

Osteopathic Truth

December 1921

Vol. 6, No. 3

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Osteopathic Truth

A MONTHLY MAGAZINE FOR THE OSTEOPATHIC PROFESSION

Our Guide and Compass

OUR PLATFORM—By Dr. Andrew Taylor Still

It should be known where Osteopathy stands and what it stands for. A political party has a platform that all may know its position in regard to matters of public importance, what it stands for and what principles it advocates. The osteopath should make his position just as clear to the public. He should let the public know, in his platform, what he advocates in his campaign against disease. Our position can be tersely stated in the following planks!

First—We believe in sanitation and hygiene.

Second—We are opposed to the use of drugs as remedial agencies.

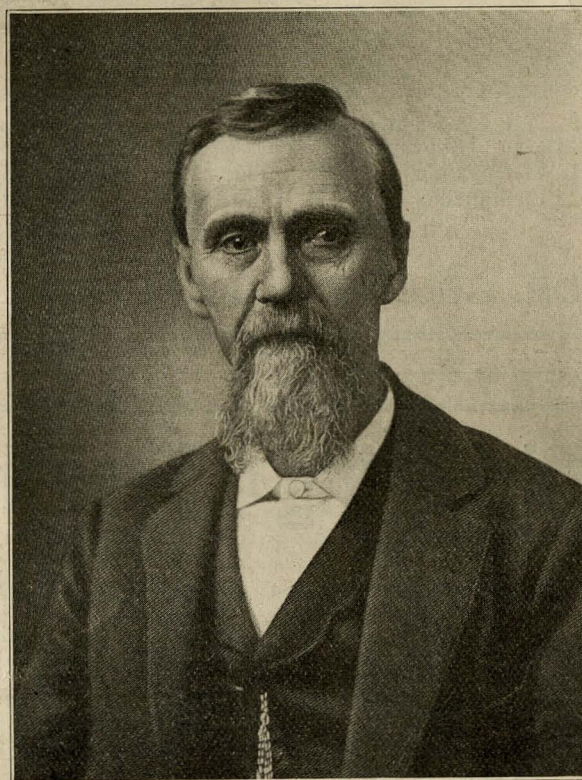
Third—We are opposed to vaccination.

Fourth—We are opposed to the use of serums in the treatment of diseases. Nature furnishes its own serum if we know how to deliver them.

Fifth—We realize that many cases require surgical treatment and therefore advocate it as a last resort. We believe many surgical operations are unnecessarily performed and that many operations can be avoided by osteopathic treatment.

Sixth—The osteopath does not depend on electricity, X-radiance, hydrotherapy, or other adjuncts, but relies on osteopathic measures in the treatment of disease.

Seventh—We have a friendly feeling for other non-drug natural methods of healing, but we do not incorporate any other methods into our system. We are opposed to drugs; in that respect at least, all natural, unharmed methods occupy the same ground. The fundamental principles of osteopathy are different from those of any other system and the cause of disease is considered from one standpoint, viz.: Disease is the result of anatomical abnormalities followed by physiological discord. To cure disease the abnormal parts must be ad-



justed to the normal; therefore other methods that are entirely different in principle have no place in the osteopathic system.

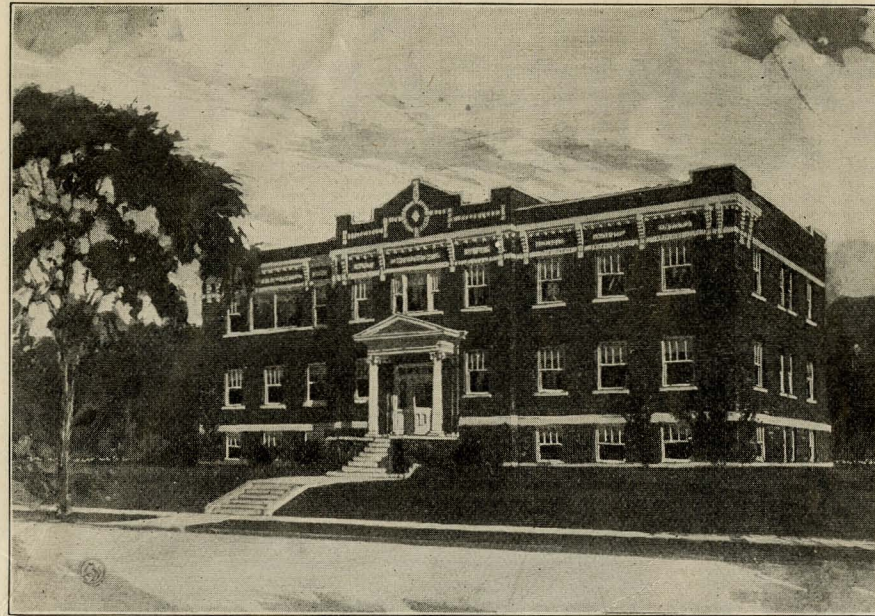
Eighth—Osteopathy is an independent system and can be applied to all conditions of disease, including purely surgical cases, and in these cases surgery is but a branch of osteopathy.

