

# THE BULLETIN

## OF THE ATLAS CLUB

VOLUME XVI.

FEBRUARY, 1915

No. 5

### OSTEOPATHY, OR ?

The conditions confronting the Osteopathic Profession at the present time, seem to me to be the gravest that have obtained since Dr. Still gave this great science to the world. To the casual observer we seem to be resting so easily, and having an exterior of such placidity that this might appear to represent a form of safety—that our professional status is firmly fixed. I trust I shall be able to prove to you that this is quite incorrect; that this apparent calm is most unreal, and that we are dwelling in a fool's paradise of fancied security. Instead, this all too dead calm must be viewed with ominous apprehension, for it presages things which I cannot help but regard as seriously significant.

Don't be deluded by the thought that the forces arrayed against us have experienced a change of heart, nor that they impotently are inactive. They are only appearing in new form. Their strategic end is forever the same only differeng, in a way, from their former animus. They now do not seek to destroy our principle, but to appropriate it, and claim original discovery and thus through a series of these claims they are insidiously creeping into the heart of Osteopathy; and one of these days they will co-relate these so called original investigations, and assume sweeping rights to a new (?) philosophy, which they have stolen from us, and we shall be left without an anchorage. Herein lies our danger.

When Osteopathy made its entry into the field of Therapeutics, it was regarded as a common enemy by the A. M. A. and as such was ordered to be destroyed. Now she is regarded to possess a great basic truth, and they have changed their tactics. And it is to appropriate her truth and destroy the system or structure that this truth has builded.

What they aim to do is to annihilate Osteopathy in name and form, and by a certain Divine-right claim to all Therapeutic discovery, they are vivisecting our system, and stealing it out of the "original package", re-christening it, and presenting it to the world as "our own brand".

The experience I have personally had in dealing with this damnably vicious, dishonorable and dishonest policy of the American Medical Association in a Legislative way, gives me peculiar ability to know what



I'm talking about. We read about the cruelty of corporate greed, and it is largely true; but it is equally, yes more true of this Godless Octopus that poses as a benefactor of mankind. What I say does not apply to Institutions, or Individuals, many of whom detest, and openly denounce these wrongs. I refer to the questions of Professional policy prosecuted by this Politico-Medical crowd. How are we to cope with this force, and what will occur if we do not meet it?

In answer to the first query, I will say that we cannot hope to offer any appreciable resistance until we have solidified our own structure, and have well inaugurated a positive constructive plan for our guidance; for, after all, constructive or positive campaigns are the real terminal victors, and until we purify ourselves of this dry rot and worse, we cannot look forward with a hope that sees the end achieved.

What is the matter with our Profession? My diagnosis would be that it has lost its chart or guiding compass—the fundamentals, that have found their way into being through that marvelous scientist and philosopher, Dr. Still. I'll grant as well that altogether too many have never HAD their chart, or begun, even yet, to grasp the greatness of this great man. Many idle minds treat him as a joke, and take his many philosophic enunciations as "mere silly bosh". The truth of the matter is that this seer of the ages, who always impresses me as looking "beyond the ranges" (Kipling) of the confined area of most of us mortals, is woefully underestimated, and misunderstood. He so often talks over our heads, and his parables are frequently fraught with such profundity that we, like the Disciples of the Master, often have to ask the interpretation; and if we fail to comprehend, is it not our part to search reverently for the message instead of jesting to obscure our ignorance? For mark my words, it is there. We take this great philosophy with a flippancy that surely never actuated its discoverer.

Indeed I am appalled at the low estimate that we have placed on Osteopathy. And with our weak apology for existence how can we look for the world but to accept us at our own valuation? My Brothers of this Fraternity, we, who have prided ourselves on standing for excellence in Osteopathic scholarship, what are WE doing to properly grasp this great principle? Do WE recognize the greatness of the thing we represent, and are we doing our very best to bring it to its proper place in the world? Are any of our number among those who seek to "broaden" themselves by the study of Medicine? God forbid. Say fellows you can't be flesh and fish and don't you think it either. Don't you realize that if you are a mixer, an osteopathic hybrid, for every ounce of prestige, (as one Chicago D. O., M. D. apologetically offered for having taken the degree, and displaying the "M. D." on his window and not the D. O.) you will lose public

confidence, four fold; for osteopathy has won its standing, to this point, on its declaration of principles which deny drugs as curative agents, and on the already evident fact that the intrinsic body mechanism is self regulative, and self reparative.

