

The Osteopathic Physician

May 1921

Vol. 39, No. 5

Reproduced with a gift from the Advocates for the American Osteopathic Association (AAOA Special Projects Fund)

May not be reproduced in any format without the permission of the Museum of Osteopathic Medicine,SM

SOS—We Still Need to Sell \$2,900 of Bonds to Pay for Our New Building! Read Our Appeal on Page 26.

The Osteopathic Physician

Published on the 15th of Every Month by THE BUNTING PUBLICATIONS, 9 S. Clinton St., Chicago, Illinois. Subscription Price: \$3.00 per annum. Copyright 1921, by THE BUNTING PUBLICATIONS. Entered as Second-class matter April 7th, 1903, at the Postoffice at Chicago, Illinois, under the Act of March 3d, 1879.

Volume XXXIX

CHICAGO, MAY, 1921

Number 5

Dr. George M. Laughlin Founding a New College at Kirksville

To be Known as the "A. T. Still College of Osteopathy"

[From the Kirksville Journal]

A new college of Osteopathy is to be established in Kirksville on the lots recently purchased of Mrs. Pierce on the corner of Elson and Jefferson streets, as well as the two lots to the west. The building purposed will cost about \$200,000. Work is to begin on the building and it is hoped the school may be opened next Fall.

Dr. George M. Laughlin, of this city, with prominent and well known osteopaths in the field are to be the promoters of the college.

The name of the new school is to be "The A. T. Still College of Osteopathy", being named for the founder of the science.—April 28th.

This news will create a profound impression throughout the profession. Dr. George M. Laughlin has already made a reputation as a builder of one institution, and when he gives out the news that he is going to build another one everybody will believe him. George is no four-flusher.

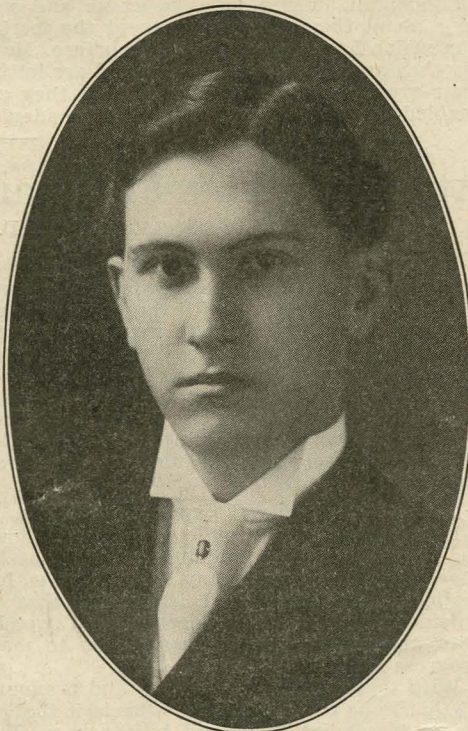
Founding a new college of osteopathy nowadays would seem to most of us to be rather a Herculean undertaking, but if there is one man in the profession who is fitted to make a success of it unquestionably that man is George Laughlin. Now it is settled that he is to launch a new college we have no doubt he will both put his own money into it liberally and that his mind will be fixed on the scientific and scholastic success of the institution more than upon mere money making. Of course that sort of policy wins money in the end—it can not fail to, and we believe that Dr. George is big minded enough to understand that fully.

It seems to us, therefore, that this news is big with portent for the profession. Undoubtedly the profession has need for more and more students to be graduated every year. There is room for more colleges if they can only be founded in sufficient financial strength and be conducted under right auspices to insure maintaining high standards. It would appear as if Dr. Laughlin can fulfill and guarantee both conditions.

The OP has always preached caution in founding new colleges, and has not hesitated to criticize such a proposed program on the part of those whom it did not deem fit for the task of being both capable educators and school managers, combined with sufficient capital to give assurance of distinct success. We do not believe Dr. Laughlin falls short in fulfilling any of these conditions.

Of course the profession will wonder, and with some justice, how the founding of a new institution will affect the fortunes of the parent college. Most of us, we think, would hate to see the ASO decline. Certainly the OP would deplore it. Personally, we don't see any need of it. There are untold thousands of students to be recruited throughout the country. There

are enough students to be gotten by adopting modern progressive business methods of advertising and promotion to fill two big schools in Kirksville to overflowing and fill ten more big schools elsewhere besides! If the new A. T. Still College of Osteopathy draws away a



DR. GEO. A. TOWNSEND,
Chico Hot Springs Sanitarium, Emigrant, Mont.

part of the present patronage of the ASO, the latter will only have to hustle a bit harder and take on new business ways to hold its own. Nobody will doubt that it would prove a salutary thing for ASO to be put on a competitive basis and be compelled to adopt a modern business office policy of recruiting students.

It would probably never take such a step without competition.

Competition is healthy where there is an unlimited field to draw from, just as it is deadly wherever the limitations of a field are so rigidly fixed that enterprise and industry cannot increase the total number of possible patrons. There is practically no limit to the possible number of osteopathic students that can be worked up. Therefore competition of the right sort in Kirksville ought to make ASO

a better institution instead of a weaker one. If it did not—after the school's present advantage of more than a quarter of a century of history—nobody would give it much sympathy. Here's hoping that the new competitor will stimulate ASO to unwonted progressive achievement.

Dr. Laughlin Writes about His Plan

What I have in mind is a new school of osteopathy, the A. T. Still College. I expect to make it purely an institution to be run without profit. If the school makes any money it is to be re-invested in additional buildings, equipment or endowment. My money stays in permanently as a gift and I expect to devote fully half my time without salary.

A school conducted along these lines where there are no stockholders to receive dividends would have sufficient money to hire capable instructors and to have good equipment for teaching. If the money that has been pinched off in the way of stock dividends by the ASO in the last twenty years had been re-invested for the school, osteopathy would have been on a much better basis than it is today.

My proposition will require an initial expenditure of \$150,000 for a new building and necessary equipment and it is my purpose to give that amount to start the ball rolling. There are no strings whatever to this money and it goes into the institution to stay. It will probably take me several years to pay this out from the savings from my practice; but I feel that if osteopathy is to get on a basis where our wealthier friends will be willing to give something towards education, an institution must first be established and run successfully for several years. What do you think of it?—Geo. M. Laughlin, D.O.

College of Optometry to be Opened at Kirksville

To Teach Science of Eye, Ear, Nose and Throat by Osteopathic Methods.

[From the Kirksville Journal]

Incorporation papers have been filed with the county recorder for a new college which is to be established in Kirksville. The corporation is to be known as the American Eye, Ear, Nose and Throat College Company and is composed of Dr. Geo. A. Still, Dr. S. S. Still, Dr. E. H. Henry, Mrs. Mae DeWitt Hamilton and E. C. Brott, as stockholders. These persons also compose the board of directors.

The capital stock of the corporation as set forth in the incorporation papers filed, is \$5,000 and is divided into fifty shares of \$100 value.

The incorporation papers state that the new college will teach the science of treatment of the eye, ear, nose and throat by osteopathic methods, the fitting of glasses, and confer the degree of Optometry and issue graduates certificates of ophthalmology and otolaryngology.

The new college here will be opened in connection with the Specialty Hospital, but later it is likely a new building will be erected especially for the college.

We Need \$2,900 Cash at Once! Have You That Much—or ANY Loose Money—Hankering for 7 Per Cent and Security?

"GET *the* VISION!"

A Distinguished Business Man's Idea of How to Advance Osteopathy

Being part of an informal address by Mr. Philip H. Gray, founder and donor of the Detroit Osteopathic Hospital, before the Michigan Osteopathic Association, at its last meeting.

As I acknowledge your greetings with much appreciation I am wondering why osteopathy isn't farther ahead than it is. I haven't made a study of your training in the colleges, but I ask the question, may not some of the trouble arise there? During your years of training is the greatness of your calling and your great duty to it borne in upon you? Is anything done to train you in spreading the gospel, the glad tidings of osteopathy? Are there not ethical ways which you have missed of getting the public to know and recognize you in much larger measure than it does? Have you capitalized your friends and patients enough?

Is the Greatness of Your Calling Borne In Upon You?

Everywhere, all over the country there are men and women of means who know you and whom you have helped, who should be drawn to support you generously. If I am entitled to the greeting which you give me, there should be many other champions of osteopathy for you to greet as you do me. It is a good thing to champion osteopathy, but such championship ought to be passed around so that many others may have your acclaim.

I am glad to champion the cause of osteopathy. No one could make me feel that I have made a false or foolish move in what I have tried to do in your behalf in the last year or so. We want to put Detroit and Michigan in a bright and shining place in the world of osteopathy—a star in the osteopathic firmament.

Have You Led Osteopathy Captive?

"Hitch your wagon to a star" is a most commendable but rather impossible attainment. Could I endeavor to drag a star along, neither the star nor I would get very far. It is not "hitch your wagon" to a captive star, but to a free, high-as-the-heaven star. You have hitched your wagon to osteopathy which is just as commendable an endeavor as hitching to a star, and it is possible where the other is not. Yet some of you are reversing the order and instead of letting osteopathy lead you free and high as the heaven, you have osteopathy in captivity and are trying to lead it around and you are not getting anywhere.

Lose Yourself and Be Made

There are some people content to be in vocations beneath them, but when that is so, such people shrivel up and make little, if any, contribution to mankind. Any one who will leave an inheritance of good works and achievement must be linked up to something bigger—much bigger than himself. Osteopathy in my esteem is a tremendously big thing to be linked up with, and all of you together never can exhaust it. Lose yourself in it and be made! Forget your office four walls, your little local circumference, and become steeped in your profession in its broader sense until you have a passion for it!

Having read the Bible or known God's will or heaven's standards once does not keep us in tune. To keep constantly up to life's best standards we must read and study His revelation, His will, again and again. In the vital maintaining of high standards by Detroit and Michigan osteopaths very much can be attained through the Detroit Osteopathic Hospital, because the very nature of the institution, if it is

to hold up its head at all in the community, compels high and maintained standards and compels them in those who practice their profession there. It should be the striving of every osteopathic physician in our state to have fellowship and experience there.

Catching Higher Visions of Your Calling

The acclaim which lately has been given the hospital by visiting osteopathic physicians from other states assures me that Detroit is fortunate; yet not fortunate, if there are osteopaths who see nothing fortunate about it, who see no use for the hospital and have no use for it. I rather think some of them have gotten osteopathy captive and are dragging it around, not getting anywhere!

Yet I am delighted at the increasing interest of the different osteopathic physicians as to the hospital. There is a keenness and new hope about them as they frequent the institution which I am sure did not exist before. May I say they are reversing the order and are letting their great profession lead them, for they are enabled to grow through new and broadening

Attaining and Maintaining Osteopathic Efficiency

By A. B. Ford, D.O., Seattle, Washington.*

In looking back over the history of our professional development and viewing our present activities in struggling with the problems that confront us one is forced to wonder if we are improving our opportunities to the fullest extent. We should ask ourselves the question: Are we progressing as rapidly as we should? Are we exerting our energies in the right direction, under proper management and foresight? Are we accomplishing the most possible from our efforts?

What an Efficiency Expert Would Say

I dare say that if an efficiency expert should survey our activities and institutions that his report would show so many defects, leaks, lost motion, duplications and irritations that an outsider, reading the report, would wonder with amazement that we were able to make progress at all!

With these defects so obvious and pronounced that none can deny them, why is it that we do not recognize them and take proper steps to correct them? We are surely not so narrow and mean that we would stand in the way of our own progress, or the progress of our own loved profession, if only we knew what could be done.

Ponder Why We Don't

Osteopathy is growing, to be sure it is growing, but is it developing as rapidly and as completely as it should? If not, why not? A few of the reasons, as I see them, is what I wish to discuss.

1st. Our Osteopathic schools—are they as large, prosperous, independent and influential as you hoped they would be, after 25 or 30 years of development?

2d. How about our organizations, local, state and national—are they functioning as efficiently as they should?

*A plain talk to the Tacoma Osteopathic Society which fits most localities.

experience and practice and are catching higher visions of their calling.

Why Take All Comers Into Osteopathy?

In every calling and profession there are always those who are entirely out of place where they are and only bring discredit on what they are trying to do. How nearly is it possible to select young people to send to Kirksville, or to Des Moines, or to Los Angeles or to any other osteopathic school—to select them for their fitness, their personal presence, magnetic force, brightness, sympathy, sincerity? If you should be asked to pass in your idea of what qualifications are necessary for an ideal osteopathic physician and those qualifications should be posted before us, how many of you could dare to stand up and claim your possession of all those qualifications—and yet you are the pick of the osteopathic profession of Michigan! I am led to ask why allow just anybody to train for osteopathy who happens to want to? Why not discourage the indifferent, under-qualified type of students from wasting time in years of training, thus later bringing no credit to the profession? Why not set up such standards for admission to the osteopathic schools that such a class of students are not admitted? I believe something wrought out along that line would mean much for osteopathy in the near years to come.

Watch Detroit

We are going to make Detroit grow into a great osteopathic center. Will you fellowship with us and our hospital? Watch it grow until you are proud of it and you will have been growing with it, because you will have been led by the boundless, vital truths of your profession.

3rd. Does our equipment, as general practitioners or as a profession, come up, even to the reasonable expectations of those who were friends of osteopathy, say 15 or 20 years ago?

To Help Our Schools Help the Profession

The question of schools for the teaching of osteopathy has been a pressing issue for years and is receiving the serious thought of the best brains of the profession. We all realize that schools are essential in order that the science might live. If the schools die our profession dies. Realizing their importance to the growth and development of our science, how shall these institutions be conducted in order to fulfill their function and elicit united support from profession and public.

Our schools that have been organized as endowed colleges have failed because of insufficient endowment. Those organized as non-profit institutions have lacked proper management, probably because there is a lack of initiative for any one to exert the unusual effort that is necessary for success. To destroy initiative is to destroy efficiency.

Stock Company Ownership Has Succeeded Best

The other plan, which is the most common, (and by the way, proven thus far to be the most successful) is the stock company institution deriving its income from the student body. To be sure, many objections can be made to this plan, and all will agree that it is not the ideal plan on which to conduct an institution of learning; but *it works*, and so far has been the most practicable for our purpose; i. e., to equip students to practice osteopathy.

Now what shall we as a profession do to help strengthen and develop these schools? Shall we go into the school business, ourselves? Shall the AOA buy or build a school and conduct it itself, or shall we boost a private school that is conducted for profit?

Students Are the Blood of Our Colleges

The school business is a hazardous business and requires big capital, intelligent and judicious management. At present the AOA is not prepared to undertake any such adventure. Now shall we support our privately owned schools? Why not? If they are doing good work we should support them enthusiastically. How? Send students! That is their livelihood; that is what the profession needs. Scarcely 7,000 practitioners in the U. S., while 12 years ago we had over 5,000. Moral: Send a student yourself to one of our colleges.

The association of Osteopathic Colleges, which now has eight members, have agreed on a standard curriculum requiring a student to attend four years of study, after completing a four-year high school course, which is sufficient. No one need apologize for our educational standards if the quality of instruction is given: i. e., if osteopathy is taught, if the chief emphasis is placed upon the mechanical integrity of the body, to maintain it in health and disease.

The Practitioner Who Dries Up

So much for the preparation of the student. Now for his conduct after graduation. Shall he isolate himself in some favorite community? Or lose himself in his small circle of acquaintances in some great metropolis, where he sees none but those that his daily work brings him in contact with, doing things just as he was taught in school, watching only his own success and failures, as patients come and go?

What will be the effect on such a practitioner? He will fall into a rut, become narrow and self-centered. He will fail to develop the fullness of his possibilities, and fail doing justice to his patients as well as to himself and his profession. This very procedure is the cause of so many doctors of all schools becoming narrow. Perhaps no other class of people in the world who receive so liberal an education develop such narrow and rigid minds in later life as doctors! If you have had dealings with one of the older schools of medicine you will appreciate this fact. And why? Because they do not come into every-day business life contact with their fellow workers. If they do it is understood by their very rules of their own imposed rigid Ethics that their fellows must agree with them, let them be right or wrong.

Contact Broadens One's Outlook

To be sure we are not trying to "ape" the medics, but how can we escape this tendency when our work also is dealing with the individual on purely personal matters—yes, most personal, where complete secrecy is essential? The only way to overcome this is by broadening our vision, increasing our knowledge, enriching our experience and perfecting our methods and technic by association and co-operation with our fellow workers. Meet and study cases and problems together. Get the other fellow's viewpoint and experience. That is the great advantage of organization.

Traveling Clinics and Lectures for All

Our local, state and national societies should all be incorporated into one harmonious system where the work is correlated and divided and distributed so as to derive the most efficiency without duplication or friction. There should be regular clinic and lecture tours throughout the entire country where the whole profession could have the advantage of seeing and hearing the latest things from the best lights in the profession—a regular P. G. Course, as it were. At our schools we should have regular courses prepared especially for the profession, and the profession should go back to school and patronize them. By this method we could avoid getting rusty, narrow and selfish; besides, we could do better work, and do it easier.

Shame on Our Lack of Hospitals

Now for the care of the patient—the real purpose of the physician. I would say that the equipment of the average osteopath's office

compares very favorably with that of his competitor. Considering the capability of ten well-trained fingers it is superior, no doubt, as far as office equipment is concerned. But is that sufficient when we consider the needs of the sick? I never think of this phase of our professional development without feeling the pangs of shame. To think—our profession has enjoyed prosperity, public confidence, esteem and all the needed legal status that one could desire, and these we have enjoyed for years in this State of Washington, in Spokane, Seattle and Tacoma, and yet in all these growing, prosperous cities not an attempt has been made to open a regular Osteopathic Hospital to care for the sick in an Osteopathic atmosphere! Shame rest upon us until we busy ourselves, and keep busy until we accomplish this!

How a Man Made Us Out to Be Piers

A man came to my office a few weeks ago inquiring for an osteopathic hospital. His daughter was afflicted with what he called "stomach trouble" and he wanted her cared for osteopathically. He said they had no osteopath in his town, so he took her to Tacoma, but was told there was no hospital there, so he brought her on to Seattle. I was embarrassed, indeed. I almost wished I could say "we don't believe in hospitals." However, I explained that owing to the fact that the "regular" hospitals had been so fair to us, and had made us so welcome during the past ten years we had not felt the need of building our own.

He asked, "Are you people admitted into the regular standard hospitals on equal standing with the M.D.'s?"

"Yes," I replied, "they used to let us take patients into the hospitals under the same conditions, until the new 'standardizing regulations' were put into effect. Now we must make special arrangements with the management or else use a pull with some influential M.D., in order to get a patient into one of the larger hospitals."

Dr. Hildreth's 10-Year Prophecy Not Fulfilled

My caller was surprised, and frankly told me so in language that one could easily understand. He had formerly lived in St. Louis. His mother had been restored to health by osteopathy at the hand of Dr. Hildreth fifteen years ago. The family has been grateful and loyal to osteopathy ever since. He said Dr. Hildreth apologized at the time for taking his mother to a make-shift building used as an osteopathic hospital, but contended it was essential to have her where she could get osteopathy in an osteopathic environment, and explained "it was only a matter of a short time until we would have a hospital that we would all be proud of." Dr. Hildreth also predicted, he said, that "within ten years there would be an osteopathic hospital in every city in the United States."

Naturally!

So, naturally, this man expected to find accommodations in a city like Seattle. He wanted to know if we "had abandoned our former ambition of becoming general practitioners, with all the training and equipment to deal with all kinds of disease and accidents to which the body is subject?"

I assured him that was still our ambition. Then "Why don't you build hospitals?" he demanded.

I thought to myself "it is too bad the AMA didn't think of their plan to 'standardize' their hospitals 15 years ago. We would have been much better off today if they had!"

The Way to Organize a Hospital

Now there is only one way to get a hospital in a city like Seattle—that is, for the osteopathic profession to unite on a certain feasible plan that will work justly for all. Every member should be interested financially and otherwise. I believe a stock company should be formed and every member of the profession should subscribe for stock according to his or her ability. A board of directors should be

elected by stock holders to manage the hospital on a purely business basis. If you can make a success even in a small way and if you can demonstrate that the profession is united and organized on a business basis and have a going concern, you can then get support from the laity and business men to get the kind of institution you want. The trouble is we are not united. We are not willing to put aside personalities and pool our assets, even if we know that by so doing we could help not only ourselves but the profession. Another case proving that "doctors develop narrow vision."

It's Poor Thrift to Milk the Old Cow Dry

Some are contented with their own "out lay" and don't care to expand. Others are afraid to venture, while others think they can not afford to make an investment, even to equip themselves in their own business. If you can't afford to help equip yourself in the essentials you should not try to practice. If you are afraid to "back up" your own profession surely no one else will. If you have succeeded in "milking" the profession—succeeded even to a degree to meet your own satisfaction and are not willing to put something back into the profession that helped to make that success, then you are too mean and ungrateful to deserve success.

We are on the Make or Break

Candidly, I say there is no excuse for any one pretending to practice osteopathy not doing his part at this crucial hour. We are on the turning point of our development. We must either stand on our own feet and become a complete, independent school of medicine or drop back and content ourselves by being a mere adjunct or appendage to the medical profession.

If we accept that inferior position we shall not need hospitals, nor will we need a four-year course of training. Two years would suffice to train a good "masseur" who would work under a physician's orders, free from responsibilities. Our entrance requirements then should be "physical" instead of "mental" standards.

Is Degeneracy to be Endured?

Can any one who has conceived the idea underlying osteopathy and studied the principles of the science even imagine such degeneracy? Is it possible that those of us who have had the opportunity to study the great principles underlying the science that the "Old Doctor" gave the world, stand idly by and see it destroyed and forgotten because of the lack of proper facilities for its development? No! That cannot be!

I have more confidence in the sincerity and sound judgment of the members of our profession than to believe they will fail to meet this critical situation that now confronts us. We will arise to the occasion. We will have our own hospitals and every thing else that is required to advance osteopathy to that high plane of efficiency and public esteem which is its birthright.

What Is Our Weakest Spot?

In concluding the review of our profession from the standpoint of efficiency it would seem that our weakest measurable point lies in our organizations and institutions. But does not this merely register inefficiency—lack of unity and purpose—poor vision—a weak will to do things? Certainly it does. Before we can strengthen ourselves in this field we must unite and cooperate. Unite our energies in a constructive co-operation. In this way, and only by this way, can we hope to develop osteopathy and maintain it as a complete independent school of therapy. Is that what we want?

Better Rather Than More

One-half as many schools but twice as good ones; one-half as many students but superior ones; fewer practitioners, if need be, but better trained ones.—Lester R. Whitaker, D.O., Boston, Massachusetts.

EFFICIENCY in PRACTICE MANAGEMENT

The Efficient Osteopath

By Dr. C. C. Reid, Denver, Colo.

IV

Joy In Accomplishment

When Washington crossed the Delaware and fell upon the Hessians at Trenton, New Jersey, destroying their leader and capturing their whole army, the external greatness of his victory could be explained to some extent, outside of the fact that Washington was a wonderful general and a courageous fighter. He went against hirelings, a bunch of soldiers who were fighting, or rather pretending to fight, a war for the money there was in it. They had no personal desire of the heart to subjugate the colonies, to fight for England, nor against anybody in particular. They were merely hired for so much a man. They were devoid of any worthy object in life, they were without patriotism, without spirit or morale. Consequently, they were not vigilant about keeping a careful lookout for their enemies. So, when Washington and his army came they were unprepared for successful resistance so far as their organization was concerned, and being without spirit, it was not difficult for them to surrender under trying conditions.

Just so, with a physician. If he is practicing merely for the money, if he is only a hireling, if he takes no joy in real accomplishment, if he does not make professional ideals and personal growth the goal toward which he is striving, he is not likely to become a high class physician. The highest pleasure should be to make a successful diagnosis and study to solve the knottiest problems connected with his practice and profession.

He should take the keenest delight in making a distinctive growth from year to year, being able to look back over each twelve months and see that he has made a distinct advancement in some of his professional lines. He should be able to see that he is a better physician, more able to cope with disease, more able to render a high class service than he was the twelve months previous. One who gets joy out of life chiefly from continued growth and rendering the very best service is on the road to become a physician of credit and honor, if he is not already.

Honesty

A physician should keep in mind the motto that any business transaction conducted by an honorable man should not be one-sided. Both sides should be benefited. The physician frequently cannot guarantee a cure or even any great benefit. The position which he should hold in every case is that of honesty. He should make as careful a study and diagnosis of his case as he possibly can, rendering honest service in that instance for which he should charge a reasonable fee. When his diagnosis is made, he should tell the patient exactly what the outcome will be with the treatment he would give, just as far as possible.

The patient is left to choose whether he wants to employ the physician to render the service which has been indicated. If there are prospects of failure and complications might arise, this should be explained to the patient so that unlooked for disappointments will be reduced to a minimum.

No success can be built permanently on dishonesty. Good salesmanship, then, of one's service or goods has in it no element of misrepresentation. One who sells his service only to benefit himself, not only loses the confidence of

the patient, but forfeits his own self respect.

No osteopathic physician who is at all able bodied need fail if he thoroughly believes in osteopathy. Deep confidence in one's own work produces an enthusiasm that is irresistible. This condition of mind cannot exist in the presence of pettiness or chicanery.

Some Rules for Right Study.

(1) Time.

One who is going to be efficient and grow in his practice must study. The best way to get anything done in the way of study is to arrange a schedule time. Two or three hours in the evening or in the morning are best, say from 7:30 to 9:30. For one who is busy in practice, however, it is often inconvenient to study at that time. Whatever schedule is made for older men, it should not be more often than every other day, say Monday, Wednesday and Friday, from 7:30 to 9:30 in the morning. Younger men can study every day and put it in the evening, if they prefer.

