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October 25 - 27, 2012
ATSU-KCOM, Kirksville Campus
Kirksville, Missouri

Founder's Day CME Program
Osteopathic Treatment: Huntin' for the Trophy Technique

photos provided by Still Osteopathic National Museum
About the Program

ATSU-KCOM’s annual Founder’s Day continuing medical education program will provide an osteopathic manipulative treatment update for primary care physicians wishing to integrate osteopathic techniques into their patient care. The program will be focused on finding the best osteopathic technique to treat common problem areas.

At the conclusion of this conference, participants should be able to:

- Competently discuss the latest issues facing osteopathic care providers
- Apply osteopathic practices and methods in patient diagnosis, treatment and management
- Employ valid assessment tools and screening tests to evaluate common clinical problems

The always popular “Evening with the Stars” will be held Thursday, October 25, 2012 from 4:30 to 6:30 p.m. This event provides ATSU-KCOM medical students with an opportunity to interact with you as physicians attending the course as the program attendees are the “stars.”

Honored Guest Faculty
Lisa DeStefano, D.O.
Chairperson
Department of Osteopathic Manipulative Medicine
Michigan State University – College of Osteopathic Medicine

ATSU-KCOM Faculty
Billy Strait, D.O., C-NMM/OMM
Associate Professor
Osteopathic Manipulative Medicine
Co-Program Chair

Stephen Bergman, D.O.
Assistant Professor
Osteopathic Manipulative Medicine
Co-Program Chair

Brian Degenhardt, D.O., C-NMM/OMM, C-OFP
Director, A.T. Still Research Institute
Vice President for Osteopathic Research

Kelly Halma, D.O., C-NMM/OMM
Associate Professor
Osteopathic Manipulative Medicine

Conference Information
A complete program CD will be provided to attendees upon arrival at the conference. Tuition is $450 (early rate) for 25 hours of category 1-A credit. Tuition for semi-retired/retired physicians is $300. Tuition includes CD copy of program materials and food functions. For a printed copy of program materials, there will be an additional $10 charge. Tuition will be refunded upon notice of cancellation prior to the start of the program (less $50 administrative fee).

Accreditation Statement
The ATSU-Kirkville College of Osteopathic Medicine is accredited by the American Osteopathic Association (AOA) to provide continuing medical education for physicians. This program anticipates being approved for 25 AOA category 1-A credits pending approval by the AOA CCME. Each physician should claim only the hours of credit that he/she actually spent in the educational activity.
**Thursday, October 25, 2012**

7:30 a.m. Breakfast  
8:00 a.m. Welcome  
**Billy Strait, D.O., C-NMM/OMM**  
8:05 a.m. Overview of Program  
**Billy Strait, D.O., C-NMM/OMM**  
8:15 a.m. Anatomy of Muscle, Fascia and Joint – Ultrasound Demo  
**Peter Kondrashov, Ph.D., and Tatyana Kondrashova, M.D., Ph.D.**  
9:15 a.m. Direct and Indirect Methods of Treatment and Soft Tissue Technique Demo  
**Eric Snider, D.O. and Charles Lehnardt, D.O.**  
10:00 a.m. Coffee and Discussion  
10:15 a.m. Muscle Energy – How it Works and Trophy Techniques  
**Lisa DeStefano, D.O.**  
11:45 a.m. The Discovery of Osteopathy and the Ensuing Research (Lunch provided)  
**Jason Haxton, MA**  
12:30 p.m. Dedication of the William Johnston Research Gallery  
1:15 p.m. High Velocity Low Amplitude- How it Works and Trophy Techniques  
**Billy Strait, D.O., C-NMM/OMM**  
2:45 p.m. Coffee and Discussion  
3:00 p.m. Tinning Founder’s Day Osteopathy Lecture  
**Lisa DeStefano, D.O.**  
4:00 p.m. A.T. Still Grave Side Ceremony  
**Facilitator: Jason Haxton, MA, Director, Museum of Osteopathic Medicine**  
**Honored Presenter: Craig Phelps, D.O., ATSU President**  
4:30 p.m. Evening with the Stars  
Includes all program attendees (the “Stars”)  
6:30 p.m. Session Adjourns  
6:30 p.m. Reunion Activities Begin at Thousand Hills Dining Lodge  

**Friday, October 26, 2012**

7:30 a.m. Breakfast  
8:00 a.m. Functional Technique and Myofascial Release- How it Works and Trophy Technique  
**Stephen Bergman, D.O.**  
10:00 a.m. All-Campus Meeting  
11:45 a.m. Grand Opening – Northeast Missouri Health Council Dental Clinic  
Lunch provided (with Reunion Attendees and ATSU Board of Trustees in Commons)  
1:00 p.m. Balanced Ligamentous Tension- How it Works and Trophy Techniques  
**Kelly Halma, D.O., C-NMM/OMM**  
2:15 p.m. Coffee and Discussion  
2:30 p.m. Counterstrain – How it Works and Trophy Techniques  
**Karen Snider, D.O., C-NMM/OMM**  
4:00 p.m. Session Adjourns  
5:00 p.m. Still-a-Bration Activities. Please join the ATSU/KCOM family for an afternoon and evening of fun, food, & festivities! Bring the family and join in the fun! Barbeque will begin at 5:00 PM at TCC and will be followed by Music and Activities.  

