Treshman, Frederick, 301 Lafayette avenue. Underwood, Horton F., 40 Court street. Whitcomb, Charles H., 392 Clinton avenue. Whitcomb, Mrs. Charles H., 392 Clinton ave-

White, Mary N., 1 McDonough street. Willard, Earl S.

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Achorn, C. E., 178 Huntington avenue, Boston. Ellis, S. A., 144 Huntington avenue, Boston. Ellis, Irene Harwood, 144 Huntington avenue,

Miscellaneous

Griffis, Frederick H., Middletown, N. Y. Buster, W. L., 209 Prospect avenue, Mt. Ver-non, N. Y.

Lichter, S., 1028 Brown street, Peekskill, N. Y.

### Publisher's Corner.

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We are pleased to serve patrons on any plan that suits them best, but recommend the annual contract plan for 100 copies a month-not so much because it enjoys the cheapest possible rate, than because systematic advertising, everlasting hammering at the desired end, is what gets the most glorious results. But, remember, single orders are always welcome and receive prompt attention. Here are the prices for our service on the various bases, carefully figured out, so that you can tell at a glance just what you want to know-namely, the total cost for your order on each plan submitted:

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#### Your Criticism Is Invited

If you see anything that you regard as bad policy or as a wrong sort of utterance at any time in "Osteopathic Health," please do not nurse your criticism to yourself, nor tell it to some brother or sister practitioner, but draw a line under the line or lines in mind, write your name on the fly-leaf and send it to the editor. That will be enough. He will get the benefit of

your idea by this plan almost as well as if you were good enough to accompany it with a letter debating the criticism at length. Do that, too, if you will; but don't fail under any circumstances to return a marked copy. Remember, that "Osteopathic Health" is edited primarily to meet your wants for the means of educating and practice-building in your own field, so the editor will be happy to make it just as good and just as available for your needs as you are willing to help him make it.

#### Market Quotations

A good supply of September issue still on hand and going at current rates. One of the best numbers ever issued and applicable to any field at any season. Get them while they last.

Five hundred copies of August remaining and go at 2 cents.

No Julys left

Three hundred copies of June on hand and go at 2 cents per copy.

### Does October "O. H." Hit the Mark?

Is it popular enough? Will the good people read and understand almost every word of it? Would even a person of limited education say, in perusing it, "What the dickens is that fellow talking about?"

I mean the October issue of "Osteopathic Health," of course. I have tried to make it the most popular number of this magazine that has yet been printed. Please don't misunderstand me in the use of this word "popular." I mean simple, non-technical, every-day in its utterances.

Do you ever stop to think that we all often talk away over the heads of our patients? Well, we do. Try as hard as we may to overcome it, and we still do. I have been studying this art persistently for six years—this speaking upon abstruse science to the every-day reader so that it will be intelligible. Every few weeks I think I get some new light and make an important step forward. Am I mistaken-or do the members of the profession notice our progress in making popular Osteopathic literature? I believe I get better and better able with more and more practice to state things in fewer and plainer words, to select articles and to prune them and to combine groups of articles so that the layman and laywoman will find them intelligible, interesting, instructive and convincing all

at one and the same time.
"Osteopathic Health" was dedicated to this proposition at its founding, and I am not without hope that its years of experience have advanced this art somewhat.

From my viewpoint, our articles have never been as popular and readable as in the summer numbers of 1904, and this feature will continue right along through the autumn and winter. I would like to receive a letter from anyone who has definite opinions along this line, being free to offer criticisms—for criticisms, not compliments, are what help. Our best friends are those who proclaim to us our faults. Still, we all like to hear, if our work is giving satisfaction, wherein it does satisfy, so if you have observed a steady progress toward simplicity I would be glad to be assured of it.

The October number has a good assortment of "What Is Osteopathy?" is from the reading. pen of Dr. O. C. Mutschler, of Lancaster, Pa., and it gives the reader a popular view of disease from the standpoint of cell nutrition, which is very understandable. It scores good plain

points for Osteopathy.

"Sleep" is a simple talk on insomnia by San. cho Panza, that eminent Spaniard who first eulogized sleep, by an editorial writer in the Chicago Tribune and by the editorial writer in the Chicago Tribune and by the editor of "Os teopathic Health," and it makes a thoroughly popular treatise as a mosaic that will interest everybody, whether insomnia sufferers or not.