One should not study when tired or within thirty minutes after a meal. Everyone should have Saturday evening and Sunday free from the grind of a regular course of study.

A certain definite course of study should be laid out to follow for the year. Some particular authority or book on some special line should be mastered during one year, for instance, a book on technique, a book on diseases of the eye, one on official work, one on obstetrics, mental and nervous diseases, or nose and throat.

(2) Concentration.

It is essential that one concentrate on some particular study. If one attempts to scatter over the whole field trying to study every kind of thought that might come up in looking over the magazines, he does not do anything worth while. One should learn to concentrate the mind for long intervals of time on the subject on which one is working. By studying one thing and becoming thoroughly interested in its mastery, the mental concentration becomes much easier. If one would take one subject and master it during the year so far as one book or authority is concerned, then take a post graduate course during the vacation time on that particular subject, he would make a distinct advance during that year.

(3) Faith.

In order to study with proper heart on any line, one should have faith in what one is studying. It is all right to step aside sometimes to investigate certain transcendental philosophies and theories, but in order to do the best and make the most practical use of one's time, it is essential that the feet be kept on the earth and that practical things in which one can readily believe should engage the attention.

(4) Do the Things Learned.

If one is going to study to the best effect, each thing that is learned should be carried out in practice just as soon as possible and as many times as feasible. In this way what is learned will soon become a part of one's practice in therapeutics. We may read a lot of facts and learn a thing academically, but un-

less we carry it out in our practice it is soon lost and we had just as well not have read it.

(5) Keeping Your Own Council.

It is well in making your plans not to tell all the details to the general public or even to your most intimate friends before you do them. Plans that are practical, feasible and adaptable to one's own practice should be carried out without being told to your professional brethren. They do not see the things that are adaptable to your own mind and your own practice, and will often say things that will cast a damper over your enthusiasm.

After having done certain things and performed certain accomplishments, or made certain advancements, one should beware that he does not become a boaster. It is all right to give a paper or a talk on certain subjects or certain lines of procedure and outline one's own accomplishments for the benefit of others, but not in any boasting way, which is always in bad taste.

(6) Persistence

In undertaking any line of study, one who does not persist through long periods of time will never make any advancement worthy of note. Ideas come slowly, one by one, day after day. Persistence and patience are essential in this line as they are in any worthy line where results are expected. In study, above all other things, one should not expect quick results, but by persistence and patience tremendous results can be accomplished.

(7) Nerve.

In order to be sure to keep one's courage and will power on the line of his choice of study, he must start with the strongest resolve. It will try one's nerve to carry out any definite course of study through any long period of time. It also takes nerve to carry out the things which are learned.

A great many doctors know much but do little on account of the fact that they have not the nerve to carry out the things they know. This applies to the various types of manipulation, to charges, to collections, to operations, special fees as well as to study.

(8) Order.

In order to study to the best advantage, one should list the things he wants to do in a regular order of procedure. If more than one particular line of study is to be followed, during the year, one should have precedence over the other and a certain order should be followed in the study.

[To be Continued.]

Functionally Produced Lesions

I am glad to see our field literature bring out the fact that spinal lesions may be secondary to abuse of function or internal pathology from any cause. I think we have too long attributed all spinal lesions to a fall down stairs or a fall off a Christmas Tree or something of that sort. While at sometime in one's life we can all remember falls and other traumatism, it is unwise to trace all lesions to such origins.—*Charles J. Muttart, D.O., Philadelphia, Pa.*

What We Need

Education, efficiency and progress are some of the main essentials of success. We must be educated along all phases of osteopathy and must educate the public. We must be efficient to give the public what it needs in its fight against disease. We must make progress or we regress. Too many in all lines of endeavor are prone to get in a rut and the osteopath is no exception. The line of least resistance is the easy road. I have slipped and so have you.—*B. B. T. Byers, M.D., D.O., Manchester, Iowa.*

You must like a thing with an intense ardor before you can sell it.—*J. Ogden Armour.*

The Hour Has Struck!

We still have for sale twenty-nine Bunting Building Bonds of \$100 denomination paying 7 per cent. We need to market this remnant of our bond issue to finish financing our new building. The building is completed,

we now occupy it, and it is quite important for our peace of mind to realize on this small remnant of our bonds to meet building obligations. We are sure it will be done quickly when our friends realize the need.

Ho! Ye Eleventh Hour Friends

Various friends in the profession assured us if we really came to need at the end of our building transaction that they would be glad to jump in and buy a few bonds to help put it over with a fine finish.

That hour has come!

This is notice that we are facing a real pinch for this additional margin of funds, and we hope such friends as have thus planned will now help us make a good finish. It is now or never if we are to receive their aid.

Immediate closing of the flotation is necessary.

To Our Present Bond Holders

We invite any of our present bond holders who have additional funds to invest to increase their holdings in BBB's. It would enable us to close our bond subscription books before the end of this month if a small per-

centage of these friends would take an additional bond or two apiece. Can't you do that, friend? We are sure you will, if you possibly can. Remember every hundred dollars helps.

We Congratulate BBB Owners

You would have to search far to find a safer or better-paying security. "Seven per cent with safety and sound sleep" is a wise buy for the osteopathic investor. Better put your money in this form of investment where you can not lose it and be satisfied earning 7 per cent than risk it all in oil or mines or other luring speculations where in the nature of things you don't have half a chance to come out without losing your principal. Perhaps it doesn't look so big in "promises"—but ninety-nine times in a hundred it pays you bigger

profits in the end. Many know by experience!

Besides, your savings invested in Bunting Building Bonds will work two ways for you at the same time—your money makes 7 per cent with safety and aids materially to advance osteopathy's national campaign of advertising. Thus in the end investment in Bunting Building Bonds will pay you much more actual profit than a 10 per cent listed stock or bond that does nothing to promote your professional welfare on the side.

To Our Installment Bond Buyers

Our bond buyers who have purchased on the installment plan are urged to meet their payments promptly as scheduled. Any who are able to pay for their bonds earlier than they promised will confer a real favor upon us if they do.

over-subscribed. Will you help us now at the finish?

Yours with appreciation,

THE BUNTING BUILDING CORPORATION
THE BUNTING PUBLICATIONS, INC.,
THE BUNTING PUBLICITY SERVICE
for OSTEOPATHS

and Bunting and Arnold, Personally,
Waukegan, Illinois.

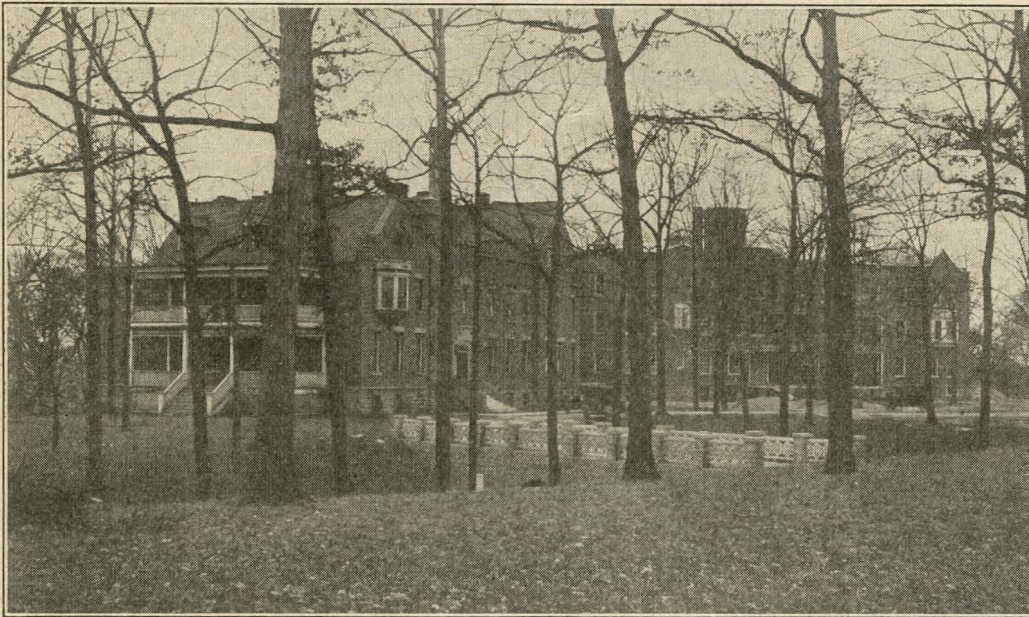
AMONG OUR OSTEOPATHIC INSTITUTIONS

Delaware Springs Sanitarium a Wonderful Osteopathic Institution

The development of the Delaware Springs Sanitarium is an interesting bit of history in Osteopathic progress. From a small beginning in a remodeled residence the work has grown into the structures shown in the above illustration.

In the summer of 1913 Dr. L. A. Bumstead, ASO '06, of Delaware, Ohio, conceived the idea of building an Osteopathic Sanitarium and Hospital upon a beautiful site which had pre-

joined by Dr. J. H. Long, ASO '06, who had just finished his medical course in Harvard Medical school. Dr. Long brought the professional work of the sanitarium up to the highest level, being an unusually keen diagnostician and skilful surgeon. Under Dr. Long's guidance a training school for nurses was started which was later chartered by the state medical board and which has the unique distinction of being the only registered sanitarium training school



Delaware Springs Sanitarium, Delaware, Ohio.

viously been improved by a group of medical men. For fourteen years different attempts had been made towards erecting a sanitarium by the medical men in Delaware but each time failure resulted.

After acquiring title to the twenty-four acre tract, Dr. Bumstead re-organized the existing stock company and with a new board of directors consisting of laymen interested in Osteopathy and the town, a successful campaign was started resulting in the erection of a splendid sanitarium building housing thirty patients.

The interest of Ohio Osteopaths was easily aroused. Delaware had special advantages for the location of an institution designed to serve the entire state. Geographically in the center of the state, with railroad connections in every direction, with abundant mineral water having an established reputation among the laity, a college town with a population in sympathy with all uplifting efforts—Delaware was thought to be an ideal place for a sanitarium.

Dr. L. A. Bumstead.

In the spring of 1914 the organization was

for nurses in Ohio. No student from this school has failed to pass the State Board.

In the Fall of 1918 Dr. R. P. Baker, ASO '11, was induced to leave a large practice in Lancaster, Ohio, and cast his lot with the sanitarium staff. Dr. Baker is a man of great ability, a thorough student, friendly and attractive in personality, and brought with him to the sanitarium just the elements of personal and professional character needed. Dr. Baker has the honor of holding the first license issued to an Osteopathic surgeon in Ohio.

Very soon after opening the first building in 1916 it was seen that more room was needed. A building twice as large as the first one is now about completed. One floor will be in use by the time this paper is before its readers. The combined capacity of the two buildings is ninety patients. Every room in the new building is complete in its equipment, fire proof, noise proof, sunshine in every room, the accommodations for patients leave nothing to be desired. Ample porches, sun parlors and a roof garden

Dr. J. H. Long.

as large as a city lot afford delightful loafing places among the monarch forest trees.

Special preparation has been made for the care of obstetrical cases. The very latest equipment has been installed and it is expected that this department will be very popular with the profession all over this section of the country.

The comfort and amusement of men patients has been considered by arranging a large lounging and billiard room, gymnasium and bath department for their special use.

The professional policy of the Delaware Springs Sanitarium is, first of all, OSTEOPATHIC with all that that implies. Diagnosis is the first step taken with the new patient. Hydrotherapy, Dietetics, Electrotherapy, Surgery, etc., are used as indicated in connection with daily Osteopathic manipulative treatment. The results obtained are best demonstrated by witnessing the phenomenal growth of the institution. The profession in Ohio has stood solidly behind the Delaware Springs Sanitarium in every way, professionally and financially. The work has been built up unaided by any large contributions from outside sources, although too much gratitude cannot be expressed toward the splendid group of laymen in Delaware who have devoted their time and influence to help bring the business of the sanitarium to its present satisfactory state.

The Delaware Springs Sanitarium in its organization, development and professional success should be an inspiration to the entire profession and that it may assist in reproducing this sort of success in other states is one of the desires of the workers at Delaware.

The Executive Staff of The Delaware Springs Sanitarium is: W. G. Hormell, Treasurer; Gayle Sells, Secretary; Marie Gautschi, R. N., Superintendent of Training School, and Gertrude Glover, Matron. The Professional Staff numbers: Dr. J. H. Long, Dr. L. A. Bumstead, Dr. R. P. Baker, Dr. Max Sellers, Dr. J. E. Kane and Dr. John Pfannstiel.

When you attend the AOA Convention this year at Cleveland we suggest it would be well worth while going down to Delaware to visit this splendid osteopathic institution.

The OP feels that too much cannot be said in praise of Dr. Bumstead and his associates who built up this splendid institution without endowment or even the patronage of a munificent friend. The enormous professional and business accomplishment will be better realized when it is recalled that the present plant represents an investment of over a quarter of a million dollars. What osteopaths have done at Delaware, osteopaths can do elsewhere. Don't wait for a fairy god-father to come along and give you a million dollars, friends of the profession. Take off your coats and start a hospital-sanitarium wherever it is needed, just as the Delaware boys did, and if your work is good, money will flow to you.

[Continuation of Department on Page 29.]

When You Play Safe

So long as you "Find It, Fix It and Leave It Alone," it matters not if man-made law is violated. But it must be in accord with common sense, humanitarian principles and conform to the law of God.—C. E. McNaught, D.O., St. James, Minn.

Leucorrhoea of Gonorrhoeal Origin

This condition when due to endocervicitis of gonorrhoeal origin can be treated successfully by heat using from three to five cauteries, varying in size from F.17 to F.22. A second application or operation is seldom necessary as the high heat kills the immediate infection and penetrates the uterine cervical glands sufficiently to destroy all gonococci, because they cannot resist a temperature over 104 degrees F.—T. B. Bondus, D.O., Chicago.

“The Genie in the Bottle”

In every bottle of Dioxogen there is a great and powerful genie—a kind and beneficent giant — **Pure oxygen.** Mighty and strong as a “killer of germs” and “destroyer of things unclean and impure”, this genie, **Oxygen,** like its brother, **Sunlight,** though a

deadly foe to dirt and disease, is a good and gentle friend to healthy cells and tissues.

Making available at all times the services of this beneficent giant,

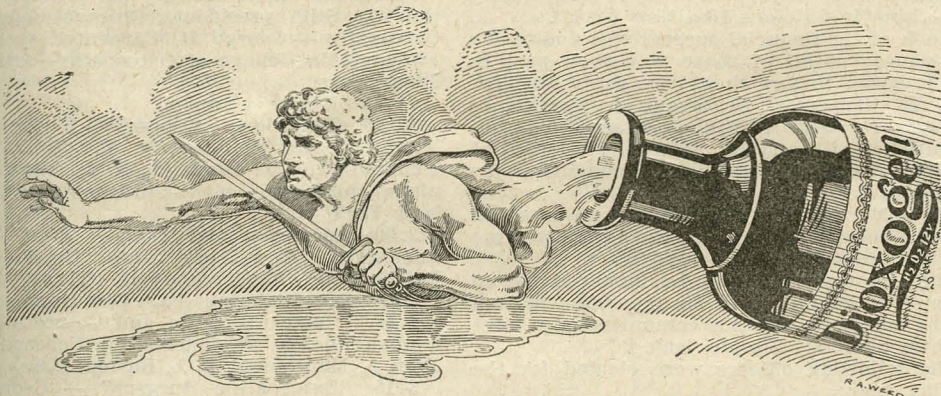
Dioxogen

duplicates Nature’s methods as no other antiseptic does, since it exerts at one and the same time, potent germicidal action with pronounced stimulation of the

processes of healing and repair.

Thus, in the doctor’s office, the hospital and dispensary, the factory and school clinic, in the home—indeed, wherever germs must be fought and cleanly conditions established. Dioxogen meets the constant need for a potent but safe and harmless antiseptic, as no other equally effective germ-destroyer ever has.

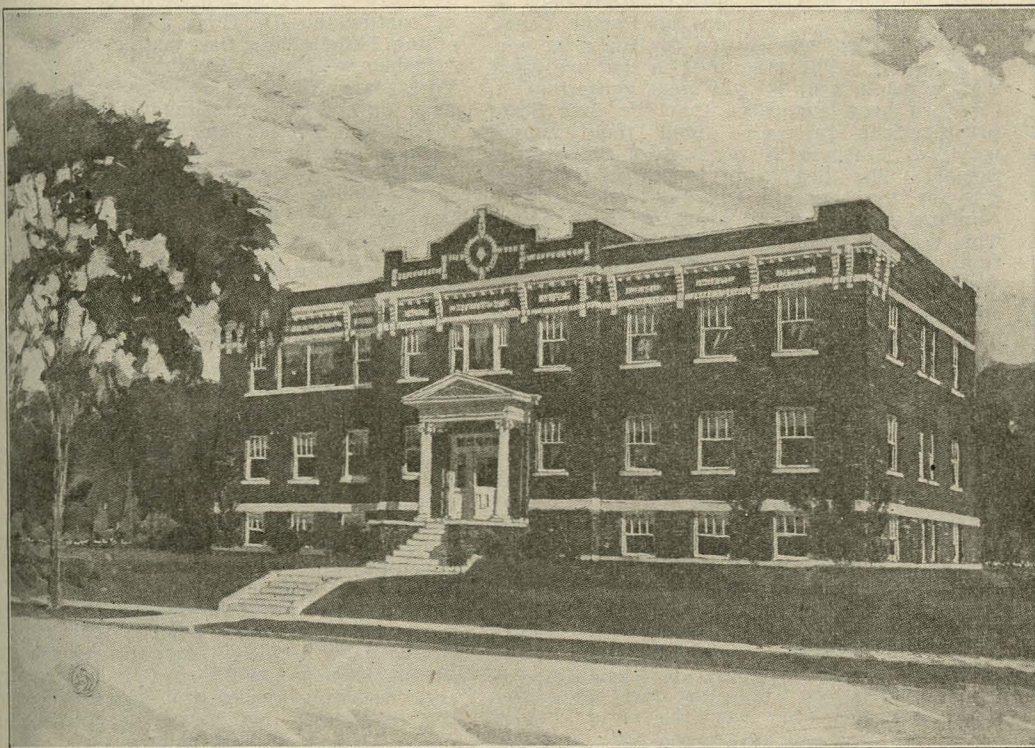
Many a busy doctor has learned that the genie Dioxogen places at his command, is an ally that never fails him in the daily conflict with the greatest of all enemies to mankind—the germs of infection and disease.



The Oakland Chemical Co.

59 Fourth Ave. New York City

Wonderful Year for the Laughlin Hospital, Kirksville



The Laughlin Hospital, Kirksville, Mo.—Dedicated to Andrew Taylor Still

Our first year reveals a very proud record for this new institution. Over 900 surgical cases were handled, just as they came, with a mortality of but three in that number. Receipts for the year were over \$105,000 — practically all of it Dr. Geo. M. Laughlin’s work.

Our institution is entirely out of debt and paid for from the receipts of our practice. It is one of the best equipped small hospitals in the state. We maintain a fine home adjoining for nurses. We are prepared to handle successfully all classes of surgical cases and invite the co-operation of osteopaths.

An able staff supports Dr. Laughlin in the following departments: 1. *Osteopathic.* 2. *Orthopedic.* 3. *General Surgical.* 4. *Obstetrics.* 5. *Gynecology.* 6. *Nose and Throat.* 7. *Proctology and Urology.* 8. *X-Ray and Laboratory Diagnosis.*

For further information address Dr. George M. Laughlin, Kirksville, Mo.

DOCTORS!

There is only one science that is absolutely dependable providing you keep abreast with its progress. The following books will do that for you.

H. V. Halladay, Applied Anatomy of the Spine, \$3.50

McConnell & Teall's, worth \$25.00, \$7.50—\$8.00

W. R. Laughlin, the Only Descriptive Osteopathic Anatomy on the market, \$6.50

Goetz Manual to date, \$2.00

Lane, the Founder of Osteopathy, \$3.00

And for the new and better Featherweight Folding Table that leads, and Common Tables and Stools, Blood Pressure Machines and Instruments

Address

J. F. Janisch Supply House
Kirksville, Missouri



Are You Protected

by

Central's Accident and Health Policy?

When you buy insurance, buy the best that can be had.

Central's Accident and Health Policy pays \$5000 for accidental death. It pays \$25 a week for total disability from either accident or sickness. The cost to you is only \$40 annually or \$10 quarterly.

Now, doctor, you cannot afford to be without this protection. Our company pays promptly and without red tape. Drop us a line and we will be pleased to give you further details about Central's policy.

CENTRAL BUSINESS MEN'S ASSOCIATION

Westminster Building, Chicago, Ill.

H. G. ROYER, President

C. O. PAULEY, Secretary and Treasurer

First Annual Meeting of the Eastern Osteopathic Association

By Charles J. Muttart, D.O., Philadelphia, Pa.

The annual meeting was held at the Pennsylvania Hotel, New York City, Friday and Saturday, April 29th and 30th. Was it a success? Well, ask any of the 328 live-wires who were there. From 9:15 Friday morning until quitting time (daylight-saving) Saturday there was not a dull moment.

From the viewpoint of osteopathic enthusiasm, attendance, sociability, quality of scientific program, brilliancy of after-dinner-speakers, efficiency of management it will long be remembered as one of the high lights in convention achievement.

The only expense incurred by the New York committee was for moving pictures, and yet they say New York is an expensive luxury. As "Dickery Doc" says, "Even if it were really dry, there is no place like New York".

Much of the financial success was due to the willingness of all of those who took part in the program to pay their own expenses. Dr. Geo. H. Carpenter, Dr. Frank J. Stewart of Chicago, Dr. Geo. A. Still of Kirksville, Dr. R. Kendrick Smith and Dr. John A. McDonald of Boston, are to be especially commended for their generosity.

Old "Dickery Doc" Bancroft was awarded the five years' membership card for suggesting the best name, and he earned it.

The organization is to be managed by an Executive Committee of six members, elected by the members, and this committee is to elect its own officers. Simple, isn't it?

The following officers were elected for the coming year:

Dr. H. V. Hillman, president, New York City; Dr. J. S. Logue, first vice-president, Atlantic City, N. J.; Dr. Arthur Patterson, second vice-president, Wilmington, Del.; Dr. Chas. Zeigler, third vice-president, Trenton, N. J.; Dr. Francis Jennings Smith, secretary, Philadelphia, Pa.; Dr. Harrison McMains, treasurer, Baltimore, Maryland.

It is the intention of the committee to develop the Circuit Clinic idea that has been so successfully established on the Pacific Coast.

Atlantic City was chosen for the next convention city. The pity of it is that we must wait a whole year for the next gathering!

It has been suggested that the four State organizations interested hold their annual meetings jointly with the Eastern Osteopathic Society. The idea being to set aside a half day for the separate business meetings and combine on the general program and banquet. This will be taken up by the State organization during the year, and the advisability of the plan decided upon.

PROGRAMME: FRIDAY

9:15 "The Gift of Life"—a motion picture.

10:00 "Internal Secretions and Their Relation to Under Developed Children"—Dr. Ira W. Drew, D.O., Philadelphia, Pa.

10:30 "Gonorrhoea"—Dr. Frank J. Stewart, D.O., Chicago, Ill.

11:00 "Cardiac Diseases, an Osteopathic Application"—Dr. George H. Carpenter, D.O., Chicago, Ill.

11:30 Business Session.

12:00 Technic. "Cardiac Diseases"—Dr. G. H. Carpenter, D.O., Chicago, Ill. "Cervical Region"—Dr. Chas. J. Muttart, D.O., Philadelphia, Pa. "Sacroiliac"—Dr. Geo. Starr, D.O., New York City.

2:00 "Mineral Elements in Human Nutrition"—Dr. Geo. V. Webster, D.O., Carthage, New York.

2:30 "Colitis and Auto Toxemia"—Dr. Chas. J. Muttart, D.O., Philadelphia, Pa.

3:10 "Colonic Irrigations"—Dr. Catherine Nablo, R. N., New York City.

3:30 "Nephritis"—Dr. Henry A. McMains, D.O., Baltimore, Md.

4:00 "Hiccoughs"—Dr. Charles Hazzard, D.O., New York City.

4:15 "The Necessity of Public Education"—Dr. R. Kendrick Smith, D.O., Boston, Mass.

4:45 "Dangers of Avocation"—Dr. John B. Buehler, D.O., New York City.

7:00 Banquet.

SATURDAY

9:15 "Diagnosis and Treatment of Syphilis"—a motion picture.

10:00 "Syphilis"—Dr. Frank J. Stewart, D.O., Chicago, Ill.

10:30 "Carcinoma of the Uterus"—Dr. D. S. B. Pennock, D.O., Philadelphia, Pa.

11:00 American College of Osteopathy—Geo. A. Still, president. Chicago College of Osteopathy—George H. Carpenter, president. Philadelphia College of Osteopathy—Arthur M. Flack, dean.

11:45 Business Session.

12:15 Technique. "Dorsal"—E. W. Cleveland, D.O., Binghamton, N. Y. "Rib"—H. F. Underwood, D.O., Brooklyn, N. Y. "Best Technique and Treatment"—Clinton Achorn, D.O., New York City.

2:00 Ear, Nose and Throat. "Ear"—L. M. Bush, D.O., New York City. "Nose"—D. H. Bailey, D.O., Philadelphia, Pa. "Throat"—C. G. Taliaferro, Pittsburgh, Pa. Discussion.

2:45 "Correct Posture and Conservation of Human Energy, an Osteopathic Conception"—John A. MacDonald, D.O., Boston, Mass.

3:15 "Osteopathic Surgery"—George A. Still, D.O., Kirksville, Mo.

