The Osteopathic Physician

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THE OFFICIAL BULLETIN OF THE AMERICAN OSTEOPATHIC ASSOCIATION.

Volume 3.

CHICAGO, JANUARY, 1903.

Number 2.

ILLINOIS WILL ASK FOR A NEW LAW.

Will Frame a Bill Out and Out Osteopathic.

DECIDES TO ACT ALONE.

Report Is Made Herewith By Dr. J. D. Cunningham, Bloomington, Ill., Chairman of the Legislative Committee.

The expression at the Peoria meeting of the Illinois Osteopathic Association, July 4th and 5th, 1902, is sanctioned by the legislative committee.

After full and free discussion at the Peoria meeting of the Illinois Osteopathic Association, it was unanimously adopted that we secure, if possible, better legislation. A Legislative Committee was appointed and given full power to act as it deemed best, realizing the fact that the character of a Legislature might make it very difficult, if not impossible, to secure the passage of an Independent Bill, while at the same time we might be able to cooperate with the M. D.'s and secure recognition in "A Proposed Bill for the Regulation of the Practice of Medicine, and Establishing a Board of Medical Examiners," which will be presented in the present Legislature. And which, if passed, means that the "State Board of Health" will be made a Sanitary Board, and applicants for examination from all schools will submit themselves to this Board, composed of Allopaths. This made the other school of Medicine indignant, and we have ascertained that the Homeopaths, Physio-Medics, Electics, etc., will combine on a bill of their own.

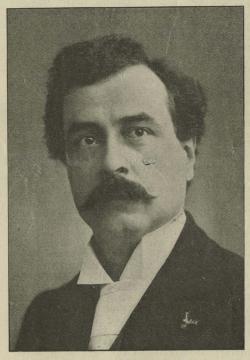
What We Have Done.

From the time of the Peoria meeting of the I. O. A. this committee has worked incessantly, holding meetings from time to time to consider our position and best mode of proceedure. Also, we have had interviews with State officials and those concerned in legislative work in behalf of the State Medical Society. We offered amendments to their bill, appointing a representative member on their board, or the appointment of a committee of three Osteopaths by the Governor, to work in conjunction with the Board, whose duty would be to examien applicants in the Theory, Principles and Practice of Osteopathy, and, at the recommendation of the committee, the applicant should be examined further by the Board. Also, we submitted other amendments that we thought would strengthen their Bill, where, in our estimation, it seemed weak. We were shown a Supreme Court decision referring to the practice of medicine under one of two heads—either "Medicine and Surgery in all its Branches" or "Other Methods"—wherein no school can be recognized by name in a Bill. In this connection, let us say that we were shown every courtesy by our Medical brethren in these interviews, but that availed nothing as regards our legal status; and from what the committee can ascertain, the Osteopath will be

granted no privileges in the "Proposed Medical Bill."

What We Propose doing, And Why.

At a called meeting of the Legislative Committee, held at Dr. A. S. Melvin's office, in Chicago, on January 7, 1903, we decided, after due consideration, to frame "A Bill to Regulate the Practice of Osteopathy in the State of Illinois, and Establishing a Board of Osteopathic Registration and Examination," which will be printed in pamphlet form and mailed to every Osteopath in the State, that he or she may use influence directly or indirectly, through patients or otherwise, with members of the Legislature. Let us all put a shoulder to the wheel and help raise the standard of Osteopathy in Illinois! Why we should have better legislation needs no explanation to those acquainted with the Medical Practice Act, approved April 24, 1899, and in force July 1, 1899, under which we are practicing.



WILLIAM SMITH, M. D., D O.

We have NO law. It is true we are licensed by the State Board of Health by examination; but not on examination in the Theory, Principles and Practice of Osteopathy. Why? Because the Board is composed of medical examiners who do not know the fundamental principles of Osteopathy. Therefore the qualifications of an Osteopath in his own school of practice is not considered.

What We Want D. O.'s To Do To Help, and How To Do It.

To the D. O.'s, we wish to impress upon your mind that a Legislative work cannot be carried on without money. The Committee has been put to considerable expense, also giving the time of its members, while you have been at home enjoying a lucrative practice, perhaps giving the matter very little thought. We should not stay in our cradle all our lives because we [Continued on Page 8.]

REVIEWS PIONEER DAYS

Dr. "Bill" Smith Recounts His Meeting with Dr. Still.

HOW THE A. S. O. STARTED.

A Gossipy Review of the Beginning of Our Profession of Special Interest to Every Practitioner.

"But, damn it-he cures them!"

These were the words that first interested me in Osteopathy, that led me to meet Dr. Still, and that laid the foundation for ten years of hard work in the interests of the science.

I was in Kirksville, Mo., in the month of June, 1892. In an office on the South side of the square I met Dr. McCarthy, who was bitterly expressing his feelings at the decline of medical practice in the town, stating that "an old quack had killed business." I remarked that nothing would please me more, were I in practice, than the presence of a quack; he would make business. To that, McCarthy replied in the words with which I begin this article. I told him that, in that case, if he cured the people, he was, in my opinion, no quack, but simply a man of greater experience. I backed up my opinion by going over to see the so-called quack.

I found an office in an old log cottage, which was simply filled with persons reciting to one another wonders, which they had either experienced themselves or seen others experience. I remained, made an appointment for half an hour of the doctor's time that evening at the Pool hotel, and waited from that moment impatiently for the evening to come. At that office I had heard enough to interest me.

At the appointed hour the Old Doctor en

At the appointed hour the Old Doctor entered my room. Our conversation lasted—not half an hour, but four hours. I sat entranced; the theories he introduced were so novel, so contrary to all I had ever read or heard, that I failed to follow his reasoning. Arguments as to their impossibility were simply met with the one statement: "But it IS so! there are no ifs and ands about it; I do what I tell you; and the people get well." At length I asked for proof, and until two o'clock the next morning I was going from boarding-house to boarding-house seeing patients and getting confirmation. I was satisfied that cures were made; of that there could be no doubt. But let me interrupt myself. Before ever I saw Dr. Still, I knew that McCarthy's statement that he DID cure was true, for McCarthy told me at that time that Dr. Still had cured him eight months before of asthma of long standing.

To make a long story short, we sat and talked on the stoop of Dr. Still's house till four o'clock, and when I went back to the hotel it was with the understanding that in July I would come to Kirksville to teach Anatomy to a small class and myself to learn Osteopathy. What an example we have here! As Dr. Heiny Marks said to me at the City Hospital in the October of that year: "Still is a philanthropist, but a fool; he could keep that knowledge to himself and his family—make himself and them all rich; but he gives it to the world. We need more men like that."

Our little class opened in September. I can shut my eyes now and see that gathering in a

OSTEOPATHIC HEALTH WILL NOT CARRY SCHOOL ADVERTISE-MENTS IN THE FEBRUARY ISSUE OR THEREAFTER.

small back room of the tumble-down cottage. Eighteen students were there (the class subsequently had twenty-three members), and each and every one there was there not for the money there was in it, but had either been a sufferer and was cured by Osteopathy or a close friend had been. Mamie Harter, Hatten, Ward (who afterwards claimed that he had been the true discovery), and other had been the true discovery. been the true discoverer), and others had been cured; Mrs. Gentry and Mrs. Peters had seen children raised from crippledom to health; Bird and Hill had seen parents' lives saved; and so with all. The class was conducted in a very primitive manner. No bodies could be procured, so the skeleton and mannikin only were used. Enthusiasm reigned; harmony was perfect.

In the Globe-Democrat one Sunday in October appeared the first newspaper notice of Osteopathy. A page article headed "A Missouri Mecca" gave a fair statement of the condition of matters at Kirksville. The reporter who came was a sensible and thinking man; he saw there only a horizontal but he was share there only a beginning; but he was sharp enough to see that much. He could have gone away and made a funny story out of it, for there was much which would tickle the risible faculties of the puthishing. But he saw below faculties of the unthinking. But he saw below the surface; he saw men and women in ear-nest. He conversed with those who had been benefited. I look upon that pioneer article as one of the greatest tributes ever paid to a great truth.

In March, 1893, I left Kirksville, and shortly afterwards went to Kansas City. The school did not meet regularly for some time, and when it did was conducted on lines somewhat similar, but slightly in advance of the elementary form which existed in the first class. In 1896 I returned to Kirksville at the request of Dr. Still, and then began the true work by all of building up a truly scientific institution, which should be able to withstand all criticism. Bodies were, with great difficulty, procured for dissection, and the teaching of Anatomy, to my de light, became earnest and thorough. With all branches the same thoroughness was carried out. All was not done in a day, but as each new branch was added to the curriculum it was taught properly from the beginning. It is a curious fact that, with the single exception of Chemistry, I taught every subject taught in the school. I only held the subject long enough to get it into capable hands, then turned it over. This paper may seem as though it were all "I," but the truth is that I am proud of my

work for Osteopathy and the American School.

