

**CURRICULUM VITAE**  
**Helen Ewing DHSc, MN, RN**  
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**PROFESSIONAL HIGHLIGHTS AND ATTRIBUTES**

- Registered Nurse and administrator with expert knowledge and experience in healthcare management working in fast-paced, demanding environments. Have a talent for building teams, managing people and projects, being fiscally responsible, and encouraging creativity and innovation
  - Leadership roles: Program Director, Executive Director, Academic Coordinator, Clinical Research Coordinator, Quality Improvement Coordinator, Assistant Nursing Unit Manager
- Experienced educator of university students at Doctoral, Master and Undergraduate levels in on-line, residential, and clinical environments. Knowledgeable and experienced in academic curriculum development; and course planning, development, and delivery
  - Teaching experience: Bachelor of Nursing, Master of Health Studies, Master of Nursing, and Doctor of Health Sciences
- Experience working in resource-poor countries in international healthcare leadership and academic roles (Cambodia, Kenya, Bangladesh, India)
- Competent manager of budgets of millions of dollars, promoting and implementing cost containment measures; analyzing resource use and requirements; and demonstrating financial accountability
- Knowledgeable in research methodology and practices, proposal development, Institutional Review Board (IRB) submissions, and project management
  - Exceptional time management, organizational, and prioritizing skills
  - Self-directed, flexible, well-organized and able to work independently
  - Able to adapt to new and challenging opportunities
  - Outcomes oriented with a reputation of getting the job done
  - Outstanding communication skills
  - Strong work ethic, high performer, compassionate, and respected by peers
  - Critical thinker, utilizes sound judgement in accordance with guidelines and protocols, demonstrating effective decision-making and problem-solving abilities

## PROFESSIONAL EDUCATION

Degree Earned	Institution	Completion
Clinical Simulation Certificate Program	University of Southern Indiana Evansville, Indiana	Oct, 2013
Doctorate of Health Science	Nova Southeastern University Fort Lauderdale, Florida <i>Focus: International Healthcare</i>	Sept, 2004
Master of Nursing	University of Calgary Calgary, Alberta <i>Focus: Administration and CQI</i>	June, 1995
Bachelor of Nursing	University of Calgary Calgary, Alberta <i>Focus: Leadership</i>	June, 1990
Diploma in Nursing	Wascana Institute Regina, Saskatchewan	June, 1982

## PROFESSIONAL LICENSURE

Licence Number	(Registered Nurse) State/Province	Expiration Date
RN168341	Arizona, United States	04/01/2015
55365	Alberta, Canada	09/30/2014

## AWARDS AND RECOGNITION

### 2014 *Living Legacy Award*

#### *Alumni Chapter Board, A.T. Still University, Arizona School of Health Sciences*

The award honors faculty, staff, and administrators for outstanding accomplishments and/or long-term service to the school. The award is given to those who advance the mission of the University in support of its programs, thereby ensuring the University's impact on the community and future generations of students. Each recipient has made a lasting impact on the school through outstanding professional, academic, or research-related accomplishments.

### 2013 *Distinguished Alumni Achievement Award*

#### *Nova Southeastern University*

The Distinguished Alumni Achievement Award is the highest and most prestigious honor that NSU bestows upon its graduates. The program recognizes alumni who are *changing lives and changing the world* by demonstrating a record of distinguished service and extraordinary achievement in a particular profession, discipline, organization or community cause. This award pays tribute to alumni who have made outstanding contributions to their professions and/or community, have great pride for their alma mater, and are committed to advancing NSU's values and goals.