3:45 "Acute Infections", round table discussion—A. M. Flack, D.O., in charge. "Diphtheria"—G. H. Merkley, D.O., New York City. "Influenza"—O. M. Walker, D.O., Dover, N. J.; Chas. Barber, D.O., Ardmore, Pa. "Pneumonia"—W. C. Buster, D.O., New York City; R. M. Crane, D.O., New York City. "Bronchitis"—H. V. Carter, D.O., Baltimore, Md.

POST-PRANDIAL

Toastmaster—Dr. Chas. J. Muttart, President of the Philadelphia Osteopathic Society.

Speakers—Meier Steinbrink, of the New York Bar; Alfred W. McCann, Food Expert, New York Globe; Alexander Black, author of "The Great Desire" and "The Seven Angels".

Basso and Reader—Henry Allan Price.

Entertainer—Elmer P. Ransom, "Every Little Movement Has a Meaning All Its Own".

Dancing.

Convulsions in Pregnancy

Convulsions in pregnancy as I have experienced them and how to handle them: First, relax the patient all along the spine between convulsions. Then have the patient drink at least a cup of salt water, fair strength, if conscious; if not, use a stomach pump and wash the stomach with a good salt solution and leave a pint or so in the stomach. Then wash the bowels out with the same while patient lies on a bed pan. Shake up liver and spleen; then let rest for several hours; then use more normal salt solution by the drop method per rectum. Continue and repeat if necessary. If patient vomits and will not allow anything on his stomach prepare as follows: One heaping tablespoon full of oatmeal in a half glass of water stirred for a minute; then pour through a tea strainer, squeeze and clear it and give only it until vomiting ceases and kidneys clear up. Use salt water, hot, every morning the first thing; then in a half hour any light diet.—Geo. L. Noll, D.O., Seneca, Kansas.

AOA Convention—Cleveland July 25-29—Let's go!

Little Stories of the Clinic

By C. W. Young, D.O., Grand Junction, Colo.

STORY No. 27

Friday evening, February 18th, while watching a basket ball game played by high school girls in a crowded Y. M. C. A. gymnasium, I heard one of the players give a little scream and saw her fall limp on the floor. She was a star forward for Grand Junction. I hurried to her, and found a badly sprained ankle, brought about by jumping into the air and landing on the hard floor. I told her she could play no more that evening. With her hand on the referee's shoulder she hopped into an ante-room on her sound foot. She told me that she had sprained the same ankle several years before. I secured a pan of hot water, in which she soaked the ankle for an hour, after which I gave a very gentle treatment. I found the portion below the external malleolus very much swollen and the entire foot turned inwardly. I made only slight efforts to replace. After the treatment I put on adhesive tape, extending from the lower third of the leg on to the foot. In order that the ankle might certainly be held in position until she reached her home, I put a roller bandage over the tape, with instructions to remove bandage and tape in case she suffered pain, and soak again in hot water. I also told her to secure a pair of crutches and refrain from bearing her weight on the ankle for several days. On the following Sunday I visited her home and she reported that the ankle began

to pain considerably soon after her retirement, so she removed bandages and tape and soaked in hot water for three hours, when she became fairly comfortable. I found the ankle still badly swollen and the entire foot turned inwardly. I used the technique illustrated by Figure 1, p. 368, A.O.A. Journal, June, 1920. That is with the thumb on the upper edge of the inner side of the astragalus, I pushed vigorously against the astragalus as with the other hand I drew the foot outwardly. I requested her to come to my office Wednesday, but she did not come until Friday forenoon. She said she had been walking without her crutches for three days; that her ankle had caused her no pain and felt fine, until the day before when she had hurt it again by an injudicious movement. The swelling had mostly disappeared, and I gave another treatment similar to that of Sunday, followed by application of adhesive tape. That same Friday evening she played in a strenuous game of basket ball with very little discomfort and on the following week participated in a series of games that made her team the champion of Colorado. I admit there are all grades as to severity of sprains, but I am fully satisfied that this case was of a serious character, and that nowhere near such gratifying results could have been secured had we not adjusted a bony lesion.

AOA Convention—Cleveland July 25-29th— Let's Go!

The complete program will be published in the June and July magazines, but I want to at this time tell you of some of the things that are in store for those who attend.

Cleveland. The city needs no introduction. Situated as it is on Lake Erie, easy of access by great trans-continental railroads, as well as by boat, it is ideally situated.

Hotel Stattler. The Convention hotel is one of several operated by The Hotel Stattler Company, and the name alone assures us of all that is best in hotel accommodations. There are other hotels galore, should one not care to stop at the Stattler. So no one needs to stay away for fear of not getting accommodations to suit their individual tastes and pocketbooks.

Railroad rates are assured as the roads are once more on a competitive basis, assuring good service.

Program proper starts at 10:00 A. M. Monday, July 25th, when Cleveland will welcome us. Immediately afterwards the president, Waldo, will talk to you. His remarks will be plain and easily understood. Following we will hold a Memorial to Dr. A. T. Still.

The following program officials assure us of the best to be had in all departments:

General Chairman—Jennie A. Ryel, D. O., Hackensack, N. J. Vice-Chairmen—R. C. McCaughan, D. O., Kokono, Ind.; A. L. Evans, D. O., Miami, Florida. Memorial to Dr. A. T. Still—Carl J. Johnson, D. O., Louisville, Ky. Adjustive Technique and Osteopathic Principles Evelyn R. Bush, D. O., Louisvills, Ky. Exercise Technique and Muscle Training. Section Chairman—Curtis H. Muncie, D. O., Brooklyn, N. Y. Eye, Ear, Nose and Throat Section, Chas. J. Muttart, D. O., Philadelphia, Pa. Gastroenterology Section, Dena Hansen, D. O., Moose Jaw, Sask. Gynecological Section, Thos. R. Thorburn, D. O., New York, N. Y. Laboratory Diagnosis Section, J. Irvan Dufur, D. O., Philadelphia, Pa. Nervous and Mental Disease Section, Blanche Mayes Elfrink, D. O., Chicago, Ill. Obstetrics Section, Harry W. Sutton, D. O., Simcoe, Ont. Pediatrics Section, Jenette Hub-

bard Bolles, D. O., Denver, Col. Public Health Section, George J. Conley, D. O., Kansas City, Mo. Surgery Section.

In a recent issue of the Journal of AMA Dr. Will Mayo says that "Poor Osteopathy has lost its Spine", or words to that effect. In order to assure the good doctor that he is mistaken, Technique has been made the keynote of the entire program, and such well known artists as Doctors Carl Johnson, H. H. Fryette, Harry Forbes, H. R. Holmes, C. J. Gaddie, Franklin Fiske, Edith Ashmore, Evelyn Bush, and many others will show you how to "find it and fix it".

As noted above the completed program will be published next month so I will not tell you now of the many other notable ones who will appear on the program and discuss subjects of vital interest to you in your practice.

To those looking for amusement, we have provided that also. Monday evening, Reception and Ball; Tuesday evening, Beach Party at Euclid Beach; Wednesday evening, Boat trip on Lake Erie; Thursday evening, Banquet.

Those who do not want to attend are looking for excuses right now. One excuse is as good as another, but remember "To him that hath, shall be added, and to him that hath not, shall be taken away, even that which he hath", which interpreting means that those who sacrifice the most, shall get the most out of the Convention. Come, let us make this Convention the biggest and best!

Dr. Palmer In Films

Dr. B. J. Palmer, head of The Palmer School of Chiropractic, greeted thousands of his fellow townsmen in the movies at the capitol theater Sunday and at every performance his appearance on the screen was greeted with tremendous applause. Dr. Palmer is shown in the Pathe News Service, featuring world events. He was snapped while in attendance at the Canadian Chiropractors' convention held recently at Toronto, Canada.—The Davenport Democrat and Leader, January 10.

Standards Necessary

We should welcome and encourage any school or method that is alleviating human suffering. But such schools should be standardized and send out doctors who are qualified, at least as much as is required of a horse doctor.—H. M. Cobb, D.O., Hugo, Colorado.

Professional Publicity

In my opinion professional publicity of all sorts will undergo tremendous development during the next few years. Your organization is in the forefront of this movement and one of the things you can preach to the osteopathic profession is that the medical profession is rapidly going to take up educational propaganda and that the only way we are to maintain our lead in this direction is by greatly multiplied efforts. Someday, somebody is going to write entertainingly of the benefits of medical treatment and such writing is going to get *directly* into the hands of the people it is meant for. Osteopathy now has the good-will of a great many people. From now on, that will become less and less of an asset unless it is highly *cultivated*. — J. A. Van Brakle, D.O., Portland, Oregon.

"George's" Laurels in Danger

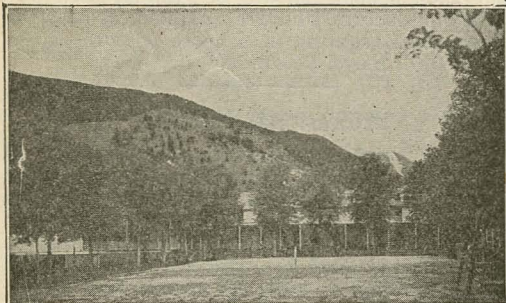
Dr. T. J. Ruddy, of Los Angeles, has made quite a reputation as a financier by his work as chairman of the Financial and Executive Committees of the new California Country Club at Culver City, which has just built a golf course and club house at a net worth of about \$500,000. Only the very busy ever have time to do things! If you have an important job you want to put over, give it to Ruddy.

Experimental reasoning extends science but cannot create it.—Federigo Enriques.

Hank Perkins He Sez: "By Heck, Do You Know -"



Chico Hot Springs Sanitarium and Hospital



Located in the heart of the Rocky Mountains at an elevation of 5000 feet. Open the year around.

The Mineral Water baths and drinking is second to none for Rheumatism, Skin Diseases, Gastro-intestinal and kidney troubles.

Hospital is completely equipped with Laboratories X-Ray and operating facilities.

Special attention to surgical cases.

G. A. Townsend, D. O., M. D.

Surgeon-in-Chief

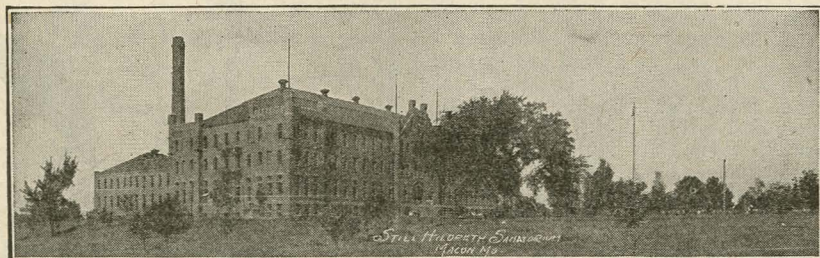
Emigrant, Montana, Post Office

Complete,
Comprehensive
and Convenient

Coffee's Case Cards

Entire Financial and Case Record on one 4x6 Card. \$1.00 per 100—\$9.00 per 1,000—\$15.00 for Steel Case Outfit. Samples and Literature on Request.

Collingswood Case Card Co.
Collingswood, - - - New Jersey



STILL-HILDRETH OSTEOPATHIC SANATORIUM

MACON, MISSOURI

A. G. Hildreth, D.O., Supt.

The pioneer Osteopathic Institution of its kind on earth created for the sole purpose of treating mental and nervous diseases, an institution that has already proven the value of osteopathic treatment for insanity.
Write for Information

SHOP TALKS on OSTEOPATHIC AFFAIRS

Charity Patients

Nine-tenths of our charity patients have been a disappointment to us and probably that is the common experience of osteopaths. I believe that is because people think well of a thing in proportion to the effort they have to make to get it. Treatment comes easily to them and as a rule they value it lightly. They simply will not follow instructions and live up to what is laid out for them to do like those who are paying for treatment just what it is worth. They do not make the progress of regular patients, therefore, they are not as appreciative and enthusiastic; and they do not do the same credit to their doctors as regular pay patients.

It has been our experience, too, that we often imagine the lot of our charity cases is much harder in life than it is. Not infrequently we have worried along several months treating such a case, feeling sorry for the supposed misfortunes that have beset him, until we learned that he had taken \$50.00 over and paid it to a "stomach specialist" (or some other such specialist) to tell him whether we were treating his case right or not!

I remember one case of a boy with spinal trouble whom we carried along for about three years. The mother had been referred to us by the Sisters of Mercy of Something or Other, and she would put on poor clothes when she came to see us. There was never a time in three years that I treated her boy that I did not forego the opportunity to treat a pay patient in the same time I gave up to him. Yet I found out the parents were really well off and owned three apartment buildings. Such experiences make one more careful in dispensing charities.—H. H. Fryette, D.O., Chicago.

By Getting Injured Men Back on Job

As every little bit of recognition helps it might be of interest to advise you that I have been appointed as one of eight physicians by the London Guarantee and Accident Co., to take care of accidents and injuries of employees of two coal mines here employing 1,200 men on which this company carries insurance. I might also state we have twenty M. D.'s in practice here. This recognition has been gained by getting a number of injured men back on the job in much less time than the other fellow.—W. D. Wood, D.O., Centralia, Illinois.

Why Iowa Won

Three Reasons:

1. Conducted on a business-like plan.
2. Unity of purpose.
3. Co-operation.

Iowa has been trying for the past ten years to get a new Osteopathic law on its statute books but failed at each Legislative session.

After some consultation it was decided that we were losing because we had not followed any definite plan and therefore we had no co-operation. Immediately we set about to conduct our state activities in a business-like manner.

The need of a new law seemed to be the unanimous opinion of the profession of Iowa and we set about to find the law to best suit our needs. This being their wish they gave the legislative committee and the officers orders to get it with assurance that they were back of us to the man. This was the kind of spirit we needed (co-operation). We did go after it, and we got it.

Let me say that the osteopaths of any state, if organized on a business-like plan, having unity of purpose, co-operation and demands fair and just, can go before any fair-minded legislature and "put it over".—H. J. Marshall, D.O., President, Iowa Osteopathic Association.

Avoiding an Operation

A young man came to me having trouble with his throat. It seems he had eaten a few dried juniper berries and a hull had become lodged in his throat. For a week he had tried washing it out, also eating rough dry bread, but to no avail. I think the small half shell exerted a suction on the soft membranous tissues of the throat. However, he was thinking seriously of having a minor operation performed, as it was very annoying and irritating, when the idea occurred to me that if a green persimmon part was taken into the throat, it would tend to "pucker" (so to speak) the throat tissue and relieve the suction of the shell and it could then be readily dislodged by drinking a fluid. We decided to try the persimmon idea and it proved a success and very much more desirable to the patient than the knife of the surgeon, I am quite sure. The persimmon had avoided any mutilation whatsoever and was absolutely void of any after bad effects.—Sarah Snavely Kanzmeier, D.O., Los Angeles, Calif.

Don't Wear George Out!

The osteopathic profession as a whole is longing and looking for a brighter day for osteopathy. That day is coming, but will arrive sooner if each member will be willing to do his part and not content himself by thinking "Let George do it." It is a good thing there are a few "George's," but why not every one put his, or her shoulder to the wheel and help? Then, when some good has been accomplished, such as getting a model bill through the legislature, each doctor can feel that he had a hand in the good work.—Florence Morris, D.O., Des Moines, Iowa.

Not "How Long" But "How"

My one best thought for the profession, as I feel it, may be considered in the light of a "knock" by some of the D. O.'s. Too much "general treatment" and not enough thoro examination and specific treatment. "How long do you treat" is a common question that I have to answer. Would that we could—all of us—get away from the massage idea.—E. Claude Smith, D.O., Topeka, Kansas.

The

AMERICAN SCHOOL of OSTEOPATHY

After nearly thirty years of successful operation, is enabled
to offer to prospective students the advantages of

The Largest College and Hospital Buildings
The Best Equipped Laboratories
A Faculty of Specialists

Students of the American School of Osteopathy are in charge
of experienced physicians and teachers, who devote
their entire time to the school work.

Next Class Will Open Monday, September 12, 1921

For Catalog and Literature, address

The American School of Osteopathy
Kirksville, Missouri

Standard
Laity Brochures

\$6.00 Per Hundred
 Express Prepaid

- No. 8—Osteopathy in Inflammatory Diseases.
 No. 16—Osteopathy Potent Where Serums and Vaccines Fail.
 No. 18—A. T. Still as a Medical Thinker.
 No. 34—How a Case of Sleeping Sickness Found a Cure.
 No. 36—Most Diseases Are of Spinal Origin.
 No. 37—Osteopathy as a Science.
 No. 48—Philosophy of Osteopathy.

Stocks Limited.
 Sample Set 25c.

The Bunting Publications, Inc.
 Waukegan - - Illinois

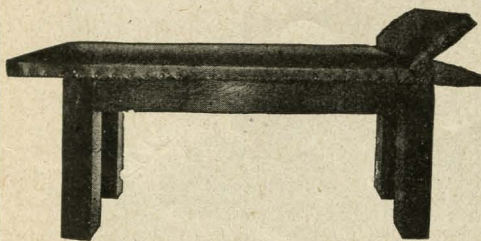
**FASTING and MAN'S
 CORRECT DIET**

A new book on the treatment of disease through purely Sanitary measures. Total immunity to germ action can be obtained by reducing putrefaction in the digestive tract through fasting and dieting until the excretia is odorless, as described by Horace Fletcher. Germs are only scavengers in the body, as elsewhere in Nature.

—Read—

Fasting and Man's Correct Diet
 (now in press, \$1.35 postpaid)—by

R. B. PEARSON, 19 South La Salle Street, Chicago



OUR NEW CATALOGUE

showing cuts of many styles of tables, stools, vibrators and the BEST FOLDING TABLE on the market, sent on request. A postal will do.

Dr. George T. Hayman
 Manufacturer
 Doylestown, Pennsylvania

Why Not Let Down Our Fences?

In the past few months all of us have been receiving literature from B. J. pleading with us to take a course in Chiropractic. Why not copy this idea and fill our colleges from the Chiros? The AOA should go on record at our coming meeting as recognizing those colleges that give one year's credit to graduate Chiros who are reputable and have the necessary preliminary education. With the necessary advertising it will put 1,000 of them in our colleges next fall. Not more than one of them out of every twenty-five will ever mention his Chiro degree after he gets the D.O.

Some will say that this is letting down the fence. I say that it is better to let it down in one place than to have the whole thing torn down by the increase in number of chiros on the outside.

This may work a hardship on our colleges but they could arrange a special schedule.—
G. A. Bradfute, D.O., Caruthersville, Mo.

**Some Fun with Cooper County, Missouri's
 Most Popular Surgeon**

On Saturday, December 18, 1920, I answered an emergency call to go three miles east to attend a man who had fallen from a load of fodder. He took a "somersault" tumble and struck largely upon hip joint. I found no bones broken and he was not suffering a great deal so without bandaging I gave relaxing treatment and told him to call me if he should experience any worse suffering. At 11 o'clock a. m. Sunday, his family began calling for me. I was out south of town then and by the time I returned they had gotten impatient and called for a surgeon, (the most popular in the county). He, seeing some bloating from flatulency, took the pulse and then called the wife into another room and said: "I have bad news for you; Mr. V. has torn an "entral" loose in his belly and must be taken to the hospital. I will go and make arrangements and send the ambulance for him. His condition may be serious soon".

Within fifteen minutes after he had left I arrived and told patient I could give enema and cure the "torn entral". First I bandaged his hip, then soon had him relieved. He got on his feet in five days. There were fifteen or twenty neighbors there when I gave the enemas and relieved the man and saved him a big hospital bill. One of the neighbors telephoned and countermanded the order for the ambulance. The fun came in when the bunch of neighbors and friends saw how I whipped out the popular, wonderful surgeon.—*J. A. Barnett, D.O., Boonville, Missouri.*

A Land of Promise

Osteopathy has received a great boom in Oklahoma. A great future lies open to the profession. Let us continue to uphold the scientific facts of the founders, Metchinkoff, Bordet, Ehrlich and Wright. Let us remember that osteopathy and osteopathic theory of disease has been the only science that has stood the storms of the past 20 years.—*C. D. Heasley, D.O., Tulsa, Oklahoma.*

Calomel

I wish one of our college men would explain the action of calomel on human tissue. Some of the best medical schools teach that it has no action on the liver; still some people take calomel all the time and claim that the drug has saved their life.—*Albert C. H. Esser, D.O., Chicago, Ill.*

Apathy, Avaunt!

Apathy is the chronic state of things today. What is the remedy? Back to first principles.—
J. W. Phelps, D.O., Atlanta, Ga.

**The Last Word in
 Iridology
 IRIDIAGNOSIS**

—By—

Henry Lindlahr, M. D.

The science of reading internal conditions of Health and Disease from Nature's records in the Iris of the Eye. Profusely illustrated with Charts, Drawings from Life, and a Color Plate displaying color signs of drug poisons, psora spots, nerve rings, lymphatic rosary, scurf rim, radii solaris, etc.

From the artistic and the scientific standpoint these illustrations are the best and most accurate ever produced. For the first time, they make it possible to acquire a practical knowledge of Iridology from a text book.

Cloth binding: \$2.65 postpaid

ORDER TODAY

Literature descriptive of Dr. Lindlahr's new works sent on request. Four volumes of the LIBRARY OF NATURAL THERAPEUTICS now ready. I. PHILOSOPHY; II. PRACTICE; III. DIETETICS; IV. IRIDIAGNOSIS.

**LINDLAHR
 PUBLISHING
 COMPANY**

**523 So. Ashland Boul.
 Chicago, Ill.**

Nujol has unequalled advantages

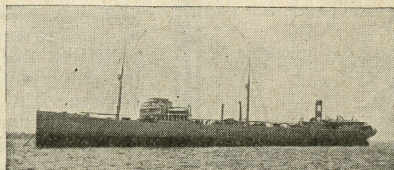
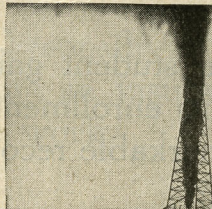


The makers of Nujol have unsurpassed facilities for the production of liquid petrolatum of absolute purity, correct viscosity and high, uniform quality.

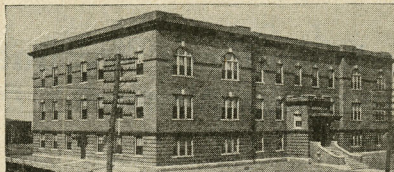


The manufacturers of Nujol have world-wide resources.

Only the finest raw materials are used in the manufacture of Nujol.

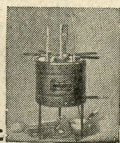


Nujol owners operate the largest merchant fleet flying the American flag.



Research and testing laboratory.

Nujol is bottled in a clean, light, airy laboratory.



The Saybolt Viscosimeter for testing viscosity of petrolatum liquidum was invented by Dr. Geo. M. Saybolt, for many years head chemist of the Standard Oil Co. (New Jersey).

Nujol Laboratories, Standard Oil Co. (New Jersey), Room 751, 44 Beaver St., New York.

Please send me booklet marked:

"AN OSTEOPATHIC AID" (*Especially prepared for the Osteopath*)

The following booklets may also be of interest to the Osteopath:

"In General Practice" "In Women and Children"

"A Surgical Assistant" Also Sample

Name _____ Address _____

As a Man Giveth, He Gets

All my thoughts regarding osteopathy are "best." Am continually surprised at achievements obtained thereby. Dietetics should receive more attention, it seems to me, in our colleges. "As a man thinketh so is he." So also as a man eats, he thinketh.—A. J. Phillips, D.O., Los Angeles, California.

My Diagnosis

The osteopaths are a selfish lot; too much clique for personal gain; piling up the dollars. That's right—keep "Bunting" in the background! P. S. In return, couldn't you send a year's subscription without charge?—Wm. F. Dickey, D.O., Santa Cruz, California.

Should Not Oppose Surgery Where Really Indicated

On the third of March I underwent an operation for chronic appendicitis which had bothered me for several years. I have been much benefited and now believe and feel as if I shall have perfect health. I wish to urge all osteopaths not to stand out too strongly against surgery. Cases that do yield—and the most of them will yield—to osteopathic treatment should be held, but those that continually re-occur should have the advantage of surgery before they are worn out and full of toxins. The OP's slogan "Osteopathy stands for the Truth Wherever Proven" is and ever shall be my stand.—W. B. Farris, D.O., Fort Smith, Ark.

Why Mary Elizabeth Went Medical

In the January issue of the Southwestern Osteopathic Sanitarium Bulletin on page 19, the following statement appears:

"One of our Osteopathic hospitals recently was compelled, because of pressure of medical men, and lack of support of the osteopathic profession, to close its doors to osteopathic physicians and become a regular medical hospital."

I infer that the hospital in question is the Mary Elizabeth Hospital of Raleigh, N. C., and if this be true the statement is misleading. Dr. Glascock and I owned this Hospital privately, and there was not a time during the last three years that we did not have patients on the waiting list. It was making money and there was no pressure from outside sources or from lack of support to cause it to go into medical ranks. Dr. Glascock, wanting to specialize in Surgery, felt that he would have greater opportunity by joining the medical fraternity in practicing surgery. Therefore he associated with him two medical men and bought out my share.—A. R. Tucker, D.O., Raleigh, N. C.

Put It Into the Movies

Regarding the advancement of osteopathy by motion pictures: Let us put some of this form of publicity across. Ten to twenty thousand dollars will put a scene, sketch or osteopathic cure in a good, big production. Let us get together and see what we can do with some of the big companies such as Famous Players, Paramount and Metro regarding the injection of osteopathy. I'll be one of a thousand osteopaths to devote 10 or 20 dollars to this purpose. Don't let the chiros beat us to this.—Nathaniel W. Boyd, D.O., Germantown, Philadelphia, Pa.