Then there were forty-six students, all eager further information than on the subjects of Anatomy and Osteopathy. In 1898 there were over 700; instead of two teachers, the faculty had a membership of eighteen; every subject taught in a medical school, save Materia Medica, was taught. Surely a marvelous record. But it was no marvel. In 1892 I had foreseen that as soon as the growth which would come should begin it would be rapid. At the first lecture which I delivered (the first lecture ever delivered in an Osteopathic School), I had prophesied that ten years would see that frame cottage replaced by a handsome brick building; that the class of eighteen would swell to a school attendance of over five hundred, and that there would be five hundred practitioners in the field. All laughed. That prophecy was fulfilled in less than five years. What has made the success of Osteopathy? Honesty and loyal work, self-sacrifice and devo-tion to a great principle; loyalty to the truth, to man and to woman. And, let me add, that the essential source of the success of Dr. Still and Osteopathy comes from the very truth of that remark of Dr. McCarthy: "Damn it, he cures them!"

I cannot go further back than 1892 of my own knowledge-back to the days in 1865, when Dr. Still and Maj. Abbott hiding from the bushwhackers, out in a corn field in Kansas, meditated and thought on these lines; to the day in 1874, when Dr. Still stumbled on his first truth; to the time in 1890, when Ward was

carried to him on a stretcher at Eldorado Springs, to find out if he could be cured of his Those were before my time; asthma. experience in Osteopathy, my knowledge of it leads me to look for a great future for it. seed has been sown; the soil has been tended and tilled; the growth, so far, has been vigorous. The future lies in the hands of the men and women who are now practicing it. If they are faithful to their trust all will be well, and it is my confidence in their faith, their loyalty and their devotion, which leads me to augur a great future for the science to which the best years of my life have been devoted.

WILLIAM SMITH, M. D., D. O.
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Says Its Good Policy.

Editor, "THE O. P.":

The warning, "Beware of the Fake Osteopath," that you printed in the December O. H. is a good thing. Keep it standing, or print something of the same import in every issue.

Fraternally,

W. F. LINK, D. O.



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The Open Court

The "Lesion" Osteopath Is Too Narrow.

Editor of The Osteopathic Physician:

Heretofore I have hardly understood the exact import of the question of lesions at issue, but since the appearance of the last number of the JOURNAL OF OSTEOPATHY, I find the JOURNAL OF OSTEOPATHY, I find therein a statement which will serve as a proposition for discussion. Under the heading "Our Platform," the sixth plank contains this sentence: "The fundamental principles of Osteopathy, however, are different from those of any other system and the cause of disease is considered from one standpoint, viz.: disease is the result of anatomical abnormalities followed

considered from one standpoint, viz.: disease is the result of anatomical abnormalities followed by physiological discord."

This may be the sum total of some people's Osteopathy, but it is not mine. I would like really to know how many men of five years' active practice are willing to balance themselves on this two-inch strip of a plank. Those who desire to confine themselves to this narrow doctrine are at perfect liberty to do so. I doubt trine are at perfect liberty to do so. I doubt whether a man who is satisfied with it could be convinced by any line of reasoning whatsoever, that life in its manifold phenomena has any other side than the mechanical. Those who make this doctrine, that structural defect is the sole cause of physiological perversion, the mainspring of their therapeutic methods claim that the Maker of All Things has placed in our bodies all the materials necessary for health and re-pair. This is granted by all Osteopaths, but we also have appetites, desires, passions, etc., which subject us to excesses. People have to work for a living in damp, cold, poisonous places; have little to eat and little to wear. Others live in luxury, have too much to eat and to wear, are cursed with nothing to do.

There are the occupation diseases, those resulting from fatigue and excess either in the line of too much work or too much gratification of appetite. When these have had their resistance lowered they are subjected to overwhelming

amounts of parasites, bacteria, etc.

According to the proposition as stated, man is subject to the effects of slight accidents, almost infinitesimal, in fact so slight that there is a chance for decided difference of opinion as to their exact relations. Some Osteopaths will argue that our Creator did a manificent thing for us when He filled our bodies with the matefor us when He filled our bodies with the material for health and repair, but they fail to perceive the absurdity which lies behind the statement that every slip or fall is liable to cause a subluxation which then becomes the cause of disease. Did He make us so flimsy, slipsy, namby-pamby that good health depends primarily on not falling or suffering any accident, while we can fill our stomachs as often as we like, gratify our thirst or sexual passion as like, gratify our thirst or sexual passion as much as we like without any evil results?

Those who desire to make subluxations and other mechanical lesions the beginning and end of their battle with disease have marked out a very narrow sphere of action for themselves. FUNCTION DOES AFFECT STRUCTURE JUST AS DECIDEDLY AS STRUCTURE AFFECTS FUNCTION. This can be demonstrated easily. Osteopathy to my mind is a system as broad as the whole field of natural medicine.

There is no reason why each member of our profession should not feel free to develop and fit himself to aid humanity by the scientific use of numerit to aid numanity by the scientific use of sunlight, X-radiance, hydrotherapy or any other method which appeals to his best judgment. Scientific men are slow to state a platform; they might happen to observe a phenomenon which would change their viewpoint. We are not a political party, nor have we reached a point in our development where it is safe to say "thus far and no farther." To live is to grow. A platform limits growth.

In order to be truly scientific we must love truth better than we love our preconcieved ideas of what truth is. This necessitates that our minds shall be fallow fields, rich in those elements which give nourishment to the seeds of thought which earnest scientific men in all parts of the world are sending out to be tried and tested.

DAIN L. TASKER, D. O.

Los Angeles, California.

Osteopaths, Stick Strictly to Lesions.

Osteopaths. Stick Strictly to Lesions.

Am I a lesion Osteopath? Well, indeed I am. This controversy is all right, inasmuch as there are some who believe Osteopathy needs adjunct assistance in its battle against disease. But is it not sad that there should be cause for such a discussion? Can we improve on the Osteopathy of Dr. Andrew Taylor Still by using adjuncts? Would the Foraker boy have been better off had he been given a general treatment with the use of hot or cold fomentations, electricity, suggestion, etc., instead of the simple twist of the head that Dr. Still gave him in setting the first rib? Thousands of cases are analogous to this one—cases the curing of which made Osteopathy what it is to-day. Could one go from Maine to California, from the Canadian border to the gulf, visiting Osteopaths in all cities, I dare say the most successful would be those who are strictly lesion Osteopaths. It is rather amusing to hear Osteopaths of two or three years' experience advising adjunct treatment when it stands to reason that they would hardly become acquainted with the working principles of Osteopathy in so short a time.

be those who are strictly lesion Osteopaths. It is rather amusing to hear Osteopaths of two or three years' experience advising adjunct treatment when it stands to reason that they would hardly become acquainted with the working principles of Osteopathy in so short a time.

When I was a boy it was my privilege to observe Dr. Still study Osteopathy. He studied surface anatomy by touch. He so trained the ends of his fingers that he became thoroughly acquainted with the normal living body, thus being able to detect the abnormal. Twenty-three years ago I remember a case of spinal curvature—one of our servants—that he cured by adjusting a cervical vertebra. In those early days I have heard him say that he was the only Doctor living who studied health—a study of the normal in order to detect the abnormal. After all his years of study, building up Osteopathy by finding and adjusting mechanical lesions, curing hundreds—yes, thousands of cases, thereby making it possible for us to go on with the work, now in the evening of his life, it is despicable that it becomes necessary for anyone to say: "I am a lesion Osteopath"—or to have a controversy of this kind. Any one man's experience is not a satisfactory test of the merits of Osteopathy. But we certainly should take as our standard the teachings of our founder and father Osteopath, whose experience does count, since it is upon his experience that Osteopathy was founded. We are now working mostly upon the reputation that he and the earlier graduates made for Osteopathy. Let us all be and remain lesion Osteopaths—all who have followed Dr. Still's teachings. Those who have studied and continue to study normal surface anatomy; those who thoroughly understand the mechanical relations of the tissues surrounding the lesion; those who are mechanics enough to make the movements or manipulations according to these mechanical relations; those who make Osteopathy a specific treatment (never losing sight of the fact that obstructions cause disease and adjustment is the key note to tr

you, in the name of our Old Doctor, be lesion Osteopath, as he is. Fraternally, Detroit. HERBERT BERNARD, D. O. he is. Fraternally, HERBERT BERNARD, D. O.

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THE OSTEOPATHIC PHYSICIAN

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HENRY STANHOPE BUNTING, A. B., D. O., Editor. W. M. BUNTING, Business Manager.

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VOL. III.

CHICAGO, JANUARY, 1903.

Fairness! Freedom! Fearlessness!

EDITORIAL.

Utah falls into the Osteopathic line of state societies—who is next?

Oregon is another late comer, but she will hustle to make up for lost time.

"I have but laid the foundation; you are the builders."—Andrew Taylor Still, M. D.

Illinois has rolled up her sleeves and squared herself for a fight-now watch for the finish!

Newsapers are now reporting "Lorenz operations" by Osteopaths here and there over the country.

Alabama's fate will now be settled within a few weeks. Send in your dollar now if you mean

IS OSTEOPATHIC HEALTH on your center table? IS OSTEOPATHIC HEALTH in the nands of your people?