Then how can you hope to mix these two opposing theories, and hold public confidence. If you have been an M. D. and then find the better way by becoming an Osteopath and a real one at that, I will hail you. I'm glad to know we have a few such as these. But if Osteopathy's principles are fundamental they must as truly be comprehensive. And if comprehensive, what need of Drugology?

A law is a law and it cannot be selective in its operations. If Osteopathy can cure a headache, a fever, appendicitis and a pain in your big toe, do you mean to have the temerity to tell me that it is not comprehensive and co-extensive with the field of disease? If you do, you haven't the Osteopathic Blue Print. Say men, this pro-drug tendency is gnawing at our vitals, and we must strike it to the death at once. Yes, strike deeply, and mortally too, and where to strike is as Dr. Still has taught us, at the cause. This cause is the Colleges.

I'd favor a death blow to any college that dares to raise its alien head and proclaim such heresy in our midst. Yes and at all of them if necessary, and we will rear a new and pure one. The Principles Dr. Still gave to the world are of such infinitely superior worth when compared with any college, man, or set of men, that if need be they must be struck down that these principles may live. May the God of the Universe, who stands sponsor for this great law of cause and effect—of order and harmony, of perfection and completeness, and who so safely guided the sage of Kirksville in giving this to the world, be graciously near and guide the wavering hands of our profession to keep it in its entirety and independence of other systems.

I can't understand why so few seem to catch Dr. Still's inspiration. That's why we have so many of these pro-druggers. Do you know they remind me of Guinea Pigs—they are neither guineas nor pigs. If anything the latter, for if there is any other root cause back of their attitude, aside from ignorance of Osteopathic tenets, it must be selfishness and pigs and selfishness are synonymous terms. Maybe that is why Christ cast the Devils into the Swine to teach us that we must drown our selfishness.

Fellows, we, of the field know from a rich experience that Dr. Still did not beget a false philosophy, and I am going to urge you to make certain that you get his method of reasoning health and disease, and I cannot do better for you than to comment you to his books on the subject. Study them, ponder well the great self-evident truths he has laid



down in them as the Osteopathic postulate. I also commend to you the recent articles written by Dr. C. P. McConnell in the March, April, and May numbers of the A. O. A. Journal. He aptly suggests that Osteopaths must get Dr. Still's habit of thought—his type of reasoning. These articles are to my mind the greatest ever offered to the Osteopathic Profession. Dig deeper into our own great mine of truth. Be a genuine preacher of the Doctrine, become a working unit in the State and National organization, and you will thus prevent this impending danger.

Men of the Atlas Club when I speak to you, I as well speak to the Profession in general, if you are red blooded, real men that I think you are, will you not rally to the colors, and let's place this marvelous system Dr. Still has so wonderfully given to the world to a point beyond the peradventure of theft from without or sully from within. I thank you.

Yours fraternally,

HARRY MONTIS VASTINE, D. O.

#### RESOLUTIONS.

WHEREAS—The welfare of suffering humanity demands that the Osteopathic philosophy be preserved and perpetuated in its purity, and

WHEREAS—The best interests of the osteopathic profession demands that all osteopathic institutions be controlled and operated by physicians of unquestionable standing in the osteopathic profession, and loyalty to the osteopathic principle, and that such institutions be kept forever free from drug influence, domination and control.

RESOLVED:

1st. That the Toronto Association of Osteopathic Physicians protest against any proposed affiliation between osteopathic colleges and medical schools, or the common use of buildings for both osteopathic and drug teaching.

2nd. That all Osteopathic Physicians should adhere diligently to the osteopathic principle, and seek to uphold the dignity of the D. O. degree to the end that this degree be accepted as the distinguishing mark of the most efficient Physicians and Surgeons in history.

3rd. That this Association commend the action of all loyal osteopathic practitioners that are fighting for a clean undefiled osteopathy, and are placing before the profession at large any deviation from the true concept of our revered founder, Dr. A. T. Still.

4th. That a copy of this resolution be sent to the presidents of all osteopathic colleges, and to the editor of the A. O. A. Journal, the Osteopathic Physician, and the Journal of Osteopathy.

J. M. KERR, Secretary.

F. P. MILLARD, President.

#### THE TONGUE IN DISEASE CONDITIONS

(CONTINUED)

By E. R. WATERHOUSE, A. M., M. D., St. Louis, Mo.

Another tongue that is often met with is known as the fissured or mapped tongue. The organ is fissured in every direction and he complains that when he eats cheese or tomatoes that they set up a burning and smarting. Many writers allude to this tongue and tell us that with it we have a case of renal congestion, or inflammation, which points us to a coming Bright's disease. I have observed this tongue for the last thirty years. I have had the matter up for discussion in many medical society meetings, but never found any one that could throw any further light upon the subject.