Not Down, but Up

OP shop talk is great stuff—good, bad and indifferent; so here goes for another spurt seeking classification. Relative to chiros: The allopath, with all his wisdom, once had charge of all the healing business. His methods and practices failed and he lost his monopoly. He is losing out—prestige, practice and money, because his patients are seeking other kinds of practitioners where results are better. Had the allopathic doctor been able to produce the results he was taught to believe he could produce, no other system would have been needed, nor any laws to protect his erstwhile monopoly required.

Then comes the osteopathic physician. His system is real and effective. But it requires brains, brawn and training, with much practice to get all the potential possibilities latent in the science. Too many practitioners lack these requisites and they sink to the level of crass imitators, erstwhile known as chiros.

Now to unite with these lesser lights is to lower A. T. Still ideals. Better far develop osteopathy and get above need for warfare against threatened extinction.

If any state or province has therein three score real trained, dyed-in-the-wool osteopathic practitioners, that state need fear no AMA machinations. The sovereignty of the state is still A.D., 1921, vested in the people, and the people do rule. And the people will brook no interference with any beneficent science, that is efficiently demonstrated. Thus let us work for results and have less concern as to the number we treat in one day, the size of the fee, and the amount we can make in a year to dazzle the more common herd with a sense of our greatness. Real greatness in osteopathy is not measured in gold or dross but in results in healing the sick. The people will view us as great or little, not by the splendour of our equipment, but by the contribution we make to the community we have chosen to ornament with our presence. As to the chiros—forget them forsooth and rise higher!—Edgar D. Heist, D.O.—Kitchener, Ontario.

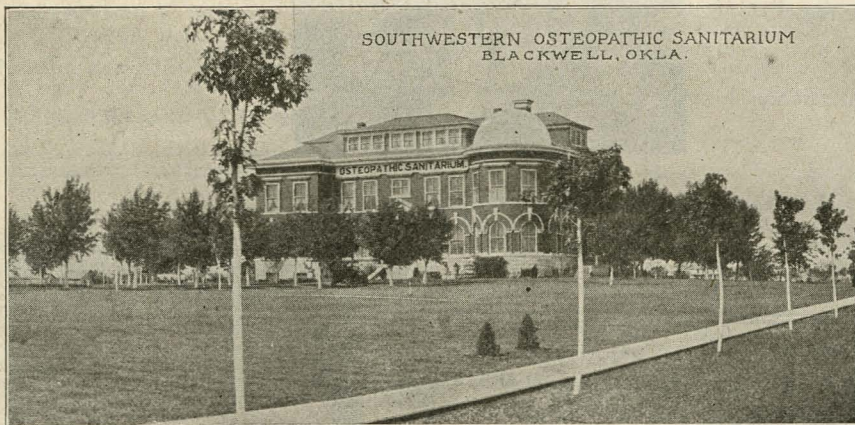
258% GAIN

KANSAS CITY COLLEGE of OSTEOPATHY and SURGERY

had the above student gain for 1920-1921.
Nearly tripled its enrollment and now starting
for a more remarkable record for 1921-1922.

It's "The Aggressive College"

2105 Independence Avenue
Kansas City, Missouri



We accept all kinds of hospital cases, except Communicable and Mental Diseases. A purely Osteopathic institution. Chartered on a non-profit basis. Modern equipment in all departments.

Our Training School for Nurses is accredited by the State Nursing Board. Our course of study is far in excess of the requirements. Nursing is unequalled as a profession for young ladies. We desire to enroll a new class of at least one dozen at once. Write for information and application blanks.

SOUTHWESTERN OSTEOPATHIC SANITARIUM
Blackwell, Oklahoma

IF

experience means anything in the training of
the successful osteopath

THEN

the "Los Angeles College" should appeal

To the prospective student of Osteopathy,
To the practicing osteopath who is seeking an institution in
which to take post-graduate work.

During April the students of the
two upper classes of this College

TREATED in the busy college clinic 2609 cases;
WERE PRESENT at the examination of 350 clinic patients;
ASSISTED in the care of 34 cases in the City of Los Angeles Obstetrical service.
RENDERED first aid in 300 cases in connection with the
City Emergency Hospital;
OBSERVED operations at 40 major surgical cases at the County Hospital.

Such experience coupled with the course of instruction
offered by this institution is sure to go a long way towards
the making of a successful osteopath. *Address—*

The

College of Osteopathic Physicians and Surgeons

4th and Main Streets, Los Angeles, California

The Osteopathic Physician

The Organ of News and Opinion for the Profession

Published on the 15th of Every Month by THE BUNTING PUBLICATIONS, 9 S. Clinton St., Chicago, Illinois. Edited by HSB and the Committee of 500 of the Profession. Price in the United States \$3 per annum. In Canada \$3.25. In other foreign countries \$3.50. Advertising Rates on Application. Copyright, 1921, by The Bunting Publications.

Entered as second-class matter April 7th, 1903, at the Postoffice at Chicago, Illinois, under the Act of March 3d, 1879.

EDITORIAL

Fairness, Freedom, Fearlessness
"Hew to the line, let chips fall where they will."

Vol XXXIX May, 1921 No. 5

OUR MAIL ADDRESS IS NOW WAUKEGAN, ILL.

Our new postoffice address is Waukegan, Ill. Please so address all communications to us. Never mind a street number. Our handsome new building is right across the street from the postoffice. They know us. We call for our mail several times a day between deliveries.

We have not yet installed heavy machinery for printing our publications, and until that is accomplished—it is a \$30,000 undertaking—we shall continue to print our journals and magazines in Chicago. Those having second class postage entry must continue to bear the Chicago address as long as they are mailed in Chicago. They will not substitute Waukegan for Chicago as the publication office until they are actually printed and mailed in Waukegan.

Therefore do not be confused by these two addresses.

Send our mail to Waukegan. Come and visit us and the new plant in Waukegan. It is but forty miles and just an hour's run by Chicago & Northwestern Railway from Madison street.

DEMOCRATIZING THE "OP"

For the past year we have been laboring steadily to bring about a complete democratization of The OP's editorial conduct and editorial policy. This means making it the mouthpiece for Open Court expression by the Whole Profession. In times past we have often been criticized (and with some justice, we think) for making The OP's editorial contents reflect too often the personal visions and views of Bunting. Everybody who takes part in making the wheels go round naturally wants at some time or other to state his views of our science and practice and of our professional affairs. And, furthermore, we all like to know the other fellow's opinions, too, whether we agree with him or not.

So we got the vision, after discussing the matter patiently with various leaders of the profession, of making The OP become the democratic mouthpiece of the profession. The AOA Journal naturally gets and prints most of the solid scientific contributions of the profession. The Western Osteopath as organ of the wide awake Western Osteopathic Association is also primarily scientific and is giving the AOA Journal a good race for excellence of contents. Each of the other journals, it seems to us, has reached a high plane of excellence and is developing its own special activities and interests.

While printing some scientific articles of exceptional merit, The OP has never wished or tried to specialize in that field or to compete

with these two mainly scientific publications. It has seemed to us from the outset of our publishing career that our course of usefulness lay along somewhat different lines. We have frankly addressed ourselves primarily to the economic aspects of practice—to helping osteopaths "sell" osteopathy to the public and to their patients, rather than "selling" them the kind of treatment they give their patients. We are willing in the main to leave that work to our colleges, associations and association journals.

It seems only right and in the interests of the common good for our journals to observe a considerable degree of specialization in their interests covered. So we have actually done this from the start, twenty years ago, but the one place where we have probably failed to live up to our fullest opportunity, was—as we admit candidly—in letting OP at times reflect "too much Bunting", and too little the outpouring of the opinion of the whole profession. We have not deliberately done this. It has merely resulted from the natural earnestness and vehemence with which we have thrown ourselves into the discussions of all our main policies and problems.

Now, in maturity, we are frank to say, our own opinions often seem of less importance to us than they did ten years ago. We are correspondingly more anxious and more interested to know and present the viewpoints of the other fellow. Hence this evolution of The OP toward true democratic editorial fellowship corresponds in a way to the natural ripening and growth of studious individual minds and of individual human life. It is a rounding out from riper experience. The new phase is a natural one into which we pass with entire willingness and comfortableness because it seems more desirable and best to us as well as to the profession at large. The change of policy is not therefore in the nature of repression that has been forced upon us but rather a privilege into which we have grown by maturity and by widening opportunity—a part of which is getting a staff behind us that is willing and able to help carry the burden.

The OP stands today, then, as the Open Court of the Whole Profession into which every man and woman in the work may bring his or her best ideas. You may raise your voice here on any subject of interest or importance to osteopaths. The editor will continue to speak his best thoughts, feelings and advice for the welfare of osteopathy over his own signature like the rest of you when he has anything to say. When he hasn't, he will print signed editorials written by other members of the profession even in the editorial pages of this paper.

In our "Shop Talk" department the Whole Profession every month will talk to you. If osteopathy has developed a scientific and philosophical consciousness, surely it will realize itself and shine forth in strength, clarity and beauty from having this ever-ready Open Forum where the Whole Profession sits to listen, consider, and reply. We hope you like the change of policy and will register your approval by making use of it. If you only make your editorials short and fit we will guarantee to print them over your own signature. Of course, we assume no responsibility for the individual opinions expressed in our pages over the signature of contributors.

As the final step in realizing our policy of democratizing The OP we have formed an Editorial Board of 500 Members of the Profession. The full "Committee of 500" is not yet quite complete, but 500 invitations have been extended to serve and over 400 acceptances were received out of that number. Additional invitations will go out as refusals to serve are received, so in a short time it is sure the entire 500 Associate Editors will be on the job. Those of you who hanker for such work are invited to volunteer if a formal request for service has not reached you from us.

You may therefore expect to see The OP continue its old specialization along the line of all interests that help the osteopath to build and conduct practice and "sell" osteopathy to patients and public, as well as contain a sprinkling of lighter scientific stuff, and on top of this to develop interest on all important issues in its "Shop Talk" pages by a generous outpouring of the views and spirit of the profession. Now, why shouldn't The OP be representative of the best views of the whole profession on all live issues when every tenth man and woman in our ranks is an assistant editor and writes for its pages?

Tell us if you like the change, and pray feel free to suggest how we may further improve the service of purveying news and opinion to our profession.—HSB.

SPENCE OF HARTFORD

Dr. Philip S. Spence of Hartford, Conn., is entitled to a vote of confidence and thanks by the profession at large for the organized publicity he has set in motion to fight allopathic domination in congress. The personal work he has done to amend the Fess-Capper bill and to organize outspoken opposition to this measure in its original form is simply tremendous. The profession is lucky to have a leader of such vision, initiative and punch.

MORE POWER FOR AND FROM OUR OSTEOPATHIC SPECIALISTS

One reason why a lot of people haven't more confidence in osteopathy is they think that there is no service of specialism back of our profession, and likewise no hospitals and sanatoria. They often believe in osteopathy for chronic ills, so long as folk are able to go to the osteopath's office for treatment; but they harbor fear that if they have to go into the hands of an ear, eye, nose and throat specialist, or a general surgeon, or an obstetrician that they must part company with osteopathy and pass over into the hands of the "regulars"! They think further that if they require to enter a sanatorium or hospital for attention they must repudiate osteopathy and place reliance again upon the supposedly "higher-plane" profession which boasts such facilities in such generous measure!

What is the result?

You know.

Our dignity and prestige as a profession suffer. Patients who would come over wholeheartedly as osteopathic converts do not dare do so. We lose patients daily to medical institutions and to medical specialism because of this error.

How combat this misunderstanding?

Educate!

Found it into the people until they understand that our profession *does* have the support of its own specially trained corps of surgeons and specialists, and that we have numerous well equipped hospitals and sanatoria; and that our institutions and specialists *both* are increasing in number rapidly.

Let them have a good understanding of that and it will increase prestige and make practice for the osteopathic general practitioner. It will strengthen his position before the people immeasurably. He will seem so much safer as a physician and adviser if they but realize he has competent surgical and specialty advice and help available that he can enlist *within his own profession* whenever he comes face to face with need of such assistance.

Recognizing this need by the whole profession, general practitioner and osteopathic specialist alike, we have had prepared, by a group of our most competent people, a special number of "Osteopathic Health" which will change this notion about osteopathy in any household it enters. It is entitled "The Osteopathic Specialist in Diseases of the Ear, Nose, Throat and Eye."

Bear in mind that it is especially prepared to make the public understand the value of the osteopathic general practitioner, and to show how his ordinary treatment makes a great deal of the specialty work unnecessary as done by medical specialists. Yet it shows that when osteopathic specialism actually is required the osteopath is "there with the goods," just the same as the scientifically trained medical practitioner, and he is able to refer the case to an osteopathic specialist, or institution, or in many localities call such osteopathic specialists into consultation.

Every osteopath in practice will find his own professional fences are being built up by doing this kind of publicity. The people need such information—want it. Give it to them. You will find the July issue of "Osteopathic Health" contains a very admirable treatise on this subject. As this is the first available field literature on this subject to come on the market the mere novelty of the subject matter and of the argument will be sure to attract much attention and advance orders will probably absorb the supply promptly. We advise early ordering.

Get your order in at once so as to permit us to run the profession's needs in the first and only edition. It breaks our heart to have to confess we cannot fill orders for want of sufficient magazines, and yet it breaks our back to overprint editions so much that we are able to accommodate all late comers for that means we would have a big loss in left over copies many months. We are announcing this special edition a month in advance in order to give all who want to use this great Specialism brochure time to get their order in before the presses hum. Don't you want to use 1,000?

"Every man owes some of his time to the upholding of the profession to which he belongs.—Roosevelt.

Forward, Not Backward

The "Forward" or "Backward" issue can't be done in twenty words. If we are spinal specialists don't call ourselves Osteopaths. No man can say all drugs are useless. If a member of one of our good osteopathic families comes to us with a case of diphtheria, send him to an M. D. telling him we don't use drugs, (common sense should tell us we can't treat diphtheria by adjustment and manipulation). Another member of the family may come with a case of scarlet fever, "Oh, no, we don't take contagious cases—we never studied that stuff in college," a "regular" doctor is called on the case! A third member of the same family is nearing motherhood and wants you to deliver her and you won't take the case, or as much as refer her to an Osteopath who is doing obstetrics, the family become disgusted and say "Oh, well, he is only a spinal specialist". They tell a few of their friends, in due time the little story gets to a member of the legislature, he happens to be on the committee on medicine, a new bill comes up for consideration before that committee, "Well, he says, they don't need a law like that—they are only spinal specialists, the Drugless Healers already have a law" and the bill is thrown in the scrap heap!

An energetic young college man comes along thinking over what he would like to do for his life work; he has a happy thought and thinks the most promising thing for a young man is the Osteopathic profession; he gets a catalog, finds he has the qualifications to enter and that it will take four years to complete the course. He next looks up the law and finds he will only be able to practice 1/10 of what he gets in college; he decides he wants to be a physician and not a spinal specialist!

Our colleges are losing men and women every day like that. Whose fault is it—the Legislature's? No, the fault of *ourselves!*

I have taken cases I did not want but rather

Some Doctors' Offices

V.

Authorities

John Barr, D.O.

Back a little ways in my memory is the picture of an office in which I would not mind waiting all day for the doctor to appear. This office is lined with books and I am a lover of books, good, bad and indifferent.

On the day I called on the owner of this particular office, he happened to be busy and so I browsed around in his library which extended clear out into the reception room. I found there, books to me unknown side by side with professional classics of wide renown. Many of my college day favorites were there and there was a generous sprinkling of the name of W. B. Saunders Co., by which I inferred from my own experience that the good doctor bought some of his books on the installment plan.

There were pictures on the wall. George Still cheerfully salvaging somebody's appendix, George Laughlin reducing a congenital dislocation of the hip, and in one corner, one of Vardon just about to kiss a golf ball goodbye.

Inside, I found a man overshadowed by his books. One of these fat, old-fashioned dictionaries rested calmly on its stand near his desk. A book-rack on his desk supported an Index of Differential Diagnosis, a World Almanac and Medico-legal Aspects of the Practise of Medicine. We had a pleasant conversation. That is, I listened to what he told me and while I'm at it I might as well confess, he told me many things I did not know. He told me how easy it is to treat fractures in infants because they do well in spite of any treatment or because of the neglect of treatment. A thin book on Birth Fractures and Dislocations vouched for what he said. I thereupon admitted that in my practise such things rarely occurred, which led him to remark that so far he had never had such a case but in the meantime he wasn't going to worry over what he would do to one if ever called in.

He explained to me that Caesarian section would rapidly supersede all other methods for the extraction of new-born infants. The only opposition I could

muster up against his multiplied references was the hazarded opinion that people for a long time to come would prefer to call the obstetrician with his fee of 25 to 50 dollars as against the surgeon and his retainer of say \$250.00.

I asked him what he would do for a case of gall-stone colic and received in return a lecture on the beneficence of morphine. A query as to how he set sacro-iliac lesions brought down from a shelf an avalanche of Journals of the A.O.A. neatly marked at the places where Fryette so engagingly discourses on the subject. Just about then, that picture of Vardon's came up for notice and the office was closed for the afternoon as we hastened out to the golf links.

He played golf just as he practised Osteopathy. He quoted authorities for every move he made but he made some very poor moves, especially just before he hit the ball, and he turned in a rotten score. We had a nice time and if ever I am by that way again, I shall stop for a look at the books and perhaps a round of golf, but if I should happen to have a pain in my side, I'll carry it on to the next town for I never yet saw the book or series of books that could give much of a treatment.

I've heard of men who held pennies up to their eyes and shut out the vision of dollars. This man looks into books and cannot see the needs of his patients.

Authorities, like precedents, are fine things for lawyers at all times and for doctors when they get in a hole, but often as not, their finest function is brought about as they are overturned by some thoughtful, progressive physician. There is something rigid about an authority that adapts it well to the building of ruts. There is something lulling in the ease with which one may hide behind the dictum of an authority—and still lose the patient. Whenever I find an osteopathic physician strong in the use of authorities, I fear that he is developing hypertrophic arthritis of his mental joints and that someday he will have eventual ankylosis.

than lose them for Osteopathy I treated them. Let's forget the dollars we are making and think of the thing that is making the dollars for us. Let's be Osteopathic Physicians, Forward and never Backward!—Clarence B. Utterlack, D.O., Tacoma, Wash.

Housing Problem at Chicago College

The housing problem among the students of the Chicago College of Osteopathy is being solved by the organizations buying their own homes; already two have made plans for this action, and a third is expected to follow. More will be reported in the near future on this subject. While the Chicago College of Osteopathy has been operating under difficulties regarding space, there need be no hesitancy on your part to send your students there this Fall, as plans are being made for larger laboratory accommodations and every effort shall be exhausted to provide quarters for the largest class ever enrolled in the institution.

AOA Convention—Cleveland July 25-29—Let's go!

WHERE PEGASSUS BROWSES

He Who Obeys the Law

By Edith Stobo Cave, D.O., Boston

He who makes his choice in harmony
With the unchanging Law of endless life
Is free. This universal Law controls
The sun, and moon, and stars; the ceaseless tides
In rhythmic ebb and flow; the eagle's flight;
And e'en the unfolding petals of the rose.
Within this same wise Law each human life
In strange kaleidoscopic scrolls evolves;
At every choice fresh combinations form,
And shape the plan anew. Our heritage,
And fate's environment are factors keen;
But ever in the judgment seat abides
That deathless Entity, the Imperial Soul,
By free will dominant within the Law.

Ever Hear Waldo?

Waldo will give his Jazz Talk on Osteopathic Prosperity at the Cleveland Convention July 25-29. Let's go.

Equipment or Bare Hands?

Anent the time worn controversy between the "ten-finger" osteopaths and the users of adjuncts it occurs to me that there is much ado about nothing. The old country doctor, with his flea-bitten horse and saddle-bags, might as well rave at the city doctor with his expensively equipped offices and his six-cylinder auto, and say that the x-ray, the microscope, the sphygmomanometer, the sterilizer, and the laboratory outfit are all useless adjuncts, and that the old doctors would never be guilty of using such things and that they got results without them. If any osteopath is satisfied to use his hands only, that is his business. But I believe that every osteopath should be an eclectic, that is, elect or adopt everything that he is qualified to use that will aid in relieving suffering humanity. Electricity will not take the place of osteopathic manipulation but the osteopath who will qualify himself and equip his office for using electricity, will be a better and broader and more successful physician.

—J. L. Rames, M.D., D.O., Russellville, Ark.

Let's go!

I advocate that the AOA raise the membership fee \$10.00 or assess each member \$10.00, the same to be set aside to be used only for publicity work by the Committee of Public Information and Education. If the additional \$10.00 threatens to break any of the members and they will quit, let them quit. We must do this kind of work. Yes, it is only \$35,000—just a drop in the bucket as some have said; but do not let us wait to start with a bucket full, or we will be out of luck. Don't let us wait until the chiro do their national magazine publicity and national motion picture publicity and then get on the job. Now is the time, today is the day.

Yes, it would be unfair to benefit all at the expense of the AOA members; but according to the constitution of the AOA, Article 11, this is one of the objects of our organization. There are no reservations; we are to do these things whether the other fellow helps or not.

There are too darned many extra associations trying to do this kind of work. Why doesn't the proper agent of the AOA, the Committee of Public Education recommend such a plan to raise a little money for publicity. My idea about using motion pictures will also be found in this issue of *The OP*. In the last three years we have turned out 900 osteopaths, in the same time 3,000 chiros were released. Figure it out ten years hence, or if you please, osteopathy, fifty years hence.—Nathaniel W. Boyd, D.O., Germantown, Philadelphia, Pa.

In Re: Osteopathic—Chiropractic Amalgamation

This amalgamation question involves so much I cannot refrain from speaking my mind on the subject. Chiropractic stands in the same relationship to osteopathy as does the "good moral man" to Christianity. The good there is in the "good moral man" is in direct proportion to the amount of Christian principles he embodies in his daily life. So, also chiropractic is good only in proportion to the amount of osteopathic principles it embodies and makes use of in its daily ministrations to humanity. Therefore let us think seriously on the subject before we lower our standards to the level of chiros lest we be viewed in the same light by the world as is the church organization which lowers its standards to meet the demands of the worldly people.—S. M. Andrews, D.O., Oelwein, Iowa.

One Speech You Want to Hear

Waldo woke 'em up out west with his speech on "Putting Osteopathy Foremost, Feet Forward." He will repeat it at Cleveland, July 25-29. Sufficient excuse for going just to hear Waldo.

Why Multiply Organizations?

We as members of the osteopathic profession are too few in number to scatter our energies as we have been doing in the past and still are doing. In the past we wasted time and strength in starting schools here and there; next in starting papers and educational or, in plain English, advertising literature. And now it is starting organizations of all kinds. Why a separate woman's organization? Is not that a waste of time, energy and money? The work they are doing is commendable; it should and must be done; but why by women? Why not both men and women? And why not directly through the AOA?

It is time that the men at the head of our national, state and local organizations learned to make use of the time and energies of the women members in them. Perhaps it was chivalry on their part, but we are still pioneers in a vast work and need to work shoulder to shoulder, men and women alike. The institution of women as well as reasoning masculine minds must work together to become successful in all work. So in our osteopathic organizations.

There are rumors of further new organizations in the combining of states—that to my mind will tend to weaken our state organizations unless the states are small states. If the distance is too great to the places of meeting the number attending will become smaller and we need to bring out more, not less people. For we need to know each other to understand one another and to work together.

We need a constructive program to be worked out from above down, through our local organizations and we need the view point of both men and women and a combining of time and strength, not a scattering of them.—Louisa Dieckmann, D.O., Buffalo, N. Y.

3-Year Diplomas Good in Minnesota

Dr. George W. Goode says we made a mistake in getting on the four year basis. We in Minnesota know that it is so, and we are still a three-year state, as also a few others still are. There is nothing to commend a four-year course, so far as we can see, to those taking the Minnesota Board. A longer course does not make better osteopaths. We have tried to ape the M.D.'s in meeting their requirements and have added nothing to the efficiency of osteopathy. The general public doesn't give a whoop how much education a man has; all they want is results. If they did, how would the Chiro's have the hold they have today and outnumber the osteopaths in some localities two to one? If an imitation with the short course the chiros have, can get results, it seems as tho we have tried to cover everything and touch nothing. We wish three-year diplomas could still be had and let the four-year course still hold for those who want it.—Leslie D. Keyes, D.O., Minneapolis, Minn.

TECHNIQUE

Advanced Technique Used on the McManis Table

By J. V. McManis, D. O., Kirksville, Mo.

The philosophy and principles of osteopathic technique are always the same, no matter where practised. A few gain the idea that when they commence using the McManis table, their entire repertoire of technique must be changed in order to make use of the many features the table has to offer. They forget that the basic fundamentals of technique, which we must all follow if we wish to be successful in our manual methods of treatment, cannot be changed and that the application must be the same whether using a straight table, a stool or a McManis table. The greatest change the McManis table

will make in your technique is that it performs at least half of the work which you were formerly compelled to do and the only lesson you have to learn is to "THINK" and let the table do the work.

The hardest part, for the beginner in McManis table technique, is to keep the mind on the spinal lesion with which he has to contend instead of on the table. In straight table technique the lesion is foremost and the different arcs and circles through which he carries the patient's body for a correction, are secondary. The embryo McManis technician thinks and worries about the different movements of his table, and makes the possible movements of the vertebrae in question a secondary issue. This is entirely wrong. In the correction of any spinal lesion the operator must always bear in mind the normal range of movements of the joint and the direction of each movement. Keeping these always in mind, it should always be an easy task to direct the supporting and movable section of the table through the proper sphere of movement.