Keep up the Lorenz and Osteopathy talk—it's both good and well deserved, and more-over will make business.

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The busiest Osteopath needs OSTEOPATHIC HEALTH to talk to his patients and keep them enthusiastic. Then he has a better chance to think more and talk less while removing their

Take a tip from many a wise practitioner who has tested the possibilities of OSTEOPATHIC HEALTH as a patient-bringer. Use not less than a hundred a month under regular contract. Persistence wins.

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There is enough science and fairmindedness in our profession for us to take issue with each other without becoming mortal enemies. The one who cannot defend his position without getting venomouus is dead at the top whatever pretense he makes for wisdom.

Do your patients talk you to death, Doctor? Give them something to read that will keep them busy thinking. "O. H." is the prescrip-tion. One to each friend. One to each patient. It will do your entertaining for you and keep on pumping your patients full of enthusiasm.

From the cordial praise THE OSTEOPATHIC PHYSICIAN is getting from the field one can well wonder how the profession got along before having such a medium of communication. Hail the day when its subscriptions and advertising patronage will enable it to print 16 or 32 pages a month.

Ethics are improving among Osteopaths. It is only ratural that with the growth of the profession the standard of behavior should be constantly elevated. Some Osteopaths still do things that hurt the profession. Note the hand-bill method of advertising and the "I-cure-fits" style of clinic reports.

The narrowest advocates of a system are not necessarily the most loyal. Those Osteopaths who know nothing and profess to know nothing except the bony origin of disease under any and every circumstance, have got it to prove that they love Osteopathic philosophy any whit more than do those who declare that bony lesions are not always present.

OSTEOPATHIC HEALTH, at the request of many of its earnest supporters, has adopted the policy of not accepting any college advertising whatsoever from this time on. Practitioners, as a rule, do not like to advertise colleges, or college infirmaries, in their literature. This rule, we think, will best serve the practitioners' in-

The Colorado Farm Sanitarium at Boulder, Colo., announces that it was successful in raising the money needed to meet the first payment on its land in December, and there is an expectancy of smooth sailing ahead for the rest of this year. It is hoped to receive enough new subscriptions to stock and to sell a share of the land so as to make the next payment of \$5,000 an easy matter a year hence.

Osteopathy with a half dozen well selected Osteopathy with a half dozen well selected lobbyists chosen from the profession can, in the judgment of "THE O. P.," go to Montgomery this month and get just the sort of a law we are looking for. But the entire profession must stand behind this half dozen and put up for them. It takes lots of the sinews of war to do real fighting. Men who give their time and ability to this fight must at least have their expenses paid by the profession.

In an early letter from Dr. P. K. Norman, of Birmingham, it was stated inadvertently that none of the sixteen D. O.'s who fled from Alabama had paid to help the fight. In a later issue he corrected the same by saying that Dr. E. E. Bragg, who is now in Atlanta, Ga., was to be excepted, as he had paid his full share. We call attention to the statement editorially, because it is due Dr. Bragg that the impression should be corrected. He did his share, and deserves full credit for it.

Dr. M. F. Hulett writes as follows: "I desire to offer a little suggestion on the Alabama campaign. It is my opinion that there is danger of making the matter too public, thereby furnishing ammunition to the enemy." It would nishing ammunition to the enemy." It would unquestionably be a mistake to publish these affairs in our school and scientific journals, where they would reach the public eye. That is where the advantage to the profession comes in, in having a newspaper like "THE O. P." No one reads it but D. O.'s, and matters confided to it are as private as any general letter mailed to our practitioners throughout the union.

Dr. R. S. Collier, one of the able staff of the Southern College; has sold out his interests to the new stockholders, and has located for practice at Columbia, Tennessee. I. H. Goodnight has become the secretary of the college. Dr. R. W. Bowling, the cultured and strong presidents of the Southern School, rathing his condent of the Southern School, retains his con-nection with the institution—upon which fact the new stockholders are to be congratulated. We trust the new college is just entering upon an era of unprecedented prosperity. Success in its highest endeavors!

A Great Legislative Number.

Editor A. L. Evans and his associates of the JOURNAL OF THE AMERICAN OSTEO-PATHIC ASSOCIATION have prepared a splendid number of that excellent magazine in their December issue for campaigning in state legislatures and courts where Osteopathic practice is an issue. It is packed full of meat from cover to cover; the matter is well selected, ably pre-sented, and makes a masterly argument, which no fair-minded legislator who will read it can get away from. This number is a distinct contribution to Osteopathic polemical literature, and will be decisive fighting material wherever there is trouble. Editor Evans and his associates are deserving the thanks of the profession. Copies may be had in bulk for use among legislators at 10 cents a copy.

A Veritable Clearing House.

The office of THE OSTEOPATHIC PHYSICIAN and OSTEOPATHIC HEALTH has become a veritable clearing house for all matters of concern to the Osteopathic profession. Almost every day we receive letters from the most every day we receive letters from public, readers of OSTEOPATHIC HEALTH, inquiring of a reliable Osteopath in this or that town or city, and from prospective students regarding the advantages offered by the various competitive schools of Osteopathy of this land. We never lose such a chance to "plug" for a meritorious practitioner, or a meritorious school, and, very naturally, our friends are first to be remembered. This appeal for information to the Osteopathic Publishing Company by the general public is another proof that merit wins and the general public are quick to recognize authority based upon excellence.

Dr. Hildreth's Pleasant Visit.

The editor acknowledges a very gratifying reunion with Dr. A. G. Hildreth, of the A. S. O. faculty, who visited "THE O. P." sanctum during the holidays. Dr. Hildreth came in to talk about state association meetings, proposed legislation, the status of the schools and the problems and future of the profession. Such prolems and future of the profession. Such professional conferences with the old "war horses" of the profession are always profitable, as well as pleasant, and the editor wishes they might come oftener and last longer. Dr. Hildreth reports activity in a half dozen state legislatures this winter. He thinks it doubtful if he can get to Alabama, owing to his presence being required just at this time in his seat in the Missouri legislature. Dr. Hildreth sees problems which can only be met and conquered by the practitioners standing together as a unit and acting in concert.

State Strength as Regards the A. O. A.

New York is the strongest state represented in the American Osteopathic Association with thirty-three members. Ohio and Illinois tie with twenty-nine members each. Pennsylvania has twenty-six members, and Massachusetts twenty-five; Missouri, our birth state, has but eighteen, five; Missouri, our birth state, has but eighten, while New Jersey with about one-tenth the number of active practitioners of any of these states has an enrollment in the A. O. A. of the content of the states has an admirable showing. Any eleven—certainly an admirable showing. Any other state may show as good an average if the officers or some high private will put in some good licks for a few months to build up

the membership. Here is a very feasible way to accomplish this. Canvas the Osteopaths of your state to subscribe unanimously to "THE O. P.," and we will print your state communications and preach the gospel of loyalty to them till they all get in line. All the foregoing states should have 100 members or more in the A. O. A., but not till the profession AS A WHOLE is reading and supporting "THE O. P."—the profession's newspaper—will such a millenium be possible. Get the Osteopaths of your state in line for "THE O. P." and we will guarantee the rest.

How to Exercise Best.

We understand that many Osteopaths have adopted the Pure Gum Bi-Tension Exerciser, as a means of getting practical results from exercising, for the least expenditure of time.

This exerciser is unlike any other in the market and is built upon scientific principles. It has no pulleys or covering, and works in perfect harmony with all the muscles in the body, which are connected in every movement by a smooth lateral loading.

There are no handles to the "Bi-tension," and all free hand movements can be taken while using it, being executed precisely as they would taken if no exerciser were being used.

be taken if no exerciser were being used.

The Spink Chart of approved calisthenics, which accompanies each "Bi-tension," illustrates a practical system of exercising, which taken in connection with the smooth tension of this puregum exerciser, accomplishes more benefit in a short time, than could be realized from much

greater effort along ordinary lines.

The "Bi-tension" is made at Cleveland, O., by The Paraco Rubber Co., and any Osteo-path can secure discounts by enclosing professional card when writing to them. A booklet giving details of the system can be had for the asking, and every Osteopath should send for one.

The retail price of the complete outfit is \$2.50

-prepaid.

A Good Chance to Advertise.

The Osteopaths of the country have been sensible enough to take adayntage of the Lorenz furore in this country by addressing many communications to local newspapers, and securing editorials pointing out the prior claims of Osteopathy to the field of bloodless surgery. Since OSTEOPATHIC HEALTH gave its readable review and editorials upon that subject a score or more of newspaper news items and editorials have been received by the editor, all in the same vein, showing clearly the influence of OSTEO-PATHIC HEALTH in educating the people into giving Osteopathy justice in the premises. Practitioners have been wise to turn over copies of this issue of OSTEOPATHIC HEALTH to their local newspapers, with a request to make some editorial comment on the same, and the editors as a rule have been pleased to comply with the suggestion. It is not too late to try this plan in your community. It may help Osteopathy greatly. We had intended sending out a large number of this issue to the news and ordered about 2,000 extra copies papers. printed for that purpose, but unexpected orders from the field entirely exhausted the supply, and we were disappointed in our plans, after having printed our circular letter to accompany the same. This Lorenz newspaper incident has been a good one for Osteopathy, and it is still time to make good use of it. It has also shown how much value the Osteopathic Publishing Company's literature holds for the profession, and that no practitioner can afford to be without a single number of our publications.

