

### Dear Colleagues and Friends,

We are pleased to present to you the 2008-09 Continuing Education program offered by the Arizona School of Dentistry & Oral Health. In its third year, our program continues to expand and excel as we feature some of the best and brightest educators in dentistry today. We offer courses for the entire dental team and encourage you to join us in our state-of-the-art facility.

Our goal is to provide high quality, affordable, local, continuing education opportunities. Please join us at the Arizona School of Dentistry & Oral Health, and let us be your dental school education provider.

Sincerely,

Jack Dillenberg, D.D.S., M.P.H.

Dean, Arizona School of Dentistry & Oral Health

Arizona School of Dentistry & Oral Health is an ADA CERP Recognized Provider.



Arizona School of Dentistry & Oral Health is a member of the Association for Continuing Dental Education





Approved PACE Program Provider FAGD/MAGD Credit 08/01/2007 — 7/31/2011

#### **Notice of Nondiscrimination:**

A.T. Still University of Health Sciences (ATSU) does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, age, disability, or status as a Vietnam-era veteran in admission and access to, or treatment and employment in its programs and activities. Any person having inquiries concerning ATSU's compliance with the regulations implementing Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Americans With Disabilities Act of 1990, or other civil rights laws should contact the Director of Human Resources, 800 W. Jefferson St., Kirksville, Missouri 63501 (telephone: 660.626.2790). Any person may also contact the Assistant Secretary for Civil Rights, U.S. Department of Education.

### **General Information**

#### Registration:

Course registrations are online. All registrations are processed in the order in which they are received and as space permits. Registrations will not be processed without full payment. Payment may be made by check (payable to ASDOH) or credit card. Walk-in registrations will be accommodated as space permits and are subject to a \$25 late registration fee.

#### **Course Location:**

All courses are held on the Arizona Campus of A.T. Still University, 5850 E. Still Circle, Mesa, AZ 85206, unless stated otherwise.

#### Day of Course:

Registration begins 30 minutes prior to course start time. Continental breakfast is provided at time of registration. Participants in hands-on courses are responsible for providing all required equipment and supplies as stated in course confirmation email. Lunch is provided for all full-day course attendees.

#### **Continuing Education Credit:**

Arizona School of Dentistry & Oral Health is an ADA CERP and AGD PACE Recognized Provider. Continuing education credits are awarded on an hour-for-hour basis. Participants receive verification of attendance at the conclusion of each course.

#### **Discount Policy:**

Participants registering for five or more courses may take a 20 percent tuition discount on all qualifying courses. ASDOH alumni and Affiliate alumni may take a 10 percent discount on individual courses. Tuition for all discounted courses must be paid in full at the time of registration. Refunds will not be granted for discounted courses, but registration may be transferred. Discount does not apply toward auxiliary tuition.

#### **Refund and Cancellation Policy:**

A tuition refund, less a \$50 cancellation fee, will be issued for notice of cancellation up to 14 days prior to a lecture course and 21 days prior to a hands-on or limited attendance course. Refunds cannot be given for missed courses. The Arizona School of Dentistry & Oral Health Continuing Education Program reserves the right to cancel any course which does not receive sufficient enrollment. In the event of course cancellation, registrants will receive a full tuition refund.

#### Contact Information:

A.T. Still University
Arizona School of
Dentistry & Oral Health
5850 E. Still Circle
Mesa, AZ 85206

Asdohcde@atsu.edu
480.219.6195
www.atsu.edu/asdoh

#### **Hotel Accommodations:**

The following hotels offer special rates for A.T. Still University. Rates fluctuate seasonally and may be subject to availability. Reservations must be made directly with the hotel.

Hilton Phoenix East in Mesa \$159-\$210 standard room Breakfast included, full service business hotel 800.544.5866 • www.hiltonphoenixeast.com Account #2649968

Country Inn & Suites by Carlson, Mesa \$90-\$129.99 standard room Breakfast included, free shuttle to school 480.641.8000 • www.countryinns.com/mesaaz

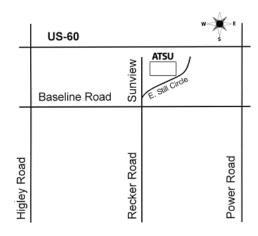
Arizona Golf Resort \$90-\$169 standard room Breakfast included, free shuttle to school, full service hotel with golf onsite 480.832.3202 • www.azgolfresort.com • Account #332

La Quinta Inn & Suites Phoenix Mesa East \$70-\$159 standard room Breakfast included, free shuttle to school 480.654.1970 • www.lq.com

#### Map and Directions:

From the West: US 60, exit S. Higley Rd., left on E. Baseline, left on S. Sunview, right on E. Still Circle.

From the East: US 60, exit S. Power Rd., right on E. Baseline, right on S. Sunview, right on E. Still Circle.



