Governor’s Conference on Aging

THE Arizona Campus Geriatric Committee sponsored the Falls Prevention track at the Governor’s Conference on Aging held May 14-16 at the Mesa Convention Center and Marriott Mesa Hotel. Held every other year, the conference was hosted by the Governor’s Advisory Council on Aging and the DES Division of Aging & Adult Services. Assistant professor Jeff Alexander, Ph.D., presented on exercise and fall prevention, and D.O. and PT students provided health screenings for attendees.

Women’s Wellness Luncheon

MORE than 40 Valley women community leaders joined ATSU health and wellness experts at the second Women’s Wellness Luncheon held May 21 at the JW Marriott Camelback Inn Resort & Spa in Scottsdale. Following lunch, ATSU faculty gave presentations on healthy aging, sunscreen basics, and creating personal balance. The program answered questions that arose after Dr. Andrew Weil’s presentation and discussion at the first Women’s Wellness Luncheon in February.

Cynthia Standley, Ph.D., and Noel Carrasco, M.D., both SOMA professors, and Laura Bank, Ph.D., PA-C, academic coordinator for the Physician Assistant program at ASHS, each gave presentations and then joined one another on stage for a question and answer session.

“This luncheon was meant to be a preview of what’s to come,” said ATSU Associate Vice President for Institutional Advancement Gretchen Buhlig. According to Buhlig, Women’s Wellness, a University-wide initiative, will launch nationally in the fall.