A Fake Advertising Scheme.

The latest fake advertising scheme to catch Osteopathic suckers comes from the Cincinnati Enquirer. In giving a paid write up to Dr. Orella Locks and Dr. Clara Wernicke—what amount these practitioners are mulcted for having their names played up in the first paragraph is not stated—the Enquirer offers to add the name and address of every other Osteopath in the United States at the end of the article with a certificate that they are distinguished. The article reads like any paid patent medicine boost, and every one who reads it will instantly see that there was no excuse for printing it in such form, and at such a time, except the quid pro quo paid by the Osteopaths named to the business manager. Such enterprise is cheap, unprofessional and retroactive, and the voice of the professional organizations is now unmistakably and unequivocably against such conduct. These letters contain a fair estimate, which the representative practitioner of Osteopathy will put upon this catchpenny enterprise:

The Editor of The Osteopathic Physician:
I have received these enclosures from the Cincinnati Enquirer-which is distributing copies of the article about Osteopathy, which it proposes to print and a circular letter explaining how individual Osteopaths may profit by it. The article says some good things, but the statement that the Osteopathic Physician "claims that if the bones, ligaments, muscles, blood and lymph vessels, nerves, etc., are in their normal position and condition, and are properly fed and exercised" health will follow, is only saying that if all the tissues are healthy they are all healthy—which makes the "claim" absurdly meaningless.

The article is to have appended "a list of the most distinguished Osteopathic physicians in the United States." The circular letter explains United States." that the list is to include ONLY THOSE DISTINGUISHED OSTEOPATHS WHO SEND TWO DOLLARS TO THE CINCINNATI EN-QUIRER.

There is a clear difference between such an offer and an offer of advertising space in a paper which guarantees its advertisements. The latter must investigate the character of its advertisers to insure its own value. While this paper proposes-for two dollars-to tell its readers that the list of paid advertisers, which it prints, is in fact—what it pretends to be—a list of all the best, it offers—FOR TWO DOLLARS—to lend the weight of its "enviable reputation" for 'prudence and conservative judgment" assertion that the names which it prints are "entitled to a place" in such a list. The proposition should be discouraged.

Yours fraternally,

HENRY W. S. HAYES, D. O.

Atlanta, Ga. Editor, "THE O. P."

I hope you have seen the Cincinnati Enquirer scheme for making distinguished Osteopaths \$2 per head and will call attention to it in "THE O. P." in proper style.

Yours respectfully, FRANCIS K. BYRKIT, D. O.

Boston.

Changes in the Prize Essay Contest.

In order to make the contest for prize essays in popular vein appeal more to the profession, Osteopathic Publishing Company has decided upon some changes in the plan of this contest. This announcement has been in the contest. This announcement has been in the hands of the printer for the last three numbers of "THE O. P.," but, on account of the press of good news matter, has been entirely crowded.

These changes are simple: These changes are simple: out until this issue. Instead of writing over an assumed name, as the first plan proposed, you are now vited to write over your correct name and the essays will be printed serially and the prizes awarded AFTER the best twenty essays are printed—which will be on or before the end of the year 1903.

The editor is at loss to know why the field, abounding, as it does, with clever writers, has not been quick to take advantage of this opportunity by entering the competition, inopportunity by entering the competition, in-asmuch as the prizes offered are such valuable works as Deevor's splendid Anatomies in three volumes, and Solis-Cohen's Library of Natural Therapeutics in twelve volumes, two of the best

contributions that could be made to any Osteopathic library. These works have already had considerable sale among Osteopaths by the publishers, Messrs. P. Blakiston's Son & Company, of Philadelphia. But the fact remains that Osteopaths did not enter the competition, so we revise the terms of the contest, thinking it attract the interest and competitive effort it deserves. As a matter of fact, but three essays in popular vein were entered in this contest. As we have offered four prizes—three by the award of judges and one by a popular vote of the field—there was no opportunity to hold the contest as outlined. No person wants to win spurs because he is alone in the race, to be a victor because there is nobody else to compete with, and as there are really enough competitors to wear the blue ribbons provided we call the first race off and announce the second, in which we enter the two prize essays hitherto printed, numbered serially "One" and "Two," for the purposes of designs "One" and "Two," for the purposes of designa-tion. In this manner the best eighteen others will be selected and printed over the author's signature and the awards made after the series

of twenty are in type.

This will be an interesting contest, fellow D.

O.'s—get in on it. The prizes are worth winning. Every graduate of a legitimate Osteopathic college is entitled to enter the contest.

GOOD OSTEOPATHIC LITERATURE.

The Osteopathic Publishing Company Offers Back Numbers at a Bargain --- Table and Field Literature.

In the November number, we call d the attention of Osteopaths to back numbers of OSTEOPATHIC HEALTH which we are offering at a special price. We have a large number of mail orders coming in constantly and have entirely exhausted July. We still have a num-ber of each month up to and including November, which we offer at 2c. apiece. If we pre-pay postage, we shall add 1c. a copy, or 3c. per copy mailed to any address in the United States or Canada.

If you order them expressed, we will guarantee an 8c. per pound printed matter rate, which will amount to 18c. for 25 copies; 38c. for 50 copies; 78c. for 100 copies.

In orders of 100 copies and more, we will seli

at 3c. per copy and have your professional card printed and inserted with a neat sticker on inside cover at our expense. This does not include postage or express charges. We still have a large number of June numbers on hand, which we are offering at a special price of 1½c, per copy. In orders for 100 or more we will have your card inserted on inside cover for 2½c. per

The June number contains: "What Is Matter with Your Back?" by Dr. H. S. Bunt-Matter with Your Back?" by Dr. H. S. Bunting, and is good campaign literature for the Osteopath. "A Right and a Wrong Way to Eat Acid Foods," points a clever moral for curing dyspepsia Osteopathically. It also contains four pages of short spicy editorial paragraphs. "The New Way to Manage Disease," "Magic Gives Way to Science," and "Natural Therapeutics in the Ascendancy," are all good short editorials. "Moderation and Osteopathy as Life-Savers," is convincing. "Do Drugs Cure Disease?" quotes leading M. D.'s upon the error which the old is convincing. "Do Drugs Cure Disease?" quotes leading M. D.'s upon the error which the old school makes in treating symptoms, etc. This number will give you some good table and field literature at a bargain.

You may select any back number of OSTEO-PATHIC HEALTH you wish to make up your order of 100. Send money with order. Satisfaction guaranteed or money returned. These numbers are all just as good Osteopathic literature for campaigning as the day they came from the

Mail orders will be filled in the order of receiving until back numbers are exhausted.

AMONG THE STATES

Southern School Is Not to Move.

[From the Louisville, Ky., Post.] Franklin, Ky., Dec. 13.—The Southern School and Infirmary of Osteopathy, located at this place, has for some few weeks been contemplating a change in location, as both Nashville and Bowling Green have been offering large inducements. The citizens of this place, seeing what they were about to lose, got a hustle on themselves and organized a stock company, composed entirely of Franklin people, and bought out the old company. The school now has over 100 enrolled students and very flattering prospects for the next class, which begins in February.

"THE O. P." congratulates Dr. Bowling and his associates on getting local assistance, and hopes the reorganization means a new era of prosperity to this excellent college.

Oregon on the Roll.

"Dear Dr. Bunting:

"Just take a moment and raise the banner of Osteopathy over far-away Oregon. At an enthusiastic meeting held here New Year's day, the unanimous decision was to endeavor to legalize the practice during the session of the Legislature about to convene. We have a host of fast friends who will be there to help, and we feel that we at least have a chance to pass our bill. We shall endeavor to frame a law similar to

the one in force in California.

"The officers elected were: W. A. Rogers,
President; J. E. Anderson, Vice President; R.
B. Northrup, Secretary, and Gertrude L. Gates,
Treasurer. The Osteopaths of the State are Treasurer. The Osteopaths of the State are working hand in hand, united and enthusiastic, and we feel we can accomplish our end. Please enroll us with the other State associations in THE O. P., and court on us to the finish.

"A code of ethics has been adopted, a copy of which we will send later. We have been so very busy with other matters that we could not prepare it for this issue. Very truly yours, "R. B. NORTHRUP, D. O., Secretary. "Portland, Jan. 6."

Vtah Falls Into Line.

Utah is the latest state to fall into line with a state Osteopathic Association. An organization was perfected at Salt Lake City before the close of the year with ten members. The association has not wakened up yet sufficiently to report its officers to "THE O. P.," but from private sources of information we learn that

the following is the membership:
A. P. Hibbs, 228 Deseret News Building.
McDowell & Carpenter, 204-5-6 D. F. Walker Building.