"Just Sick" is a gem of brief, pointed Osteo-pathic wisdom from the pen of Dr. Herman F. Goetz, of St. Louis. It appeals to those who are "just sick all over" with any of that great variety of symptoms common to those which drooping, defective spines. Many people fall in this class, and have no well-defined malady, but yet are very sick patients. This idea is new in Osteopathic literature, and will interest lay readers and prove very instructive to them.

"Nature Can Handle the Germs" is an in-structive and assuring bit of knowledge on germ life, such as any newspaper reader would devour with avidity as the means of determining if his lite were really in such great danger from germs as medical theories would make it seem. It is Dr. Charles Clayton Teall, of Brooklyn, who speaks, and he does it well. His words will tend to calm the lay mind from its needless fears, to make it understand somewhat how Nature works and how Osteopathy especially works in harmony with Nature, and hence gets results.

"What State Governors Say of Osteopathy" is an interesting popular article, which quotes thirteen men who have sat in state executive chairs and passed upon Osteopathic measures, from Governor Josiah Grout, of Vermont, to Governor Beckham, of Kentucky. This is a pleasing, strong and weighty argument for Osteopathy, which will make a profound impression in any locality. The article is arranged by the editor.

There is a full complement of short editorial artciles on various common diseases, on the benefit of Osteopathy before and after surgical operations, the difference between Osteopathy and massage, on accredited Osteopaths, etc., etc. Also a grist of pointed, short editorials.

It is an adequate, popular and pleasing number, and I believe that every practitioner who values literature that his patients and local public will read with interest will be glad to circlate it generously.

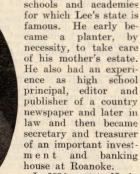
Frateranlly HENRY STANHOPE BUNTING, D. O., Editor.

### A Team of Hustling Secretaries

LREADY the bugle call of the A. O. A. is sounding and our profession may expect great growth and progress the year ahead. This advancement will be largely due to a team of hustling secretaries who hold the future of the organization in the hollow of their hands-Dr. H. L. Chiles, secretary, of Auburn, N. Y., and Dr. C. A. Upton, assistant secretary, of St. Paul. Both are eminently organizers of the hustler type and we owe it to the good work they have already begun to back up their efforts at every turn.

When it became known that Dr. Irene Harwood Ellis would retire from the office she had graced so long it was a foregone conclusion that Dr. Chiles, the assistant secretary, was the man of the hour. He received a good strong support for the position and was duly instated in the office of national secretary.

Secretary Chiles is a southerner, a Virginian, and was born in 1867. He was educated at the schools and academies



In 1894 went to Nashville, Tenn., and was office man in a large publishing house there,

when he was elected principal of a large girls' college. While here Mrs. Chiles came under the

Dr. H. L. Chiles, Secretary of the A. O. A.

care of an Osteopath and he was so successful in doing what so many physicians and specialists had failed to do for her after 15 years, that Mr. Chiles gave up the school business and went at once to Kirksville and entered "the big class," graduating in 1901. While at school Dr. Chiles was president of his class and president of the Southern club, and "occipital" of the Atlas club in his junior year. While editor of The Bulletin the two clubs united to publish it and it was then first issued as a monthly and in its present form. On graduation Dr. Chiles located at sweet Auburn, loveliest city of the plain, where now practices. For two years past he has been secretary and a director of New York State society and for the past year assistant secretary of A. O. A. He will now lay down his state society duties to give himself fully to the A. O. A. work. Dr. and Mrs. Chiles have two children.

As well filled for his office by nature and practice as Secretary Chiles is, yet he was not elected to his present honor

without developing that there was another Richmond in the field, equally qualified and entitled to honors, because of his splendid secretorial services in another part of the field. This was Dr. C. A. Upton, of St. Paul, the secretary of the Minnesota Osteopathic Association, who done the state and national societies so much good in the northwest the past year. He had received a very pleasing vote on being Dr. C. A. Upton, Assistent Secretary of the A. O. A.



named as a candidate for the first office was of course unanimously elected to the position of assistant secretary

These twain make a star team.

Dr. Upton is one of our dyed-in-the-wool Os teopaths. He was first attracted to Osteopathy through his cousin, Dr. Harry E. Nelson, now of Louisville, Ky., who went to Kirksville as a last resort to see what the 'Old Doctor' could do for his arm after all other physicians consulted had said it must be amputated. Osteopathy saved the arm and won two recruits. Dr. Upton was born in Dubuque, Ia., 35 years ago. He was chief train dispatcher for a prominent railroad when he decided upon professional life. He matriculated at the Northern Institute of Osteopthy in January, 1900. He was married eight years ago to Miss Gertrude Lancaster, of Kentucky, who proves Kentucky's claim as being the land of fair women.