## Ergonomics: Work Can Be a Real Pain in the Neck!

Date/Time ...... April 24, 2009, 9 a.m.-4 p.m. Audience ...... Dental Health Professionals

Format..... Lecture and Workshop

C.E. Credit ..... 6 hours Tuition ..... \$100

#### **Course Description**

Ergonomics, Magnification & Occupational Musculoskeletal Disorders

This interactive course is designed to increase the participant's ergonomic knowledge and skill level directed towards cumulative trauma and injury prevention. Ergonomic principles related to instrument selection, magnification, operator chair selection, and postural adaptations in the workplace are discussed. Simple techniques for reducing musculoskeletal fatigue and improving overall body mechanics for optimal daily physical performance are presented. Participants learn a selection of medically and ergonomically sound exercises to increase musculoskeletal comfort and extend clinical performance potential as an oral healthcare professional.

#### **Course Objectives**

- Understand human-centered ergonomics
- List common occupational musculoskeletal disorders
- Understand spinal relationship to clinical performance
- Discuss instrument selection based on ergonomic principles
- Discuss principles of selection and benefits of wearing magnification loupes
- Identify nerves and anatomical structures most often affected by cumulative trauma (CT) and repetitive motion disorders (RMD)
- Participate in exercises for achieving a healthier practitioner body
- Review exercises in a physical medicine preventive/ rehab program

#### About the Speaker



Benkert

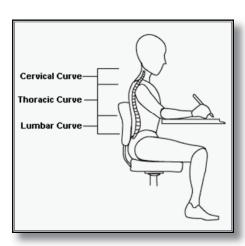
Kimberly Benkert graduated from Loyola University, College of Dentistry with a B.S. in Dental Hygiene. She holds a masters in public health in Health Policy and Administration from the University of Illinois, and is Certified in Orofacial Myology through the International Association of Orofacial Myology.

Benkert's primary practice area is orofacial myology, treating functional dysphagia, orofacial

myofunctional disorders (OMD), temporomandibular muscle dysfunction (TMD), and elimination of parafunctional habits, such as bruxism, clenching, muscle bracing, and digit sucking. She established her private practice in Orofacial Myology/TMD in the Chicago suburbs in 1978.

Benkert lectures and teaches continuing education courses covering a variety of topics both nationally and internationally. She has been published in U.S. and international journals and was a contributor to four textbooks. Her audiences mainly include dental hygienists, dentists, speech pathologists, physical therapists, and physicians.

Benkert served as president of the American Dental Hygienists' Association (2002-03), is an examiner on the IAOM Board of Examiners for the Certification process in Orofacial Myology, and actively participates as a member of the American Academy of Dental Hygiene, the International Federation of Dental Hygiene, and the American Association of Public Health Dentistry.



This course is supported in part by an unrestricted educational grant from Surgitel.

### The Function Junction -Bio-Adaptability Issues for Hard and Soft Tissues

Date/Time...... April 25, 2009, 9 a.m.-4 p.m. Audience...... Dentists, Dental Hygienists, Speech Therapists, Occupational Therapists

Format ...... Lecture and workshop C.E. Credit ...... 6 hours

Tuition ...... \$100

#### **Course Description**

This course presents neuromuscular and bio-adaptive affects of functional and parafunctional behaviors on the orofacial environment, dentition, and periodontium and their relationship to total health and well-being. Topics include how to assess oromotor functional and parafunctional behaviors and determine their impact on the orofacial environment, TMJ, and body musculature. Participants review orofacial neuro-anatomy and physiologic processes contributing to oral and systemic health. Issues related to maintaining periodontal health, reducing abfraction risks, parafunctional habits and tooth movement are discussed.

#### **Course Objectives**

At the end of the course the participant will be able to:

- 1. Define Orofacial Myology.
- 2. List muscles and nerves involved in an assessment.
- 3. Recognize and define types of functional classifications.
- 4. Identify the components of orofacial myofunctional disorders.
- 5. Assess the hard and soft tissues for negative functional impact.
- 6. Recognize the functional speech relationships in oromotor and dental dysfunctions.
- 7. Measure the Range of Motion (ROM) and functional patterning of the mandible.

#### About the Speaker



Benkert

Kimberly Benkert graduated from Loyola University, College of Dentistry with a B.S. in Dental Hygiene. She holds a masters in public health in Health Policy and Administration from the University of Illinois, and is Certified in Orofacial Myology through the International Association of Orofacial Myology.

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functional dysphagia, orofacial myofunctional disorders (OMD), temporomandibular muscle dysfunction (TMD), and elimination of parafunctional habits, such as bruxism, clenching, muscle bracing, and digit sucking. She established her private practice in Orofacial Myology/TMD in the Chicago suburbs in 1978.