## PRESENT EMPLOYMENT

2008 - Present      **Position: Associate Professor and Founding Chair, Doctor of Health Sciences (DHSc) Program**  
**A.T. Still University**  
Arizona School of Health Sciences  
Mesa, Arizona

**Previous Positions:**

***Founding Program Director DHSc 2008 - 2013***

***Assistant Professor 2008 - 2012***

Responsibilities:

- Planned, developed, and launched the Doctor of Health Sciences distance education program as the second program of its kind in North America
- Responsible for program growth that exceeded projected enrollment numbers every intake, and by greater than 20% annually
- Developed and maintained the processes, policies, and procedures to facilitate program growth, stability, and sustainability
- Created and administered short and long term strategic and marketing plans to coordinate program expansion
- Recruited, developed, evaluated, and mentored faculty with the requisite experience and skills to teach doctoral level health professionals through distance modalities
- Developed, managed, and taught curriculum based on competencies and standards appropriate for interprofessional, doctorate level healthcare professionals
- Designed a unique model for delivering the Applied Research Project component of the curriculum which has been published as the *Ewing Model*
- Conducted scholarship through research and publications in peer-reviewed journals, and presentations at national conferences on the topics of academic integrity and the *Ewing Model*

2012 - Present      **Grand Canyon University**  
College of Nursing and Health Care Professions  
Phoenix, Arizona  
Position: ***Instructor*** (contract)

2012 - Present      **Athabasca University**  
Faculty of Health Disciplines  
Centre for Nursing and Health Studies  
Alberta, Canada  
Position: ***Sessional Instructor*** (contract)

2011 - Present      **Chamberlain College of Nursing**  
Phoenix Campus, Arizona  
Position: ***Visiting Professor*** (contract)

2006 - Present      **Nova Southeastern University**  
College of Health Care Sciences  
Fort Lauderdale, Florida  
Position: ***Adjunct Associate Professor*** (contract)

## **INTERNATIONAL HEALTHCARE EXPERIENCE**

- 2013 Battambang, Cambodia - community and primary health nursing and administration. Collaborated with the nursing staff at two local clinics providing community and primary nursing care and education. Also taught English and health promotion at two elementary schools.
- Dhaka, Bangladesh - completed an external review of the Bachelor of Science in Nursing curriculum for the International University of Business Agriculture and Technology (IUBAT).
- 2012 Makongeni, Kenya - community and primary health nursing. Participated in a medical mission that established seven outpatient clinics in rural Kenya. The purposes of the clinics were to diagnose and treat common tropical illnesses and provide health promotion education.
- 2007 Dhaka, Bangladesh – invited visiting university professor. Developed curriculum and taught medical-surgical nursing to junior and senior Bachelor of Nursing students in the classroom and clinical settings.
- 2004 Malaikodi, India - community and primary health nursing and administration. Completed a needs assessment and evaluation of rural healthcare. Proposed a model for the delivery of primary healthcare in rural India.

## **ACADEMIC AND TEACHING EXPERIENCE**

Courses Developed and/or Taught: 2004 - Present

*(Taught doctoral, master, and bachelor level nursing and interdisciplinary health professionals in residential, online, and clinical environments)*

- Adult Health Nursing Skills Lab
- Anatomy, Physiology and Microbiology
- Clinical Instruction in Fundamentals of Nursing
- Clinical Instruction in Medical-Surgical Nursing
- Coaching and Leading: The Human Side of Organizational Change
- Comparative International Health Systems
- Contemporary Teaching and Learning Concepts
- Curriculum and Course Design
- Facilitating Inquiry
- Fundamentals of Nursing Skills Lab
- Global Health Ethics
- Health and Physical Assessment
- Health Professionals Role in Health Promotion
- Leadership for Health Professionals
- Management Concepts and Leadership Behaviors in Nursing
- Management and Leadership in Nursing Practice
- Organizational Behaviour
- Population Health and Patient Centered Care
- Principles of Management and Decision Analysis
- Research Methods, Design, and Analysis
- Risk Management for Health Professionals

- Teaching and Learning in the Clinical Setting
- Teaching and Learning for Health Professionals
- The Influence of Culture and Ethics on Global Health
- Theoretical Foundations for Nursing Roles and Practice
- Transforming Healthcare Through Informatics
- Understanding Organizations: Theory, Analysis, and Application
- Understanding Research

#### Student Supervision (graduate and post-graduate levels)

- Applied Research Project (doctorate level) - 17 students
- Applied Dissertation (doctorate level) - 3 students
- Practicum Committee (doctorate level) - 7 students
- Teaching Assistant Supervision (doctorate level) - 8 students
- Internship Supervision (doctorate level) - 6 students
- Graduate Student Supervision (masters level) - 3 students

### **RESEARCH EXPERIENCE**

#### **2013**

Principal Investigator: Research study - *Student and faculty perceptions of the frequency of plagiarism in graduate programs of health sciences.* Non-Funded.

