FOUNDER’S DAY CME PROGRAM

An Osteopathic Approach to Chronic Pain

October 15-17, 2009
ATSU-KCOM
Missouri Campus

A.T. Still University
Kirkville College of Osteopathic Medicine

photos provided by Still Osteopathic National Museum
About the Program

ATSU-KCOM’s annual Founder’s Day continuing medical education program will provide an osteopathic manipulative treatment update for primary care physicians wishing to integrate osteopathic techniques into their patient care. The program will be focused on an osteopathic approach to chronic pain.

At the conclusion of this conference, participants should be able to:
• competently discuss the latest issues facing osteopathic care providers
• apply osteopathic practices and methods in patient diagnosis, treatment and management
• employ valid assessment tools and screening tests to evaluate common clinical problems

The always popular “Evening with the Stars” will be held Thursday, October 15, 2009, from 4:30-6:30 p.m. This event provides ATSU-KCOM medical students with an opportunity to interact with physicians attending the course as the program attendees are the “stars.”

All sessions will be held in the Blumenthal Osteopathic Skills Lab in the Connell Center unless otherwise noted.

Guest Faculty
Chris Caldwell, D.O., C-NMM/OMM
David Korr
Jamie Archer, D.O. (Europe)
Edward Stiles, D.O., FAAO

ATSU-KCOM Faculty
Stephen Bergman, D.O.
Assistant Professor
Osteopathic Manipulative Medicine

John Collins, D.O.
Assistant Professor
Osteopathic Manipulative Medicine
Director, Kirksville Family Medicine

Brian Degenhardt, D.O., C-SPONM, C-OFP
Director, A.T. Still Research Institute
Vice President for Osteopathic Research

Kelly Halma, D.O.
Assistant Professor
Osteopathic Manipulative Medicine

Eric Snider, D.O., C-NMM/OMM
Associate Professor
Osteopathic Manipulative Medicine
*Program Chair

Karen Snider, D.O., C-NMM/OMM
Professor and Acting Department Chair
Osteopathic Manipulative Medicine
*Program Co-Chair

Conference Information
A complete program CD will be provided to attendees upon arrival at the conference. Tuition, which includes CD copy of program materials and food functions, is $425 for 25 hours of category 1-A credit or $300 for semi retired/retired physicians. For a printed copy of program materials, there will be an additional $10 charge. Tuition will be refunded upon notice of cancellation prior to the start of the program (less $50 administrative fee).

Accreditation Statement
ATSU-KCOM is accredited by the American Osteopathic Association (AOA) to provide continuing medical education for physicians. This program anticipates being approved for 25 hours of AOA category 1-A credit pending approval by the AOA CCME. Each physician should claim only the hours of credit he/she actually spent in the educational activity.
Thursday, October 15

7:30 a.m. Breakfast and book signing
Outline of Osteopathic Manipulative Procedures:
The Kimberly Manual, Memorial Addition
Editor, Jerry Dickey, D.O.
Assistant Editor, Kelly Halma, D.O.

8 a.m. Overview of Program
Eric Snider, D.O., C-NMM/OMM

8:15 a.m. Keynote Address: Interdisciplinary Evaluation of the Chronic Pain Patient
Chris Caldwell, D.O., C-NMM/OMM

9:15 a.m. Coffee and discussion

9:30 a.m. Evaluation of Muscular Imbalance in the Chronic Pain Patient (Upper and Lower Cross Syndromes)
Chris Caldwell, D.O., C-NMM/OMM

noon A Tribute to Irvin Kim Korr, Ph.D.
Brian Degenhardt, D.O., C-SPONM, C-OFP
Personal Reflections of Dr. Korr presented by David Korr
Lunch provided

1 p.m. Pelvis/Sacral Counterstrain for Lower Cross Syndrome
Karen Snider, D.O., C-NMM/OMM

3 p.m. “Tinning Founder’s Day Osteopathy Lecture”
Edward Stiles, D.O., FAAO

3:45 p.m. Coffee and discussion

4 p.m. A.T. Still Grave Side Ceremony
Facilitator — Ron Gaber, Ed.S.
Honored Presenter — Jack Magruder, ATSU President

4:30 p.m. Evening with the Stars
Includes all program attendees (the “Stars”)

6:30 p.m. Session Adjourns

Friday, October 16

7:30 a.m. Breakfast and book signing
Outline of Osteopathic Manipulative Procedures:
The Kimberly Manual, Memorial Addition;
Editor: Jerry Dickey, D.O.
Assistant Editor: Kelly Halma, D.O.

8 a.m. Pain Management: An Osteopathic Perspective
Edward Stiles, D.O., FAAO

9 a.m. Pain Agreements
John Collins, D.O.

10 a.m. All Campus Meeting, McCreight Classroom, TEC
Welcome
Jack Magruder, ATSU President;
Peter Dettweiler, ATSU Board Chair
Gold Medallion and Alumni Recognition
Lori Haxton, M.A.
Kirkville College of Osteopathic Medicine Address
Philip Slocum, D.O., FCCP, FACOI, FCCM, FACP, KCOM Dean
School of Health Management Address
Kimberly O’Reilly, DHEd., SHM Interim Dean

11:30 a.m. Centennial Park Rededication

11:45 a.m. Lunch provided

1 p.m. Osteopathic Problem Solving
Edward Stiles, D.O., FAAO

2 p.m. Osteopathic Considerations of the Headache Patient
Michael Lockwood, D.O., FCA, C-SPOMM, C-FP

4 p.m. Session Adjourns


4 p.m. Still-a-Bration Activities. Please join the ATSU-KCOM family for an afternoon and evening of 50’s fun, food, and festivities! Bring the family and join in the fun! The barbeque will begin at 5:30 p.m. at the Thompson Campus Center and will be followed by ATSU’s Rock Around the Clock dance.