Dr. Upton was an active member Minnesota association and secretary of its legislative committee when the Osteopathic law of 1903 was secured. He was made secretary of the association six months later. He was Minnesota's delegate to the St. Louis meeting.

### State Board Items

The Michigan Osteopathic Board of Registration has elected Dr. W. S. Mills, of Ann Arbor, president, and F. H. Williams, of Lansing, secretary and treasurer. . .

Secretaries of state boards are respectfully requested to report promptly to "The O. P." every meeting held, the number to be examined and licensed, the election of officers, etc. We are glad to give our space to this news, because it is of much interest to the profession; but secretaries should not expect us to watch every state where we have examining boards or examination privileges with a long range telescope to keep

track of what is doing. Send in the news on a postal card, please. Yours truly.

All physicians who desire entering upon the practice of their profession in the state of Kentucky hereafter are required to go before the board of examination, composed of five members of the state board of health, and there take an examination in all of the subjects common to all schools. This board of examination is composed of one Osteopath, one homeopath, one eclectic and two allopaths. The applicants of each system will be examined in the theory and practice of his system by that member of the board which most nearly represents his system.

\* \* \*

Resolutions were passed at the last meeting of the Michigan Board of Registration which will make the requirements of the profession higher in that state than ever before, the requirements being only one month less as to length of time as for study than that of other medical schools. Osteopathic physicians coming to Michigan from other states are required to take an examination. The present law in Michigan is the strongest of any state in the union. The board is in sympathy with every movement to make the requirements higher. Its attitude is based upon the following interpretation of the law from the office of the attorney general:

State of Michigan, Lansing, Aug. 19, 1904. Dr. F. H. Williams, Secretary, Lansing, Mich. Dear Doctor: Your letter of the 15th inst. re-

ceived, and contents noted.

In reply thereto I would say that, under and pursuant to the provisions of Act No. 162 of the Public Acts of 1903, the State Board of Registration in Osteopathy would be authorized to refuse to examine an applicant for a license under said act, where the application failed to show that the applicant had completed a course of study of not less than three years of nine months each.

This act is presumed to be constitutional in all its provisions, and the said board should be governed thereby.

Respectfully yours, HENRY E. CHASE, Deputy Attorney General.

Removals

Dr. Charles F. Baker, West Union, Ill., to Marshall, Ill.
Dr. J. Martin Littlejohn, 268 Warren avenue, Chicago, to 108 S. Hoyne avenue, Chicago.
Dr. F. I. Furry, Denver, Col., to Cheyenne,

Dr. F. I. Furry, Denver, Can, Wyo.
Dr. C. M. Sigler, 626 Washington avenue, to 609 Central avenue, Dunkirk, N. Y.
Dr. Lester I. Knapp, 5 West Thirty-fourth street, to 49 West Thirty-third street, New York York.
Dr. Edythe F. Ashmore, 46 Valpey building, to 42 Valpey building, Detroit.
H. M. Gifford, Kirksville, Mo., to Onarga,

TII Dr. Emma Purnell, Kirksville, Mo., to Las

Dr. Emma Purnell, Kirksville, Mo., to Las Vegas, N. M.
Dr. Frank J. McGuire, 12 Jay street, to 3 Jay street, Binghamton, N. Y.
Dr. G. Winfield Patten, 1 West Sixty-eighth street, to 1268 Broadway, New York city.
Dr. Harry E. Fink, Cumberland, W. Va., to 1329 Market street, Wheeling, W. Va.
Dr. Victor P. Urbain, Tampa, Fla., to 111 Dayton street, Hamilton, O.
Drs. C. A. and Elizabeth Broach, 545 Washington street, to 379 Washington street, Atlanta, Ga.

lanta, Ga.
Dr. W. L. Williamson, Milan, to Trenton,
Tenn.
Dr. R. F. Graham, Sioux City, Ia., to Cali-

Dr. R. F. Graham, Slouz Conformia, Mo. Drs. Clinton D. and Gertrude S. Berry, Kirksville, Mo., to Hornellsville, N. Y., R. F. D. Nanoleon, O., to

Drs. Charles Mo., to Hornellsvine, ... Ville, Mo., to Hornellsvine, ... No. 5. Dr. Burton J. Jones, from Napoleon, O., to Dr. Ind.