Ninth—We believe that our therapeutic house is just large enough for osteopathy and that when other methods are brought in just that much of osteopathy must move out.

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December, 1921

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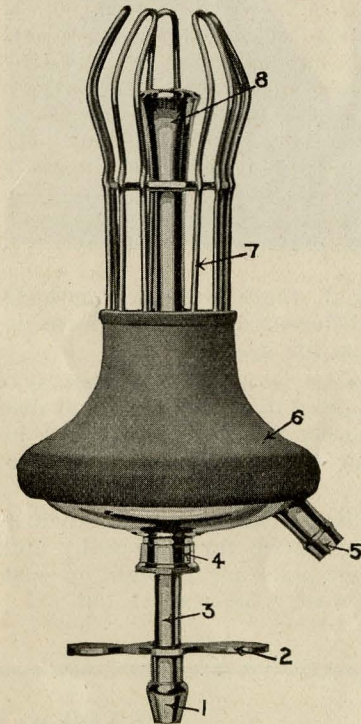
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Osteopathic Truth

A MONTHLY MAGAZINE FOR THE OSTEOPATHIC PROFESSION

Pledged to the TRUTH which Father Andrew saw,
 No favor sways us, and no fear shall awe.

Volume VI

DECEMBER, 1921

Number 3

Declaration of Purpose and Policy

A Statement of Principles by the Chairman of the Advisory Committee

(Reprint from Page No. 5, Vol. 1, No. 1, July 1916 Issue)

The paramount business of "Osteopathic Truth" shall be the dissemination to the profession of the great basic truths of Osteopathy as conceived and correlated into a system of therapeutics by Dr. A. T. Still.

Some lesser minds have essayed to interpret the philosophy of Dr. Still, circumscribe its scope, and in various ways to state what Osteopathy is and is not.

This would matter little if it affected only themselves; but they have so persistently urged their opinions as to influence not a few of the profession, and to seriously impede the normal growth and development of Osteopathy and its institutions. This publication will attempt, with all the means at its command, to aid the profession to overcome the tendency to defection; to awaken it to a realization that certain definite conditions which cannot be lightly brushed aside, but must be courageously met; and to assist it to open a new era for itself, by preaching with vigor the doctrines of real Osteopathy, and thus make its institutional growth and development a reality.

There are several problems that we see, and probably many that we do not see; but whatever they are or wherever they exist, we must set ourselves at the work of solving them; that we may build aright our organization, which, while it has grown to some proportions, is still structurally weak as an institution. We are not measuring up to our opportunities as a great profession. We cannot close our eyes to these facts. We have been so absorbed in our practices or selfish interests that we have failed to properly promote the welfare of Osteo-

pathy as an Institution. The most rudimentary form of reasoning would make plain the fact that this neglect cannot obtain without the certain failure of both, sooner or later. You cannot tamper with or destroy the trunk, Osteopathy, without killing the branch, which is yourself.