Again, the impression must not be gained that the table is a movement cure machine. Too many practitioners are prone to place their patients on the table, put them through a given set of movements and call it a treatment. They are a parallel to the "general treatment" osteopath. It is very easy to fall into this habit and much harder to get out of it. Every patient that comes into your office presents a problem different from the one just previous and it is obvious that different ailments require different treatment. The McManis table is not a table upon which a given set of movements will cure patients, but a table upon which the principles and practise of osteopathic technique can be applied to the minutest degree.

The purpose of the McManis table is to offer to the patient a means for obtaining the most effective treatment possible, at the same time keeping his comfort in the foreground, and a means for eliminating, as much as possible, the heavy lifting and straining to which the osteopath is daily subjected. This it has done. Treatments are made more effective, first, because patients relax better. They aren't trying to assist the operator, as they are resting on a solid table and have no fear of being dropped. Second, the operator, unhampered by twenty to fifty pounds of weight, can devote his full attention to the point of lesion instead of dividing his attention between the lesion and the pounds of dead weight he is carrying. Third, the table offers powerful and exacting leverages which can be employed to any degree that the operator deems necessary. And fourth, the table permits of many desirable and necessary positions which are essential for the patient to assume in the different treatments administered.

In straight table technique we always note the amount of motion between the joints and make our diagnosis of limited motion by being acquainted with the normal amount of movement possible in any given joint. In conjunction with this, the McManis table makes it possible to put the joints of the spinal column through their complete range of normal movement with very little exertion on the part of the operator and the patient in as perfect state of relaxation as is possible to obtain. Thus we can examine and test for motion and at the same time give specific treatment for the correction of bony lesions, for in the correction of such lesions it is necessary to carry the bones of the joint back through their normal paths.

Along with the manipulative features offered by the table, the element of traction can be employed. Traction with manipulation is one of the most effective and far-reaching treatments known in manual methods of manipulation. This particular phase of McManis table technique has been dealt with in another article.

THE FRUITS of STATE MEDICINE

Functional Nervous Diseases the Smoke Screen of Quackery

By William J. Mayo, M.D., Rochester, Minn.

[From the American Medical Assn. Journal, May 2, 1921]

We cannot blind ourselves to the fact that functional nervous conditions may closely mimic physical conditions. Neurasthenia, psychasthenia, hysteria and allied neuroses are the causes of more human misery than tuberculosis or cancer. The tuberculous patient is always happy and "getting better," and at least the cancer patient comes to a termination of his miseries. My brother once said, "The neurasthenic enjoys bad health; the family and friends suffer." Our knowledge of all the nervous conditions which we have not proved to be physical is slight, and for their treatment an enormous number of quack remedies is used outside the medical profession, and unfortunately inside as well. To quote again from my brother, "All varieties of game are protected by a closed season. There is no closed season for the neurasthenic." The medical profession as a whole has not realized that for all practical purposes the cerebrospinal nervous system represents man, and that man is not so much concerned with whether his suffering depends on physical disease as he is with the fact that he suffers. The suffering is real to him, whether or not it is real to the medical man. Social conditions are the common cause of disaster to an unstable nervous system and lie behind the bulk of the nervous disturbances which mimic physical conditions, breed neurosis, and result in sorrow and misfortune. The patient demands a remedy, not prevention. Perhaps life obligations are the fundamental cause of the disturbances, and we cannot change the social condition of our patient. If relief is given it must be through change of mental attitude; after all, life is what we believe it to be and happiness is a state of mind, not necessarily a state of body. In homeopathy, mental suggestion appeared in the simplest form and was often effective in the treatment of functional disorders. We must remember the fact that most diseases are self limited and that nature tends to cure rather than to destroy. High dilutions, in two glasses, a teaspoonful each hour taken alternately, pleasantly suggest betterment. The opposition of the regular medical profession lengthened the days of homeopathy but shortened the days of so-called "allopathy," whose nasty medicines induced the patient in self defense to get well. Today homeopathy is a part of regular medicine, its follies have been dropped and the good added, and the sons of homeopathic practitioners like the sons of the "allopathic" and electric practitioners are studying regular medicine which is broad enough to contain all honest searchers for the truth in medicine.

Christian science has capitalized and commercialized the mentally healing virtues of Christianity. Among all people in all times the prevailing religion has been successful in relieving sickness so far as mental suggestion could give comfort or indirectly affect the physical condition. To comfort the sick and those afflicted mentally as well as physically has been the great function of religion, and we see this effect in all its variations, from the cheering up of the downcast to the production of the hypnotic state. The great opportunity of Christianity lies in the moral, mental and physical misfortunes of man. I venture to say that

people of this generation have not had the comforts of religion received by people of earlier generations. Religion is no longer such a potent force in the sickroom; I would not presume to say that too much time has been put on the state to come, but there appears to be a distinct loss of relation to the state of the living. In this field, so sadly neglected by the protestant churches, Christian science, while wholly devoid of science, at least brings the comfort of religion to bear on a great number of human misfortunes. If Christian science would confine itself to mental and functional disturbances of man it might do more good and less harm. The very absurdity of the book "Science and Health" has aided, perhaps, in obtaining effect; possibly one might say that the unstable type of mind nowhere better expresses itself than in the book "Science and Health", in which an appeal is made to similar minds of persons similarly situated. Gazing at the pages of this book apparently has the same effect on the reader that gazing on the crystal ball has on the subject of the hypnotist. Not all persons have sufficient imagination to accept the Christian Science jumble. It takes real imagination to reach a hand into the air, bring it down empty and say, "See what I have in my empty hand".

It is said that the Chinaman and the East Indian worship wooden images. But they do not. To them the images are emblematic, and they need these physical emblems to bring the mind to bear on the religious side. Religious forms and ceremonials aid in impressing on the mind eternal truths. For people lacking in imagination and to whom Christian science cannot appeal, there are a host of other cults, each with its remedy, in which sufficient of the physical is present to give body to mental effect.

Mayo on Osteopathy

Osteopathy appears to be a combination of mental suggestion and certain definitely valuable mechanical practices. Anterior poliomyelitis once was called "the Scandinavian disease" because of its ravages in the Scandinavian countries. In Sweden massage was highly developed, and for years trained masseurs have been doing much for certain types of physical disabilities. The war has taught the medical profession the great value of active and passive movements and how much can be accomplished thereby in suitable cases of disorders of the muscles, bones and joints, and such treatment is now a recognized medical asset. Osteopathy, with all its absurdities, therefore, has had a certain degree of usefulness in this field, until recently neglected by the medical profession, but it has depended largely on suggestion for its effect. *This cult has tried to improve its educational basis but it is doomed.* To tell a man that his ribs or knees or other visible parts of his anatomy are dislocated may be credited for a time, but if he compares these parts of his anatomy with those of members of his family, or perhaps joins a Y. M. C. A. physical training class where he may see other men's ribs and knees, he loses faith because the absurdity is evident.

Poor osteopathy: Chiropractic has stepped in

and taken the spine out of osteopathy. Every man knows that he has a spine, but it is behind him, he cannot see it, and therefore he cannot get those enlightening comparisons open to most patients of osteopathy. Chiropractic simplifies the whole theory and practice of osteopathy. The barber, the underpaid minister and teacher, and the clerk quickly acquire the jargon in chiropractic schools for a price. *Chiropractic does less good perhaps than osteopathy, but it has a better alibi, with a shrewder conception of the possibilities of concealment of the absurd.*

Can we wonder that the public at large fails to appreciate the essential differences between what we speak of as functional nervous diseases and their mimicry of the physical, when we as a profession have so little knowledge concerning these matters? In these cults is represented treatment without knowledge, in response to the desire of the people for a remedy for existing ills, real or imaginary. The "patent medicine" business is based on the same desire for a remedy and faith in a suggested cure. The public is satisfied with each new cult until its failure become known. Hope springs eternal in the human breast, and quack remedies and cults with new names take the place of the old.

As one looks, then, to the future of medicine, he sees the necessity of the earnest study of the relation of the nervous system not only to disease but also to unhappiness in all forms, resulting from all causes. It is trite to say that the public must be educated, when our own education is incomplete, our knowledge small. This problem is being attacked from many sides. The educational health work of the Rockefeller Foundation and other well known philanthropies in the elimination of the hookworm, and mosquito-borne, and other diseases, has been heaven sent and has helped every state in the Union to create health legislation for the public good. Individually persons will pay for a remedy for existing ills, even for treatment without knowledge; but collectively the public will not give money until knowledge outruns treatment by a margin so great that all may see and be convinced.

WHAT the MEDICAL FIELD SAYS ABOUT OUR PROBLEMS

The Chiropractic Problem

[From the AMA Journal, April 2.]

Dr. Charles B. Pinkham, Secretary, Board of Medical Examiners State of California, Sacramento, Calif.: A chiropractic wave is sweeping over the country, carried by organized publicity, propagated by both the schools and graduates of chiropractic, centralizing their forces on convincing the public that chiropractic is an exact science; that the origin of all disease is pressure on the spinal nerves as they emerge from the vertebral foramina; that a knowledge of the chiropractic chart showing disease or physical disability alleged to be controlled by designated spinal nerves is practically the only essential professional education; that treatment directed thereto will cure every ill to which flesh is heir; that a course at a chiropractic school is all sufficient to qualify one to treat the public; that the examining boards are state representatives of a visionary octopus called the "Medical Trust," which seeks to crush all save the licensed physician and surgeon, who, the chiropractic claims, is selfishly protecting his own financial interests from the competition of the chiropractor, who boasts that he is gradually taking from the doctor of medicine his clientele.

Chiropractic schools of mushrooms growth have sprung up all over the country, privately owned and supported by the fees accrued from student enrollment. Pause to estimate the income of the Palmer School, with an enrollment

The Osteopathic Post Graduate Efficiency Course

Given by

The DENVER POLYCLINIC
— and —
POST GRADUATE COLLEGE

This course, which has become so well known to the profession, will be given again beginning Monday, August 1st, and will last four weeks.

One who takes a post graduate course and gets two or three good pointers which will help him to do his work better, easier and quicker will find it is well worth the time and money spent to get it. In the Efficiency Course you get about fifty hours of actual efficiency work covering problems on every phase of the business side of practice and *personal efficiency*.

REVIEW

A review over many of the most important subjects will be given with the aid of some of the best men and women in the osteopathic profession. Subjects such as, Osteopathic Technique; Eye, Ear, Nose and Throat for the general practitioner; General Diagnosis; Refraction; Dietetics; Gynecology; Orificial Surgery; Medical Gymnastics, etc., will be given.

Many who have taken this course have greatly increased their practice within the first year, and have more than made up for the time spent by getting their work done with greater satisfaction as well as increased income.

Last summer the number desiring to take the course was more than could be accommodated. Those interested should register early in order to be sure of a reservation. For further information, address

DR. C. C. REID, Pres.

Eye, Ear, Nose and Throat Specialist

501 Interstate Trust Bldg.
Denver, Colorado

Dr. C. L. Draper
Trustee

Dr. J. E. Ramsey
Trustee

of more than 2,000 at a minimum of \$300 per capita; practically an annual income of \$600,000 from student fees alone. The majority of chiropractic schools augment their income from fees by collecting in advance a monthly fee of \$5.00 for treatment in the clinic of the school and thereby obtain material whereon the students may practice the various adjustments and learn the technic. The advertised common school requirement exacted of the matriculant in chiropractic colleges must not be taken too seriously. The prospective student is not required to furnish even a grammar school diploma. A statement is made by the president of one of the well known eastern chiropractic schools that the only education necessary is the ability to read and write. The better class of chiropractic schools announce that a three-year course is required to earn the degree of Philosopher of Chiropractic. Their graduates glory in availing themselves of every opportunity to boast of their three years' education, a palpable deception in that they fail to mention that six months constitute a chiropractic year. The boast of a three years' education is frequently made by chiropractors in an endeavor to convince the public in a state maintaining a reasonable educational standard that the board of medical examiners is biased in denying the right of examination to chiropractors or others who fail to meet the statutory educational standards. The equipment of the average chiropractic school is pathetically meager, particularly in the laboratory branches.

Will an aggressive campaign of prosecution gradually drive out the violators by either forcing compliance with the law or, by means of some penalty imposed, drive the violator from the state? Our experience in California convinces us that the situation cannot be successfully handled along this line, and for two reasons: 1. The product of the chiropractic institutions, schooled to defy the law and denounce all regulations except by a chiropractic board, is multiplying to such a voluminous extent that to attempt to eradicate these violators is about as effective as commanding the waves of the sea to cease to roll. 2. An active campaign of prosecution in an attempt to compel respect for law invariably results in arousing public sentiment in the conviction that the medical board is waging a war of persecution. The chiropractor is fully alive to the psychology of the masses. He fully realizes the infinite value to his cause if well directed publicity is given each arrest and prosecution of a chiropractor. That this impression may be stronger, the chiropractor is urged to affiliate immediately with fraternal, religious, social and civic organizations as soon as he locates in a town so that he may arouse a commanding interest from diversified sources should he be arrested for violating the law.

As the chiropractor educates the public, so should the medical profession educate the masses that they may have a clearer perception of the effect of disease, the cause of disease and the prevention of disease. This campaign of education should convince the public that an individual untrained in the diagnosis of communicable disease is a serious public menace. National, state and municipal organizations should join, waging the campaign comprehensively, intensively and unceasingly. Newspapers and lay magazines should be utilized in convincing the public that: (1) a minimum standard of education should be required of every one who seeks the authority of the state to practice any system of the healing art. 2. Chiropractic nomenclature must be changed so that (a) the hour of instruction will be at least fifty-three minutes and not as now, but thirty minutes; (b) the year of instruction will conform to that of modern education, which cannot concede that three years of education can be completed in eighteen months' continuous work.

Astringent
Antiseptic
Non-toxic
Soothing

SUPPOSITORIES

Antiphlogistic
Styptic
Non-narcotic
Healing

MICA-I-JAH'S

HEMORRHOIDS

FISTULA
FISSURE
PRURITIS

Send samples and literature to

_____ D. O.

(E)

Doubters Made Believers
by Reading

"SOMETHING WRONG"

This clear little educational book with illustrations that emphasize the text is helping hundreds of laymen to get the viewpoint that gives them confidence in osteopathy. One Cleveland osteopath has used three hundred copies this past year.

Order them by the hundred. Give one to each patient. Use them for Christmas remembrances if you wish.

"SOMETHING WRONG"

Price List:

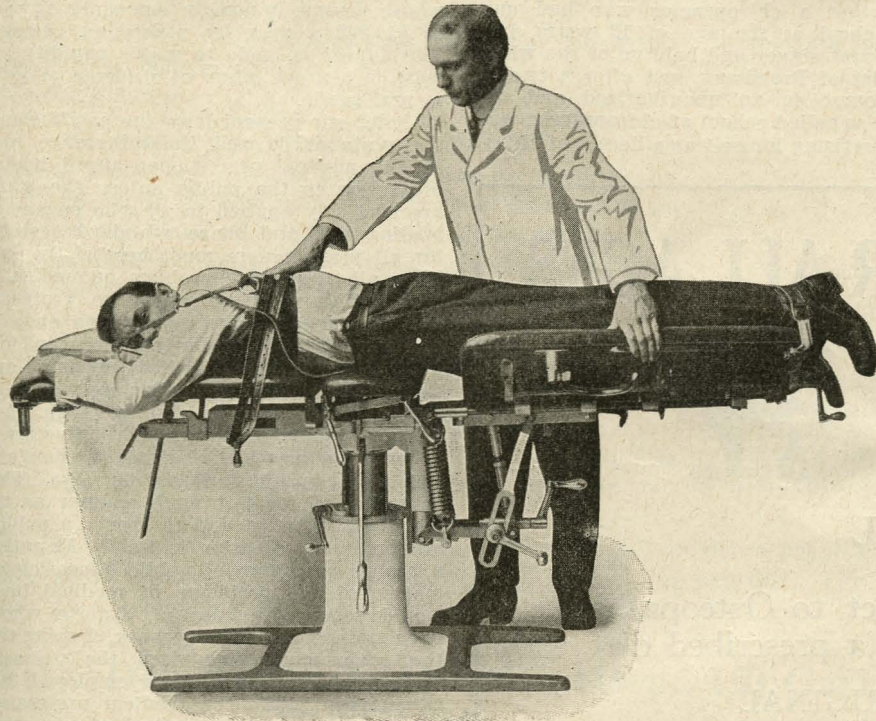
Copies	Cloth Only
100.....	\$50.00
50.....	30.00
25.....	16.25
10.....	7.00
1.....	.75

TERMS—Check or draft to accompany the order or post-dated checks received with the order accepted on all orders amounting to more than Ten Dollars.

Ten Dollars with the order and the balance in 30-day post-dated checks for \$10.00 each or less if the balance is less than \$10.00.

G. V. WEBSTER, D. O.
Carthage, N. Y.

ARE YOU SATISFIED—with the results you are getting?



Are the results you obtain in proportion to the amount of heavy work you do?

You may think so now, but with a McManis table in your office for three months you will realize the difference.

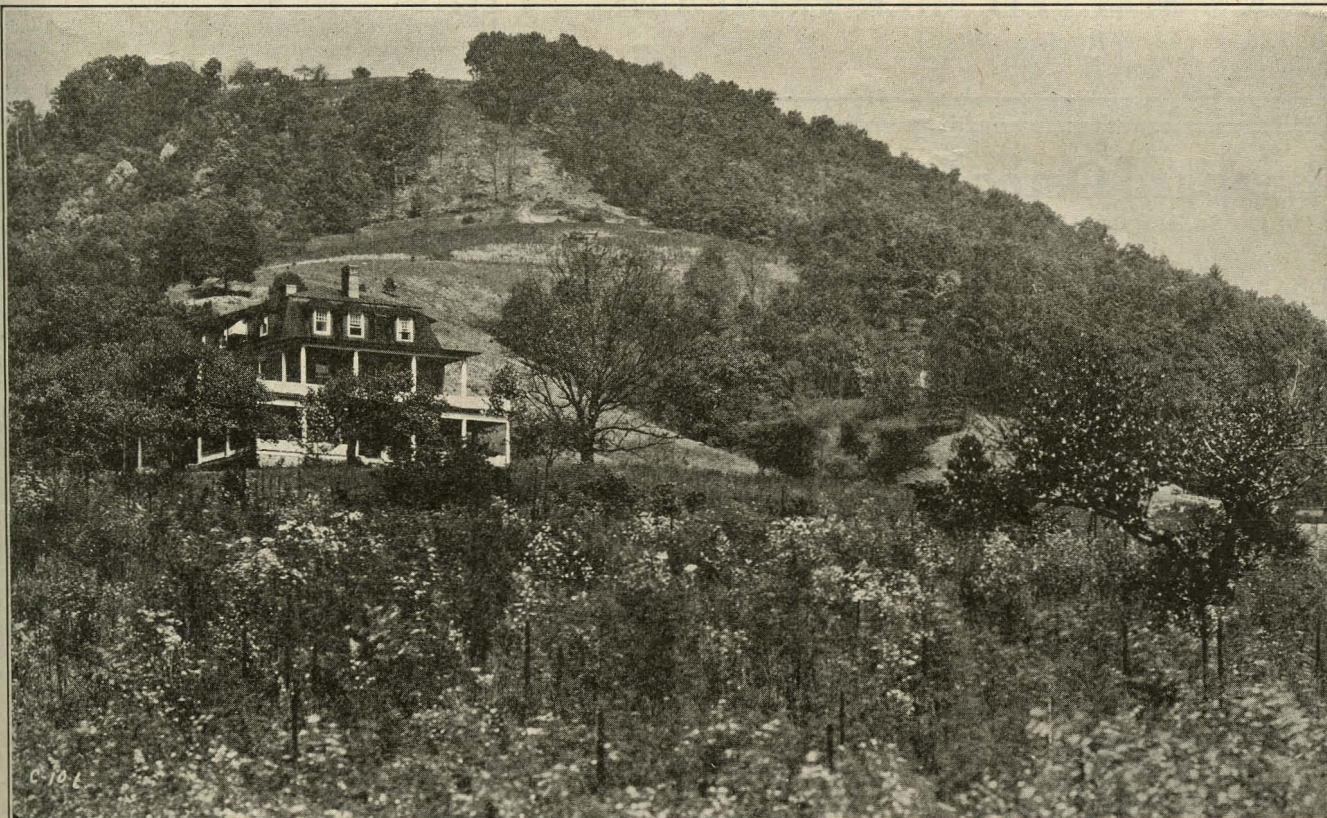
WITH THE McMANIS:

- Treatments are given easier.
- Results obtained quicker.
- Patients better satisfied.

The McManis table modernizes your office and makes more pleasant your duties as an osteopath.

Write for Detailed Description

McMANIS TABLE COMPANY
Kirkville, Mo., U. S. A.



An osteopath from St. Louis says, "The reason I spend my summer in Asheville is because I do not see an electric fan from the time I get there until I leave.

"Remember this when sending your patients away for the summer. Patients at this sanatorium used blankets every night last summer.

ASHEVILLE OSTEOPATHIC SANATORIUM, *Elizabeth E. Smith, D. O.*, Asheville, North Carolina

Education of the Public Regarding the Problems of Medical Licensure

[From the AMA Journal, April 2.]

Mr. George W. Whiteside, counsel for the New York State Medical Society, New York: The public evinces only mild interest in the finished product of medical education and less in the training and tests that the licentiate undergoes before he is permitted by the State to practice his profession. I have been told, when engaged in the prosecution of chiropractors whom I knew from investigation were ignorant men of small mental capacity, that

they had among their patients, people of refinement, education and professional and social position in the community. I have been told by the courts before whom I have appeared in the prosecution of such practitioners that people of high station in professional life in the city had written letters of recommendation of such practitioners to the court before which they had been convicted. In a recent instance I learned that a chiropractor who had quit common school at the age of 12 years, had been a cabaret singer and habitue of the white light district of Broadway, and after a twelve months' course in an unauthorized and unrecognized so-called school of chiropractic, was openly advertising himself as a doctor of chiro-

practic and undertaking chiropractic adjustments in cases of serious human diseases. These unauthorized and poorly equipped schools appeal to an unthinking and uneducated class of the community. One of their potent arguments in the obtaining of students is that the course is a short one, that no preliminary educational standard is needed, that a clerk, a bookkeeper or a man in any other walk of life whose income is meager can make from \$5,000 to \$10,000 a year by practicing chiropractic. The appeal is made to man's cupidity and results in a great influx of students of very low mental grade.

Under our present laws the establishment of these standards and the adherence to them by the medical practitioner afford inadequate protection to the public unless the standards are similarly applied to all who engage in the healing art, and those standards established for all practitioners must be strictly enforced as to all. The main problem of medical licensure which now confronts the profession is one that depends for its solution on a public education of the underlying reason for and public importance of medical licensure and the dangers to public health that are sure to follow public indifference to this problem. A campaign of public education on this matter is not an activity for which the medical man's scientific training appropriately fits him. The presentation of facts in such manner as to grip the public interest and to arouse a public conviction is a profession in itself. To undertake a proper campaign of public education on the matter of the problems of medical licensure would require the use of experts who have been trained in publicity work. During the war the government recognized the necessity of the use of such agents and employed them to advantage. While the medical profession has been inactive in this method of educating the public, the propagandists of various cults and healers have developed publicity organizations with little regard to the financial cost and less respect for the truth of their claims. In addition to public indifference to the importance of the maintenance of adequate standards for licensure in those practicing the healing art, we have the destructive force of propaganda carried on for the purpose of undermining and destroying public confidence in the medical profession. The medical profession has not sufficiently answered these false claims, has not rebutted these absurd contentions, has not exposed the fallacy and fraud that lurk in them; it has rather been content to rest and rely on the ultimate recognition by the public of the truth. The results of such investigations as have been made under the auspices of medical organizations have not been adequately brought before the public. Such confidence and faith in the public are well founded, provided the public is given facts, in properly digestible form, which will support a conviction of truth.

But there should be, in my judgment, an adequate means of expressing the congregated judgment of the medical profession to the public on all matters concerning which the public seeks information from the profession. The fundamental truths on which all scientific men must agree can and should be presented to the public with convincing force. The lying propaganda should be answered and exposed, and for this purpose systematic and persistent discussions of medical truths, ideals and problems in the public forum and the lay press should be undertaken.

Definitions

Your definition of osteopathy is likely to depend upon the state in which you practice, somewhat modified by the teachings of your alma mater to the class in which you graduated.
—F. C. Martin, D.O., Pontiac, Mich.

BUILDING FOOD FOR ALL AGES



The ORIGINAL

A very useful and reliable adjunct to Osteopathic treatments, for patients requiring a prescribed diet.

Avoid imitations of the ORIGINAL product of reliable quality.

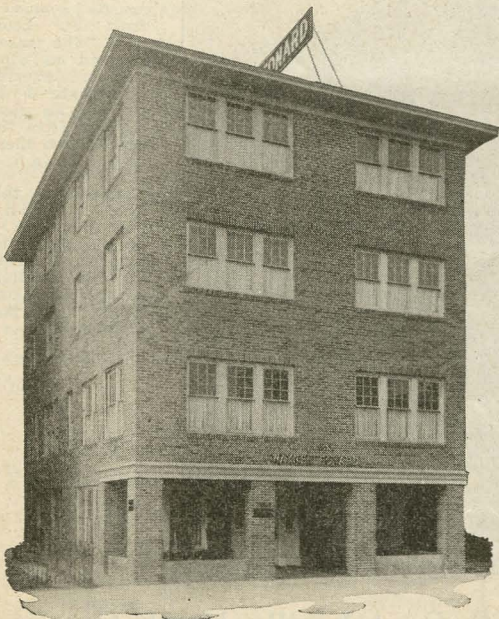
Samples prepaid upon request.