#### **2012**

Co-Investigator: Research study - *Student perceptions of social presence and attitudes toward social media: Results of a cross-sectional survey.* Non-Funded.

#### **2007 - 2008**

Principal Investigator: Research study - *Evaluation of a website for electronic mentorship in newly graduated practicing registered nurses.* Funded Grant \$5000.

Principal Investigator: Research study - *Perceived stress and general health of student and practicing nurses in urban Bangladesh.* Funded Grant \$3234.

Co-Investigator: Research Study - *Graduate students' perceptions of participation in online clinical interest groups.* Funded Grant \$5675.

#### **2004 - 2006**

Co-Investigator: Research study - *A spirituality teaching programme for depression: A randomized controlled trial.* Canadian Institute of Natural and Integrative Medicine. Funded Grant \$97,060.

#### **2004**

Doctorate Student: Doctorate degree work - *Evaluation of rural India's healthcare system: Proposal to initiate primary health care.* Non-Funded.

## CLINICAL EXPERIENCE

### Clinical Practice 1982 - Present

#### Registered Nurse (licensed)

- Clinical and Laboratory Teaching: Medical-Surgical Nursing, Fundamental Nursing Skills, Adult Health Nursing Skills (2011-present; 2006-2008; 1994-1996)
- Staff nurse: Critical Care (Intensive Care Unit, Post Anaesthesia Care Unit - 1982-1990)
- Community Nurse (1986-1988)

## PROFESSIONAL ACTIVITIES

- Peer Reviewer - Journal of Online Learning and Teaching.
- Peer Reviewer - Canadian Journal of Nursing Leadership.
- Peer Reviewer - Journal World Health and Population.
- Reviewer for the Arizona Nurses Foundation (AzNF) Scholarships.
- Chair Editorial Review Committee for Healthcare Leadership peer-reviewed textbooks, Doody Enterprises Inc.

## COMMITTEE PARTICIPATION

- Member of the American Nurses Association (ANA) Nursing Administration Scope and Standards Workgroup (2013-present)
- Board Member (Secretary), Arizona Nurses Association (AzNA), Education Committee (2013-present)
- Member of Education Committee (Chapter 6), Arizona Nurses Association (AzNA) (2012-present)
- Board Member (Secretary) of Soroptimist International (2011-present)
- Chair/Founder Academic Integrity Committee (ATSU 2009-present)

## PUBLICATIONS

- 2014 Melrose, S., Moore, S., & **Ewing, H.** Online groups for graduate students: Benefit or burden? In V.C.X. Wang (Ed.), *Advanced research in adult learning and professional development: Tools, trends, and methodologies* (pp. 121-132). Hershey, Pennsylvania: IGI Global. (in press)
- 2013 Okpala, P, Alexander, J.L., & **Ewing, H.** & Tulp, O.L. (2013). A close comparison of clinical risk factors for coronary artery disease of a small group of immigrant Asians and Caucasian Americans working in an urban medical center in Los Angeles County, California: A pilot study. *Journal of Applied Medical Sciences*, 2(2), 1-9.
- Yeaman, P., Kim, D., Alexander, J.L., **Ewing, H.**, & Kim, K.Y. (2013). Relationship of physical and functional independence and perceived quality of life of veteran patients with Alzheimer disease. *American Journal of Hospice and Palliative Medicine*, 30(5),462-466
- Miner, P.J., Alexander, J.L., **Ewing, H.**, & Gerace, L. (2013). Caregivers' beliefs associated with medication adherence among children and adolescents with epilepsy. *Journal of Neuroscience Nursing*, 45(4), 211-218.
- Leafman, J.S., Mathieson, K.M., & **Ewing, H.** (2013). Student perceptions of social presence and attitudes toward social media: Results of a cross-sectional study.

*International Journal of Higher Education*, 2(1), 67-77.