It is my opinion that these fissures result from a peculiar condition of the nervous system that may be caused by a renal congestion as well as by latent syphilis, and in some who have injured their nervous systems from the abuse of strong plug tobacco. In this latter instance it may be due to some drugs that are used in the flavoring of the tobacco. I feel sure, however, that this tongue does not point us to a diseased condition of the kidneys, with any degree of certainty. This tongue should receive more observation and study before its full significance can be established.

We are all familiar with the tongue that is coated with a thick coating that is like grease or cheese, that can be scraped off. Here we find that the stomach is coated with the same material and we are going to give him a good, generous dose of sal-epsom, to clean him up; or in many instances the old-time powder of lobelia, or a dose of ipecac would do good; but at this day the people rebel against the mere suggestion of a "puker" and we are obliged to turn to some other cleanser, or lose our job.

Should this tongue show a yellowish coating running forward from its base, we have a torpor of the liver, stomach and the entire upper intestinal tract. \* \* \* With this tongue we find that all febrile conditions are intensified, or possibly may be wholly dependent upon this condition, and when this wrong is righted the balance of the treatment becomes easy.

When we have a dry tongue, no matter in what disease it may occur, we have as a cause a severe irritation of the nerve centers, and when in the run of some grave disease the organ begins to moisten, it tells us far more than it tells to the laity. It tells us that we have relieved this irritation of the nerve centers and that nature has begun to assert herself in the direction of a cure or restoration. No matter in what disease this dry tongue is found, it adds greatly to the gravity of the case. \* \* \*



It is a very full, expressionless tongue; in color it is lighter than the normal, with a slight inclination to a leaden hue. It carries a single fissure, running back from near the point, and dividing the organ into two lobes. This tongue indicates poor nutrition and blood-making. We also note the atony of all excretory organs, with its resulting auto-toxemia. Here we must use alternatives to break down and carry out, before we can get results from tonics and restoratives. \* \* \* We often see this tongue for years after a severe case of diphtheria, or rheumatism, and very often it accompanies chorea. Clean him up, both inside and out. Rub him with epsom salts solution to keep his skin working at its best; give hepatic and glandular remedies to stimulate the excretory functions and remove the stink that he carries, and soon all goes well.

One very good illustration of the changes that take place within the tongue, with the various changes of the bodily functions, is to note the changes in the color of the tongue when a man is hungry; his tongue is light in color, because the blood vessels in the walls of the stomach are contracted, and the parts look pale from a lack of blood, but when foods are introduced, the stomach becomes stimulated, the blood vessels become turgid, and filled with blood, which acts as a cause to increase the output of digestive juices that complete digestion. The walls of the stomach change at once from the pale light color and take on a redness as the influx of blood enters the wall of the stomach, and at the same time this tongue shows the corresponding change and grows red.

Another tongue is a full, broad tongue, with considerable coating. The edges show many indentations from contact with the teeth, and we also note that the patient's breath does not smell as pleasant as a rose. This is the tongue that shows fermentation and decomposition in the stomach and bowels, with this retention of filth, which is of an acid reaction. \* \* \* In many instances where this condition is allowed to go on, it brings about a typhoid complication that probably would not have appeared had this indication received attention at the start.

\* \* \*

In ladies who are not strong, the look of the tongue will tell us that menstruation is on, or is about to appear. In these cases we observe the broad and puffy tongue—one or possibly both conditions. This indicates that the phenomena of menstruation has caused some considerable depression of their sympathetic nerves and calls for tonics.

The tremulous tongue is another indication of debility. As the patient protrudes the organ he cannot hold it still, and it trembles. This may be all the pathological points that we are able to note, and it calls

for restoratives, and when found during the run of acute diseases, often lends a grave aspect to the prognosis. \* \* \*

We are all familiar with the tongue that we see in the latter stages of consumptibn. The tongue gets raw, the appetite is entirely gone and digestion entirely suspended. The stomach is sore, because of the same conditions as are shown upon this tongue. This all betokens a rapid dissolution, and no remedies can give more than a palliative effect. \* \* \*

There is another tongue for which the investigations should be credited to our Dr. Stephens, and for which suggestions I am indebted to him. This is a red, or bluish-red tongue, that is clean, but has a glazed appearance. This peculiar tongue is never seen except where there is some pressure upon the colon; it may be from some uterine or ovarian trouble, or caused by the pressure of a tumor in the pelvis, or the tumefaction that is causing this abnormal change is the tongue may be some higher up.