HORLICK'S MALTED MILK COMPANY

Racine, Wis.

Wayne-Leonard Osteopathic Sanitarium

130 So. Maryland Ave., Atlantic City, N. J.



Dear Doctor: We invite your attention to the fact that we are giving special attention to milk diet cases.

We employ the Porter Milk Diet Method exclusively.

All milk used in milk diet cases is supplied by the Walker-Gordon Company. It is a certified raw Holstein milk. There is none better.

For particulars regarding milk diet and other cases, address—

Dr. L. H. English

130 South Maryland Ave.

ATLANTIC CITY

N. J.

HOW I TREATED MY OWN CHILD

(Name to doctors on request)

Fergus Falls, Minn., Nov. 5th, 1920

The Dionol Company,
Detroit, Michigan.

My 4-year-old boy, Frederick, pulled the cord of our electric heater and tipped a pan of boiling hot water on his arm and hand. My wife used the best dressings she had but the poor boy found no relief. She could no longer endure to see him suffer so frantically with the pain, and phoned for me. I applied Dionol and in about ten minutes the pain stopped, and there has not been any pain since.

This burn was very deep, and of course we thought it would leave a big scar, but do you know there will not be a sign of one? It is all healed up and one would never know that he had been burned at all. We obtained all these results in less than three weeks. I never saw such results in all my prac-

DOCTOR: Don't forget that Dionol gives equally positive results in local infections, wounds, leg ulcers and ulceration generally, and wherever local pyrexia is present. Try Dionol also for tampon treatments, piles, etc. It is exceptionally effective.

THE DIONOL COMPANY, (Dept. 12) Garfield Bldg., Detroit, Michigan

tice. Me for Dionol every time. I am surely grateful that such a remedy is on the market.

Dr.

Another Case

Philadelphia, Pa., Feb. 8th, 1921.

The Dionol Company:

Within the past week I have had an opportunity to test Dionol in an aggravated x-ray burn case which was referred to me by a brother physician who had stopped his treatments owing to skin sensibility. I wish to compliment you on your splendid preparation. I have the burns under control and am now continuing treatment without fear of further inconvenience to the patient.

Dr.

Iowa Osteopaths Carry Heads Up Over Great Victory

By R. B. Gilmour, D.O., Sioux City, Iowa

The new Iowa Osteopathic law is already actively in force. The board of trustees of I.O.A., met April 7th, at Des Moines, for the purpose of making a recommendation of several names to the Governor for his appointment to the board and we are expecting that it may be finished by the end of this week.

Iowa feels that this is a real law and one that will be a model to many of the other states yet to get legislation. A careful reading will show many things that so insure all the privileges that we should have that one really wonders how it was all achieved—especially when the fact is considered that we have been fighting for twenty years to get anything at all! Now we go out and get everything that we asked for and just to make it good got some few things that we did not dream of getting thrust upon us! For instance, the clause making the bill immediately active, thus allowing us to be ready to examine the coming graduating classes.

We feel mighty grateful in this state to Dr. Atzen and his committee for their advice and cooperation. We think that the AOA has been mighty fine, and we have come to the realization that it takes unity and cooperation right down the line to get there properly!

Among our own men Drs. Marshall and Chrestensen spent their time and money unstintedly in this work and the profession has been behind them to a man. We have realized their sacrifices and have tried to support them. There has not been a moment's friction in the entire campaign. What those directing the work asked, they received. If they wanted a

little pressure on a legislator the practitioner whose man he was quit business and went after that legislator. If they wanted money they asked and they got it. It has been a fine example of what unity and harmony will do when we once get ready to help, instead of letting the other fellow do it and then criticizing him for doing that way or failing to do it at all.

I want to say a good word for the Des Moines school national and state auxiliary. They have a membership of 100% of the student body and they are alive and coming. They raised \$216.80 by voluntary subscription and gave it to the state. Then they raised another \$100 and gave it to the AOA publicity fund. The Iowa Association is mighty proud of the people that are coming out of there with their training to step right into association work from the jump. We are hoping that all of them are going to stay right here with us when they complete their school work. They have been so zealous that the board of trustees has passed a resolution expressing to them the gratitude of the state association for their work.

There are one or two sections in the bill that we are particularly jubilant over and we feel that the surgical clause is good, too, and that in this instance at least we are leading the way to the medics here in Iowa at least.

We should also appreciate it if *OP* announces the coming meeting of our annual convention. This will be held at Ft. Des Moines Hotel, Des Moines, May 18, 19 and 20. We have already secured to appear on the program such men as Atzen, Edwards, Holmes, possibly Halladay.

We expect to run one of the osteopathic films for those days also. Also planning a regular jubilee one day over our great victory in legislation.

Iowa has room for many more D.O.'s and we feel that now they may come in with their heads up, conscious that they can establish themselves with all the right, duties and obligations of real physicians.

Good Words from Atlanta

Editorial of Dr. M. C. Hardin, in The Osteopathic Bulletin, Atlanta, Ga.:

"We notice that Dr. Bunting's publishing house has moved into an up-to-date plant of their own. This speaks a good deal for our original publisher. Bunting has the get-up-and-go that makes success in any line of work. He has made a great success in the publicity business for our profession. He has given us a great newspaper in the *Osteopathic Physician*, filled with the animated spirit of its editor and throbbing with the youthful spirit of a new profession. We often overlook the value of a publication like this. It is through such a publication that unity of purpose, enthusiasm, and the general spirit of the profession pervades our membership and keeps alive in our breasts the interests of the profession at large and prevents us from placing too great stress upon our individual interests. If the M.D.'s have such a publication, we have never heard of it. In this respect, therefore, the genius of Harry Bunting has placed us in an enviable position in this respect. We do not always agree with Harry, nor does Harry always agree with himself, but his paper is a live sheet and we always read it with the greatest of interest. Long live Harry and the *Osteopathic Physician*! He has done a great service for osteopathy.

Dr. Hugh Russell a Prominent Witness in the Stillman Divorce Suit

[From the Chicago Tribune]

New York, May 5.—[Special.]—Statements from a hysterical woman to her family physician were used against Mrs. "Fifi" Stillman today in the hearing of the divorce suit of James A. Stillman.

Dr. Hugh Russell of Buffalo, physician for the Stillman family and the Rockefellers, related before a referee today that Mrs. Stillman told him Fred Beauvais, Canadian guide, was the father of the then unborn Guy Stillman.

Tells of Stillman Visit

Dr. Russell said Stillman visited Mrs. Stillman at a Buffalo hotel while she was under treatment. It was at that time, Dr. Russell said, Mrs. Stillman consulted him, saying the

child to be born in about six months was not Stillman's, but the child of her Indian guide. Stillman's visit to Buffalo to see Dr. Russell and Mrs. Stillman evidently was the result of Mrs. Stillman's "hysterical" letter to Stillman.

Affects Rights as Heir

Dr. Russell's testimony, of double importance because of its bearing on both the divorce action and the legitimacy of Guy Stillman, which Mr. Stillman has attacked, was admitted after a bitter fight of nearly five hours while Mrs. Stillman's counsel tried to get Referee Daniel J. Gleason to exclude it on the ground that conversation between a physician and patient was privileged.

Dr. Russell was permitted to testify after he said the information she gave him was not necessary for the treatment of her case. It was explained after the hearing that, while the law regards such conversations with a priest or lawyer as privileged, it accords some leeway to a physician by prescribing that only that part of a conversation between patient and a physician is privileged which is necessary for treatment.

Mrs. Stillman is Calm

As on the preceding day, Mrs. Stillman attended the hearing and heard Dr. Russell's testimony with no indication of discomposure, except for a slightly heightened color and a slight expression of disdain. Her attorneys, however, displayed great indignation, both in the hearing and after it was over. It was said that Dr. Russell's testimony had made them more determined than ever to launch a counter attack upon Mr. Stillman.

Called by Mrs. Stillman

Dr. Russell testified Mrs. Stillman had called on him at Buffalo for treatment a short time before her visit in April, and that she then told him that she was going to Boston for treatment by a physician. A few days afterwards, he said, he received a telegram from Mrs. Stillman asking him to meet her at Buffalo. He said he did so and expressed surprise that she had returned. She told him, he said, that she did not like the looks of the Boston physician.

Dr. Russell testified that Mrs. Stillman seemed to be in a highly nervous, almost hysterical condition. The morning session ended with no disclosure of importance.

At the beginning of the afternoon session, however, Colonel William Rand, for Mr. Stillman, replaced Outerbridge Horsey, who had been conducting the direct examination, and asked Dr. Russell whether he had advised Mrs. Stillman as a physician or a friend.

Advised as a Friend

"As both," Dr. Russell replied.

Colonel Rand then asked whether there was anything more concerning which he could testify.

"Nothing but some conversation with Mrs. Stillman which I think is privileged," Dr. Russell was said to have replied.

"Was what she told you necessary for the treatment of her case?" Dr. Russell was asked.

After some hesitation, Dr. Russell was said to have answered, "No." Later he was said to have added, "important, but not necessary."

"What did she tell you?" Dr. Russell was asked after Referee Gleason had refused to rule that this line of questioning was inadmissible.

(Continued on page 29)

Edwards Contributes Fifteen Articles on

FINGER SURGERY

The New Book Will be the Finest Osteopathic Text Ever Published

Series Begins in No. 66, April Issue

These articles will be followed by his text on Finger Surgery. Watch The Osteopath for further information.

1. Finger Surgery in the treatment of Exophthalmic Goitre.
2. Finger Surgery in the treatment of Immobilized Drumheads.
3. Finger Surgery in the treatment of Post-operative Glaucoma.
4. Finger Surgery in the treatment of Acute and Chronic Laryngitis.
5. Finger Surgery in the treatment of Pocket Handkerchief Deafness.
6. Finger Surgery in the treatment of Acute and Chronic Tonsillitis.
7. Finger Surgery in the treatment of Myopia.
8. Finger Surgery in the treatment of Strabismus.
9. Finger Surgery in the treatment of Astigmatism.
10. Finger Surgery in the treatment of Catarrhal Deafness. (New Technic.)
11. Finger Surgery in the treatment of Hay Fever. (New Technic.)
12. Finger Surgery or Osteopathic Ophthalmology.
13. Finger Surgery or Osteopathic Laryngology.
14. Finger Surgery or Osteopathic Otology.
15. Finger Surgery or Osteopathic Rhinology.

Remit \$4.50 for 18 months, get three good back numbers and the entire series on Finger Surgery; make checks payable to R. H. Williams.

THE OSTEOPATH - Kansas City, Mo.

The Perfect Sight Restorer

Dr. Cole's



For treatment of the eye. The eye cup fits over the closed eyelid, and by suction manipulates all structures of the eye, moulds the eyeball into its normal shape, establishes circulation of blood, and normal functioning of the nerves. Restores vision in far sight, near sight, Astigmatism, causes absorption of Cataracts, relieves attacks of vertigo, sick headache, nervousness and other conditions which are due to eye strain. The P. S. R. is made of polished hard rubber, cannot wear out nor liable to get out of order. Guaranteed to give satisfaction if used according to instructions.

Write for descriptive literature.

PRICE \$5.00

PERFECT SIGHT CO.

Dubuque, Iowa

More Friends Who Bought Bonds and Helped Us Put Up Our New Building

Dr. John B. Buehler of New York City, has leaped ahead of Dr. Sten Hanson of Fargo, N. D., by a margin of \$300, increasing his purchase of Bunting Building Bonds to \$2,300. Dr. Hanson's purchase stands today at \$2,000, so that if Sten should now intend to spring a surprise on John B. he will have to raise \$400 somehow!

We offer both Dr. Buehler's and Dr. Hanson's last letters to us as models of professional and personal loyalty. What couldn't a profession attain with a hundred or two men and women showing this spirit behind all such worthy professional enterprises!

From Dr. John B. Buehler, New York City

Dear Bunting: Your letter, 4/29, mailed 5/2, was received 10:00 a. m., 5/4; hence delay in answering your appeal for additional funds. Here is \$500 more. If your appeal has not been answered to bring in the balance needed I'll take another five, sending cash along as it comes in, or you may buy 10 bonds with this check now and hold them till I complete payment this month.

Am sorry I did not keep in closer touch with your needs and thus help avoid this tight situation for you with your contractors. Success to you.—Cordially yours, *J. B. Buehler*.

Naturally, we're strong for Buehler, and he will reap his reward richly on his investment in more ways than one. Moreover, he's helping us reap ours. We're grateful.

From Dr. Sten Hanson, Fargo, N. Dakota

Enclosed herewith please find the sum of \$600 in bank drafts for same amount of additional Bunting Building Bonds. Trusting the bonds are all subscribed for by the profession before the time expires, and that you will have sufficient funds to complete the building with.—Cordially yours, *Sten Hanson*.

P. S.—This will make my total \$2,000 of the bonds I have subscribed for.—*S. H.*

How a score or two of such friends and backers at critical moments would take all the worries out of business!

From Dr. Ruth E. Humphries, Waltham, Mass.

I'll take a bond and I hope it will hammer a few more nails into our Osteopathic Publishing House.

From Dr. W. S. Heatwole, Salisbury, Md.

If you have not closed your bond sale yet Miss Sina Handy asks me to write you for two bonds. She will take them up about April 15th. Let me know if she can expect them. (She got them!—*Editor*.)

From Dr. F. C. Jones, Los Angeles, Calif.

I wish to help a bit to build that fortress for osteopathy. So enclosed find check \$100 for one of those 7% First Mortgage Realty Gold Bonds. My working days are about over but here is my mite.

From Dr. Jno. L. Ralston, Glencoe, Illinois

My dear Dr. Bunting: At the "Eleventh Hour" I am sending you a \$500.00 check for bonds. If they are all subscribed for you may return the check. I hope that you will not be disappointed in your desire to close them out at your appointed time.

Dr. Julia E. Foster, Butler, Pa.

Reserve for me Bunting Building 7% First Mortgage Real Estate Gold Bonds to amount of \$200.

Enclosed find remittance for \$200 full payment. I wish you every success.

From Dr. L. E. Staff, Jacksonville, Ill.

Enclosed find checks for which please have registered a \$500 Real Estate First Mortgage Gold Bond and mail to my brother's address given below: Edw. C. Staff, New Canton, Ill. I trust that all of your bonds will have been floated by the 31st.

* * * *

My mother-in-law thought she would give you a lift if your real estate first mortgage gold bonds were not moving out as fast as you had hoped, so enclosed you will find her check for two \$100 bonds, which kindly have registered for her and mail to her address below: Mrs. Amelia S. Breitenstein, 609 Jordan St., Jacksonville, Ill. It might seem that I had appointed myself as one of your down-state agents. I have been talking your bonds because I believe they will prove to be a benefit to us as well as to yourself.

From Dr. Lena C. Corkill, Norton, Kans.

Here's hoping you go "over the top" a flying. Reserve me \$200 of B. B. B.'s. Buying your good 7% First Mortgage Realty Gold Bonds is helping oneself, helping you and helping osteopathy.

From Dr. G. W. Reade, E. Orange, N. J.

Save me a bond and I will send you the hundred dollars for it cash after the first of April, when I receive interest now due.

From Dr. P. V. Aaronson, San Francisco

Enclosed please find check for the other bond. Will say if you are not successful in getting all bonds sold I will take another one, although I am a little short at present.

From Dr. John A. MacDonald, Boston, Mass.

Save me a \$100 Bunting Building Bond and I'll send you a \$100 check before March 31st. Wrote you 11-20-20 to explain why I could not pay for at least one side wall of the new plant. The above is an IOU and you must save me a bond on it—until the 31st only.

From Dr. Mary E. Peck, San Antonio, Texas

Dear Harry: Enclosed you will find Chicago exchange for one hundred dollars for which please send me one of your First Mortgage Bonds. I am sorry not to send a thousand instead. I feel that I must add a few shingles to that wonderful new building, in which we all feel deeply interested and are very proud. And if you need more I may be able to sell some Oil Stock and cover the whole roof. Ha! Ha! We are too busy even to be polite to our friends.

From Dr. Chester W. Gray, Hornell, N. Y.

Enclosed find \$500 New York draft, for which please send me equivalent of your building bonds.

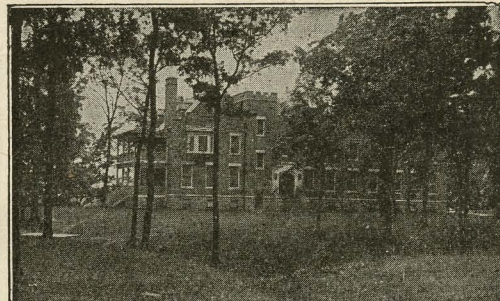
Special Information for Osteopaths

Under the laws of some States osteopaths are prohibited from using anything of a drug nature.

Dionol and Emulsified Dionol **have no drug contents** whatever and hence do not come under these restrictions. Their action is in strict consonance with osteopathic principles, being entirely mechanical, hence no drug re-actions are possible.

Osteopaths, throughout America, are using large quantities of these preparations, and there has never been a legal exception taken to their use, excepting in one case, and when the authorities learned the above facts the case went by default and they never even appeared against the doctor in question.

Dionol treatment is the only remedial agent that we are aware of that acts strictly in a mechanical sense and without drug reaction and which may be safely employed, internally or externally by drugless physicians generally.—The Dionol Co., Garfield Bldg., Detroit, Mich.



The Delaware Springs Sanitarium

Emphasizes **Diagnosis**, believing that a condition accurately diagnosed is half cured.

All modern facilities for diagnosis, as well as treatment, are found in our equipment.

Our institution has been inspected and endorsed by many of the best men in our profession.

THE DELAWARE SPRINGS SANITARIUM
Delaware, Ohio

Don't Complain of Unfair Competition

Unless you are doing your part to smoke the imitators out. You can use "Chiropractic Kleptomania" in hundred lots at 1½ cents apiece. It pays.

This Bond Flotation is not Finished Yet! We Still Have 29 One Hundred Dollar Bonds Which We are Anxious to Have You Buy.

THE OSTEOPATHIC PHYSICIAN

From Dr. George A. Townsend, Emigrant, Mont.

Please find enclosed \$200 for two more Bunting Gold Bonds. Will try and take more later. Wishing you success.

From Dr. Geo. Jones, Hastings, Nebr.

Enclosed please find draft for \$100 for which send me another bond of The Bunting Building Corporation. We want the Bunting Publications Corporation to be able to get in out of the rain. This brings my holdings up to \$600.

From Dr. Stanley M. Hunter, Los Angeles, Calif.

Reserve for me one Bunting Building Corporation Bond to be delivered when paid for on installments, enclosed find remittance for \$25.00.

Not Previously Reported

- Dr. Frank J. Stewart, Chicago, Ill.....\$200
- Dr. J. W. Murphy, Bremerton, Wash..... 500
- Dr. C. W. Kingsbury, Boise, Idaho..... 100
- Dr. Emma Laura Meader, Lynn, Mass.... 300
- Dr. V. A. O'Rourke, Portage, Wis..... 400
- Dr. W. C. Montague, Evansville, Ind..... 100
- Dr. A. F. McWilliams, Boston, Mass..... 200
- Dr. Louisa Dieckmann, Buffalo, N. Y..... 200

NOT FINISHED YET!

We need \$2,900 yet, *the worst way!*
We would like to sell twenty-nine remaining gold bonds bearing 7 per cent just as quickly as this news reaches our friends a-field who have loose money to put where it will be safe and make good interest and where it will also do good for osteopathy and for ourselves.

We need the money!
Every Hundred Dollars Helps!
Won't you take a bond—or if you have some

already take another—or take several more?
Our job of financing the new building is not yet completed and will not be completed until every bond is sold and paid for.

There are still bonds to sell.
We have twenty-nine \$100 bonds yet to sell. Help us over-subscribe the issue royally and be able to report the job as wholly finished by next issue.

It is *not finished yet.*
We would like to see it over-subscribed ten thousand dollars.

Don't imagine they're all gone just because about thirty days ago a lot of our friends took for granted that the issue was already over-subscribed and sales suddenly stopped short. This, we hope, may be our last appeal to you to *resume bond buying* until the whole glorious job is finished.—Cordially, *The Whole Family at The Bunting Publishing Plant at Waukegan.*

Both as a Science and Art

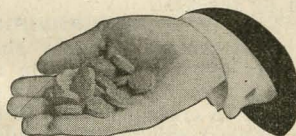
Osteopathy must continue to be presented as a science and an art if it is to command public respect and confidence and, obviously, can, therefore, not be restricted nor circumscribed. To adhere exclusively to dogma is unscientific, makes of it simply an art and robs its practitioner of the status of physicians.—*O. J. Snyder, D. O., Philadelphia.*

A Mistake

I think the worst knock-out osteopathy ever received here was when the Kansas-Committee-of-Five allowed the M. D.'s to get them to raise the standard to 4 terms of 8 months as the course at our schools in 1915. The people as a whole do not think osteopathy is any different than chiropractic, and we have kept out many a person who would have taken a 27 month's course—long enough for a D.O., any time. Dr. Charles Still said it would harm osteopathy.—*C. E. Hulet, D.O., Topeka, Kansas.*

DOCTOR—HERE IS A HELPING HAND!

WHY NOT USE Bran-O-Lax?



Gilbert's BRAN-O-LAX is used extensively by Osteopathic physicians and hospitals in treating patients for constipation, indigestion and internal disorders, BRAN-O-LAX combines the merits of all other wheat bran preparations. It is in the only logical form—that of a condensed tablet, sanitary and convenient. They will keep indefinitely.

BRAN-O-LAX is a light food diet for the sick and convalescing, as well as a gentle laxative. BRAN-O-LAX contains one heaping tablespoon of plain nutritious wheat bran. In eating four or five tablets, you will have taken into the stomach more wheat bran than if you had eaten one half loaf Graham or Whole wheat bread. 1 Box 25c Post Paid U. S. or Canada.

5 Boxes \$1.00 Post Paid. Prices in quantities on request.

GILBERT BRAN-O-LAX COMPANY

Lynchburg, Va.

PROFESSIONAL CARDS

Dr. H. C. Wallace
Practice limited to General and Orthopedic Surgery and Consultation.
S. W. Osteo. Sanitarium, Blackwell, Okla.

Dr. Benoni A. Bullock
Consultation and Surgery
Specialist in Orificial Surgery
Stevens Bldg., Detroit, Mich.

Dr. W. F. Rossman
Surgery: Eye, Ear, Nose and Throat
Referred cases solicited
Grove City, Pa.

Dr. S. P. Ross
Surgeon
Office, 1000 Land Title Building
Residence, Hotel Adelpia, Philadelphia, Pa.

Dr. Jerome M. Watters
Osteopathic Physician
Ear, Nose, Throat and Eye
2 Lombardy St., Newark, N. J.

Wm. Otis Galbreath, D. O.
Oculist,
Adenectomy, Tonsillectomy
Ear and Nasal Surgery
321 Land Title Bldg., Philadelphia

Dr. Leland S. Larimore,
Eye, Ear, Nose and Throat.
Prof. Ophthalmology, Optometry and Otolaryngology, K. C. College of Osteopathy and Surgery.
Blackwell, Okla.
601-2-3 New Ridge Bldg., Kansas City, Mo.

Dr. Percy Evan Roscoe
Osteopath
410-413 Seventy-first—Euclid Bldg.
7016 Euclid Ave., Cleveland, Ohio

Dr. J. Deason, Osteopathic Physician
Specializing in Ear, Nose and Throat
27 East Monroe St., Chicago

Hubert F. Leonard, D. O., M. D.
Consultation and Surgery
Eye, Ear, Nose & Throat Surgery a Specialty
703-706 Morgan Bldg., Portland, Oregon

Riley D. Moore, LL.B., Oph. D., D. O.
Osteopathic Physician
1410 H. St., N. W., Washington, D. C.
Careful attention to referred cases.

Dr. T. J. Ruddy
Eye, Ear, Nose and Throat
Originator (Bowling) of "Finger Method" for Hay Fever and Catarrhal Deafness, etc. Chief of E., E., N. & T. Dept., C. O. P. & S. 302-9 Black Building Los Angeles, Calif.

Dr. Frank J. Stewart
Diseases of the Skin and also Genito-urinary and Venereal Diseases
Room 1201, 7 W. Madison St., Chicago

Dr. C. C. Reid
Eye, Ear, Nose and Throat
Dr. C. L. Draper
Dr. J. E. Ramsey
Adjoining Suites with tiled and specially equipt "surgery" in common.
501-10 Interstate Trust Bldg., Denver.

A Practical Post-Graduate Course

given by

THE TAYLOR CLINIC

at the

Des Moines General Hospital
Des Moines, Iowa

Thirty Days of Intensive, Practical Work.

Fee \$100. Certificate at completion of course.

- Dr. S. L. TAYLOR, *Surgeon-in-Chief*
- Dr. A. B. TAYLOR, *Orthopedics, Pediatrics and Asst. Surgeon*
- Dr. G. C. TAYLOR, *Eye, Ear, Nose and Throat*
- Dr. LOLA D. TAYLOR, *Consultant and Gynecologist*
- Dr. JOHN P. SCHWARTZ, *Urology and Proctology*
- Dr. C. R. BEAN, *Staff Physician*
- Dr. JOS. L. SCHWARTZ, *Staff Physician*
- Dr. F. J. TRENER, *Superintendent and Radiologist*
- Dr. BYRON L. CASH, *Pathologist, Cystoscopist and Genito-Urinary Diseases.*
- Dr. E. H. PHILLIPS, *Interne*
- Dr. H. H. LEFFLER, *Clinical Diagnosis*
- Dr. T. M. PATRICK, *Staff Physician*
- Dr. H. B. WILLARD, *Staff Physician*

Help Us Over-subscribe Our Bond Issue by a Real Margin Before May 30.
We Need Your Help! Need It Today!