Okpala, P., Alexander, J.L., & **Ewing, H.**, & Tulp, O.L. (2013). The use of non-invasive positive pressure ventilator (NIPPV) and conventional medical care to treat respiratory failure arising from acute exacerbation of COPD: A systematic review. *Journal of Applied Medical Sciences*, 2(2), 31-41.

2012 Getzlaf, B., Melrose, S., Moore, S., **Ewing, H.**, Fedorchuk, J., & Troute-Wood, T. (2012). Online interest groups: Virtual gathering spaces to promote graduate student interaction. *International Journal of Online Pedagogy and Course Design*, 2(4), 63-76.

Simmons, S., Alexander, J.L., **Ewing, H.**, & Whetzel, S. (2012). SNAP participation in preschool-aged children and prevalence in overweight and obesity. *Journal of School Health*, 82(12), 548-552. doi: 10.1111/j.1746-1561.2012.00735.x.

**Ewing, H.**, Mathieson, K, Alexander, J., & Leafman, J. (2012). Enhancing the acquisition of research skills in online doctoral programs: The Ewing Model©. *Journal of Online Learning and Teaching*, 8(1), 34-44.

Lai, L.M., Lee, T-H, Tobler, L.H., Wen, L., Shi, P., Alexander, J.L., **Ewing, H.**, & Busch, M.P. (2012). Relative distribution of west nile virus RNA in blood compartments: Implications for blood donor nucleic acid amplification technology (NAT) screening. *Transfusion*, 52(2), 447-454.

2011 Rickhi, B., Moritz, S., Reesal, R., Jing, T., Paccagnan, P., Urbanska, B., Fu Liu, M., **Ewing, H.**, Toews, J., Gordon, J., & Quan, H. (2011). A spirituality teaching program for depression: A randomized controlled trial. *International Journal of Psychiatry in Medicine*, 42(3), 315-329.

Bagnol, L., Alexander, J., **Ewing, H.**, & Chu, D. (2011). Indigos in Hawai'i: A phenomenological study of the experience of growing up with spiritual intelligence. *Journal of Community Health and Clinical Medicine for the Pacific. Pacific Health Dialog*, 17(1), 83-98.

Simmons, S., Alexander, J.L., **Ewing, H.**, & Whetzel, S. (2011). SNAP Participation in Preschool Aged Children and Prevalence of Overweight and Obesity. Abstract Publication. *Medicine & Science in Sports and Exercise*, 43(5), 266.

2010 Welsh, J., Alexander, J, **Ewing, H.**, & Holmes, W. (2010). PAs, NPs and defensive medicine in the ED. *ADVANCE for NPs & PAs*. [www.advancweb.com/NPPA](http://www.advancweb.com/NPPA), 1(4), 12.

2008 Ewing, H. (2008). Stress in the workplace. A problem worth solving. *Family Health*, 24(2), 28-29.

2007 Ewing, H. (2007). Mature student survival guide. Returning to school as an adult. *Family Health*, 23(1), 8-9.

- 2006 Ewing, H. (2006). Beat the clock. Good time management can safeguard your health. *Family Health*, 22(1), 19-21.
- Moritz, S., Rickhi, B., Xu, T.J., Urbanska, B., Quan, H., Reesal, R., **Ewing, H.**, & Toews, J. (2006, December). A spirituality teaching programme for depression: A randomized controlled trial. Abstract published in *Focus on Alternative & Complimentary Therapies*. 11, supplement 1, 32.
- 2001 Reesal, R., & **Ewing, H.** (2001). The art of managing depression in primary care. *The Canadian Journal of Continuing Medical Education*, 13(10), 209-220.
- 1998 Foley, L., & **Ewing, H.** (1998). The need for I.V. therapy in long term care. *Nursing Home*, 8(3).