Our colleges represent one of our problems. So long as they are maintained as dividend payers we are in great danger. The natural goal is the dividend, not osteopathic advancement. There are too many colleges. Consequently there is a wild scramble for students, by reason of which the institutional welfare of Osteopathy is imperiled. We attempt to support eight or ten colleges which are without endowment. The number of medical colleges of the dominant school has in six years been reduced from 160 to less than 100, all of which are heavily endowed. There must be a reduction of the number of our colleges by merging or otherwise, and endowments must be provided. The colleges must be subject to some form of professional control and coordinated as a part of the general developmental plan. So long as our schools operate under private control, are run to suit themselves, teaching anything they see fit, Osteopathy can but fail as an institution. "An house divided against itself cannot stand." The question is, does Osteopathy exist for the dollar, or for the purpose for which it was created—"The healing of the nations?"

The motive which prompted the conception and birth of Osteopathy was the recognized inadequacy of drugs as remedial or curative agents; and the known inherent power of the forces of

the great human machine to reconstruct itself if unhampered. Hence the policy of this publication shall be on the same positive or constructive lines; it will endeavor not only to point out a way to eliminate the toxins that are slowly and surely asphyxiating us, but as well to urge on the profession the need of a positive and progressive plan of action. We exist too much on a policy of negation. We cannot simply denounce things, we've got to offer something in their places. To accomplish this we must build from the bottom by educating the profession to see these needs, and apply the remedy. We purpose citing Osteopathy as the therapeutic marvel of the ages, and freely heralding its achievements. For, incongruous as it may seem, we believe that a large element of the profession does not fully appreciate the powers of the philosophy it possesses and therefore has shamefully undervalued it. Contrary to the belief which many entertain, that we have exhausted its riches, we have but entered the portals of this great Treasure House of Truth. We purpose, then, to lead the profession not into alien fields, but into this Treasure House (whither we must go for true development), and help to uncover the wealth it holds. We purpose advocating the CAUSE of Osteopathy above the individual or any single institution, and to aid in correlating all factors that will accomplish this end. Then and not till then will our progress as a profession be assured, and our mission as a publication be fulfilled. For with the rise of Osteopathy as an Institution will come the certain rise of the individual practitioner, who

is but a branch of the Osteopathic Tree.

We refuse to believe that many of the profession are wilfully wrong—that, knowing the truth, they have turned to less potent systems, which evolve theories today only to discard them tomorrow. No, it is because they do not know the value of the law they seek to make operative (the science of Osteopathy), or have failed in the application of the art of Osteopathy that re-confers the power to that law. Osteopathy stands for anatomic and physiologic perfection, and if perfection, completeness. It stands for this or for nothing. It rests with the individual practitioner as to whether the science and art respectively are correctly conceived and accurately applied.

Our failures then, are chargeable chiefly to the individual and not to the science. But back of this, what makes the individual fail? There is but one answer. He is either of unfit timber or his training must have been faulty. The art of Osteopathy must be emphasized, then, co-extensively with the science. What we lack is a great working plan, and a united profession pushing that plan to accomplishment. It has never been thoroughly wrought into a big systematic, cohesive scheme for systematic development. The cogs in our machine don't mesh.

We propose the formation of a great central committee to evolve that plan, and to put it into force by placing a reorganized profession back of it, working as a unit. We have slept too long, drifting before any wind or with any current. This must stop. We must navigate our ship, or a pirate crew will do it. For the proof of this contention witness the decadence of other systems, which, through a policy of weakness or failure to develop, have fallen under the control of the dominant school of medicine. They are now but a fading memory. Looking toward the formation of a systematic plan of development, we suggest, and purpose advocating:

1st—The purifying of Osteopathic teaching.

2nd—A new standard for membership in our organizations, and their co-operation—local, district, state and national.

3rd—Uniform legal regulation in the several states and nation; in order to obtain which, a comprehensive definition of Osteopathy must be evolved. This is absolutely essential for a satisfactory legal status.

4th—The establishment of free clinics in all the great centers of population.

5th—The creation of a fund to place our colleges on an endowment basis. Then and then only will it be possible to secure private endowments and state appropriations, both of which are necessary for successful conduct of any great college.

6th—The close study of Dr. A. T. Still's philosophy as embodied in his several books, and as well all other standard osteopathic works. To encourage the preparation of osteopathic text books for use in the colleges, and discourage the use of medical texts.

7th—The cardinal importance and necessity of maintaining the same strict independence which marked our advent as a system of therapeutics in order that our development may be unimpeded. With surgery, we can rightfully claim completeness, and hence Osteopathy is entitled to be reckoned as a comprehensive system of therapeutics.