Beaven & Murry, 303 Auerbach Building. W. S. Ramer, 49-50 Mercantile Block. Wilma F. Hoefling, 222 Commercial Club Build-

J. Goodrich, Logan, Utah.

Hibbs & McCoy, Eccles Building, Ogden. That is a good start for rather new Osteopathic territory, and if these ten will hustle we expect good things of them. But as a first step to progress, brethren, send in your official report and next make sure that every member of your state society joins the A. O. A.

Nebraska's Annual Convention.

The annual meeting of the Nebraska Osteopathic Association, held in Lincoln, December 18, brought together for conference a goodly number of enthusiastic Osteopaths. The generous hospitality of the Lincoln members, and the discussions and talks on subjects pertaining to the work and welfare of Osteopathy in general, and in our own state in particular, made the visitors feel that the day had been well spent. The following program was rendered: 10:30—Business session; 12:00—Dinner; 1:30—

Program; "Our Attitude Toward the Medical Profession," by Dr. Little, of Lincoln; Address, Dr. Alice Johnson, of Omaha; "The Future of Osteopathy," Dr. Donohue, of Omaha; Paper, by Dr. Kilgore, of New York; "How to Obtain the Best Results in Osteopathy," Dr. Cramb. of Tecumseh.

The officers elected are: President, Dr. F. M. Millikin, of Grand Island; Vice-President, Dr. J. M. Moss, of Ashland; Secretary, Dr. Grace Deegan, of Omaha; Treasurer, Dr. Emma Hoye, of University Place. The next meeting will be held at Grand Island.

Fraternally, GRACE DEEGAN, D. O.

Omaha.

New Jersey D. O.'s Not in Trouble.

Dear Sirs:-The O. P. for December just received. I note therein reference to a decision in New Jersey against Osteopathy. That is correct. That you may make no mistake, however, I beg to inform you that the E. M. Herring is Correspondence Graduate of your Illinois College there in Chicago. We have others here. We are keeping still—letting Mr. Herring fight his own battles. We do not wish the Osteo-pathic Journals to give the matter of this de-The Secretary of our Society cision publicity. is Geo. D. Herring (and has no connection with E. M.) an Atlantic School Graduate. Please publish.

Fraternally, S. H. McELHANEY,

Newark, N. J.

President.

Secretary.

Colorado Frames a Bill.

The regular December meeting of the Colorado Osteopathic Association was held at the offices of Dr. M. J. Work, Denver, Saturday, December of Dr. M. J. Work, Denver, Saturday, December 6th, with the following members present: Drs. Ida M. Andrew, E. C. Bass, John T. Bass, N. A. Bolles, Nettie H. Bolles, J. R. Cunningham, McChesney, L. C. Work. Drs. John T. Cramb and J. F. Foley, of Denver, and Dr. S. M. Kellogg, of Rocky Ford, were admitted as members. The Legislative Committee (Drs. Jones, N. A. Bolles, E. C. Bass, Ross and Hiveley) reported that it had drafted and had printed a bill which is to be sent to the Osteonaths of the

bill which is to be sent to the Osteopaths of the

State for criticisms and suggestions.

A new office of Corresponding Secretary was created and Dr. J. R. Cunningham was elected for the year. A paper on "Hip" cases was read by Dr. Nettie H. Bolles, in which she spoke of three cases of congenital dislocation, which she had treated, one with complete success, and the other two partially so. The officers of the Association are: Dr. E. D. Jones, President; Dr. E. C. Bass, Vice-President; Dr. Ida M. Andrew, Recording Secretary; Dr. J. R. Cunningham, Corresponding Secretary; Dr. N. A. Bolles, Treasurer. The Trustees are Drs. Martha Barstow, Lela M. Thomas and J. T. Bass.

Very truly yours,

J. R. CUNNINGHAM, D. O.

Corresponding Secretary.

Corresponding Secretary.

1457 Ogden avenue, Denver. December 14, 1902.

Ohio Has a Rally.

The Osteopathic State Association had a rousing meeting at Columbus, January, 10, with a full corps of active workers in attendance. a full corps of active workers in account. The Hotel Chittenden was headquarters. This excellent program was rendered:

10:30 a. m., Reports. 11:00 a. m., Paper—"Circulatory Disturbances," Chas. L. Richardson, Cleveland.

Fifteen minute discussion, opened by E. A. Liffring, D. O., Toledo.

11:30 a. m., Paper—"Digestive Disturbances,"
A. E. Cloud, D. O., Canton.

Fifteen minute discussion, opened by W. H. Wilderson, D. O., Circleville.

12:00 m., Noon.

1:00 p. m., President's Address, Clarence Vincent Kerr, D. O., Cleveland.

p. m., Paper—"Diseases of Children," Florence L. McCoy, D. O., Toledo.

Fifteen minute discussion, opened by Effie B. Koontz, D. O., London.

2:00 p. m., Clinics—Mary M. Dyer, D. O.; M. F. Mullett, D. D.; J. T. L. Morris, D. O. 2:45 p. m., Paper—"Ohio's Chinese Wall," (1) E. W. Sackett, D. O., Springfield.

Fifteen minute discussion, opened by (2)
F. E. Corkwell, D. O., Newark.

(1) A Vindication of Ohio's Osteopathic

(2) The first Osteopathic zouave to scale

the wall.
5 p. m., Paper—"Appendicitis," DeWitt C.
Westfall, D. O., Findlay.
Fifteen minute discussion, opened by C.

S. Kennedy, D. O., Cincinnati. 3:45 p. m., Election of officers.

Selection of member Osteopathic Examin-

Selection of median ing Committee.

All papers were limited and to the point, and the discussions were lively. Fraternally,

M. F. HULETT, Secretary.

The Indianians Get Together.

The Indiana Osteopathic Association held the annual state meeting. December 20 at Indian-The Dennison was Osteopathic headrendered especially lively and interesting by the presence of Dr. A. G. Hildreth, of the A. S. O., who was full of good counsels about the best interests of the profession.

The Alabama Case.

I am glad to see that "THE O. P." is taking an interest in the Alabama Case. The stronger should help the weaker, and all should unite in defense of our common interests. Warfare against genuine Osteopathy in any locality is an attempt to drive it out of the entire field. I hope every Osteopath in the United States contribute something to help the cause

Every Osteopath should learn a lesson from the present situation; namely, the importance of concerted action. No such a fight has been waged in any other state as was waged in Ohio for three or four years. Our victory was won only by presenting a solid front. While many did not contribute to the cause, there was only one purpose in the mind of the active members of the Ohio Osteopathic Society. If every member of the profession realized the advantage to be gained by membership in the A. O. A., it could, and I believe would, aid in such work. Next in importance are the state organizations. Some of the states with a large number of Osteopaths might not only fight their own battles successfully, but should aid those actually in need. How much better this would be than to ask for individual help! For one, I am free to say that I would gladly double my contributions for such purposes, if the work could be done through the recognized channels already established for the accomplishment of such work.

As president of the A. O. A., I made a special plea, in September, 1901, to the members of the profession, to prepare for just such an emergency as has arisen in Alabama. Four of the faithful Osteopaths of Alabama were members of the A. O. A. at that time. No others have joined. The directory of The American Osteopath issued last summer shows seventeen Osteopath issued last summer shows seventeen ester-paths in that state. I do not know how many are there now, but I find only two names in the last directory of the A. O. A. I wonder how many helped their state organization!

I am not making a plea to leave Alabama to fight her own battles. Just the reverse. If there are Osteopaths in Alabama or any other state that have no interest in the welfare of Osteopathy, except to fill their own purses, those who have the interests of our profession

[Continued on Page 8.]

OFFICIAL DEPARTMENT OF THE AMERICAN OSTEOPATHIC ASSOCIATION.

OFFICERS.
President, Dr. Charles Clayton Teall, 1252 Pacific street, Brooklyn, N. Y.
First Vice President, Dr. Clarence V. Kerr, Cleveland, Ohio.
Second Vice President, Dr. Ella D. Still. Des

Moines, Ia.
Secretary, Dr. Irene Harwood Ellis, 178 Hunt-

ington Ave., Boston, Mass.
Assistant Secretary, Dr. Hezzie Carter Purdum, Apartment A, 807 Forest Ave., Kansas City, Mo.

Treasurer, Dr. M. F. Huelett, Wheeler Dug, Columbus, Ohio.
Editor of The Journal of the Association, Dr. A. L. Evans, 300 Miller Building, Chattanooga, Tenn.

TRUSTEES.

Dr. Nettie Bolles.
Dr. C. H. Whitcomb.
Dr. H. E. Nelson.
Dr. S. A. Ellis.
Dr. H. H. Gravett.

Dr. RUSTEPS.
Dr. A. L. Evans.
Dr. Edythe Ashmore.
Dr. C. H. Phinney.
Dr. R. W. Bowling.

Dr. H. H. Gravett.

EDUCATION COMMITTEE.

Dr. C. M. Turner Hulett, 1208 New England
Bldg., Cleveland, Ohio.

