

Curriculum Vitae

Susan K. Hillman, M.S., M.A., ATC, PT

Present Employment: Associate Professor
Director of Human Anatomy
Arizona School of Health Sciences

Education:

1982 Master of Arts Degree
Stanford University, Stanford, California
Major: Physical Therapy

1977 Master of Science Degree
University of Arizona, Tucson, Arizona
Major: Physical Education (Athletic Training)

1976 Bachelor of Science Degree
Purdue University, West Lafayette, Indiana
Major: Physical Education

1970 High School Diploma
Elkhart High School, Elkhart, Indiana

Professional Certifications/Licenses:

Registered Physical Therapist;
Licensed in Arizona and California

Certified Athletic Trainer;
National Athletic Trainers Association (NATA)
Licensed Athletic Trainer, State of Arizona

Emergency Cardiac Care Provider (CPR)
American Heart Association

Professional Employment:

2000-present Associate Professor/Director of Human Anatomy
Arizona School of Health Sciences, a division of
A.T. Still University

2000 Summer Physical Therapy Consultant/Assistant Athletic Trainer
Philadelphia Eagles Football Club-Exhibition Season

Professional Employment (continued):

Summers 1997-99	Physical Therapy Consultant/Assistant Athletic Trainer Pittsburgh Steelers Football Club-Exhibition Season
1997 Spring	Head Athletic Trainer Scottish Claymores, Edinburgh, Scotland NFL Europe (World League of American Football)
1995-2000	Assistant Professor/Director of Human Anatomy Arizona School of Health Sciences, a division of Kirksville College of Osteopathic Medicine
1983-1995	Director, Athletic Treatment Center Athletic Department, University of Arizona Tucson, Arizona
1982-1995	Instructor, Dept. of Health and Physical Education University of Arizona, Tucson, AZ
1993 Summer	Staff Physical Therapist Kentucky Sports Medicine Lexington, Kentucky
1989-1991	Physical Therapy Consultant Cardiac Rehabilitation Program University of Arizona
7/1982-1/1983	Associate Head Athletic Trainer University of Arizona Tucson, Arizona
1982-1990	Physical Therapist (PRN basis) Sports Medicine and Rehabilitation Center Tucson, Arizona
1981-1982	Graduate Assistant, Department of Human Anatomy Stanford School of Medicine Stanford, California
1977-1980	Head Athletic Trainer for Women, Assistant Athletic Trainer for Men Purdue University, West Lafayette, Indiana

Professional Employment (continued):

1977-1980	Instructor, Dept. of Health and Physical Education Purdue University West Lafayette, Indiana
1976-1977	Graduate Assistant Athletic Trainer University of Arizona Tucson, Arizona
1982-1996	Instructor, Dept. of Health and Physical Education University of Arizona, Tucson, AZ
1974-1976	Student Athletic Trainer Purdue University West Lafayette, Indiana

Research, Publications and Speaking Engagements:

February 2006	Author: <u>Interactive Human Anatomy, 2nd Edition</u> DVD published by Primal Pictures, London, England ISBN: 1904369642 http://www.primalpictures.com/ (search “Interactive Functional Anatomy)
2005-ongoing	VeriEd Conference: Cadaver Anatomy for the Clinician 2-Day workshop for Physical Therapists & Athletic Trainers Mesa, AZ
December 2004	Author: <u>Introduction to Athletic Training, 2nd Edition</u> Human Kinetic Publishers ISBN: 0880118784 http://www.hkusa.com/ (search “Hillman”)
March 2004	Speaker: “Anatomy of the Hip and Pelvis” Rocky Mountain Athletic Trainers Association (RMATA) Annual Clinical Symposium Denver, CO

Research, Publications and Speaking Engagements (continued):