In many cases of mental diseases we see evidence of a coming general paralysis by the tremulous tongue, and also where the brain trouble is very severe we note that often the tongue is contracted. It seems to be atrophied in every direction. About the first sign of general paralysis will be noticed in the lack of articular power, due to a loss of control of the tongue.

In the treatment of convulsions the tongue may show us as to the severity of the spasms that have taken place previous to your examination. That is, where the spasms have been slight, there will be no evidence of the patient having bitten his tongue; but where the convulsions are very severe, as from uremic cerebral hemorrhage, or tumors, the tongue will in the great majority of cases show that it has been severely bitten.

\* \* \*

We may come across a tongue that is white in every sense of the word. Such are found where there is puerperal septicemia, with no peritoneal. Wherever you find this tongue you have more trouble on your hands than you care to handle.

This paper could be carried to a far greater length, and many more tongue symptoms brought out, but the paper is already too long.



# THE BULLETIN

OF THE ATLAS CLUB

H. V. HALLADAY, EDITOR

H. P. FROST, BUSINESS MANAGER

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KIRKSVILLE, MISSOURI, FEBRUARY, 1915



**Our Part** We sincerely hope that each of you receiving this copy of the Bulletin will read Bro. Vastine's article not only once but several times. As he states the actual condition in some localities is appalling. From the standpoint of a student the outlook is grave. It seems to us that those who have gone ahead and blazed the trail have let the undergrowth get a start and obliterate it. You in the field who call yourselves pioneers have your homes. You have your practice. Your land is cleared and you are satisfied. Your own individual future is assured, but what about the future of Osteopathy, its present students and those who will come later.

The writer is personally acquainted with almost a thousand Osteopaths and has had the pleasure of visiting many in their offices. The majority of these are members of the A. O. A. and of their state association but when asked what was going on in the Osteopathic world they replied, "O, I am too busy to bother with such affairs". It does not seem to us that they are giving much in return for the privilege to be-

longing to these organizations. It is the same as saying, "I am too busy with my own selfish interests to help advance Osteopathy or any of my professional brothers". "United we stand, Divided we fall" could not find a better application. Brothers, let us make it our business to know what is going on in the profession and outside too, Osteopathy belongs to us. The "Old Doctor" gave it to us. Can you grasp the significance of that? Think of that wonderful old man whom many of you know personally. Would you come back to him and tell him you had an M. D. degree added since you received your D. O.? How much of that precious prestige could you gain from him? Would he meet you with open arms and say, "Well done my good and faithful student"?

The fact that we have over 700 students in our school is sufficient evidence to convince anyone that the people want Osteopathy. You are an awfully poor Osteopath if you cannot go out and preach the study you have spent three or four years acquiring. Compare the truths in drugs with the truths of Osteopathy. You do not want to be a faker, and you are if you cannot get along with pure Osteopathy and have to fool the people with a case of pills and powders. Go back to the ribbon counter.

The Editor has been raised on Osteopathy. Has had it for breakfast dinner and supper for as long as he can remember, and knows what he is talking about. Above all things he prays that the Atlas men will stick to pure Osteopathy. Our organization was formed with that idea supreme. We must keep it so. Every chance you get talk Osteopathy and in your meetings work to compel our schools to teach the Old Doctor's philosophy above all things.



## CLUB NEWS

February 8 marked the opening of our club for the entertainment of our friends. Practically every member was present and many brought friends. The program consisted of an address of welcome by Dr. George Laughlin followed by several musical numbers by members of the club. After the program the boys adjourned to the card room and library where smokes and refreshments were served.

\* \* \*

Bros. Geo. Elkins and Don Atkinson, comprising the dance committee, initiated their work with the first dance the evening of the 12th. About 25 couples attended, several being guests of the club. Music was furnished by Bros. Hurd and Sluyter.

\* \* \*

The club held open house Saturday the 13th and again the 27th. The programs consisted of numbers by the club members followed by the usual social smokes and card games.

\* \* \*

The Osteoblast, our college annual, was finished and the last bit of copy sent to the publishers the night of the 14th. This is a date long to be remembered by those on the staff that assisted in making up the book. The club was well represented, having the following on the staff; C. L. Baker, Bus. Mgr.; W. O. Medaris, Sales Mgr.; H. V. Halladay, Art Editor; A. R. Brunsman and P. A. Delaney, Literary assistants. Bros. Atwood and Rogers each contributed to the art department.