Dr. W. B. Davis. Dr. E. R. Booth.

LEGISLATION COMMITTEE.

Dr. A. G. Hildreth, Jefferson City, Mo. Dr. N. A. Bolles. Dr. Jos. H. Sullivan.

PUBLICATION COMMITTEE.
Dr. W. F. Link, 703 Empire Buildg., Knoxville,
Tenn.

Dr. Edythe Ashmore. Dr. Charles Hazzard.

LIST OF STATE ORGANIZATIONS.

Under this head we print the names of State Organizations, the corresponding secretaries and the presidents and their addresses
Secretaries of every association, as soon as organized, will please send us this information. We will carry it permanently in this column.

Alabama: Greenwood Ligon, Mobile, President.
T. C. Morris, Birmingham, Secretary and Treasurer.

B. F. Morris, Little Rock, President. Elizabeth Breach, Hot Springs, Secretary.

T. W. Sheldon, 927 Market St., San Francisco, President.

Agnes G. Madden, 588 Sutter St., San Francisco, Secretary.

Colorado:

Earl D. Jones, President. J. R. Cunningham, Denver, Secretary.

Georgia: M. C. Hardin, Atlanta, President. L. N. Turner, Savannah, Secretary.

A. S. Melvin, 57 Washington St., Chicago, Pres. Mary H. Kelly, 504 Masonic Temple, Chicago, Secretary.

Indiana: No report made.

Iowa: C. M. Proctor, Ames, President. E. R. Gilmour, Sheldon, Secretary.

Kentucky: Officers not reported.

Massachuetts:
G. A. Wheeler, Boston, President.
H. J. Olmsted, Boston, Secretary.

Michigan:
G. H. Snow, Kalamazoo, President.
F. H. Williams, Lansing, Secretary.

Minnesota:
C. W. Young, St. Paul, President.
B. F. Bailey, Minneapolis, Secretary.

Missouri:
W. J. Connor, Kansas City, President.
Hezzie Carter Purdum, Apartment A, 807 Forest Ave., Kansas City., Secretary.

Montana: J. B. Burton, Missoura, President. O. B. Prickett, Billings, Secretary.

Nebraska: F. M. Millikin, Grand Island, President. Grace Deegan, Omaha, Secretary.

New Hampshire: No report.

New Jersey: S. H. McElhaney, Newark, President. G. D. Herring, Plainfield, Secretary.

New York: Walter W. Steele, 356 Ellicott Square, Buffalo,

President. H. L. Chiles, Auburn, Secretary.

Ohio: C. V. Kerr, Cleveland, President. M. F. Hulett, Columbus, Secretary. Oklahoma:

J. M. Rouse, Oklahoma City, President. J. A. Ross, Oklahoma City, Secretary.

Oregon:
W. A. Rogers, Portland, President.
R. B. Northrup, Portland, Secretary.

Pennsylvania:
H. M. Vastine, Harrisburg, President.
J. Ivan Dufur, 25 S. 16th Street, Philadelphia,

Rhode Island:

A. W. Rhodes, Providence, President.
Clarence H. Wall, Providence, Secretary. Tennessee:

A. L. Evans, Chattanooga, President. Bessie A. Duffield, Nashville, Secretary. Texas:

E. C. Link, San Antonio, President. Mary E. Noonan, San Antonio, Secretary. Utah:

No report.

Vermont: Guy E. Loudon, Burlington, President Lewis D. Martin, Barre, Secretary.

Virginia
E. H. Shackleford, Richmond, President.
Maria Buie, Richmond, Secretary.

Wyoming: No report.

Washington:

William Snell, Tacoma, President. F. J. Fiedler, Seattle, Secretary.

West Virginia:

W. E. Ely, Parkersburg, President. W. A. Fletcher, Clarksburg, Secretary.

Wisconsin:

Wisconsin:
J. Foster McNary, Milwaukee, President.
Edwin J. Elton, Kenosha, Secretary.
Cripple Creek District (Col.):
D. M. Bodwell, President.
Earl M. Jones, Secretary.
Sioux Valley (Iowa) Association:
G. H. Gilmour, President.
M. A. Hoard, Secretary.
TAKE NOTICE:

TAKE NOTICE:

If your state is not organized, get in line! If it is organized, and not represented in this column, send us a record of the organization and the name of your officers. Editors are not mindreaders and need active reporters in every state to provide good newspapers.

THE EDITOR.

President's Message.

The American Osteopathic Association is the most democratic body on earth, and everyone has his say at the meetings.

There is an entire absence of politics, rings, fac-tions or parties. There is just one aim in mind

-Osteopathy and its good.

No one knows or cares what is your alma mater or your town, big or little, or your outside affairs as long as you are a loyal Osteopath. There is no effort at self-aggrandizement or scramble for office.

The meetings are, however, by no means lacking in fire, and it is worth a year's life almost to hear the discussions aroused by some paper or clinic. Then is the time to get out your notebook; points will come flying, and a thing which may have long bothered you is liable to be solved instantly. At those meetings the brightest minds of the profession strike fire, and at no other time or place can progress in Osteopathy be noted and appreciated. Every new idea is invited and given a careful hearing

—everybody has a chance. Pet theories are rent in twain, and the thought which comes through accepted is worthy of preservation. Is it worth one's while to be identified with such movement? If in doubt, join and come to Cleveland.

C. C. TEALL, D. O. President, A. O. A.

Brooklyn, N. Y.

An Appeal for Alabama.

This appeal went out in the current number

of the Journal of the Association:

"This is doubtless the last appeal you will receive in behalf of Alabama. Within two weeks the legislature of that state will be in session and the battle will be on. With the funds you would be a support is an extraction. now available the contest is an unequal one and the result is in doubt. Right and justice are on our side. The plan of campaign is laid, but on our side. The plan of campaign is land, but it requires money to carry it into execution and to give reasonable assurance of victory.

"Even selfish interests appeal to us to aid in

winning this fight, for if we lose our adversaries may be emboldened to attack us in those states where we think ourselves secure. But above and beyond these are considerations of professional pride, professional loyalty and profes-

"From one to five dollars means little to each individual Osteopath, but if all will contribute the aggregate will mean much for our science." The time for talk is past; the time for action

"Send your contribution at once to the treasurer of the A. O. A., Dr. M. F. Hulett, Wheeler Building, Columbus, Ohio."

The appeal is timely and "THE O. P." says God speed.

Get in Line!

[From the Journal of the Association.] The American Osteopathic Association needs new members, and it needs the money that is due from the old members, but as THE JOURNAL reaches only those whose dues are paid we can make no direct appeal either to those who should become members or to those who should pay their dues. We can, however, urge all our readers to do as many have done, and that is, to act as missionaries in bringing new members into the Association, and in inducing old ones to square themselves with the treasurer.

WANT ADS.

SPLENDID PRACTICE FOR SALE.—ON ACcount of failing health will sell splendid practice in a city of 16,000 population, in a state legalizing Osteopathy. Should have two operators. Attractive proposition to make to right parties if answered promptly. Address "Temera," care Osteopathic Publishing Co., 343 Marquette Bldg., Chicago.

P. S. The editor knows these parties and can vouch for them. They have been practicing there three years.

GOOD OHIO TOWN OPEN.—W. M. M'CUL-ly, traveling representative of "THE O. P.," writes that Galion, Ohio, a good town for an Osteopath, is open as Dr. Roberts, formerly there, has moved to Philadelphia. Bucyrus and Crestline are tributary towns reached by electric road.

WANTED.—POSITION AS ASSISTANT TO Osteopath. Am graduate of A. S. O. and a strong, energetic woman, well educated. Address "G. D.," care Osteopathic Publishing Co., 343 Marquette Bldg., Chicago.

WANTED.—POSITION AS ASSISTANT LADY Osteopath. With field experience. Graduate of A. S. O. Gynecology a specialty. References exchanged. Address Mrs. H., care the "O. P."

All "want ads" inserted in "THE O. P." are held strictly in confidence, so far as the identity of the advertiser is concerned, and letters received are forwarded to the advertiser. You can have full confidence of privacy therefore in putting your wants into these columns.

Handsome Prizes For Good Articles

OSTEOPATHIC HEALTH offers prizes worth striving for to the Osteopaths who will write the four best articles of the year. These articles must not contain more than 1,200 words, and may be as short as 600 words. They must be in thoroughly popular vein, suitable to publish in OSTEOPATHIC HEALTH-which is to say, must be well adapted to interest and instruct the people in Osteopathic theory or practice.

Select your own subject and choose your own method of handling it.

Be original.

Everybody in the profession has a chance for one of these prizes. You, as a practitioner, talking with patients every day, knowing what questions they ask and what explanations and arguments best appeal to them, have a better chance at these prizes than the college professors. The contest is open to every graduate of the recognized colleges of Osteopathy.

These prize articles will be run in the current number of OSTEOPATHIC HEALTH, together with sixteen others receiving favorable mention. The committee of award will comprise Dr. J. Martin Littlejohn, Dr. Carl P. McConnell and Dr. Henry Stanhope Bunting.