Dr. Burton J. Johns, Muncie, Ind. Dr. A. W. Berch, from Warsaw, Wis., to Mack block, Milwaukee, Wis. Dr. F. P. Millard, from Worcester, Mass., to Mack block, Milwaukee, Wis.
Dr. F. P. Millard, from Worcester, Mass., to
La Porte, Ind.
Dr. A. Duke Durham, from Macon, Ga., to
Fredericton, N. B., Canada.

Locations

Drs. J. M. Carter and C. C. Payne, Phila, Col., June, '04, Nos. 1000-1001 Land Title building, Philadelphia, Pa.
Dr. O. A. Siler, 304 Liberty street, Warren,

Pa.
Dr. E. J. Jones, corner Fourth and Locust streets, Columbia, Pa.
Dr. J. Houser Corbin, 301 Broad street, Westfield, N. J.
Dr. Emma Gardner, 1304 Main street, Rich-Emma Gardner, 1304 Main street, Rich-

mond, Ind.
Dr. R. W. Bailey, Atlantic Col., June, '04, Sewickley, Pa.

# ANÆMIAS

yield readily to organic, or true animal iron treatment.

A resort to inorganic iron preparations or tonics, serves only to stimulate corpuscular proliferation without supplying sufficient nutrition to mature the blood cells.

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It contains 10% ANIMAL IRON, 20% coagulable albumen, and every element of nutrition of the animal, mineral, and vegetable kingdoms.

It is readily absorbed by the tissues, requires little or no digestion, is prompt and reliable in stimulation and support, and is a nutrient of the very highest value.

BOVININE administration causes quick increase of the leucocytes, and a consequent arrest of all pathological processes.

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BOVININE COMPANY. 75 W. HOUSTON ST., NEW YORK.

Dr. Lillian M. Hartzler, 25 East Orange street, Lancaster, Pa,
Dr. W. O. Lewis, Atlantic Col., June, '04, Hamilton, Ontarlo.
Dr. Lester R. Bensen, Atlantic Col., June, '04, New Rochelle, N. Y.
Drs. Lloyd F. Andrews and Etta Doughty, Sheridan, Wyo., will open a sanitarium.
Dr. Clifford E. Walker, Portland, Wash.
Dr. Catherine McWhorter, 314 Johnson block, Muncie, Ind.

Muncie, Ind.

Dr. Wilbur H. Hall, Kent. O.

Dr. Carrie Backus, Manson and Pocahontas,

Dr. Ralph W. Anthony, Gainesville, Tex. Dr. Kent L. Seaman, Noblesville, Ind. Dr. W. A. Streeter, 514 Main street, Worcester, Mass., assisted by Dr. A. H. Gleason.

Married Dr. O. J. Snyder to Miss Alene . Cantwell, June 22, at Philadelphia, Pa. Ambrose Dr. J. H. Corbin, Sherman, Tex., to Dr. Margaret Mignon Agnew, at Orion, Mich., August 11.

#### Personal

Dr. and Mrs. S. A. Ellis, of Boston, spent their vacation abroad.

Dr. Lilian M. Whiting, of the Pacific School faculty, visited Still College during vacation.

Dr. H. W. Forbes, of Still College, spent his vacation at Kirksville, his old home, and while resting delved into comparative anatomy by dissecting town dogs, cats, chickens, pigs, etc. Did any of your friends miss any live stock during the summer?

Dr. Laura Ducote left Baltimore September 5 for her former home in Louisiana, to attend her mother, who has been ill for some weeks. The doctor hopes to be able to return to Baltimore in October to resume her professional work in that city, where, with Dr. Charlotte Escude, she enjoys a splendid practice.

Dr. J. W. McGee, of Philadelphia, vice president of the A. O. A., was entertained at dinner at the Nottingham by Boston Osteopaths while attending the recent G. A. R. encamp-

#### Next State Meetings Are:

Indiana, November 11.
[Note.—We will add this information here as a standing department if secretaries send in the dates and places by postal card.—Ed.]

#### Addresses of Association Secretaires

[Note.—Please inform us of errors in these addresses, and we will keep this department in type regularly if there is sufficient demand for it.—Editor.]

Ark.—Dr. Lillian Higinbotham, 510 Chestnut street, Pine Bluff.