- October 2003 Speaker: “Anatomy of the Core”
Arizona Physical Therapy Association
Phoenix, AZ
- June 2003 Speaker: “Common Finger and Thumb Injuries in Sport”
J & J Symposium, Keynote Symposium
NATA National Convention
St Louis, MO
- April 2003 Speaker: “Rehabilitation of the Anterior Knee Pain Patient”
Am. Medical Society for Sports Medicine (AMSSM)
Meeting held in San Diego, CA
- December 2002 Contributing Author : “Sport Specific Rehabilitation
Program” in The Female Athlete, Chpt 42, pp 509-515
Ireland, ML and Naltiv, A, Saunders, Inc.
- December 2002 Author: Interactive Human Anatomy
DVD published by Primal Pictures,
London, England
ISBN: 1902470893
<http://www.primalpictures.com/> (search “Interactive
Functional Anatomy)
- November 2002 Panel Member: NAU Athletic Training Programs
Paths into the Profession:
- April 6, 2002 Workshop: Anatomy of the Spine
NATA Approved Provider CEU opportunity (5.25 hrs)
Arizona School of Health Sciences
- February 10, 2001 Workshop: Anatomy of the Upper Quarter
NATA Approved Provider CEU opportunity (6 hrs)
Arizona School of Health Sciences
- December 13, 2001 Workshop: Human Anatomy Review
NATA Approved Provider CEU opportunity (8 hrs)
Arizona School of Health Sciences
- June 2001 Panel Member: Gatorade Symposium for Young
Professionals: “Breaking into the Profession”

Research, Publications and Speaking Engagements (continued):

- March-April 2001 NATA District Lecture Series Speaker
Districts 8 and 10
“The Wrist and Hand in Athletics”
- June 2000 Author: Introduction to Athletic Training
Human Kinetic Publishers
ISBN: 0880118784
Published June 2000
<http://www.hkusa.com/> (search “Hillman”)
- June 2000 Co-Author: "National Athletic Trainer's Association
Position Statement: Fluid Replacement for Athletes"
Journal of Athletic Training 2000;35(2)212-224
- June 2000 Speaker: "Understanding the Anatomical Complexities of
the Wrist and Hand"
Lecture and Panel Discussion
NATA National Convention
Nashville, Tennessee
- June 1998 Speaker: “Functional Rehabilitation of the Throwing
Shoulder”
Lecture and Panel Discussion with Frank Jobe, MD and
James Andrews, MD
NATA National Convention
Baltimore, Maryland
- March 1998 Speaker: Various Lectures
First Annual National Symposium
JATO: Japanese Athletic Trainers Organization
Tokyo, Japan
- March 1998 Director: 1 week Anatomy Workshop for
Japan Institute for Sports Education and Management
Phoenix, Arizona
- Nov 1997 Speaker: “Distinguished Lecturer Series”
Athletic Health Care
The University of Health Sciences
Kansas City, Missouri

Research, Publications and Speaking Engagements (continued):

- Nov 1996 Author: "A Woman's NFL Experience"
Athletic Therapy Today, Vol. 1, No. 6, Human Kinetics
Publishers, Champaign, IL
- Sept 1996 Author: "Falling on the Outstretched Hand: A Case of
Wrist Fracture/Dislocation in a World-Class Cyclist" in
Athletic Therapy Today Vol. 1, No. 5, Human Kinetics
- July 1996 Author: "Extensor Pollicus Longus Rupture: A
Report of Two Cases" in Athletic Therapy Today Vol.1, No. 4
Human Kinetics Publishers
- June 1996 Speaker: "PNF of the Upper Extremity"
N.A.T.A. Annual National Convention
Orlando, Florida
- May 1996 Author: "The Bad Break Spring Break"
in Athletic Therapy Today, Vol. 1, No. 3
Human Kinetics
- March 1996 Director: 1 week Anatomy Workshop for
Japan Institute for Sports Education and Management
Phoenix, Arizona
- March 1996 "Total Dislocation of the Knee"
in Athletic Therapy Today, Vol. 1, No. 2
Human Kinetics Publishers
- June 1995 Speaker: "Open Chain Rehabilitation of the
Shoulder", N.A.T.A. Annual National Convention
Indianapolis, Indiana
- June 1995 Author: "Ankle Dislocation: A Comparison of Two
Similar Injuries" in Athletic Therapy Today
Preview Issue Pre-release of journal
Human Kinetics Publishers
- March 1995 Speaker: "Surgical Management Strategies for the Injured
Shoulder" at NATA District 7 Spring meeting
Denver, Colorado
- 1994-1996 Director: Advanced Athletic Training/Cadaver
Workshop: Special Pilot Program for Cramer
Corporation. Held in Tucson, Arizona

Research, Publications and Speaking Engagements (continued):