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Benkert served as president of the American Dental Hygienists' Association (2002-03), is an examiner on the IAOM Board of Examiners for the Certification process in Orofacial Myology,

and actively participates as a member of the American Academy of Dental Hygiene, the International Federation of Dental Hygiene, and the American Association of Public Health Dentistry.



### Infection Control Update and Workshop

Date/Time...... May 1, 2009, 9 a.m. – 4 p.m. Audience...... Dental Health Professionals

**Course Description** 

In December 2003, the Centers for Disease Control and Prevention (CDC) published their most recent Guidelines for Infection Control in Dentistry. That document, along with recent updates concerning healthcare worker occupational infections, serve as the framework for this course. Participants will increase their understanding of both the "why" and the "what" of the most recent CDC guidelines.

The morning session focuses on expanding the dental professional's understanding of occupational microbial hazards thereby promoting routine adherence to appropriate precautions for both healthcare workers and patients. Evidence-based information reflecting the most recent scientific and clinical data are explored to further reinforce and expand the rationale for specific practice recommendations. Certain perceptions which conflict with scientific and clinical knowledge and misuse of infection control products and procedures are also discussed.

The afternoon workshop considers current concepts and available product approaches in the application of infection control precautions. Infection control guidelines routinely provide clinicians with appropriate choices of products and materials designed for minimizing cross-contamination and cross-infection. A multitude of infection control products exist ranging from disposable barriers to personal protective equipment to numerous chemical solutions marketed for use on inanimate surfaces or as immersion sterilants. This presentation considers application of these and other types of infection control materials in light of appropriate documented knowledge. Participants also learn how to gain maximum effectiveness from their infection control efforts by discovering the potential consequences and implications of misuse of representative items.

#### **Course Objectives**

At the conclusion of this course the participant should be able to:

- 1. Identify recent changes and updates to the CDC guidelines for infection control in dentistry.
- 2. List occupational hazards that present risk to dental personnel.
- 3. Utilize evidence-based information to determine specific infection procedures in the office.
- 4. Determine appropriate infection control products for use in the dental office.
- 5. Understand how misuse of infection control products and procedures can minimize effectiveness.

Format ..... Lecture and Workshop

C.E. Credit ..... 6 hours

Tuition ...... \$325 Dentists, \$200 Auxiliary

#### **About the Speaker**



Molinari

John A. Molinari received a B.A. in Biology from St. Vincent College and a Ph.D. in Microbiology from the University of Pittsburgh School of Dental Medicine. He is currently professor and chair of the Department of Biomedical Sciences at the University of Detroit Mercy School of Dentistry. He has published more than 300 scientific articles, text chapters, and abstracts in the areas of microbiology and immunology, and lectures nationally and internationally on

infectious diseases and infection control topics. Dr. Molinari is also co-author of the text *Practical Infection Control in Dentistry*, with the third edition scheduled for publication in 2009.

His activities include serving as a consultant for the CDC, ADA Council on Scientific Affairs, Council on Dental Practice, and hospitals in the Detroit area in the areas of infectious disease and infection control. Previously, he was the project coordinator for the governmental Health Resources and Services Administration Task Force on AIDS and Dental Education, as well as chair of the American Association of Dental School's Curriculum Advisory Committee on Bloodborne Infectious Diseases. Dr. Molinari also served as chair of the State of Michigan Governor's Risk Reduction and AIDS Policy Commission. He has been the infection control section editor for The Compendium of Continuing Education in Dentistry and a member of the Editorial Board for The Journal of the American Dental Association. In recognition of his efforts, Dr. Molinari was inducted as an honorary member of the Michigan Dental Association, the International college of Dentists, and the American College of Dentists.



# **Registration Form**

Please submit one form per registrant.

### Register online at https://secure.atsu.edu/cde

Name	Mailing address	
Title (please check) □ D.D.S. □ D.M.D. □ R.D.H. □ D.A. □ L.D. □ Other Specialty	CityState	ZIP Code
☐ I am an ASDOH alumnus. Grad year	Phone Email(needed for co	
Register for five or more of the following courses and receive a ASDOH and affiliate alumni may take a 10 percent discount  Please register me for the following courses:		l tuition fee!
Course Title	Date	Tuition
☐ Ergonomics: Work Can Be a Real Pain in the Neck	April 24, 2009	\$100
☐ The Function Junction — Bio-Adaptability Issues for Hard and Soft Tissues	April 25, 2009	<b>\$</b> 100
☐ Infection Control Update and Workshop	May 1, 2009	□ \$325 Dentist □ \$200 Auxiliary
December	Disco	otal \$ unt \$ otal \$
Payment         □ Check enclosed (payable to ASDOH)       □ VISA       □ Maste	erCard 🗖 Discover	
Credit Card Number		
Expiration Date		
Billing ZIP Code		
Signature		

Please mail payment to:

A.T. Still University ASDOH C.D.E. Dept. 5850 E. Still Circle Mesa, AZ 85206