8th—The financial backing of the profession to secure and make possible this plan. Would it be an unwise policy to spend liberally to insure the life of Osteopathy? That's what's at stake. We are very short-sighted if we fail to see it.

Recognizing that to prepare such a plan and secure its fulfillment will require all the best brains of the profession acting unitedly on the one great object, and cognizant also of the necessity of a strong advocate to speak for this great movement toward that object, we have launched "Osteopathic Truth." Through it we are addressing the profession, asking it to co-operate with us toward achieving these ends. Always we shall stand for and foster the healthy and permanent growth of pure and undefiled Osteopathy, and all of its institutions. This is our chief and only claim for existence, for we shall not operate this enterprise for private profit. And we believe that we can be kept so busy promoting genuine Osteopathy, and reciting its marvelous achievements, that we cannot find time or space to chronicle the few successes of minor systems of therapeutics—systems which at best are largely empirical.

We purpose to cover the news of the profession, and invite the co-operation of every member in the way of sending to us news items of all sorts, such as personals, locations, removals, births, deaths, reports of local, city, state or national meetings. We ask

for the dates and programs of all meetings long enough in advance to help give them the best publicity. We shall be glad to report notable cases whenever space permits, and to receive original articles, which we shall print as nearly in the form submitted as space and the policy of the paper will allow. Any clipping bearing directly or indirectly on the one great theme, Osteopathy, will be much appreciated. We shall endeavor to stand on the high ground of principle, arguing things from this standpoint, and avoiding personalities; laboring untiringly, with all the contributing forces we can mobilize, for the progress of Osteopathy—by virtue of, and for the promotion of which we exist.

H. M. Vastine, D. O.,
Harrisburg, Pa., Chairman.
July 17, 1916.

PUBLICITY

We wish to congratulate Dr. H. M. Walker and his associates in "putting over" the magazine publicity campaign they have been so many months and spending so much energy in making the profession realize is a thing most necessary to our advancement. Publicity, legitimate, is a thing most desired for our work. Within recent months many local, district and some State societies all over the country have initiated publicity campaigns for Osteopathy. The movement by the Society for the Prevention of Spinal Curvature hit a bull's eye when they started their campaign for the perfect spines. This is something that is effective everywhere, and one of the finest mediums we have ever had. Recently, the Associated Press has made overtures for advertising through the Press Club of Chicago. They propose to give us a page in their book, this book is issued to every newspaper in the country, and provides authentic information regarding all subjects represented. Being represented in this book gives the news items regarding Osteopathy a closer touch to one of the most essential veins of newspaper information in the country.

There is no question but the A. M. A. employs a publicity man, someone who keeps the medical profession constantly before the public's eye; I have for some time made every effort to have the same done for the Osteopathic profession, but the members of our profession do not realize the necessity of spending a little money whereby much can be accomplished for our movement. They seem blind

Continued on Page 21

OUR COLLEGES AND THE PROFESSION

The Chicago College of Osteopathy is rapidly setting a standard which might well be recognized by our profession. A standard quite worthy were the conditions warranting it. The capacity of the school is jammed, with 212 students attending. However, the school should have many more students, and every effort should be made to increase the capacity to this end. But the institution is not one for profit, and therefore is supported wholly by the generosity of the profession and their friends.

The course now, unless one has a unit of biology, physics and chemistry, covers practically five years; although, having these three subjects, the course can, by extra effort, be covered in four years. The C. C. O. is endeavoring to equip its graduates to enter legally any State in the Union; but in so doing, we believe it is increasing the burden of the student to too great a degree. The question enters, "Is our profession ready for these high standards?" Do they not work too great a hardship? The Old Guards are fast dying off or retiring from practice, and are we placing enough men in the field to continue the number already in practice, or are our numbers decreasing? In numbers, we have strength. There are those of us who believe that we advanced to three years too soon by ten years, and then to four years by an equal length of time. Our numbers include too few workers for the cause, and, as we are well-advised, of late years, too many have been graduated who have not the correct concept of what Osteopathy stands for. One thing, it has stood for too many inefficients, and too many who are using the degree of Doctor of Osteopathy to other ends. This is a serious situation, and one to be well pondered; are we receiving enough students and are they being properly educated in the points that make Osteopathic Physicians, or are we not? Another question enters the mind of many: shall the colleges come up to the State requirements of all States, varied as they are, or shall they make a decent standard, and then let the States come to it? To try and prepare the student to enter any State in the Union means the situation in which the C. C. O. finds itself, our course becoming practically five years. This standard is too severe and means the limiting of our profession until such a time as we find ourselves just where the