- March 1994 Speaker: “Principles & Techniques of Open Kinetic Chain Rehabilitation”
1994 Sports Rehabilitation Conference
San Diego, CA
- February 1994 Speaker: *Knee Rehabilitation: General Principles, and Therapeutic Modalities*
American Academy of Orthopedic Surgeons (AAOS)
Panel with: D. Daniels, J. Perry, D. Shelbourne, ML Ireland
Friday, February 25, New Orleans, Louisiana
- October 1993 Speaker: Tucson Rotary Club Breakfast Meeting
Topic: The role of the athletic trainer in college sports
Tucson, AZ
- July 1993 Director: Human Cadaver, Advanced Workshops
Arizona Athletic Trainers Association
Tucson, Arizona
- July 1993 Director: Advanced Athletic Trainer Workshop
Cramer Corporation & University of Arizona
Tucson, Arizona
- May 1993 Speaker: Selected Topics in
“Biofeedback: Theory and Application”
Six-day Workshop, Tucson, Arizona
- February 1993 Speaker: “Women and Leadership in the 21 Century” Fifth Annual College Institute for Leadership. University of Arizona, Tucson, Arizona
- February 1993 Speaker: “Rehabilitation of the Elite Athlete”
University of Kentucky Sports Medicine
Lexington, Kentucky
- July 1992 Speaker: “The Athlete’s Injured Spine”
Professional Education Symposium
Arizona School of Medicine, Tucson, Arizona
- June 1992 Speaker: “Kinesthetic Awareness through Functional Rehabilitation”, N.A.T.A. Annual National Convention. Denver, Colorado

Research, Publications and Speaking Engagements (continued):

- January 1992 Speaker: “Rehabilitation Techniques for the Injured Spine”. Arizona Athletic Trainer’s Association, Professional Education Symposium; Tempe, Arizona
- November 1991 Speaker: Rotary Club of Tucson
Behind the scenes in Arizona football
Tucson, AZ
- Sept 1990 Co-Author: Greene T, Hillman S. “Comparison of support provided by a semirigid orthosis and adhesive ankle taping before, during and after exercise”. Am Sports Med 1990; 18: 498-506
- April 1990 Speaker: “The Elbow: Physical Therapy Rx”
American Academy of Orthopedic Surgeons
Tucson, Arizona
- Feb 1990 Speaker: “Principles of Athletic Taping”
American College of Sports Medicine (ACSM)
Team Physician Course, Scottsdale, Arizona
- Jan 1990 Speaker: “Rehabilitation after Anterior Cruciate Ligament Reconstruction”, Arizona Athletic Trainers Association (AzATA), Glendale, Arizona
- August 1989 Graduation Keynote Speaker: Northern Arizona University, Department of Physical Therapy, Flagstaff, Arizona
- Jan 1987 Speaker: “Athletic Training & Sports Physical Therapy” University of Arizona Student Health Center, Tucson, Arizona
- Jan 1987 Speaker: “Athletic Training: Triage of the Athlete?”
St. Mary’s Hospital Medical Staff
Tucson, Arizona
- Nov 1985 Co-Author: Hillman, S.K. and G. Delforge. The use of physical agents in rehabilitation of athletic injuries. Clin Sports Med 4: 431-438, 1985.
- June 1984 Director/Speaker: “Joint Mobilization and PNF”
University of Arizona Continuing Education
Workshop, Tucson, Arizona

Research, Publications and Speaking Engagements (continued):

June 1983	Speaker: “PNF: Neurophysiological Basis and Common Application Techniques”, N.A.T.A. Annual National Convention, Denver, Colorado
March 1983	Keynote Speaker: “Joint Mobilization in Athletic Training”, NATA Professional Education Conference Newport Beach, California
June 1982	Speaker: “Proprioceptive Neuromuscular Facilitation” NATA Annual Clinical Symposium Seattle, WA
May 1982	Research Grant: “Truncal Equilibrium Reactions in Adolescents with Idiopathic Scoliosis”, California Board of Physical Therapy