\* \* \*

Dr. Frank Heiny was with us the 20th of February and after the closed meeting addressed the members on "Advertising a Practice". On account of his long experience in the field Dr. Heiny was able to give some excellent pointers on the subject. The club needs just such talks as the one Dr. Heiny gave us. It was thoroly appreciated as is evidenced by the fact that the Dr. was kept at the club until after 12 o'clock answering innumerable questions and giving genuine "heart to heart" advice.

\* \* \*

The Practical Work committee decided that during the term they would ask the members to furnish the practical work for the club. Several had specialized in the different subjects and it was thot that they could give the work as a "Student to a Student" as well as calling on the heads of the departments to help us in our reviews. A series of six lectures on Anatomy was planned first to be given by Bros. D. S. Atwood and H. V. Halladay and Friday evening of each week was set aside as

special for the work. The first lecture was given March 12 by Bro. Atwood who took for his subject the Arm. The 19th Bro. Halladay talked on the Pelvis, taking up both the male and female. The 26th Bro. Atwood discussed the Thigh and Knee Joint. To date the plan has met with excellent success and the members are showing their appreciation of the work by their regular attendance.

\* \* \*

The Annual Valentine Dance was held March 12th. Bros. Elkins and Atkinson decorated the hall beautifully suggesting the season. About thirty couples attended. Ivory powder boxes with a gold Atlas bone imprinted on the lid were given as favors.

\* \* \*

March 13th the Club entertained. We were fortunate in having Bro. LaRue of Lancaster, O. with us as the speaker. Bro. LaRue has been in practice for several years and had a fund of stories of his experience in the field. His many successes in Acute work were interesting and we hope soon to publish an article from him in regard to that line of work.

\* \* \*

Wednesday the 24th we were agreeably surprised to have Dr. H. S. Bunting with us. The Noble Skull called a special meeting in the afternoon in order that the club members might have the privilege of meeting one of the Fathers of the club and one of our most earnest workers in the profession. We are all to proud be members of the same organization as Dr. Bunting. He talked to us as his children, giving us many practical points in regard to getting and keeping a practice. One thing that he urged and which we hope to institute in the near future is the "Diagnostic Mill". These demonstrations will come under the duties of the Practical Work Committee and we hope to give the boys several evenings of practice along this line. Dr. Bunting is our expert in advertising. He is the man who has opened many a "path" for the Osteopath.

\* \* \*

One of the most successful dances of the season was the Hobo Dance held the 26th. We will say the Dance Committee is there. We are looking forward to more of these unique affairs.

\* \* \*

Bro. H. A. Downs of Oil City, Pa., visited us the 29th.

\* \* \*

The boys were glad to see Dr. Weaver of the June '14 class, who brought a patient to be operated upon by Dr. Geo. Laughlin.



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You can't per C V dined.

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And N E time you bet,  
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The A G ought to get.

If he should C Q for his pay.  
To A D sends a bill.  
Tis D P hopes a check you'll send  
To M T pockets fill.

Some hired L P has to pay  
Ah awful A Z pair.  
L C the cook helps K T out  
When S E isn't there.

But when at E V comes from work,  
And starts a P K boo.  
With baby Q T plays and yells  
At her, "O I C U".

He likes to T Z likes to joke  
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Y S E not down town today?  
U S K friend and pause.  
The debts E O D paid by death  
X S of work the cause.

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"I must X L", his motto was,  
And now in P C sleeps.—H. V. H.

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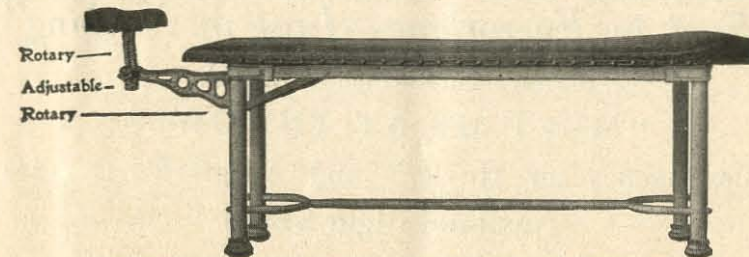
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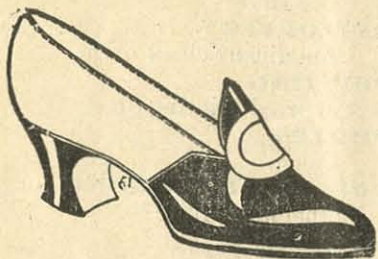


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