RULES OF CONTEST.

- 1. Sign your article with your own name.
- 2. Send the article to OSTEOPATHIC HEALTH before July 1, 1903.
- 3. Typewrite the contribution wherever possible. Write on one side of the paper only. Write in simple style, so everybody can understand. "Fine" writing and technical discussions are not wanted.

FIRST PRIZE.

The Library of Natural Therapeutics, 12 Vo. umes; P. Blakeston's Son & Co., \$27.50.

SECOND PRIZE.

Deevor's Anatomies, 3 Volumes: the most perfect text-book and pictorial art that has ever been published; P. Blakeston's Son & Co. Price, \$23.00.

THIRD PRIZE.

Butler's Physical Diagnosis, (D. Appleton & Co.) a new and marvelously graphic and original text on Diagnosis, full of ideas to the Osteo-path. Pictorially perfect. \$7. Address articles to

THE OSTEOPATHIC PUBLISHING CO.

Firmenish Building 705,

No. 171 Washington Street, Chicago.

ILLINOIS WILL DEMAND NEW LAW.

[Continued from Page 1.] spent our early years there. So, let us wake up and "get in the game." There is not an Osteopath in the State who cannot well afford to give \$25 to this work. Give what you can, and let each individual bear his part as faithand let each individual bear his part as faithfully as though all resonsibility rested on him. Remit at once to Dr. Mary E. Kelley, Secretary, I. O. A., 504 Masonic Temple, Chicago, for this "Lesiglative Fund." I will add that some of the schools have signified their willingness to help us with a good round sum.

Remember: "It is more blessed to give than receive." You are to receive a benefit a receive.

You are to receive a benefit—a posi-

tive blessing—what do you propose to give?

J. D. CUNNINGHAM, D. O.,

Chairman, Legislative Committee,

Illinois Osteopathic Association.

THE ALABAMA CASE.

[Continued from Page 6.]

at heart must shoulder, not only their own burden, but that of the delinquents also. Therefore, I want to urge every loyal Osteopath to send his contribution to the treasurer of the A. O. A., if he is not able to do it through his state organization.

This is not the last fight we will have to make. Will we be prepared to meet others in a businesss-like way when they come? "The gods help those that help themselves."

Fraternally, E. R. BOOTH, D. O.

Cincinnati.

Personal.

Dr. Harry Still called upon "THE O. P." last month, returning home from the east.

Dr. H. E. Leonard, of Philadelphia, sends us a very servicable osteopathic chart of the vas-culor system, which must be useful alike to the practitioner and student. Osteopaths are showing good energy in improving prevailing methods of study in anatomy and physiology, and it is a cause for mutual satisfaction to all in the profession.

W. A. Crawford, D. O., who for a number of years has been at the head of the Buffalo Institute of Osteopathy, has taken into partnership A. B. Clark, D. O., and they will together continue the practice in Buffalo at the present offices, suites 748-752 Ellicott Square. Dr. Crawford, by his business energy and Osteopathic skill, has built up a splendid practice in Buffalo during the last four years with a good record in this and other states, and Dr. Clark in nearly two years has successfully established himself in Buffalo, with offices at Niagara Falls and North Tonawanda. They retain the services of North Tonawanda. They retain the services of Dr. A. P. Kidwell, a graduate of the S. S. Still College of Osteopathy, one of Dr. Crawford's former associates in practice, and he, with Dr. Clark, will divide time between Buffalo, Niagara Falls and North Tonawanda. This partnership combines business ability, high professional skill and energy, and is destined to increase the practice and usefulness of the respective members.

CRAIG'S TREATMENT CARD SYSTEM

A Complete Scientific System of Book-keeping and Case Records.

Highest Endorsements.

SPINOGRAPHIC OUTFIT

Keeps Tab on Those Spines.

Postal card brings illustrated circular of both.

A. STILL CRAIG, D. O., IOWA CITY, IA.

Still College

Osteopathy

DES MOINES, IOWA.

MEMBER OF ASSOCIATED COLLEGES OF OSTEOPATHY

Faculty of seventeen professors, all having degrees covering their specialties. Of these ten are graduate osteopaths.

February class as usual this vear (1903).

Has furnished every student full two quarters dissection free.

Every graduate given degree of Doctor of Osteopathy.

Owns its own building in its own name. Building as neat as

Professors good moral Christian men and women.

None of its graduates have found it necessary to go to any other osteopathic college or school for further study.

Its business methods challenge the admiration of the osteopathic profession.

Specially fits students and graduates for State Board examinations.

> DR. S. S. STILL, President.

DR. GEO. E. MOORE, Vice-President.

DR. ELLA D. STILL, Supt. Women's Dept.

A. B. SHAW,

ROSTER OF CALIFORNIA ORGAN-TZATION.

[Continued from Page Six.] and J. Strothard White, 340 E. Colorado St., Pasadena. Yours respectfully, AGNES G. MADDEN, D. O., Secretary.

Vermont State Meeting.

At the state meeting of Vermont Osteopaths October 21, these officers were elected:

October 21, these officers were elected:
President, Guy E. Loudon, D. O., Burlington; Vice President, Samuel M. Knauss, D. O.,
Montpelier; Secretary and Treasurer, Lewis D.
Martin, D. O., Barre; Executive Committee,
Charles G. Wheeler, D. O., Brattleboro; H. H.
McIntyre, D. O., Randolph; and Rose Cota, D.
O., Burlington. Drs. Guy E. Loudon and L.
D. Martin are ex-officio members.

LEWIS D. MARTIN Secretary

LEWIS D. MARTIN, Secretary. Barre, Vt.

Rights to Practice in Iowa.

Dr. J. R. Bullard, of Marshalltown, Iowa., calls our attention to the mistake of supposing calls our attention to the mistake of supposing from newspaper reports that correspondence school and other short-term "graduates" are able to practice Osteopathy in Iowa if they were already in the field when the recent decision was rendered. This is not the case. "No person can practice in Iowa," writes Dr. Bullard, "unless he is approved by the Iowa Osteopathic Association as well as by the State opathic Association as well as by the State Board of Health, and this provision applies to those in practice, as well as future applicants. No correspondence school graduates were given licenses."

The newspapers at the time of the last decision were in error in saying that all Osteopaths in Iowa of whatever credentials at the time of the late decision were eligible to be licensed without examination. We are glad, indeed, to be able to make this correction.

West Virginians Are Expectant,

The West Virginia Osteopaths who formed a State Association and incorporated June 14, elected these as the first officers of the Associa-

elected these as the first officers of the Association;
Dr. W. E. Ely, Parkersburg, President; Dr. F. V. Seaman, Huntington, vice president; Dr. W. A. Fletcher, Clarksburg, secretary; Trustees, Dr. A. I. Doneghy, Wheeling; Dr. W. J. Seaman, Huntington; Dr. Lee LeMasters, Fairmont; Dr. W. E. Ely and Dr. Anna Ely, Parkersburg. The officers write their letters on Association stationery and all are movers.

We do not know yet just what our fight in

We do not know yet just what our fight in the West Virginia Legislature will be. At the meeting of the State Medical Society the M. D.'s passed a resolution to the effect that they would ask the next legislature to define the practice of medicine, which means that they will try to incorporate Manual Therapeutics as a part of medicine. Two years ago our Dr. Ely, of Parkersburg, was indicted for practicing medicine without a license and after a three-day trial was acquitted. Since that time the M. D.'s have been very "sore" over it. Hence the resolution of their State Society.

We will keep you informed on any points we ay hear of. We appreciate your willingness may hear of. may hear of. We appreciate your willingness to help us in this matter and we expect to use "O. H." to help us in this work by sending it to each Representative and Senator in the state until the Legislature meets. Fraternally,

W. A. FLETCHER, D. O., Secretary.

New Jersey Elects Officers.

A meeting of the New Jersey Osteopathic Society was held in Asbury Park, N. J., on Saturday, September 20. There was a large attendance and much business of importance was disposed of. The following were elected to membership:

posed of. The following were elected to mon-bership:
Dr. Nettie J. Whitsell, Elizabeth; Dr. Ella F. Starr, Passaic; Dr. J. F. Starr, Passaic; Dr. Ed. W. Tate, East Orange. It was decided to adopt a code of ethics to regulate the practice in New Jersey. Incorporation of the society was dis-cussed. Drs. Granberry and Novinger gave an interesting report of convention at Milwaukee.

Next regular meeting will be held in Trenton, October 25, 1902. An interesting programme has been arranged.

The society is strong and getting stronger, and has much important work cut out for the future.

The officers are: President, Dr. W. J. Novinger, of Trenton, N. J.; Vice President, S. N. McElhaney, Newark, N. J.; Secretary-Treasurer, G. D. Herring, Plainfield, N. J. Fraternally, GEO. D. HERRING, D. O., Secretary. Plainfield, N. J.

Rhode Island Organized.

The Rhode Island Organized.