Homeopathic school is today. The Osteopathic physicians who are backing all our colleges, we may say, are most of them two and three-year men. And we will agree they turned out some mighty good Osteopathic physicians in those days; men who have helped "put Osteopathy on the map." Who else but they did do it? Surely not any one else!

The consensus of opinion of the profession as represented at the meeting of the Educational Conference at our Cleveland convention was for four years of High School, and four years of Osteopathy. This is as far as we should go; "our backs should be against the wall," and we should not stir one inch farther.

A recent visiting physician from central Ohio was surprised at the splendid character of the student body of the C. C. O., and we believe the standard has been increased in all our colleges. But we still believe no better Osteopathic physicians are going to be made than are already in the field. We cannot see wherein the spirit to fight to win is being developed, nor are the graduates, as a whole, entering the field with the "do or die" spirit for Osteopathy. Our answer to this is, the curriculum is entirely too padded with unessentials, and these unessentials are too strongly emphasized. Let's cease to be blind, but open our eyes to facts, and not ideals nor "what someone" thinks, or feels is the thing to teach in an Osteopathic institution. Let's place our colleges in an independent position, where real Osteopaths may handle the curriculum, and we may pay Osteo-

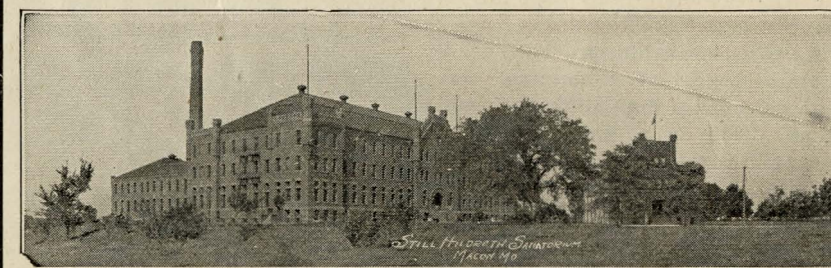
paths to teach, and not be dependent upon whomsoever we may be able to give their services. This means endowments; get 'em!

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to everything but the dollar immediately before them. The progress made in Chicago has been due greatly to our Hospital and College, and the many activities associated with them. In every event, a press agent has been employed to put over the publicity, and in this way Osteopathy has been kept more before the public in a recent few years than in all the other years put together. We do the work; we get results; we should have the public eye; but we cannot ever expect to get it, unless we have a way in which to place it before them. This way is through the newspapers, and then through general news items, and educational articles, and NOT through individual paid cards.

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Osteopathic Truth

A MONTHLY JOURNAL OF
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PRACTICING OSTEOPATHIC PHYSICIANS
FOR THE OSTEOPATHIC PROFESSION

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THE OSTEOPATHIC TRUTH PUB-
LISHING CO.

25 E. Jackson Blvd., Chicago, Ill.

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DECEMBER, 1921

"Any occupation which is good
enough to make a living by is good
enough to boost."

OSTEOPATHS AND THE MEDICAL TRUST

The Osteopathic bill, providing for a separate board of examiners, was again defeated in the California Legislature. This, in a way, serves the Osteopaths right, for they have toadied to the Medical Trust, and in order to placate it have adopted vivisection, and harmful and unnatural methods of treatment. They should know, by this time, that the doctrine of the trust is "rule or ruin."

Following letter is from an Osteopathic practitioner:

"The State Medical Board has been active in prosecuting drugless healers who do not comply with the law. The State Medical Board itself does not comply with laws that do not happen to please it.

"When the first Osteopaths came to

California there was no such thing as a State medical examination. All doctors were licensed, on credentials. There are now practicing in California about 2,000 M.D.s under full privileges of a physician and surgeon license, who never took an examination. Some of them never saw the inside of a medical school, but gained their knowledge as apprentices to older doctors.