## PRESENTATIONS

- 2012 Miner, P., Alexander, J.L., **Ewing, H.**, & Gerace, L. (2012, October 31-November 3). *Caregivers beliefs associated with medication adherence among children and adolescents with epilepsy*. Presentation at the 41<sup>st</sup> Annual Child Neurology Society meeting, Huntington Beach, CA.
- Leafman, J., Mathieson, K., Alexander, J., & **Ewing, H.** (2012, July 26). *Student perceptions of social presence and attitudes toward social media: Results of a cross-sectional survey*. Paper presented at the Sloan-C Emerging Technologies for Online Learning 5th Annual International Symposium, Las Vegas, NV.
- Ewing, H.**, & Anast, A. (2012, May 31). *Managing plagiarism in distance education*. Podium presentation at the Association of University Programs in Health Administration (AUPHA) Annual Meeting. Embracing Transformation. Minneapolis, MN.
- Leafman, J., Mathieson, K., Alexander, J.L., & **Ewing, H.** (2012, April 17). *Student attitudes toward the addition of a social media tool to increase social presence in an online learning environment*. Presented electronically at the 17th Annual Technology, Colleges and Community Online Conference. Hawaii.
- Miner, P., Alexander, J.L., **Ewing, H.**, & Gerace, L. (2012, April 11). *Caregivers beliefs associated with medication adherence among children and adolescents with epilepsy*. Poster presentation at The 17th Annual Research Day at the University of Illinois College of Medicine. Rockford, IL.
- 2011 Alexander, J.L., **Ewing, H.**, Mathieson, K., & Leafman, J. (2011, November 9). *Enhancing learning of research skills in an online environment: Implications for practice*. Podium presentation at the 17<sup>th</sup> Annual Sloan-C International Conference. Orlando, FL.
- Ewing, H.**, Alexander, J.L., Mathieson, K., & Leafman, J. (2011, October 20). *The Ewing Model<sup>®</sup> for facilitating online student research projects*. Poster presentation at the Annual Conference of the Association of Schools of Allied Health Professions (ASAHP). Scottsdale, AZ.



- Simmons, S, Alexander, J.L., **Ewing, H.**, & Whetzel, S. (2011, June 1). *Snap participation in preschool aged children and prevalence of overweight and obesity*. Poster presentation at the 58th Annual Meeting and 2nd World Congress on Exercise in Medicine of the American College of Sports Medicine and Exercise. Denver, Colorado.
- 2010 Ewing, H. (2010, August 4). *Developing processes to manage plagiarism in distance education*. Workshop presentation (half-day workshop) at the 26th Annual Conference on Distance Teaching & Learning. The University of Wisconsin, Madison, WI.
- Ewing, H. (2010, April 16). *Planning ahead for healthy eating*. Presentation at Lose and Win Program. ATSU University.
- Ewing, H. (2010, January 13 and 14). *Women's health issues*. Presentation at Sip, Savor & Socialize. ATSU Women's Wellness Initiative.
- 2009 Ewing, H. (2009, November). *Perceived stress and general health of practicing nurses internationally*. Poster Presentation at Arizona School of Health Sciences Research Symposium. Mesa, AZ.
- Ewing, H. (2009, September). *Perceived stress and general health of practicing nurses internationally*. Poster Presentation at Nursing Management Congress 2009. Chicago, IL.
- 2007 McQueen, M., & **Ewing, H.** (2007, November). *Nursing competency profiles provide direction for development and implementation of nursing curriculum*. Paper presented at the International Conference Practice Makes Perfect. Vancouver, BC.
- Ewing, H.**, Reesal, R., & Lund, K. (2007, June). *Health and hazard: Preplanning disaster management*. Invited visiting professor and presenter. Asia regional program of training on disaster management, South Asia Disaster Management Centre (SADMC) International University of Business Agriculture and Technology (IUBAT). Dhaka, Bangladesh.
- Ewing, H. (2007, June). *Applying nursing theory to practice*. Invited visiting professor and presenter. Apollo Hospital. Dhaka, Bangladesh.
- Ewing, H. (2007, June). *Nursing management of renal disorders*. Invited visiting professor and presenter. International University of Business Agriculture and Technology (IUBAT). Dhaka, Bangladesh.
- 2002 Reesal, R., & **Ewing, H.** (2002, November). *Introduction and overview of good clinical practice: Guidelines for investigators*. Presentation at the Canadian Psychiatric Association Annual Meeting, Banff, Alberta.
- 2000 Reesal, R., & **Ewing, H.** (2000, September). *The role of clinical investigator: Getting it right*. Presentation at the Saskatchewan Drug Research Institute Trial Symposium, Saskatoon, Saskatchewan.