The Rhode Island State Osteopathic Association has been organized at Providence. All the practitioners in the state in good standing are members. We are banded for work, and hope to make our influence felt for good in the profession. Officers were elected as follows: Dr. A. W. Rhodes, of the Rhode Island College of Osteopathy, president; Dr. J. Edward Strater, Providence, Vice President, and Dr. Clarence H. Wall, Providence, Secretary and Treasurer. Fraternally,

Providence. CLARENCE H. WALL, D. O.

Alabama's Roll Call, "Four."

Alabama's Roll Call, "Four."

Alabama's Osteopathic Association is not dead, but liveth, and four practitioners still answer to roll-call. We are in dire straits, but we will not desert Osteopathy to the enemies in this field until Osteopaths as a profession desert us. We mean to stay and fight for a just law. Will the American Osteopathic Association and the whole profession back up our position? Our recognized association has this personnel: Greenwood Ligon, D. O., Mobile, President; T. C. Morris, D. O., Birmingham, Treasurer, and P. K. Norman, D. O., Birmingham, Secretary. Mrs. Ellen B. Ligon is fourth on the roll and is our only "high private." We hope the call of "The O. P." to arms will be heeded, and that the plan we propose will be followed—or a better campaign instituted through the intervention of the A. O. A. Fraternally.

P. K. NORMAN, Secretary.

Birmingham.

Birmingham.

[Continued on Page Ten.]

Barber's Complete Osteopathy

EXPRESS CHARGES PREPAID

By special arrangement with the publishers we are in a position to offer BARBER'S OSTEOPATHY COMPLETE at \$2.50 per copy (half price).

THIS SPECIAL OFFER FOR 30 DAYS ONLY

Send orders and remittances to

Chicago Medical Book Co.

Honore and Congress Streets CHICACO

WANT ADS.

A SPLENDID CHANCE IN GEORGIA.

For Sale.—Osteopathic practice and office furniture in best town of its size in Georgia. Pop niture in best town of its size in Georgia. Following in the control of the contr teopathic Physician," 343 Marquette Bldg., Chicago, Ill.

MAN PARTNER WANTED TO OPEN OFFICE IN EASTERN CITY.

A lady with highest personal and school recommendations, graduate of S. S. Still College, wants to form a partnership with a gentleman, whose personality is unobjectionable and who is a graduate of one of the recognized colleges, for practice in New York or some good eastern city. References exchanged. Each partner to have \$500 to \$1,000 to start off practice. Address "Easterner," care "The O. P."

TYPEWRITER AT BARGAIN:

A Chicago typewriter, new (used less than one month) and in perfect condition, for sale. \$25 cash will take it. Price is \$35. Reason for selling: Office it fitted out with in mitching and our stenographers find trouble in switching between machines of different mechanism. Ad-dress The Osteopathic Pub. Co., 343 Marquette Bldg, Chicago.

PARTNER WANTED.

In splendid Chicago practice. Party too busy with personal business to devote whole time to profession. Will pay well from start and keep partner busy. First class Osteopathic practitioner wanted, having good references, standing and experience. Address "783," care The Osteopathic Physician, 343 Marquette Bldg.,

OFFICE ACCOMMODATIONS IN CHI-CAGO.

An opportunity to share elegant Osteopathic offices in down-town desirable modern office building, Chicago. Lady Osteopath preferred. Must have good references and personality. Half-day arrangement preferred. Telephone. Address inquiries to "Lesion Osteopath," care "THE O. P."

ATTENTION:

\$500.00 will buy a fine, steadily increasing practice in prosperous western town. Only Osteopath in the field. Address "Practice," care The Osteopathic Physician, 343 Marquette Building, Chicago.

WANTED.

To turn our practice over to a competent Osteopath. No other Osteopath is located in the county. Population of town 3,500. Good location and practice. Address G. E. Beere, D. O., Blue Earth, Minn.

FRIENDS OF "THE O. P!"

Send in your 50-cent subscriptions. We need the money. If you need the paper subscribe to it before you forget it. If you have not the money, send in the subscription blank filled out.

WANTED-POSITION AS ASSISTANT.

Lady Osteopath, with two years' practical experience, wants a position as assistant. Refrences exchanged. Address "H. M. R.," care The Osteopathic Physician.

TELL YOUR WANTS

To the profession in a "Want Ad." in "The O. P." Nearly everybody reads it.

Personal.

Dr. Herbert Edmund Peckham, A. S. O., 1902, married on Oct. 14th Miss Eleanor Gertrude Stephens, at Colorado Springs, Col., at the First Presbyterian church. At home, 222 East Dale St. Doctor Peckham is one of the clear thinkers and brilliant writers of the profession, from whom we may expect much in the future.

Join the American Osteopathic Association.

A few Things Worth Remembering.

Remember, that on and after the first of each month, we shall accept no orders for that month's edition of Osteopathic Health to be printed with card. We can supply blank copies only after that date as the edition will be off the press and bound. We shall either carry over the order to the next month or fill the order with blank copies.

Remember, that we go to press on the 20th preceding the month of issue and no changes in orders or copy for cards will be accepted after that time.

Remember, that for the purpose of getting magazines out to you before the first of the month we must have all directions before that date. Orders accepted after that date will follow as soon as possible, taking precedence in the order of their filing.

Remember, in sending in orders with money, be sure also to send "copy" for your card, with any instructions that may be necessary about the style which you wish followed; and add \$1.00 to cover the cost of composition and electrotyping your professional card. If you wish instead of a card—which, we think, is the correct and ethical thing, by the way-to use this inside front page for a full page advertisement, the printer's charge for composition and electrotyping is \$2.00. State if you want express charges prepaid, or if to be sent collect.

Remember, we send no goods C. O. D. We cannot bother with the detail and take the risk of having the shipment refused by the consignee—an emergency that has not been unknown to us in past dealings with those who order occasionally. We prefer regular accounts. Single orders must be accompanied with the money.

Remember, we will not be responsible for any errors made by you, the result of neglecting these plain instructions.

VERY IMPORTANT.

Hereafter we will charge 25c for imprinting your card per month, instead of 15c as heretofore. The printer has raised the price, but still it is cheap. Who would print 100 copies of anything for you for 25c?

A slight change in the plan of charges is made herewith in order to eliminate unnecessary and bothersome details which give rise to voluminous correspondence. The charge to you of \$1.00 as a flat rate for composition and electrotyping for a professional card is actually just what it cost, on the average, on our former scale after all details were included and extras were added. A flat rate is simpler, easier and more satisfactory to us both.

Here is the the total cost to you of 100 copies on the different contracts:

YEARLY CONTRACT:

FIRST MONTH: 100 copies magazine, blank \$3.25 Printing card .25

Fixed Monthly Composition 6-line card) Extra Charge, first month only. 1.00 Electrotyping " \$4.50

Subsequent months @ \$3.50, including card, on yearly contracts only.

SIX MONTHS' CONTRACT:

FIRST MONTH:

100 copies magazine, blank \$3.50 Fixed Monthly Cost. Printing card .25 Composition 6-line card) Extra Charge, first month only . I.00 Electrotyping " \$4.75

Subsequent months @ \$3.75, including card. This on six month contracts only.

Single Orders.

A single order for one month costs \$4.00 for 100 copies without card. Cards are added to single orders at the cost of \$1.25 which includes composition, electrotyping and imprinting inside cover. Time contracts made thereafter escape this \$1.00 charge of the printer for composition and electrotyping card.

Changes in Professional Cards.

Every change of the matter or arrangement of your professional card, however trivial, necessitates new composition and a new electrotype, which cost, you, of course, must pay Therefore, write your cards carefully, avoiding errors, "O. K." the proof and return to us promptly.

These rules are made necessary for the protection of our regular patrons and to enable us to get Therefore, write your

the magazine out before the first of the month.

To accomplish this requires the rigid adherence on our part to these rules. You will understand this when you comprehend that each order for 100 copies requires a special order to the printer, a separate count, separate binding and a change in the make-up of the form, which has to be taken off the press each time and printed separately. In brief, each order is printed as a SPECIAL EDITION for you.

THE OSTEOPATHIC PUBLISHING CO. 343 Marquette Building, CHICAGO.

Hay Fever Discussed by the Coloradians.

At the regular monthly meeting of the Colorado Osteopathic Association, October 4., at 1157 Broadway, Denver, Dr. J. R. Cunningham read a paper on "Hay Fever." The discussion following was led by Dr. Earl Jones and Dr. H. A. Burton. It was a rousing good meeting.

Osteopaths should hold similar ones monthly in every city on the continent where two or three can gather together. Fraternally, IDA M. ANDREW, D. O., Secretary.

Wyoming Now Open To Osteopaths. "Wyoming is now an Osteopathic State,"

writes Dr. N. A. Bolles, from Denver. "It has been decided by the County Attorney of Laramie county that ne cannot prosecute Osteopaths in view of court decisions in other states, so no statute is needed to entitle the Osteopaths to practice in Wyoming. There is no disposition to molest us in any quarter. This is good virgin territory for our profession, and those with the pioneer spirit will find a good welcome there."