"Apparently that condition did not trouble anyone, nor did it occur to the medical profession that the dear public was in danger, until the Osteopaths arrived. Then they became alarmed, though all Osteopaths had had training, covering two years of ten months each.

"To protect the public, of course, they at once persuaded the Legislature to pass a law requiring all practitioners, allopathic, homeopathic, eclectic and Osteopathic, to take an examination, which was to be given by a State Medical Board. Thinking that the ignorant Osteopaths could not pass their examination, they did not state in this law that Osteopaths were to be limited to manipulation, even though they passed the examination in all other subjects. To their alarm the Osteopaths calmly took and passed their own examinations and insisted on practicing what they wanted to.

"Finally, in desperation, the State Medical Board, about two years ago, refused to let the Osteopaths take the examination—an examination, mind you, which the medical profession had forced upon them in the first place.

"Two years ago the Osteopaths obtained from the Legislature a law compelling the State Medical Board to continue to give them the unlimited examination. Did these superior beings obey that law? Not much. They absolutely refused to recognize it. The Osteopaths then took the case to court, and got a decree ordering the State Medical Board to examine Osteopaths in all subjects taught in the schools. Did they obey? They did not. They appealed to the Superior Court. That was a year ago, and the Superior Court has not yet acted on the case.

"Thus, the State Medical Board will not give Osteopaths the examination and they fight a bill giving Osteopaths their own examining board. And last year, when only medical graduates were taking the State examination, the Medical Board so far forgot the welfare of the dear public as to give a very much easier examination than when they were hoping to flunk a few Osteopaths.

"Are laws made only for inferior beings like Osteopaths and chiropractors to obey, while superior beings like the State Medical Board may use their own judgment as to what laws to obey and what to disobey?"

"Have members of the medical profession so little confidence in their system that they dare not longer allow rivals to exist?"

—Exchange.

EDITORIAL

With this issue of Osteopathic Truth the paper, at least for the time being, is suspending publication. Not that those who have backed the paper have changed one bit from their "Declaration of Purpose and Policy," as printed on Page No. 5, Vol. 1, No. 1, July, 1916, and reprinted in this issue, but because they wish to further their ideals, and carry out in the paper the ideas they have suggested for our other organizations, viz., that everything should be on a thoroughly organized business basis. For five years, a few physicians have made every effort to put the trend of Osteopathic thought back into the proper channels, from which we had much evidence that they were rapidly straying, and to further the Principles of Osteopathy as we had received them from our Founder, Dr. Andrew Taylor Still. That we have succeeded in this, is conceded from every side, and our journal has been praised by those whose opinions we feel are of value.

As editor of this paper, I am reminded of the story of the old darky who lived in Nashville, Tenn. This happened before the days of Prohibition; on Christmas, one of his good angels donated a bottle of his favorite "likker"—gin. The old darky was too feeble to walk, so took the street car. In getting off, his foot slipped and his precious lundle dropped to the street and was broken down into many pieces. He looked down at it, and sadly remarked "Chris'mus has come and went." So, my position came to me with the last issue, and with this one, "it is went."

We shall not stop working for the profession we love, but will help in every manner possible to further those ideals of our dear Old Doctor. May his memory ever be a guide to our efforts, and a help to us in everything we do.

O. Foreman, D.O.,
Editor.

The Woman's Auxiliary of the Chicago Osteopathic hospital held their annual bazaar November 29, 1921, at the Recital Hall of the Fine Arts Building, 410 S. Michigan Avenue. Mrs. Charles D. Bohling is president of the auxiliary; Mrs. Grace Greene Marshall, was chairman of the bazaar. Unofficial reports have it that over \$5,100 was secured. A number of the celebrities of Chicago's theatrical world were visitors and helpers during the day, among whom, were the Duncan Sisters of "Tip Top," Miss Jane Gray of "The Skin Game," Cyrena Van Gordon, contralto prima donna of the Chicago Grand Opera Company, Lucille Wynekoop, soprano. Autographed photos from Mary Garden, Pavley and Okransky, Cyrena Van Gordon, Madame Mason-Polacco, Signor Polacco and others from the Chicago Opera Company; also pictures of Geraldine Farrar, Fred Stone, Frank Bacon, Nan Halperin, Eddie Cantor and others were sold. Luncheon and dinner were served, and dancing after eight o'clock; music by the C. C. O. orchestra. The ladies of the auxiliary are wives and patients of the Osteopaths. Membership is open to all who wish; if you cannot work, your dues, \$5.00 a year, are

helpful. Send your application to Mrs. E. A. Morrow, 1730 W. 99th Street, Chicago, Ill.