Osteopathic Specialists

Goddard Building 27 E. Monroe St.
Central 3715
Chicago

Dr. Glenn S. Moore
Eye, Ear, Nose and Throat

Dr. Nettie M. Hurd
Official Gynecology—Diseases of Sigmoid,
Rectum and Anus

REFERRED CASES CONSULTATION

Detailed diagnostic report and complete instructions as to advisable treatment returned by mail to physicians.

Dr. Chas. J. Muttart

Specializing in

Diseases of Gastro-Intestinal
Tract

Consultation and Referred Cases
given special attention

HOSPITAL FACILITIES

1813 Pine St.

PHILADELPHIA, PA.

**"Wonderfully Well Pleased" with
"A. T. Still; Founder of Osteopathy"**

Dr. O. R. Meredith,
Nampa, Idaho

April 9, 1921

Your book, "A. T. Still, Founder of Osteopathy" by M. A. Lane, came this morning and I am wonderfully well pleased with the appearance of the same.

Your "Foreword" speaks well for the volume. The contents, so well paged, as well as your "Index" are very commendable. A person should be able to get at any subject that he wishes from this. The book is handsomely printed and aptly bound.

For one, I pledge myself to buy more osteopathic books than ever in the past.

Yours for an osteopathic literature,

O. R. MEREDITH, D.O.,
President of W.O.A.

Get your copy before it is too late!

Price \$3.00

The Bunting Publications, Inc.
Waukegan Illinois

PUBLISHER'S DEPARTMENT

[This Reader is Ready for you to Order Run in your Home Newspaper.]

**Great Progress Made in Curing Woman's Ills
by Osteopathic Discoveries**

Every wife and mother will be greatly interested and instructed by the June issue of "Osteopathic Health", the popular health magazine issued from Chicago by the osteopathic profession, which gives a lucid explanation about the "Mechanical Causes of Woman's Ills, and How Osteopathic Adjustment Cures Them." This article—which is written for the information of the laity, not for doctors—reveals that a good share of all the common every-day ills and weaknesses of girlhood and womanhood are caused or aggravated by mechanical disturbances in the spine and pelvis called "lesions". These lesions are usually pressure points in the tissues which, under finger pressure by the osteopathic diagnostician, readily reveal themselves as sore spots to the patient. Sometimes these sore spots will be so acutely painful under finger pressure as to feel like needle stabs.

It is explained in this article how such lesions operate in the body to cause disturbance of function, weakness of organs, pain and disease by blocking the life-giving and health-building currents of nerve-force and blood and lymph-food of the cells and tissues of the human organism. When such a mechanical fault is set up in either the spinal or pelvic anatomy of a woman makes trouble. There is no wonder that she will suffer from such distressing things as menstrual irregularities, painful menses, leucorrhoea, bearing down feelings, headache, backache leg-ache, nervousness, melancholy, insomnia, constipation, bloating, dropsy, sterility, dyspepsia, torpid liver and the various other things which blight the lives of so many girls and women. When such actual mechanical faults exist in the human organism, it is explained, no amount of other

kinds of treatment may avail to correct the case until such lesions have been corrected by osteopathic adjustment. Thus the way of escape is opened up by this article for thousands of women who may have been life-long sufferers believing that there was no hope of relief for them. What such women should realize is that there is merely no hope of cure for them from drugs, electricity, change of climate, high-priced specialism, instrumentation and such other things as they have already tried and exhausted, but that this new point of view in diagnosis represented by osteopathy with its new technique of mechanical adjustment of lesions offers new hope and in countless thousands of cases has restored women to health after all the classic methods of medical and surgical treatment have failed. It is surely worth looking into by all women who suffer.

If you are interested in reading this article for its advanced light in gynecological science, you may obtain a free copy by applying to Dr. _____ of (street and town address here) or of the publishers, The Bunting Publications, Inc., Waukegan, Ill. A post card will bring it.

We've Had Our First Fire

We had been in our new offices in our fire-proof plant but five days when we had a so-called fire. It didn't do any more damage than burning battercakes on the kitchen stove. The decorators had left some oil-soaked rags on the floor overnight. At 7:00 p. m. spontaneous combustion! Big smoke. Alarm. Run by the fire engine, red chemical engine, red hook and ladder, excited citizenry and J. J. S., our shipping clerk. Burning rags thrown out the window. Not a cent's worth of damage. Executive heads just laughed when they heard there had been a fire. "Oh, yes," they said, "we anticipated all that—we should worry! Cement, brick, steel and wired glass are awful hard to get to burn."

Ready for use in your home town newspaper. The "copy" below is for display space. Have your printer follow style of composition.

"Osteopathic Health" for June

**Mechanical Causes of Woman's Ills and
How Osteopathic Adjustment Cures Them**

Osteopathy Regards the Unity of the Body; Swelling of Knee Joint; Continuous Vomiting Stopped; Ptomaine Poisoning; Painful Menstruation Relieved; Threatened Abortion Prevented; Chronic Flooding Cured; Benign Tumor of the Breast; Manner of Diagnosis; How Women Prepare for Treatment.

The above is the title contents of "Osteopathic Health" for June. A copy of this interesting little magazine will be mailed free of charge on request. It explains in clear simple language how osteopathy restores many ailing women to good health. Address

DR. _____,

Dr. James D. Edwards

Osteopathic Physician and Surgeon

Originator of FINGER SURGERY
in Hay Fever, Catarrhal Deafness,
Glaucoma, Cataract, Tonsil and Voice
Impairment. Practice Limited to
Eye, Ear, Nose and Throat Diseases.

Over Five Thousand cases treated, 90
per cent of the patients responding to
this new method of treatment.

Referred cases given special attention,
and returned to home osteopath for fol-
low-up treatments. Hospital Accommoda-
tions.

408-9-10 Chemical Building
St. Louis, Mo.

—A New Book—

DISEASES of the HEAD and NECK

Deason

Giving the Author's original meth-
ods in diagnosis and Osteopathic
treatment of—

1. Catarrhal Deafness.
2. Nerve Deafness.
3. Hay-Fever.
4. Asthma.
5. Tonsillitis.
6. Voice Impairment.
7. Facial Neuralgia.
8. Facial Paralysis.
9. Middle Ear Disease.
10. Mastoiditis.
11. Sinuitis.
12. Nasopharyngeal Catarrh.

To be ready soon. Price \$2.50.
For sale by the

JOURNAL PRINTING CO.
Kirksville, Mo.

"OH" Issues and Standard Laity Brochures Now Available

"Mechanical Causes of Woman's Ills and
How Osteopathic Adjustment Cures Them"—
June issue "Osteopathic Health". Price, 100
copies, contract, \$6.50; single order \$7.50.

"Why Diseases of Stomach and Digestive
Organs Develop"—May issue "Osteopathic
Health". Price, 100 copies, contract, \$6.50;
single copies \$7.50.

"An Osteopath's Explanation to a Health
Seeker". Brochure No. 54, undated. Price, 100
copies \$6.00.

"Questions Often Asked About Osteopathy
and Their Answers". Brochure No. 53, undated.
Price, 100 copies \$6.00.

"How a Case of Sleeping Sickness Found a
Cure". Brochure No. 34, undated, 200 copies
only. Price, \$6.50 per hundred.

"Osteopathy in the Inflammatory Diseases".
By the late Professor Lane. Brochure No. 8,
undated. Price, 100 copies \$6.00.

"A General Sketch of Osteopathy". Brochure
No. 51, undated. Price, 100 copies \$6.00.

"Osteopathy Potent Where Serums and Vac-
cines Fail", by Michael A. Lane. Brochure No.
16, undated. Price, 100 copies \$6.00.

"Osteopathy in Winter's Ills". Brochure No.
52, undated. Price, 100 copies \$6.00.

"A. T. Still as a Medical Thinker", by Michael
A. Lane. Brochure No. 18, undated, 400 copies
only. Price, 100 copies \$6.50.

"Most Diseases are of Spinal Origin". Bro-
chure No. 36, undated. Price, 100 copies \$6.00.

"Osteopathy as a Science", by John Com-
stock, D.O. Brochure No. 37, undated. Price,
100 copies \$6.00.

"Osteopathy Cures Various Nervous and
Blood Disorders". Brochure No. 50, undated.
Price, 100 copies \$6.00.

"Philosophy of Osteopathy". Illustrated. Bro-
chure No. 48, undated, 500 copies only. Price,
100 copies \$6.50.

"What is Osteopathy Good For?" Brochure
No. 44, undated, 75 copies only. Price, \$2.00
per 25 copies.

THE BUNTING PUBLICITY SERVICE
FOR OSTEOPATHS
Waukegan, Illinois

Wouldn't You Be Proud If It Were Said of You?

Whereas, our fellow citizen and colleague, Dr.
Michael A. Lane, has been taken from us by
the hand of death, it is resolved by the Faculty
of the American School of Osteopathy:

That the City of Kirksville will long be bet-
ter for having numbered among her citizens
this strong, keen, constructive thinker;

That the American School of Osteopathy, and
those who have been her students for the past
seven years, will be forever the gainers because
of the instruction given by this well-beloved
and much admired teacher;

That the Osteopathic profession will go for-
ward to bigger, deeper, broader, better things
because of the reseaches and the spoken and
printed words of this fearless, whole-hearted,
loyal disciple of Andrew Taylor Still;

That even the vast world of science will be
benefited through the ages because he lived
and thought and worked;

That while we deeply mourn his loss as a
friend and associate, we rejoice that in know-
ing him our lives have been enriched beyond
measure and our usefulness increased;

That our sincere sympathy is extended to the
bereaved family and friends;

That copies of these resolutions be sent to
the family, be entered on the records of the
American School of Osteopathy, and be suitably
published.

For the faculty,
Reginald Platt, D.O.,
M. R. McCollum, D.O.,
Ray G. Hulbert, D.O.

March 24, 1921

Dr. Gordon W. Barrett Installs Latest X-Ray Outfit

Dr. G. W. Barrett, of Pittsfield, Mass., has
installed a Coolidge bedside x-ray instrument.
The machine is manufactured by the Clapp-
Anderson Company of Boston. It is one of the
most complete units manufactured today for
radiographic and fluoroscopic examinations.
The instrument also can be adjusted to give
superficial treatment with its rays. The x-ray
tube itself is enclosed in a lead glass case
which is equivalent to a covering of 1/16 inch
of metallic lead. This lead coating insures
protection from burns for both the patient and
operator. Another feature is the absolute noise-
lessness with which the machine operates.
Films instead of plates are used in taking pic-
tures and the actual time consumed in the com-
pletion of a picture from the exposure to the
final fixing of the film is from six to seven
minutes. This instrument was invented and
perfected during the war and it was used ex-
tensively both in this country and in France in
army base hospitals. Dr. Barrett has had a
dark room fitted up and will develop his own
films as soon as they are recorded.

Brigham to Waldo

"My dear Waldo: I have travelled around the circuit—
that is, the northern half of the circuit. It has been
very interesting and profitable to me—I hope also
to many whom I visited. I heard many echoes of your trip
and I am proud of the influence you had on the members
of the WOA. Many stragglers you have helped over the
bumps and many who have been considering osteopathy
as sort of a trade have now placed it once and forever
on a true professional basis. It is indeed refreshing to
have a good practical business and professional man will-
ing to sacrifice time to help his fellowmen at the head of
the osteopathic profession.—Fraternally yours, Curtis
Brigham."

The "Bronze Statue" Means to Be a D. O.

Fred Beauvais, the Canadian trapper correspondent in
the Stillman divorce suit, announced through the news-
papers that he intends to study to be an osteopathic
physician and would have entered ASO last fall had not
private affairs intervened.

Practice, Good Will and Equipment for Sale

Big Chance for Man with Necessary Money

Retiring from practice, possession Sept.
1st, 1921. One of the best equipped offices
in the U. S., and a well established prac-
tice of better than \$6,000 yearly. Town
of 10,000 in the center of the best sugar,
rice and cotton districts in the South, 10
small towns within a radius of 20 miles
to draw from, only D.O. Equipment in-
cludes two McManis DeLuxe Tables, one
DeLuxe stool, eye, ear, nose and throat
room finished in white enamel with com-
plete specialist's outfit, including a Soren-
son compressed air cabinet, instruments
of all kinds, microscope, McIntosh bat-
tery, violet ray outfit, everything needed.
Library of 130 volumes, 5 Oriental rugs,
12 water color gems, office furniture up-
holstered ivory wicker ware. Office in-
cludes whole floor especially arranged.
Living rooms if desired. Everything com-
plete. Long lease, reasonable rent. Price,
\$3,500; \$1,500 cash, balance payments.
For August 1st delivery if possible.

Further information cheerfully
furnished to prospective buyers.
When writing give facts about
financial resources and state
bank references. Address:

S. L. L., The OP Waukegan, Ill.

Montana Osteopaths Have a Fine Hospital in Chico

Chico Springs Hospital and Sanitarium at Emigrant, Montana, situated in plain view of His Sublime Highness, Emigrant Mountain, which towers 11,000 feet into the empyrean, is making very gratifying growth in patronage and public favor. Of the 2,390 cases treated the past year, over 900 were surgical cases and the balance or nearly 1,500 were osteopathic. Here is an institution where the non-surgical cases really get osteopathic treatment, and the surgical cases, good surgery, just as soon as it seems imperative. That is surely a winning and safe combination.

Dr. George A. Townsend, the chief surgeon, located at Chico in 1912 and the patronage of the institution he has built up has increased very rapidly. The building space has had to

be increased six times. Dr. L. L. Ferguson is internist and technician, Dr. H. Thomas Ashlock of Kirksville fame, is consulting internist and Dr. C. E. Collamer is dentist. Only graduate nurses are employed.

Osteopaths from the northwest send many patients yearly to Chico. Aside from the actual patients hundreds of people stop at Chico Springs with their sick friends, while many others come for rest only on their vacations, these two classes of course stopping at the hotel. All osteopaths are welcome at the sanitarium clinics which are conducted daily.

Montana osteopaths are educating the people to realize that an osteopath is a real physician in every sense of the word.

Normalizing the Tonsil

By Dr. F. C. Card, Tulsa, Oklahoma

The April 3rd, 1920, issue of the American Medical Journal published an article on the frequency of abscesses of the lung after tonsillectomy. The writer, who is an instructor of Medicine in the University of Kansas, holds that for six years reports of pulmonary abscesses following tonsillectomy are a common occurrence, as found by careful diagnosticians of the lung. These abscesses occur in spite of every surgical safeguard. He throws out the warning that, as so little is known of the connection between the tonsil and lung, a halt should be called in this popular and lucrative operation.

I am anxious that the Osteopathic Profession should pioneer this reformation for safer and better operative work on the tonsil. The opportunity is at our very door.

Dr. Arthur Campbell of Tulsa, Oklahoma, has developed an operation that normalizes the tonsil so that intra-tonsillar infection is very rare and extra-tonsillar practically impossible. Dr. Campbell received his initial idea from Dr. Edwards of St. Louis and Dr. Murphy of Mason City, Iowa.

The advantages of this operation are many: 1st. It is strictly Osteopathic, conserving the tonsil and giving the patient whatever service it has in the economy of the body.

2nd. It makes the diagnosis of the tonsillar conditions much easier. The usual diagnosis has about three points: First, the patient seems to suffer from focal infection; second, he

has tonsils; third, he gives a history of sore throat.

Surgeons freely admit that they do not know the real condition of the tonsil until it is removed. This operation, on the other hand, makes the diagnosis so simple that the general practitioner has no difficulty to tell when an operation is indicated.

3rd. It has no hazards, being practically bloodless and painless.

4th. It does not injure the voice but often improves it.

5th. The results are more satisfactory than tonsillectomy.

6th. If the tonsil does not become normal, its removal is much safer and easier.

It has been my privilege to be associated with Dr. Campbell in this work. I have examined these cases before and after operation. Many of them have been my patients. The results have surpassed our expectations.

I will briefly give the case of my daughter. She is ten years old, very strong and active but subject to frequent colds in spite of good care, diet and osteopathic treatment. She had scarlet fever in the winter which was followed by a persistent cough at night. This was not modified by any method of treatment. After the operation the cough and tendency to colds has disappeared.

Dr. Campbell gave the history and explanation of this operation at the Eye, Ear, Nose and Throat Section of the Chicago Convention.

friends, and will be a splendid investment. Look about you, in your practice, and note how many of the notables of the stage received osteopathic attention when ill: Miss Blanche Bates, of the Famous Mrs. Fair Company, playing at the Blackstone Theater at the time, worked to dispose of the boxes for the Benefit, and personally addressed 100 letters to the leaders of society in Chicago; Miss Jane Cowl, of 'Smiling Through' as well as Nancy Gibbs and her sister Dorothy, of 'Monsieur Beaucaire' assisted at the bazaar given by the Woman's Auxiliary of the Hospital; Charles Marshall, Galli-Curei, Otis Skinner, Edythe Wynne-Matthison, Fred Stone, Elsie Janis, Blanche Ring, Julia Sanderson, Jane Richardson, Frank Carter, Billy Van, Helen Shipman of 'Irene' fame, are only a few who come to the writer's mind at this moment. Paderewski, Calve, Nordica, are a few of the early converts—we might go on and add Raisa, Namara, Frank La Forge, Godowsky, and many others of the profession all interested in osteopathy, and we can gain their support in our institutions by showing that we are willing to be of service in return, when our assistance is required. It is felt this Theatrical Bed is but a start, and it is hoped the osteopathic profession will bring this to the attention of all their following who are in the theatrical and musical walks.

Dr. Hugh Russell a Prominent Witness in the Stillman Divorce Suit

(Continued from page 24)

"She told me that James A. Stillman was not the father of her coming child," Dr. Russell was said to have replied.

"Did she tell you who was the father?" was the next question.

"Must I tell?" Dr. Russell asked with every appearance of reluctance. Then he was said to have replied, in a low tone:

"Fred Beauvais."

Objection to Dr. Russell's answers to the last two questions were made by Abel I. White and John B. Stanchfield of counsel for Mrs. Stillman, and John E. Mack of Poughkeepsie, special guardian for Guy Stillman.

An exception was noted to nearly every question and answer all through Dr. Russell's testimony. It was said it is likely an effort will be made to have his replies stricken from the record.

Stillman Reaches Buffalo

Dr. Russell then went on to testify that after Mrs. Stillman had the conversation with him, Mr. Stillman arrived at Buffalo, presumably as the result of the so-called "hysterical" letter said to have been written to him by Mrs. Stillman about that time. It was learned that Mr. Stillman, who was accompanied by Miss Anne Stillman, their daughter, joined Mrs. Stillman at the Hotel Iroquois, that Mr. and Mrs. Stillman went to the home of Dr. and Mrs. Russell for tea, and that both families went together to Niagara Falls on a sightseeing trip the following day.

It was learned that Mrs. Stillman had been a patient of Dr. Russell for four or five years, and that he was called to give osteopathic treatment to Mr. Stillman and other members of the family. Through the Stillman family Dr. Russell was said to have obtained a number of wealthy patients in New York City, and during the last year or two he is said to have come to New York frequently to treat members of the Rockefeller family and others.

Dr. Russell's direct examination had not been completed when the hearing adjourned. The hearing will be resumed May 19, and following that Mrs. Stillman's lawyers will cross-examine him.

A Theatrical Bed Being Endowed at Chicago Osteopathic Hospital

Returns from the Benefit Concert given for Chicago Osteopathic Hospital, Orchestra Hall, Friday evening, February 4th, were about \$1,000. Everyone who attended was filled with praise for the artists and their programme, and nothing but compliments were given the management.

The profession wishes especially to extend its thanks to Miss Lois Johnston, who sang; Miss Johnston is the wife of Dr. Howard C. Gilchrest, of Detroit, Michigan, and donated her services for the occasion. She received only the highest praise for her work, and attracted the attention of some of Chicago's foremost managers. When approached upon the subject of appearing for the benefit of the Hospital, Miss Johnston expressed herself as

always ready to help for the good of the cause. Her reception expressed the appreciation of the profession, and she was compelled to respond to many encores. Miss Amy Neill, a young Chicago violinist, also appeared, as did Graham Marr, baritone, formerly of the Chicago Grand Opera Company.

The Board of Trustees of the Chicago College of Osteopathy voted to set aside the receipts of the Benefit Concert as a partial endowment of a Theatrical Bed at their Hospital. This was done in compliment to Dr. O. C. Foreman, who managed the concert. The theatrical profession is "strong for osteopathy" and there are many who are unable to pay for the attention when needed. This bed will attract the interest of the players and their

IN DO. LAND

St. Louis Meeting

The St. Louis Osteopathic Association held its regular monthly meeting at the Marquette Hotel on Tuesday, March 15th. Clinics were held and demonstrations in technic given.—C. C. Wageley, D.O., Secretary.

Southern Minnesota Association Meeting

Mankato—the place. May Seven—the date. Southern Minnesota Association—the occasion. Something worth while—the program. Avenues—Air-roads; auto-roads; rail-roads. On the map—Mankato, Minn.—W. G. Sutherland, D.O.

Dr. Waldo's Addresses

Doctor W. E. Waldo addressed the Seattle Rotary Club, March 24. Subject: Seattle and You. He addressed the Publicity Bureau of the Seattle Chamber of Commerce and the Commercial Club, April 4, upon the same subject.—W. E. Waldo.

New York City Meeting

The Osteopathic Society of the city of New York held its March meeting in the Blue and Gold Room, first floor, Hotel Plaza, Saturday evening, March 19th, 1921. Program: "A Few Suggestions on Rib Technique." Dr. Horton Fay Underwood; "X-ray Findings as an Indication or Contra-indication for Osteopathic Manipulations." Dr. Lewis Gregory Cole; "Pneumonia." Dr. Ralph M. Crane. Business session.

Dr. Kiblinger Secures New Contract from Base Ball Players

Dr. S. B. Kiblinger of Joplin, Missouri, has just received a contract to give osteopathic treatments to the base ball boys of the Miners Western League for the season 1921. This makes Dr. Kiblinger's second year of service for the base ball players. He treated them last season whenever occasion required, and they were so well satisfied with his work that they made the new contract with him for this season.

Chicago College Student Wants Summer Position

LeRoy Combs, one of our ex-service students, now in his third year at Chicago College, desires to get some practical experience in osteopathy this summer and would be pleased to act as assistant to some practitioner who has an "over-load" of practice. Combs, by the way, got his first information about osteopathy from an officer of the hospital corps, an osteopathic physician who had been drafted into service. He is a graduate of Columbia University with a B. A. degree. Address him care of Chicago College of Osteopathy, 52nd & Ellis Ave., Chicago, Illinois.

New York City Meeting

The Osteopathic Society of the City of New York held its monthly meeting in the Blue and Gold Room, First Floor Saturday Evening April 16, 1921, in the Hotel Plaza. Program:—Review of Last Year's Clinic Work, Dr. Franklin Fiske; Demonstrations from the Clinic, Muscle Re-Education, Rr. Roland S. Coryell; Delayed Mental Development in Children, Dr. Charles E. Fleck; Two Interesting Heart Cases, Dr. Alexander Smith; Discussion of Above Three Paper. Advantages of Having an Osteopathic Hospital in New York City, Dr. Rebecca B. Mayers, Vice-President and Superintendent Detroit Osteopathic Hospital.

San Antonio, Texas, Meeting

On March 1st, 1921, the San Antonio Osteopathic Association met in the offices of Drs. Peck and Peck. Dr. R. T. Tandy, who has recently been doing P. G. work and special work in surgery at the A.S.O. and A.S.O. Hospital, gave a very interesting talk on the A.S.O. as it stands today and the improvements made since the Doctor's student days from 1902 to 1910. At the business session following, with the President, Dr. Paul M. Peck in the chair, the following officers were elected: President, Dr. I. R. Cunningham, Vice-president, Dr. Carolyn Strum, Secretary, Dr. R. T. Tandy, Treasurer, Dr. L. O. Morris. Meetings will be held twice a month.—Dr. R. T. Tandy, Secretary.

D. O. and Patient in Race with Death

His personal affairs attended to, his income tax report filed and other odds and ends settled, Mr. Chris Andrews, prominent and prosperous restaurant man of Muskogee, Oklahoma, in company with Dr. T. A. Rieger, osteopathic physician, of the same city, left for New York on February 3rd beginning the first stage in a race with death, Andrews is dying of cancer and undertook this journey in the pious hope of reaching Greece, his native land and seeing once more the many friends and relatives whom he left behind some nine years ago, before answering the summons of the grim reaper. While in Europe Dr. Rieger will take advantage of the occasion to study for several months in the medical centers of Germany, England and other countries.

Canadian Journal's Tribute to Osteopathy and Dr. Millard

"The Passing of the Little Crutch" is the fitting of an article in the March 1921 issue of *Echoes*, the official organ of the Imperial Order of Daughters of the Empire, a Canadian publication, where tribute of praise is bestowed upon Dr. F. P. Millard, founder of the National League for the Prevention of Spinal Curvature, for his

endeavors in the Child Welfare movement. Dr. Millard at present conducts a Free Children's Clinic. On each clinic day scores of lame and crippled children can be seen trudging to the clinic for treatment, in the hope of obtaining a cure and so add their "little crutch" to the already large collection there—mute yet powerful witnesses to the skill of osteopathy.