Cal.—Dr. Ida Keyes, 1061 South Flower street, Los Angeles.

Los Angeles. Col.—Dr. John F. Foley, 18 Steele building, Denver. Conn.—Dr. Jesse K. Dozier, 388 Main street,

Middletown.

Middletown.
Ga.—Dr. L. Newell Turner, 7 Jones street,
West, Savannah.
Ill.—Dr. Lola L. Hayes, Wyanet.
Ind.—Dr. George Tull, 45 When building, Indianapolis.
Iowa—Dr. Ellen Ray Gilmour, Ninth street and Fifth avenue, Sheldon.
Kan.—Dr. H. K. Benneson, Clay Center.
Ky.—Dr. H. E. Nelson, 1203 Second street,
Louisville.
Malne—Dr. Florence A. Covey, 633 Congress street, Portland.
Mass.—Dr. R. K. Smith, 755 Boylston street,
Boston.

Mass.—Dr. R. M. Williams, 110 Allegan street, Mich.—Dr. F. H. Williams, 110 Allegan street, West, Lansing.
Minn.—Dr. J. A. Herron, 401 Century building,

Minn.—Dr. J. A. Herron, 101
Minneapolis.
Mo.—Dr. G. I. Green, Fifth and Walnut streets, Washington.
Mont.—Dr. Charles W. Mahaffay, 21 Pittsburg building, Helena.
Neb.—Dr. Grace Deegan, 512 McCague building, Omaha.
N. J.—Dr. George D. Herring, 212 West Front street, Plainfield.
N. Y.—Dr. H. L. Chiles, 118 Metcalf building, Auburn.

street, Plainfield.

N. Y.—Dr. H. L. Chiles, 118 Metcalf building, Auburn.

N. C.—Dr. W. B. Meacham, Inf. of Osteo., Asheville.
Ohio—Dr. M. F. Hulett, 5½ West Broad street, Columbus.
Okla.—Dr. J. A. Ross, 403 Lion Store building, Oklahoma City.
Ore.—Dr. Hezzie C. Purdom Moore, 6 Somner block, La Grande.
Pa.—Dr. J. Ivan Dufur, 1501 Walnut street, Philadelphia.

R. I.—Dr. Clarence H. Wall, Newport.
Tenn.—Dr. Bessie A. Duffield, 502 Wilcox building, Nashville,
Texas—Dr. C. S. Klein, McKinney.
Utah—Dr. Wilma F. Hoefling, 222 Commercial Club building, Salt Lake.
Vt.—Dr. Mary B. Sherburne, 10 Quinn building, Rutland.
Va.—Dr. Marie Buie Walkup, 207 West Grace street, Richmond.
Wash.—Dr. F. J. Feidler, 1414 Second avenue, Seattle.
W. Va.—Dr. W. A. Fletcher, 219 Mechanic

Seattle. W. Va.—Dr. W. A. Fletcher, 219 Mechanic

W. Va.—Dr. W. Street, Clarksburg.
Wis.—Dr. Harriet A. Whitehead, 814 Goldsmith building, Milwaukee.

#### WANT ADS.

FOR SALE.—PRACTICE IN TOWN OF 5,500 in the richest agricultural belt of Texas. Paid over \$5,000 last year. Only Osteopath in the county. To be sold to a lady practitioner for \$400, payable \$100 cash, balance on time. No better location in the state, and everything in a most prosperous condition. Field well advertised, having spent upwards of \$1,000 last year. Must be sold within the next 30 days. Reasons for selling made known to purchaser. Address X. Y. Z., care of Osteopathic Physician.

cian.

FOR SALE.—AN ESTABLISHED PRACTICE in New Jersey. Population, 40,000. Business past year exceeds \$3,000. No advertising done outside "O. H." Nine patients to start with. Office and house furniture complete. Office at residence. Good location and a paying business for a good, live Osteopath. Address "N. J.," care of "The O. P."

FOR SALE.—OFFICE FURNITURE AND practice in an Illinois city of 16,000. Very easy terms. Address C. P., care of Osteopathic Physician.

WANTED.—A LADY ASSISTANT. GRADU-

WANTED.—A LADY ASSISTANT. GRADU-ate of American School of Osteopathy pre-ferred. Address M., care O. P. "GENTLEMAN OSTEOPATH WANTS TO assist in practice. Address 'A,' care of The O. P."