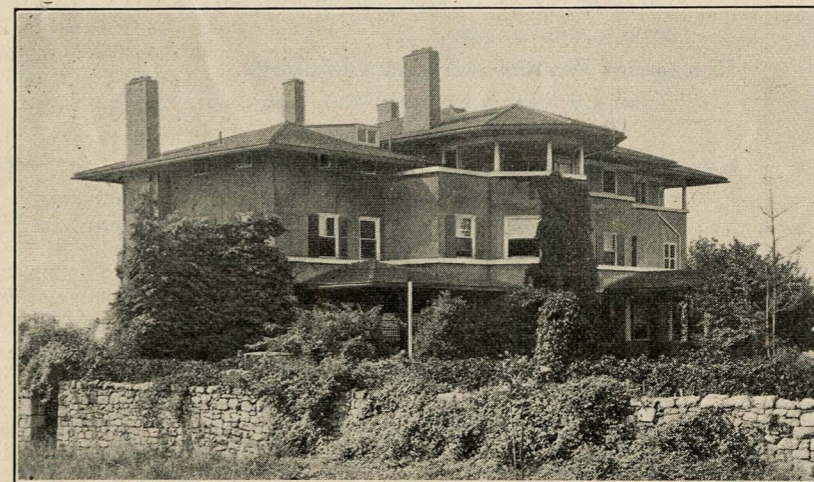
BASKETBALL GAME

A. S. O. have a splendid basketball team; so have the Chicago College of Osteopathy. Early in January, we are to have an opportunity of seeing which is the better. A. S. O. will travel to Chicago for a game January 9, 1922; later C. C. O. is to have a return game in Kirksville. Watch for the date, and come join the fun.

MAKE FRIENDS FOR OSTEOPATHY

Although Mr. Eddie Cantor of the Midnight Rounders Company, when formerly with The Ziegfeld Follies, put on an "Osteopathic" act which was a "scream." He had only once visited an Osteopathic physician for attention. While playing in Chicago for twelve weeks, he met an old friend, a student of the Chicago College of Osteopathy. He responded gladly to the suggestion that he give a benefit for the Hospital, and he made it a huge success. Never was there a

better run benefit given in Chicago. Still, Mr. Cantor was not especially interested in Osteopathy; he was doing this for his friend. On the day the Examination stunt was made for the perfect spine, his Orchestra Conductor was suffering from the "Shingles," so much so, he could hardly conduct the afternoon's performance. He was in such pain he was willing to try anything, and, as the Osteopathic physicians had just been there, he took a chance. The chance was agreeably surprising, and in two days he ceased to suffer, and continued relieved the rest of the engagement. Mr. Cantor became interested, and as he had been suffering, he, too, found himself under the care of one of the physicians. The result was so satisfactory he didn't fail to go at least twice a week the rest of the time he was in Chicago. He told all his friends, and he has many, and even wired friends in New York who were ill, to have Osteopathy. He promises, whenever in Chicago, he will each year give a benefit for the Hospital. Thus we made a friend; a good friend; and he is not boosting any individual, but The Cause. These are the friends who help. You can all make them—just try.



Patients
From Far
and Wide

RECENTLY our list of patients at the Sanitarium included, in addition to patients from Portland and its suburbs, two patients from Missouri, one from Minnesota, one from Ohio and also patients from the following cities: San Francisco, Calgary, Seattle, Tacoma, Vancouver, Olympia, Centralia, Nahcotta, North Bend, Boise, Corvallis and Buxton, Oregon. Our Milk Cure Treatment, combined with Osteopathy, gets the most gratifying results. Inquiry invited. Terms, accommodations and general information.

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