Vermont Meeting

The semi-annual meeting of the Vermont State Osteopathic Association was held Wednesday March 30th at Montpelier. The meeting was well attended and after a banquet at the Colonial the following program was carried out:—"Physical Fitness and The Osteopath", Dr. Veva E. Bullard, St. Johnsbury; "Cardiac Lesions", Dr. Leon E. Page, Newport; "The 11th Figure" (Euthenics), Dr. Dale S. Atwood, St. Johnsbury; "Focal Infec-

tion", Dr. Harry A. Stevenson, St. Albans; "Modus Operandi" Sacro-iliac, Dr. Geo. D. Eddy; "Modus Operandi" (Cervical), Dr. J. H. Spencer, St. Albans; "Case Reports", Dr. W. W. Brock, Montpelier, "Our Problems", Dr. H. A. Drew, Barre.—Geo. D. Eddy, D.O., Secretary-Treasurer.

Mother of Osteopaths Dies

Mrs. Lizzie Grow, while visiting at the home of her son, Dr. O. P. Grow, in Queen City, Missouri, died there on February 22nd of leukoemia poisoning. Mrs. Grow was 70 years old and the mother of three practicing osteopaths, Dr. William W. Grow, of St. Joseph, Mo., Dr. Walter S. Grow, of Indianapolis, Ind., Dr. O. P. Grow of Queen City, Mo., and one osteopathic student who is in the second year of his studies at Los Angeles. Besides her husband and the four sons named above, the de-

"HARVEST LEAFLETS"

to Reach the Multitude and Arouse the Disinterested

Our new line of introductory and supplementary printed leaflets are designed to enable osteopaths to do wider and more systematic campaigning at unprecedentedly low rates per thousand (or per hundred) of names covered. These informal messages make easy and economical the undertaking of broadcast distributions and engineering systematic rapid-fire follow-ups where the cost of using a magazine would be felt as a deterrent factor. You can economically and speedily cover entire lists of any size by this medium and command instant attention. The harvest will be proportional to the sowing. Let us tell you how to plan and conduct such campaigns. Here is the splendid assortment of subjects offered you:

4-Page Harvest Leaflets

- No. 1. What Doctor Shall I Employ?
2. Disease Caused by Mechanical Pressure.
3. How Osteopathic Patients are Treated.
4. Getting Well All Over at the Same Time.
5. Building Up Weak Throats.
6. A Chiropractor at Work.
(George Creel in Harper's Weekly).

Price \$10.00 per thousand, with or without your professional card.

\$1.25 per hundred.

6-Page Harvest Leaflets

- No. 7. What is Osteopathy?
8. A Word to Former Patients.
9. What Osteopathic Fingers Will Do.
10. Neuritis From a Slipped Rib.
11. What is Chiropractic?
(As told in Gubernatorial Veto, Supreme Court Decision and A.M.A. Journal Editorial).
12. Where Chiropractors Are Made.
(A reprint from the A.M.A. Journal).
13. Chiropractic Kleptomania.
14. Neuralgia and Headaches.

Price \$12.50 per thousand, with or without your professional card.

\$1.50 per hundred.

8-Page Harvest Leaflets

- No. 14. An Explanation of Osteopathy.
(As stated by the London Times).
15. Why the Spine is the Basis of Health.
16. What Osteopathy Does for Women.
17. Osteopathic Aid in Pregnancy and Confinement.
25. Osteopathy in Obstetrics

Price \$18.00 per thousand, with or without your professional card.

\$2.00 per hundred.

1-Page Harvest Leaflets

- No. 18. Habit in Suffering.
19. The Osteopath's Point of View.
20. An Osteopath.
21. The Nine Modern Wonders.
22. Osteopathy is Not a Remedy.
23. Dr. Atzen's Definition of Osteopathy.
26. Pain.
27. Insomnia.

Price \$5.00 per thousand, with or without your professional card.

\$0.75 per hundred.

Imprinting your professional card is FREE on all orders bought in thousand lots. On any number (or assortment) from 100 to 900 it costs \$1.00 extra. These folders are sized to go in an ordinary letter envelope.

These osteopathic "Harvest Leaflets" do not take the place of campaigning by Osteopathic Health, but supplement it. They are scaled for easy, economical, wide distribution in units of thousands instead of hundreds, and are adequate to supply your want of something effective that will stir up quickly numerous inquiries about osteopathy. You should use them as "attention-getters". As each new inquirer is heard from you should automatically put him on your mailing list to receive Osteopathic Health, the magazine, monthly for a year's period. That is campaigning as scientific propagandists of any worthy cause would do it. We have only begun to fight for Osteopathy!

The BUNTING PUBLICATIONS, Inc.

Waukegan, Ill.

ceased is mourned by three other sons, Arthur D., Clovie J. of Indianapolis and Herbert H. of Stockton, California, and her daughter-in-law, Dora Grow D.O. of Queen City, Missouri. Interment took place in Crown Hill Cemetery, Indianapolis.

Texas Osteopathic Association Meeting

The Texas Osteopathic Association will hold its 21st annual meeting at Wichita Falls, Texas, May 6-7. Program: Dr. Jeannette Bowles of Denver will hold a baby Clinic and Health Conference. Dr. C. C. Reid, of Denver will demonstrate operative technic and hold clinics. Dr. George J. Conley, of Kansas City will lecture and demonstrate cases. Dr. Henry Tete, of New Orleans, will lecture on Office Efficiency. Dr. T. L. Ray, of Fort Worth will demonstrate some special technic. Dr. H. H. Gerardy, of Dallas will lecture on Obstetrics. Dr. R. R. Norwood, of Mineral Wells will lecture and demonstrate a special modification of the Abbott Cast for Spinal Curvature. Dr. H. R. Coates, of Tyler will lecture and show some unusual x-ray plates. A public lecture on Osteopathy, a banquet and many other features.—H. B. Mason, Secretary-Treasurer.

Chicago College Activities

The faith and progress of the Chicago College of Osteopathy is not better shown than by the interest manifested by the student body. Steps have been taken to establish a real A.O.A. Auxiliary, of greater value to the A.O.A. and the college than any ever before attempted. And this spring, already, two of the student organizations, the Atlas Club and Theta Psi Fraternity have purchased permanent homes for their members. The Atlas Club has acquired the frame residence formerly used as the Nurses' Home, and the Theta Psi Fraternity has secured the three-story brick residence, built and occupied by Mr. E. E. Chandler of Armour & Company at 5130 University Avenue, one of the best built houses in Hyde Park. It contains 14 rooms, four baths, and all modern improvements. Purchase price, \$23,000.00, possession is to be had at once. The boys are to be congratulated upon the steps taken. The acquiring of properties by student organizations establishes their faith in the institutions, and assures the college of their further support.

The Oregon Osteopathic Association Meeting

Oregon Osteopathic Association held its monthly meeting in the Morgan Building Assembly Hall, Portland, February, 19th with Dr. Mary E. Giles, President of the Portland District Society, presiding. Dr. W. E. Waldo, of Seattle, spoke on "The Business Side of Osteopathic Practice" and "The Problems of the Osteopathic Educational Institutions and the Osteopathic Profession". In the evening Dr. Waldo lectured before a gathering of 2,000 people in the leading down-town Baptist Church on the very interesting subject "What Osteopathy Is and What It Does".

Six Osteopathic physicians took the last State Medical Board examination, five of whom passed. They were:— Drs. E. A. Crandall at Ashland, Gladys Anderson with Dr. R. L. Eaton at Oregon City, G. E. Holt at Pendleton, L. R. Marshall with Dr. B. H. White at Salem, and C. H. Beaumont, 908 Selling Building, Portland. There is a magnificent field in Oregon for high-grade Osteopathic physicians. The law is broad, the use of narcotics and anesthetics and full practise of surgery stated in the law.—Luther H. Howland, Secretary.

Nineteenth Annual Meeting of the G. O. A.

The nineteenth annual meeting of the Georgia Osteopathic Association was held in Carnegie Library, March 26, 1921, Atlanta, Georgia. The following interesting papers were read: "A Summary of Business before the House of Delegates at the Chicago Meeting of the A. O. A."—Dr. M. C. Hardin, Atlanta, Ga. "The Thing I Learned at the A. O. A. Meeting in Chicago that has been Worth More to Me as a Practitioner."—Dr. Nannie B. Riley, Rome, Ga.; Dr. F. Muir Turner, Savannah, Ga.; Dr. H. M. Dawson, Augusta, Ga.; Dr. Mary E. Layne, Griffin, Ga.; Dr. S. C. Thurman, Americus, Ga. "Brain Tumors, their Detection by Eye, Ear, Nose and Throat Symptoms." Dr. R. E. Andrews, Rome, Ga. "Technique." Dr. Frank L. Teall, Dalton, Ga.; Dr. E. K. Orrison, Elberton, Ga.; Dr. W. R. Aspley, Atlanta, Ga. "Dietetic Treatment in the Case of Articular Rheumatism." Dr. M. S. Fahrney, Atlanta, Ga. "Lumbar Pain, Etiology and Diagnosis." Dr. W. C. Goodpasture, Atlanta, Ga. "Experiences and Observations With the Emory Hospital Unit in the World War." Dr. A. A. Jelks, Macon, Ga. "Case Reports and Round Table Discussion." Dr. Elizabeth Broach, Atlanta, Ga.

Iowa News

The new State Board of Osteopathy met April 23, and organized with following officers: Dr. C. J. Chestensen, Keokuk, president; Dr. R. B. Gilmour, Sioux City, secretary treasurer; Dr. H. J. Marshall, Des Moines, vice-president. First examination under this board will be held at Des Moines, June, 8, 9, and 10th, 1921. Applications for examination or reciprocity or any information in re the Iowa law can be obtained from Dr. R. B. Gilmour, 407 Security Building, Sioux City, Iowa. The board has not so far entered into any formal reciprocal agreements with any states but will consider each application for license by reciprocity on its own merit. The annual meeting of the state association was held at Ft. Des Moines, Hotel, Des Moines, Iowa, on May 18, 19 and 20th. The program both professionally and socially was wonderful. There was much jubilation over the new law. Indications are that we will have good sized class to take the state board examinations in June. The secretary of the Iowa Association will be glad to correspond with real osteopathic physicians seeking locations. There are

a good many in this state and the new law is one that affords all the real privileges and obligations of a real physician.—R. B. Gilmour, D.O., Secretary-Treasurer.

Seattle News

The King County Osteopathic Association met with Drs. Wimer-Ford and Ford. Dr. Elizabeth Hull Lane gave a talk—"Osteopathic Interpretation of Abnormal Blood Pressure". Current Therapeutic Events—Dr. James T. Slaughter.

Dr. Wimer Ford returned to Seattle the middle of April, from a "swing around the country", which covered almost eleven thousand miles and in and through twenty five states, studying business and financial conditions. Dr. Wimer Ford, went through California, across the southern states on the Southern Pacific, stopping at every point of interest and motoring out into the country remote from the beaten lines. Studying in this manner Arizona, Texas, Louisiana, Georgia, visiting Washington D. C. and return via Utah, Idaho and Oregon.

Dr. H. F. Morse, President of the Wenatchee, Washing-

ton Rotarians Club, which organization had charge of the reception on the palatial trans-Pacific Liner—"Wenatchee," was in Seattle when this big boat arrived, prior to its maiden trip across the Pacific, carrying food to starving China.

Florida News

The following have been granted licenses in the State of Florida: Wm. C. Crutchfield; Oscar Carlson; Otto B. Gates; Oscar Thomas Buffalow; John O. McDowell; John Mill Treble; Paul Alonzo Shoemaker; Harry Clifton Osborne; Emma M. Compton; Byron Patterson Williams; Emily G. Wilson; Frank J. McGuire; Fred L. Ecker; Myrtle L. Ecker; Effie B. Feather; James Kidwell; Hester Corinne McCarthy; David J. Hunt; Geo. D. Wheeler; Fred B. Keller; Lena M. Wood; Laura Inez Ziegler; Ethel E. Murphy. The Florida Osteopathic Association met in Tampa the evening of April 29th and all day of the 30th. Dr. Percy H. Woodall of Birmingham, Ala., was the shining light of the convention. Dr. A. O'Neill of Daytona Florida, gave a talk on publicity. The convention opens up with a public lecture by Dr.

The Osteopathic Specialist

in

Diseases of the Ear, Nose, Throat and Eye

An incomparable brochure, designed for the use of both the specialist and general practitioner of osteopathy.

Prepared under the advice and with the direct assistance of the following editorial committee:

Dr. John Deason,	Dr. C. C. Reid,
Dr. T. J. Ruddy,	Dr. Glen S. Moore,
Dr. J. D. Edwards,	Dr. John W. Bailey,
and HSB.	

These men all say it is a very fine and very serviceable production which has the charm of being *equally* usable by and useful for the specialists in our ranks, and the rank and file of our general practitioners who stand behind our specialists. It will build up confidence for the whole profession by enhancing the respect due osteopathy and will work to retain within our profession multitudes of our patients who now pass over to the medics when they require specialism.

Advance orders are now being booked for this great campaign number. We make this announcement thirty days in advance so as to give you time to place a special order with us. Already more than 50,000 copies have been ordered in excess of regular edition. They are ordering it in lots of 1,000. Will you use a thousand also?

The BUNTING PUBLICITY SERVICE

for OSTEOPATHS

Waukegan	-	Illinois
----------	---	----------

Our Bond Selling Job is not Over Yet. We Still Need to Sell 29 Bonds of \$100 Denomination. Will You Help?

THE OSTEOPATHIC PHYSICIAN

Woodall entitled "How to Get Well and Keep Well." On the 30th, papers or talks were given on the following subjects:—Management of State Meetings, Echoes from the National Convention, Professional Ethics, Public Health, System of Examinations, Blood Pressure, Mental Diseases, Endocrine Glands, Diet in Disease, Innominates and Technique, Surgical Intervention, Pyorrhea. Round Table discussions on Organotherapy, Neuritis, Gastric and Intestinal Neuroses, Corrective Gymnastics and Technique. Time:—Evening of April 20th, day of April 30th. Place:—Tampa, Florida at Hillsborough Hotel.

New York State Meeting

The New York Osteopathic Society held its Fourteenth Midyear Meeting at the Hotel Ten Eyck, Albany on March 12th. Steps were taken to have a Declaration of Osteopathic Principles incorporated in the Articles of Incorporation of the Society and the Society placed itself on record as being opposed to the publicity scheme of the so-called Advancement of Osteopathy Committee. Delegates to the A.O.A. Annual Convention were appointed consisting of Doctors Clapp, Larter and C. R. Rogers. Sanction of the attempt of the New York City Society to secure the Annual Meeting of the A.O.A. for its city was given. The following program was given: Morning: The Diagnosis of Acute and Chronic Abdominal Conditions. Dr. J. H. Long, D. O., Delaware Springs Sanitarium, Delaware, Ohio. Questions and Discussion. Fibrositis. Dr. John Finley, D. O., Syracuse, N. Y. Discussion. Focal Infection. The Tonsil in Particular. Dr. F. C. Humbert, D. O., Syracuse, N. Y. Discussion. Business Session Afternoon: Some Users of Adhesive Plaster. Dr. Ralph Williams, D. O., Rochester, N. Y. Discussion. The Relation of Acid Intoxication to Arthritis. Discussion. Dr. Geo. V. Webster, D. O., Carthage, N. Y., Discussion. Clinical Experiences with Arthritis. Dr. A. B. Clark, D. O., New York City, Discussion. Treatment of Chronic Abdominal Conditions with Relation to Arthritis. Dr. J. H. Long, D. O., Delaware Springs Sanitarium, Delaware Ohio, Discussion. Business Session. Evening: Dinner, followed immediately by a talk on The Psycho-analytic Interpretation of the Psycho-neuroses. Dr. Adolph G. Ekdahl, Syracuse University, Syracuse, N. Y. —E. R. Larter, D.O.

Illinois Osteopathic Association's 22nd Annual Convention

The Illinois Osteopathic Association held its 22nd Annual Session in the Masonic Temple, Springfield, Ill., May 12, 13, and 14, 1921. The program:—Thursday May 12th. Afternoon Session—3:30 P. M. Organization of the Illinois branch of the Osteopathic Women's Association. 8:00 P. M. Public Lecture, "The World's Greatest Factory—Man," By Dr. Earl J. Drinkall. New High School Auditorium. Friday, May 13th. Morning Session—9:00 A. M. Formal Opening. Invocation: Dr. Wilbert Dowson. Address of Welcome, Hon. Chas. Bauman. Response: Dr. Ethel Burner. Address, Dr. Wise, Pres. Ill., Osteopathic Association. Short Business Session. Preliminary Report of Secretary. Appointment of Committees. Announcements. 10:00 A. M. Lethargic Encephalitis, Dr. J. M. Fraser. 11:00 A. M. Malpositions Uteri, Dr. H. L. Collins. 12:00 M. Noon Recess. Afternoon Session:—2:00 P. M. Address: Hon. Wm. H. Miller, Supt. Dept. Education and Registration. 2:30 P. M. Osteopathic Technique, Dr. E. S. Comstock. 3:15 P. M. Unconverted Osteopaths, Dr. E. B. Waters. 4:00 P. M. Reception at Mansion by Governor and Mrs. Small. 5:00 P. M. Trip to Lincoln's Home and Monument. 6:00 P. M. Dinner at St. Nicholas Hotel. 8:00 P. M. Informal reception. Music, entertainment, dancing. Saturday, May 14th. Morning Session—9:00 A. M. Obstetrics, Dr. Marion Clark. Discussion, Dr. Blanche Mayes Elfrink. 10:00 A. M. Report of Committees. 1. Trustees. 2. Legislature. 3. Publication. 4. Defense. 5. Membership. Report of Secretary of Illinois Osteopathic Association. Election of officers, and selection of next meeting place. 11:00 A. M. Ear, Nose and Throat, Dr. J. Deason. 12:00 M. Noon Recess. Saturday, May 14th. Afternoon Session—2:00 P. M. Orthopedic Surgery, Dr. Geo. M. Laughlin. 3:00 P. M. Epilepsy and Diabetes, Dr. H. W. Conklin. 4:00 P. M. Intestinal obstruction, Dr. Conley. 1. Diagnosis. 2. Treatment.

PERSONAL

Dr. R. L. Capers of Bellefonte, Pa., spent the first week of May at the Philadelphia College of Osteopathy doing Post-graduate work.

Dr. Harry C. Osborn, announces the removal of his offices from 905 St. Paul St., to 1320 North Charles St., Arundel Apartments, Baltimore, Maryland.

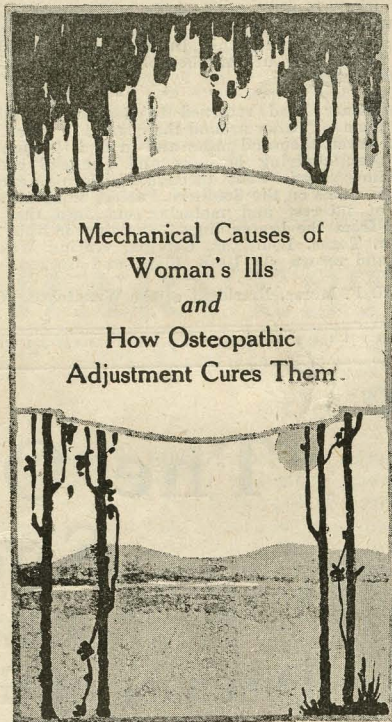
Dr. Pauline R. Mantle announces the removal of her offices from the Workman Building, Springfield, Ill., to Suite 515 New First National Bank Building.

Dr. Julia E. Foster of Butler, Pa., who was house physician at Dr. St. George Fechtig's Florida place last winter has returned to her home at Butler.

Miss Helen Bolles daughter of Dr. Jenette Hubbard Bolles of Denver, Colorado, and Mr. Paul A. Johnson, both students of law and prominent members of the college set were married in the home of the bride's mother 8 o'clock Saturday evening April 2nd.

AOA Convention—Cleveland July 25-29—Let's go!

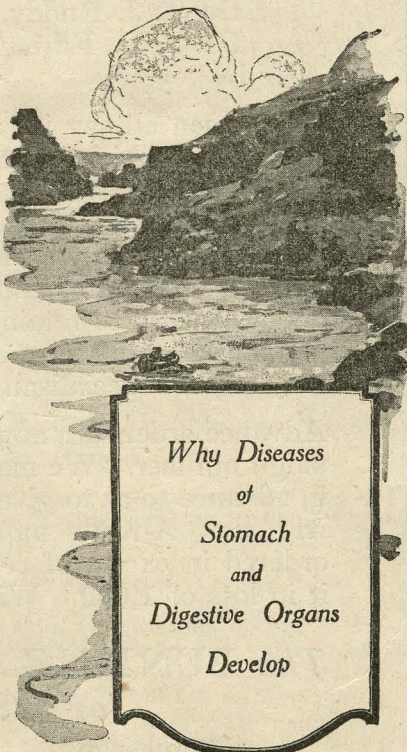
Osteopathic Health — for June



Mechanical Causes of Woman's Ills and How Osteopathic Adjustment Cures Them.

This is just a "lovely" brochure in text and appearance, both. It carries a message of new hope to suffering women, too, that will be truly appreciated. It will be the means of earning the gratitude of many a woman who, through it, learns for the first time of osteopathic availability in her case. Ready now for shipment. Order today for a quick delivery!

OSTEOPATHIC HEALTH for May



Why Diseases of Stomach and Digestive Organs Develop

You will be well pleased with this popular discussion on this group of common diseases in which Osteopathy does so much permanent good. The rationality of osteopathic therapy in these cases is made very plain. The issue is ready for shipment. Send your order.

MARRIED

Dr. Lamar Kuy Tuttle of New York City, to Dr. Frances Marie Axman of New Haven, Connecticut, March 8th, 1921.

BORN

To Dr. and Mrs. Ward C. Bryant, Greenfield, Mass. a 9¼ pound daughter, Janet Elizabeth. To Dr. and Mrs. F. M. Haines of Hutchinson, an eight pound baby boy, Frank William, April 9th, 1921.

DIED

Mrs. Helen Whitney Flick, wife of Dr. Gervase C. Flick, of Connersville, Indian, April 3rd, of tuberculosis. Deceased was 28 years old. Surviving besides her husband and her parents, is one sister, Mrs. Jessie Benson of Philadelphia, Pa., Burial was in Buffalo, N. Y.

EXCHANGE and MARKET

WANTED—Assistantship Dr. Robert Sacks, Resident Physician Osteopathic Hospital of Philadelphia.

WANTED—Position as assistant, by woman graduate of June class of A. S. O., and College Graduate. Address 285, care The OP, Waukegan, Ill.

FOR SALE OR RENT—Old established practice by man and wife with or without office and residence, either furnished or unfurnished. In large Iowa town of 8,000. Income ranges \$400—\$800 per month. Address 286, care The OP, Waukegan, Ill.

WANTED—Male June graduate with Indiana credentials to take charge of practice from July 15th to September 1st; then to remain permanently, sharing offices with me. Good opening for right man. Indiana city of 25,000. Address 282, care The OP, Waukegan, Ill.

WANTED—Position for summer. Chicago College, third-year-student would like position to act as assistant. Graduate Columbia University, B. A. Degree. Experienced in Social Welfare Work. Good personality, energetic disposition. Age 27. Can furnish best references. Chicago Preferred. Address 274, care The OP, Waukegan, Illinois.

WANTED—At once a woman assistant. One with short experience in practice preferred. Must be willing worker; first class technician; and of high grade character and qualifications generally. None other need apply. Start in June or as soon after as possible. Complete information and references should be given in first letter. Address 280, care The OP, Waukegan, Ill.

WANTED—To correspond with resident osteopath of Wisconsin, Michigan, Indiana, Illinois or Ohio, who would like to spend the summer in Colorado, "The Wonderland of America," with view of exchanging homes and practice for the summer only. Man and wife preferred. We have been located here for twenty years. Address 281, care The OP, Waukegan, Ill.

WANTED—By July 1st. A 1 Osteopath with Wisconsin license to care for large practice. Owner desires to do P.G. work during the fall and winter. Would consider sale of practice. Have been doing Eye, Ear, Nose and Throat work with general practice. Office consists of two treatment rooms, four dressing rooms, reception room and private toilet. Part of office could be sublet. Address "Milwaukee", care The OP, Waukegan, Ill.

WANTED—An assistant who can qualify to earn \$5,000 per annum. Must be a man of intelligence, of settled habits, and of dependable and faithful character willing to work up gradually but surely to a \$5,000 a year income. The work would be mainly acute bed-side practice with some office practice at special hours. A live-wire chap, smart enough to use his brains to work as directed will fill the bill. Also might use a woman practitioner between the age of 30 and 40, if dependable with good personality and some business sense. Address 272, care The OP, Waukegan, Ill.

FOR SALE—Practice, Good Will and Equipment. Big Chance for Man with Necessary Money. Retiring from practice, possession Sept. 1st, 1921. One of the best equipped offices in the U. S., and a well established practice of better than \$6,000 yearly. Town of 10,000 in the center of the best sugar, rice and cotton districts in the South, 10 small towns within a radius of 20 miles to draw from, only D.O. Equipment includes two McManis DeLuxe Tables, one DeLuxe stool, eye, ear, nose and throat room finished in white enamel with complete specialist's outfit, including a Sorenson compressed air cabinet, instruments of all kinds, microscope, McIntosh battery, violet ray outfit, everything needed. Library of 130 volumes, 5 Oriental rugs, 12 water color gems, office furniture upholstered ivory wicker ware. Office includes whole floor especially arranged. Living rooms if desired. Everything complete. Long lease, reasonable rent. Price \$3,500; \$1,500 cash, balance payments. For August 1st delivery if possible.

Further information cheerfully furnished to prospective buyers. When writing give facts about financial resources and state bank references. Address, S. L. L. The OP, Waukegan, Ill.

Last Word—We Need to Sell \$2,900 of Remaining Bonds This Month to Finish our Flotation. We Want Help!