1998 Foley, L., & Ewing, H. (1998, October). *The need for I.V. therapy in long term care*. Presentation at the Canadian Intravenous Nurses Association Annual Conference. Toronto, Ontario.

Ewing, H. (1998, June). *Patient satisfaction with computerized assessment in a multi-center clinical trial*. Presentation at the New Clinical Drug Evaluation Unit (NCDEU) Conference, Boca Raton, Florida.

## PAST COMMITTEE PARTICIPATION

- Member of Arizona Nurses Association (AzNA) subcommittee for Continuing Professional Development (AzNA 2012-2013)
- Member of Curriculum Committee - Dean appointed (ATSU 2008-2013)
- Member of the Next Generation LMS Subcommittee - Dean appointed (ATSU 2013)
- Member of Academic Support Services and Technological Strategic Plan Committee (ATSU 2012-2013)
- Chair Assembly Affairs Committee (ATSU 2010-2013)
- Member of Task Force for Calendar Realignment - Dean appointed (ATSU 2012-2013)
- Co-Chair Online Policy and Procedures Ad-hoc Workgroup (ATSU 2012-2013)
- Distance Accreditation Ad-hoc Workgroup (ATSU 2012-2013)
- Member of Education Committee, Women's Wellness Initiative (ATSU 2010-2013)
- Member of Institutional Review Board - VP of Research appointed (ATSU 2008-2012)
- Member of Assistant Dean of Interprofessional Collaboration Search Committee - Dean appointed (ATSU 2012)
- Program Directors Roles & Responsibilities Workgroup - Dean appointed (ATSU 2012)
- Member of Scholarship of Teaching and Learning Group (ATSU 2009-2011)
- Faculty Assembly Ad Hoc ASHS Strategic Plan Input Committee (ATSU 2011)
- Co-Chair the Business Continuity Planning Committee for the Centre for Nursing and Health Studies (Athabasca University 2006-2008)
- Member of Prior Learning Assessment and Recognition (PLAR) (Athabasca University 2006-2008)
- Founding member and President of the Doctor of Health Science Alumni Chapter (Nova Southeastern University 2004-2008)
- President of Student Council, Doctorate of Health Science Program (Nova Southeastern University 2003-2004)
- Treasurer and Secretary (Western Canada Behaviour Research Centre 1994-2004)
- Founding member, co-chair and treasurer (Alberta Clinical Research Association for Clinical Research Professionals 1997-2000)
- Chairperson for the Quality Improvement Team (Forest Grove Care Centre 1995-1998)
- Secretary for the Alberta Association of Nurses in Independent Practice, South Central District (1994-1995)
- Member of the University of Calgary Masters of Nursing Student's A.A.R.N. Direct Access Working Group (1995)
- Team leader for the Research Utilization Group (Calgary General Hospital, 1991-1993)

## PAST EMPLOYMENT

- 2004 - 2008      Position: *Assistant Professor (2006-2008)*  
*Academic Coordinator (2004-2006)*  
**Athabasca University**  
Centre for Nursing and Health Studies - Calgary, Alberta
- 1995 - 2004      Position: *Executive Director & Clinical Research Coordinator*  
**Centre for Depression and Anxiety**  
Division of Western Canada Behaviour Research Centre - Calgary, AB.
- 1995 - 1998      Position: *Quality Improvement Coordinator* (part-time)  
**Forest Grove Care Centre**  
Calgary, Alberta
- 1994 - 1996      Position: *Clinical Instructor for General Surgery* (part-time)  
**University of Calgary/Mount Royal College**  
Conjoint Nursing Program - Calgary, Alberta
- 1990 - 1993      Position: *Assistant Nursing Unit Manager*  
**Calgary General Hospital**  
General Surgical / Trauma Step Down - Calgary, Alberta
- 1982 - 1990      Position: *Staff nurse - Critical Care, Community Nursing*  
Regina, Saskatchewan  
Ottawa, Ontario  
Calgary, Alberta