Professional Affairs: Positions Held

2006-	Treasurer, NATA Foundation NATA appointed position
2005-present	Committee member: NATA Role Delineation Study NATA appointed committee position
2005-present	Coordinator: NATA Annual Meeting Specialty Session NATA Education Council Educational Multimedia Committee
2005-present	Chair: Educational Multimedia Contest Subcommittee of NATA Education Council Educational Multimedia Committee
2004-2005	Committee Chair: Advancement and Planning Standing Committee of Faculty Affairs Committee ATSU Mesa Campus
2004-present	Committee member: Safety Committee Subcommittee of Faculty Affairs Committee ATSU Mesa Campus
2004-present	Member: Committee for Financial Growth Subcommittee of the NATA Research and Education Committee

Professional Affairs: Positions Held (Continued):

2003-2005	Web-editor Arizona Athletic Trainer's Association (AzATA)
2003-2005	Convention Committee Member, Rocky Mountain Athletic Trainers Association (RMATA)
2003-present	NATA District Representative Education Council Educational Multimedia Committee
2000-2004	Member: Scholarships Committee Arizona School of Health Sciences, division of A.T. Still University Phoenix, Arizona
1999-2004	Member: Faculty Development Committee Arizona School of Health Sciences, division of A.T. Still University Phoenix, Arizona
1998-present	Committee Member: Promotions and Tenure Arizona School of Health Sciences, division of A.T. Still University Mesa, Arizona
1998-1999	Writing Group Member: N.A.T.A. Position Statement "Fluid Replacement for Athletes: Considerations for the Certified Athletic Trainer"
1995-2000	Member: Board of Directors District 7 Representative NATA Foundation
1996-present	Editorial Board: "Athletic Therapy Today" Human Kinetic Publishers Champaign, Illinois
1995-present	Review Board: "Journal of Sports Rehabilitation" Human Kinetic Publishers Champaign, Illinois
1995-1996	Column Editor: "Case Reports" in <i>Athletic Therapy Today</i> Human Kinetics Publishers Champaign, Illinois

Professional Affairs: Positions Held (continued):

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| 1993-1996 | Member: Anatomy Education Committee
University of Arizona School of Medicine
University of Arizona |
| 1990-1996 | Elected Chair: Professional Education Committee
Arizona Athletic Trainers Association (AzATA) |
| 1981-1995 | Member: Committee on Sports Medicine
Arizona Medical Association
Phoenix, Arizona |

Other Service Activities:

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| 2006-ongoing | Volunteer: Phoenix Rescue Mission
Function: serve dinner to homeless; provide outreach |
| 2006-ongoing | Volunteer: Gilbert Vineyard Church
Function: provide outreach; feed the hungry program |
| 2003-ongoing | Reviewer: Home Study Courses
NATA-BOC (Board of Certification) |
| 2003-ongoing | Reviewer: journal submissions
Journal of Athletic Training |
| 1999-ongoing | Coordinator, Human Anatomy Laboratory
Arizona School of Massage Therapy
Mesa and Phoenix campuses |
| 2001-ongoing | Volunteer: University of Arizona Alumni Association,
Phoenix branch |
| 1995-ongoing | Workshops in human anatomy for local high school science
classes and/or student athletic training groups (workshops
are held periodically throughout each year) |
| 1994-ongoing | Workshops in human anatomy for visiting sports institute
students from Tokyo, Japan. |
| 1984-1995 | Coordinated pre-participation physical exams and provided
on-site health care personnel for local children through
National Youth Sports Program (NYSP) |

Special Awards and Honors:

- March 2004 Rocky Mountain Athletic Trainers Association:
Distinguished Educator Award
Presented at RMATA Clinical Symposium, Denver, CO
- June 2003 National Athletic Trainer's Association award:
"Most Distinguished Athletic Trainer"
Presented at NATA National Symposium, St. Louis, MO
- November 2002 Invited Member: NATA Speakers Bureau
National Athletic Trainers Association
Continuing Education Committee
- Spring 2000 Recipient: "Teacher of the Year Award"
By students during years: 2000, 2001 and 2002
Arizona School of Health Sciences
- January 1995 NATA appointed representative to:
National Symposium on Safety in American Football
Phoenix, Arizona
- July 1995 Awarded "Honorary Letter-winner" by
University of Arizona Department of Athletics
Tucson, Arizona
- January 1993 Recipient: "Warren H. Lee Award":
"Athletic Trainer of the Year"
Arizona Athletic Trainers Association