**Saturday, October 27, 2012**

7:30 a.m. Breakfast  
8:00 a.m. Percussion Hammer  
**Eric Snider, D.O., C-NMM/OMM**  
9:45 a.m. Coffee and Discussion  
10:00 a.m. Still Technique – How it Works and the Trophy Techniques  
**David Todd, D.O.**  
11:45 a.m. Lunch provided  
Research Institute Update  
**Brian Degenhardt, D.O., C-NMM/OMM, C-OFP**  
Lunch provided  
1:00 p.m. Cranial Osteopathy- How It Works and Trophy Techniques  
**Michael Lockwood, D.O., FCA, C-SPOMM, C-FP**  
Lunch provided  
2:15 p.m. Coffee and Discussion  
2:30 p.m. Billing, Coding and EHR- How to Get Paid for Your Trophy Techniques  
**Karen Snider, D.O., C-NMM/OMM**  
3:30 p.m. Program Summary  
**Billy Strait, D.O., C-NMM/OMM**  
4:00 p.m. Program Adjourns  

**CME Schedule subject to change.**

All sessions will be held in the Blumenthal Osteopathic Skills Lab in the Connell Center unless otherwise noted.

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**Upcoming CME Programs**

**Primary Care Update**  
November 29-December 1, 2012  
Big Cedar Lodge  
Ridgedale (Branson), Missouri  
18 hours category 1-A credit, AOA

**Primary Care Update**  
February 17-24, 2013  
Royal Caribbean Allure of the Seas  
16 hours category 1-A credit, AOA

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Activities Bringing Alumni Together
Reunions will be held for the classes of 1962 and 1987 and members of the President’s Gold Medallion Club (those who graduated more than 50 years ago) October 25 –October 27. Make plans now to be in Kirksville for the 2012 “Still—the Best” Weekend. Take advantage of this opportunity to visit the University and rekindle old friendships with classmates and faculty, and make new acquaintances. For additional information on the class reunion activities, please call Alumni Services at 1.866.626.2878, ext. 2307.

THURSDAY, OCTOBER 25
Tinning Founder’s Day Osteopathy Lecture
As part of the Founder’s Day activities, the Tinning Osteopathy Lecture will be held on Thursday, October 25 at 3 p.m. Lisa DeStefano, D.O., OMM Department Chairperson, Michigan State University – College of Osteopathic Medicine, will be this year’s honored presenter.

FRIDAY, OCTOBER 26
Still-A-Bration: Join the ATSU family for an afternoon and evening of fun, food, and festivities! Socializing starts at 5:00 p.m., followed by a barbeque, bonfire and a dance. Bring the family and join in the fun!

SATURDAY, OCTOBER 27
Founder’s Day 5k run and 1 mile walk begins at the Thompson Campus Center (TCC) at 10:00 a.m. For information, call 660-626-2213; email: lcrossgrove@atsu.edu

Conference Site Information
For hotel/motel accommodations, contact any of the following and indicate you will be attending the ATSU CME program:

- Budget Host Village Inn 660.665.3722
- Comfort Inn 660.665.2205
- Days Inn 660.665.8244
- Depot Inn & Suites 660.332.4669
  www.depotinnandsuites.com
- Holiday Inn Express 660.627.1100
- Knights Inn 660.665.8352
- Super 8 Motel 660.665.8826
- Thousand Hills Cabins 660.665.7119
- Cottage Grove Bed and Breakfast 660.627.4444

Please make your hotel reservations as soon as possible!

Disclosure Statement — It is the policy of the ATSU-Kirksville College of Osteopathic Medicine Continuing Medical Education program to ensure balance, independence, objectivity and scientific rigor in all its educational programs. Faculty disclosures will be made in the course syllabus and/or during faculty introductions. The audience is advised that one or more presentations in this continuing medical education activity may contain references of unlabeled or unapproved uses of drugs or devices.

CME Registration Form
Founder’s Day • October 25 - 27, 2012

Name ____________________________________________
Address ____________________________________________
City ________________________________________________
State/ZIP ____________________________________________
Phone number ________________________________________
Fax number __________________________________________
Email __________________________________________________
College attended _______________________________________
Graduation year _______________________________________
AOA number _________________________________________

Tuition

- $450 (for 25 hours of category 1-A credit, AOA) (early bird rate, $500 after 10/11/12)
- $300 (for Semi-retired/Retired Physicians)

Program Materials

- CD copy of program materials (free with tuition)
- Printed copy of program materials (additional $10)

Pro-rated tuition (per day of attending) or individual program packages are available.

Contact the CME office at 660.626.2232 for more information.

Please submit your registration form and payment by one of the following methods.

I authorize the use of my credit card to pay for the above tuition fee.

Select one:  □ MasterCard □ Visa □ Discover

Account number ________________________________
Card billing address ______________________________
Expiration date ______________ Security code ___________

Authorized signature ______________________________________

Checks should be made payable to ATSU

Mail to:
Continuing Education
Kimberly Blackman, Director  866.626.2878, ext. 2232
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