Saturday, October 17

Please note Alternative Tract option below.

7:30 a.m. Breakfast

8 a.m. History and Technique of the Osteopathic Chair (Lecture & Lab)
Jamie Archer, DO (Europe)

10 a.m. Physical Examination for Disability Evaluation (Lecture & Lab)
Kelly Halma, D.O.

noon A.T. Still Research Institute Update
Brian Degenhardt, D.O., C-SPONM, C-OFP
Lunch provided

1 p.m. De-facilitating the Autonomic Nervous System:
A Biodynamic Approach
Stephen Bergman, D.O.

4 p.m. Program Adjourns

Alternative Tract
8 a.m.-4 p.m. Advancing Palpatory Skills with Objective Feedback Systems (Limited to eight participants first-come, first-serve basis.)
Location: A.T. Still Research Institute
State-of-the-art simulated anatomical models, as well as position recognition, motion capturing and pressure monitoring systems, will be used to give participants both individualized and group objective feedback on various parameters commonly used in diagnostic palpation. Participants are expected to complete this program with a greater awareness of their palpatory skills and the opportunities and challenges of transitioning palpation from an art to a science-based process.

Pre-registration is required. Please call the CME office at 660.626.2232 to register as space is limited.

CME schedule subject to change.
CME Registration Form

Founder's Day • October 15-17, 2009

Name _________________________________________________
Address ________________________________________________
City ________________________________________________________
State/ZIP _______________________________________________
Phone number ___________________________________________
Fax number ____________________________________________
Email _________________________________________________
College attended __________________________________________
Graduation year __________________________________________
AOA number ____________________________________________

Tuition

☐ $425 (for 25 hours of category 1-A credit, AOA)
☐ $300 (for Semi-retired/Retired Physicians)

Materials

☐ CD copy of program materials (free with tuition)
☐ Printed copy of program materials (additional $10)

Pro-rated tuition (per day of attending) or individual program packages are available.

Contact the CME office at 660.626.2232 for more information.

Please submit your registration form and payment by one of the following methods.

Select one  ☐ Personal Check — Make checks payable to ATSU.
☐ MasterCard ☐ Visa ☐ Discover

I authorize the use of my credit card to pay for the above tuition fee.

Account number ________________________________
Expiration date ____________________ Security code ___________
Card billing address ___________________________
Name as appears on card ___________________________
Authorized signature ___________________________

Mail to
Kimberly Blackman, Director
Continuing Medical Education 866.626.2878, ext. 2232
ATSU-KCOM 660.626.2232
800 W. Jefferson St. 660.626.2931 (fax)
Kirksville, MO 63501-1497 cme@atsu.edu

On-line registration
www.atsu.edu/kcom/cme/upcoming_programs

Activities Bringing Alumni Together
Reunions will be held for the classes of 1959 and 1984 and members of the President’s Gold Medallion Club (those who graduated more than 50 years ago) October 15-17. Make plans now to be in Kirksville for the 2009 “Still—the Best” Weekend. Take advantage of this opportunity to visit the University and rekindle old friendships with classmates and faculty, and make new acquaintances. For additional information on the class reunion activities, please call Alumni Services at 866.626.2878, ext. 2307.

Thursday, October 15
3 p.m. — Tinning Founder’s Day Osteopathy Lecture
"Still’s Vision: In Light of 21st Century Biomechanics"

Friday, October 16
Still-A-Bration — Join the ATSU family for an afternoon and evening of fun, food, and festivities with a 1950’s theme! Children’s games and socializing start at 4 p.m. Then, join us for a 5:30 p.m. barbeque, bonfire, and 50s themed dance. Bring the family and join in the fun!

Saturday, October 17
10 a.m. — Founder’s Day 5k run and 1 mile walk
Thompson Campus Center (TCC)
For information, call 660.626.2213
or email dmartin@atsu.edu

Conference Site Information
For hotel/motel accommodations, contact any of the following and indicate you will be attending the ATSU CME program:

Budget Host Village Inn . . . . . . . . . . . . . . . . . . . . . . . . . . . 660.665.3722
Comfort Inn . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 660.665.2205
Days Inn . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 660.665.8244
Depot Inn & Suites . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 660.332.4669
www.depotinnandsuites.com
Holiday Inn Express . . . . . . . . . . . . . . . . . . . . . . . . . . . . 660.627.1100
Knights Inn . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 660.665.8352
Super 8 Motel . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 660.665.8826
Thousand Hills Cabins . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 660.665.7119
Brashear House Bed and Breakfast . . . . . . . . . . . . . . . . . . . . 660.627.0378
Cottage Grove Bed and Breakfast . . . . . . . . . . . . . . . . . . . . . . 660.627.4444

Disclosure Statement — It is the policy of the ATSU-KCOM Continuing Medical Education program to ensure balance, independence, objectivity and scientific rigor in all its educational programs. Faculty disclosures will be made in the course syllabus and/or during faculty introductions. The audience is advised one or more presentations in this continuing medical education activity may contain references of unlabeled or unapproved uses of drugs or devices.